

September 30 2018 \* 26th Sunday in Ordinary Time



Volume 18 \* Issue 39

# Cathedral of the Blessed Sacrament

1019 11th Street, Sacramento, CA 95814 \* 916-444-3071



## Talitha cum!

If your greedy hands cause you to sin, cut them off!  
If your lazy feet cause you to sin, cut them off!  
If your lustful eyes cause you to sin, pluck them out!  
If your snoopy ears cause you to sin, cut them out!  
If your growing stomach causes you to sin, rip it out!  
If your hateful tongue causes you to sin, cut it out!  
If your proud heart causes you to sin, tear it out!

It is better to enter into Life with nothing

And if nothing causes you to touch God, here are two hands!  
And if nothing causes you to walk to God, here are two feet!  
And if nothing causes you to see God, here are two eyes!  
And if nothing causes you to hear God, here are two ears!  
And if nothing causes you to consume God, here is a stomach!  
And if nothing causes you to speak of God, here is a tongue!  
And if nothing causes you to feel God, here is a heart!

It is better to enter into Life!



## Why Catholics believe in guardian angels

Al Kresta | Abridged

Catholics celebrate the Feast of the Guardian Angels on Oct. 2 because every individual has a guardian angel, and awareness of our guardian angel can be a comfort and aid in our spiritual growth.

Belief in guardian angels is a common-sense implication from many passages of Scripture. For instance, "For he will give his angels charge of you to guard you in all your ways. On their hands they will bear you up, lest you dash your foot against a stone." (Ps 91:11-12).

Such angelic personal care shows up often. The Hebrew heroine Judith said, "His angel hath been my keeper both going hence, and abiding there, and return from thence hither" (Jdt 13:20 Douay). In the New Testament, the task of angels as "ministering spirits sent forth to serve, for the sake of those who are to obtain salvation" (Heb 1:14) is revealed even more clearly than in the Old Testament.

When Jesus urges us to develop the trust and unpretentiousness of little children and then warns those who would despoil the souls of these little ones, he concludes with what may seem to us a curious statement: "See that you do not despise one of the little ones, for I tell you that in heaven their angels always beheld the face of my heavenly Father" (Mt 18:10). Each of these little children has his or her own angel before God in heaven.

Referring to Christ's words above, St. Jerome commented, "How great the dignity of the soul, since each one has from his birth an angel commissioned to guard it." Saint Thomas Aquinas further taught that our guardian angels could act upon our senses and imagination, though not upon our will. He added that they would also remain with us after our final union with God. [...]



"I saw the angel in the marble and carved until I set him free."

~Michelangelo~

All of our ministries actively recruit volunteers year-round, so if you missed the Fair, contact the Ministry Lead of any ministry you're interested in to sign up or get more information. See page 9 for contact names and emails. God bless!

“For we are what he has made us,  
created in Christ Jesus  
for good works,  
which God prepared beforehand  
to be our way of life.”

~Ephesians 2:10~



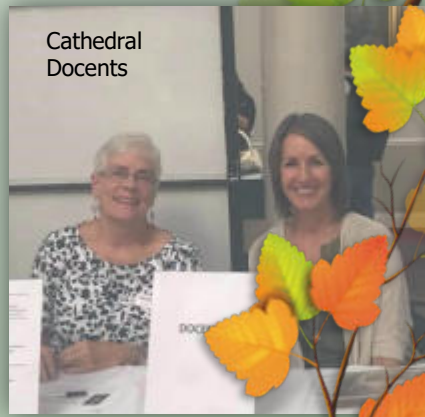
Cathedral A.C.T.S.



St. Vincent de Paul Society



Faith Formation



Cathedral Docents



Festival of Trees and Lights



Liturgical Ministries



Knights of Columbus

Cathedral Ministry Fair  
9-23-18  
Photos: E. Nieves

“Love can accomplish all things. Things that are most impossible become easy where love is at work.”

-St. Therese of Lisieux ~

 Read the Gospel and Color



**Sharing the Gospel** - The disciples started to feel proud because they thought they were the "in" group of friends of Jesus. One day they saw a complete stranger working powerful miracles in the name of Jesus. The disciples told the stranger to stop because he was not part of their special group. The disciples should have encouraged him instead.

**Prayer** - Dear God, help me to work side-by-side with other people who love Jesus, no matter who they are.

**Mission for the Week** - Pray for missionaries around the world who teach others about Jesus.

 Puzzle

Find 10 differences.



