



July 7 2019 - 14th Sunday in Ordinary Time

Volume 19* Issue 27

Cathedral of the Blessed Sacrament

1019 11th Street, Sacramento, CA 95814 * 916-444-3071



Pastor's Corner

4th of July

These shoulders were born for burdens,
and slavery bursts through my bones!

Please, don't take offense –
surely, even the master obeys commands – whispers of
power and control.

The divisions of color and creed
of orientation and social class
tighten the chains around our necks.

Some cry, "we have been slaves to no man,"
bent, blind and humiliated.

Independence is a false prophet.

No one free escapes the tortures of freedom,
and the sparkles and shrieks of old piccolo Pete
only mask the invading darkness that aggressively
grinds our faces in the dirt, saying

"Worship me!"

And we pretend not to notice.

We cannot survive independent.

The fallacy of being my own master has corrupted me.

I was born in slavery,
a brother to every other slave
and our independence day is accepting
the only yoke that is easy.

Fr. Michael

New York Times columnist wants to convert. Are we stopping him?

Tom Hoopes | Aleteia.org

The most helpful part of his book, for Catholics, lists “ramps and walls” Christians build.

A secular Jewish New York Times columnist is on the cusp of accepting the Christian faith, and his new book tells Christians what we do that encourages and discourages people like him.

I knew I had to read David Brooks’ *The Second Mountain* when I read Rod Dreher’s tweet about it.

“Plane landed as I finished final pages,” Dreher tweeted. “My first thought: I’ve got to change my life. Many, many people are going to finish this luminous book and have the same thought.”

I have always liked David Brooks. I like him more now.

I have followed his career for decades, reading him from the time he was part of the fledgling publication *The Weekly Standard*, up to when his column “How to Leave a Mark on People” was the assigned reading for a work retreat at Benedictine College.

Brooks first introduced me to brain science developments and the sociological developments of Johnathan Haidt. He has long flirted with religion, defending evangelicals in 2004 and Catholics in 2007 against the caricatures opponents painted of each. But while he saw the utility of religion, he kept it at arms length. Until now.

“Some people have dramatic stories of how they came to faith,” he writes in *The Second Mountain*. “I want to illustrate how normal it can be. It can happen to the most spiritually average people. But you wind up in an astonishing place, believing that God is, in Paul Tillich’s phrase, the ground of being.”

The Catholic Church plays a role in his conversion, which he calls “the walk to Chartres.”

“Chartres Cathedral casts a spell every time I visit,” he writes, “like a point of contact between our world and some other unseen one.” He admires Dorothy Day and Mother Teresa for living in contact with both worlds but dubs himself a “border stalker,” walking the line between the two.

Then, he breaks through to the other side. Sitting on a rock by American Lake in the manicured wilderness of Aspen, Colorado, he pulls out a book of Puritan prayers and is captivated by one called “The Valley of Vision.”

“Lord, high and holy, meek and lowly,” he prays, with the mountains reflecting in the waters, “Thou has brought me to the valley of vision, where I live in the depths but see thee in the heights.”

He suddenly deeply experiences “the ground of being.”

“Knowledge crept across my skin. I didn’t so much feel at one with nature. I had a sensation that there is an animating spirit underlying all creation,” he writes.

“Hemmed in by mountains of sin I behold thy glory,” he prays, from his book. When he hikes back to civilization, giddy, he has reached Chartres.

And yet ... he hesitates.

As a child, Bible stories were helpful myths. Now, Brooks says, “the myths feel true”; in fact, he calls the Bible “the ground of truth.”

He calls the Beatitudes “the moral sublime, the source of awe, the moral purity that takes your breath away and toward which everything points,” then ends the book with a “manifesto” that is essentially an articulation of the beatitudes as a program of renewal in 21st century America.

So, David Brooks is now a Christian, right?

Not quite. “I feel more Jewish than ever before,” he writes, and his faith in the resurrection of Jesus “comes and goes.”

So he’s still up for grabs. What could win him? The most helpful part of his book, for Catholics, lists “ramps and walls” Christians build that repel or welcome someone like him.

