



March 24 2019 * 3rd Sunday in Lent

Volume 19* Issue 12

Cathedral of the Blessed Sacrament

1019 11th Street, Sacramento, CA 95814 * 916-444-3071





Pastor's Corner

During Lent we try to walk the difficult walk with Jesus who pushed Himself to the limit in an arid desert for forty days. His time and temptations in the desert are symbolic of His total life in which He picked up His cross everyday to atone for the sins of the people He loved. He reminded His followers that this would not be an easy walk for them. There would be times when we would be tempted to not drink from the same chalice as His.

There is a scene in the movie "Silence" in which Japanese converts to Catholicism are forced to step on a picture of Jesus to renounce their faith. If they do not step on the picture, they or someone they love will be killed. These scenes are based on actual events that took place in Japan during the 16th century missionary work of the Church. This kind of apostasy and martyrdom has both damaged and built up the church of today.

Catholicism in the United States finds itself quite comfortable in living with the laws of our country. We are grateful to be able to worship and practice our faith freely. Yet, if Christ were to walk through our country for forty days, how much would He recognize the roots of His martyrdom? In His walk amongst us, as He turns over the tables of prejudice, racism, and selfishness, He surely finds Himself on the other side of the law and national security. And as we push Him down the sad road to Calvary, how many pictures of Himself will He see under the feet of His children.

It is not easy to drink from the same chalice that Jesus offers us, but somehow we must believe that whoever seeks to save his life will lose it. (First published 02-25-18)

Father Michael



This Lenten practice will get to the heart of all the others

Meg Hunter-Kilmer | Aleteia.org

In case your Lent resolutions are already getting iffy, consider this.

Just a few days into Lent, some of us may already be wearying of the penances we chose. We're hungry and bored and not quite through the worst part of caffeine withdrawal. And our brilliant plan of praying a daily Rosary has left us falling asleep halfway through the second decade more often than not.

Would it be unreasonable of me to suggest adding yet another Lenten practice?

Because the Rosary is beautiful and the Liturgy of the Hours is wonderful and *Lectio Divina* is powerful. But the purpose of every form of prayer is to open our hearts to be still before the Lord, to approach him in silence and allow him to speak. The trouble is that silent prayer is sometimes rather terrifying.

At best, we worry that we won't know what to say, that we'll be distracted and get frustrated and possibly fall asleep. At worst, we're afraid to hear what God might have to say, so we keep him at arm's length with the very devotions that were designed to help us draw close to him.

But the beautiful thing about silent prayer is that you can't be bad at it. Because you can't be good at it. Because it's not about you.

Nobody is naturally good at contemplative prayer. It's only ever a gift. Our job is to make space in our lives for God to move, not to manufacture prophetic words and flights of ecstasy. Our job is to show up.

So, we choose the right time of day and the right space, we prepare with a few minutes of Scripture or some other form of prayer, and then we put aside everything and just make room for God. We talk to him about the things that we're wrestling with or delighted by, but, ultimately, we try to be silent.

For some people, this might be more frustrating and less obviously fruitful than for others. Being still before the Lord so easily becomes

navel gazing for many of us, or just tuning out and turning off our mind for a time. It's important to remember that the goal of Christian prayer isn't to be emptied, the goal of Christian prayer is to be filled with Christ.

So rather than just going to prayer with the goal of trying to quiet your mind (which sometimes seems impossible), choose an anchor to cling to, a phrase or image or meditative song. You might slowly repeat the name of Jesus, or "Lord, have mercy," or "I trust in you." You might hold a holy card with an image of the transfiguration or the Sacred Heart. You might imagine yourself holding the Christ child or anointing his feet.

The idea isn't so much to work through that phrase or image, to ponder and wrestle with it, to come away with a summary of what you learned. The idea is to be still before the Lord and, when distractions come, to return to the image or phrase or song rather than becoming frustrated by your inability to focus.

You may find this approach to prayer very fruitful. You may find it entirely infuriating. You may find that you go to prayer for months and get absolutely nothing out of it. If so, praise God for that. Prayer has nothing to do with feelings. Prayer is a choice. And when you choose to give God that time each day, even when it comes with no consolations, you're offering a beautiful sacrifice to him who first offered himself to you. There's a real peace in knowing that whether or not you were as focused (or as caffeinated) as you ought to have been, you gave God the room to move in your heart.

