

April 7 2019 ~ 5th Sunday in Lent



Volume 19* Issue 14

Cathedral of the Blessed Sacrament

1019 11th Street, Sacramento, CA 95814 * 916-444-3071



Pastor's Corner

Thorns

Thorn upon thorn upon
rank upon rank upon
eon upon eon,
spears' sentinels waiting for war.

Do not even come near – fear our sharpened hearts.
Yet the hand of evil dared to pluck us and circulate us and press us
beyond the Lamb's locks into flesh.

Century upon century upon
selection upon selection upon
arrogance and ignorance
we stiffened our necks to wear the crown.

Foolish children caressing apples and peeling skin -
the knowledge of good long gone.

Dark upon dark upon
death upon death upon
the head.

And there we enthroned our conceit
shameless and merciless and meritless
until your holly jewels bloomed red on our needles
and evil rested in peace.

Now grateful for our ignorance
grateful for our pride.

We were designed to pierce, we pierced and were pierced.
There was always only one plan, only one way, only one triumph.

Fr. Michael

How to make your day holier as a busy person

Carissa Pluta | Aleteia.org

Life has never been busier, and even though we may want to bring our faith more into our everyday lives, it's hard to know exactly how to do that. This is where the liturgical calendar comes into play.

We're all used to the secular calendar; we all follow it. But the Church also provides us with a calendar — the liturgical calendar, which is meant to help us sanctify time. It, too, is made up of 365 days and it has four distinct seasons. The liturgical year helps us to more fully enter into the life of Jesus, beginning with His incarnation and birth, and ending after His Ascension into Heaven, celebrating saints' feasts and other holy days in between.

There are a multitude of ways in which each of us can live liturgically, right in our own homes. Here are five tips to do that every day:

Create a sacred space - Creating a sacred space in your home is the perfect way to start living liturgically! Make a space in your home that fosters prayer and contemplation. It doesn't have to be elaborate; the simplest things can add beauty and peace.

When my husband and I were first married, our prayer corner was a small altar table with candles and a large ornate Bible. Now that we have a mobile 8-month-old, we needed something more baby-proof so we hung up our marriage crucifix and bought two small wall shelves on which we placed statues of Our Lady and St. Joseph, and some candles. It's simple, but it really helps focus our mind and attention on God when we pray.

Pray the Liturgy of the Hours -What better way to bring the liturgy into your home than the prayers that were created to extend the liturgy into your day?

The oldest form of prayer in the Church is called the Liturgy of the Hours (also known as the Divine Office) and it's prayed devoutly by priests and religious — and by many lay people. The Liturgy of the Hours perfectly follows the liturgical year and provides meaningful reflection even on non-feast days. It's a way of encountering Christ throughout the day and is meant to sanctify all human activity.

You might commit to praying at least one of the hours (I usually pray morning prayer), as it's a great way to start, or end, your day and a unique way to pray together as a family. You can buy a breviary or find the prayers free online or using apps like iBreviary.

Keep the Sabbath holy - Having a day set aside for the Lord is an idea that dates back to the very beginning, as the Sabbath is the sign of God's covenant with Adam in Gene-

sis. It's a day each week that reminds us that we are daughters and sons made in the image and likeness of God.

In order to make Sunday a day of rest and prayer, a little preparation and planning helps. I tend to look at my week as having only six days. That's six days to get bigger projects done around the house or to run errands. In doing so, I find myself being more productive earlier in the week, and therefore, able to truly savor my Sundays.

Make a list of the things that seem to detract from your day of rest. Are these things you can do earlier in week? If so, reschedule them. For example, if you're a student, plan to get your homework done *during the week* so you can make Sunday a work-free day. Some people choose to take their Sabbath from sundown on Saturday to sundown on Sunday to allow themselves preparation time for the week on Sunday night.

Prioritize beauty - We live in a culture that considers beauty impractical rather than a necessity, something superfluous rather than life-giving. Prolific writers and Church Fathers alike have written on the subject of beauty and all of them agree that beauty points us to the Divine. For this reason, our places of worship, including our homes and daily lives, should be beautiful.

But that doesn't mean you have to run out to the store and pick up a ton of new home goods. You can prioritize beauty by decluttering, placing a vase of fresh flowers on the kitchen table, or personalizing your space with more meaningful items. You can also do it by filling your home with quality art and good books and learning to appreciate the beauty in the ordinary parts of the day.

Making a "liturgy" of your day - Living liturgically is also about order. And ordering our homes and our daily lives is the best place for each of us to start. Setting a schedule is something uniquely human and therefore, uniquely divine. In creating an ordered schedule, we are in some way imitating God, who is the ordainer of all time and space.

Some saints like Josemaria Escriva have spoken about the importance of setting a routine bedtime. Going to bed at a reasonable time makes it possible for us to get up and pray before we dive into the craziness of work, school, and errands. Try setting a bedtime and a rising-time and order your day around that. At the very least, set aside little times of prayer in your day that are manageable, such as praying the Angelus at noon, grace before meals, or making an examination of conscience in the evening.

