



August 25 2019 - 21st Sunday in Ordinary Time

Volume 19* Issue 34

Cathedral of the Blessed Sacrament

1019 11th Street, Sacramento, CA 95814 * 916-444-3071



Pastor's Corner

[In October] we celebrate the feast of St. Francis of Assisi. Although his life was one of great poverty, his simple example, eight hundred years ago, still speaks strongly to the world today. Francis' message of absolute poverty and his living example of this poverty trouble our thoughts and challenge us to grapple with Jesus' command to leave all behind and follow Him. Choosing poverty, in the end is choosing God who commands us to love Him above all things; with all our heart, soul, mind and strength. To be free of all possessions and all attachments allows one to love God with everything we are and to not place our love in anything else. This type of love for God is difficult and painful. We seldom encourage people to live this way, let alone strive to live this out ourselves.

Many who live their lives raising families and supporting others, necessarily need to create a healthy environment in this vocation. Parents can't expect their children to eat only a little bread and use a rock for a pillow. Still, as we get older and hear God's call, this challenge of giving up all things for the sake of God's kingdom must somehow be answered. I always thought that my religious vocation would be an obvious response to loving God with my entire being. Yet, the religious life has always been fraught with men and women struggling to live more simply and in poverty. My life is too comfortable, with too many distractions and too much worldliness. If I were a Franciscan, St. Francis would look at me with love and sadness. Our dear Jesus must wonder sometimes how we have lived His Gospel message of love, poverty, and crosses with such affluence.

As we pray for our daily bread, and maybe our daily cheese or egg or vegetable or piece of meat, do we really believe that this portion of food is actually sufficient? Aren't we encouraged to pray for so much more? Way too much more? To spend our lives struggling for things far beyond what is healthy for us? Can we really love God enough when our hearts are divided with love of material things? Can we really be comfortable in our gated communities knowing that many of our brothers and sisters will not be getting their daily bread? These questions and many more should haunt us on the feast of beautiful St. Francis. (First published 10-01-17)

Fr. Michael



The Story of the Martyrdom of John the Baptist

The drunken oath of a king with a shallow sense of honor, a seductive dance and the hateful heart of a queen combined to bring about the martyrdom of John the Baptist. The greatest of prophets suffered the fate of so many Old Testament prophets before him: rejection and martyrdom. The "voice crying in the desert" did not hesitate to accuse the guilty, did not hesitate to speak the truth. But why? What possesses a man that he would give up his very life?

This great religious reformer was sent by God to prepare the people for the Messiah. His vocation was one of selfless giving. The only power that he claimed was the Spirit of Yahweh. "I am baptizing you with water, for repentance, but the one who is coming after me is mightier than I. I am not worthy to carry his sandals. He will baptize you with the Holy Spirit and fire" (Matthew 3:11).

Scripture tells us that many people followed John looking to him for hope, perhaps in anticipation of some great messianic power. John never allowed himself the false honor of receiving these people for his own glory. He knew his calling was one of preparation. When the time came, he led his disciples to Jesus: "The next day John was there again with two of his disciples, and as he watched Jesus walk by, he said, 'Behold, the Lamb of God.' The two disciples heard what he said and followed Jesus" (John 1:35-37).

It is John the Baptist who has pointed the way to Christ. John's life and death were a giving over of self for God and other people. His simple style of life was one of complete detachment from earthly possessions. His heart was centered on God and the call that he heard from the Spirit of God speaking to his heart. Confident of God's grace, he had the courage to speak words of condemnation, repentance, and salvation. (franciscanmedia.org)

GOSPEL MEDITATION

Have you ever seen a celebrity? Have you ever met a political representative? Did the encounter leave you with newfound acting or musical abilities? Did it give you a grasp of the intricacies of the latest city ordinance or controversial law? Talents, expertise, and skill are hard-won traits, not rewards that spread by contact. Our life of faith is also not so easy.