Every day I drink some coffee, find a tabernacle, and sit silently with the Lord. Most days, I spend the whole time wrestling with distractions and frustration. I fall asleep. I check my watch a dozen times. I hear nothing. I don't even necessarily feel much of a sense of peace. And at the end of 45 minutes, I walk out content, knowing that I showed up. I made space for the Lord in my life. That's all he's asked.

This Lent, consider adding one more thing: 15 (or however many) minutes a day of silent prayer. Figure out a time of day and a location that work for you, then sit with Jesus. Just open your heart and ask him to move. You may find that it's the most fruitful thing you do this Lent.

COVER PHOTO: *The Annunciation* (ca.1450) is an Early Renaissance fresco by Fra Angelico in the Convent of San Marco in Florence, Italy. When Cosimo de' Medici rebuilt the convent, he commissioned Fra Angelico to decorate the walls with intricate frescos (1439-1444). This included the altarpiece, the inside of the monk's

cells, the friar's cloister, the chapter house, and inside the corridors; around fifty pieces in total. All of the paintings were done by Angelico himself or under his direct supervision. Out of all of the frescos at the convent, the Annunciation is the most well known in the art world.



Get a closer look at Fra Angelico's fine work of art in our **Mercy Hall**, where copies of a divided version of this fresco are hanging.

[Fra Angelico] is credited as the inventor of this type of composition, where Gabriel visits Mary in an outdoor setting. A typical Gothic Annunciation painting contained the archangel Gabriel visiting the Virgin Mary indoors and with Mary enthroned. The figures would appear flat, static, and unrealistic. This painting in particular is supposed to have "achieved heights of singular elegance." The way it handles space and lighting is revolutionary because it is a transition out of the Gothic period and into the Renaissance. Previous versions had no spatial awareness.

This fresco was not intended just for aesthetic purposes. Running across the loggia at the bottom of the fresco there is an inscription that instructs the viewer: "Virginis Intacte Cvm Veneris Ante Fivvram Preterevndo Cave Ne Sileatvr Ave." It means when you come before the image of the Ever-Virgin take care that you do not neglect to say an Ave. This was a daily reminder for the monks to pray. (Wikipedia.org)



Read the Gospel and Color



Sharing the Gospel - I sin. You sin. Everybody sins. God knows that we cannot be perfect like God. But God wants you to love him and talk to him. God wants you to be sorry for your sins, learn from your mistakes, and grow closer to him every day.

Prayer - Dear God, help me to grow closer to you with every day you give me.

Mission for the Week - When you get into trouble, ask God to help you change so that you do not do it again.

Puzzle

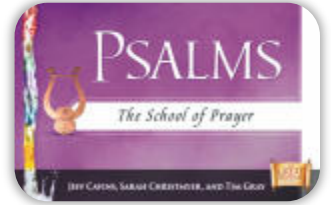
Find and circle these words from today's Gospel:

- | | | |
|---------|------------|----------|
| PILATE | SACRIFICES | WORSE |
| GALILEE | SINNERS | TREE |
| KILLED | SILOAM | GARDENER |

B O U S T H T O M S
 G A L I L E E I J A
 A D S L A O L D T C
 R H W O R S E A H R
 D G E A V T N P O I
 E R D M S R T I R F
 N K I L L E D L S I
 E O M P F E O A M C
 R G A L T B K T I E
 L D E S I N N E R S

STILL OPEN! THE BIBLE TIMELINE: Psalms BIBLE STUDY

Come study the Book of Psalms with us! *Psalms: The School of Prayer* reminds us why the Psalms are at the heart of the Bible. The study will include a series of eleven videos presented by Jeff Cavins. Each video will be preceded by a lively group discussion. We will meet every Thursday from 7pm to 8:30 at the lower level of the Cathedral. After 11 sessions you will receive a certificate of completion. Attendance is free. We will also provide materials. Please join us for a life-changing journey through the Bible! Contact Sister Jenny at (916) 444-5364 or jenny@cathedralsacramento.org to register. God bless.



40 DAYS FOR LIFE - From March 6 through April 14, 2019, you're invited to join other Christians for 40 days of prayer, vigils, and fasting for an end to abortion.