4 ©LPI

# 25th Sunday in Ordinary Time

**Blessing of the Animals**-Bring your pet (in a secured manner) to be blessed in Cathedral Square on Sunday, October 7th, at 4:00 pm, in observance of the Feast Day of Saint Francis (Oct 4), patron saint of animals.



Kevin E. Mackin, O.F.M., a Franciscan of the Holy Name Province, wrote: "A procession of animals, everything from dogs and cats to hamsters and even horses, is led to churches for a special ceremony called the Blessing of Pets. This custom is conducted in remembrance of Saint Francis of Assisi's love for all creatures.

Francis, whose feast day is October 4th, loved the larks flying about his hilltop town. He and his early brothers, staying in a small hovel, allowed themselves to be displaced by a donkey.

Francis wrote a Canticle of the Creatures, an ode to God's living things. "All praise to you, Oh Lord, for all these brother and sister creatures." And there was testimony in the cause for Saint Clare of Assisi's canonization that referred to her little cat!

Some people criticize the amount and cost of care given to pets. People are more important, they say. Care for poor people instead of poodles. And certainly, our needy fellow humans should not be neglected. However, I believe every creature is important. The love we give to a pet, and receive from a pet, can draw us more deeply into the larger circle of life, into the wonder of our common relationship to our Creator."

On Sunday, October 14 **Cathedral Acts** will be Hosting a Bowl-A-Thon / raffle basket fundraiser. We are asking for raffle basket donations or items you would like to contribute to make a basket. If you are interested in making a basket donation or need more information about the bowl-a-thon could you please call/ text Natalie Sundquist (916) 591-1892 or email nati198908@gmail.com. Thank you and God bless for all you do to help make ACTS retreats a life changing experience.

The committee **Festival of Trees & Lights** invites you to join us to work on crafts on the following dates. We begin at 7:00pm on October 4, 18, November 1, 15 in Mercy Hall. Contact Paula at trupaula@gmail.com for more information.



**September 26—November 4  
HELP SAVE LIVES IN SACRAMENTO**

You can protect mothers and children by joining this worldwide mobilization to pray and fast for an end to abortion. Through prayer and fasting, peaceful vigils and community outreach, 40 Days for Life has inspired 750,000 volunteers! With God's help, here are the proven results in 22 coordinated campaigns: **14,643 babies saved from abortion, 177 abortion workers converted, 96 abortion centers closed.**

Join us for an ongoing vigil at FPA Abortion Clinic, 2322 Butano Drive, Sacramento, Monday through Friday from 8:00 am to 6:00 pm. Learn more on [40daysforlife.com/sacramento](http://40daysforlife.com/sacramento), or contact Susan at 530-320-1614 or [susanalive@gmail.com](mailto:susanalive@gmail.com), or Wynette at 916-955-1577.

**Is anything more important than our children's souls?** The Catechesis of the Good Shepherd is a Montessori-based approach to Christian formation, in which children as young as three form deep, lifelong relationships with our Lord. Learn more at an introductory workshop in Sacramento on Saturday, October 20. For details, visit [www.youngsheep.org/workshop](http://www.youngsheep.org/workshop).





Jesus replied, "Do not prevent him?  
For whoever is not against us is for us."

~Mark 9:39a, 40~



## Prayer Corner

Please remember  
in your prayers:

Benny Garces +  
Sepehr  
Roman Q Paguio +  
Rosa G.  
Deacon Don DeHaven  
Miguel, Luz, Sonia, Joel, Jose,  
Oscar, Betty, Noe, Waldo, Cesar,  
Carlos, Teresa and their families  
Gerald O'Reilly +  
Frank Vercillo  
Stephanie Pill  
Mary Margaret Reilly  
Asmitha and Abie Joseph  
Alroyd and Shaista and children  
Julian  
Jason and Resmi  
Nina Mordas and Mother  
Javier Maria Alonso  
C. Marcela Bedoya  
Eva Hernandez  
Diane  
Mary Ann  
Karla  
Marcela P.  
Yolanda  
Kimberly and Partner  
Tony Nebreda  
Charles Bardin  
Teresa  
Nicanor Masadao, Sr.+  
Suzanne Trujillo  
Corazon Velasquez  
Paulina  
Dave McNett  
Maggie Phelps  
Amit Kumar  
Steph Skiles  
Maria Nguyen  
Alfie +  
Ernie +

"I pray also that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in the saints, and his incomparably great power for us who believe. That power is like the working of his mighty strength."

