

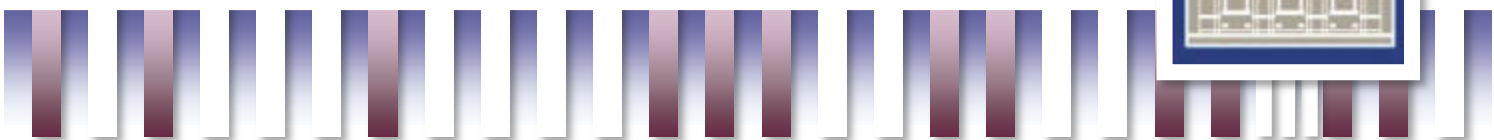
Welcome!

December 30 2018 * The Holy Family

Volume 18 * Issue 52

Cathedral of the Blessed Sacrament

1019 11th Street, Sacramento, CA 95814 * 916-444-3071





Pastor's Corner

I have learned a lot from the story of Hannah, her son Samuel, and the prophet Eli. Hannah desperately prayed to have a son. Through the prophet Eli, God heard her prayers and she gave birth to Samuel. Once Samuel was weaned, Hannah brought him back to the prophet so that his life would be dedicated to the Lord. How does it make sense that a person so desperately wants a child but, after having given birth, gives the child away?

Today is the Feast of the Holy Family and the meaning of family is revealed to us through the story of Joseph, Mary and Jesus. The revelation is that Jesus is truly the son of God, the Father. Mary and Joseph are his parents, his helpers and guides in his formative years, but in the end, his true father and mother is God. This is true for Mary and Joseph as well. Their true parent is God. This is true of all of us.

This one true reality, that God is our Father and Mother, leads me to my question about Hannah. Why would she ask for a son only to give him back to God? Her prayers to God are not about her wanting to be a mother, otherwise she would have continued to raise Samuel. Her prayers are really about her wanting the assurance that she was truly a daughter of God and loved by God. God heard her prayers and answered by saying "yes". Samuel, for Hannah, was God saying "I hear you, my daughter." That was all she really needed. Samuel is given back to his true Parent, God, as Hannah's way of thanking God for His love for her.

It seems that much of our sorrow and anxiety shows itself in our lack of knowing we are God's children and we are greatly loved. We can feel like orphans, even when our human parents do their best to care for us. Only in knowing God and His love as our true and real Father do we find the comfort that Advent and Christmas offer. Joseph and Mary, and certainly Jesus, knew that the one true parent is God the Father. The Holy Family, as with all families, is only a true family when God the Father is present and loved in return.

Fr. Michael



From the Editor

I've never been one for making resolutions for the New Year. You can make a change in your life any day, everyday. But I realized recently that it gives our resolve a boost to know we're making new commitments in a collective way with everyone else. So, I'm giving New Year Resolutions a try for 2019.

It makes it more meaningful if I put the exercise under the auspices of "stewardship." As Catholics, we're called to be good stewards of the gifts God has given each of us. We're tasked to give of our time, talent, and treasure. The USCCB explains "The life of a Christian steward models the life of Jesus. It is challenging and even difficult, in many respects, yet intense joy comes to those who take the risk to live as Christian stewards."

I want, somewhat selfishly, that joy that "living like Jesus" gives me. That feeling of your heart leaping when you give something of your self that touches someone else's life in a hopeful, helpful way. There's nothing else like it.

While it would be easy to boast about making big changes, I'd rather give myself attainable goals. So, I decided I can make a series of small commitments that will have a great impact on my stewardship without making major changes to my lifestyle. It opens the door to greater ways of becoming one of God's stewards. Want some suggestions on how you can become a greater steward? Try these:

Steward of the Poor

- ◆ Lighten your load. Clean out closets and drawers to find donatable items to give to Salvation Army or Goodwill.
- ◆ Got a neighbor that's elderly, disabled, or a single parent? Prepare a bit extra at dinner and take the leftovers to your neighbor.

Steward of the Earth

- ◆ Plastic is choking our oceans and rivers. Buy a responsibly sourced reusable coffee cup and ditch the one-use cups at your favorite coffee hutch. Carry your own utensil, like a titanium spork (google it!).

Steward of the Family

- ◆ Get everyone in the family to agree to have dinner together *free of technology*. Turn off the cell phones and start the meal with a prayer.
- ◆ Give the gift of time to a loved one that could use your special individual attention. Take in a movie or go for a long walk together.

Steward of the Church

- ◆ Prayer and adoration are the cornerstones of our faith. Make a commitment to attend the Parish Pastoral Council's hour of prayer and adoration for healing and atonement in our Church, every first Friday of each month in 2019, from 8pm to 9pm.
- ◆ Register as a parishioner online at cathedralsacramento.org, using the button at the bottom of the page, and request envelopes. Envelopes help you organize your giving and track your tax-deductible gift. You can also set up automatic giving on the "Donate" page using the MoGiv app. *The cathedral could reach fiscal integrity if all of its parishioners committed to giving a minimum of \$10 per week.*

**"Act as if everything depended on you;
trust as if everything depended on God."
~St. Ignatius of Loyola~**

Spiritual tips on how to reform your speech

Philip Kosloski | Aletea | 12-10-18

**"Death and life are in the power of the tongue."
(Proverbs 18:21)**

The words we use in our daily conversations have great power. They can build up as well as tear down. As Christians, it is our responsibility to use our speech in way that encourages our neighbor instead of ruining them.