"We ate and drank in your company and you taught in our streets!" In this Sunday's Gospel, Jesus notes that it requires moral strength to enter the kingdom of God. It's not mere proximity to righteousness that saves. Rubbing elbows with the righteous is not the same as being truly holy ourselves. Unfortunately, we can have this attitude in many areas. It's easy to see who may seem "first" in the eyes of the world. This occurs in our workplaces and among our public figures. It can also happen in our schools, local parishes,

Pray this prayer before your next major project

Philip Kosloski | Aletea.org

Whether it's at home, work or school, invoke God's blessing before a new undertaking.

It can be overwhelming when embarking on a new project. Especially if the project will have a major impact on your life or the lives of others, the pressure we feel could be immense. We may even feel alone and are tempted to back out.

However, God is always there at our side, ready to give his blessing that will strengthen us. He wants to help us, but we need to be humble enough to ask him for help. It requires an interior acknowledgement that whatever project we are doing, whether it's at home, work or school, can only be accomplished through his power.

Below is a prayer from the *St. Vincent's Prayer Manual* that can help orient our hearts toward God and give him the wheel for our next major project. We may not always want to do that, but when we do, he will be with us every step of the way.

I come to thee, Jesus, before I commence this undertaking, to consecrate it, through thy hands, to the glory of thy eternal Father, and to implore thy succor, that it may be executed in the manner most agreeable to him. Thou knowest, that, without thee, I can do nothing: grant me, then, the necessary assistance to accomplish the will of thy heavenly Father, to observe faithfully all the laws of justice, and keep myself free from sin in the execution of this undertaking; or rather, take the charge of the whole upon thyself. Conduct it by thy wisdom; execute it by thy power, and bring every thing to a happy issue, through thy infinite goodness, to the glory of thy Father, and to the eternal salvation of my soul. Amen.

and the larger Church. For some of us, the temptation to have the popularity and prestige rub off on us can be fairly strong. If only we are in the right place with the right people, surely others will associate us with what they possess!

But salvation is worked out in each individual life. It is our task not merely to show up, but to be transformed. And the truly transformed may not be everyone we expect. "People will come from the east and the west and from the north and the south... some are last who will be first, and some are first who will be last." Some who seem first in reputation now may be last in the kingdom of God. Others who appear now on the furthest fringes of society - but better imitate the lowly holiness of Jesus - will be first in his kingdom. What are your concerns? Proximity and reputation? Or prayerful righteousness?

21st Week in Ordinary Time

"For behold, some are last who will be first, and some are first who will be last."

~Luke 13:30~



For the Special Intentions of:

Deacon Don DeHaven

Claire Ramirez

Richie Delgado

Felipa C

Roy Weston

Hudson Family

Jeanine Pamintuan

John Paul Jessica Martinez

Margot Bogue

Raquel Lua Ramirez

Terry, Debbie, Taylor, Lamar, Jim

Esther Valdez

Savannah Avila

For the Repose of the Soul of:

Phil Lopez+

Robert F Johnson+

May, Lui, Lani, Mark, Mabel,

Marilyn Eipp, Mabel +

FAREWELL RECEPTION FOR SISTER JENNY - Sunday, September 1 from 12:00pm to 3:00pm in Mercy Hall, come take the opportunity to share your appreciation and well wishes with Sister Jenny as she leaves for her new assignment in Albuquerque, New Mexico. Light refreshments will be served. All are invited.



THANK YOU FOR THE WATER! Wow! You've out done yourselves! We received over 140 cases of donated water on our August 4th Water Drive weekend. Your Cathedral Brown Bag Lunch and St. Vincent de Paul ministries will now be able to supply our downtown homeless friends with plenty of cold water to stay hydrated during these hot summer months. You are the greatest and we appreciate you!

"CATHOLIC VIEWPOINT: FAITH, HOPE AND LOVE" weekly television program - faith enriching interviews with Fr. Michael Kiernan and guests such as the late Bishop Francis Quinn, Fr. Robert Spitzer, Sr. Libby, Fr. Matthew Spencer from Relevant Radio and many other clergy and laity. Tune in on Comcast channel 20, Consol.19 and AT&T 14, on Sun. 7:00 AM, Tues. 9:30 AM, Weds 8:30 PM, and Thurs 5:00 PM. All prior episodes are also on **YouTube!** God bless you in your faith journey!

