

July 21 2019 - 16th Sunday in Ordinary Time



Volume 19* Issue 29

Cathedral of the Blessed Sacrament

1019 11th Street, Sacramento, CA 95814 * 916-444-3071



Pastor's Corner

In chapter two of the Acts of the Apostles, it describes the early church as having all things in common, selling their possessions and distributing the proceeds to all as needed. I always smile to myself when I hear this description of the church. Imagine if everyone who called the Cathedral their parish were to sell their houses and possessions and give the proceeds to me to distribute as needed. What would I do with all that money? And what would I do with all those parishioners who no longer had a house to live in? There are communities of religious who live this way, owning nothing and having everything in common, but for the Church in our modern world, this just doesn't seem possible. Still, maybe if we sold off *some* of our possessions and gave the proceeds to the church, that would be nice.

Our beautiful Cathedral has much to offer as we are inspired by its grace and artistry in our worship experience. To maintain the Cathedral and its activities requires a staff of administrators, educators, liturgical leaders, and custodial care, each receiving a salary to allow them to pay for their own monthly expenses. We have four "staff" members who volunteer all their time without any salary and may God bless them for their generosity. Countless others behind the scenes help administrate, educate, assist in liturgy and clean without any financial gain, as well.

The Cathedral has the most up-to-date features, each of which requires maintenance and upgrades. Besides the usual electric, gas, water, and sewage, we have expensive fire inspections, elevator maintenance, downtown partnership dues and fees, and any number of other expenses. We also continue an active outreach program with our Cathedral Square Homeless Program as we attempt to respond to the needs of the poor while following Jesus' command to care for the least of our brothers and sisters.

I find great joy in giving what I can both with my abilities as a priest as well as my financial support to the continued great works of the Cathedral. I deeply understand that my time and money could not be spent on anything better than the needs of our Cathedral. In the future, the finance council will be providing further information in the bulletin about our finances. In the meantime, I ask you to pray for a greater financial response to the needs of the Cathedral as we try to live out the great example of peace and harmony that was exhibited in the early church. We pray, as well, that our financial treasure will always be used for the glory of God. (First published 07-15-18)

Fr. Michael

Cover Photo:

"Stained glass has been produced since ancient times. Both the Egyptians and the Romans excelled at the manufacture of small colored glass objects. Phoenicia was important in glass manufacture with its chief centers Sidon, Tyre and Antioch. The British Museum holds two of the finest Roman pieces, the Lycurgus Cup, which is a murky mustard color but glows purple-red to transmitted light, and the Portland vase which is midnight blue, with a carved white overlay.

Evidence of stained-glass windows in churches and monasteries in Britain can be found as early as the 7th century. The earliest known reference dates from 675 AD when Benedict Biscop imported workmen from France to glaze the windows of the monastery of St Peter which he was building at Monkwearmouth. Hundreds of pieces of colored glass and lead, dating back to the late 7th century, have been discovered here and at Jarrow.

During the late medieval period, glass factories were set up where there was a ready supply of silica, the essential material for glass manufacture. Silica requires a very high temperature to melt, something not all glass factories were able to achieve. Such materials as potash, soda, and lead can be added to lower the melting temperature. Other substances, such as lime, are added to rebuild the weakened network and make the glass more stable. Glass is colored by adding metallic oxide powders or finely divided metals while it is in a molten state. Copper oxides produce green or bluish green, cobalt makes deep blue, and gold produces wine red and violet glass. Much modern red glass is produced using copper, which is less expensive than gold and gives a brighter, more vermilion shade of red. Glass colored while in the clay pot in the furnace is known as pot metal glass, as opposed to flashed glass." (Wikipedia.org | Abridged)

~The cover picture is the corner of the window gifted by Virginia City to the Cathedral ~

How baseball can bring you closer to God

Theresa Civantos Barber | Aleteia.org

Pop quiz: How many priests are also baseball analysts? At least one: Father Humbert Kilanowski, OP, a professor at Providence College, recently joined the Society for American Baseball Research (SABR)—and his passion for baseball and numbers has become an important part of his ministry.