Venerable Louis of Granada, a Dominican priest of the 16th century, gave his advice in a book rightly called *The Sinner's Guide*. In it, he gives a step-by-step plan for sinners who want to start practicing virtue and be released from their slavery to sin.

Here are a few spiritual tips he gives for those who want to reform their speech and be a light to those around them.

Remember the power you possess with your words - Here is a subject upon which there is much to be said, for we are told in Holy Scripture that "death and life are in the power of the tongue." (Proverbs 18:21). From this we can understand that the happiness or misery of every man depends upon the use he makes of this organ.

Reform first the words you use - In regard to the first point, what we speak, remember the counsel of the Apostle: "Let no evil speech proceed from your mouth, but that which is good to the edification of faith, that it may administer grace to the hearers. All uncleanness, or covetousness, let it not be so much as named among you, as becometh saints, or obscenity, or foolish talking, or scurrility." (Ephesians 4:29 and 5:3-4).

Moderate the amount you speak - In regard to the second point, how we are to speak, let us observe a just medium between silence and talkativeness, between timidity and self-sufficiency, between frivolity and pomposity; always speaking with becoming gravity, moderation, sweetness, and simplicity. Beware of haughtily asserting and obstinately persisting in your statements, for this fault gives rise to disputes which wound charity and destroy the peace of the soul. It is the part of a generous nature to yield in such contentions

Evaluate the purpose of your speech - Finally, we must consider the end for which we speak. There are some whose only purpose is to appear learned. Others desire to parade their wit and conversational powers. The first are thus led into hypocrisy and deceit, and the second become the sport of self-love and vanity. It does not suffice, therefore, that our conversation be good in itself - it must be directed to some good end, such as the glory of God or the profit of our neighbor.

Cathedral Kids

 Read the Gospel and Color



Sharing the Gospel - Mothers think their babies are pretty special, and Mary was no different. She probably kissed his nose, snuggled his little cheeks, and sang songs to him. But a lot of people thought her baby was special. Mary had more than just curious relatives showing up to visit. Angels praised God, and shepherds came running to see the baby, too. When it was time to name him Jesus, Mary knew he was the Savior.

Prayer - Dear God, thank you for letting everyone know that Jesus was more than a special baby. He was the Savior. In Jesus' name, Amen.

Mission for the Week - Ask your parents what they enjoyed about you as a little baby. You might also want to look at some baby pictures together.

Puzzle

Circle these words from today's Gospel in the puzzle:

MARY	SHEPHERDS	LISTENED
JOSEPH	JESUS	WONDERFUL
BABY	ANGEL	NAMED

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B N J D N B M A W G C
F A N U E O R I O K T
S M Y L I S T E N E D
L E H A M H F J D V O
P D A N G E L P E S F
I L R B V P Y A R U C
J O S E P H A G F N B
D H Y W T E K W U J M
W G K O T R C S L H A
E I M R C D U P E D R
A J E S U S L B A B Y
    
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The Holy Family

New Year's Day & the Solemnity of Mary Tuesday, January 1, 2019

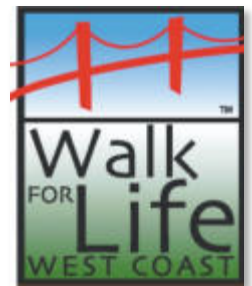
Blessings for the new year! Join us to celebrate the Solemnity of Mary at the 10:00 am Bilingual Mass. Holy Day of Obligation. Rectory closed.



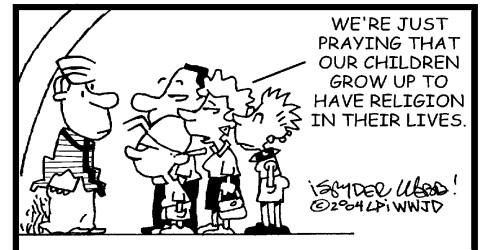
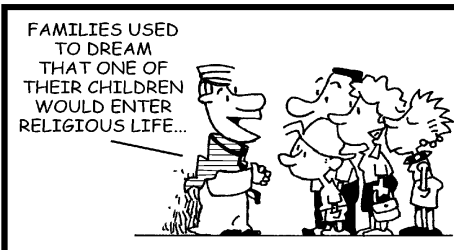
PLEASE JOIN US ON FRIDAY, JANUARY 4

Until November 1, 2019, on every first Friday of the month, the Parish Pastoral Council will host an hour of prayer and adoration for healing and atonement in our Church. The prayers will begin at 8:00 pm and conclude at 9:00 pm. This will be an important time to seek the healing touch of Christ and acknowledge our total dependence on Him. We pray that all victims of sexual abuse find strength and support. As well, we pray for the sanctification of all priests, deacons, religious and faithful. Please make every effort to join your parish community as we gather in prayer before Christ. If you are unable to be present at the Cathedral, please join with us spiritually by praying in your homes during this hour.

