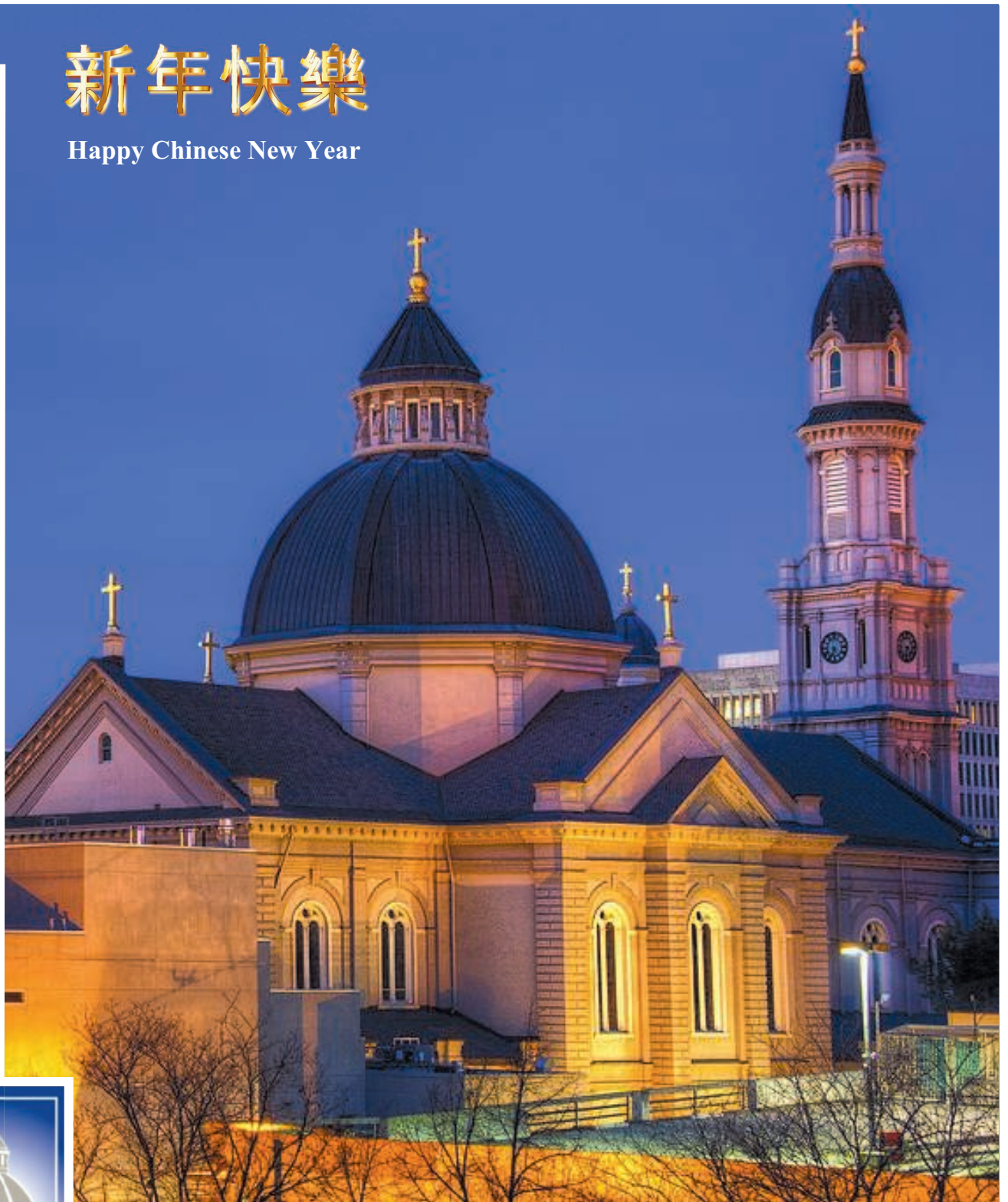


新年快樂

Happy Chinese New Year

Volume 18, Issue 5



Cathedral of the Blessed Sacrament

February 04 2018 * 5th Week in Ordinary Time

Readings

Sunday: Jb 7:1-4, 6-7/Ps
147:1-2, 3-4, 5-6 [cf. 3a]/1
Cor 9:16-19, 22-23/Mk 1:29-
39

04

Monday: 1 Kgs 8:1-7, 9-13/Ps
132:6-7, 8-10 [8a]/Mk 6:53-
56

05

Tuesday: 1 Kgs 8:22-23, 27-
30/Ps 84:3, 4, 5 and 10, 11
[2]/Mk 7:1-13

06

Wednesday: 1 Kgs 10:1-10/
Ps 37:5-6, 30-31, 39-40
[30a]/Mk 7:14-23

07

Thursday: 1 Kgs 11:4-13/Ps
106:3-4, 35-36, 37 and 40
[4a]/Mk 7:24-30

08

Friday: 1 Kgs 11:29-32;
12:19/Ps 81:10-11ab, 12-13,
14-15 [11a and 9a]/Mk 7:31-
37