Kilanowski, who was ordained a priest for the Dominican Order in 2018, did not have a career in sports before the priesthood. Instead, he got his doctorate at The Ohio State University in Mathematics, specifically Applied Probability. When he came to Providence College to teach math and statistics, Kilanowski wanted a way to make the theoretical world of math applicable to his students. Years before, he had worked as the statistician for his high school's baseball team, and he had the idea to build on this previous work.

"When I was looking for a research project, I wanted to find something that would generate interest among the college students," Kilanowski said, "and we have a lot of baseball fans here."

Baseball, it turns out, has been a great way to find common ground with students on a college campus. In the fall, Kilanowski will teach a research course called "Sabermetrics: The Mathematical Analysis of Baseball."

Kilanowski's research has extended far beyond the classroom. Besides being a member of SABR, he is working this summer on a project for the Cape Cod League, a collegiate summer league where many Major League players got their start.

"The idea with the project is that we have this league where most players are about the same age and same ability," Kilanowski said, which allows for more clear-cut and standardized data. He is working on a formula for Wins Above Replacement (WAR), a statistic that summarizes how valuable a player is to his team—a project that could have big implications for Sabermetrics.

His project has spiritual implications too. Kilanowski has found that his passion for sports opens the door to connection and friendship, which in turn becomes an opportunity to witness to Christ.

"I often go to games in my Roman collar, and it opens the door to conversation," he said. "It makes people realize that a priest is not too detached from what's going on, but is able to be in the world, but not of the world."

Sports can also offer a relatable way to explain theological concepts: "I've been able to use examples from sports in my homilies," he said, "which appeals to a lot of people."

Baseball lends itself particularly well to these faith connections, thanks to its liturgical and contemplative nature. Kilanowski offers a fascinating theory of how watching the game can become a religious experience—a kind of theology of baseball.

"When we watch baseball, we step away from the hustle and bustle of the world and recollect ourselves for a bit," he said. "Our daily lives are so scheduled that we always have our eyes on the clock, but in baseball there is no clock. Watching the game enables us to think outside of time, which can lead us to contemplation of the eternal God."

Games have a meditative aspect compared to other sports, he said, "because the slower pace gives more time to think about what you're seeing."

It's not only an individual game that offers an opportunity to reflect on our faith. The baseball season as a whole lines up remarkably with the Church calendar and the cycle of seasons.

"Baseball is the most liturgical sport because of how the seasons line up. Spring training begins around Ash Wednesday, and Easter Sunday is close to Opening Day," Kilanowski said. "I like to say Lent is like spring training for the soul."

A few weeks into the season, when players are in peak form, echoes the feast of Pentecost, when the Holy Spirit strengthened the Apostles with His grace. Finally the baseball season ends with the World Series around All Souls' and All Saints' Days, as the year is dying away, he said.

Playing sports, not just watching them, is another opportunity for growing closer to God through hard work. Father Kilanowski referred to St. Paul's words: "Athletes exercise self-control in all things; they do it to receive a perishable wreath, but we an imperishable one" (1 Corinthians 9:25). He used that verse in a homily for the Providence College track team, for which he serves as chaplain.

"Any athletic competition gives us the opportunity to go outside ourselves and work for a common goal, for the common good," he said. "It raises the mind to God to glorify him with our bodies."

All the good things on God's earth offer an opportunity to glorify him, and as Father Kilanowski makes clear, the great sport of baseball is no exception. So the next time you're at the ballpark, take a moment to notice the contemplative aspects of the game, and to offer a prayer of thanks to the God who gives us warm summer nights, cold beer, and baseball.