There are many ways to grow closer to God by living more liturgically. Start small to make it doable. It's not so much about adding more work to your day but finding ways to sanctify the moments of the ordinary moments of our day.



Cover Photo: Candles on the altar steps at the recent Nightfever. Photo by Elvie McRae.

 **Read the Gospel and Color**



Sharing the Gospel - When we do something wrong, God does not want to punish us. God just wants us to stop, learn from our mistake, and make better choices next time. Try to remember that the next time you catch a friend sinning. Instead of tattling, talk to your friend, and gently help your friend do what is right.

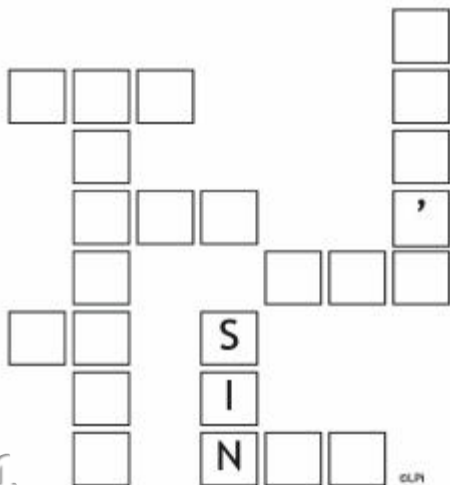
Prayer - Dear God, help me to be kind to my friends when they make mistakes. Help me remember that sometimes I make bad choices, too.

Mission for the Week - Name one thing you have done wrong. Jesus can forgive you for your mistakes. Try to forgive other people, too.

 **Puzzle**

Fit this Gospel message into the empty squares:

You may go now, but don't sin anymore.



CHRISM MASS - Please join Bishop Soto and the clergy of our diocese at the annual Chrism Mass to be held on Thursday, April 11, at 6:00 pm at the Cathedral. The Chrism Mass is one of our most important Diocesan celebrations where Bishop Soto will bless the Holy Oils that are used in sacramental celebrations in all the parishes of the Diocese throughout the coming year.



Help support the Cathedral's Faith Formation Program
14th Annual Easter Raffle

Prizes: Nintendo Switch, Our Lady of Italy Plaque, One-year GYM Membership, Boy and Girl Bicycles, Assortment of Baskets, and more! Tickets are \$1.00 each, available in the Gift Shop or Sister Jenny's office. **The Drawing will be held on Divine Mercy Sunday, April 28, 2019.**



40 DAYS FOR LIFE - You are invited to stand and peacefully pray with us during a 40-day vigil through April 14, in front of FPA Abortion Clinic at 2322 Butano Dr., Sacramento, and to help spread the word about this important community outreach. We will be a presence Monday through Friday, from 8:00 am to 6:00 pm. For more information – and especially if you'd like to volunteer to help, please contact: Liliana Balderrama at (916) 912-8256 or Veronica Avina at (916) 205-0713 or go to 40daysforlife.com/sacramento.

CATHOLIC VIEWPOINT, FAITH, HOPE AND LOVE – on TV channels Comcast 20, Consolidated 19 and AT&T 14 or watch all 49 episodes on **YouTube!** Fr. Michael Kiernan's guest for April 7 will be prior interviews with Bishop Francis Quinn (from May 2018). May he rest in Heavenly Peace. Times: Sun. 7:00 AM, Tues. 9:30 Am, Weds 8:30 PM, Thurs 5:00 PM

The very popular **"I ♥ the Cathedral of the Blessed Sacrament"** T-shirts are still available. From children's size **s** through adult size **3x**, at \$10.00 each. Get yours by emailing Susan at susandurand@gmail.com!

~ HOLY WEEK & EASTER MASS SCHEDULE ~



Palm Sunday, April 14

Mass - 7:30am, 9:00am, 11:00am (Procession of Palms), 5:00pm
Spanish: 1:00pm & 7:00pm, Chinese: 3:00pm

Tenebrae -  Wednesday, April 17 at 7:15 pm

Holy Thursday, April 18

9:00 am - Morning Prayer
12:10 pm - Communal Penance Service
7:00 pm - Celebration of the Lord's Supper



 **Good Friday, April 19**

9:00 am - Morning Prayer
12:10 pm - Celebration of the Lord's Passion followed by Stations of the Cross
2:00 pm to 3:00 pm - Confessions
7:00 pm - Estaciones de la Cruz

Holy Saturday, April 20

9:00 am - Morning Prayer
12:00 pm - RCIA Rehearsal
2:00 pm to 3:00 pm - Confessions
8:30 pm - Easter Vigil




Easter Sunday, April 21 (Regular Mass Schedule)