You are also invited to stand and peacefully pray with us during a 40-day vigil in front of FPA Abortion Clinic at 2322 Butano Dr., Sacramento, and to help spread the word about this important community outreach. We will be a presence Monday through Friday, from 8:00 am to 6:00 pm. For more information – and especially if you'd like to volunteer to help, please contact: Liliana Balderrama at (916) 912-8256 or Veronica Avina at (916) 205-0713 or go to 40daysforlife.com/sacramento.

The very popular **"I ♥ the Cathedral of the Blessed Sacrament" T-shirts** are still available. From children's size **s** through adult size **3x**, at \$10.00 each. Get yours by emailing Susan at susandurand@gmail.com!

5 RD SUNDAY OF LENT



HOLY HOUR FOR HEALING IN THE CHURCH - The Cathedral's Holy Hour last month for healing and atonement in the church was a beautiful occasion of grace. Please join us this month as we continue to pray for the repair of the Church and the sanctification of the clergy. Our next Holy Hour will be on April 5th at 8:00 pm.



14th Annual Easter Raffle

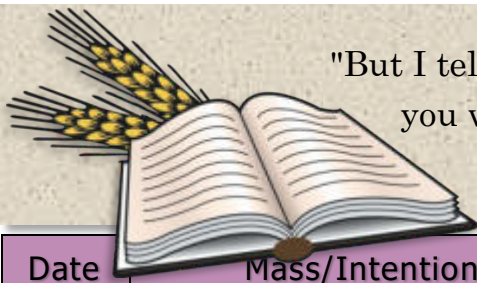
Help support the Cathedral's Faith Formation Program






Prizes: Nintendo Switch, Our Lady of Italy Plaque, One-year GYM Membership, Boy and Girl Bicycles, Assortment of Baskets, and more! Tickets are \$1.00 each, available in the Gift Shop or Sister Jenny's office. The Drawing will be held on Divine Mercy Sunday, April 28, 2019.

CATHOLIC VIEWPOINT, FAITH, HOPE AND LOVE– On TV channels Comcast 20, Consolidated 19 and AT&T 14 or watch all 49 shows on **YouTube!** On March 24, Fr. Michael responds to viewers questions. Sun. 7:00 AM, Tues. 9:30 Am, Weds 8:30 PM, Thurs 5:00 PM.

5th SUNDAY SECOND COLLECTION - On March 31st we will have a second collection in support of St. Vincent de Paul Society and the cathedral's social services ministries. Please be generous and thank you for your support!



"But I tell you, if you do not repent,
you will all perish as they did!"
~Luke 13:5b~

Date	Mass/Intentions	Activities
Saturday March 23	5:00 pm / Theresa & Pat Perry S.I.	10:00 am CCD Classes 1:00 pm Parish Lenten Retreat (See page 4)
Sunday March 24	<p align="center">3rd Sunday of Lent</p> 7:30 am / Pertetua Ouano + Nestor Purugganan + 9:00 am* / Camilo Martinez S.I. Moises Rana + 11:00 am / Dave & Pat Swann S.I. 1:00 pm (Spanish)/Ramon Flores S.I. Hugo Cortes S.I. 3:00 pm (Chinese) 5:00 pm / Holy Souls in Purgatory 7:00 pm (Spanish) / Ruben Becerra S.I. *First Scrutiny at the 9am Mass	9:00 am RCIA for Children & Teens 9:00 am Mass: RCIA - Breaking of the Word 11:00 am Mass: Liturgy of the Word for Children
Monday March 25	<p align="center">The Annunciation of the Lord</p> 12:10 pm / Fr. James Kolling + Brendon W. S.I.  5:10 pm /	6:30 pm RCIA: Vespers 7:00 pm RCIA: Class
Tuesday March 26	12:10 pm / Natalie Gehl + 5:10 pm /	6:00 pm Spanish Choir Rehearsal for the 7pm Mass 7:00 pm Teen Confirmation Class
Wednesday March 27	12:10 pm / Moises Chang + 5:10 pm /	7:00 pm English Choir Rehearsal 7:15 pm Communion & Liberation 7:15 pm Spanish Choir Rehearsal for the 1pm Mass
Thursday March 28	12:10 pm / Scott Rush + (Birthday) 5:10 pm /	7:00 pm Bible Timeline 7:00 pm Adult Confirmation Class
Friday March 29	12:10 pm / Judy +	12:30 pm Stations of the Cross 7:00 pm Estaciones de la Cruz 
Saturday March 30	5:00 pm	10:00 am CCD Classes
Save the Date	Next Sunday is Laetare Sunday  Thursday, April 11 - Chrism Mass	Sunday, April 14 - Palm Sunday & Holy Week Sunday, April 21 - Easter