"There is nothing better for a person than that he should eat and drink and find enjoyment in his toil. This also, I saw, is from the hand of God,"

~ Ecclesiastes 2:24 ~

16th Week in Ordinary Time

"There is need of only one thing. Mary has chosen the better part and it will not be taken from her." Luke 10:42

Date	Mass / Intentions / Events	
Saturday July 20	5:00 pm /	
Sunday July 21	7:30 am / 9:00 am/ Will Murti-Morales + 11:00 am/ Duque Family S.I. 1:00 pm (Spanish) / 3:00 pm (Chinese) 5:00 pm / People of the Parish 7:00 pm / Camilo Martinez S.I.	
Monday July 22	12:10 pm / Manuel Gomex + & Isabel Gomez + 5:10 pm / Ivy Juanita Martinez	
Tuesday July 23	12:10 pm / Rebecca Kane S.I. 5:10 pm / Lucretie Rigling S.I.	
Wednesday July 24	12:10 pm / Gerald Eugene Bledsoe + 5:10 pm /	
Thursday July 25	12:10 pm / Santiago Martinez Gutierrez + 5:10 pm / Maria I. Griffith +	
Friday July 26	12:10 pm / Jonathan Amatong S.I. Carlos Gomez +	Movie Night! 6:00 pm See page 5
Saturday July 27	5:00 pm / Mary Walker S.I.	



For the Special Intentions of:

Deacon Don DeHaven
Esther Valdez
Marina Speed
Abel
Mrs. Podnebesnaya
Carlos Corner Jr.
Mother Clara
Alexis Carlson Taylor
Lori and Son Michael
Katherine and Mother
Hazel
American Pastor
Rachelle Sanchez
Rebecca Guerra
Diane
Davis J
Miriam and Son
Rodolfo Martin
Nathan Derek Gomez
Phil
Ruiz Family
Zam Families
Marasigan Family and all S.I.
Ashley Family
Savannah Avila

For the Repose of the Soul of:

Ernesto Sta. Maria +
Elvira Harrison+
Dr. Alfred Le-Grand Sawyer+
Damien+

The word of God
is a light to the mind
and a fire to the will.

—St. Lawrence of Brindisi

Readings & Observances

Sunday: 16th Sunday in Ordinary Time

Gn 18:1-10a/Ps 15:2-3, 3-4, 5 [1a]/Col 1:24-28/Lk 10:38-42

Monday: St. Mary Magdalene

Sg 3:1-4b or 2 Cor 5:14-17/Ps 63:2, 3-4, 5-6, 8-9 [2]/Jn 20:1-2, 11-18

Tuesday: St. Bridget, Religious

Ex 14:21--15:1/Ex 15:8-9, 10 and 12, 17 [1b]/Mt 12:46-50

Wednesday: St. Charbel Makhlof, Priest

Ex 16:1-5, 9-15/Ps 78:18-19, 23-24, 25-26, 27-28 [24b]/Mt 13:1-9

Thursday: St. James, Apostle

2 Cor 4:7-15/Ps 126:1bc-2ab, 2cd-3, 4-5, 6 [5]/Mt 20:20-28

Friday: Sts. Joachim and Anne, Parents of the Blessed Virgin Mary

Ex 20:1-17/Ps 19:8, 9, 10, 11 [Jn 6:68c]/Mt 13:18-23

Saturday: Ex 24:3-8/Ps 50:1b-2, 5-6, 14-15 [14a]/Mt 13:24-30

Lay Mission Project—Apply Now for the next cohort!

Join other Catholics who seek to deepen their understanding of the faith and participate in Jesus' mission to the world in the ordinary circumstances of daily life. Whether you are a young adult, middle aged, or elderly, single or married, professional, retired, or a homemaker, the Lay Mission Project offers engaging formation that's accessible to the average busy layperson. Apply at <https://www.scd.org/family-and-faith-formation/lay-mission-project>.

Cinema Divina presents
"FOR GREATER GLORY"



In late 1920s, when the Mexican government enacts a series of anti-clerical laws, retired Gen. Gorostieta (Andy Garcia) is at first hesitant to join the Cristeros in a civil war, until he begins to see the cost of religious persecution on his countrymen. Though the odds are against him, the general nevertheless transforms a ragtag band of rebels into a formidable fighting force.

Friday, July 26th - Doors open at 6:00 pm, Movie starts at 6:30 pm

Catholic Viewpoint, Faith, Hope and Love, hosted by Fr. Michael Kiernan – Fr. Steve Avella returns as guest the week of July 21, to discuss the history of Catholics in the US and the West. You'll find all episodes on YouTube or view on Comcast channel 20, Consolidated. 19 and AT&T 14. Times: Sun. 7:00 AM, Tues. 9:30 AM, Weds. 8:30 PM, and Thurs. 5:00 PM.

