

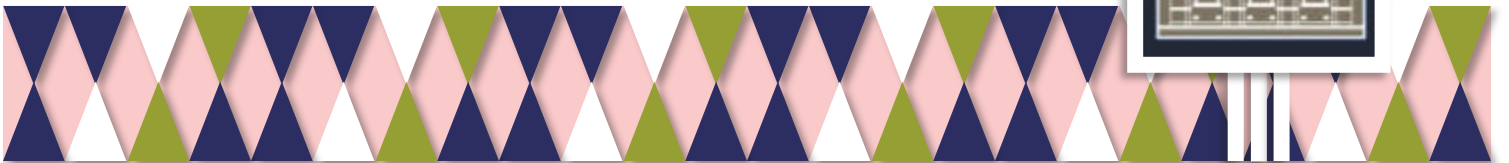
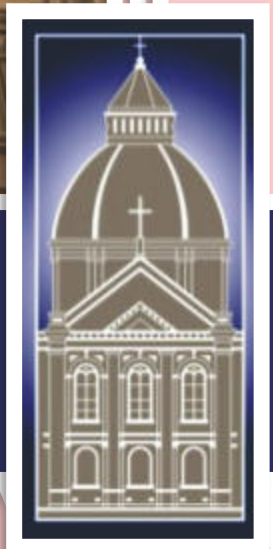
June 23 2019 - The Most Holy Body and Blood of Christ



Volume 19\* Issue 25

# Cathedral of the Blessed Sacrament

1019 11th Street, Sacramento, CA 95814 \* 916-444-3071



# Pastor's Corner



Today we celebrate the Solemnity of the Most Holy Body and Blood of Christ. This is really *our* celebration here at the Cathedral since we are the Cathedral of the Blessed Sacrament. Today we appreciate in a special way the great gift of the Eucharist in our lives. We process through the streets and reveal to the world the beauty of our God who gives us life. For Catholics, it's pretty basic stuff, even if the concept, bread and wine being changed into the Body

and Blood of Christ, is difficult to fully comprehend. For the world, this gift is hardly understood and, even for many Catholics, our belief in this miracle is often weak and uninspiring. We created humans still hold onto the myth that unless it comes from our power, it can't be real or true. Fortunately for us, God's presence doesn't depend on us or our half-hearted faith. The gift of His Body and Blood offered to us is as true and real as ever, whether we accept that gift or not.

Today we also welcome back those women who have been on the Cathedral ACTS retreat since Thursday. We pray that they have also had a deep experience of the Body and Blood of Christ. They may not realize that their witness to discerning God's presence in their lives is an important part of the growth of the entire Church. Please welcome these sisters back with a warm embrace.

Finally, we must always see the connection of this Solemnity in relation to our own calling as the Church, the Body of Christ. Everything we celebrate at Mass, God's love, God's healing, God's reconciliation, God's peace, is meant to be reflected in His Body, us. The challenge for us worshippers is to always move from selfish reasons in wanting to know God to self-giving ones. So many of us still approach God and faith with a "what's in it for me" attitude, when the message of Jesus is always the opposite. We pray that today we might truly believe that in order to receive the greatness of this gift we offer ourselves as the Body and Blood of Christ for others.

Father Michael



## With Gratitude and Thanks

The Cathedral Brown Bag Lunch Ministry (BBL) has been blessed to provide tens of thousands of lunches to our downtown homeless brothers and sisters over the past five years. This would not have been possible if not for our BBL volunteers and you, our fellow parishioners.

Your generous donations of food, financial contributions and support mean more to the BBL than words can express. We appreciate all that you have done, and continue to do, for the BBL and pray that you will accept this note of thanks as a token of our sincere gratitude for your kindness.

Many blessings to you and your families!

# This June, let's spread the image of Christ's love

Tom Hoopes | Aleteia.org

## Let's bless the internet by spreading the image of the Sacred Heart far and wide.

A friend of mine had a great idea: We should all post pictures of the Sacred Heart online this June.

After all, "I will bless every place in which an image of my heart is exposed and honored," Jesus promised St. Margaret Mary Aloquoque.

"Every place."

Might the internet itself be blessed if we share more images of his heart, exposed and honored?

## Recent popes (and Mother Teresa) called the Sacred Heart *the* expression of faith for precisely our times.

The same year Aldous Huxley's *A Brave New World* was published, Pope Pius XI called the Sacred heart "the extraordinary remedy for the extraordinary needs of our times."

The year *after* Steve Jobs, Bill Gates and Kris Jenner were born, Pius XII said, "Devotion to the Most Sacred Heart of Jesus is so important" that it should not be "set aside as inferior to others." Pope Paul VI called the Sacred Heart devotion "the most efficacious means to contribute to that spiritual and moral renewal of the world called for by the Second Vatican Council."

A broken, hungry, lost world needs the Sacred Heart more than ever.

"Do not let the past disturb you, just leave everything in the Sacred Heart and begin again with joy," said Mother Teresa.

Pope Francis stressed, "The month of June is traditionally dedicated to the Sacred Heart of Jesus, the greatest human expression of divine love ... the ultimate symbol of God's mercy."

## After all, a picture is worth a 1,000 words.

I have heard many stories from people who either disliked or were perplexed by the Sacred Heart for years but who ended up being changed, moved, and improved, by the image — precisely because it is so odd, perhaps.