Mass - 7:30am, 9:00am, 11:00am, 5:00pm
Spanish: 1:00pm & 7:00pm, Chinese: 3:00pm





"Let the one among you who is without sin
be the first to throw a stone at her."
~John 8:7a~

Date	Mass/Intentions	Activities
Saturday April 6	5:00 pm / Sharon Lee + Elizabeth Cole +	10:00 am CCD Classes
Sunday April 7	<p>5th Sunday of Lent</p> <p>7:30 am / William J. Shorey + People of the Parish</p> <p>9:00 am*/ Laura Ortega S.I. Rosario Purugganan +</p> <p>11:00 am / Thomas Fleming + Paul Aiello +</p> <p>1:00 pm (Spanish)/Doris Perez S.I. (Birthday)</p> <p>3:00 pm (Chinese)</p> <p>5:00 pm / Elira Dinasuay +</p> <p>7:00 pm / Wenceslao Espindola S.I. Daniel Lydon +</p> <p>*Third Scrutiny at the 9am Mass</p>	<p>9:00 am RCIA for Children & Teens</p> <p>9:00 am Mass: RCIA - Breaking of the Word</p> <p>11:00 am Mass: Liturgy of the Word for Children</p>
Monday April 8	12:00 pm / 5:10 pm / Dolores Rosas +	6:30 pm RCIA: Vespers 7:00 pm RCIA: Class
Tuesday April 9	12:10 pm / Paula Maseros S.I. 5:10 pm / Kenneth M. Walker St. +	9:30 am Youth Advocacy Mass 7:00 pm Teen Confirmation Class
Wednesday April 10	12:10 pm / Souls in Purgatory 5:10 pm /	7:00 pm English Choir rehearsal 7:15 pm Communion & Liberation 7:15 pm Spanish 1pm Mass Choir Rehearsal 7:15 pm The Rosary Club
Thursday April 11	12:10 pm / Souls in Purgatory 6:00 pm / CHRISM MASS Cathedral Youth Group S.I.	7:00 pm Bible Timeline 7:00 pm Adult Confirmation Class
Friday April 12	12:10 pm / Souls in Purgatory	12:30 pm Stations of the Cross 7:00 pm Estaciones de la Cruz 
Saturday April 13	5:00 pm / BLESSING OF PALMS	10:00 am CCD Classes

Readings & Observances

Sunday: 5th Sunday of Lent
Is 43:16-21/Ps 126:1-2, 2-3, 4-5, 6 [3]/Phil 3:8-14/Jn 8:1-11

Monday: Dn 13:1-9, 15-17, 19-30, 33-62 or 13:41c-62/Ps 23:1-3a, 3b-4, 5, 6 [4ab]/
Jn 8:12-20

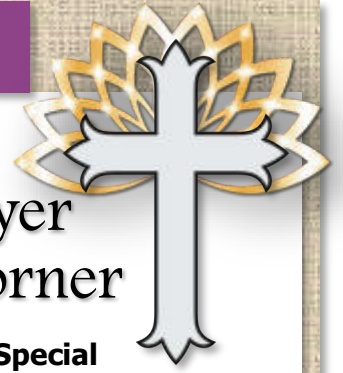
Tuesday: Nm 21:4-9/Ps 102:2-3, 16-18, 19-21 [2]/Jn 8:21-30

Wednesday: Dn 3:14-20, 91-92, 95/Dn 3:52, 53, 54, 55, 56 [52b]/Jn 8:31-42

Thursday: St. Stanislaus, Bishop & Martyr
Gn 17:3-9/Ps 105:4-5, 6-7, 8-9 [8a]/Jn 8:51-59

Friday: Jer 20:10-13/Ps 18:2-3a, 3bc-4, 5-6, 7 [cf. 7]/Jn 10:31-42

Saturday: St. Martin I, Pope & Martyr
Ez 37:21-28/Jer 31:10, 11-12abcd, 13 [cf. 10d]/Jn 11:45-56



Prayer Corner

For the Special Intentions of:

Jessica Carlson S.I.
Alexis Carlson S.I.
Familia Vega Galvan
Gloria Garcia
Kayla
Judy Gordon
Galina Caraus
Olympia Varzaru
De Souza Family
Gbaguidi Family
Elie Family
Maggie
Barbara Eversult
Harold Bussell
Jill Donovan
USAF Brig Gen (retired) Robert M.
Leonor Perez & Jose Perez
Michelle
Derek Gerard Solomon
Dennis Vest
Deacon Don DeHaven
Ted Freitas
Manuel Benjamin
Lara Murillo
Margarita Gonzalez
M Cintron
Mike
Mary
Maria
Gabriel Valentin
Patricia and Andrew Vargas
Jocey
Sara Martinez
Marilyn Custodio
Kinda A
Lucia

For the Repose of the Soul of:

Bishop Frances Quinn +
Teodorico Tayaba +
Gisele Mensah +
Jimmy Jaimes +
Patricia and Andrew Vargas +
Jaime Tenajeros Caminos +
Nellie Foronda Tumbaga +
Armandina Guerrero +



Esquina del Pastor

Espinas

Espina sobre espina sobre
rango sobre rango sobre
eon sobre eon,

centinelas de lanzas esperando la guerra.