Cathedral Stewardship

The Cathedral Parish is solely supported by weekly offertories and individual donations. It is a self-sustaining, non-profit organization and does not receive funding from any other sources, including the Sacramento Diocese or any of its parishes. The Cathedral's weekly expenses exceed **\$20,000**. To maintain fiscal integrity, the offertory every week needs to cover more than half of the expenses. The Finance Council has set a weekly offertory goal of **\$11,500**.

Weekend	Total Offering	% of Goal
June 22/23	\$8,008	69%
June 29/30	\$8,357	72%
July 06/07	\$8,237	71%
July 13/14	\$7,424	64%

Your support is greatly appreciated and vital to maintaining the Parish and its ministries to the poor and hungry, as well as maintaining this spiritual center and historically significant landmark. Thank you for your generosity!

MINISTRY DIRECTORY

Altarservers

Michael Ognisty, mfognisty@msn.com.

Benedictus Youth Group

Victoria Ramos, benedictusy@gmail.com

Brown Bag Lunch Ministry

Jerri Rush, jerrirush@comcast.net

Catechesis of the Good Shepherd for ages 3+, for information, visit youngsheep.org, or call 916-910-3435

Cathedral A.C.T.S. saccathedralacts.org

Cathedral Men's Group

Bob Meyers, cynm1@yahoo.com

Cathedral Saint Vincent de Paul contact the rectory office

Cathedral Young Adults

Titi Kila, cathedralya@gmail.com

Choir (English)

Rex Rallanka, Music Director, rrallanka@cathedralsacramento.org

Choir (Spanish)

Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after 7pm Mass.

Cinema Divina Movies

Reggie King, Brian Perez, thecatholicstore@gmail.com

Communion & Liberation

catechesis meets every Wednesday at 7:15pm

Docents

Jill Pease, peasejill@gmail.com

Email Prayer Chain

Lynne Amerson, cbs1017pc@yahoo.com.

Extraordinary Ministers of Holy Communion

Amy McCormick, ammccormick@att.net

Festival of Trees and Lights

Paula Trujillo, trupaula@gmail.com

Front Door Ministry

ministries@cathedralsacramento.org

Greeters and Ushers

Tom Waddock, 916-444-3071, x 36

Hospitality

Celeste Gisla, jfgisla@surewest.net

Knights of Columbus

Jaime Elizaldi, jaimel Elizaldi@gmail.com

Lectors

Fred Heacock, fheacock72@hotmail.com

Respect Life Ministry

Veronica Avina, veronicaavina@yahoo.com

Rosary Club

Lolita Urrutia, lolita.urrutia@gmail.com.

Spanish Parents Group Leaders

Leticia Hilbert, leticia_hilbert@hotmail.com

Read the Gospel and Color



Cathedral Kids

Sharing the Gospel - God created work for each of us to do, and it is important to do it. But Martha was upset because she forgot to stop and make time for Jesus. Mary had the right idea. She took a break from her work to listen to Jesus. Time with Jesus is precious, so we need to make time to rest and enjoy his love.

Prayer - Dear God, thank you for reminding me to stop and enjoy time with you.

Mission for the Week - Ask your family to join you in reading the Bible or praying at meal time.

Puzzle

Unscramble words from today's Gospel:

journey woman listening Martha chosen
 village Mary serving anxious better

- j n r e y o u j o u r n e y
- v a g e l l i _ _ _ _ _
- w a r n o _ _ _ _ _
- r a y M _ _ _ _ _
- l e n t s i n g i _ _ _ _ _
- s i g v e r n _ _ _ _ _
- h a r t M a _ _ _ _ _
- a x i n o s u _ _ _ _ _
- c e s h o n _ _ _ _ _
- b r e t e t _ _ _ _ _