The **RESPECT LIFE MINISTRY** is getting ready to stand up for the littlest among us at the 15th annual **WALK FOR LIFE** in San Francisco on January 26th, 2019. We are looking for sponsors to help cover the cost of the trip for the confirmation students and families in need. You can make a donation online at cathedral-sacramento.org/giving, "Walk for Life Sponsorship." To reserve your bus tickets, please call Liliana at (916) 912-8256 or Veronica at (916) 205-0713 or stop by the Cathedral's Office.



HOLY FAMILY



THE BIBLE TIMELINE: Revelation & Psalms BIBLE STUDY, BEGINS ON JANUARY 3, 2019

Revelation: *The Kingdom yet to Come* is an intriguing look at one of the most talked-about books in Scripture. This study by Jeff Cavins explores Revelation to demonstrate how the kingdom established by Christ in his Church is intimately connected with the kingdom of heaven, especially through the celebration of the Mass.

Psalms: *The School of Prayer* reminds us why the Psalms are at the heart of the Bible. They are prayers from God that help us learn to pray. The Holy Spirit inspired them. Israel sang them. Christ himself prayed them, as did our Blessed Mother. Their words captivate the imagination and draw us into a deeply personal encounter with God.

This is the fifth year of this popular bible study program. The study will include a series of twenty-two video sessions presented by Jeff Cavins. Each video will be preceded by a lively group discussion. We will meet every Thursday from 7pm to 8:30 at the lower level of the Cathedral. You will receive a certificate of completion for each series of 11 sessions.

Attendance is free. We will also provide materials. Although there are some helpful online materials that are made to go with this presentation that you may purchase to supplement your learning, it is not required. Please join us for a life-changing journey through the Bible! Contact Sister Jenny at (916) 444-5364 or jenny@cathedralsacramento.org.

"Be attentive to the voice of grace."

~St. Elizabeth Ann Seton~



After three days they found him in the temple, sitting in the midst of the teachers, listening to them and asking them questions, and all who heard him were astounded at his understanding and his answers. ~Luke 2:46-47~

Date	Mass / Intentions	Activities
Saturday December 29	5:00 pm / Paul Baek + Arianna Koster + Ron Pineda +	No CCD Classes today
Sunday December 30	7:30 am / William J. Shorey + 9:00 am / Ryan & Monica Brown S.I. 11:00 am / Dominic Han + Margret Rodriguez + Lolita Urrutia 1:00 pm Spanish / Margarita Valle + Carlos Barba + 3:00 pm Chinese / 5:00 pm / Gabriel Voehl S.I. 7:00 pm Spanish / People of the Parish	9:00 am RCIA for Children & Teens 9:00 am Mass: RCIA - Breaking of the Word 11:00 am Mass: Liturgy of the Word for Children
Monday December 31	12:10 pm / Martina Navares + 5:00 pm / Vigil Mass for the Solemnity of Mary Perez Valdez Family S.I.	No RCIA tonight
Tuesday January 1	~New Year's Day ~ 10:00 am Bi-Lingual Mass, Solemnity of Mary Charles Urrutia +, Paul Chang +, Clara Lou Benedict +	
Wednesday January 2	12:10 pm / 5:10 pm /	7:00 pm English Choir Rehearsal 7:15 pm Communion & Liberation 7:15 pm Spanish Choir Rehearsal for the 1pm Mass 7:15 pm The Rosary Club
Thursday January 3	12:10 pm / 5:10 pm /	7:00 Bible Timeline 7:15 pm Baptism Class—English
Friday January 4	12:10 pm / Lucretia Ringling S.I. Kaye Woodhouse +	8:00 pm Holy Hour of Prayer and Adoration
Saturday January 5	5:00 pm /	10:00 am CCD Classes 5:00 pm Rite of Acceptance Brown Bag Lunch Collection Weekend

Readings & Observances

Sunday: The Holy Family
1 Sm 1:20-22, 24-28/Ps 84:2-3, 5-6, 9-10 [cf. 5a]/1 Jn 3:1-2, 21-24/Lk 2:41-52

Monday: St. Sylvester I, Pope; New Year's Eve
1 Jn 2:18-21/Ps 96: 1-2, 11-12, 13 [11a]/Jn 1:1-18

Tuesday: Mary, the Holy Mother of God
Nm 6:22-27/Ps 67:2-3, 5, 6, 8 [2a]/Gal 4:4-7/Lk 2:16-21

Wednesday: Sts. Basil the Great and Gregory Nazianzen, Bishops & Doctors of the Church
1 Jn 2:22-28/Ps 98:1, 2-3ab, 3cd-4 [3cd]/Jn 1:19-28

Thursday: The Most Holy Name of Jesus
1 Jn 2:29-3:6/Ps 98:1, 3cd-4, 5-6 [3cd]/Jn 1:29-34