We are often evangelized without words. The crucifix shows us God's love for humanity better than a great homily. The Madonna and child tell us more than books on Christology and Mariology. The Sacred Heart tells a story, too.

First, it tells us, in this technological age, that God is not just

cosmic intelligence but that, in Jesus, he has a heart.

Second, the burning, wounded heart of the God man tells us that holiness only comes through suffering.

Third, when God offers his heart, he is inviting us to offer ours, as well.

Fourth, by showing us a vision of what sin looks like in eternity — the wounded heart of God — it invites us to make reparation.

## The internet needs the Sacred Heart because it needs much better images of love.

Too often, the images of love we see online are either sexually suggestive on the one hand, or sentimental and silly on the other. They unconsciously teach us that love is about us, delivering either sexual or emotional titillation.

Think of the Sacred Heart as God's own corrective. It is as naked as it can be, but it goes deep underneath the surface, to show who Jesus is. And it improves two popular emojis: Think of the wounded heart as a "real love" emoji and its flaming cross a "true passion" emoji.

## The Sacred Heart is also the ultimate display of an unabashed Catholic identity.

Human beings need to wear uniforms and fly flags.

It isn't enough for us to like a sports team, we need the T-shirt. We love being Americans, but we thrill to the idea when we see stars and stripes. And more of us go to Mass on Ash Wednesday, which isn't a holy day of obligation, than on the Immaculate Conception, which is.

We can overdo displays of our identity, obviously. We can substitute the external sign for the internal reality, or we can make our faith showy and off-putting.

Some of us do that. But I think more of us do the opposite: We downplay who we are because either we fear offending people (which might just mean we are personally a little ashamed) or because we consider our religion to be merely private.

Celebrating the Sacred Heart online is a good balance between the two, I think. On the one hand, it is the most generic of Christian messages imaginable: "Jesus loves you." On the other hand, it is the most radical Catholic image we have: A human heart circled with thorns.

It's hard to embrace it unless you mean it, and your identity is unmistakable if you show it.

## So, let's bless the internet by spreading the image of the Sacred Heart far and wide.

This June, be proud of your faith and celebrate God's love, which always wins the day.



# Cathedral Kids

 Read the Gospel and Color



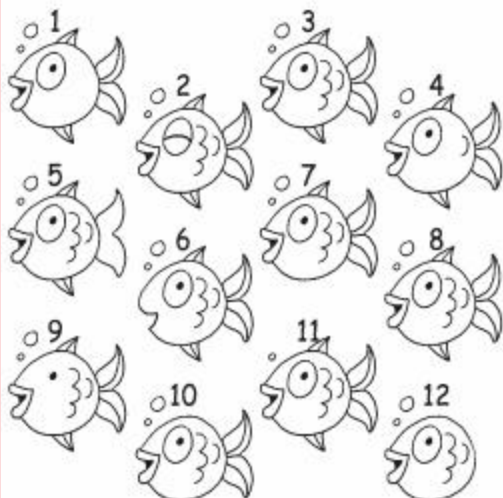
**Sharing the Gospel** - Jesus told his friends to give a whole crowd of people something to eat. All they had was a little fish and bread. How could they possibly feed all those people with so little food? God gave them what they needed to help other people. When you want to help other people, trust God to give you what you need.

**Prayer** - Dear God, with your power I can really help other people.

**Mission for the Week** - If God has blessed your family with plenty of food to eat, make sure you also give food to people who are hungry.

## Puzzle

Find the identical fish!



4

ANSWER IS NUMBER THREE AND NUMBER EIGHT

# Corpus Christi

## Oppose Bill SB360 Targeting "Seal of Confession"

From Bishop Soto: "The State Legislature is attempting to limit the freedom of Catholic laity to approach with confidence the Sacrament of Penance. The government has no understanding what the sacrament means for Catholics. The priest's duty to protect the seal of the confession is for the benefit of the penitent. Urge your State Senator to vote 'no' on SB 360 to protect the seal of confession." Go to [cqcengage.com/catholic](http://cqcengage.com/catholic) to send a message to your state legislator, or [scd.org](http://scd.org) for more information.

*Cinema Divina presents:*

## "LILIES OF THE FIELD"

June 28, 2019 ~ 6:00 pm in Mercy Hall

Cinema Divina opens their summer movie night series with "Lilies of the Field," starring Sidney Poitier in his Academy Award winning performance as traveling African-American handyman Homer Smith, when he stops by a farm in rural Arizona and is welcomed by a group of Roman Catholic nuns who have emigrated from Germany. Realizing that the farm needs a lot of work, Homer takes on a number of repair projects for the women, who are led by the headstrong Mother Maria (Lilia Skala).



Hosted by Fr. Michael Kiernan – guest for the week of June 23 is Fr. Steve Avella and June 30 is Christine Watkins! You'll find all 56 previous episodes on YouTube or view on Comcast channel 20, Consolidated 19 and AT&T 14. Times: Sun. 7:30 AM, Tues. 9:30 AM, Weds. 8:30 PM, and Thurs. 5:00 PM

## From Sr. Libby Fernandez, RSM, Director, Mercy Pedalers:

Just a year and a half since we launched Mercy Pedalers, I am proud to say that we are over 75 pedalers strong and counting! This means that we are able to bring more refreshment, comfort and kindness to people living on the streets in Sacramento.