OFFERTORY REPORT - To maintain fiscal integrity, the Finance Council has set a weekly offertory goal of **\$11,500.**

<u>Weekend</u>	<u>Total Offering</u>	<u>Short of Goal</u>	<u>% of Goal</u>
July 27/28	\$8,014	-\$3,486	69%
August 3/4	\$8,987	-\$2,513	78%
August 10/11	Not available		
August 17/18	Not available		

HABITAT FOR HUMANITY INTER-FAITH BUILD

Our Parish Council is now soliciting interest from any parish member, 16 years old and older who would like to assist with the Habitat for Humanity "Build for Unity" construction of homes. This humanitarian activity is co-sponsored by the Sacramento Dioceses, Knights of Columbus Council 953, and the Cathedral's Parish Pastoral Council. Construction will begin in October through Spring. To sign up, please contact Russ Almaraz at russ.almaraz@gmail.com, and list your availability. Training and tools provided. This inter-faith build will provide homes to two deserving families in Sacramento. To learn more or RSVP, go to <https://habitatgreatersac.org/buildforunity/>

"SPREADING THE GOSPEL OF JESUS CHRIST AMONG CATHOLIC COMMUNITIES THROUGH A.C.T.S."

The Cathedral Men's ACTS Retreat is November 14-17. Prayerfully consider attending this life changing retreat. For more information visit, SacCathedralACTS.org or contact Rick Visineau, RickVisineau@icloud.com or 916-281-4676. The ACTS retreat begins Thursday evening and ends with Sunday Mass. The ACTS retreat uses prayer, service, and teaching to meet people where they are in their spiritual journey and invites them to experience God in a personal and communal manner.



SAVE THE DATE: The Annual Volunteer Appreciation Picnic for Cathedral volunteers will be held at St. Joseph's in Clarksburg on September 13. Details in forthcoming bulletins.

AND DON'T FORGET: The Annual Ministry Fair and Pledge Weekend is September 21st and 22nd, in Mercy Hall. Come for the fun and fellowship!

Love
IS THE
Beauty
OF THE
Soul.
- ST. AUGUSTINE

Date	Mass / Intentions / Readings
Saturday August 24	5:00 pm / TITI S.I.
Sunday August 25	21st Sunday in Ordinary Time 7:30 am / MARSHA BURNS + 9:00 am / PEOPLE OF THE CATHEDRAL PARISH S.I. 11:00 am / COLETA NONATO +, DANIEL LEDDA +, MANUEL FLORENDO 1:00 pm (Spanish) / GONZALO VEGA GIL S.I. 3:00 pm (Chinese) 5:00 pm / TITI S.I. 7:00 pm / GUADALUPE DIAS S.I. Is 66:18-21/Ps 117:1, 2, [Mk 16:15]/Heb 12:5-7, 11-13/Lk 13:22-30
Monday August 26	12:10 pm / TITI S.I. 5:10 pm / ALVARO FREGUSO MONTANEZ S.I. 1 Thes 1:1-5, 8b-10/Ps 149:1b-2, 3-4, 5-6a and 9b [cf. 4a]/Mt 23:13-22
Tuesday August 27	St. Monica 12:10 pm / TITI S.I. 5:10 pm / FAMILIA SOTELO S.I. & MR. ISAURO S.I. 1 Thes 2:1-8/Ps 139:1-3, 4-6 [1]/Mt 23:23-26
Wednesday August 28	St. Augustine, Bishop & Doctor of the Church 12:10 pm / OLA BECNEL + 5:10 pm / POOR SOULS IN PURGATORY S.I. 1 Thes 2:9-13/Ps 139:7-8, 9-10, 11-12ab [1]/Mt 23:27-32
Thursday August 29	The Passion of St. John the Baptist 12:10 pm / SID STEVENS + 5:00 pm / 1 Thes 3:7-13/Ps 90:3-5a, 12-13, 14 and 17 [14]/Mk 6:17-29
Friday August 30	12:10 pm / CECILIA NGOAN THI TRAN + 1 Thes 4:1-8/Ps 97:1 and 2b, 5-6, 10, 11-12 [12a]/Mt 25:1-13
Saturday August 31	5:00 pm / LEANN BURNSIDE + 1 Thes 4:9-11/Ps 98:1, 7-8, 9 [9]/Mt 25:14-30 LAST DAY TO REGISTER FOR FAITH FORMATION AT THE LOWER RATE!