Friday: St. Elizabeth Ann Seton, Religious
1 Jn 3:7-10/Ps 98:1, 7-8, 9 [3cd]/Jn 1:35-42

Saturday: St. John Neumann, Bishop
1 Jn 3:11-21/Ps 100:1b-2, 3, 4, 5 [2a]/Jn 1:43-51



Prayer Corner

For the Special Intentions of:

Patricia and Andrew Vargas
Jocey
Sara Martinez
Marilyn Custodio
Kinda A
Lucia
Damianus Aditya Christie
Snježana
Matthew Mahoney
Teddy Nguyen
MEM
Madeleine B. Vinluan
Maricela Huidor
Janine
Anna Lanzona
Alexa Novelo
Mary
Shelby Hogan
Sepehr
Gloria Sanchez
Maria
Tifini and her unborn child
Josh
ZEP Family
Cathy & Kirk Laver S.I.
Matthew Mahoney
Sandra Mahoney
MEM
Maricela Huidor
Alexa Novelo
Brandon M. Novelo
Anna Lanzona
Deacon Don DeHaven

For the Repose of the Soul of:

Charles Urrutia +
John Keener+
Jaime Tangco +
Lukas Flucht +
Heriberto Concepcion Tadina+
Dubu+
Benny Garces+
Roman Q Paguio+
Shelby Hogan +
Benny Garces +
Gerald O'Reilly +



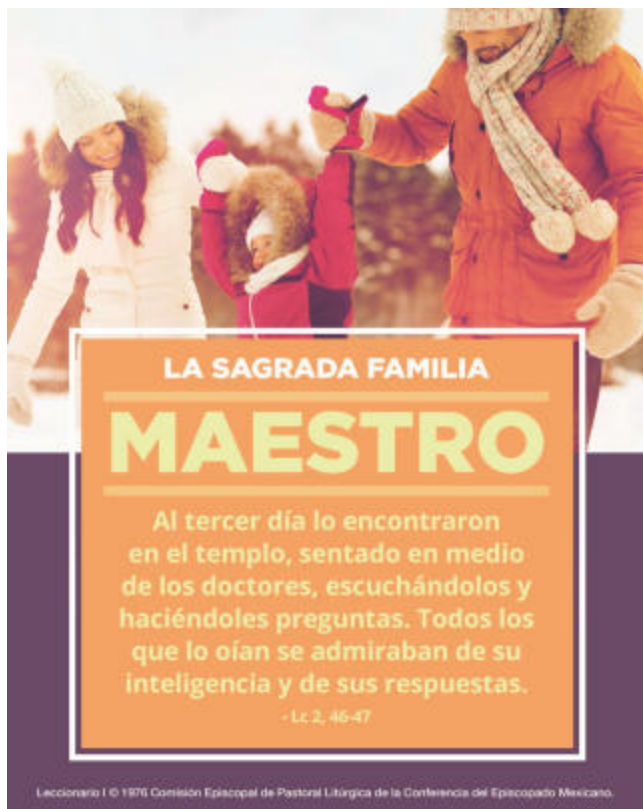
Esquina del Pastor

He aprendido mucho de la historia de Hannah, su hijo Samuel y el profeta Elí. Hannah oró desesperadamente para tener un hijo. A través del profeta Elí, Dios escuchó sus oraciones y ella dio a luz a Samuel. Una vez que Samuel fue destetado, Hannah lo trajo de vuelta al profeta para que su vida fuera dedicada al Señor. ¿Cómo tiene sentido que una persona quiera desesperadamente un hijo pero, después de haber dado a luz, lo abandone?

Hoy es la fiesta de la Sagrada Familia y el significado de familia se nos revela a través de la historia de José, María y Jesús. La revelación es que Jesús es verdaderamente el hijo de Dios, el Padre. María y José son sus padres, sus ayudantes y guías en sus años de formación, pero al final, su verdadero padre y madre es Dios. Esto también es cierto para María y José. Su verdadero padre es Dios. Esto es verdad de todos nosotros.

Esta verdadera realidad, que Dios es nuestro Padre y nuestra Madre, me lleva a mi pregunta sobre Hannah. ¿Por qué pediría un hijo solo para devolvérselo a Dios? Sus oraciones a Dios no se refieren a que ella quiera ser madre, de lo contrario habría continuado criando a Samuel. Sus oraciones son realmente acerca de que ella quiere la seguridad de que ella era verdaderamente una hija de Dios y amada por Dios. Dios escuchó sus oraciones y respondió diciendo "sí". Samuel, por Hannah, era Dios diciendo "Te escucho, hija mía". Eso era todo lo que realmente necesitaba. Samuel es devuelto a su verdadero Padre, Dios, como la manera de Hannah de agradecer a Dios por su amor por ella.