Four “walls” keep Brooks out of Christianity.

First: “The siege mentality,” when Christians feel victimized by the world and retreat into our own tribal fortresses.

Second: “Bad listening,” when instead of trying to understand where a seeker is coming from, we offer one-size-fits-all “bumper sticker” answers.

Third: “Invasive care,” when well-meaning Christians intrude into the lives of others uninvited, answering unasked questions and urging compliance with unsought advice.

Fourth: “Intellectual mediocrity.” Ideas prove their strength by being brutally challenged, writes Brooks, but Christians too often settle for “vague and mushy sentiments” out of false charity.

Meanwhile, six “ramps” welcome him in.

One: Ritual and liturgy, which unite us with each other, along with “the moral order and a sacred story.”

Two: Unabashed faith, as seen in Charismatic churches. “It’s weirdly powerful to open your arms in worship,” Brooks writes, earlier.

Three: Prayer. “Just as old couples become more like each other over time,” he writes, “the person who spends years hearing and responding to God’s company becomes more like him.”

Four: Spiritual consciousness. Brooks points out that the secular world of material cause and effect leaves people flat. We know life is more than that.

Five: The language of good and evil. The world, where “the word ‘sin’ is now mostly used in reference to dessert” has no satisfying account for the moral order we all sense.

Six: Christian witnesses. He feels “sheer shock” at seeing the selfless acts of Mother Teresa, Dorothy Day, and others.

So, David Brooks, welcome to Chartres, and thank you.

We who live here are glad to see you and greatly appreciate your honest account and the mirror you hold up to us. Ultimately, we hope to see Jesus there.



14th Week in Ordinary Time

"Go on your way; behold, I am sending you like lambs among wolves."
= Luke 10:3 =

Prayer REQUESTS

For the Special Intentions of:

Deacon Don DeHaven
 Esther Valdez
 Marina Speed
 Abel
 Mrs. Podnebesnaya
 Carlos Corner Jr.
 Mother Clara
 Alexis Carlson Taylor
 Lori and Son Michael
 Katherine and Mother
 Hazel
 American Pastor
 Rachelle Sanchez
 Rebecca Guerra
 Diane
 Davis J
 Miriam and Son
 Rodolfo Martin
 Nathan Derek Gomez
 Phil
 Ruiz Family
 Zam Families
 Marasigan Family and all S.I.
 Ashley Family
 Savannah Avila

For the Repose of the Soul of:

Ernesto Sta. Maria +
 Elvira Harrison+
 Dr. Alfred Le-Grand Sawyer+
 Damien+

Date	Mass / Intentions / Calendar	
Saturday July 7	5:00 pm /	
Sunday July 8	7:30 am / Jim & Joyce Walker S.I. 9:00 am/ People of the Parish 11:00 am/ Thomas Fleming + 1:00 pm (Spanish) / Sra. Amalia Martinez + 3:00 pm (Chinese) 5:00 pm / 7:00 pm / Camilo Martinez S.I.	
Monday July 9	12:10 pm / Pilar Regala + 5:10 pm /	
Tuesday July 10	12:10 pm / Ramon Mabanta + 5:10 pm /	The Men's Group @ 7:15pm
Wednesday July 11	12:10 pm / 5:10 pm /	
Thursday July 12	12:10 pm / 5:10 pm /	
Friday July 13	12:10 pm / Carmelita M. Morales S.I., Emery Taylor Anub +	
Saturday July 14	5:00 pm / Mary Joy Dizon S.I.	