Readings & Observances

Sunday: 3rd Sunday of Lent
Ex 3:1-8a, 13-15/Ps 103:1-2, 3-4, 6-7, 8, 11 [8a]/1 Cor 10:1-6, 10-12/Lk 13:1-9
Monday: The Annunciation of the Lord
Is 7:10-14; 8:10/Ps 40:7-8, 8b-9, 10, 11 [8a, 9a]/Heb 10:4-10/Lk 1:26-38
Tuesday: Dn 3:25, 34-43/Ps 25:4-5ab, 6 and 7bc, 8-9 [6a]/Mt 18:21-35
Wednesday: Dt 4:1, 5-9/Ps 147:12-13, 15-16, 19-20 [12a]/Mt 5:17-19
Thursday: Jer 7:23-28/Ps 95:1-2, 6-7, 8-9 [8]/Lk 11:14-23
Friday: Hos 14:2-10/Ps 81:6c-8a, 8bc-9, 10-11ab, 14 and 17 [cf. 11 and 9a]/Mk 12:28-34
Saturday: Hos 6:1-6/Ps 51:3-4, 18-19, 20-21ab [cf. Hos 6:6]/Lk 18:9-14

Prayer Corner



For the Special Intentions of:

Dennis Vest
Deacon Don DeHaven
Ted Freitas
Manuel Benjamin
Lara Murillo
Margarita Gonzalez
M Cintron
Mike
Mary
Maria
Gabriel Valentin
Patricia and Andrew Vargas
Jocey
Sara Martinez
Marilyn Custodio
Kinda A
Lucia
Damianus Aditya Christie
Snježana
Matthew Mahoney
Teddy Nguyen
MEM
Madeleine B. Vinluan
Maricela Huidor
Janine
Anna Lanzona
Alexa Novelo
Mary
Shelby Hogan

For the Repose of the Soul of:

Jimmy Jaimés +
Patricia and Andrew Vargas +
Jaime Tenajeros Caminos +
Nellie Foronda Tumbaga +
Armandina Guerrero +
Charles Urrutia +
John Keener +
Jaime Tangco +



Esquina del Pastor

Durante la Cuaresma tratamos de andar el camino difícil con Jesús quien se empujó a si mismo hasta el extremo en un desierto árido por cuarenta días. Su tiempo y tentaciones en el desierto son simbólicos de toda Su vida en la que levanto Su cruz todos los días como propiciación de los pecados de la gente que El amó. Le advirtió a Sus seguidores que éste no sería un camino fácil para ellos. Habría momentos en que nosotros estaríamos tentados a no beber del mismo cáliz que El.

Hay una escena en la película "Silence" (silencio) en la que Japoneses conversos al Catolicismo son obligados a pisar una imagen de Jesús para renunciar a su fe. Si no pisan la imagen, ellos o alguien a quien ellos aman será asesinado. Estas escenas estan basadas en eventos reales que pasaron en Japón durante el trabajo misionero de la Iglesia en el siglo XVI. Esta clase de apostasía y martirio han a su vez dañado y construido la iglesia de hoy.

El Catolicismo en los Estados Unidos se encuentra muy comodo viviendo con las leyes de nuestro país. Estamos agradecidos de poder celebrar y practicar nuestra fe libremente. Sin embargo, si Cristo fuera a caminar por nuestro país por cuarenta dias, cuánto de las raices de su martirio reconocería? En su caminata entre nosotros, mientras voltea las mesas del prejuicio, racismo, y egoísmo, seguramente se encontraría al otro lado de la ley y la seguridad

nacional. Y mientras lo empujamos por el camino triste del Calvario, cuántas imagenes tuyas vería bajo los pies de sus hijos.