~Ephesians 1:18-20 ~

Date	Mass / Intentions	Activities
Saturday September 29	5:00 pm / Rafael David +, Henry Joseph Barajas + Aurelia V. Barajas +	10:00 am CCD Classes
Sunday September 30	7:30 am / Nestor Purugganan + Francisco Ouano + Bonifacio Ouano + 9:00 am / Gerald O'Reilly + Flo Jackson + 11:00 am/ Juan Manuel Garcia Tafolla + Manuel Garcia Rodriguez + 1:00 pm Spanish /Perez Valdez Family S.I. 3:00 pm Chinese / 5:00 pm / Henry Joseph Barajas + Aurelia V. Barajas + 7:00 pm Spanish / People of the Parish	26th Sunday in Ordinary Time FIFTH SUNDAY - 2ND COLLECTION  9:00 am - RCIA for Children & Teens 9:00 am Mass: RCIA - Breaking of the Word 11:00 am Mass: Liturgy of the Word for Children
Monday October 1	12:10 pm / Fr. Michael O'Reilly S.I. 5:10 pm / Dolores Wadsworth S.I.	<b>Father Michael's Birthday</b>  6:30 pm RCIA: Vespers 7:00 pm RCIA: Class
Tuesday October 2	12:10 pm /Charles & Genevieve Fagan + 5:10 pm / Reynaldo Tabaniag +	6:00pm Spanish Choir Rehearsal for the 7pm Mass 7:00 pm Teen Confirmation Class
Wednesday October 3	12:10 pm / Damiana Tabaniag + 5:10 pm / Nestor Purugganan +	7:15 pm : Communion & Liberation, English Choir Rehearsal, Spanish Choir Rehearsal for the 1pm Mass, The Rosary Club
Thursday October 4	12:10 pm / Moises Rana + Gerald Eugene Bledsoe + 5:10 pm / Rosario Purugganan +	7:00 pm Baptism Class - English  7:00 pm FOTL Crafting Evening, Mercy Hall
Friday October 5	12:10 pm / Rex Rallanka S.I. Titi Kila S.I. Joyce Rallanka	
Saturday October 6	5:00 pm / Manny & Sanjuana Guardado S.I.	10:00 am CCD Classes Brown Bag Lunch Collection Weekend 5:00 pm RCIA Rite of Acceptance

## Readings & Observances

Sunday: **26th Sunday in Ordinary Time**

Nm 11:25-29/Ps 19:8, 10, 12-13, 14 [9a]/Jas 5:1-6/Mk 9:38-43, 45, 47-48

Monday: **St. Thérèse of the Child Jesus, Virgin & Doctor of the Church**

Jb 1:6-22/Ps 17:1bcd, 2-3, 6-7 [6]/Lk 9:46-50

Tuesday: **The Holy Guardian Angels**

Jb 3:1-3, 11-17, 20-23/Ps 88:2-3, 4-5, 6, 7-8 [3]/Mt 18:1-5, 10

Wednesday: **Jb 9:1-12, 14-16/Ps 88:10bc-11, 12-13, 14-15 [3]/Lk 9:57-62**

Thursday: **St. Francis of Assisi**

Jb 19:21-27/Ps 27:7-8a, 8b-9abc, 13-14 [13]/Lk 10:1-12

Friday: **Bl. Francis Xavier Seelos, Priest**

Jb 38:1, 12-21; 40:3-5/Ps 139:1-3, 7-8, 9-10, 13-14ab [24b]/Lk 10:13-16

Saturday: **St. Bruno, Priest; Bl. Marie Rose Durocher, Virgin**

Jb 42:1-3, 5-6, 12-17/Ps 119:66, 71, 75, 91, 125, 130 [135]/ Lk 10:17-24

Talitha cum!

Si tus manos codiciosas te hacen pecar, córtaselos!  
Si tus pies perezosos te hacen pecar, córtalo!  
Si tus ojos lujuriosos te hacen pecar, ¡cómpralos!  
Si tus oídos snoopy te hacen pecar, recórtalo!  
Si tu estómago en crecimiento te hace pecar, ¡destrúyelo!  
Si tu lengua de odio te hace pecar, recórtala.  
Si tu orgulloso corazón te hace pecar, ¡destrúyelo!