09

Saturday: 1 Kgs 12:26-32;
13:33-34/Ps 106:6-7ab, 19-
20, 21-22 [4a]/Mk 8:1-10

10

Next Sunday: Lv 13:1-2, 44-
46/Ps 32:1-2, 5, 11 [7]/1 Cor
10:31--11:1/Mk 1:40-45

11

Pastor's Corner



Works of Charity

You don't have to live or worship in downtown in order to respond to our Savior's command to "sell all you have and give to the poor," but being downtown certainly gives greater meaning to His words. Here at the Cathedral, we can clearly see the needs of our poorer brothers and sisters. We may not be able to solve the problems that are at the root of poverty, but we can certainly help alleviate some of the symptoms. At the Cathedral, we have a long history of reaching out to our local homeless. I can remember assisting Sister Corita, a Sister of Charity, who met regularly with people in need. That was almost thirty-five years ago. Little did I realize that I would someday play a part in the future charitable works at the Cathedral.

Today the Cathedral has many areas that fall under the umbrella of social service ministry. The people who make up our worshipping congregation are, of course, our strongest asset in providing support for those in need. We remind ourselves that we are a people of welcome and empathy. Our care for our brothers and sisters in striving to love and respect each other is perhaps the greatest work of charity there is. We are reminded that love and charity go hand in hand.

As well, our church building provides comfort and hope to many who are in need, some of whom might be quite well-off. Many people are looking for a space to find the sacred. Our Cathedral gives rest for the weary. We can be challenged by this aspect of our ministry as we strive to keep our newly restored Cathedral looking beautiful and dignified. We, however, can never lose the perspective that the Church is the people and that the building was made for us and not us for the building. Hospitality is a core act of charity.

In addition to our simple presence here among the homeless, the Cathedral provides other more specific ministries to aid in the lives of the poor. Our Cathedral House is one of our longest running social service ministries. For over ten years, the house has been proving a place to live for our local homeless. It currently provides beds, meals and social support networks for up to ten people at a time. The city of Sacramento holds it up as an important model in helping the poor re-integrate into society. In addition, the Cathedral St. Vincent de Paul Society, which helps look after the house, also provides meals in the evening to those who are bedding down on the streets at night. During the colder months, they also bring sleeping bags, gloves, and socks. Other parish groups also aid in this ministry several evenings a week. Food is always important, and our brown bag program has been running for five years proving a sack lunch and a friendly face. As well, our front door ministry provides financial support to our local community who sometimes need assistance in paying utilities and other important necessities.

This is simply a quick view to see how our financial offerings and works of charity help build up our local downtown residents. Those who participate in the regular functioning of this charitable presence form important relationships with other volunteers as well as those they reach out to. Our social service ministries help all of us to understand more clearly the peace and freedom that only God can give.

Father Michael

Our **FAITH** is about **HOPE** and **CHARITY**



Pictures: This Christmas we had the "five days leading up to Christmas" and each BBL team hosted a daily Christmas celebration that included coffee, hot chocolate, cookies, pies, etc. We had a dad and his four kids bring Christmas gifts of socks, gloves, scarves. It really was a lot of fun. Bottom picture: Typical morning with our guests lining up for their lunch. 99 percent of the time everything is calm, peaceful and orderly. They come whether it's torrential rain, freezing cold, or horribly hot.

In 2017, this ministry distributed 20,000 lunches to our downtown brothers and sisters suffering from hunger. Twenty-five on-site volunteers distribute donated bagged lunches from Tuesday through Friday, 8:00 am to 9:00 am, to an average of 120 guests *every day*. For many of our guests, it is the only meal they will have all day long. Volunteers also offer whatever kind words and encouragement they can. And prayers are always available!

Volunteers that have worked with this ministry for quite awhile have learned what works best for the lunches. If you donate lunches to this ministry, please follow the guidelines carefully. A lunch should contain a non-perishable protein, such as tuna or chicken boxes, or Vienna sausages with a pop-top lid, an applesauce or fruit cup, chips or crackers containing peanut butter or cheese, cookies or a granola bar, and a 16 ounce bottle of water. Place the items in a paper bag with a napkin, and please do not staple the bag. Staples can scratch our guests. Writing an encouraging message on the bag is welcome. Please do not include sodas or perishable food items. Sadly, these items must be taken out and thrown away.

The continued generosity of parishioners and members of the community have helped to keep this ministry going for the last five years. All of this information is available on our website, cathedralsacramento.org/ministries. If you feel you would like to be a part of this vital ministry, please contact Jerri at jerrirush@comcast.net.

Brown Bag Lunch Ministry

"Kindness is medicine to the hurting." ~Wendy, BBL Guest~



BBL PATRONS

- Cathedral Parishioners - monthly
- St. Stephen's Church - twice monthly
- Holy Spirit Church - monthly
- Monthly Adopt-a-Day:
 - Taylor Family, Roseville
 - Smith Family, Sacramento
 - Holy Spirit Church, Sacramento
 - St. Francis High School
- 5 Junior and Senior Students have been donating lunches monthly for over a year. Although they receive credit for their community service project, they truly do it for their love of Christ and to help the homeless.