No es fácil beber del mismo cáliz que Jesús nos ofrece, pero de algún modo debemos de creer que todo (First published 02-25-18)

Padre Michael



Usted está invitado a unirse a otros cristianos desde el 6 de Marzo al 14 de Abril del 2019 para participar en los **40 DÍAS POR LA VIDA** - 40 días de oración, vigilia y ayuno por el fin del aborto. Está invitado a pararse enfrente de la clínica de aborto

FPA y orar pacíficamente con nosotros durante la vigilia de 40 días en el 2322 Butano Dr., Sacramento, y ayudar a pasar la voz sobre esta importante campaña por la vida. Estaremos presentes de lunes a viernes de 8:00am a 6:00pm. Para más información - y especialmente si le gustaría ayudar, por favor contacte a: Liliana Balderrama al (916) 912-8256 o Veronica Aviña al (916) 205-0713 o también en 40daysforlife.com/sacramento

LAS LECTURAS Y CONMEMORACIONES SEMANALES

Domingo: 3er Domingo de Cuaresma

Ex 3, 1-8. 13-15/Sal 103, 1-2. 3-4. 6-7. 8. 11 [8]/1 Co 10, 1-6. 10-12/Lc 13, 1-9

Lunes: La Anunciación del Señor

Is 7, 10-14/Sal 40, 7-8. 8-9. 10. 11 [8. 9]/Heb 10, 4-10/Lc 1, 26-38

Martes: Dn 3, 25. 34-43/Sal 25, 4-5. 6 y 7. 8-9 [6]/Mt 18, 21-35

Miércoles: Dt 4, 1. 5-9/Sal 147, 12-13. 15-16. 19-20 [12]/Mt 5, 17-19

Jueves: Jer 7, 23-28/Sal 95, 1-2. 6-7. 8-9 [8]/Lc 11, 14-23

Viernes: Os 14, 2-10/Sal 81, 6-8. 8-9. 10-11. 14 y 17 [cfr. 11 y 9]/Mc 12, 28-34

Sábado: Os 6, 1-6/Sal 51, 3-4. 18-19. 20-21 [cfr. Os 6, 6]/Lc 18, 9-14

MEDITACIÓN EVANGÉLICO

Cuántas veces hemos escuchado estas frases tan trilladas de personas que se encuentran en diferentes circunstancias. Puede ser entre matrimonios, o de hijos a sus padres, o de alumnos a sus maestros: "Por favor dame una segunda oportunidad, déjeme tratar otra vez, permíteme hacerlo una vez más". Reflexionemos en la higuera de la parábola por la cual el viñador abogo para que no fuera cortada. "Señor, déjala un año más y mientras tanto cavaré alrededor y le echaré abono. Puede ser que así de fruto en adelante y, si no, la cortas." (Lucas 13:8-9). Un año más; que corto tiempo, pero sí, es muy valioso para arreglar la tierra y ponerle

abono. Los agricultores y jardineros lo entienden muy bien; ellos saben que importante es el cambio total de tierra para que las raíces tomen fuerza.

La parábola que Jesús pone de ejemplo con la higuera es clave para que en este tercer Domingo de Cuaresma quede claro que se trata de la conversión del corazón. Dios nos da el tiempo suficiente para el arrepentimiento. ¡Una Cuaresma más! No perdamos el tiempo; acerquémonos al Sacramento de la Reconciliación. Es tiempo de dejar la falsedad, el egoísmo la flojera. La vida diaria ofrece muchas oportunidades de cambio y de aprendizaje. No importa la edad ni la condición, Dios nos espera con sus brazos abiertos. Imagina ese abrazo de Dios que tanto necesitas ahora. Esta Cuaresma, Dios está cuidando y poniendo abono en nuestra vida. ¿Qué frutos puedes dar por medio del arrepentimiento? ¿Que estas dispuesto ha hacer de nuevo para vivir menos tensionado?

VIVIR LA LITURGIA

Si la historia de la salvación nos enseña algo, es que Dios es muy paciente. Una y otra vez, las personas se han alejado de Él y Él ha enviado profeta tras profeta para guiarlos de regreso. Para mostrarnos cuánto nos ama, nos envió a Su Hijo, quien reveló este amor incondicional en todo lo que dijo e hizo. Esta temporada de Cuaresma es una oportunidad para arrepentirse y regresar. El misterio de la presencia de Dios se revela en y a través de los eventos ordinarios de la vida, como nos lo recuerda el nacimiento de Cristo. Dios le dijo a Moisés a través de la zarza ardiente: "Yo soy el que soy". Y así nos lo recuerda hoy. No nos alejemos más y volvamos a la verdad.