Es mejor entrar a la vida sin nada

Y si nada hace que toques a Dios, ¡aquí hay dos manos!  
¡Y si nada hace que camines hacia Dios, aquí tienes dos pies!  
Y si nada hace que veas a Dios, ¡aquí tienes dos ojos!  
Y si nada hace que escuches a Dios, ¡aquí tienes dos oídos!  
Y si nada te hace consumir a Dios, ¡aquí hay un estómago!  
Y si nada hace que hables de Dios, ¡aquí hay una lengua!  
Y si nada hace que sientas a Dios, ¡aquí hay un corazón!

¡Es mejor entrar a la vida!

## Por qué los católicos creen en Ángeles guardianes

Al Kresta | Abridged

Los católicos celebran la Fiesta de los Ángeles Guardianes el 2 de octubre porque cada individuo tiene un ángel guardián, y la conciencia de nuestro ángel guardián puede ser un consuelo y una ayuda en nuestro crecimiento espiritual.

La creencia en los ángeles guardianes es una implicación de sentido común de muchos pasajes de las Escrituras. Por ejemplo, "porque él les ordenará a sus ángeles que lo guarden en todos sus caminos". En sus manos te sostendrán, no sea que pises con tu pie contra una piedra" (Sal. 91: 11-12).

Tal cuidado personal angelical aparece a menudo. La heroína hebrea Judit dijo: "Su ángel ha sido mi guardián, yendo de aquí y permaneciendo allí, y volviendo de allí acá" (Jdt 13:20 Douay). En el Nuevo Testamento, la tarea de los ángeles como "espíritus ministradores enviados para servir, por amor de los que han de obtener la salvación" (Hebreos 1:14) se revela aún más claramente que en el Antiguo Testamento.

Cuando Jesús nos insta a desarrollar la confianza y la modestia de los niños pequeños y luego advierte a aquellos que despojarían las almas de estos pequeños, concluye con lo que nos puede parecer una curiosa declaración: "Mira que no desprecies a uno de los pequeños". unos, porque les digo que en el cielo sus ángeles siempre contemplan el rostro de mi Padre celestial" (Mt 18:10). Cada uno de estos niños pequeños tiene su propio ángel ante Dios en el cielo.

Refiriéndose a las palabras de Cristo arriba, San Jerónimo comentó: "Cuán grande es la dignidad del alma, ya que cada uno tiene desde su nacimiento a un ángel comisionado para guardarlo". Santo Tomás de Aquino enseñó además que nuestros ángeles guardianes podían actuar sobre nuestros sentidos y imaginación, aunque no en nuestra voluntad. Agregó que también permanecerían con nosotros después de nuestra unión final con Dios. [...]





## LAS LECTURAS Y CONMEMORACIONES SEMANALES

Las lecturas de la semana del 30 de septiembre de 2018

### Domingo: **26o Domingo del Tiempo Ordinario**

Nm 11, 25-29/Sal 19, 8. 10. 12-13. 14 [9]/Sant 5, 1-6/Mc 9, 38-43. 45. 47-48

### Lunes: **Santa Teresita del Niño Jesús, virgen y doctora de la Iglesia**

Job 1, 6-22/Sal 17, 1. 2-3. 6-7 [6]/Lc 9, 46-50

### Martes: **Los Ángeles Custodios**

Job 3, 1-3. 11-17. 20-23/Sal 88, 2-3. 4-5. 6. 7-8 [3]/Mt 18, 1-5. 10

### Miércoles: **Job 9, 1-12. 14-16/Sal 88, 10-11. 12-13. 14-15 [3]/Lc 9, 57-62**

### Jueves: **San Francisco de Asís**

Job 19, 21-27/Sal 27, 7-8. 8-9. 13-14 [13]/Lc 10, 1-12

### Viernes: **Beato Francisco Javier Seelos, sacerdote**

Job 38, 1. 12-21; 40, 3-5/Sal 139, 1-3. 7-8. 9-10. 13-14 [24]/Lc 10, 13-16

### Sábado: **San Bruno, sacerdote; Beata María Rosa Durocher, virgen**

Job 42, 1-3. 5-6. 12-17/Sal 119, 66. 71. 75. 91. 125. 130 [135]/Lc 10, 17-24

## VERSO DEL EVANGELIO DE DOMINGO

En aquel tiempo, Juan le dijo a Jesús: "Hemos visto a uno que expulsaba a los demonios en tu nombre, y como no es de los nuestros, se lo prohibimos". Pero Jesús le respondió: "No se lo prohíban, porque no hay ninguno que haga milagros en mi nombre, que luego sea capaz de hablar mal de mí". - Mc 9, 38-39

