

# The Cathedral Monthly Tidings



Sacramento, California

February

1908

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# The Cathedral Monthly Tidings

Sacramento, California

OFFICE, 416 J STREET

TELEPHONE, OAK 3316

Vol. I.

FEBRUARY, 1908

No. 4

Cathedral of the Blessed Sacrament, Eleventh and K Streets.

RT. REV. THOMAS GRACE, D. D., Bishop of Sacramento.

RT. REV. MSGR. T. J. CAPEL, D. D.

REV. J. H. ELLIS.

REV. PATRICK RYAN.

REV. P. J. HAYES.

REV. PETER J. VAN SCHIE.

Office Hours of Cathedral Clergy: 10 to 12 a. m., 2 to 4 and 7 to 9 p. m. Sick calls should be sent in before 10 a. m. if possible. Urgent sick calls are attended at any hour.

## Invitation

Cathedral of the Blessed Sacrament,  
Sacramento, California.

You are earnestly invited to rent a pew, or part of a pew, in the Cathedral. The expenses for the proper maintenance of the building, repairs, ornamentation, light, heat, labor and the living of the Clergy, amount to a large sum annually, to meet which we are entirely dependent on the voluntary offerings of the good people of the parish. Apart from the necessity of having such a source of revenue as pew rent to meet these demands, there is an obligation upon all to give towards the extension of the Church of God, as God has given to us. It also lends order to the public services of the Church, and it is only proper that each Catholic in the parish, who

can afford to do so, should hold a sitting in the Cathedral.

## Lenten Services at the Cathedral

Devotions, Sermon and Benediction on Wednesday evenings at 7:30.

Stations of the Cross and Benediction on Friday evenings at 7:30.

Vespers, Sermon and Benediction on Sunday evenings at 7:00 o'clock.

Every Catholic family in Sacramento and in the diocese should make it a point to subscribe for the local Catholic paper about to be launched here with the permission and sanction of the Rt. Rev. Bishop. We should not wait to be called upon by an agent, but should show our interest and appreciation by volunteering practical support for this badly needed addition to our diocesan equipment.

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**Calendar for March**

1. Sunday: Quinquagesima.
4. Wednesday: Ash Wednesday.
6. Friday: First Friday; Crown of Thorns.
7. Saturday: St. Thomas Aquinas.
8. Sunday: First Sunday in Lent.
10. Tuesday: The 40 Martyrs of Sebaste.
11. Wednesday: Ember Day.
12. Thursday: St. Gregory the Great.
13. Friday: Ember Day. Holy Lance and Nails.
14. Saturday: Ember Day.
15. Sunday: Second Sunday in Lent.
16. Monday: St. Columba.
17. Tuesday: St. Patrick.
18. Wednesday: St. Gabriel, Archangel.
19. Thursday: St. Joseph, Spouse, B. V. M.
20. Friday: The Holy Shroud.
21. Saturday: St. Benedict.
22. Sunday: Third Sunday in Lent.
25. Wednesday: Annunciation, B. V. M.
27. Friday: The Five Wounds.
28. Saturday: St. John Capistran.
29. Sunday: Fourth Sunday in Lent.

**St. Patrick, Apostle of Ireland**

St. Patrick, whose feast occurs on March 17, was born in Gaul toward the close of the fourth century. At the age of sixteen he was carried captive into Ireland and held there for six years. He found a means to return home and then to satisfy the wish of his heart, the conversion to

Christianity of the land of his captivity. He studied letters at Lerins, a noted seat of learning, and later he attended the College of The Lateran, Rome. With the blessing of Pope St. Celestine he set out for the western island in 432. Landing in Meath, he began his marvelous missionary career which ended about sixty years later in the conversion of the whole island. By prayer and unbounded sympathy and love for his adopted countrymen he succeeded in winning the hearts of all to Christ. He built his cathedral at Armagh, on the spot where the present Primate of All Ireland, Cardinal Logue, has erected the new and stately St. Patrick's.

The saint's body was buried in Down, where he died in 493, and where it was found in 1185.