FOTO DE CUBIERTA: La Anunciación (ca.1450) es un fresco del Renacimiento temprano por Fra Angelico en el Convento de San Marco en Florencia, Italia. Cuando Cosimo de Medici reconstruyó el convento, encargó a Fra Angelico que decorara las paredes con frescos intrincados (1439-1444). Esto incluía el retablo, el interior de las celdas del monje, el claustro del fraile, la sala capitular y el

interior de los corredores; Alrededor de cincuenta piezas en total. Todas las pinturas fueron hechas por el mismo Angelico o bajo su supervisión directa. De todos los frescos del convento, la Anunciación es la más conocida en el mundo del arte.

[Fra Angelico] es reconocido como el inventor de este tipo de composición, donde Gabriel visita a Mary en un ambiente al aire libre. Una pintura típica de la Anunciación gótica contenía al arcángel Gabriel visitando a la Virgen María en el interior y con María entronizada. Las figuras aparecerían planas, estáticas y poco realistas. Esta pintura en particular se supone que ha "alcanzado alturas de singular elegancia". La forma en que maneja el espacio y la iluminación es revolucionaria porque es una transición del período gótico al Renacimiento. Las versiones anteriores no tenían conciencia espacial.

Este fresco no fue pensado solo para fines estéticos. Corriendo a través de la logia, en la parte inferior del fresco, hay una inscripción que indica al espectador: "Virginis Intacte Cvm Veneris Ante Fivvram Pretereuvdo Cave Ne Sileatvr Ave". Significa que cuando se presente ante la imagen de Ever-Virgin, tenga cuidado de no dejar de decir una avenida. Este fue un recordatorio diario para que los monjes oraran. (Wikipedia.org)



Observa de cerca la excelente obra de arte de Fra Angelico en **Mercy Hall**, donde cuelgan copias de una versión dividida de este fresco.



~A Vibrant Parish and Historic Landmark Since 1889~

Cathedral of the Blessed Sacrament

1017 11th Street, Sacramento, CA 95814

916-444-3071, Fax 916-443-2749 , cathedralsacramento.org

Rectory Office Hours — Monday to Friday, 9:00 am to 12:00 pm, 1:00 pm to 5:00 pm



March 24 2019 * 3rd Sunday in Lent

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MASSES

Monday to Friday	12:10 pm
Monday to Thursday	5:10 pm
Saturday Vigil	5:00 pm
Sunday	7:30 am
	9:00 am
	11:00 am
	1:00 pm en Español
	3:00 pm Chinese
	5:00 pm
	7:00 pm en Español
State Holidays	12:10 pm only

SACRAMENT OF CONFESSION

Monday to Friday	11:30 am to 12:00 pm
Saturday	4:00 pm to 4:45 pm
Domingo en Español	12:30 pm a 12:45 pm
	6:30 pm a 7:00 pm

EUCCHARISTIC ADORATION

When attendants are available:
 Wednesday 12:45 pm to 4:45 pm
 Thursday 12:45 pm to 4:45 pm
 Friday 12:45 pm to 3:45 pm

ANOINTING OF THE SICK - By appointment

BAPTISMS (Registration is required)
 English - 3rd Saturday of the month, 9:00am
 Español - 4º Sábado del mes, 9:00am

BAPTISM CLASSES (No registration required)
 English - 1st Thursday of the month, 7:00pm
 Español - 2do jueves del mes, 7:00pm

TOURS

Tours are free and are led by trained Docents after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours in Spanish are held the 1st & 3rd Sundays of the month after the 1pm Mass. Tours begin at the Baptismal Font. Contact 916-444-3071 to arrange free private group tours.