Ni siquiera te acerques, teme a nuestros corazones afilados.

Sin embargo, la mano del mal se atrevió a arrancarnos, circularnos y presionarnos.
más allá de las cerraduras del cordero en carne.

Siglo tras siglo

selección sobre selección sobre
arrogancia e ignorancia

endurecimos nuestros cuellos para llevar la corona.

Niños tontos acariciando manzanas y pelando la piel -
el conocimiento del bien desaparecido hace mucho tiempo.

Oscuro sobre oscuro sobre
muerte tras muerte sobre
la cabeza.

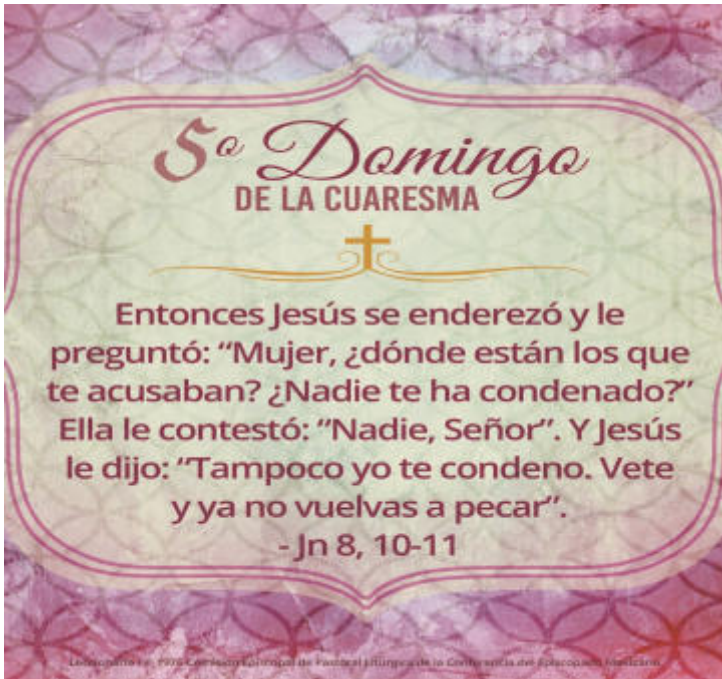
Y allí entronizamos nuestro engreimiento.
descarado y despiadado y sin mérito

Hasta que tus joyas de acebo florecieron rojas en nuestras agujas.

Y el mal descansó en paz.

Ahora agradecido por nuestra ignorancia.
agradecido por nuestro orgullo.

Fuimos diseñados para perforar, perforamos y nos perforaron.
Siempre hubo un solo plan, solo una manera, solo un triunfo.



LAS LECTURAS Y CONMEMORACIONES SEMANALES

Las lecturas de la semana del 7 de abril de 2019

Domingo: 5o Domingo de Cuaresma

Is 43, 16-21/Sal 126, 1-2. 2-3. 4-5. 6 [3]/Flp 3, 8-14/
Jn 8, 1-11

Lunes: Dn 13, 1-9. 15-17. 19-30. 33-62 o 13, 41-62/Sal 23, 1-3.
3-4. 5. 6 [4]/Jn 8, 12-20

Martes: Nm 21, 4-9/Sal 102, 2-3. 16-18. 19-21 [2]/Jn 8, 21-30

Miércoles: Dn 3, 14-20. 91-92. 95/Dn 3, 52. 53. 54. 55. 56 [52]/
Jn 8, 31-42

Jueves: San Estanislao, obispo y mártir

Gn 17, 3-9/Sal 105, 4-5. 6-7. 8-9 [8]/Jn 8, 51-59

Viernes: Jr 20, 10-13/Sal 18, 2-3. 3-4. 5-6. 7 [cfr. 7]/Jn 10, 31-42

Sábado: San Martín I, papa y mártir

Ez 37, 21-28/Jr 31, 10. 11-12. 13 [cfr. 10]/Jn 11, 45-56

MEDITACIÓN EVANGÉLICO

"Vete y ya no vuelvas a pecar." (Juan 8:11). Que hermosas palabras para esta mujer sorprendida en adulterio. Que alivio para ella poder respirar nuevamente la vida. Que gran manifestación del amor de Dios que defiende lo que le pertenece. No es favoritismo al defenderla, es simplemente defender la justicia. En aquel entonces, y ahora, el mundo vive tensiones de dureza de corazón. La enseñanza de Jesús es ayudar a reconocer que todos somos pecadores, por lo tanto, todos merecemos la Misericordia infinita de Dios; ¡Su perdón! La Cuaresma es un tiempo que abre nuevos horizontes de vida nueva en Jesús.