Esquina del Pastor

En el capítulo dos de los Hechos de los Apóstoles, describe a la iglesia primitiva como teniendo todo en común, vendiendo sus posesiones y distribuyendo las ganancias a todos según sea necesario. Siempre sonrío para mí cuando escucho esta descripción de la iglesia. Imagínense si todos los que llamaban a la Catedral como su parroquia vendieran sus casas y posesiones y me dieran los beneficios para distribuirlos según fuera necesario. ¿Qué haría con todo ese dinero? ¿Y qué haría con todos esos feligreses que ya no tenían una casa para vivir? Hay comunidades de religiosos que viven de esta manera, no poseen nada y tienen todo en común, pero para la Iglesia en nuestro mundo moderno, esto simplemente no parece posible. Aún así, tal vez si vendiéramos algunas de nuestras posesiones y diésemos lo recaudado a la iglesia, sería bueno.

Nuestra hermosa Catedral tiene mucho que ofrecer, ya que estamos inspirados por su gracia y talento artístico en nuestra experiencia de adoración. Para mantener la Catedral y sus actividades se requiere un personal de administradores, educadores, líderes litúrgicos y cuidado de custodia, cada uno de los cuales recibe un salario que les permite pagar sus propios gastos mensuales. Tenemos cuatro miembros del "personal" que trabajan como voluntarios todo el tiempo sin ningún salario y que Dios los bendiga por su generosidad. Muchos otros detrás de las escenas ayudan a administrar, educar, ayudar en la liturgia y limpiar sin ningún beneficio financiero, también.

La Catedral tiene las características más actualizadas, cada una de las cuales requiere mantenimiento y actualizaciones. Además de la electricidad, el gas, el agua y las aguas residuales usuales, tenemos costosas inspecciones de incendios, mantenimiento de elevadores, tarifas y honorarios de sociedades en el centro de la ciudad y cualquier cantidad de otros gastos. También continuamos un programa de alcance activo con nuestro Programa para personas sin techo de Cathedral Square mientras intentamos responder a las necesidades de los pobres mientras seguimos el mandato de Jesús de cuidar a los más pequeños de nuestros hermanos y hermanas.

Encuentro una gran alegría en dar lo que puedo a ambos con mis habilidades como sacerdote, así como mi apoyo financiero para las grandes obras continuas de la Catedral. Entiendo profundamente que mi tiempo y dinero no podrían gastarse en nada mejor que las necesidades de nuestra Catedral. En el futuro, el consejo financiero proporcionará más información en el boletín sobre nuestras finanzas. Mientras tanto, les pido que oren por una mayor respuesta financiera a las necesidades de la Catedral mientras tratamos de vivir el gran ejemplo de paz y armonía que se exhibió en la iglesia primitiva. Oramos, también, para que nuestro tesoro financiero siempre se use para la gloria de Dios.

Padre Michael

Foto de cubierta

"Las vidrieras se han producido desde la antigüedad. Tanto los egipcios como los romanos se destacaron en la fabricación de pequeños objetos de vidrio de colores. Fenicia fue importante en la fabricación de vidrio con sus centros principales Sidón, Tiro y Antioquía. El Museo Británico tiene dos de las mejores piezas romanas, la Lycurgus Cup, que es de color mostaza turbia pero brilla de un rojo púrpura a la luz transmitida, y el jarrón de Portland, que es de color azul medianoche, con una capa blanca tallada.

Ya en el siglo séptimo se puede encontrar evidencia de vidrieras en iglesias y monasterios en Gran Bretaña. La primera referencia conocida data del 675 dC, cuando Benedict Biscop importó obreros de Francia para vidriar las ventanas del monasterio de San Pedro que estaba construyendo en Monkwearmouth. Cientos de piezas de vidrio coloreado y plomo, que datan de finales del siglo VII, se han descubierto aquí y en Jarrow.