GIFT SHOP on the Lower Level

Sundays	9:00 am to 3:00 pm
Tuesdays	10:30 am to 12:00 pm

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~Bulletin Ministry~

Editor: Lyssa Black Publisher: Liturgical Publications
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Send submissions to cathedralsacramento@gmail.com nine calendar days before publication weekend. See calendar on cathedralsacramento.org for submission deadlines



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Cathedral Saint Vincent de Paul	Titi Kila, cathedralya@gmail.com
Cathedral Young Adults	Rex Rallanka, Music Director, rrallanka@cathedralsacramento.org
Choir (English)	Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after 7pm Mass. Reggie King, Brian Perez, thecatholicstore@gmail.com
Choir (Spanish)	catechesis meets every Wednesday at 7:15pm in the Cathedral Lower Level. Jill Pease, peasejill@gmail.com
Cinema Divina Movies	Lynne Amerson, cbs1017pc@yahoo.com.
Communion & Liberation	Docents
Extraordinary Ministers of Holy Communion	Amy McCormick, ammccormick@att.net
Festival of Trees and Lights	Paula Trujillo, trupaula@gmail.com
Front Door Ministry	ministries@cathedralsacramento.org
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Respect Life Ministry	Veronica Avina, veronicaavina@yahoo.com
Rosary Club	Lolita Urrutia, lolita.urrutia@gmail.com.
Spanish Parents Group Leaders	Leticia Hilbert, leticia_hilbert@hotmail.com

To learn more about the ministries at the Cathedral,
visit our website:

cathedralsacramento.org

CATHEDRAL PARISH STEWARDSHIP

Weekend	Total Offering	Percent of Goal
February 23/24	\$7,843	68%
March 2/3	\$8,370	72%
March 9/10	\$8,885	77%
March 16/17	\$10,055	87%
4-week Average:	\$8,788	76%

The Parish's weekly expenses exceed **\$20,000**. To maintain fiscal integrity, the weekend offertory needs to cover more than half of Parish expenses. The Finance Council has set a weekly offertory goal of **\$11,500**.

CATHEDRAL PARISH REGISTRATION & UPDATE

Actualización y registro de la parroquia de la Catedral
You can also register online at cathedralsacramento.org / Visit Us / Register as a Parishioner

Name (*Nombre*): _____
Street Address (*Domicilio*): _____
City (*Ciudad*): _____ State (*Estado*): _____ Zip (*Código postal*): _____
Phone (*teléfono*): (____) _____ Cell Phone (*Celular*): (____) _____
Email: _____

For additional family members, please attach a separate sheet.
Please indicate: Por favor indique:
New Parishioner/Individual Nuevo Parroquiano / Individuo
New Parishioners/Family Nuevo Parruco / Familia
Change of Address Cambio de Dirección
Please send Offertory Envelopes Por favor envíe Sobres de Ofertorio

Please return by (*Regrese por favor*):

- Put into collection basket at mass
(deposite en la canasta de la colecta en misa)
- Scan to pdf file and email: blessed@cathedralsacramento.org
(escanear a pdf file y envía por correo electrónico)
- Fax to: 916-443-2749
- Mail to (correo): 1017 11th Street, Sacramento, CA 95814



RELIGIOUS EDUCATION PROGRAMS

The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A., for adults, teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program.

If you've been coming to Mass for a while, but are not Catholic, or were baptized Catholic but never completed your faith formation classes, we invite you to look deeper into the Catholic faith. Come meet some faithful Catholics who love the Lord and would consider it a privilege to get to know you. We invite you to learn what Catholics believe in an open and welcoming environment. The **Rite of Christian Initiation of Adults (RCIA)** sessions meet every Monday Evening at 7 PM in the lower level of the Cathedral. Feel free to come any Monday evening.



*Note: Adult Confirmation Class began March 21st
You can still sign up*

For more information on all of our faith formation programs, please call **916-444-5364** or email Sister Jenny Aldeghi FDCC, Director of Religious Education, jenny@cathedralsacramento.org

MARRIAGE PREPARATION

The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Janet & Omar Bardales at matrimonyprep@att.net, or 916-427-9160, or Sister Jenny at 916-444-5364. You do not have to have your wedding at the Cathedral in order to take this class.

GET MARRIED AT THE CATHEDRAL

If you would like to celebrate the Sacrament of Matrimony at the Cathedral, download the Cathedral Wedding Guidelines and Reservation Form on the cathedral website. Contact the parish office at least *six months* before your desired wedding date to arrange a meeting with Wedding Coordinator, Titi Kila at tkila@cathedralsacramento.org.

HAVE YOUR MARRIAGE BLESSED IN THE CHURCH

If you would like to have your civil marriage blessed in the Catholic Church, please call or email Deacon John at the Cathedral Office to explore this possibility: 444-3071 Ext. 11; jgisla@cathedralsacramento.org. This can often be done in a small, private ceremony called a Convalidation, without any cost or fee. If you have been together for a number of years and would like to be married in the Church, this can also often be done in a small, private ceremony without any cost.