Readings & Observances

Sunday: 14th Sunday in Ordinary Time
 Is 66:10-14c/Ps 66:1-3, 4-5, 6-7, 16, 20 [1]/Gal 6:14-18/Lk 10:1-12, 17-20 or 10:1-9
 Monday: Gn 28:10-22a/Ps 91:1-2, 3-4, 14-15ab [cf. 2b]/Mt 9:18-26
 Tuesday: St. Augustine Zhao Rong, Priest, & Companions, Martyrs
 Gn 32:23-33/Ps 17:1b, 2-3, 6-7ab, 8b and 15 [15a]/Mt 9:32-38
 Wednesday: Gn 41:55-57; 42:5-7a, 17-24a/Ps 33:2-3, 10-11, 18-19 [22]/Mt 10:1-7
 Thursday: St. Benedict, Abbott
 Gn 44:18-21, 23b-29; 45:1-5/Ps 105:16-17, 18-19, 20-21 [5a]/Mt 10:7-15
 Friday: Gn 46:1-7, 28-30/Ps 37:3-4, 18-19, 27-28, 39-40 [39a]/Mt 10:16-23
 Saturday: St. Henry
 Gn 49:29-32; 50:15-26a/Ps 105:1-2, 3-4, 6-7 [cf. Ps 69:33]/Mt 10:24-33



GOSPEL MEDITATION - This Sunday, Jesus reminds us that "the harvest is abundant but the laborers are few." As Catholic disciples, we are the laborers that the Master is sending. All around us are opportunities to share the love and mercy of Jesus Christ - our homes, our workplaces, our neighborhoods, even our faith communities! Lest we feel unequipped for the task, Jesus gives us some advice.

"Carry no money bag, no sack, no sandals." We might not have a theology degree or training in public speaking, but that doesn't mean we can't share the Gospel. The power of God is at work in simplicity. The disciples went forth with nothing as a reminder to trust in the Providence of God. Say a little prayer that God will speak through you and has a need for your gifts, just as you are.

"Do not move about from one house to another." So much of the life of Jesus was about relationships. He modeled this attitude by journeying with his disciples. Here he makes the same recommendation to them, to remain with the same family for their entire stay in the town. Break bread with others. Invite them to coffee or a game night in your home. Sharing your faith isn't just about saying the right thing, but loving well over time.

"The dust of your town that clings to our feet, even that we shake off." Sometimes we want to help someone, but for whatever reason, they don't receive it well. Sometimes people aren't interested in our efforts to invite them deeper into faith. When rejection happens, don't carry it with you. Don't let it over-burden your heart. Rejoice that you share in the mission of Christ, and keep on loving the next person he places in your path!

LIVE THE LITURGY - Jesus tells his disciples, "I am sending you like lambs among wolves." Getting people to see the truth about who they are is not always easy or welcomed. Some people want to believe that they have life under control and they do not need any further advice, direction, or challenge from others. Being heralds of the Gospel means doing precisely that. We come with a message that is not always welcome or desired by our sisters and brothers. Yet, it is desperately needed. People need to be reminded of who they are, who God is, and the necessity of repentance for entering the Kingdom of God. It is not about what we want but what God wants. We are called to be peacemakers and laborers for justice and mercy. Are you willing to bring this challenging message to those who may be indifferent or even hostile to hearing it?

14TH SUNDAY IN ORDINARY TIME



EVERYDAY STEWARDSHIP - RECOGNIZE GOD IN ORDINARY MOMENTS

If you had \$100 to give away, to whom would you give it? Perhaps you would choose someone you love. How about someone on the street at a corner stoplight? You could really make someone's day if you gave it to them as a tip after a modestly priced meal. There are so many possibilities. No matter to whom you give the \$100, you are certainly being generous. No one can debate that.

Let's say you have narrowed it down to two different people. You know both of these people, and you suspect each person would be equally grateful. Does it make a difference who you give the money to in the end? What if I told you that one of the individuals just got a big raise at work, and the other person is at risk of having their water turned off because they have been late paying their bill. Does it make a difference now?

Discernment should always be an important part of any good steward's way of life. If we give simply for the sake of giving, that may not always be the best use of our gifts. In order to gain the most fruit from the seeds we plant, we must plant wisely. All we have been given has value, and we need be good caretakers of it all. If you ever do find yourself with \$100 to spare, be sure to carefully consider all the options and make the wiser choice. In the meantime, pray for wisdom and reflect on how to best use all you have been given for the sake of the Kingdom of God.