Thus, therefore, saith the Lord:

"So long as sea girdeth this isle, so long thy name shall hang in splendor o'er it like the stars of God."

**St. Joseph, Patron of the Universal Church, March 19**

By reason of the fostering care bestowed on our Savior by St. Joseph during his life and the exalted position given him by God, all Christians naturally look to him as the model of virtue and our intercessor. This love which Christians have for St. Joseph prompted them to call March the month of St. Joseph, and prompted the Church to honor him with the title of its universal patron, and to make March 19th a day of special devotion to him. We learn from him

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**Lent**

The Lenten season, which is almost  
 with us, invites us again to mortify  
 the body so that the soul may be  
 strengthened. The prescribed fasts  
 and abstinence, the public exercises of  
 the Church (which the spirit of the  
 time calls on us to attend), the works  
 of charity (which we are exhorted to  
 perform), all go to enkindle in our  
 hearts and minds devotion to the Al-  
 mighty, and to our own eternal inter-  
 ests. Lent comes to us substantially  
 from the times of the Apostles. Its  
 forty days are in memory of the fast  
 kept by our Savior during the same  
 period. Though the discipline of the  
 Church no longer requires of us the  
 austerity that our forefathers in the  
 faith practiced at this time, the same,  
 may even greater motives for penance  
 exist today. Therefore, should all

Catholics do what not only is of ob-  
 ligation at this time, but festivities,  
 theatricals, parties and socials should  
 be suspended as these are incompat-  
 ible with the spirit of penance and  
 self-denial.

**The Annunciation March 25**

When the Angelus rings at morn-  
 noon and evening how many of us  
 does it call to prayer? Millet would  
 certainly have to travel much in these  
 days to find those who recite the An-  
 gelus publicly. Like the Angelus, the  
 25th of March commemorates the  
 happy tidings conveyed by the Angel  
 to the Blessed Virgin, that she was  
 set aside to become the mother of  
 God. As God honored Mary so, how  
 reasonable is the honor Christians be-  
 stow on the Blessed Virgin. Great  
 benefits must come from having con-  
 stantly before us the mystery of the  
 Incarnation. The Angelus not only  
 does this, but in honoring the Blessed  
 Virgin, honors God also.

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**The Christian Idea of Life**

(By Sacerdos.)

"For the man of the world, life is but a space to be got over as slowly as possible, by the pleasantest road; but the Christian does not regard it in such a light. He knows that every man is the vicar of Jesus Christ to labor by the sacrifice of himself for the redemption of humanity, and that in the plan of this great work each has a place marked out eternally, which he is free to accept or refuse."

Is this the Christian idea of life today? Yes, undoubtedly, it is. But this idea is not carried into practice. Christian parents realize the role their children must fill on the stage of life. Are the Christian parents preparing their children for that calling? What role the child of today plays, that will be the part of the Christian in the life of tomorrow. The child must be today formed on obedience, must have the mind disciplined, must have the seed of character sown. The influ-

ence of youth on after years is often not sufficiently realized: "The childhood shows the man, as morning shows the day." At an early date obedience must be exacted of the child. The child must be taught that authority is a sacred thing, that it is the golden ladder whose lowest rung rests on earth and whose top is bound to the great white throne of God.

Parents realize that education is necessary, but do they think

"How empty learning, and how vain is art,

But as it mends the life and guides the heart."

Then religious education is the requisite. The moral education, the sowing of the seed of character consists in calculating self-knowledge, self-reverence, and self-control.

Among the German race, there is a saying constantly in use, short, yet conveying a great deal: "Ernst ist das leben," (Life is serious.) Well for us to think often on it.

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### St. Patrick's Day Celebration

The Ancient Order of Hibernians will celebrate St. Patrick's Day by holding their annual dance in Turner Hall, and as jig and reel music will be furnished and some celebrated jig dancers will be in attendance, the old as well as young folks, can enjoy an evening of amusement.

The gallery will be specially devoted to jig dancing, and lovers of such will find "old recollections brought back to mind."

So let all attend and spend a few pleasant hours on the evening of St. Patrick's Day.