I'm writing today because I need your help. With more pedalers, we need more supplies than ever. As the scorching summer heat approaches, the needs of our homeless brothers and sisters have never been greater. We will need to purchase bottled water, nutrition bars, first aid items and more to help meet the basic needs of the families, men and women without a place to live.

**Will you make a generous gift today to help us fill our bike bags with survival essentials this summer?**



Your compassionate generosity will help us offer warmth and kindness to those most in need and break down barriers that prevent them from accessing resources to make it off the streets. Every gift is truly appreciated. You are making a difference! Please make your check payable to Mercy Pedalers at Mercy Foundation: 3400 Data Dr., Rancho Cordova, CA 95670



They all ate and were satisfied.

And when the leftover fragments were picked up,  
they filled twelve wicker baskets. ~ Luke 9:17 ~

Date	Mass/Intentions
Saturday June 22	5:00 pm / Gonzalo J. Chavez S.I. Doris Perez S.I.
Sunday June 23	<b>Corpus Christi</b>  7:30 am / Tino Ramirez S.I. 9:00 am/ Souls in Purgatory 11:00 am/ Jessie Luna + Serrano Family S.I. 1:00 pm (Spanish) / Guadalupe Farias S.I. 3:00 pm (Chinese) 5:00 pm /Divine Mercy Bible Study Grp S.I. 7:00 pm / People of the Parish
Monday June 24	12:10 pm / Juana Rallanka + 5:10 pm / Doris Perez S.I.
Tuesday June 25	12:10 pm / Maria Tanya Trang Diem Doan + 5:10 pm / Lucia Serrano S.I.
Wednesday June 26	12:10 pm / Catherine Maloney S.I. 5:10 pm / Doris Perez S.I.
Thursday June 27	12:10 pm / Matteo Martinelli S.I. 5:10 pm / Doris Perez S.I.
Friday June 28	12:10 pm / Andres & Marie Navares +
Saturday June 29	5:00 pm / Gonzalo Vega Galvan S.I.

## Prayer Corner

Please remember  
in your prayers...

### For the Special Intentions of:

Deacon Don DeHaven  
Jack DeWitt  
Alfred Granzella  
Jessica Carlson  
Alexis Carlson  
Familia Vega Galvan  
Gloria Garcia  
Kayla  
Judy Gordon  
Galina Caraus  
Olympia Varzaru  
De Souza Family  
Gbaguidi Family  
Elie Family  
Maggie  
Barbara Eversult  
Harold Bussell  
Jill Donovan  
USAF Brig Gen (retired) Robert M.  
Leonor Perez & Jose Perez  
Michelle

### For the Repose of the Soul of:

Damien Avoce +  
Bishop Frances Quinn +  
Teodorico Tayaba +  
Gisele Mensah +  
Jimmy Jaimes +  
Patricia and Andrew Vargas +

## Readings & Observances

Sunday: The Most Holy Body and Blood of Christ

Gn 14:18-20/Ps 110:1, 2, 3, 4 [4b]/1 Cor 11:23-26/Lk 9:11b-17

Monday: The Nativity of St. John the Baptist

Is 49:1-6/Ps 139:1b-3, 13-14ab, 14-15 [14]/Acts 13:22-26/Lk 1:57-66, 80

Tuesday: Gn 13:2, 5-18/Ps 15:2-3a, 3bc-4ab, 5 [1b]/Mt 7:6, 12-14

Wednesday: Gn 15:1-12, 17-18/Ps 105:1-2, 3-4, 6-7, 8-9 [8a]/Mt 7:15-20

Thursday: St. Cyril of Alexandria, Bishop & Doctor of the Church

Gn 16:1-12, 15-16 or 16:6b-12, 15-16/Ps 106:1b-2, 3-4a, 4b-5 [1b]/Mt 7:21-29

Friday: The Most Sacred Heart of Jesus

Ez 34:11-16/Ps 23:1-3a, 3b-4, 5, 6 [1]/Rom 5:5b-11/Lk 15:3-7

Saturday: Sts. Peter and Paul, Apostles

Acts 12:1-11/Ps 34:2-3, 4-5, 6-7, 8-9 [5]/2 Tm 4:6-8, 17-18/Mt 16:13-19

The cup of blessing that  
we bless, is it not a  
sharing in the blood of  
Christ? The bread that we  
break, is it not a sharing in  
the body of Christ?

~1 Corinthians 10:16~

# Esquina del Pastor



Hoy celebramos la solemnidad del Santísimo Cuerpo y Sangre de Cristo. Esta es realmente nuestra celebración aquí en la Catedral, ya que somos la Catedral del Santísimo Sacramento. Hoy apreciamos de manera especial el gran don de la Eucaristía en nuestras vidas. Procesamos por las calles y revelamos al mundo la belleza de nuestro Dios que nos da vida. Para los Católicos, es algo bastante básico, incluso si el concepto, el pan y el vino cambiados en el

Cuerpo y la Sangre de Cristo, es difícil de comprender por completo. Para el mundo, este regalo apenas se comprende y, incluso para muchos Católicos, nuestra creencia en este milagro a menudo es débil y poco inspiradora. Creamos que los seres humanos seguimos manteniendo el mito de que, a menos que provenga de nuestro poder, no puede ser real o verdadero. Afortunadamente para nosotros, la presencia de Dios no depende de nosotros ni de nuestra fe a medias. El don de Su Cuerpo y Sangre que se nos ofrece es tan verdadero y real como siempre, ya sea que aceptemos ese don o no.