- Tracy Earl Welliver, MTS

Cathedral Kids

Read the Gospel and Color



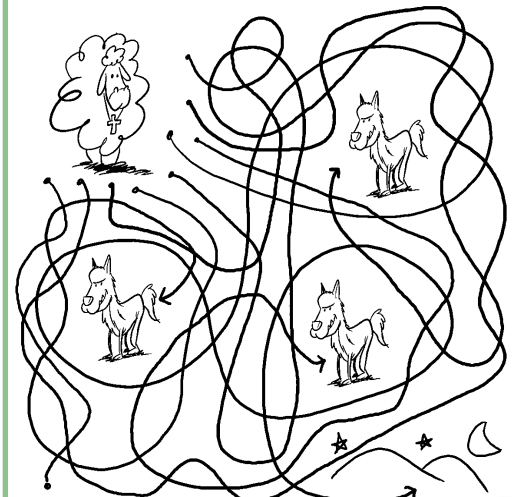
Sharing the Gospel - Jesus sent out 72 of his followers to spread the good news about God. They were not to bring anything with them - no food, no extra clothes or shoes, not even money to spend. They were to visit strangers and completely depend on God to give them what they needed. That took a lot of faith!

Something to Draw - Draw a picture of yourself telling a friend about Jesus.

Mission for the Week - Make a card for one of your neighbors, and tell that person, "Jesus loves you!"

Puzzle

Find the safest way to get to the mountain.



©LPI

Esquina del Pastor

4 de Julio

Estos hombros nacieron para cargas
y esclavitud es la medula de mis huesos!

Por favor, no se ofenda-
seguramente, aún el amo obedece mandatos- susurros de
poder y control.

Las divisiones de color y credo,
de orientacion y clase social
aprietan las cadenas alrededor de nuestros cuellos.
Algunos claman, "hemos sido esclavos de ningún hombre",
doblado, ciego y humillado.

Independencia es un falso profeta.
Nadie libre escapa las torturas de la libertad,
y brilla y rechina de viejo piccolo Pete
solo enmascara la oscuridad que invade agresivamente
revuelca nuestras caras en la tierra, diciendo
"Adorame!"

Y pretendemos no notar.
No podemos sobrevivir independientemente.
La mentira de ser mi propio dueño me ha corrompido.

He nacido en la esclavitud,
hermano de cada esclavo
y nuestro día de independencia es aceptar
el único yugo que es ligero.

Pr. Michael



de anunciar la propuesta de Jesús. No olvides, que, toda la iglesia es misionera. Yo soy una misión en esta tierra, y para eso estoy en este mundo (Exhortación. Apostolice Evangelii Gaudium, 273). La vocación de todo bautizado es ser misionero. El Señor necesita misioneros valientes y comprometidos con la sociedad actual y sus retos. ¿Estás dispuesto a ser uno de sus enviados? ¿Te gustaría reflexionar si deseas ser sacerdote o religiosa?

VIVIR LA LITURGIA

Jesús les dice a sus discípulos: "yo los envío como corderos en medio de lobos." Lograr que las personas vean la verdad sobre quiénes son no siempre es fácil o bienvenido. Algunas personas quieren creer que tienen la vida bajo control y no necesitan ningún consejo, dirección o desafío adicional de parte de otros. Ser heraldos del Evangelio significa hacer precisamente eso. Venimos con un mensaje que no siempre es bienvenido o deseado por nuestros hermanos y hermanas. Sin embargo, se necesita desesperadamente. Las personas necesitan recordar quiénes son, quién es Dios y la necesidad del arrepentimiento para ingresar al Reino de Dios. No se trata de lo que nosotros queremos sino de lo que Dios quiere. Estamos llamados a ser pacificadores y trabajadores por la justicia y la misericordia. ¿Estás dispuesto a llevar este desafiante mensaje a aquellos que pueden ser indiferentes o incluso hostiles a escucharlo?

LA CORRESPONSABILIDAD DIARIA

Si tuvieras \$100 para regalar, ¿a quién se lo darías? Tal vez elegirías a alguien que amas. ¿Qué tal alguien en la calle en un semáforo de la esquina? Realmente podrías hacerle el día a alguien si se lo dieras como propina después de una comida a un precio modesto. Hay muchas posibilidades. No importa a quién le des los \$100, indudablemente estás siendo generoso. Nadie puede debatir eso.