QUINCEAÑERA

This is the tradition of celebrating a young girl's coming of age on her 15th birthday with a Mass, and highlights the virtues of family and social responsibility, recognizing her journey from childhood to maturity. For more information on celebrating this beautiful tradition at the Cathedral, call Titi Kila, at 916-444-3071, or tkila@cathedralsacramento.org.

LITURGY OF THE WORD FOR CHILDREN

For ages 5 to 10 years old, at the 11:00 am Sunday Mass (Check calendar for dates). Children return to their families before the Offertory. For more information, contact the education office or Dorothy Corgiat at dlcorgiat@yahoo.com.



聖母領報 (三月二十五日)

聖母領報瞻禮，是紀念當年加俾額爾天神向聖母瑪利亞預報天主聖子降生為人的大喜訊。天主的聖意，要頒賜一個救主給世界，一個贖罪的犧牲給罪人。天主聖子取了人的性體，祂同時是真天主，也是真人。祂為了世人的罪受苦受難，死在十字架上，以滿足天主的公義。

耶穌聖誕週期的計算，也以聖母領報瞻禮為出發點。我們如以三月廿五日為聖子降孕聖母淨胎的瞻禮日期，那麼，耶穌聖誕的瞻禮日期就應當是十二月廿五日了。耶穌誕生後第八日受割損禮，所以耶穌受割損禮瞻禮的日期應當是一月一日，聖母獻耶穌於主堂瞻禮日期應當是二月二日，也就是牧童往白冷朝拜聖嬰後的第四十天。

此外，既然在聖母領報的時候，聖婦依撒伯爾（聖若翰的母親）已懷孕六個月，那麼，聖若翰誕生的日期，應在六月底以前。

本瞻禮在西方教會，係於第七世紀開始，東方的教會則在第五世紀開始。按每年將臨期內四季齋期的瞻禮四，我們已照例紀念著這瞻禮的奧義。但聖教會又特定本日為聖母領報瞻禮，囑信友慶祝，因為本日與耶穌聖誕瞻禮相距恰為九個月。但三月廿五日如逢聖主日內，本瞻禮應移至復活節的八日慶期後舉行。

The Annunciation of the Blessed Virgin Mary (March 25)

The Feast of the Annunciation commemorates the visit of the archangel Gabriel to the Virgin Mary, during which he informed her that she would be the mother of Jesus Christ, the Son of God. The Holy Father's will is to give the world a Savior as a sacrifice for the atonement to sinners. The Son of God takes the human body. He is also a true God and a real person. He suffered and died for the sins of the world, and died on the cross to satisfy the justice of the Holy Father.

The Christmas cycle of Jesus is also based on the Annunciation of the Blessed Virgin Mary. If we use March 25th as the date of the Virgin Mary, then the Christmas date of Jesus should be December 25th. The eighth day after the birth of Jesus was circumcised, so the date of the ceremonial ceremony of Jesus should be January 1st. The date of the sacred offering of Jesus in the main hall should be February 2nd, that is, the shepherd boy goes to Bethlehem to worship after forty days.

In addition, since the saint woman Elizabeth (the mother of St. John) had been pregnant for six months at the time of the Annunciation, the date of the birth of St. John the Baptist should be before the end of June.

This feast is started in the seventh century for the Western Church and in the fifth century for the Eastern Church. By the fourth feast of the fasting period in Advent, we have commemorated the mystery of this ceremony as tradition. However, the Holy Church established the feast of the Annunciation on March 25 for the faithful believers since it is just nine months away from Christmas. If March 25 is a Sunday, this feast should be celebrated after eight days of Easter.

本週報告 (會長)

我們將會繼續在下個主日彌撒前二時半拜苦路。

慕道班於每星期彌撒後以中文舉行。如果您認識的任何朋友或家人對天主教信仰有興趣，請邀請他參加。

Announcement this week (President)


We will continue to have the Station of the Cross next Sunday at 2:30 before mass.

We have RCIA every week after mass in Chinese. If any friend or family member you know is interested in the Catholic faith, feel free to invite him/her to the RCIA.

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