Parece que gran parte de nuestro dolor y ansiedad se manifiesta en nuestra falta de conocimiento de que somos hijos de Dios y que somos muy amados. Podemos sentirnos como huérfanos, incluso cuando nuestros padres humanos hacen todo lo posible para cuidar de nosotros. Solo al conocer a Dios y su amor como nuestro verdadero Padre encontramos el consuelo que el adviento y la Navidad ofrecen. José y María, y ciertamente Jesús, sabían que el único padre verdadero es Dios el Padre. La Sagrada Familia, al igual que con todas las familias, es solo una verdadera familia cuando Dios Padre está presente como un ser amado a cambio.



LAS LECTURAS Y CONMEMORACIONES SEMANALES

Las lecturas de la semana del 30 de diciembre de 2018

Domingo: La Sagrada Familia

1 Sm 1, 20-22. 24-28/Sal 84, 2-3. 5-6. 9-10 [cfr. 5]/1 Jn 3, 1-2. 21-24/Lc2, 41-52

Lunes: San Silvestre I, papa; Víspera de Año Nuevo

1 Jn 2, 18-21/Sal 96, 1-2. 11-12. 13 [11]/Jn 1, 1-18

Martes: María, La Santa Madre De Dios (día de precepto);

Día de Año Nuevo; Día Mundial de la Paz

Nm 6, 22-27/Sal 67, 2-3. 5. 6. 8 [2]/Gal 4, 4-7/Lc2, 16-21

Miércoles: San Basilio el Magno y San Gregorio Nacianceno, obispos y doctores de la Iglesia

1 Jn 2, 22-28/Sal 98, 1. 2-3. 3-4 [3]/Jn 1, 19-28

Jueves: Día del Santísimo Nombre de Jesús

1 Jn 2, 29-3, 6/Sal 98, 1. 3-4. 5-6 [3]/Jn 1, 29-34

Viernes: Santa Isabel, Ana Bayley, viuda de Seton, religiosa

1 Jn 3, 7-10/Sal 98, 1. 7-8. 9 [3]/Jn 1, 35-42

Sábado: San Juan Neumann, obispo

1 Jn 3, 11-21/Sal 100, 1-2. 3. 4. 5 [2]/Jn 1, 43-51

VERSO DEL EVANGELIO DE DOMINGO

Al no encontrarlo [a Jesús], regresaron a Jerusalén en su busca. Al tercer día lo encontraron en el templo, sentado en medio de los doctores, escuchándolos y haciéndoles preguntas. Todos los que lo oían se admiraban de su inteligencia y de sus respuestas. - Lc 2, 45-47

MEDITACIÓN EVANGÉLICO

Hoy, la Liturgia celebra la Fiesta de la Sagrada Familia. Es el Domingo que sigue la Navidad. La lectura del Evangelio nos narra la verdadera historia sobre la familia de Jesús en aquel tiempo. En nuestros tiempos las familias también tienen su propia historia y realidad. El Papa Francisco nos ayuda a ver esa realidad. Nos dice que la familia es para toda la vida: "Un largo viaje que no es por partes, que dura toda la vida, y necesitan la ayuda de Jesús para caminar juntos, con confianza, para acogerse, uno al otro cada día, y perdonarse cada día, y esto es importante en las familias, saber perdonarse. Porque todos nosotros tenemos defectos. ¡Todos! Y a veces hacemos cosas que no son buenas, hacen mal a los demás. Tener el coraje de pedir perdón cuando en la familia nos equivocamos". (10 Reflexiones sobre la familia).

Nada que separe a la familia es aceptable, ninguna ley en el mundo debe ser impuesta para este caso. La separación de la familia no ayuda a la construcción fundamental de la persona. Ahí, en el hogar, es donde se crece, se apoya y se comunica el amor. Sin embargo, vivimos en una sociedad de caducidad, lo estable cansa y aburre. Nos decimos, "Ya es viejo debo cambiarlo." Así pasa muchas veces que las familias se cambian fácilmente. Uno deja a su pareja sin importarse por los hijos ni por el hogar. La familia de Nazaret es el ejemplo a seguir, reunámonos alrededor de la Eucaristía con ese propósito de compartir el pan, de invitar a Dios como centro del corazón que es el hogar. ¿Quién y qué predomina en tu familia?

VIVIR LA LITURGIA

La familia es un sistema complicado. Pueden ser experiencias que transforman o las más dolorosas. Nuestras familias de origen se hacen responsables del tipo de personas que somos y también las que seremos en el futuro. Aunque nuestras familias nos ayudan a realizar algunas de nuestras necesidades, esas necesidades no pueden ser su único propósito ni enfoque. Las familias felices y sanas consisten en las personas que siempre tienen el interés de los otros individuos que hacen la unidad familiar. Vivimos dentro de la familia más grande, que es la familia de Dios. Este sistema familiar no es egoísta. En esta familia se busca el bien estar de nuestros hermanos y hermanas. De esta forma podemos ver a los demás como Dios los ve. La Sagrada Familia es el ejemplo perfecto de cómo todas las familias deben funcionar: nuestras familias de origen, las familias que tenemos ahora y nuestra familia del mundo. ¡Que sigamos el ejemplo de la Sagrada Familias para que la presencia de Dios se nos presente a través de ellos!