Digamos que lo has reducido a dos personas diferentes. Conoces a estas dos personas, y sospechas que cada persona estaría igualmente agradecida. ¿Hace una diferencia a quién le des el dinero al final? ¿Qué pasaría si te dijera que una de las personas acaba de recibir un gran aumento en el trabajo y que la otra persona corre el riesgo de que le corten el agua porque se ha demorado en pagar la factura? ¿Hace una diferencia ahora?

El discernimiento siempre debe ser una parte importante de la forma de vida de cualquier buen corresponsable. Si damos por el simple hecho de dar, puede que no siempre sea el mejor uso de nuestros dones. Para obtener la mayor cantidad de frutos de las semillas que plantamos, debemos plantar sabiamente. Todo lo que se nos ha dado tiene valor, y debemos ser buenos cuidadores de todo esto. Si alguna vez te encuentras con \$100 de sobra, asegúrate de considerar cuidadosamente todas las opciones y hacer la elección más inteligente. Mientras tanto, ora por sabiduría y reflexiona sobre cómo usar mejor todo lo que se te ha dado por el bien del Reino de Dios.

-Tracy Earl Welliver, MTS



LAS LECTURAS DE LA SEMANA DEL 7 DE JULIO DE 2019

Domingo: 14o Domingo del Tiempo Ordinario
Is 66, 10-14c/Sal 66, 1-3. 4-5. 6-7. 16. 20 [1]/Gal 6, 14-18/Lc 10, 1-12. 17-20 o 10, 1-9
Lunes: Gn 28, 10-22/Sal 91, 1-2. 3-4. 14-15 [cfr. 2]/Mt 9, 18-26
Martes: San Agustín Zhao Rong, sacerdote, y compañeros, mártires
Gn 32, 23-33/Sal 17, 1. 2-3. 6-7. 8 y 15 [15]/Mt 9, 32-38
Miércoles: Gn 41, 55-57; 42, 5-7. 17-24/Sal 33, 2-3. 10-11. 18-19 [22]/Mt 10, 1-7
Jueves: San Benito, abad
Gn 44, 18-21. 23-29; 45, 1-5/Sal 105, 16-17. 18-19. 20-21 [5]/Mt 10, 7-15
Viernes: Gn 46, 1-7. 28-30/Sal 37, 3-4. 18-19. 27-28. 39-40 [39]/Mt 10, 16-23
Sábado: San Enrique
Gn 49, 29-32; 50, 15-26/Sal 105, 1-2. 3-4. 6-7 [cfr. Sal 69, 33]/Mt 10, 24-33

MEDITACIÓN EVANGÉLICO

Lucas nos presenta en este pasaje del Evangelio a un Jesús misionero organizando una misión para sus 72 discípulos. Con este gesto, Jesús, indica claramente que la misión no es exclusiva de los doce, sino de toda la comunidad eclesial, tanto de su tiempo como del nuestro. De acuerdo con las enseñanzas de Jesús, los retos del misionero son tres. Primero, la oración que no debe de faltar: "Rueguen, pues, al dueño de la cosecha que envíe obreros a su cosecha". (Lucas 10:2). Segundo, Llevar la Buena Nueva con paz, ánimo y excelencia: "Vayan, pero sepan que los envié como corderos en medio de lobos." (Lucas 10:3). Tercero, vivir al estilo de Jesús, practicando la austeridad y la pobreza: "Los zorros tienen cuevas y las aves tienen nidos, pero el Hijo del hombre ni siquiera tiene donde recostar la cabeza". (Lucas 9:58).