Special deliveries during the year from:

- St. Rose of Lima Church
- Sacred Heart Church
- St. Patrick Academy
- E 2 Church in Elk Grove
- Olson Family
- Pritchard Family
- Foster Family
- Jaycox Family

We receive one time and ongoing financial support from many generous donors.

The Brown Bag Lunch Ministry would like to extend our heart-felt gratitude and appreciation to all the amazing individuals, families, churches and organizations that provide us with lunches, food, time, financial gifts, prayers and love. This ministry wouldn't exist without you! You truly are Christ's voice and His touch to those that may not know him or might be feeling unloved.

~Jerri Rush, Coordinator~



The 2018 ANNUAL CATHOLIC APPEAL keeps the Jubilee Year of Mercy alive. Pope Francis encourages us to be 'The Heart of Mercy' through a culture of encounter. When we encounter Christ in the Word and in the Eucharist, we are nourished, and our relationship with Him is strengthened, so that we can go out into the world and encounter those around us. These individual encounters are "God moments," opportunities for us to bring Christ to others, to serve, and to acknowledge that they too are created in the image of God. (scd.org)

Next weekend, **February 10 and 11**, we will once again be given the opportunity to be Christ to others. How do we help a family that has suffered great loss? How do we help the homeless man or woman who is looking for a way out of poverty? How do we provide emotional support where it is needed most?



As Catholics in the Diocese of Sacramento, we have a way to help those truly in need. By making a generous donation to the Annual Catholic Appeal, you can live the Gospel message to help our brothers and sisters. Our parish receives 25% to serve our local ministry to others. The charitable works of the Church, whether in Catholic social service programs or parish-based outreach ministries, depend on all of us. Each of our gifts, no matter the amount, really does make a difference in someone's life. Please prayerfully consider what you can give. Our gift is the Heart of Mercy in Northern California.



Your gift brings Christ to others

40 DAYS, 40 WAYS: A NEW LOOK AT LENT

February 9, 2018 at Christ the King Retreat Center, 6520 Van Maren Lane, Citrus Heights, CA, 95621

In this talk, based on his best-selling book by the same name, Dr. Marcellino D'Ambrosio, aka "Dr. Italy" will introduce the audience to a brand-new Lent experience. After giving deeper insight into where Lent came from and what it means, the talk present positive, proactive ways to approach the season instead of the same old "giving something up." The result will be a spiritual transformation and a closer walk with Christ — not only during Lent but throughout the year.

6:00 am: Confession

6:30 am: Morning Mass

7:00 am: Breakfast / Networking

7:30 am: Talk by Dr. Italy



\$20 in advance, \$25 at the door. Visit sacatholicSATwork.org to register and for more information.

WE WALKED FOR LIFE! - Cathedral parishioners boarded chartered buses last Saturday and made their way to San Francisco for the annual Walk for Life march and rally. Some of the cathedral children sported red capes to be heroes for Christ, heroes for Life. Singing "Glory, glory, Halleluiah, the truth is marching on", hundreds of teens and twenty-somethings sang the Battle Hymn of the Republic as they led tens of thousands of pro-lifers along San Francisco's Market Street.



Founded in 2005 by a group of San Francisco Bay Area residents, the Walk



for Life West Coast's mission is to change the perceptions of a society that thinks abortion is an answer. For more details, and to view a powerful promo video for the walk that can be shared on social media, please visit: walkforlifewc.com.



Mass Intentions & Activities

Date	Mass / Intentions	Activities
Saturday February 3	5:00 pm / Alice Marie Doyle +	10:00am CCD classes
Sunday February 4	7:30 am / The People of the Parish 9:00 am / Hirtzel Family + 11:00 am*/ Father Martin Brusato + 1:00 pm Spanish / Guadalupe Alvarez+ 3:00 pm Chinese / 5:00 pm / Sister Jenny S.I. 7:00 pm Spanish / Ricardo Perez Valdez S.I. *Liturgy of the Word for Children	9:00am RCIA for Children & Teens 9:30am RCIA Breaking of the Word 11:00am CCD Spanish Classes Spanish Speaking Adult Education
Monday February 5	12:10 pm / Stephen Kim S.I. 5:10 pm / Souls in Purgatory	6:30pm RCIA Evening Prayer 7:00pm RCIA Class
Tuesday February 6	12:10 pm / Ramona Martinez S.I. 5:10 pm / Regina Fagan S.I.	6:00pm Spanish Choir for the 7pm Mass 7:00pm Teen Confirmation Class
Wednesday February 7	12:10 pm / John Watkins Sr. + 5:10 pm / Souls in Purgatory	7:15pm Spanish Choir for the 1pm Mass 7:15pm Communion & Liberation 7:15pm The Rosary Club
Thursday February 8	12:10 pm / Ramona Martinez S.I. 5:10 pm / Eugene Gisla +	7:00pm English Choir Rehearsal 7:00pm Bible Timeline
Friday February 9	12:10 pm / Jaime Ferreira Farao +	

To request a Special Intention, call the Rectory Office at 916-444-3071.