Hoy también damos la bienvenida a las mujeres que han estado en el retiro ACTS de la catedral desde el jueves. Oramos para que ellos también hayan tenido una experiencia profunda del Cuerpo y la Sangre de Cristo. Es posible que no se den cuenta de que el testimonio de discernir la presencia de Dios en sus vidas es una parte importante del crecimiento de toda la Iglesia. Por favor denle la bienvenida a estas hermanas con un cálido abrazo.

Finalmente, siempre debemos ver la conexión de esta solemnidad en relación con nuestro propio llamado como la Iglesia, el Cuerpo de Cristo. Todo lo que celebramos en la misa, el amor de Dios, la sanidad de Dios, la reconciliación de Dios, la paz de Dios, debe reflejarse en Su Cuerpo, nosotros. El desafío para nosotros, los adoradores, es siempre movernos de las razones egoístas al querer conocer a Dios y darnos uno mismo. Muchos de nosotros todavía nos acercamos a Dios y a la fe con una actitud de "qué hay para mí", cuando el mensaje de Jesús es siempre el opuesto. Oramos para que hoy podamos creer verdaderamente que para recibir la grandeza de este regalo nos ofrecemos como el Cuerpo y la Sangre de Cristo para los demás.

Padre Michael



## Con gratitud y gracias.

El Ministerio de Almuerzos de Cathedral Brown Bag (BBL) ha sido bendecido al proporcionar decenas de miles de almuerzos a nuestros hermanos y hermanas sin hogar en el centro de la ciudad durante los últimos cinco años. Esto no hubiera sido posible si no fuera por nuestros voluntarios de BBL y usted, nuestros feligreses feligreses.

Sus generosas donaciones de alimentos, contribuciones financieras y apoyo significan más para la BBL de lo que las palabras pueden expresar. Apreciamos todo lo que ha hecho y continuamos haciendo por la BBL y oramos para que acepte esta nota de agradecimiento como una muestra de nuestra sincera gratitud por su amabilidad.

¡Muchas bendiciones para ti y tus familias!



### LAS LECTURAS DE LA SEMANA DEL 23 DE JUNIO DE 2019

- Domingo:** El Santísimo Cuerpo y la Sangre de Cristo  
Gn 14, 18-20/Sal 110, 1. 2. 3. 4 [4]/1 Co 11, 23-26/  
Lc 9, 11-17
- Lunes:** La Natividad de San Juan Bautista  
Is 49, 1-6/Sal 139, 1-3. 13-14. 14-15 [14]/Hch 13, 22-26/  
Lc 1, 57-66. 80
- Martes:** Gn 13, 2. 5-18/Sal 15, 2-3. 3-4. 5 [1]/Mt 7, 6. 12-14
- Miércoles:** Gn 15, 1-12. 17-18/Sal 105, 1-2. 3-4. 6-7. 8-9 [8]/  
Mt 7, 15-20
- Jueves:** San Cirilo de Alejandría, obispo y doctor de la Iglesia  
Gn 16, 1-12. 15-16 o 16, 6-12. 15-16/Sal 106, 1-2. 3-4.  
4-5 [1]/Mt 7, 21-29
- Viernes:** El Sagrado Corazón de Jesús  
Ez 34, 11-16/Sal 23, 1-3. 3-4. 5. 6 [1]/Rom 5, 5-11/  
Lc 15, 3-7
- Sábado:** San Pedro y San Pablo, apóstoles  
Hch 12, 1-11/Sal 34, 2-3. 4-5. 6-7. 8-9 [5]/2 Tim 4,  
6-8. 17-18/Mt 16, 13-19

### MEDITACIÓN EVANGÉLICO

Nos dice el Evangelio: "Hagan sentar a la gente en grupos de cincuenta". Así lo hicieron los discípulos, y todos se sentaron. "Jesús entonces tomó los cinco panes y los dos pescados, levantó los ojos al cielo, pronunció la bendición, los partió y se los entregó a sus discípulos para que los distribuyeran a la gente. Todos comieron hasta saciarse. Después se recogieron los pedazos que habían sobrado, y llenaron doce canastos". (Lucas 9:15-17). Esta es una hermosa historia que debe ser contada una y otra vez de generación en generación, como una gran nueva de liberación y sanación para toda la humanidad. Hablar del Cuerpo y Sangre de Cristo trae consigo una gran responsabilidad de agradecimiento y renovación. Nadie que toma el Cuerpo y la Sangre de Cristo en la Eucaristía

puede seguir siendo la misma persona.

¿Quién podría seguir viviendo de la misma manera si acude a la Eucaristía? Comulgar exige cambios, retos y compromisos; Compromisos de apoyo y solidaridad para los que tienen hambre, para los que no tienen voz. Sobre todo, un cristiano seguidor de Jesucristo debe de aprender a ser feliz, a sonreír y tener esperanza en un mundo mejor. Su lema diario debe ser justicia, perdón y amor. La Eucaristía lleva todo esto y aun va más allá; compromiso de ser otro Cristo para los demás. En el Evangelio, Jesús es muy generoso, da de comer hasta saciarse, ofrece el Reino de Dios y muestra una forma nueva de vivir. Ojalá que el pan compartido en cada Eucaristía sirva para que cese la violencia en nuestras fronteras, ya sean físicas o fronteras del corazón.