Pónganse en el camino, no hay que esperar tranquilamente a que las personas lleguen a la Iglesia. Hay que ir tras ellos. Iglesia en salida como nos dice el Papa Francisco. En sí, este pasaje del Evangelio nos da una cátedra de lo que es la misión cristiana. Deseo que, al escuchar estas lecturas, te sientas comprometido en el gozo



Cathedral of the Blessed Sacrament

1017 11th Street, Sacramento, CA 95814

916-444-3071, Fax 916-443-2749, cathedralsacramento.org

Rectory Office Hours — Monday to Friday, 9:00 am to 12:00 pm, 1:00 pm to 5:00 pm



Text "app" to 88202

14th Sunday in Ordinary Time

MASSES

Monday to Friday	12:10 pm
Monday to Thursday	5:10 pm
Saturday Vigil	5:00 pm
Sunday	7:30 am
	9:00 am
	11:00 am
	1:00 pm en Español
	3:00 pm Chinese
	5:00 pm
	7:00 pm en Español
State Holidays	12:10 pm only

SACRAMENT OF CONFESSION

Monday to Friday	11:30 am to 12:00 pm
Saturday	4:00 pm to 4:45 pm
Domingo en Español	12:30 pm a 12:45 pm
	6:30 pm a 7:00 pm

EUCCHARISTIC ADORATION

When attendants are available:

Wednesday	12:45 pm to 4:45 pm
Thursday	12:45 pm to 4:45 pm
Friday	12:45 pm to 3:45 pm

ANOINTING OF THE SICK - By appointment only.
Call the rectory at 916-444-3071

BAPTISMS (Registration is required)
English - 3rd Saturday of the month, 9:00am
Español - 4º Sábado del mes, 9:00am

BAPTISM CLASSES (No registration required)
English - 1st Thursday of the month, 7:00pm
Español - 2do jueves del mes, 7:00pm

The bulletin is funded by the advertisers on pages 11 & 12. To place your ad, call Jeff at 1-800-950-9952 Ext 2513 or at JTKachuk@4LPi.com. To place an announcement in the bulletin, send submissions to cathedralsacramento@gmail.com, nine calendar days before desired publication weekend.

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Deacon Don DeHaven
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Deacon Omar Bardales
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Bishop of Sacramento
2110 Broadway, Sacramento, CA 95818
Phone 916-733-0100, scd.org

CATHEDRAL PARISH REGISTRATION & UPDATE

Actualización y registro de la parroquia de la Catedral

You can also register online at cathedralsacramento.org / Visit Us / Register as a Parishioner

Name (Nombre): _____ Cell Phone: (Celular): (____) _____

Street Address (Domicilio): _____ City (Ciudad): _____

State (Estado): _____ Zip (Código postal): _____ Email: _____

For additional family members, please attach a separate sheet.

Please indicate:
New Parishioner/Individual
New Parishioners/Family
Change of Address
Please send Offertory Envelopes

Por favor indique:
Nuevo Parroquiano / Individuo
Nuevo Parruco / Familia
Cambio de Dirección
Por favor envíe Sobres de Ofertorio

Please return by (Regrese por favor):

- 1) Put into collection basket at mass (deposite en la canasta de la colecta en misa)
- 2) Scan to pdf file and email: blessed@cathedralsacramento.org (escanear a pdf file y envía por correo electrónico)
- 3) Fax to: 916-443-2749
- 4) Mail to (correo): 1017 11th Street, Sacramento, CA 95814

CATHEDRAL MINISTRIES

Altarservers

Benedictus Youth Group
Brown Bag Lunch Ministry
Bulletin / Website
Catechesis of the Good Shepherd

Michael Ognisty, mfognisty@msn.com.
 Victoria Ramos, benedictusy@gmail.com
 Jerri Rush, jerrirush@comcast.net
 Lyssa Black, cathedralsacramento@gmail.com
 for ages 3+, for information, visit
 youngsheep.org, or call 916-910-3435
 saccathedralacts.org

Cathedral A.C.T.S.

Cathedral Men's Group
Cathedral Saint Vincent de Paul
Cathedral Young Adults
Choir (English)

Bob Meyers, cynm1@yahoo.com
 contact the rectory office
 Titi Kila, cathedralya@gmail.com
 Rex Rallanka, Music Director,
 rrallanka@cathedralsacramento.org

Choir (Spanish)

Jerry Vanoye in the choir annex after the 1pm Mass,
 or Ricardo Savala in the choir annex after 7pm Mass.
 Reggie King, Brian Perez, thecatholicstore@gmail.com
 catechesis meets every Wednesday at 7:15pm in the
 Cathedral Lower Level.