Please Remember in your Prayers

Carlos Palacios Family	Rosa Carrillo	Luis Gutierrez, Sr.
Haylee Flory & Family	Felix Nunez Claver	Cynthia Belarma
Alma Mosquera	Alvin Sul	Stephen and Julie
Luis Romo	Anyrani Gonzalez	Miles Jedlinsky Flanagan
Deacon Don DeHaven	Erin Nicole Tam	Louis Metzinger
Emma Valdez	Riley Hana	The Brown Family
Eugenia Roque	Lee McClure	Yenecia Gutierrez
Alfredo Rivera	Noah Anthony Hernandez	Dennis Studebaker S.I.
Adolfo Espinoza	Giang Tran	Lawrence Afamasanga
Raymundo Guerrero	Joel and Cesar	Vailoauta Lopa
Natalia Galan	Miguel and Family	Guy Cook
Solomon Galan	Michael Jose Mejia	Andrea
Tomasita Rodriguez	Luis Gutierrez, Jr.	Anastasia Main & Family

40 DAYS FOR LIFE: Come and help women who may be dealing with a crisis pregnancy and help save the lives of babies! Let us successfully live out the gospel of life! Opening Mass, celebrated by Father Art Wehr, is Monday, February 12 at 8:00 am, at St. Ignatius Loyola Catholic Church, 3235 Arden Way, Sacramento.

The sidewalk vigil begins Wednesday, February 14th at FPA Women's Health Clinic, 2322 Butano Drive, Sacramento, Monday to Friday, from 8am to 6pm. Sign up for hours at 40daysforlife.com/sacramento. Call Susan Money at 530-320-1614 or susanalive@gmail.com.

Cover Photo by Pedro Marengo

Cathedral Kids

 Read the Gospel and Color



©LPI

Sharing the Gospel - Think about how you get ready for a busy day. You eat a healthy breakfast. You wash up and brush your teeth. Then you get dressed and comb your hair. There's one more thing you could do to start your day off right. Pray. Find a quiet spot where you can be alone to talk to God. That's what Jesus did.

Prayer - "God, help me to start every day with you in prayer."

Mission for the Week - When you get home, choose a special quiet place where you can talk to God every morning. Tell your family about your special place. They may want to join you in spending quiet time to pray.

 Puzzle

Which piece of the puzzle is missing?



©LPI

Las Lecturas

Domingo: Job 7, 1-4. 6-7/Sal 147, 1-2. 3-4. 5-6 [cfr. 3]/1 Cor 9, 16-19. 22-23/Mc 1, 29-39

04

Lunes: 1 Re 8, 1-7. 9-13/Sal 132, 6-7. 8-10 [8]/Mc 6, 53-56

05

Martes: 1 Re 8, 22-23. 27-30/Sal 84, 3. 4. 5 y 10. 11 [2]/Mc 7, 1-13

06

Miércoles: 1 Re 10, 1-10/Sal 37, 5-6. 30-31. 39-40 [30]/Mc 7, 14-23

07

Jueves: 1 Re 11, 4-13/Sal 106, 3-4. 35-36. 37 y 40 [4]/Mc 7, 24-30

08

Viernes: 1 Re 11, 29-32; 12, 19/Sal 81, 10-11. 12-13. 14-15 [11 y 9]/Mc 7, 31-37

09

Sábado: 1 Re 12, 26-32; 13, 33-34/Sal 106, 6-7. 19-20. 21-22 [4]/Mc 8, 1-10

10

Domingo siguiente: Lv 13, 1-2. 44-46/Sal 32, 1-2. 5. 11 [7]/1 Cor 10, 31--11, 1/Mc 1, 40-45

11

Esquina del Pastor

Obras de caridad



No tiene que vivir o rendir culto en el centro de la ciudad para responder al mandamiento de nuestro Salvador de "vender todo lo que tiene y darlo a los pobres", pero estar en el centro ciertamente le da más significado a Sus palabras. Aquí en la Catedral, podemos ver claramente las necesidades de nuestros hermanos y hermanas más pobres. Es posible que no podamos resolver los problemas que están en la raíz de la pobreza, pero ciertamente podemos ayudar a aliviar algunos de los síntomas. En la Catedral, tenemos una larga historia de llegar a nuestros vagabundos locales. Recuerdo haber ayudado a la Hermana Corita, una Hermana de la Caridad, que se reunía regularmente con personas necesitadas. Eso fue hace casi treinta y cinco años. Poco me di cuenta de que algún día desempeñaría un papel en las futuras obras de caridad en la Catedral.