MINISTRY DIRECTORY

Altarservers

Michael Ognisty, mfognisty@msn.com.

Benedictus Youth Group

Victoria Ramos, benedictusy@gmail.com

Brown Bag Lunch Ministry

Jerri Rush, jerrirush@comcast.net

Catechesis of the Good Shepherd for ages 3+, for information, visit youngsheep.org, or call 916-910-3435

Cathedral A.C.T.S.

ActsCathedralSacto@gmail.com, saccathedralacts.org

Cathedral Men's Group

Bob Meyers, cynm1@yahoo.com

Cathedral Saint Vincent de Paul contact the rectory office

Cathedral Young Adults

Titi Kila, cathedralya@gmail.com

Choir (English)

Rex Rallanka, Music Director, rrallanka@cathedralsacramento.org

Choir (Spanish)

Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after 7pm Mass.

Cinema Divina Movies

Reggie King, Brian Perez, thecatholicstore@gmail.com

Communion & Liberation

catechesis meets every Wednesday at 7:15pm

Docents

Jill Pease, peasejill@gmail.com

Email Prayer Chain

Lynne Amerson, cbs1017pc@yahoo.com.

Extraordinary Ministers of Holy Communion

Amy McCormick, amcmccormick@att.net

Festival of Trees and Lights

Paula Trujillo, trupaula@gmail.com

Front Door Ministry

ministries@cathedralsacramento.org

Greeters and Ushers

Tom Waddock, 916-444-3071, x 36

Hospitality

Celeste Gisla, jfgisla@surewest.net

Knights of Columbus

Jaime Elizaldi, jaime.elizaldi@gmail.com

Lectors

Fred Heacock, fheacock72@hotmail.com

Respect Life Ministry


Veronica Avina, veronicaavina@yahoo.com

Rosary Club

Lolita Urrutia, lolita.urrutia@gmail.com.

Spanish Parents Group Leaders

Leticia Hilbert, leticia_hilbert@hotmail.com

 Read the Gospel and Color



Cathedral Kids

Sharing the Gospel - If God is happy with you, do not worry when others are unhappy with you. Be filled with God's spirit. Do the right thing even if no one else does. Be the only one who does not hit the boy down the street. Be the only one to share your toys with your cousin. Be the only one to pick up trash around your neighborhood. Doing the right thing helps God recognize you at heaven's gate.

Prayer - Lord, thank you for being happy with me.

Mission for the Week - I will choose to do the right thing, even if no one else does.

Puzzle

Find and circle these words from today's Gospel:

JESUS	NARROW	DOOR
TAUGHT	LOCKS	FEAST
SAVED	KNOCK	KINGDOM

J	U	E	S	W	A	O	N	I	H	W
A	K	N	O	C	K	Y	S	O	J	E
R	I	U	A	L	F	E	A	S	T	M
H	N	E	T	N	A	U	V	G	A	H
T	G	P	L	A	I	T	E	H	U	T
W	D	O	O	R	N	S	D	A	G	N
I	O	V	L	R	A	L	G	E	H	S
S	M	E	N	O	S	O	K	D	T	H
H	L	O	R	W	D	C	A	R	O	E
N	Y	A	F	G	O	K	I	N	G	T
O	B	J	E	S	U	S	E	S	A	5

Esquina del Pastor

[En octubre] celebramos la fiesta de San Francisco de Asís. Aunque su vida fue de gran pobreza, su ejemplo simple, hace ochocientos años, todavía le habla fuertemente al mundo de hoy. El mensaje de Francisco de pobreza absoluta y su ejemplo vivo de esta pobreza perturban nuestros pensamientos y nos desafían a lidiar con el mandato de Jesús de dejar todo atrás y seguirlo. Elegir la pobreza, al final es elegir a Dios que nos ordena amarlo sobre todas las cosas; con todo nuestro corazón, alma, mente y fuerza. Estar libre de todas las posesiones y todos los apegos le permite a uno amar a Dios con todo lo que somos y no colocar nuestro amor en otra cosa. Este tipo de amor por Dios es difícil y doloroso. Raramente alentamos a las personas a vivir de esta manera, y mucho menos nos esforzamos por vivir esto nosotros mismos.