Los fariseos y los letrados juzgaban a la mujer con la ley. Jesús, con su autoridad de Hijo de Dios, la libera con sus palabras evangélicas, con su mirada de amor inconfundible hacia los pecadores. La misericordia y la conversión se encuentran en este domingo. El 18 de junio en la audiencia jubilar en la plaza de San Pedro, el Papa Francisco dijo: "La auténtica conversión se produce cuando experimentamos en nosotros el amor de Dios y acogemos el don de su misericordia; y un signo claro de que la conversión es auténtica es cuando caemos en la cuenta de las necesidades del prójimo". Queda poco tiempo para llegar a la Pascua. Sin embargo, viene lo difícil, lo doloroso, el camino de la cruz, la subida a Jerusalén. Señor, sé que Tú me puedes purificar para quedar limpio, como dice el salmo 50. Solo me queda reflexionar y preguntarme: ¿Cómo le respondo al Señor al ser perdonado? ¿Cómo va mi conversión en esta Cuaresma? ¿De qué forma voy con Él al Calvario? Ojalá que en todos los actos de la vida seamos justos y bondadosos con los demás.

VIVIR LA LITURGIA

Todos somos pecadores, y todos necesitamos misericordia. Si se encuentra la sinceridad con un verdadero arrepentimiento de corazón, un encuentro con el amor incondicional e indulgente de Dios conducirá a una verdadera conversión y una nueva vida de gracia. No tiene sentido la condena o el castigo excesivo. No necesitamos mover los dedos o hacer que las personas se sientan inferiores. Jesús encontró con compasión a la mujer atrapada en adulterio. Él no la condenó. La gente no siempre ha sido fiel a Dios. Nosotros no siempre hemos sido fieles a Dios. Sin embargo, Dios espera que regresemos y confía en que sus semillas de perdón y misericordia echarán raíces. Nosotros no sabemos si la mujer dejó a Jesús y no volvió a pecar. Eso no es importante.

LA CORRESPONSABILIDAD DIARIA

Algunas celebridades hacen mucho para ayudar a varias causas que son significativas para ellos. A veces dan de su tiempo, talento o tesoro, mientras que otras veces crean oportunidades para que el resto de nosotros seamos generosos. Posteriormente, la celebridad hace mucho por resaltar la causa, y la esperanza es que suficientes personas den para hacer una diferencia.

Yo nunca juzgo el motivo de otra persona cuando elige dar o apoyar una causa. Sin embargo, escucho muchas veces una crítica impuesta a personas aparentemente ricas que inician una recaudación de fondos y nos piden al resto de nosotros que demos: "Ya que tienen tanto dinero, ¡ellos podrían simplemente dar todo el dinero que se necesita!" Esta exclamación a menudo viene con desdén y un tono de superioridad. Este sentimiento proviene frecuentemente de aquellos que han optado por dar poco o nada a la causa en sí.

La corresponsabilidad comienza con la persona en el espejo. Tú y yo somos responsables el uno con el otro, pero al final del día, el único que sabe el verdadero nivel de nuestra generosidad es Dios. A medida que esta Cuaresma se acerca a su fin, es hora de echar un buen vistazo al espejo. Es probable que tu no seas famoso, por lo que probablemente no habrá una multitud de personas que cuestionen el nivel de tu sacrificio, devoción y generosidad en esta Cuaresma. Por supuesto, Dios lo sabe y también esa persona que te mira en el espejo.

- Tracy Earl Welliver, MTS

14a rifa anual de Pascua

Ayudar a apoyar el Programa de Formación en la Fe de la Catedral. Premios: Nintendo Switch, placa de Nuestra Señora de Italia, Membresía GYM de un año, bicicletas para niños y niñas, Surtido de cestas, y más! Los boletos cuestan \$ 1.00 cada uno, disponibles en la tienda de regalos o la oficina de la hermana Jenny. El sorteo se llevará a cabo el domingo de la Divina Misericordia, 28 de abril de 2019.



40 DÍAS POR LA VIDA - 40 días de oración, vigilia y ayuno por el fin del aborto. Está invitado a pararse enfrente de la clínica de aborto FPA y orar pacíficamente con nosotros durante la vigilia de 40 días en el 2322 Butano Dr., Sacramento, y ayudar a pasar la voz sobre esta importante campaña por la vida. Estaremos presentes de lunes a viernes de 8:00am a 6:00pm. Para más información - y especialmente si le gustaría ayudar, por favor contacte a: Liliana Calderama al (916) 912-8256 o Veronica Aviña al (916) 205-0713 o también en 40daysforlife.com/sacramento.