The approaching season of Lent can be made a time of inestimable spirit-

ual benefit to each one of us in this parish. Every possible aid to that end will be afforded by the clergy, but it rests wholly with ourselves what advantages we reap from the means placed at our command. For some of us, no doubt, it will be the last Lent spent upon earth. This is a solemn thought, but it comports with the occasion and with the experience of the ages.

The finest testimony of loyalty to everything that the celebration of St. Patrick's Day stands for, on the part of the sons of the race which the great apostle evangelized, is devout assistance at the Holy Sacrifice on the anniversary kept in honor of Erin's glorious patron.

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## A DIOCESAN JOURNAL

With the cordial approval of the Rt. Rev. Bishop, the diocese of Sacramento is to have at an early date, if present plans mature, a high class weekly paper devoted to the Catholic interests and activities of this large and rapidly developing section of the State. The need of such a publication has long been felt by thoughtful Catholics in this territory. Many movements are in progress here for the promotion of faith and piety, and for the advancement of the Catholic body along all lines, both spiritual and material. These are rendered less fruitful than they ought to be by reason of the absence of a proper medium through which to spread their influence. We may think as we will, but there is no gainsaying the power of the printed word, for good or ill, in these days of universal addiction to the reading habit. Everybody reads something with a persistence and avidity almost heroic, from sheer force of habit. Catholics, in common with others, are infected with the virus. The quantity and quality of current "literature" that finds most popular acceptance among the masses, attests the indiscriminate utterly unbridled character of this form of mental exercise, or whatever we choose to denote it, as commonly practiced. That such a condition of literary activity is far from being an unmixt blessing, is recognized by the least observant. Consumption and assimilation of the ceaseless and constantly growing stream of printed matter flowing daily from a thousand presses in every large center, is pro-

ducing its logical effects. The great bulk of this stuff is worthless when it is not positively vicious. People have practically ceased to think, and the taste for sober thought is rapidly becoming a lost art, outside of a very restricted circle. The views and alleged opinions of the ephemeral press and periodical literature, even upon the most vital subjects, are accepted unquestioned, quite as a matter of course. Ready-made conclusions, very often resting upon premises utterly frivolous and flimsy, nevertheless constitute the outlook of the multitude in relation to even the most serious problems of life. The potency of the printed word thus perverted from its legitimate function, becomes and is one of the most prolific sources of popular degeneracy as regards both the mental note and the moral tone of society. It is a thing of the first importance, therefore, that Catholics should provide themselves with an effective antidote to the prevalent poison of noxious, popular literature. Aside from the usefulness of a carefully edited Catholic journal as an agency for spreading truth and exploiting movements and activities making for a higher standard of social thought and action, such a publication offsets in a large measure at least, the evil influence of vicious literature, so far as Catholics themselves are concerned. No Catholic community can afford to remain indifferent to the mission of a local Catholic paper of the right sort, or unmindful of the duty to give it loyal support, both in a moral and practical sense.

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### A Public Loss

No sincerer tribute to the memory of any man could be paid than that which this city mutely expressed about the bier of Frank D. Ryan last week. Ecomiums formally recalling his unselfish services to the community, the sterling attributes of his character and the private and civic virtues that distinguished his life, are less eloquent than the unuttered grief with which the people of the city, who knew best, followed his remains to their last resting place. It is not often that even a man of long and brilliant service in a public capacity is so generally and truly mourned by all classes among whom he lived and for whom he worked. But Sacramento did not wait for the passing of Mr. Ryan to do honor to his worth. This was practically recognized while he lived, and the popular appreciation in which his ability, character and public spirit were held was best expressed by the confidence reposed in him and by the many positions of public importance and responsibility to which he was

called. It is needless to repeat that in the discharge of every duty laid upon him, he completely justified the faith of the people in the absolute integrity and high sense of Christian honor that inspired his whole career. The loss of such a man is a public bereavement to the community, and the people of Sacramento, irrespective of all social and other lines of difference united in testifying the deep feeling of deprivation which his unexpected passing occasioned. Of the many public tributes of esteem evoked by this event, none, to our mind, approached in simple and heartfelt eloquence the brief and unstudied panegyric pronounced by the Rt. Rev. Bishop in concluding the obsequies at the Church.