### VIVIR LA LITURGIA

¿Cómo podemos tener éxito en amar verdaderamente a Dios y al prójimo y abrazar completamente la vida del Evangelio? Lograr esta meta sin una conexión íntima con Cristo, es imposible. La Eucaristía, el Cuerpo y la Sangre de Cristo, nos conecta con Dios de una manera única e íntima. Su propia vida y presencia está desposada con la nuestra. Al ser perdonados y alimentados, se nos da la fuerza y la convicción para retomar nuestras vidas heridas y rotas y ser heraldos vivos de Buenas Nuevas. Nuestro mundo está roto y necesita testigos auténticos y vivos para devolverlo a la verdad. Alimentado por el Cuerpo y la Sangre de Cristo, ¿estás listo para ser enviado?

### LA CORRESPONSABILIDAD DIARIA

Cuando era niño, recuerdo haber pasado por mi parroquia u otra iglesia católica local para pasar un tiempo en oración ante El Santísimo. No teníamos mucha exposición y adoración en esos días, pero estábamos muy conscientes de la presencia de Jesús en el tabernáculo. A veces miraba la vela encendida que estaba cerca y sabía que Jesús estaba vivo.

Nunca antes había escuchado a alguien hablar sobre una forma de vida de corresponsabilidad. Si soy honesto, el mensaje principal que escuché en esos días era el siguiente: "Necesitamos ser lo mejor que podamos". El sacrificio se realizaba solo en la Cuaresma, los discípulos eran personas en la Biblia y la generosidad tenía que ver es su mayoría con la cesta de la colecta y la caja de los pobres en la entrada de la iglesia. ¡Incluso fui a escuelas católicas!

Tal vez el mensaje de corresponsabilidad estaba en algún lugar empaquetado de manera diferente y simplemente lo pase desapercibido. No fue hasta que fui un adulto, y después de obtener dos títulos de teología, que entendí con mi cabeza y mi corazón lo que realmente significaba una forma de vida de corresponsabilidad. Pero miro hacia atrás en esos días, y me doy cuenta de que las bases estaban establecidas para que yo entendiera estas cosas. Fue en esos momentos ante El Santísimo que comencé a comprender el verdadero sacrificio. Fue en esos momentos que comencé a comprender cómo las acciones y realidades que parecen tan simples para el ojo humano pueden ser tan profundas. Y fue en esos momentos cuando comencé a ver que el verdadero amor no tiene límites.

-Tracy Earl Welliver, MTS





# Cathedral of the Blessed Sacrament

1017 11th Street, Sacramento, CA 95814

**916-444-3071**, Fax 916-443-2749 , [cathedralsacramento.org](http://cathedralsacramento.org)

Rectory Office Hours — Monday to Friday, 9:00 am to 12:00 pm, 1:00 pm to 5:00 pm



June 23 2019 \* The Most Holy Body and Blood of Christ

## PASTORAL AND ADMINISTRATIVE STAFF

Father Michael O'Reilly, Rector  
 Father Kieran McMahon, Priest in Residence  
 Father Nicholas Ho, Chinese Mass  
 Deacon John Gisla, Office Manager  
 Deacon Don DeHaven  
 Deacon Edgar Hilbert  
 Deacon Omar Bardales  
 Sister Jenny Aldeghi, Director of Education  
 Michael Ognisty, Sacristan  
 Rex Rallanka, Director of Music  
 Tom Waddock, Cathedral Manager  
 Carmen Perez, Secretary  
 Katie McAllister, Bookkeeper  
 Titi Kila, Wedding Coordinator

## PARISH PASTORAL COUNCIL

Peggy Oakden, Chairperson  
 Eileen Dunn                      Russell Almaraz  
 Jose Solis                         Paty Davila  
 Jeff Weiss                         Ellis Chan  
 Esteban Arellano                Thulie Fletcher  
 Joey Martinez

## FINANCE COUNCIL

Robert Ingenito, Chairperson    Michael Pease  
 Janet Bardales                      Gerardo Davila  
 Steve Harrold                        Angela Lai

## MASSES

Monday to Friday                    12:10 pm  
 Monday to Thursday                5:10 pm  
 Saturday Vigil                        5:00 pm  
 Sunday                                 7:30 am  
     9:00 am  
     11:00 am  
     1:00 pm en Español  
     3:00 pm Chinese  
     5:00 pm  
     7:00 pm en Español  
 State Holidays                        12:10 pm only

## SACRAMENT OF CONFESSION

Monday to Friday                    11:30 am to 12:00 pm  
 Saturday                                4:00 pm to 4:45 pm  
 Domingo en Español                12:30 pm a 12:45 pm  
     6:30 pm a 7:00 pm

## EUCHARISTIC ADORATION

When attendants are available:  
 Wednesday                         12:45 pm to 4:45 pm  
 Thursday                              12:45 pm to 4:45 pm  
 Friday                                 12:45 pm to 3:45 pm

**ANOINTING OF THE SICK** - By appointment only. Call the rectory at 916-444-3071

**BAPTISMS** (Registration is required)  
 English - 3rd Saturday of the month, 9:00am  
 Español - 4º Sábado del mes, 9:00am

**BAPTISM CLASSES** (No registration required)  
 English - 1st Thursday of the month, 7:00pm  
 Español - 2do jueves del mes, 7:00pm



ROMAN CATHOLIC  
**DIocese OF SACRAMENTO**  
 DIÓCESIS CATÓLICA ROMANA DE SACRAMENTO

The Most Reverend **Jaime Soto**, D.D., M.S.W.  
 Bishop of Sacramento  
 2110 Broadway, Sacramento, CA 95818  
 Phone 916-733-0100, Fax 916-733-0195  
 Office Hours: 8:30am - 4:30 pm [scd.org](http://scd.org)



Our app helps you practice your faith and stay in touch with the parish. Prayers, readings, news, and see the latest bulletin, all on your phone. Get the Cathedral App today! Text "app" to 88202

## CATHEDRAL PARISH STEWARDSHIP

The Cathedral Parish is solely supported by weekly offertories and individual donations. It is a self-sustaining, non-profit organization and does not receive funding from any other sources, including the Sacramento Diocese or any of its parishes.