Cathedral of the Blessed Sacrament

1017 11th Street, Sacramento, CA 95814

916-444-3071, Fax 916-443-2749 , cathedralsacramento.org

Rectory Office Hours — Monday to Friday, 9:00 am to 12:00 pm, 1:00 pm to 5:00 pm



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 Father Kieran McMahon, Priest in Residence
 Father Nicholas Ho, Chinese Mass
 Deacon John Gisla, Office Manager
 Deacon Don DeHaven
 Deacon Edgar Hilbert
 Deacon Omar Bardales
 Sister Jenny Aldeghe, Director of Education
 Michael Ognisty, Sacristan
 Rex Rallanka, Director of Music
 Tom Waddock, Cathedral Manager
 Carmen Perez, Secretary
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ROMAN CATHOLIC
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The Most Reverend **Jaime Soto**, D.D, M.S.W
 Bishop of Sacramento

2110 Broadway, Sacramento, CA 95818
 Office Hours: 8:30am - 4:30 pm
 Phone 916-733-0100, Fax 916-733-0195

scd.org

MASSES

Monday to Friday	12:10 pm
Monday to Thursday	5:10 pm
Saturday Vigil	5:00 pm
Sunday	7:30 am
	9:00 am
	11:00 am
	1:00 pm en Español
	3:00 pm Chinese
	5:00 pm
	7:00 pm en Español
State Holidays	12:10 pm only

SACRAMENT OF CONFESSION

Monday to Friday	11:30 am to 12:00 pm
Saturday	4:00 pm to 4:45 pm
Domingo en Español	12:30 pm a 12:45 pm
	6:30 pm a 7:00 pm

EUCCHARISTIC ADORATION

When attendants are available:

Wednesday	12:45 pm to 4:45 pm
Thursday	12:45 pm to 4:45 pm
Friday	12:45 pm to 3:45 pm

ANOINTING OF THE SICK - By appointment

BAPTISMS (Registration is required)
 English - 3rd Saturday of the month, 9:00am
 Español - 4º Sábado del mes, 9:00am

BAPTISM CLASSES (No registration required)
 English - 1st Thursday of the month, 7:00pm
 Español - 2do jueves del mes, 7:00pm

TOURS

Tours are free and are led by trained Docents after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours in Spanish are held the 1st & 3rd Sundays of the month after the 1pm Mass. Tours begin at the Baptismal Font. Contact 916-444-3071 to arrange free private group tours.

GIFT SHOP on the Lower Level

Sundays	9:00 am to 3:00 pm
Tuesdays	10:30 am to 12:00 pm

~Bulletin Ministry~

Editor: Lyssa Black Publisher: Liturgical Publications
 Advisor: Father Michael O'Reilly Chinese News: Kenneth Ng

Send submissions to cathedralsacramento@gmail.com nine calendar days before publication weekend. See calendar on cathedralsacramento.org for submission deadlines

April 7 2019 * 5th Sunday in Lent



CATHEDRAL MINISTRIES

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Benedictus Youth Group Victoria Ramos, benedictusy@gmail.com
Brown Bag Lunch Ministry Jerri Rush, jerrirush@comcast.net
Catechesis of the Good Shepherd for ages 3+, for information, visit youngsheep.org, or call 916-910-3435
Cathedral A.C.T.S. saccathedralacts.org
Cathedral Men's Group Bob Meyers, cynm1@yahoo.com
Cathedral Saint Vincent de Paul contact the rectory office
Cathedral Young Adults Titi Kila, cathedralya@gmail.com
Choir (English) Rex Rallanka, Music Director, rrallanka@cathedralsacramento.org
Choir (Spanish) Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after 7pm Mass.
Cinema Divina Movies Reggie King, Brian Perez, thecatholicstore@gmail.com
Communion & Liberation catechesis meets every Wednesday at 7:15pm in the Cathedral Lower Level.
Docents Jill Pease, peasejill@gmail.com
Email Prayer Chain Lynne Amerson, cbs1017pc@yahoo.com.
Extraordinary Ministers of Holy Communion Amy McCormick, amcmccormick@att.net
Festival of Trees and Lights Paula Trujillo, trupaula@gmail.com
Front Door Ministry ministries@cathedralsacramento.org
Greeters and Ushers Tom Waddock, 916-444-3071, x 36
Hospitality Celeste Gisla, jfgisla@surewest.net
Knights of Columbus Jaime Elizaldi, jaime.elizaldi@gmail.com
Lectors Fred Heacock, fheacock72@hotmail.com
Respect Life Ministry Veronica Avina, veronicaavina@yahoo.com
Rosary Club Lolita Urrutia, lolita.urrutia@gmail.com.
Spanish Parents Group Leaders Leticia Hilbert, leticia_hilbert@hotmail.com

To learn more about the ministries at the Cathedral, visit our website:

cathedralsacramento.org

CATHEDRAL PARISH STEWARDSHIP

Weekend	Total Offering	Percent of Goal
March 9/10	\$8,885	77%
March 16/17	\$10,055	87%
March 23/24	Not submitted	
March 30/31	Not submitted	
4-week Average:	\$	%

The Parish's weekly expenses exceed **\$20,000**. To maintain fiscal integrity, the weekend offertory needs to cover more than half of Parish expenses. The Finance Council has set a weekly offertory goal of **\$11,500**.