Muchas personas que viven sus vidas criando familias y apoyando a otros, necesariamente necesitan crear un ambiente saludable en esta vocación. Los padres no pueden esperar que sus hijos coman solo un poco de pan y usen una piedra como almohada. Aún así, a medida que envejecemos y escuchamos el llamado de Dios, este desafío de renunciar a todas las cosas por el reino de Dios debe ser respondido de alguna manera. Siempre pensé que mi vocación religiosa sería una respuesta obvia al amar a Dios con todo mi ser. Sin embargo, la vida religiosa siempre ha estado plagada de hombres y mujeres que luchan por vivir de manera más simple y en la pobreza. Mi vida es demasiado cómoda, con demasiadas distracciones y demasiada mundanalidad. Si fuera franciscano, San Francisco me miraría con amor y tristeza. Nuestro querido Jesús debe preguntarse a veces cómo hemos vivido su mensaje evangélico de amor, pobreza y cruces con tanta riqueza.

Mientras oramos por nuestro pan de cada día, y tal vez nuestro queso, huevo, vegetales o carne, ¿creemos realmente que esta porción de comida es realmente suficiente? ¿No estamos animados a orar por mucho más? ¿Mucho más? ¿Pasar nuestras vidas luchando por cosas mucho más allá de lo que es saludable para nosotros? ¿Podemos realmente amar a Dios lo suficiente cuando nuestros corazones se dividen con el amor a las cosas materiales? ¿Podemos realmente sentirnos cómodos en nuestras comunidades cerradas sabiendo que muchos de nuestros hermanos y hermanas no recibirán su pan de cada día? Estas preguntas y muchas más deberían perseguirnos en la fiesta de la bella San Francisco. (Primero publicado 10-01-17)

Pr. Michael



La historia del martirio de Juan el Bautista

El juramento borracho de un rey con un sentido del honor superficial, una danza seductora y el corazón odioso de una reina combinados para provocar el martirio de Juan el Bautista. El más grande de los profetas sufrió el destino de tantos profetas del Antiguo Testamento antes que él: rechazo y martirio. La "voz que lloraba en el desierto" no dudó en acusar al culpable, no dudó en decir la verdad. ¿Pero por qué? ¿Qué posee un hombre al que abandonaría su propia vida?

Este gran reformador religioso fue enviado por Dios para preparar al pueblo para el Mesías. Su vocación era la de dar desinteresadamente. El único poder que reclamó fue el Espíritu de Yahweh. "Te estoy bautizando con agua, para arrepentimiento, pero el que viene detrás de mí es más poderoso que yo. No soy digno de llevar sus sandalias. Él te bautizará con el Espíritu Santo y fuego" (Mateo 3:11).

Las Escrituras nos dicen que muchas personas siguieron a John buscándolo con esperanza, tal vez en anticipación de algún gran poder mesiánico. John nunca se permitió el falso honor de recibir a estas personas para su propia gloria. Sabía que su vocación era de preparación. Cuando llegó el momento, llevó a sus discípulos a Jesús: "Al día siguiente, Juan estaba allí nuevamente con dos de sus discípulos, y cuando vio pasar a Jesús, dijo: 'He aquí el Cordero de Dios'. Los dos discípulos oyeron lo que dijo y siguió a Jesús" (Juan 1: 35-37).