Hoy la Catedral tiene muchas áreas que caen bajo el paraguas del ministerio de servicio social. Las personas que conforman nuestra congregación de culto son, por supuesto, nuestro activo más valioso para brindar apoyo a quienes lo necesitan. Nos recordamos a nosotros mismos que somos personas de acogida y empatía. Nuestro cuidado por nuestros hermanos y hermanas en el esfuerzo por amarnos y respetarnos unos a otros es quizás la mejor obra de caridad que existe. Se nos recuerda que el amor y la caridad van de la mano.

Además, nuestro edificio de la iglesia brinda consuelo y esperanza a muchos que lo necesitan, algunos de los cuales podrían ser bastante acomodados. Mucha gente está buscando un espacio para encontrar lo sagrado. Nuestra Catedral da descanso a los cansados. Podemos ser desafiados por este aspecto de nuestro ministerio mientras nos esforzamos por mantener hermosa y digna nuestra catedral recién restaurada. Sin embargo, nunca podemos perder la perspectiva de que la Iglesia es la gente y que el edificio fue hecho para nosotros y no para el edificio. La hospitalidad es un acto central de caridad.

Además de nuestra presencia simple aquí entre las personas sin hogar, la Catedral ofrece otros ministerios más específicos para ayudar en las vidas de los pobres. Nuestra Casa de la Catedral es uno de nuestros ministerios de servicio social más antiguos. Durante más de diez años, la casa ha demostrado ser un lugar para vivir para nuestros vagabundos locales. Actualmente proporciona camas, comidas y redes de apoyo social para hasta diez personas a la vez. La ciudad de Sacramento lo considera un modelo importante para ayudar a los pobres a reintegrarse en la sociedad. Además, la Sociedad de la Catedral de San Vicente de Paúl, que ayuda a cuidar la casa, también ofrece comidas por la noche a aquellos que se acuestan en las calles durante la noche. Durante los meses más fríos, también traen bolsas de dormir, guantes y calcetines. Otros grupos parroquiales también ayudan en este ministerio varias noches a la semana. La comida siempre es importante, y nuestro programa de bolsas cafés ha estado en funcionamiento durante cinco años demostrando un almuerzo de bolsa y una cara amable. Además, nuestro ministerio de la puerta de entrada proporciona apoyo financiero a nuestra comunidad local, que a veces necesita ayuda para pagar los servicios públicos y otras necesidades importantes.

Esto es simplemente una vista rápida para ver cómo nuestras ofertas financieras y obras de caridad ayudan a construir a nuestros residentes locales del centro. Aquellos que participan en el funcionamiento regular de esta presencia caritativa forman relaciones importantes con otros voluntarios, así como con aquellos a quienes se dirigen. Nuestros ministerios de servicio social nos ayudan a todos a comprender más claramente la paz y la libertad que solo Dios puede dar.

Padre Micheal

VIVIR LA LITURGIA - INSPIRACIÓN DE LA SEMANA

Cuando sufrimos, podemos pensar que hemos sido abandonados por Dios o también podemos pensar que hemos hecho algo para decepcionarlo y que estamos pagando las consecuencias. Nuestro sufrimiento no es la culpa de Dios. La realidad sobre el sufrimiento y la muerte es mucho más complicado que esto y hasta está lleno de misterio. Cuando Dios predicaba el Evangelio, era evidente que el sufrimiento tenía un sentido más profundo y siempre estaba acompañado por vida nueva. Se requiere la fe para entender este misterio. El Evangelio nos trae nueva vida en esta y en la vida eterna. ¡Esto verdaderamente es buena noticia! Cuando alguien que cree en Dios entiende esta buena noticia, se llena de pasión para predicar este mensaje sanador y dador de vida.

Le gustaría ayudarnos a dar el tour de la Catedral?

Si usted está interesado en aprender a dar el tour en español y ser guía voluntario por favor comuníquese con Leticia al leticia_hilbert@hotmail.com (subject line: TOUR).



POT LUCK DEL AMOR Y LA AMISTAD sábado, 10 de febrero

Venga y participe del "Pot luck" de los ministerios hispanos para celebrar nuestra amor y amistad fraternal entre parroquianos de Catedral. Todos somos miembros de un sólo cuerpo que es el de Cristo. Para más información sobre que platillo traer por favor comuníquese con Enrique al 916 281 4588. Estamos planeando cuidado de niños. Si usted quiere ayudar a organizar por favor comuníquese con Carmen al 916 283 1922.