CATHEDRAL PARISH REGISTRATION & UPDATE

Actualización y registro de la parroquia de la Catedral
You can also register online at cathedralsacramento.org / Visit Us / Register as a Parishioner

Name (*Nombre*): _____
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 City (*Ciudad*): _____ State (*Estado*): _____ Zip (*Código postal*): _____
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For additional family members, please attach a separate sheet.
 Please indicate: Por favor indique:
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 Change of Address Cambio de Dirección
 Please send Offertory Envelopes Por favor envíe Sobres de Ofertorio

Please return by (Regrese por favor):

- Put into collection basket at mass
(deposite en la canasta de la colecta en misa)
- Scan to pdf file and email: blessed@cathedralsacramento.org
(escanear a pdf file y envía por correo electrónico)
- Fax to: 916-443-2749
- Mail to (correo): 1017 11th Street, Sacramento, CA 95814



RELIGIOUS EDUCATION PROGRAMS

The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A., for adults, teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program.

If you've been coming to Mass for a while, but are not Catholic, or were baptized Catholic but never completed your faith formation classes, we invite you to look deeper into the Catholic faith. Come meet some faithful Catholics who love the Lord and would consider it a privilege to get to know you. We invite you to learn what Catholics believe in an open and welcoming environment. The **Rite of Christian Initiation of Adults (RCIA)** sessions meet every Monday Evening at 7 PM in the lower level of the Cathedral. Feel free to come any Monday evening.



*Note: Adult Confirmation Class began March 21st
 You can still sign up*

For more information on all of our faith formation programs, please call **916-444-5364** or email Sister Jenny Aldeghi FDCC, Director of Religious Education, jenny@cathedralsacramento.org

MARRIAGE PREPARATION

The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Janet & Omar Bardales at matrimonyprep@att.net, or 916-427-9160, or Sister Jenny at 916-444-5364. You do not have to have your wedding at the Cathedral in order to take this class.

GET MARRIED AT THE CATHEDRAL

If you would like to celebrate the Sacrament of Matrimony at the Cathedral, download the Cathedral Wedding Guidelines and Reservation Form on the cathedral website. Contact the parish office at least *six months* before your desired wedding date to arrange a meeting with Wedding Coordinator, Titi Kila at tkila@cathedralsacramento.org.

HAVE YOUR MARRIAGE BLESSED IN THE CHURCH

If you would like to have your civil marriage blessed in the Catholic Church, please call or email Deacon John at the Cathedral Office to explore this possibility: 444-3071 Ext. 11; jgisla@cathedralsacramento.org. This can often be done in a small, private ceremony called a Convalidation, without any cost or fee. If you have been together for a number of years and would like to be married in the Church, this can also often be done in a small, private ceremony without any cost.

QUINCEAÑERA

This is the tradition of celebrating a young girl's coming of age on her 15th birthday with a Mass, and highlights the virtues of family and social responsibility, recognizing her journey from childhood to maturity. For more information on celebrating this beautiful tradition at the Cathedral, call Titi Kila, at 916-444-3071, or tkila@cathedralsacramento.org.

LITURGY OF THE WORD FOR CHILDREN

For ages 5 to 10 years old, at the 11:00 am Sunday Mass (Check calendar for dates). Children return to their families before the Offertory. For more information, contact the education office or Dorothy Corgiat at dlcorgiat@yahoo.com.



聖味增爵斐勒略 (四月五日)

主曆一三五零年，聖味增爵生於西班牙的法連西亞。幼年時，受到良好的家庭教育。父母教他虔敬耶穌和聖母瑪利亞，並委派他分施捐款給貧人，藉以養成他樂善好施的習慣。他們同時教味增爵每逢瞻禮四和瞻禮七守嚴齋，是項每星期守齋二次的習慣，味增爵終身奉行勿輟。

主曆一三六七年，味增爵入法連西亞的道明會修院。他在修院內，學業成績驚人，對神學尤有高深的造詣。年未滿廿歲，已在加大羅尼最著名的雷利達大學任哲學教授。調往巴賽隆納時，味增爵還是一位六品副祭，但照章已能公開講道。其時，巴賽隆納發生荒災，派往別處裝運糧食的船，恍如石沉大海，音訊全無。某日，味增爵在講道中，向信友預報，今晚糧船定將抵埠。事後，院長責他不應毫無根據，發表預言。不料當天晚上，糧船真的抵埠，居民欣喜若狂，湧往修院，向味增爵道賀，讚他有預知未來的神能。

主曆一四零一年至一四零三年間，味增爵周遊西班牙、義大利、瑞士、法蘭西等地。他的講道，以罪惡、死亡、地獄、死後宣判等四端道理為中心。他的講詞，警惕動人。有時聽眾驚慌過度，當場暈倒。有時聽眾感情衝動，嗚咽吁歎，至令聖人不得不暫時將講道中斷。