Es Juan el Bautista quien ha señalado el camino a Cristo. La vida y la muerte de John fueron una entrega de sí mismo para Dios y otras personas. Su estilo de vida simple era uno de desapego completo de las posesiones terrenales. Su corazón estaba centrado en Dios y el llamado que escuchó del Espíritu de Dios hablando a su corazón. Confiado en la gracia de Dios, tuvo el coraje de pronunciar palabras de condena, arrepentimiento y salvación. (franciscanmedia.org)

MEDITACIÓN DEL EVANGELIO

¿Alguna vez has visto una celebridad? ¿Alguna vez has conocido a un representante político? ¿El encuentro te dejó con nuevas habilidades de actuación o musicales? ¿Le dio una idea de las complejidades de la última ordenanza de la ciudad o la controvertida ley? Los talentos, la experiencia y la habilidad son rasgos ganados con esfuerzo, no recompensas que se transmiten por contacto. Nuestra vida de fe tampoco es tan fácil.

"¡Comimos y bebimos en tu compañía y tú enseñaste en nuestras calles!" En el Evangelio de este domingo, Jesús señala que se requiere fuerza moral para entrar en el reino de Dios. No es la mera proximidad a la justicia lo que salva. Frotar los codos con los justos no es lo mismo que ser verdaderamente santos a nosotros mismos. Desafortunadamente, podemos tener esta actitud en muchas áreas. Es fácil ver quién puede parecer "primero" a los ojos del mundo. Esto ocurre en nuestros lugares de trabajo y entre nuestras figuras públicas. También puede suceder en nuestras

Ora esta oración antes de tu próximo gran proyecto

Philip Kosloski | Aleteia.org

Ya sea en el hogar, el trabajo o la escuela, invoque la bendición de Dios antes de una nueva empresa.

Puede ser abrumador al embarcarse en un nuevo proyecto. Especialmente si el proyecto tendrá un gran impacto en su vida o en la vida de los demás, la presión que sentimos podría ser inmensa. Incluso podemos sentirnos solos y tener la tentación de retroceder.

Sin embargo, Dios siempre está a nuestro lado, listo para dar su bendición que nos fortalecerá. Quiere ayudarnos, pero debemos ser lo suficientemente humildes como para pedirle ayuda. Requiere un reconocimiento interior de que cualquier proyecto que estemos haciendo, ya sea en el hogar, el trabajo o la escuela, solo se puede lograr a través de su poder.

A continuación hay una oración del Manual de Oración de San Vicente que puede ayudar a orientar nuestros corazones hacia Dios y darle la rueda para nuestro próximo gran proyecto. Es posible que no siempre queramos hacer eso, pero cuando lo hagamos, él estará con nosotros en cada paso del camino.

Vengo a ti, Jesús, antes de comenzar esta empresa, para consagrarla, a través de tus manos, a la gloria de tu Padre eterno, y para implorar tu ayuda, para que se ejecute de la manera más agradable para él. Sabes que sin ti no puedo hacer nada: concédeme, entonces, la asistencia necesaria para cumplir la voluntad de tu Padre celestial, observar fielmente todas las leyes de la justicia y mantenerme libre del pecado en la ejecución de este empresa; o más bien, hazte cargo del todo sobre ti mismo. Conducelo con tu sabiduría; ejecútalo con tu poder, y lleva todo a un asunto feliz, a través de tu infinita bondad, para la gloria de tu Padre y para la salvación eterna de mi alma. Amén.

escuelas, parroquias locales, y la iglesia más grande. Para algunos de nosotros, la tentación de que se nos contagie la popularidad y el prestigio puede ser bastante fuerte. Si solo estamos en el lugar correcto con las personas adecuadas, iseguramente otros nos asociarán con lo que poseen!

Pero la salvación se resuelve en cada vida individual. Nuestra tarea no es solo aparecer, sino transformarnos. Y los verdaderamente transformados pueden no ser todos los que esperamos. "La gente vendrá del este y del oeste y del norte y del sur ... algunos son los últimos en ser los primeros, y algunos son los primeros en ser los últimos". Algunos que parecen primero en reputación ahora pueden ser los últimos en el reino de Dios. Otros que aparecen ahora en los confines de la sociedad, pero que imitan mejor la humilde santidad de Jesús, serán los primeros en su reino. ¿Cuáles son tus preocupaciones? ¿Proximidad y reputación? ¿O justicia orante?