MEDITACIÓN EVANGÉLICO - ALENTAR ENTENDIMIENTO MÁS PROFUNDO DE LA ESCRITURA

¡Tómame Señor de la mano y levántame! Te necesito, cúrame de mis enfermedades y dolencias, deja que me apiñe dentro de tu corazón. Que a partir de hoy sea yo una persona aliviada, y liberada, y así, poder luchar contigo en las adversidades de la vida. Que sea portavoz de la Buena Nueva, que luche contra todo tipo de mal, tanto físico como espiritual. Que el paso por la vida sea como el tuyo---hacer el bien--- que lo que toco ya no sea igual, que se transforme en misericordia. "Y todo lo hago por el Evangelio, porque quiero tener también mi parte de él." (1 Corintios 9:23). San Pablo, es un ejemplo a seguir en su desbordante actividad misionera. Desde su camino en Damasco él se sintió atrapado por Cristo. Proclamó el amor, compasión y misericordia de Dios dada en Cristo para todo el mundo, sin dejar nada para el mismo. En el Evangelio Jesús sanó a la suegra de Pedro con un acto muy personal. "Jesús se acercó y, tomándola de la mano, la levanto. Se le quito la fiebre y se puso a atenderlos. (Marcos 1:31). ¿Cuántas veces nos ha tomado Jesús de la mano para sanarnos? ¿De qué forma hemos servido a los demás después de sanar? Antes y ahora, la gente acude a Jesús para mostrarle sus necesidades, cualquiera que sean. Una enfermedad, un accidente, un divorcio, o falta de trabajo. También se acude a Él, para agradecer sus bendiciones. La respuesta a este Evangelio es dar testimonio con nuestra vida de lo que Jesús ha hecho con nosotros y por el mundo entero. ¡Amén!

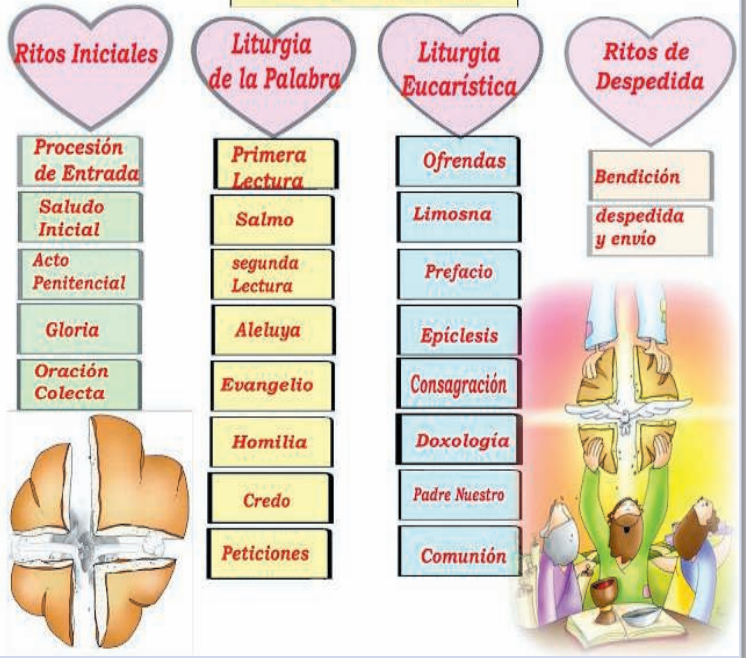
LA CORRESPONSABILIDAD DIARIA - RECONOCER A DIOS EN LOS MOMENTOS ORDINARIOS

A veces uno se siente como si estuviera viviendo la vida de Job, como si todo va mal en un solo momento. Cada ser humano se encuentra en un valle de soledad de vez en cuando. Como uno llega allí no es tan importante de cómo uno va a salir.

Como discípulos, estamos llamados a dar gracias por todas cosas - grandes o pequeñas. Es más fácil ser agradecido por las cosas obvias como su familia, su salud, y su misma vida, más que darse cuenta de los regalos ordinarios de la vida. Cuando uno cultiva un sentido de asombro y agradecimiento por las cositas de la vida, se encuentra más fuerte en momentos de dificultad. Imagínese una vida sin las cosas sencillas como su ropa, la calidez, el agua, o sus muebles. Hay gente en este mundo que anhelan todas esas cosas que damos por hecho. Dios se las ha dado a usted por su beneficio y para que usted las comparta con los demás.

Antes de que la cuaresma comience en unas semanas, tome el tiempo para crear una lista de 10 cosas que típicamente toma dadas por hecho. Deje esa lista a su alcance y quizás agregue otras cosas de vez en cuando. Cuando se sienta abrumado o se le haga difícil su vida, saque su lista y permita que el agradecimiento lo levante y lo saque de su situación difícil para que pueda preocuparse por hacer el trabajo de su Padre de nuevo.

Partes de la Misa



Diócesis de Sacramento

ENCUENTRO HISPANO

\$10 incluye el almuerzo

24 de Febrero 2018 · 8:30am - 5:00pm

Se abren las puertas a las 8:30 a.m. con Café y Pan

Parroquia Santo Rosario Centro Comunitario
575 California Street, Woodland, CA 95695

Se darán a conocer los resultados del V Encuentro Diocesano y Necesitamos tu Opinión

Reflexionaremos el Documento Preparatorio para el Sínodo de Jóvenes, Octubre 2018

"Los jóvenes, la fe y el Discernimiento vocacional"

Compartiremos experiencias, alegrías, comida pero sobre todo la *Fe, Esperanza y el Amor*



Ven a ser una voz clara para tu comunidad en la Pastoral Hispana y discernir con el *Señor Obispo Jaime Soto* "cómo acompañar a los jóvenes para que reconozcan y acojan la llamada al amor y a la vida en plenitud".