## MEDITACIÓN EVANGÉLICO

La enseñanza de este domingo es muy clara, y de gran ayuda para todas las personas que trabajan en el ministerio en las parroquias y otras instituciones. Saber que nadie tiene el monopolio del Espíritu de Dios. Digo, por aquellos que creen que sólo está en ciertos grupos y ciertas personas. No todos los que se dicen profetas lo son, y se debe poner mucho cuidado en ellos y sus enseñanzas. Un buen líder, o discípulo, es el que está en sintonía y unidad con sus sentimientos y los planes de Dios. Como ejemplo tenemos a Moisés en la Primera Lectura cuando da la respuesta a Josué. "Ojalá que todo el pueblo de Yavé fuera profeta, que Yavé les diera a todos su espíritu". (Números 11:29).

En ocasiones, los que sirven en las parroquias son intolerantes y presumidos olvidándose de aprender a valorar los distintos dones que tienen las personas y que son dados por Dios para el servicio. El ministerio no es de nadie, es de Dios y por el Bautismo todos han recibido al Espíritu de Dios. El Papa San Juan XXIII decía. "Hay profetas asalariados, que tienen demasiados intereses creados". Dios inspira a muchas personas que piensan distintamente y ayudan a la sociedad de diferentes maneras. El Papa Francisco nos dice que. "El profeta, si lo es de verdad porque se ha dejado llevar por el espíritu de Jesús, tiene que denunciar la injusticia, venga de donde venga, y anunciar la esperanza a los pobres y excluidos de todo tipo. Si no es así, es sólo un profeta asalariado, un falso profeta. La Iglesia entera ha hecho una opción por los pobres". (EG 198). ¡Ayúdame Señor, a aceptar a los que no piensan como yo!

## VIVIR LA LITURGIA

Quien no está contra usted, esta con usted. ¿Su propia imagen de Dios es más grande que las categorías que muchas veces el mundo le da a Dios? Dios ha actuado en este mundo desde los comienzos del tiempo y se ha conectado con la creación íntimamente por miles de años antes de la creación de la humanidad. ¿Usted ha considerado que Dios existía cuando los dinosaurios caminaban por el mundo? La presencia de Dios puede ser sorprendente y es visible cuando las personas, sin importar la fe o religión, hacen cosas buenas. Se ha notado esto durante el transcurso de nuestra historia cuando las personas, a pesar de diferencias, sacrifican su propia seguridad y necesidades para ayudar a los demás. Dios es aun más grande de lo que nos imaginamos. Trate de estar presente y estar consciente de las maneras en que Dios trabaja en todos momentos de su vida. Si no está atento, la presencia de Dios se le puede hacer desapercibida.

## LA CORRESPONSABILIDAD DIARIA

Mi hijo mayor se llama Nathanael. Mi esposa y yo decidimos usar la forma antigua de deletrear su nombre y él ha tenido que corregir a los que tratan de deletrear su nombre por más de 20 años. Los que nunca lo han conocido no saben por seguro cómo deletrear su nombre. Pero, cuando le pusimos su nombre, le pusimos un nombre que solo sus amigos lo pudieran reconocer y que Dios conocía.

En el Evangelio, Jesús le dice a Nathanael que es "verdadero hijo de Israel." Nathanael se pregunta cómo Jesús lo conocía. Jesús lo reconoce hasta antes de que le hablara. Jesús nos conoce a nosotros y nos llama a creer en Él. Sin embargo, ¿nosotros conocemos a Jesús lo suficiente para seguirlo?

Muchos de nuestros hijos e hijas creen en Jesús. Nosotros creemos en Jesús. Él nos conoce mejor que nos conocemos a nosotros mismos. Pero, ¿verdaderamente lo conocemos? ¿Tenemos una relación genuina con Él? ¿Hemos permitido que Jesús transforme nuestras vidas? Yo sé que mi hijo cree en Jesús. Espero y oro que los dos conozcamos a Jesús aunque sea mitad de los que Él nos conoce a nosotros.