The recent death of Denis O'Sullivan, a native of this State and one of the sweetest singers of the music of Ireland that America has produced, is mourned wherever the gentle art in which he so singularly excelled, is esteemed.

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## REGULATIONS FOR LENT.

Diocese of Sacramento.  
1908.

Ash Wednesday, the first day of Lent falls this year on the 4th day of March.

1. All the days of Lent, except Sundays, are fast days of obligation.

2. All persons under 21 years or over 60 years of age, those who are engaged in hard labor, the sick and convalescent, and those who can not fast without injury to their health, are exempt from the obligation of fasting.

3. All bound to keep the fast shall make but one full meal a day, except on Sundays.

4. The meal permitted on fast days should be taken about noon.

5. A collation is permitted in the evening.

6. When the principal meal can not conveniently be taken about noon, the order may be inverted, so that the collation may be taken about noon and the dinner in the evening.

7. General usage has made it lawful to take in the morning a cup of coffee, tea or chocolate, with a small piece of bread.

8. Necessity and custom have authorized the use of lard instead of but-

ter, in the preparation of all permitted foods.

9. By dispensation, the use of flesh meats is permitted at all meals on Sundays and once a day at the principal meal on Mondays, Tuesdays, Thursdays and Saturdays, with the exception of Ember Saturday and the last Saturday of Lent.

10. Persons exempt from the obligation of fasting may partake of flesh meat at all meals on days when the use of meat is permitted at the principal meal.

11. Flesh meat and fish are not to be used at the same meal during Lent, even on Sundays.

12. The use of butter, cheese, milk, and eggs, is permitted every day in Lent.

13. By virtue of an indult granted by the Holy See, March 15, 1895, workmen and their families are allowed the use of flesh meat once a day on all the fast and abstinence days throughout the year, with the exception of all Fridays, Ash Wednesday, the Wednesday and Saturday of Holy Week, and the Vigil of Christmas. Those who are exempt from the obligation of fasting are permitted to use meat more than once a day on all days, except those before mentioned, namely, Fridays, Ash Wednesday, the

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Wednesday and Saturday of Holy Week, and the Vigil of Christmas. Those who avail themselves of this indulgent are not permitted to use flesh meat and fish at the same meal, and are earnestly exhorted to perform, some other act of mortification, such as abstinence from intoxicating liquors.

14. The Paschal time extends from the first Sunday of Lent until Trinity Sunday, inclusive, during which time all Catholics who have attained the proper age are bound to receive Holy Communion worthily.

15. To afford the faithful opportunities of gaining the graces of the Lenten Season, it is hereby ordered that, in addition to the usual Sunday Devotions, Lenten exercises be held on two evenings of each week in all the Churches of the Diocese to which are attached resident pastors. On one of the evenings an instruction is to be given, on the other, the Stations of the Cross; and permission is hereby given for Benediction of the Blessed Sacrament on both evenings.

16. The faithful are reminded that besides the obligation of fasting imposed by the Church, the Season of Lent should be in a very special manner a time of earnest prayer, of sorrow for sin, of abstention from amuse-

ments, which, not sinful in themselves, are permitted during other portions of the year, and of generous almsgiving to the poor.

17. To comply with the Decree of the Third Plenary Council of Baltimore, a Collection will be taken up on the First Sunday of Lent at all the Masses, and at Vespers for the Missions among the Indians and Negroes.

The Annual Collections are:

For Orphans: First Sunday of Advent.

For Propagation of Faith for Indian and Negro Missions: First Sunday of Lent.

For Holy Father: Pentecost Sunday.

For Catholic University: Rosary Sunday, First October.

THOMAS GRACE,  
Bishop of Sacramento.

The St. Aloysius Sanctuary Society of St. Stephen's Church is a vigorous and flourishing organization. It is ably officered by Prefect George Woods and Assistant Prefects Leslie Cahill and William Contente. The members are: Dominic Yutrovich, James Lane, Robert Lawrence, John Lelva, William Keefe, Ernest Capra, Paul Sears, James Sinnott, Raymond Wootten and Manuel Enos.