Para inscribirse, favor de llamar a Julia Jimenez al 916-733-0177 o enviar correo a jjimenez@sacd.org (Nos ayuda a planeer adecuadamente).



" The Cathedral is for everyone." ~Bishop Patrick Manogue, 1886~

Cathedral of the Blessed Sacrament

1017 11th Street, Sacramento, CA 95814
916-444-3071, Fax 916-443-2749 , blessed@cathedralsacramento.org
Rectory Office Hours — Monday to Friday, 9:00 am to 5:00 pm



PASTORAL AND ADMINISTRATIVE STAFF

Father Michael O'Reilly, Rector
Father Kieran McMahon, Priest in Residence
Father Nicholas Ho, Chinese Mass
Deacon John Gisla, Office Manager
Deacon Don DeHaven
Deacon Edgar Hilbert
Sister Jenny Aldeghi, Director of Education
Michael Ognisty, Sacristan
Rex Rallanka, Director of Music
Tom Waddock, Cathedral Manager
Carmen Perez, Secretary
Katie McAllister, Bookkeeper
Tit Kila, Wedding Coordinator
Lyssa Black, Webmaster/Bulletin Editor

RELIGIOUS EDUCATION PROGRAM

The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A for teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program. For information on all of these programs, contact Sister Jenny and her staff at jenny@cathedralsacramento.org, or 916-444-5364

Liturgy of the Word for Children, ages 5 to 10 years old, every Sunday at the 11:00 am Mass. This program provides children with age appropriate explanations of the Sunday readings and gives parents with young children an opportunity to focus on the Scripture readings and the homily without distractions. Children return to their families before the Offertory. For more information, contact the education office or Dorothy Corgiat at dlcorgiat@yahoo.com.

SCHEDULE OF MASSES

Monday to Friday	12:10 pm
Monday to Thursday	5:10 pm
Saturday Vigil	5:00 pm
Sunday	7:30 am
	9:00 am
	11:00 am
	1:00 pm en Español
	3:00 pm Chinese
	5:00 pm
	7:00 pm en Español
State Holidays	12:10 pm only

SACRAMENT OF CONFESSION

Monday to Friday	11:30 am to 12:00 pm
Saturday	4:00 pm to 4:45 pm
Domingo en Español	12:30 pm a 12:45 pm
	6:30 pm a 7:00 pm

EUCCHARISTIC ADORATION

When attendants are available:

Wednesday	12:45 pm to 4:45 pm
Thursday	12:45 pm to 4:45 pm
Friday	12:45 pm to 3:45 pm

ANOINTING OF THE SICK - By appointment

BAPTISMS (Registration is required)

English - 3rd Saturday of the month, 9:00am
Español - 4º Sábado del mes, 9:00am

BAPTISM CLASSES

English - 1st Thursday of the month, 7:00pm
Español - 2do jueves del mes, 7:00pm

TOURS

Tours are free and are led by trained Docents after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours in Spanish are held the 1st & 3rd Sundays of the month after the 1pm Mass. Tours begin at the Baptismal Font. Contact the rectory office at 916-444-3071 to arrange free private group tours.

GIFT SHOP on the Lower Level

Sundays 9:00 am to 3:00 pm
Mondays 10:30 am to 12:00pm



ROMAN CATHOLIC
DIocese OF SACRAMENTO
DIÓCESIS CATÓLICA ROMANA DE SACRAMENTO

The Most Reverend
Jaime Soto, D.D., M.S.W.
Bishop of Sacramento

The Most Reverend
Myron Cotta
Auxiliary Bishop of Sacramento

View the Sacramento Bishop's Corner, which is sent via the Catholic Legislative Network to all subscribers in the Diocese of Sacramento who sign up at www.scd.org/joincn

2110 Broadway, Sacramento, CA 95818
Office Hours: 8:30am - 4:30 pm
Phone 916-733-0100, Fax 916-733-0195

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JOIN A CATHEDRAL MINISTRY

Altarservers contact Michael Ognisty at mfognisty@msn.com.

Benedictus Youth Group contact Victoria Ramos at 916-444-3071, or benedictusy@gmail.com.

Brown Bag Lunch Program — If you would like to donate lunches, go to cathedralsacramento.org/ministries for information, or to volunteer, please contact Jerri at jerrirush@comcast.com.

Catechesis of the Good Shephard information, visit www.youngsheep.org, or call 916-910-3435.

Cathedral ACTS Missions contact actscathedralsacto@gmail.com for more information. 2018 Retreats are Men's Retreat February 1-4 (St. Rose of Lima, Roseville), Women's Retreat June 21-24 (Cathedral of the Blessed Sacrament), Women's Retreat August 16-19 (St. Rose of Lima, Roseville), Men's Retreat November 15-18 (Cathedral of the Blessed Sacrament).

Cathedral House Program - Administered by volunteers of the St. Vincent de Paul Society.

Cathedral Men's Group meets the 2nd Tuesday of every month at 7:15 pm, Lower Level. Contact Bob Meyers at cynm1@yahoo.com.