Durante el período medieval tardío, se establecieron fábricas de vidrio donde había un suministro listo de sílice, el material

esencial para la fabricación de vidrio. La sílice requiere una temperatura muy alta para fundirse, algo que no todas las fábricas de vidrio pudieron lograr. Materiales como la potasa, la soda y el plomo se pueden agregar para bajar la temperatura de fusión. Otras sustancias, como la cal, se agregan para reconstruir la red debilitada y hacer que el vidrio sea más estable. El vidrio se colorea agregando polvos de óxido metálico o metales finamente divididos mientras se encuentra en estado fundido. Los óxidos de cobre producen verde o azul azulado, el cobalto produce un azul profundo y el oro produce un vino tinto y un vidrio violeta. Gran parte del vidrio rojo moderno se produce con cobre, que es menos costoso que el oro y le da un tono rojo más brillante y bermellón. Vidrio de color mientras que en la olla de barro en el horno se conoce como vidrio de metal de olla, en lugar de vidrio flasheado."(Wikipedia.org | Abreviado)

~ La foto de la portada es la esquina de la ventana regalada por Virginia City a la Catedral ~

LAS LECTURAS DE LA SEMANA DEL 21 DE JULIO DE 2019

Domingo: 16o Domingo del Tiempo Ordinario

Gn 18, 1-10/Sal 15, 2-3. 3-4. 5 [1]/Col 1, 24-28/Lc 10, 38-42

Lunes: Santa María Magdalena

Cant 3, 1-4 o 2 Co 5, 14-17/Sal 63, 2. 3-4. 5-6. 8-9 [2]/Jn 20, 1-2. 11-18

Martes: Santa Brígida, religiosa

Ex 14, 21--15, 1/Ex 15, 8-9. 10 y 12. 17 [1]/Mt 12, 46-50

Miércoles: San Chárbel Makhlof, sacerdote

Ex 16, 1-5. 9-15/Sal 78, 18-19. 23-24. 25-26. 27-28 [24]/Mt 13, 1-9

Jueves: San Santiago, apóstol

2 Co 4, 7-15/Sal 126, 1-2. 2-3. 4-5. 6 [5]/Mt 20, 20-28

Viernes: San Joaquín y Santa Ana, padres de la Santa Virgen María

Ex 20, 1-17/Sal 19, 8. 9. 10. 11 [Jn 6, 68]/Mt 13, 18-23

Sábado: Ex 24, 3-8/Sal 50, 1-2. 5-6. 14-15 [14]/Mt 13, 24-30

MEDITACIÓN EVANGÉLICO

La hospitalidad de la que tanto se habla en estos tiempos en la Iglesia de los Estados Unidos se manifiesta en la Liturgia de hoy. Decimos que las comunidades deben de trabajar en una hospitalidad radical para que los miembros de la comunidad se sientan bienvenidos y atraídos a las asambleas dominicales. Podemos reflexionar en dos caras de la hospitalidad: La primera de vista a Dios y la segunda de los que nos rodean y visitan. La hospitalidad debe ser parte esencial de cada cristiano, algo así como un estilo de vida cotidiano. En la Primera Lectura, Abraham se muestra hospitalario y atiende a sus tres visitantes con rapidez y alegría. No escatima en esfuerzo y trabajo. Es como una urgencia para quedar bien ante los visitantes. ¿Somos así de hospitalarios con los que nos visitan?

En el Evangelio donde Jesús visita a Martha y María, la hospitalidad parece dividida en dos partes. Una que atiende y se pierde en mil cosas por quedar bien ante el Señor Jesús al grado de reclamar por ayuda. "Señor, ¿no te importa que mi hermana me haya dejado sola para atender?". (Lucas 10:40). Y la otra que se sienta para escuchar y saborear la amistad y la intimidad del Señor. ¿Qué te parece? ¿A cuál de estas dos perteneces tú? Tradicionalmente se a interpretado que ambas son buenas, pero necesitan balance. Marta que se afana en la actividad y María en contemplar. La enseñanza de Jesús, sencillamente, es que lo primero es Escuchar la Palabra. Por eso Jesús

dice: "María ha elegido la mejor parte, que no le será quitada". (Lucas 10:42). ¿Cómo es mi encuentro con Cristo Jesús mi amigo?