Come Visit. Come Worship. Come Home.

TOURS

We love to share our Cathedral history! Tours are FREE, led by trained Docents, and held after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours begin at the Baptismal Font. Contact 916-444-3071 to arrange free private group tours.

Los tours en español se llevan a cabo el 1er y 3er domingo del mes después de la misa de 1pm.

RELIGIOUS EDUCATION PROGRAMS

The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A., for adults, teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program.



If you've been coming to Mass for a while, but are not Catholic, or were baptized Catholic but never completed your faith formation classes, we invite you to look deeper into the Catholic faith. Come meet some faithful Catholics who love the Lord

and would consider it a privilege to get to know you. We invite you to learn what Catholics believe in an open and welcoming environment. The **Rite of Christian Initiation of Adults (RCIA)** sessions meet every Monday Evening at 7 PM in the lower level of the Cathedral. Feel free to come any Monday evening. For more information on all of our faith formation programs, please call **916-444-5364** or email Sister Jenny Aldeghi FDCC, Director of Religious Education, jenny@cathedralsacramento.org

#3 of 146 things to do in Sacramento



Visit our GIFT SHOP downstairs

Sundays 9:00 am to 3:00 pm
Tuesdays 10:30 am to 12:00 pm



If you would like to celebrate the Sacrament of Matrimony at the Cathedral, contact Wedding Coordinator, Titi Kila at tkila@cathedralsacramento.org. at least *six months* before your desired wedding date to arrange a meeting.

MARRIAGE PREPARATION - The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Janet & Omar Bardales at matrimonyprep@att.net, or 916-427-9160, or Sister Jenny at 916-444-5364. You do not have to have your wedding at the Cathedral to take this class.

CONVALIDATION - If you would like to have your civil marriage blessed in the Catholic Church, or if you have been together for a number of years and would like to be married in the Church, this can often be done in a small, private ceremony called a Convalidation, without any cost or fee. To explore this possibility, contact Deacon John 444-3071 Ext. 11; or at jgisla@cathedralsacramento.org.

Cathedral of the Blessed Sacrament

1017 11th Street, Sacramento, CA 95814

916-444-3071, Fax 916-443-2749, cathedralsacramento.org

Rectory Office Hours — Monday to Friday, 9:00 am to 12:00 pm, 1:00 pm to 5:00 pm

MASSES

Monday to Friday	12:10 pm
Monday to Thursday	5:10 pm
Saturday Vigil	5:00 pm
Sunday	7:30 am
	9:00 am
	11:00 am
	1:00 pm en Español
	3:00 pm Chinese
	5:00 pm
	7:00 pm en Español
State Holidays	12:10 pm only

SACRAMENT OF CONFESSION

Monday to Friday	11:30 am to 12:00 pm
Saturday	4:00 pm to 4:45 pm
Domingo en Español	12:30 pm a 12:45 pm
	6:30 pm a 7:00 pm

EUCCHARISTIC ADORATION

When attendants are available:

Wednesday	12:45 pm to 4:45 pm
Thursday	12:45 pm to 4:45 pm
Friday	12:45 pm to 3:45 pm

ANOINTING OF THE SICK - By appointment only.

Call the rectory at 916-444-3071

BAPTISMS (Registration is required)

English - 3rd Saturday of the month, 9:00am
Español - 4º Sábado del mes, 9:00am

BAPTISM CLASSES (No registration required)

English - 1st Thursday of the month, 7:00pm
Español - 2do jueves del mes, 7:00pm

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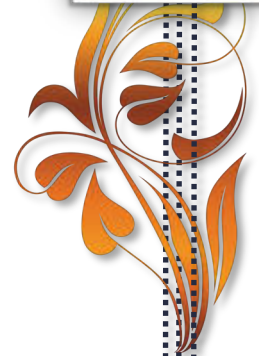
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聖路易