Cinema Divina Movies Communion & Liberation

Jill Pease, peasejill@gmail.com
 Lynne Amerson, cbs1017pc@yahoo.com.

Docents

Email Prayer Chain
Extraordinary Ministers of Holy Communion

Amy McCormick, amcmccormick@att.net
 Paula Trujillo, trupaula@gmail.com
 ministries@cathedralsacramento.org

Festival of Trees and Lights

Front Door Ministry
Greeters and Ushers
Hospitality
Knights of Columbus
Lectors

Tom Waddock, 916-444-3071, x 36
 Celeste Gisla, jfgisla@surewest.net
 Jaime Elizaldi, jaime.elizaldi@gmail.com
 Fred Heacock, fheacock72@hotmail.com
 Veronica Avina, veronicaavina@yahoo.com
 Lolita Urrutia, lolita.urrutia@gmail.com.

Respect Life Ministry
Rosary Club

Spanish Parents Group Leaders Leticia Hilbert, leticia_hilbert@hotmail.com

To learn more about the ministries at the Cathedral, visit our website:

cathedralsacramento.org

TOURS

We love to share our Cathedral history! Tours are FREE, led by trained Docents, and held after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours begin at the Baptismal Font. Contact 916-444-3071 to arrange free private group tours.

Los tours en español se llevan a cabo el 1er y 3er domingo del mes después de la misa de 1pm.

Visit our GIFT SHOP downstairs

Sundays - 9:00 am to 3:00 pm, Tuesdays 10:30 am to 12:00 pm

CATHEDRAL PARISH STEWARDSHIP

The Cathedral Parish is solely supported by weekly offertories and individual donations. It is a self-sustaining, non-profit organization and does not receive funding from any other sources, including the Sacramento Diocese or any of its parishes.

The Cathedral's weekly expenses exceed **\$20,000**. To maintain fiscal integrity, the offertory every week needs to cover more than half of the expenses. The Finance Council has set a weekly offertory goal of **\$11,500**.

Weekend	Total Offering	Percent of Goal
May 25/26	\$7,502	65%
June 2/3	\$7,969	69%
June 8/9	\$11,972	104%
June 15/16	Not available	
June 22/23	Not available	

Don't forget!
You can give online at
cathedralsacramento.org



Your support is greatly appreciated and vital to maintaining the Parish and its ministries to the poor and hungry, as well as maintaining this spiritual center and historically significant landmark. Thank you for your support!

RELIGIOUS EDUCATION PROGRAMS

The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A., for adults, teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program.

If you've been coming to Mass for a while, but are not Catholic, or were baptized Catholic but never completed your faith formation classes, we invite you to look deeper into the Catholic faith. Come meet some faithful Catholics who love the Lord and would consider it a privilege to get to know you. We invite you to learn what Catholics believe in an open and welcoming environment. The **Rite of Christian Initiation of Adults (RCIA)** sessions meet every Monday Evening at 7 PM in the lower level of the Cathedral. Feel free to come any Monday evening.



For more information on all of our faith formation programs, please call **916-444-5364** or email Sister Jenny Aldeghi FDCC, Director of Religious Education, jenny@cathedralsacramento.org

MARRIAGE PREPARATION

The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Janet & Omar Bardales at matrimonyprep@att.net, or 916-427-9160, or Sister Jenny at 916-444-5364. You do not have to have your wedding at the Cathedral in order to take this class.

GET MARRIED AT THE CATHEDRAL

If you would like to celebrate the Sacrament of Matrimony at the Cathedral, download the Cathedral Wedding Guidelines and Reservation Form on the cathedral website. Contact the parish office at least *six months* before your desired wedding date to arrange a meeting with Wedding Coordinator, Titi Kila at tkila@cathedralsacramento.org.