LA CORRESPONSABILIDAD DIARIA

¿Practica usted la corresponsabilidad con su familia? La corresponsabilidad se trata más que ofrecer a la iglesia o dar a las caridades. Se trata de dar parte de nuestro ser que da gloria a Dios. Compartir nuestros dones con esas nuestra familia da honra a Dios y es evidencia de su gratitud por esas personas.

¿Cómo podemos llevar a cabo esto? Una manera es reflexionar sobre cómo las 6 características de la corresponsabilidad están presentes en nuestras relaciones de familia. ¿Estamos conscientes de estar presente con ellos? ¿Nos enfocamos en ellos y sus necesidades en vez de nuestro teléfono o la televisión? ¿Oramos por nuestra familia? Sus preocupaciones deben ser también nuestras preocupaciones. ¿Mostramos nuestra gratitud por ellos?

Cuando notamos que no tenemos gratitud, debemos reflexionar sobre cómo sería la vida sin ellos. ¿Nos ayudamos el uno al otro sin preguntar porque tenemos un corazón bondadoso? Es fácil dar por hecho que tenemos a personas que nos aman, especialmente las que vemos todos los días. La hospitalidad no es solamente para el invitado. ¿Estamos comprometidos a la vida de corresponsabilidad que sirve como buen ejemplo y que ayuda a que nuestra familia viva mejor? Usar nuestros dones sin sabiduría significa que damos menos a los que más amamos. ¿Nos mantenemos responsables por nuestras decisiones y defectos?

Estamos caminando en esta jornada de la vida juntos, y nadie existe en el Cuerpo de Cristo solamente. La corresponsabilidad se trata de todo de nuestra vida. Nuestra fe no está reservada para la misa el domingo. Todo comienza y termina con los que amamos.

--Tracy Earl Welliver, MTS



~A Part of Your Holiday Tradition for 129 Years~

Cathedral of the Blessed Sacrament

1017 11th Street, Sacramento, CA 95814

916-444-3071, Fax 916-443-2749 , cathedralsacramento.org

Rectory Office Hours — Monday to Friday, 9:00 am to 12:00 pm, 1:00 pm to 5:00 pm

PASTORAL AND ADMINISTRATIVE STAFF

- Father Michael O'Reilly, Rector
- Father Kieran McMahon, Priest in Residence
- Father Nicholas Ho, Chinese Mass
- Deacon John Gisla, Office Manager
- Deacon Don DeHaven
- Deacon Edgar Hilbert
- Deacon Omar Bardales
- Sister Jenny Aldeggi, Director of Education
- Michael Ognisty, Sacristan
- Rex Rallanka, Director of Music
- Tom Waddock, Cathedral Manager
- Carmen Perez, Secretary
- Katie McAllister, Bookkeeper
- Titi Kila, Wedding Coordinator

PARISH PASTORAL COUNCIL

- Peggy Oakden, Chairperson
- Eileen Dunn Russell Almaraz
- Jaime Elizaldi Jose Solis
- Jeff Weiss Paty Davila
- Ellis Chan Breana Gonzalez
- Les Cochran

FINANCE COUNCIL

- Robert Ingenito, Chairperson
- Janet Bardales Gerardo Davila
- Steve Harrold Angela Lai
- Michael Pease

MASSES

Monday to Friday	12:10 pm
Monday to Thursday	5:10 pm
Saturday Vigil	5:00 pm
Sunday	7:30 am
	9:00 am
	11:00 am
	1:00 pm en Español
	3:00 pm Chinese
	5:00 pm
	7:00 pm en Español
State Holidays	12:10 pm only

SACRAMENT OF CONFESSION

Monday to Friday	11:30 am to 12:00 pm
Saturday	4:00 pm to 4:45 pm
Domingo en Español	12:30 pm a 12:45 pm
	6:30 pm a 7:00 pm

EUCCHARISTIC ADORATION

When attendants are available:

Wednesday	12:45 pm to 4:45 pm
Thursday	12:45 pm to 4:45 pm
Friday	12:45 pm to 3:45 pm

ANOINTING OF THE SICK - By appointment

BAPTISMS (Registration is required)
 English - 3rd Saturday of the month, 9:00am
 Español - 4º Sábado del mes, 9:00am

BAPTISM CLASSES (No registration required)
 English - 1st Thursday of the month, 7:00pm
 Español - 2do jueves del mes, 7:00pm

TOURS

Tours are free and are led by trained Docents after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours in Spanish are held the 1st & 3rd Sundays of the month after the 1pm Mass. Tours begin at the Baptismal Font. Contact 916-444-3071 to arrange free private group tours.