聖路易是法國的國王，主曆一二一四年四月廿五日出生。主曆一二二六年十一月七日，父親路易八世駕崩。路易登基，他還只有九歲，由母親白蘭士攝政。路易勤政親民，熱心愛護教會，對神職人員懷有莫大的尊敬。主曆一二四四年，路易決定率軍隊參加十字軍戰役。尼羅河水高潮漲，埃及夏季天氣炎熱，路易的軍隊無法前進。過了六個月，他們才能和敵軍交戰，兵士不服水土，患病很多，損失慘重。戰事一再失利，路易被敵軍俘虜。

路易在被俘期內，每天和兩位隨軍司鐸念日課，態度鎮靜，恍如舊日在王宮一樣。看守他的兵士有時對他無理侮辱，他應付的態度完全與國君的地位相稱。敵軍要求他交出敘利亞的堡壘，他堅決拒絕。敵人以苦刑威脅他，路易答道：「你們只能控制我的身體，不能控制我的靈魂、我的意志。」敵人要求路易付出鉅額金幣，和割讓杜姆亞特城，作為贖金。路易昂然道：「我身為一國之君，豈可以金錢作價回贖。」過了一個時期，路易獲釋，恢復自由，率領殘軍赴巴勒斯坦，朝聖聖地，安撫教徒，鞏固拉丁王國的軍事設備。

主曆一二六七年，路易宣布組織一個新的十字軍，恢復聖地。主曆一二七零年七月一日，路易的軍隊揚帆出發，在突尼斯登陸，不久，路易和他們長子斐理伯都染上斑疹傷寒，病勢日趨沉重，八月廿四日，他領了終傅聖事，召希臘大使到病榻前，力促希臘教徒與羅馬教會復合。八月廿

五日上午起，他舌頭僵硬，不能言語。過了一會兒，他又會說話，舉目向天，朗誦聖詠：「主，我將進入你的屋舍；我將在你聖殿裡，朝拜你；我將顯揚你的聖名。」下午三時，他又啓唇道：「我將我的靈魂托付你手。」言畢，瞑目安逝，遺骸迎回法國。路易於主曆一二九七年由教宗波尼法爵八世封聖。

St. Louis of France

Saint Louis was the king of France and was born on April 25, AC 1214. On November 7, 1262, his father, Louis VIII, passed away. Louis was crowned while he was only nine years old and his mother Brands became his regent. Louis is diligent and likes to be close to the people, eager to protect the church, and has great respect for the clergy. In 1244, Louis decided to lead the army to participate in the Crusader. The waters of the Niles rose, the weather in Egypt was hot in summer, so the army of Louis could not move forward. After six months, they were able to fight the enemy. The soldiers could not adapt to the environment, and they suffered a lot and suffered heavy losses. Louis was defeated and captured by the enemy.

During the period of his capture, Louis and his two military officers mourned the daily class, and they were calm, just like how they had been in the palace. The guards frequently insulted him, yet his attitude remains as if he is still the king. The enemy asked him to surrender the castle in Syrian, but he refused. The enemy threatened him with a torture, and Louis replied: "You can only control my body, not my soul, my will." The enemy asked Louis to pay a huge amount of gold coins and cede the city of Damietta as a ransom. Louis said with no fear: "As a king of a country, I cannot redeem money for a price." After a while, Louis was released, restored freedom, led the army to Palestine, pilgrimage to the Holy Land, appease the believers, and consolidate the military equipment of the Latin Kingdom.


In 1267, Louis announced the formation of new crusaders to restore the Holy Land. On July 1, 1270, Louis's army sailed and landed in Tunisia. Soon, Louis and their eldest son, Filippo, were infected with typhus, and it became increasingly worse. On August 24th, he took the final sacrament and called the Greek ambassador to him to urge the Greeks to reunite with the Roman church. In the morning August 25, his tongue became stiff and could not speak. After a moment, he could talk again, raise his eyes to heaven, and recite the Holy Spirit: "Lord, I will enter your house; I will worship you in your temple; I will reveal your holy name." At the time, he opened his lips again: "I will entrust my soul to your hand." After the words were finished, the eyes closed, and he passed away. His body was returned to France. He was canonized in 1297 by Pope Bonifacius VIII.



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