--Tracy Earl Welliver, MTS





~A Part of the Sacramento Community for 129 Years~

# Cathedral of the Blessed Sacrament

1017 11th Street, Sacramento, CA 95814

**916-444-3071**, Fax 916-443-2749 , [cathedralsacramento.org](http://cathedralsacramento.org)

Rectory Office Hours — Monday to Friday, 9:00 am to 12:00 pm, 1:00 pm to 5:00 pm



September 30 2018 \* 26th Sunday in Ordinary Time

## PASTORAL AND ADMINISTRATIVE STAFF

**Father Michael O'Reilly, Rector**

**Father Kieran McMahon, Priest in Residence**

**Father Nicholas Ho, Chinese Mass**

Deacon John Gisla, Office Manager

Deacon Don DeHaven

Deacon Edgar Hilbert

Deacon Omar Bardales

Sister Jenny Aldeghe, Director of Education

Michael Ognisty, Sacristan

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Tom Waddock, Cathedral Manager

Carmen Perez, Secretary

Katie McAllister, Bookkeeper

Titi Kila, Wedding Coordinator

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The Most Reverend **Jaime Soto, D.D, M.S.W**  
Bishop of Sacramento

2110 Broadway, Sacramento, CA 95818

Office Hours: 8:30am - 4:30 pm

Phone 916-733-0100, Fax 916-733-0195      **scd.org**

## MASSES

Monday to Friday	12:10 pm
Monday to Thursday	5:10 pm
Saturday Vigil	5:00 pm
Sunday	7:30 am
	9:00 am
	11:00 am
	1:00 pm en Español
	3:00 pm Chinese
	5:00 pm
	7:00 pm en Español
State Holidays	12:10 pm only

## SACRAMENT OF CONFESSION

Monday to Friday	11:30 am to 12:00 pm
Saturday	4:00 pm to 4:45 pm
Domingo en Español	12:30 pm a 12:45 pm
	6:30 pm a 7:00 pm

## EUCCHARISTIC ADORATION

When attendants are available:

Wednesday	12:45 pm to 4:45 pm
Thursday	12:45 pm to 4:45 pm
Friday	12:45 pm to 3:45 pm

## ANOINTING OF THE SICK - By appointment

## BAPTISMS (Registration is required)

English - 3rd Saturday of the month, 9:00am  
Español - 4º Sábado del mes, 9:00am

## BAPTISM CLASSES (No registration required)

English - 1st Thursday of the month, 7:00pm  
Español - 2do jueves del mes, 7:00pm

## TOURS

Tours are free and are led by trained Docents after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours in Spanish are held the 1st & 3rd Sundays of the month after the 1pm Mass. Tours begin at the Baptismal Font. Contact 916-444-3071 to arrange free private group tours.

## GIFT SHOP on the Lower Level

Sundays	9:00 am to 3:00 pm
Tuesdays	10:30 am to 12:00 pm

## ~Bulletin Ministry~

Editor: Lyssa Black  
Advisor: Father Michael O'Reilly  
Spanish Translations: Carmen Perez  
Chinese News: Kenneth Ng

Send submissions to [cathedralsacramento@gmail.com](mailto:cathedralsacramento@gmail.com)  
See calendar on our website for submission deadlines



## CATHEDRAL MINISTRIES

<b>Altarservers</b>	Michael Ognisty, mfognisty@msn.com.
<b>Benedictus Youth Group</b>	Victoria Ramos, benedictusy@gmail.com
<b>Brown Bag Lunch Ministry</b>	Jerri Rush, jerrirush@comcast.net
<b>Catechesis of the Good Shepherd</b>	for ages 3+, for information, visit youngsheep.org, or call 916-910-3435
<b>Cathedral A.C.T.S.</b>	saccathedralacts.org
<b>Cathedral Men's Group</b>	Bob Meyers, cynm1@yahoo.com
<b>Cathedral Saint Vincent de Paul</b>	contact the rectory office
<b>Cathedral Young Adults</b>	Titi Kila, cathedralya@gmail.com
<b>Choir (English)</b>	Rex Rallanka, Music Director, rrallanka@cathedralsacramento.org
<b>Choir (Spanish)</b>	Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after 7pm Mass.
<b>Cinema Divina Movies</b>	Reggie King, Brian Perez, thecatholicstore@gmail.com
<b>Communion &amp; Liberation</b>	catechesis meets every Wednesday at 7:15pm in the Cathedral Lower Level.
<b>Docents</b>	Jill Pease, peasejill@gmail.com
<b>Email Prayer Chain</b>	Lynne Amerson, cbs1017pc@yahoo.com.
<b>Extraordinary Ministers of Holy Communion</b>	Amy McCormick, ammccormick@att.net
<b>Festival of Trees and Lights</b>	Paula Trujillo, trupaula@gmail.com
<b>Front Door Ministry</b>	ministries@cathedralsacramento.org
<b>Greeters and Ushers</b>	Tom Waddock, 916-444-3071, x 36
<b>Hospitality</b>	Celeste Gisla, jfgisla@surewest.net
<b>Knights of Columbus</b>	Jaime Elizaldi, jaime.elizaldi@gmail.com
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<b>Respect Life Ministry</b>	Veronica Avina, veronicaavina@yahoo.com
<b>Rosary Club</b>	Lolita Urrutia, lolita.urrutia@gmail.com.
<b>Spanish Parents Group Leaders</b>	Leticia Hilbert, leticia_hilbert@hotmail.com