主曆一四一九年的苦難主日內瞻禮四，與世長辭，享壽七十歲。主曆一四五五年榮列聖品。

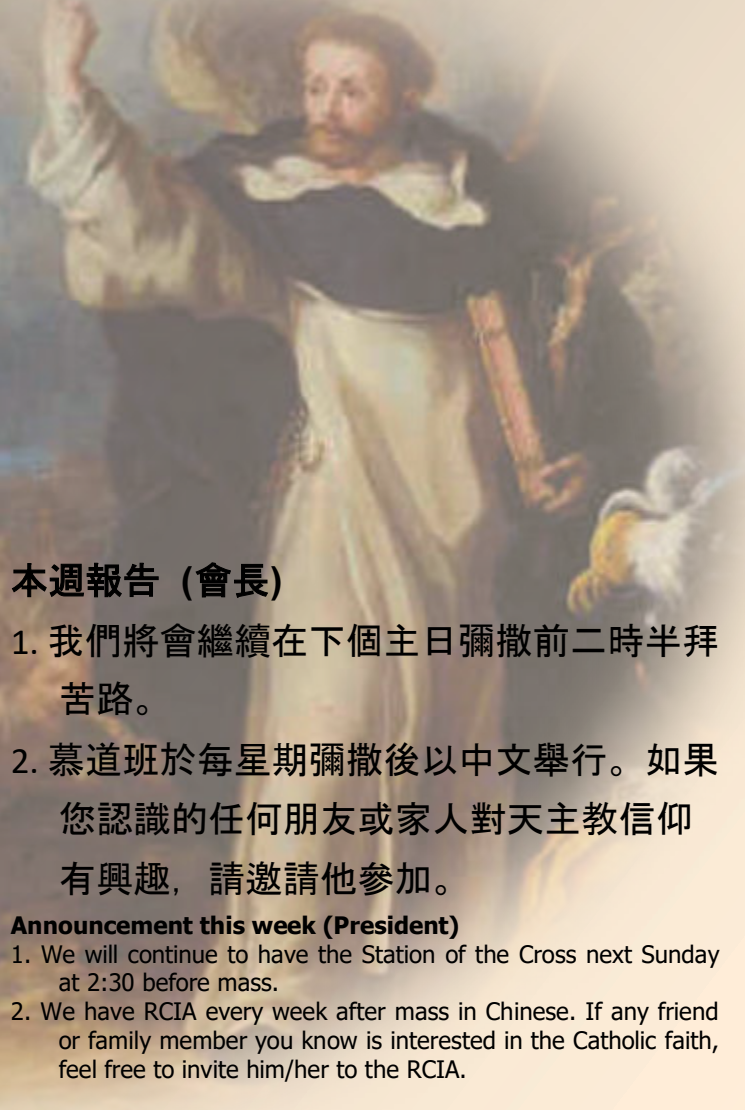
St. Vincent Ferrer (April 5)

In 1350, St. Vincent Ferrer was born in Valencia, Spain. At early age, he received good education from his family. His parents taught him to respect Jesus and the Virgin Mary, and appointed him to donate money to the poor to develop his habit of being kind. At the same time, they taught him to fast twice a week on Thursday and Sunday, and he has been following that forever.

In 1367, Vincent entered the Dominican Academy of France. In his seminary, he has an amazing academic record and a deep knowledge of theology. Under the age of one year, he has been a professor of philosophy at the most famous Roldida University. When transferred to Barcelona, Vincent was still a six-member parade, but he was able to speak publicly according to the chapter. At that time, there was a catastrophic disaster in Barcelona, and the ship that was sent to other places for food was like a sea of stones, and there was no news. One day, Vincent predicted to the believers that the grain ship will arrive in the evening when he was preaching. Afterwards, the Dean blamed him for not making unfounded prophecies. Unexpectedly, the grain ship really arrived in the evening, the residents were ecstatic, rushed to the monastery, and congratulated him, and praised him for knowing the future.

Vincent traveled around Spain, Italy, Switzerland, France and other places. His preaching is centered on the four principles of sin, death, hell, and judgment after death. His words made the crowd emotional. Sometimes the audience panicked and fainted on the spot. Sometimes the audience was emotionally impulsive, sobbing and sighing, so he had to temporarily stop the preaching.

In 1419, he was seriously ill and died on the Thursday during Passion of Christ. He was 70 years old. He was canonized in 1455.



本週報告 (會長)

1. 我們將會繼續在下個主日彌撒前二時半拜苦路。
2. 慕道班於每星期彌撒後以中文舉行。如果您認識的任何朋友或家人對天主教信仰有興趣，請邀請他參加。

Announcement this week (President)

1. We will continue to have the Station of the Cross next Sunday at 2:30 before mass.
2. We have RCIA every week after mass in Chinese. If any friend or family member you know is interested in the Catholic faith, feel free to invite him/her to the RCIA.



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