GIFT SHOP on the Lower Level

Sundays	9:00 am to 3:00 pm
Tuesdays	10:30 am to 12:00 pm



ROMAN CATHOLIC
DIocese OF SACRAMENTO
 DIÓCESIS CATÓLICA ROMANA DE SACRAMENTO

The Most Reverend **Jaime Soto**, D.D, M.S.W
 Bishop of Sacramento

2110 Broadway, Sacramento, CA 95818
 Office Hours: 8:30am - 4:30 pm
 Phone 916-733-0100, Fax 916-733-0195

scd.org


CATHEDRAL PARISH STEWARDSHIP

Weekend	Total Offering	Percent of Goal
November 24/25	\$7,504	65%
December 1/2	\$8,878	77%
December 8/9*	\$7,991	69%
December 15/16	\$8,918	77%

The Finance Council has set a weekly offertory goal of \$11,500.
 *2nd Collection for Religious Retirement Fund totaled \$3,984

January 2019

Cathedral of the Blessed Sacrament, 1019 11th Street, Sacramento, CA 95814 * 916-444-3071

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div style="border: 1px solid green; padding: 5px;"> Weekday Mass Schedule: Monday to Friday - 12:10 pm and 5:10 pm Monday to Thursday - 5:10 pm (Unless otherwise indicated) </div>		1 New Year's Day Solemnity of Mary 10:00 am Bi-lingual Mass	2 7:00 pm English Choir rehearsal 7:15 pm The Rosary Club 7:15 pm Communion & Liberation 7:15 pm Spanish 1pm Mass Choir Rehearsal	3 7:00 pm The Bible Timeline 7:00pm Baptism Class - English	4 First Friday: 8:00 pm Hour of Adoration for the Healing of the Church	5 Brown Bag Lunch Collection Weekend 10:00 am CCD Classes 5:00 pm Rite of Acceptance
 Epiphany 6 Mass - 7:30am, 9:00am, 11:00am, 5:00pm Spanish: 1:00pm, 7:00pm, Chinese: 3:00pm Children & Teens RCIA - 9:00 am RCIA - Breaking of the Word at the 9am Mass Liturgy of the Word for Children at the 11am Mass Brown Bag Lunch Collection Weekend	7 6:30 pm RCIA Evening Prayer 7:00 pm RCIA Class	8 7:15 pm The Men's Group 6:00pm Spanish 7pm Mass Choir Rehearsal 7:00 pm Teen Confirmation Class	9 7:00 pm English Choir rehearsal 7:15 pm Communion & Liberation 7:15 pm Spanish 1pm Mass Choir Rehearsal	10 7:00 pm The Bible Timeline 7:00pm Baptism Class - Spanish	11	12 10:00 am CCD Classes
 Baptism of the Lord 13 Mass - 7:30am, 9:00am, 11:00am, 5:00pm Spanish: 1:00pm, 7:00pm, Chinese: 3:00pm Children & Teens RCIA - 9:00 am RCIA - Breaking of the Word at the 9am Mass Liturgy of the Word for Children at the 11am Mass	14 6:30 pm RCIA Evening Prayer 7:00 pm RCIA Class	15 6:00 pm Spanish 7pm Mass Choir Rehearsal 7:00 pm Teen Confirmation Class	16 7:00 pm English Choir rehearsal 7:15 pm The Rosary Club 7:15 pm Communion & Liberation 7:15 pm Spanish 1pm Mass Choir Rehearsal	17 7:00 pm The Bible Timeline	18	19 9:00 am Baptisms - English 10:00 am CCD Classes
20 Mass - 7:30am, 9:00am, 11:00am, 5:00pm Spanish: 1:00pm, 7:00pm, Chinese: 3:00pm Children & Teens RCIA - 9:00 am RCIA - Breaking of the Word at the 9am Mass Liturgy of the Word for Children at the 11am Mass Baptism Sunday - English 11am	21 MLK Jr Holiday 12:10 pm Mass only, no 5:10 pm 6:30 pm RCIA Evening Prayer 7:00 pm RCIA Class	22 Day of Reparation (See schedule below) 6:00 pm Spanish 7pm Mass Choir Rehearsal 7:00 pm Teen Confirmation Class	23 7:00 pm English Choir rehearsal 7:15 pm Communion & Liberation 7:15 pm Spanish 1pm Mass Choir Rehearsal	24 7:00 pm The Bible Timeline	25	26 Walk for Life in San Francisco 9:00 am Baptisms - Spanish 10:00 am CCD Classes 11:00 am Chinese Comm. serving at Loaves & Fishes
Week of Prayer For Christian Unity						
27 Mass - 7:30am, 9:00am, 11:00am, 5:00pm Spanish: 1:00pm, 7:00pm, Chinese: 3:00pm New Year Mass and Tribute to Ancestor Ceremony Children & Teens RCIA - 9:00 am RCIA - Breaking of the Word at the 9am Mass Liturgy of the Word for Children at the 11am Mass Baptism Sunday - Spanish 1pm 5:00 pm - Chinese New Year Dinner at Hong Kong Islander Restaurant	28 6:30 pm RCIA Evening Prayer 7:00 pm RCIA Class	29 6:00 pm Spanish 7pm Mass Choir Rehearsal 7:00 pm Teen Confirmation Class	30 7:00 pm English Choir rehearsal 7:15 pm Communion & Liberation 7:15 pm Spanish 1pm Mass Choir Rehearsal	31 7:00 pm The Bible Timeline	<div style="border: 1px solid green; padding: 5px;"> Tuesday, January 22 Day of Prayer & Reparation for Protection of Unborn Children 10:00 am Choose Life event in Mercy Hall 12:10 pm Mass: Pro-Life Youth Mass 5:10 pm Mass 8:30 pm Choose Life Candlelight Vigil </div>	