The Cathedral's weekly expenses exceed **\$20,000**. To maintain fiscal integrity, the offertory every week needs to cover more than half of the expenses. The Finance Council has set a weekly offertory goal of **\$11,500**.

Weekend	Total Offering	Percent of Goal	Weekend	Total Offering	Percent of Goal
May 18/19	\$8,763	76%	June 2/3	\$7,969	69%
May 25/26	\$7,502	65%	June 8/9	\$11,972	104%
			June 15/16	Not available	

Your support is greatly appreciated and vital to maintaining the Parish and its ministries to the poor and hungry, as well as maintaining this spiritual center and historically significant landmark. Thank you for your support!



## CATHEDRAL MINISTRIES

### Altarservers

**Benedictus Youth Group**  
**Brown Bag Lunch Ministry**  
**Bulletin / Website**  
**Catechesis of the Good Shepherd**

Michael Ognisty, mfognisty@msn.com.  
 Victoria Ramos, benedictusy@gmail.com  
 Jerri Rush, jerrirush@comcast.net  
 Lyssa Black, cathedralsacramento@gmail.com  
 for ages 3+, for information, visit  
 youngsheep.org, or call 916-910-3435  
 saccathedralacts.org

**Cathedral A.C.T.S.**  
**Cathedral Men's Group**  
**Cathedral Saint Vincent de Paul**  
**Cathedral Young Adults**  
**Choir (English)**

Bob Meyers, cynm1@yahoo.com  
 contact the rectory office  
 Titi Kila, cathedralya@gmail.com  
 Rex Rallanka, Music Director,  
 rrallanka@cathedralsacramento.org  
 Jerry Vanoye in the choir annex after the 1pm Mass,  
 or Ricardo Savala in the choir annex after 7pm Mass.  
 Reggie King, Brian Perez, thecatholicstore@gmail.com  
 catechesis meets every Wednesday at 7:15pm in the  
 Cathedral Lower Level.

### Choir (Spanish)

**Cinema Divina Movies**  
**Communion & Liberation**

Jill Pease, peasejill@gmail.com  
 Lynne Amerson, cbs1017pc@yahoo.com.

**Docents**  
**Email Prayer Chain**  
**Extraordinary Ministers of Holy Communion**

Amy McCormick, ammcormick@att.net  
 Paula Trujillo, trupaula@gmail.com  
 ministries@cathedralsacramento.org  
 Tom Waddock, 916-444-3071, x 36  
 Celeste Gisla, jfgisla@surewest.net  
 Jaime Elizaldi, jaime.elizaldi@gmail.com  
 Fred Heacock, fheacock72@hotmail.com  
 Veronica Avina, veronicaavina@yahoo.com  
 Lolita Urrutia, lolita.urrutia@gmail.com.  
 Leticia Hilbert, leticia\_hilbert@hotmail.com

**Festival of Trees and Lights**  
**Front Door Ministry**  
**Greeters and Ushers**  
**Hospitality**  
**Knights of Columbus**  
**Lectors**  
**Respect Life Ministry**  
**Rosary Club**  
**Spanish Parents Group Leaders**

To learn more about the ministries at the Cathedral, visit our website:

*[cathedralsacramento.org](http://cathedralsacramento.org)*

### TOURS

We love to share our Cathedral history! Tours are FREE, led by trained Docents, and held after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours begin at the Baptismal Font. Contact 916-444-3071 to arrange free private group tours.

Los tours en español se llevan a cabo el 1er y 3er domingo del mes después de la misa de 1pm.

**Visit our GIFT SHOP downstairs**

Sundays - 9:00 am to 3:00 pm, Tuesdays 10:30 am to 12:00 pm

### CATHEDRAL PARISH REGISTRATION & UPDATE Actualización y registro de la parroquia de la Catedral

*You can also register online at [cathedralsacramento.org/](http://cathedralsacramento.org/) Visit Us / Register as a Parishioner*

Name (*Nombre*): \_\_\_\_\_

Street Address (*Domicilio*): \_\_\_\_\_

City (*Ciudad*): \_\_\_\_\_ State (*Estado*): \_\_\_\_\_ Zip (*Código postal*): \_\_\_\_\_

Phone (*teléfono*): (\_\_\_\_) \_\_\_\_\_ Cell Phone (*Celular*): (\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_

**For additional family members, please attach a separate sheet.**

Please indicate:	Por favor indique:
New Parishioner/Individual	Nuevo Parroquiano / Individuo
New Parishioners/Family	Nuevo Parroco / Familia
Change of Address	Cambio de Dirección
Please send Offertory Envelopes	Por favor envíe Sobres de Ofertorio

**Please return by (Regrese por favor):**

- 1) Put into collection basket at mass (deposite en la canasta de la colecta en misa)
- 2) Scan to pdf file and email: [blessed@cathedralsacramento.org](mailto:blessed@cathedralsacramento.org) (escanear a pdf file y envía por correo electrónico)
- 3) Fax to: 916-443-2749
- 4) Mail to (correo): 1017 11th Street, Sacramento, CA 95814



### RELIGIOUS EDUCATION PROGRAMS

The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A., for adults, teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program.