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## The Chico Institution

The institution of a council of the Knights of Columbus at Chico last Sunday is described by those who were present and participating as one of the most enjoyable and successful functions in the history of the order in this part of the State. There was a large attendance of members from the local councils and strong and representative delegations from the bay cities. The arrangements for the entertainment of the visiting Knights were admirably conceived and carried out. Many expressions of praise concerning the hospitality of the baby council were heard, and only the pleasantest impressions were borne away. Some forty candidates were initiated, including several from outside. The new council embraces much excellent material and starts on its career very auspiciously.

## Y. M. I. Anniversary

The Twenty-second Anniversary of the institution of the local institute of the Y. M. I. will be celebrated this afternoon at Serra Hall. An appropriate program of exercises has been arranged, including an address by Rt. Rev. Msgr. Capel. The consolidation of the two institutes in this city has aroused new interest and enthusiasm among the members which augurs well for the future development and activity of the organization in Sacramento. The Y. M. I. has a long and brilliant record of usefulness here, and the best wishes of the Catholic community for its continued success and prosperity attend the present celebration.

There will be a suspension of public festivities under Catholic auspices until after Easter.

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**RICE BROS. Sacramento, Cal.****Y. L. I. Reception**

Turner Hall was the scene of a charming social entertainment on Friday night, when the members of Grace Institute and their friends gathered to enjoy the annual ball given by that organization. The affair was in many respects a very novel one, and the patriotic features introduced made a decided hit. A "Betsy Ross" party as managed by the young ladies of the Institute, leaves an Oliver Twist craving for more of the same, on the part of the majority of participants. The attendance on Friday night comfortably filled Turner Hall and there was an atmosphere of hospitality and good fellowship that rendered the occasion one long to be remembered by all present.

**The Valentine Party**

The Young Ladies' Sodality of the Cathedral Parish gave their Valentine Party on February 14th at Turner Hall. The attendance was large and the dancing thoroughly enjoyed.

The reputation of these young ladies as entertainers was more than sustained by the success of this party, and the members were heartily con-

gratulated on their ability in that line. Turner Hall never appeared to better advantage, and with hundreds of red paper hearts of different sizes festooned from the center to the corners and also along the walls, presented a very tasteful and artistic setting for the dances. Across the front of the stage the decorating committee had arranged a bank of ferns and potted plants and from behind this the orchestra rendered excellent music. The programs were pretty Valentines with the order of dances on the reverse side. The floor committee wore red heart-shaped badges.

Taken as a whole this party was one of the most enjoyable of the season, and added greatly to the long list of successful entertainments credited to this Sodality.

The proceeds of the party will be devoted to the purchase of a statue for one of the niches in the front of the Cathedral.

Readers of The Cathedral Monthly Tidings are kindly asked to give preference, when possible, to the patrons of its advertising columns. The appearance of the cards of business firms therein is evidence that the houses represented seek and appreciate Catholic trade.

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### St. Joseph's Academy

On the afternoons of January 29th and 30th Professor Laotsokos lectured on Ancient and Modern Greece to the pupils of St. Joseph's Academy, illustrating the lectures by stereopticon views. A few days later the Academic Classes enjoyed the Professor's "talk" on the structure of "the mother tongue of Homer and Sappho."

The Elementary Pupils of St. Joseph's Academy entertained the young ladies of the Academic and Intermediate Departments with a very pleasing and patriotic "Washington's Birthday" program on Friday afternoon. This is the second effort of the little people in this line. They gave a charming "Christmas" program just before the close of school

for the holidays, which was voted by the young ladies a most enjoyable affair.

On Wednesday afternoon the children greatly enjoyed the exhibition of Mrs. Fox's wonderful trained birds and dogs, learning incidentally the marvels that may be brought about by persevering kindness.

The tennis players, now that the balmy Spring weather has come, are again getting into practice and propose forming teams for contests. Basket ball teams are much talked about among the Intermediates.

Ecclesiastical news as chronicled in the daily press despatches from Rome must be accepted with a liberal allowance of salt.

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