HAVE YOUR MARRIAGE BLESSED IN THE CHURCH

If you would like to have your civil marriage blessed in the Catholic Church, please call or email Deacon John at the Cathedral Office to explore this possibility: 444-3071 Ext. 11; jgisla@cathedralsacramento.org. This can often be done in a small, private ceremony called a Convalidation, without any cost or fee. If you have been together for a number of years and would like to be married in the Church, this can also often be done in a small, private ceremony without any cost.

QUINCEAÑERA

This is the tradition of celebrating a young girl's coming of age on her 15th birthday with a Mass, and highlights the virtues of family and social responsibility, recognizing her journey from childhood to maturity. For more information on celebrating this beautiful tradition at the Cathedral, call Titi Kila, at 916-444-3071, or tkila@cathedralsacramento.org.

LITURGY OF THE WORD FOR CHILDREN

From September to June, for ages 5 to 10 years old, at the 11:00 am Sunday Mass (Check calendar for dates). Children return to their families before the Offertory. For more information, contact the education office or Dorothy Corgiat at dlcorgiat@yahoo.com.



被祝福的伊曼紐爾·魯伊斯和其同伴 (七月七日)

人們對伊曼紐爾·魯伊斯的早期生活知之甚少，但他在捍衛信仰方面英勇犧牲的細節已歸結於我們。

他出生於西班牙桑坦德的謙卑父母，後來成為一名方濟會牧師，並在大馬士革擔任傳教士。這是在反基督教騷亂震動敘利亞，數千人在短時間內喪生的時候。

其中包括方濟會修道院的上級，其他七位修士和三名外行的埃馬紐埃爾。當一群來勢洶洶的人群來尋找這些人時，他們拒絕放棄信仰，成為穆斯林。這些人在殉道之前遭受了可怕的折磨。

教宗庇護十一世於一九二六年為伊曼紐爾，他的兄弟方濟各會和三位馬龍派人員做了封聖。

Blessed Emmanuel Ruiz and Companions (July 7)

Not much is known of the early life of Emmanuel Ruiz, but details of his heroic death in defense of the faith have come down to us.

Born of humble parents in Santander, Spain, he became a Franciscan priest and served as a missionary in Damascus. This was at a time when anti-Christian riots shook Syria and thousands lost their lives in just a short time.

Among these were Emmanuel, superior of the Franciscan convent, seven other friars, and three laymen. When a menacing crowd came looking for the men, they refused to renounce their faith and become Muslims. The men were subjected to horrible tortures before their martyrdom.

Emmanuel, his brother Franciscans and the three Maronite laymen were beatified in 1926 by Pope Pius XI.

本週報告 (會長)

我們將於八月十七日在上午九點開始在Christ the King Retreat Center進行年度避靜。避靜的主題是「上主的居所」。每位的費用為四十元（包括午餐）。有意參加避靜的教友，請在八月三日向Oliver或Gloria報名。

我們將於八月十七日晚上七點在海港海鮮酒家(5675

Freeport Blvd Sacramento, CA 95822) 會為何神父以及所有89歲或以上的教友們免費慶祝生日。費用是每位\$25 (13歲至88歲)，小童五歲至12歲每位\$12，五歲以下免費（89歲或以上的教友與及小童五歲或以下是免費的）。有興趣的可以與Gloria或Oliver聯絡報名，請大家於報名時候付款

Announcement this week (President)

We will have our annual retreat on August 17 at Christ the King Retreat Center starting at 9am. The theme for the retreat is "The Lord's Dwelling Places." The fee is \$40 each person including lunch. Anyone interested can RSVP with Oliver or Gloria by August 3.

We will celebrate Father Ho's birthday and the birthdays of parishioners age 89 and over during the evening of August 17 at 7pm in Hong Kong Island Seafood Restaurant (5675 Freeport Blvd, Sacramento, CA 95822) The donation ticket is \$25 per person between the ages of 13 and 88 (free for parishioners age 89 and up), \$12 for each child 5 to 12 and fee for children under 5. Please contact Gloria or Oliver to sign up and pay when signing up.



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