If you've been coming to Mass for a while, but are not Catholic, or were baptized Catholic but never completed your faith formation classes, we invite you to look deeper into the Catholic faith. Come meet some faithful Catholics who love the Lord and would consider it a privilege to get to know you. We invite you to learn what Catholics believe in an open and welcoming environment. The **Rite of Christian Initiation of Adults (RCIA)** sessions meet every Monday Evening at 7 PM in the lower level of the Cathedral. Feel free to come any Monday evening.

For more information on all of our faith formation programs, please call **916-444-5364** or email Sister Jenny Aldeghi FDCC, Director of Religious Education, [jenny@cathedralsacramento.org](mailto:jenny@cathedralsacramento.org)

### MARRIAGE PREPARATION

The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Janet & Omar Bardales at [matrimonyprep@att.net](mailto:matrimonyprep@att.net), or 916-427-9160, or Sister Jenny at 916-444-5364. You do not have to have your wedding at the Cathedral in order to take this class.

### GET MARRIED AT THE CATHEDRAL

If you would like to celebrate the Sacrament of Matrimony at the Cathedral, download the Cathedral Wedding Guidelines and Reservation Form on the cathedral website. Contact the parish office at least *six months* before your desired wedding date to arrange a meeting with Wedding Coordinator, Titi Kila at [tkila@cathedralsacramento.org](mailto:tkila@cathedralsacramento.org).

### HAVE YOUR MARRIAGE BLESSED IN THE CHURCH

If you would like to have your civil marriage blessed in the Catholic Church, please call or email Deacon John at the Cathedral Office to explore this possibility: 444-3071 Ext. 11; [jgisla@cathedralsacramento.org](mailto:jgisla@cathedralsacramento.org). This can often be done in a small, private ceremony called a Convalidation, without any cost or fee. If you have been together for a number of years and would like to be married in the Church, this can also often be done in a small, private ceremony without any cost.

### QUINCEAÑERA

This is the tradition of celebrating a young girl's coming of age on her 15th birthday with a Mass, and highlights the virtues of family and social responsibility, recognizing her journey from childhood to maturity. For more information on celebrating this beautiful tradition at the Cathedral, call Titi Kila, at 916-444-3071, or [tkila@cathedralsacramento.org](mailto:tkila@cathedralsacramento.org).

### LITURGY OF THE WORD FOR CHILDREN

For ages 5 to 10 years old, at the 11:00 am Sunday Mass (Check calendar for dates). Children return to their families before the Offertory. For more information, contact the education office or Dorothy Corgiat at [dlcorgiat@yahoo.com](mailto:dlcorgiat@yahoo.com).



在六月八日星期六，我們的團體在William Land Park的第九區舉行了年度的野餐活動。

On Saturday, June 8, our community had the annual picnic in area 9 of William Land Park.



## 本週報告 (會長)

我們將於八月十七日在上午九點開始在Christ the King Retreat Center進行年度避靜。避靜的主題是「上主的居所」。每位的費用為四十元 (包括午餐)。有意參加避靜的教友，請向Oliver或Gloria報名。

## Announcement this week (President)

We will have our annual retreat on August 17 at Christ the King Retreat Center starting at 9am. The theme for the retreat is "The Lord's Dwelling Places." The fee is \$40 each person including lunch. Anyone interested can RSVP with Oliver or Gloria.



**La Esperanza**  
 (916) 455-0215 • Pan Dulce  
 5028-5044 Franklin Blvd., Sacramento



**catholicmatch<sup>®</sup>**  
 California



CatholicMatch.com/CA

Your Local Experts in All Your Real Estate Needs.  
 Ofreciendo nuestros servicios a ustedes, igualmente ofreciendo nuestra ofrenda a la iglesia De Dios.




**John Lanting** **Tomas Garcia**  
 (916) 798-3225 916-712-6391

**Realtors** www.JohnLantingHomes.com  
 DRE#01410391

**DISPONIBLE POR TIEMPO LIMITADO**

**ANUNCIE SU NEGOCIO AQUÍ**

Llame a **Jeff Tkachuk** hoy para su anuncio!  
 jtkachuk@4LPi.com or (800) 950-9952 x2513

**Sac Valley ELECTRIC INC.**  
 Commercial & Industrial Electrical Contractors

Office: (916) 922-1139  
 Fax: (916) 922-1312  
 24 Blue Sky Court, Suite A  
 Sacramento, CA 95828  
 www.sacvalleyelectric.com

**DK IRON**  
 WALT LLAMAS  
 247-8092



I MAKE GATES  
 CUSTOM IRON FENCING  
 WE DO ADA HANDRAILS TOO!  
 Contractor #1000019

Lic. #828505



**Office: (916) 353-0203**  
**Office: (530) 677-8832**  
 PO Box 1398, Folsom, CA 95763

**Complete Plumbing Service**  
 Water Heater Specialists  
 Trenchless Pipe Replacement

24 HOUR DISPATCHED

**AVAILABLE FOR A LIMITED TIME**

**ADVERTISE YOUR BUSINESS HERE**

Contact **Jeff Tkachuk** to place an ad today!  
 jtkachuk@4LPi.com or (800) 950-9952 x2513

**Family Dentistry**



**Jasmine L. Dermawan, DMD**  
 2335 American River Dr.  
 Ste. 307, Sacramento, CA 95825  
**916-929-0331**  
 www.drjasminedmd.com

\*English • Indonesian

"He who has ears to hear, let him hear"  
 ~ Matthew 11:15



We Specialize in Hearing Loop Installation

We can help to make this a reality for worshippers.  
 Allow us to install hearing loop assistive listening in your church to accommodate the hearing impaired.