VIVIR LA LITURGIA

Todos tenemos una cantidad tremenda de responsabilidad. Cada día presenta más desafíos y listas de cosas que necesitamos lograr. La vida, sin embargo, es algo más que "listas de tareas pendientes". La vida tiene más que ver con "quiénes somos" y cuán presentes estamos ante lo que está sucediendo a nuestro alrededor. Nuestra relación con Dios es igual. No se trata solo de hacer las cosas correctas o de aparecer en los lugares correctos, aunque estas son ciertamente importantes. Lo que es más importante es la calidad de nuestra presencia en la presencia de Dios. ¿Cuán atentos estamos a sus revelaciones de su presencia para nosotros? Si las exigencias de la vida, por muy nobles que sean, nos consumen demasiado, perderemos la oportunidad de ser sorprendidos por la presencia de Dios: en la creación, en el sacramento, en nuestros hermanos y hermanas y en nosotros mismos. Escucha atentamente la historia de Martha y María hoy.

Administración cathedral

La Parroquia de la Catedral es apoyada únicamente por ofertorios semanales y donaciones individuales. Es una organización autosuficiente, sin fines de lucro y no recibe fondos de ninguna otra fuente, incluida la Diócesis de Sacramento o cualquiera de sus parroquias.

Los gastos semanales de la Catedral superan los \$ 20,000. Para mantener la integridad fiscal, el ofertorio de cada semana debe cubrir más de la mitad de los gastos. El Consejo de Finanzas ha establecido una meta de ofrenda semanal de \$ 11,500.

Oferta	total de fin de semana	% de goles
22/23 de junio	\$ 8,008	69%
29/30 de junio	\$ 8,357	72%
6/7 de julio	\$ 8,237	71%
13/14 de julio	\$ 7,424	64%

Su apoyo es muy apreciado y vital para mantener a la parroquia y sus ministerios para los pobres y hambrientos, así como para mantener este centro espiritual y un hito de importancia histórica. ¡Gracias por su generosidad!

Invitación
EL RETIRO DE LAS MUJERES
agosto 15th - 18th, 2019
Presentado en oración por los feligreses de la iglesia católica St. Rose.

Se proporcionará transporte hasta y desde el centro del retiro en Applegate. Las dificultades financieras no deben ser un impedimento para que usted asista al retiro. Para más información, hable con las mujeres con las camisetas rojas de ACTS.

ACTS
Adoration - Community - Theology - Service
www.actsroseville.org
info@actsroseville.org
(916) 672 - ACTS (2287)

El retiro será completamente en español

615 Vine Avenue
Roseville, CA 95678

www.strosechurch.org
(916) 783-5211

Cathedral of the Blessed Sacrament

1017 11th Street, Sacramento, CA 95814

916-444-3071, Fax 916-443-2749 , cathedralsacramento.org

Rectory Office Hours — Monday to Friday, 9:00 am to 12:00 pm, 1:00 pm to 5:00 pm

MASSES

Monday to Friday	12:10 pm
Monday to Thursday	5:10 pm
Saturday Vigil	5:00 pm
Sunday	7:30 am
	9:00 am
	11:00 am
	1:00 pm en Español
	3:00 pm Chinese
	5:00 pm
	7:00 pm en Español
State Holidays	12:10 pm only

SACRAMENT OF CONFESSION

Monday to Friday	11:30 am to 12:00 pm
Saturday	4:00 pm to 4:45 pm
Domingo en Español	12:30 pm a 12:45 pm
	6:30 pm a 7:00 pm

EUCCHARISTIC ADORATION

When attendants are available:

Wednesday	12:45 pm to 4:45 pm
Thursday	12:45 pm to 4:45 pm
Friday	12:45 pm to 3:45 pm

ANOINTING OF THE SICK - By appointment only.

Call the rectory at 916-444-3071

BAPTISMS (Registration is required)

English - 3rd Saturday of the month, 9:00am
Español - 4º Sábado del mes, 9:00am

BAPTISM CLASSES (No registration required)

English - 1st Thursday of the month, 7:00pm
Español - 2do jueves del mes, 7:00pm

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#3 of 146 things to do in Sacramento