To learn more about the ministries at the Cathedral,  
visit our website:

[cathedralsacramento.org](http://cathedralsacramento.org)

### CATHEDRAL PARISH REGISTRATION & UPDATE Actualización y registro de la parroquia de la Catedral

*You can also register online at [cathedralsacramento.org](http://cathedralsacramento.org) / Visit Us / Register as a Parishioner*

Name (*Nombre*): \_\_\_\_\_

Street Address (*Domicilio*): \_\_\_\_\_

City (*Ciudad*): \_\_\_\_\_ State (*Estado*): \_\_\_\_\_ Zip (*Código postal*): \_\_\_\_\_

Phone (*teléfono*): (\_\_\_\_) \_\_\_\_\_ Cell Phone (*Celular*): (\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_

**For additional family members, please attach a separate sheet.**

Please indicate:	Por favor indique:
New Parishioner/Individual	Nuevo Parroquiano / Individuo
New Parishioners/Family	Nuevo Parroco / Familia
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*Please return by (Regrese por favor):*

- 1) Put into collection basket at mass (deposite en la canasta de la colecta en misa)
- 2) Scan to pdf file and email: [blessed@cathedralsacramento.org](mailto:blessed@cathedralsacramento.org) (escanear a pdf file y envía por correo electrónico)
- 3) Fax to: 916-443-2749
- 4) Mail to (correo): 1017 11th Street, Sacramento, CA 95814

## RELIGIOUS EDUCATION PROGRAMS

The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A for teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program. For information on all of these programs, contact Sister Jenny and her staff at 916-444-5364 or [jenny@cathedralsacramento.org](mailto:jenny@cathedralsacramento.org).

## MARRIAGE PREPARATION

The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Janet & Omar Bardales at [matrimonyprep@att.net](mailto:matrimonyprep@att.net), or 916-427-9160, or Sister Jenny at 916-444-5364. You do not have to have your wedding at the Cathedral in order to take this class.

## GET MARRIED AT THE CATHEDRAL

If you would like to celebrate the Sacrament of Matrimony at the Cathedral, download the Cathedral Wedding Guidelines and Reservation Form on the cathedral website. Contact the parish office at least *six months* before your desired wedding date to arrange a meeting with Wedding Coordinator, Titi Kila, at the Cathedral Office, 916-444-3071 x13, [tkila@cathedralsacramento.org](mailto:tkila@cathedralsacramento.org).

## HAVE YOUR MARRIAGE BLESSED IN THE CHURCH

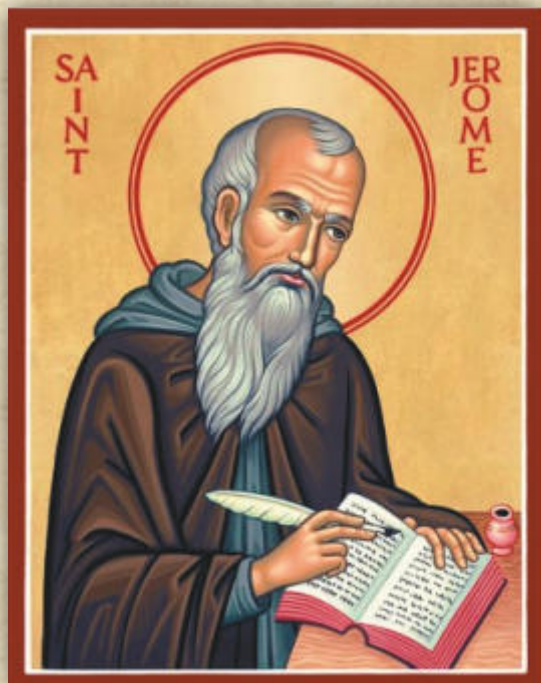
If you would like to have your civil marriage blessed in the Catholic Church, please call or email Deacon John at the Cathedral Office to explore this possibility: 444-3071 Ext. 11; [jgisla@cathedralsacramento.org](mailto:jgisla@cathedralsacramento.org). This can often be done in a small, private ceremony called a Convalidation, without any cost or fee. If you have been together for a number of years and would like to be married in the Church, this can also often be done in a small, private ceremony without any cost.