Cathedral Young Adults contact Titi Kila at cathedralya@gmail.com.

Choir (English) contact Rex Rallanka, Music Director at rrallanka@cathedralsacramento.org or 916-444-3071, x 38.

Choir (Spanish) contact Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after the 7pm Mass.

Communion & Liberation catechesis meets every Wednesday at 7:15pm in the Cathedral Lower Level.

Email Prayer Chain submit your email address, and you will be notified when prayers are needed by those who have made a special request, contact Joan Jedlinsky at cbsprayer3@yahoo.com.

Extraordinary Ministers of Holy Communion contact Amy McCormick at ammccormick@att.net, or 916-801-3967.

Front Door Ministry contact ministries@cathedralsacramento.org for information about volunteering or donations.

Greeters and Ushers contact Parish Manager, Tom Waddock at 916-444-3071, x 36.

Knights of Columbus, Cathedral Chapter contact the rectory office.

Lectors contact Fred Heacock at fheacock72@hotmail.com.

Respect Life Ministry contact Linda Walters, English Coordinator at 916-524-5885, or Patricia Davila, Spanish Coordinator at 916-502-4854, or email Veronicaavina@yahoo.com for meeting times and other information.

Rosary Club (Rosary Beads and instructions are provided) meets every 1st & 3rd Wednesday of each month at 7:15 pm. You don't need to sign up, just show up. For more information, contact Lolita Urrutia at loli-ta.urrutia@gmail.com.

Saint Vincent de Paul, Cathedral Chapter contact the rectory office.

Spanish Parents Group Leaders meets every Sunday, contact Leticia Hilbert at leticia_hilbert@hotmail.com.

To learn more about the ministries at the Cathedral visit our website, cathedralsacramento.org.

GET MARRIED AT THE CATHEDRAL

If you would like to celebrate the Sacrament of Matrimony at the Cathedral, download the Cathedral Wedding Guidelines and Reservation Form on the cathedral website. Contact the parish office at least *six months* before your desired wedding date to arrange a meeting with Wedding Coordinator, Titi Kila, at the Cathedral Office, 916-444-3071, x13, tkila@cathedralsacramento.org.

MARRIAGE PREPARATION

The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Janet & Omar Bardales at **matrimonyprep@att.net**, or 916-427-9160, or Sister Jenny at 916-444-5364. You do not have to have your wedding at the Cathedral in order to take this class.

QUINCEAÑERA

This is the tradition of celebrating a young girl's coming of age on her 15th birthday with a Mass, and highlights the virtues of family and social responsibility, recognizing her journey from childhood to maturity. For more information on celebrating this beautiful tradition at the Cathedral, call Titi Kila, at the Cathedral Office, 916-444-3071, x13, tkila@cathedralsacramento.org.

CATHEDRAL PARISH REGISTRATION & UPDATE

Actualización y registro de la parroquia de la Catedral

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For additional family members, please attach a separate sheet.

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- 1) Put into collection basket at mass (deposite en la canasta de la colecta en misa)
- 2) Scan to pdf file and email to: blessed@cathedralsacramento.org (escanear a pdf file y envía por correo electrónico)
- 3) Fax to: 916-443-2749
- 4) Mail to (correo): 1017 11th Street, Sacramento, CA 95814





Chinese Community News 華人團體消息



舞獅 Lion Dance



神父祈禱 Prayer by Fr. Ho



義工分發午餐 Volunteers serving lunch



跆拳道 Taekwondo



本週報告 (會長)

1) 我們團體將於二月四日星期日舉行新春祭祖彌撒及晚宴。晚宴是在當日晚上六時在海港酒家 (5675 Freeport Blvd, CA 95822) 舉行，費用為二十五元，5至12歲小童為十元。請大家邀請你們的親戚和朋友參加這個彌撒和晚宴。參加晚宴的人請向Ken或Gloria報名。

2) 我們團體將於二月十日星期六在Hiram Johnson 高中 (6879 14th Avenue, CA 95820) 參加華人文化聯歡會。我們將會在這個聯歡會擺設攤位去傳揚我們的團體和信仰，時間是上午十時半至下午四時半。有興趣幫忙擺攤位的人請向我聯絡。其他的朋友也歡迎參觀我們的攤位。

Announcement this week (President)

Our Community is going to have Chinese New Year Mass on Sunday, February 4. The dinner is going to be in Hong Kong Islander (5675 Freeport Blvd, CA 95822) at 6pm. The donation ticket is \$25, and the ticket for children at age of 5 to 12 is \$10. Feel free to invite your friends or family to these events. For those interested in participating in the dinner, please RSVP with Ken or Gloria.

Our Community is going to participate in CNYCA at Hiram Johnson High School (6879 14th Avenue, CA 95820) on Saturday, Feb 10. We will have a booth to promote our community and faith. The time is from 10:30 am to 4:30pm. For those interested in volunteering for the booth, please contact Ken. Others are welcome to visit our booth.



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