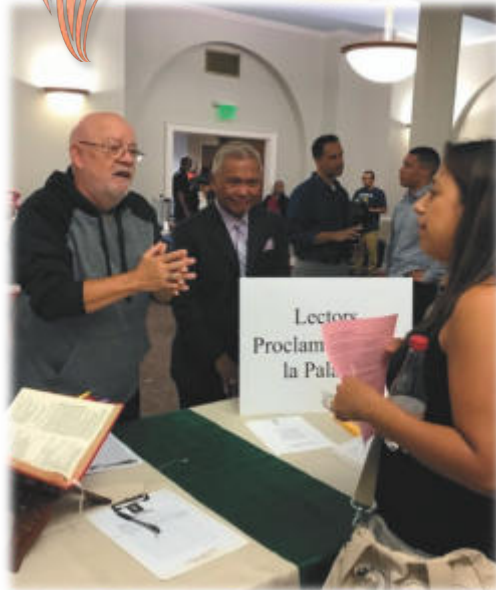


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Sundays 9:00 am to 3:00 pm
Tuesdays 10:30 am to 12:00 pm

RELIGIOUS EDUCATION PROGRAMS
The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A., for adults, teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program.

If you've been coming to Mass for a while, but are not Catholic, or were baptized Catholic but never completed your faith formation classes, we invite you to look deeper into the Catholic faith. Come meet some faithful Catholics who love the Lord and would consider it a privilege to get to know you. We invite you to learn what Catholics believe in an open and welcoming environment. The **Rite of Christian Initiation of Adults (RCIA)** sessions meet every Monday Evening at 7 PM in the lower level of the Cathedral. Feel free to come any Monday evening. For more information on all of our faith formation programs, please call **916-444-5364** or email Sister Jenny Aldeghi FDCC, Director of Religious Education, jenny@cathedralsacramento.org



MARRIAGE PREPARATION - The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Janet & Omar Bardales at matrimonyprep@att.net, or 916-427-9160, or Sister Jenny at 916-444-5364. You do not have to have your wedding at the Cathedral to take this class.

GET MARRIED AT THE CATHEDRAL - If you would like to celebrate the Sacrament of Matrimony at the Cathedral, Contact Wedding Coordinator, Titi Kila at tkila@cathedralsacramento.org. at least *six months* before your desired wedding date to arrange a meeting.

If you would like to have your **civil marriage** blessed in the Catholic Church, or if you have been together for a number of years and would like to be married in the Church, this can often be done in a small, private ceremony called a **Convalidation**, without any cost or fee. To explore this possibility, contact Deacon John 444-3071 Ext. 11; or at jgisla@cathedralsacramento.org.

A Lifetime Together Begins with a Day to Remember...



Chinese Community Column 華人團體專欄

我們一些教友於七月六日參加了汪中璋主教當了神職六十週年的慶祝和彌撒

Some of our parishioners participated in Bishop Chung Wang's 60th Sacerdotal Anniversary Celebration & Mass on July 6.



本週報告 (會長)

我們將於八月十七日在上午九點開始在Christ the King Retreat Center進行年度避靜。避靜的主題是「上主的居所」。每位的費用為四十元 (包括午餐)。有意參加避靜的教友，請在八月三日向Oliver或Gloria報名。

我們將於八月十七日晚上七點在海港海鮮酒家(5675 Freeport Blvd Sacramento, CA 95822) 會為何神父以及所有89歲或以上的教友們免費慶祝生日。費用是每位\$25 (13歲至88歲)，小童五歲至12歲每位\$12，五歲以下免費 (89歲或以上的教友與及小童五歲或以下是免費的)。有興趣的可以與Gloria或Oliver聯絡報名，請大家於報名時候付款

Announcement this week (President)

We will have our annual retreat on August 17 at Christ the King Retreat Center starting at 9am. The theme for the retreat is "The Lord's Dwelling Places." The fee is \$40 each person including lunch. Anyone interested can RSVP with Oliver or Gloria by August 3.

We will celebrate Father Ho's birthday and the birthdays of parishioners age 89 and over during the evening of August 17 at 7pm in Hong Kong Island Seafood Restaurant (5675 Freeport Blvd, Sacramento, CA 95822) The donation ticket is \$25 per person between the ages of 13 and 88 (free for parishioners age 89 and up), \$12 for each child 5 to 12 and fee for children under 5. Please contact Gloria or Oliver to sign up and pay when signing up.



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