## QUINCEAÑERA

This is the tradition of celebrating a young girl's coming of age on her 15th birthday with a Mass, and highlights the virtues of family and social responsibility, recognizing her journey from childhood to maturity. For more information on celebrating this beautiful tradition at the Cathedral, call Titi Kila, at 916-444-3071, x13, or [titi-kila@cathedralsacramento.org](mailto:titi-kila@cathedralsacramento.org).

## LITURGY OF THE WORD FOR CHILDREN

For ages 5 to 10 years old, at the 11:00 am Sunday Mass (Check calendar for dates), this program provides children with age appropriate explanations of the Sunday readings and gives parents with young children an opportunity to focus on the Scripture readings and the homily without distractions. Children return to their families before the Offertory. For more information, contact the education office or Dorothy Corgiat at [dlcorgiat@yahoo.com](mailto:dlcorgiat@yahoo.com).



### 聖熱羅尼莫 (九月三十日)

耶柔米約於三四二年生在撻馬太的斯特利多，但是在羅馬成長和就學。約360年教宗利伯流為他受洗。耶柔米年青時有志於博覽宗教方面的書籍，並且遍遊天下的名勝。自三六六-三七零年間，走遍西方所有的城市之後，他又遍遊東方，當他到了安提阿市，在安提阿生了一場大病。有一天在異象中，覺得他到上了主的審判台前。當他稱自己為基督徒時，有一聲音說：「你說謊。你是西塞羅的信徒，而不是基督的追隨者，因為你的財寶在那裏，你的心也在那！」於三七四年他就到曠野去專心研究神學及聖經。並且學習希伯來文，在離安提阿不遠之處修道，在三七九年時他到君士坦丁堡，在拿先索斯的貴格利的門下受教。三八二年回到羅馬在那宣講他的主張及修道主義。修道主義在西方仍有些人反對。雖然在第四世紀末有耶柔米、安波羅修和希波的奧古斯丁都提倡及傳講。當耶柔米傳講修道主義優點時，贊成的特別是在羅馬的高貴婦女為主。可是有些聖職階級的也有反對的。三八五年，耶柔米永久地離開羅

馬，在耶路撒冷各地朝聖后定居伯利恆。後來他到了當年在羅馬受他感動的保拉在伯利恆建的男修道院當院長，一直到四二零年去世，享年約有八十歲。

#### Saint Jerome (September 30)

Saint Jerome was born at Stridon around 342 A.D., and he grew up and went to school in Rome. He was baptized in 360 A.D. by Bishop Bonosus. When he was young, he was interested in experiencing books on religion and traveling around the world. Since 366-370 A.D., after traveling through all the cities in the West, he traveled to the East again. When he arrived in Antioch, he had a serious illness. During one of these illnesses, he had a vision that led him to lay aside his secular studies and devote himself to God. When he called himself a Christian, he had a voice saying, "You lie. You are a believer in Cicero, not a follower of Christ, because your treasure is there, your heart is there!" In 374 A.D., he went to the wilderness to concentrate on theology and the Bible, learned Hebrew, and practiced in the distance not far from Antioch. In 379 A.D., he went to Constantinople to pursue a study of Scripture under Gregory Nazianzen. He returned to Rome in 382 A.D. to preach his claims and doctrines. There is still some opposition to monasticism in the West even though at the end of the fourth century, there were Jerome, Apollo and Hippo's Augustine who advocated and preached. When Jerome spoke of the merits of monasticism, it was accepted particularly by the noble women in Rome. However, some people in the vocations disagree. In 385 A.D., Jerome left Jerusalem forever and settled in Bethlehem after pilgrimages throughout Jerusalem. Later, he became the lead of the monastery built by Paulinus who inspired him in Rome in the same year, and he died in 384 A.D. He was about 80 years old.

#### 本週報告 (會長)

慕道班將於每星期彌撒後以中文舉行。如果您認識的任何朋友或家人對天主教信仰有興趣，請邀請他參加。

#### Announcement this week (President)

We will have the RCIA every week after mass in Chinese. If any friend or family member you know is interested in the Catholic faith, feel free to invite him/her to the RCIA.

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