Contact Us:  
 Cooper Loop Assistive Listening Devices  
 Jeff@copperloop.net • www.copperloop.net  
 O: 530-272-2624 • C: 520-277-0275

**Ask for your Parish Discount**

Your family resource for **Pre-Need Planning and End-of-Life Services** for your funeral, cremation & cemetery needs.

Catholics caring for Catholics  
 cfcsSacramento.org



**916-726-1232**  
 CALVARY CEMETERY & FUNERAL CENTER  
 7101 Verner Ave., Citrus Heights

**916-452-4831**  
 ST. MARY CEMETERY & FUNERAL CENTER  
 6509 Fruitridge Road, Sacramento

**JESUIT HIGH SCHOOL**



FORMING FUTURE LEADERS IN THE SACRAMENTO AREA SINCE 1963


**EXPLOREJESUIT.COM**

**MARY KAY**

**Phyllis Enos**  
 Sales Director  
 916-690-0063  
 iwuvmakeup@aol.com  
 www.marykay.com/penos



Celebrating Life & Family



Formerly named  
 Cynthia S. Meyers, CFP<sup>®</sup>

Cynthia S. Meyers is a Registered Representative and Investment Advisor. Representative with, and offer securities and advisory services through, Commonwealth Financial Network®, member FINRA/SIPC, a Registered Investment Advisor

916-927-6487  
 CONFLUENCE-FP.COM

**GEORGE L. KLUMPP**  
 CHAPEL OF FLOWERS



Serving the Sacramento community since 1921

Newly Renovated

**(916) 443-7917**  
 2691 Riverside Blvd, Sacramento  
 klumppsfuneralhome.com

**WE'RE HIRING AD SALES EXECUTIVES**



- Full Time Position with Benefits
- Sales Experience Preferred
- Paid Training
- Overnight Travel Required
- Expense Reimbursement

CONTACT US AT  
**careers@4LPi.com • www.4LPi.com/careers**

SUNDAY BRUNCH 11 AM - 3 PM

# EXPERIENCE MEXICAN CUISINE AT IT'S BEST...



ONE BLOCK FROM THE CATHEDRAL SACRAMENTO CORNER OF 12 & K STREET

## MAYAHUEL

12TH & K STREET

DOWNTOWN | 1200 K STREET | EXPERIENCEMAYAHUEL.COM



## MERCY McMAHON TERRACE

*June's Place*

**Mercy McMahon Terrace**

*Independent, Assisted Living & Memory Care*

A Truly One of a Kind Community  
Founded by the Sisters of Mercy  
24 Hour Nursing  
Mass offered weekly in our Chapel

**(916) 733-6510**

Call for a Tour Today!

3865 J St., Sacramento, CA 95816

[www.mercymcmahonterrace.org](http://www.mercymcmahonterrace.org)

RCFE 340312763

**JVM LANDSCAPE CONSTRUCTION, INC.**

“DELIVERING THE ULTIMATE OUTDOOR EXPERIENCE”

- RESIDENTIAL AND COMMERCIAL LANDSCAPE LIGHTING
- ARCHITECTURAL LIGHTING
- WATER FEATURE LIGHTING
- BISTRO LIGHTS
- PUTTING GREEN INSTALLATIONS W/LIGHTING



CONTACT US FOR A FREE LIGHTING CONSULTATION AND DEMO!

916-803-2002  
[WWW.JVMLANDSCAPES.COM](http://WWW.JVMLANDSCAPES.COM)



CSLB# 984835

**20% of your bill is Donated**  
to support the  
**Cathedral of the Blessed Sacrament**

**Sacramento's Cafe & Brew**

**925 3<sup>RD</sup> Street, Sacramento, CA**  
[cafeandbrew.com](http://cafeandbrew.com)

**Breakfast - Lunch - Dinner**

**Dore'Navant**  
Hair Studios

Call Betty 916-719-8572  
3029 El Camino Ave, Sacramento 95821

**MOUNTAIN MIKES**

We Deliver to Downtown & Midtown  
1900 S Street • 916-399-4580

**Northgate SMOG**

2830 Northgate Blvd. #4  
916-922-6018 [northgatesmog.com](http://northgatesmog.com)

**AVAILABLE FOR A LIMITED TIME** ADVERTISE YOUR BUSINESS HERE

Contact **Jeff Tkachuk** to place an ad today!  
[jtkachuk@4LPi.com](mailto:jtkachuk@4LPi.com) or (800) 950-9952 x2513

**TIRED OF PAYING RENT?**  
**We Can Help You Sell or Buy Your New Home.**

**LO ASESORAMOS EN ESPAÑOL**  
**Call Me or Text Me 510-385-8094**

Javier@JLAmerican.com DRE # 01894284