耶穌聖名（一月二日）

瑪竇福音第一章第廿一節記載：「你要給祂取名叫耶穌，因為祂把自己的民族，由他們的罪惡中拯救出來。」西方禮儀的教會，耶穌聖名瞻禮係在耶穌割損瞻禮和主顯瞻禮（三王來朝瞻禮）間的主日舉行；如該兩瞻禮間，無主日者，則在一月二日舉行。我們尊敬耶穌的苦架，即所以尊敬耶穌的苦難聖死。如今我們尊敬耶穌的聖名，也就尊敬耶穌聖名所代表的一切奧理。誠如聖伯爾納鐸所謂：「提起耶穌的聖名，靈魂即獲得光照；存想耶穌的聖名，乃是靈魂的食糧；呼求耶穌的聖名，心內頓覺舒暢。」

一二七四年里昂會議命令信友特別恭敬耶穌聖名。當時由教宗真福額我略十世托多明我會負責傳揚是項敬禮。但尊敬耶穌聖名運動的最大功臣，是方濟各會兩位會士：聖伯爾納定栖亞那和聖若望嘉庇當。現行通用的耶穌聖號IHS三西文字母，實即Ihesus Jesus（耶穌）一字的縮寫。提倡是項耶穌聖號者，即該兩位方濟各會會士。自耶穌會採用該三字母為會徽後，該徽號更見普遍採用。

一五三零年羅馬宗座特准方濟各會於每年一月二日慶祝耶穌聖名瞻禮，其後復准其他各地於該日慶祝耶穌聖名。一七二一年起，該瞻禮推廣至全部西方教會。

The Holy Name of Jesus (January 2)

In Matthew 1:21 during Joseph's first dream, the angel instructs Joseph: "you shall call his name Jesus, for he will save his people from their sins". In the Western Church, the Holy Name of Jesus is celebrated on the Sunday between Feasts of the Circumcision of Christ and the Epiphany of the Lord. If there are on Sunday between those days, it will be celebrated on January 2. We respect the crucifixion of Jesus, that is, we respect the suffering of Jesus. Now we respect the holy name of Jesus and, in turn, the doctrines represented by the name of Jesus. Bernard of Clairvaux said, "When the name of Jesus is mentioned, the soul is illuminated; the name of Jesus is the food of the soul; the name of Jesus is called, and the heart becomes comfortable."

Official recognition for the Holy Name was provided by Pope Gregory X at the Council of Lyons in 1274. However, the two Franciscans who promoted the recognition for the Holy Name are Bernardine of Siena and Saint John of Capistrano. The IHS trigram came from the abbreviation from the words Ihesus Jesus, and the devotion to the Holy Name became so popular that the IHS trigram was often inscribed over the doorways of houses among Franciscans.

In 1530, the Roman Curia granted the Franciscans special permission to celebrate the Feast for the Holy Name of Jesus on January 2 every year, and more parishes celebrate the Feast thereafter. By 1721, all the parishes celebrate the Feast.

本週報告（會長）

慕道班於每星期彌撒後以中文舉行。如果您認識的任何朋友或家人對天主教信仰有興趣，請邀請他參加。

我們的團體將於1月26日在Loaves and Fishes (1351 N C St, Sacramento, CA 95811)參加為「街友」提供食物的友誼午餐。有興趣為「街友」提供食物而服務的教友請與Oliver Wan或Gloria Fong報名。

新春彌撒將於1月27日舉行，而新春晚宴將於同一天在海港酒家(5675 Freepoint Blvd, Sacramento, CA 95822)晚上6時舉行。大人每位\$25，兒童五歲至12歲\$10，五歲以下是免費的，請於1月13日之前與Oliver Wan或Gloria Fong 報名參加。

Announcement this week (President)

We have RCIA every week after mass in Chinese. If any friend or family member you know is interested in the Catholic faith, feel free to invite him/her to the RCIA.

Our community will participate in serving foods to "the friends on the street" for the Friendship Lunch on January 26 at Loaves and Fishes (1351 N C St, Sacramento, CA 95811). Any parishioner who is interested in volunteering to serve the foods, please sign-up with me (Ken), Gloria, or Ida.

Chinese New Year mass will be on January 27, and the Chinese New Year Dinner will be on the same day at Hong Kong Islander (5675 Freepoint Blvd, Sacramento, CA 95822) starting at 6pm. The donation ticket will be \$25 each adult, \$10 each child 5 to 12 years old (but children under 5 years old are free). Please RSVP with Oliver Wan or Gloria Fong no later than January 13 2019

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"He who has ears to hear, let him hear"
 ~ Matthew 11:15

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