



March 22 2020 - Laetare Sunday



Volume 20 \* Issue 12

CATHEDRAL OF THE BLESSED SACRAMENT

1019 11th Street, Sacramento, CA 95814 \* 916-444-3071



# PASTOR'S CORNER

Dear Parishioners,

As I write this Pastor's Corner, we currently are still providing the sacraments and opportunities for worship here in the Diocese of Sacramento during this Covid-19 threat. Many of our protestant brothers and sisters have already moved to an on-line video version of their services and our Catholic neighbors to the west have begun cancelling Sunday worship. I thank Bishop Jaime Soto for suspending the obligation to attend Mass while still providing the opportunity, for those who wish, to find open churches for prayer and worship.

Wherever you may find yourselves these days, some maybe with a lot more work on their hands and some with a lot more spare time, I encourage you to pray for the people of our parish, our community and the world. I'm a few years away from 60, but I have lived long enough to say that in my entire life, I have never experienced a world reaction as we see today. This is truly a unique time and, from my perspective, a surreal time. Many of us are truly unsure of how to process and respond to the quick changes and concerns we see all around us. I encourage you to find your surety in Christ and His church.

Please pray with me:

Lord have mercy  
Christ have Mercy  
Lord have mercy  
Holy Mary, Mother of God, pray for us  
Saint Michael, pray for us  
Saint Joseph, pray for us  
All Holy Apostles, pray for us  
All Holy Martyrs, pray for us  
All Holy Innocents, pray for us  
All Holy men and women, pray for us

Heavenly Father, we present to you today our needs, concerns, failings and doubt. Have mercy on us and hear our gentle plea for help and forgiveness. Send your Spirit to wash away all that makes us unclean in body, mind and spirit. Help us to trust in you and to see that Christ, your son and our savior, is the only Life and the only Truth. We ask this in your Holy Name. Amen.

Fr. Michael

## EVERYDAY STEWARDSHIP

### The 6 Characteristics of an Everyday Stewardship for Lent – Gracious

Vacations can be great times for refueling the body and renewing bonds within a family and between friends. No matter how good the vacation was, it is almost always good to get home when it is over. Sleeping in our own bed, taking a shower in our own bathroom, and resting on our own couch are some of the aspects of home we can miss while on the road. That's why encountering truly gracious and hospitable people while we are away is so important. These people are not family, but they sure can provide for us a glimpse of home. They can be waiters at a restaurant, desk hosts at a hotel, or even Uber drivers. They enrich our lives if for only a moment, yet that moment can make all the difference.

When disciples of Jesus Christ act in a gracious manner to

all those they meet, they provide a glimpse of home. This home is not in a house in a particular location, but it is a home prepared for all of us for eternity. No matter how comfortable we may be in our earthly homes, it truly pales in comparison to eternity with God. In that heavenly home, there is no darkness, only light. There are no tears, only joy. There is no hate, only love.

We are ambassadors for heaven by how we offer ourselves to others. Our stewardship of hospitality allows others to see a glimpse of what God promises to us. Unless we truly step up and act in a gracious manner, will those we encounter ever know the Truth? I hate it when I am on the road and fail to meet people full of joy and welcome. At least I can look forward to coming home. What do those along the way look forward to in the next life that you can't show them a glimpse of in this one?

— Tracy Earl Welliver, MTS



# THE POWER OF THE ANNUNCIATION

by Father Don Miller, OFM  
Franciscanmedia.org

According to Saint Luke's Gospel, just a few months after the angel Gabriel visited Zechariah and announced the conception of Saint John the Baptist, that same angel visited Mary in the little town of Nazareth. Needless to say, Mary was a little shocked when, all of a sudden, an angel appeared and told her that she was highly favored by God, and that she should not be afraid. And, besides all that, the angel said that Mary was to conceive a child and should name him Jesus. [...]

But things were just beginning—and they were going to get far more complicated before they got clarified. For one thing, Mary was engaged to Joseph, but they were not yet married nor living together, and, as Mary assured Gabriel, they had not been sexually active. So, here she was, engaged, a virgin, told she was to conceive a child, and, presumably, Joseph was totally unaware. And the real clincher: the child was to be conceived by the Holy Spirit and would be called the Son of God. Oh, and by the way, Elizabeth, her relative who was barren and advanced in years, is expecting a child—actually, she's in her sixth month of pregnancy—"for nothing will be impossible for God."

After a couple of questions and a moment to catch her breath, Mary makes an astounding response: "Behold, I am the handmaid of the Lord. May it be done to me according to your word." Wow, what faith! No mention of what she was going to do or how things might work out. Just, OK, if that's what God wants, let it be done.

Not the way I would have handled the situation—not that I've had many angels appear to me!

But that is just the point, this was not an ordinary event to be handled in an ordinary way. This was the moment that our God became flesh and was conceived in the womb of the Virgin Mary. Our God, creator of everything—including human beings—willed to become one of his own creatures out of sheer love for the human race. No compelling reason, no need on his part, no ulterior motive, just love for a group of humans who had gone astray and had no way to get back on the path to life. That is pure and simple love.

Mary played an essential role. She agreed to allow the Lord to become flesh and take up his dwelling among us. She was free to

## HERE'S WHY POPES GIVE OUT A "GOLDEN ROSE"

by Philip Kosloski

During Pope Francis' pontificate, he has handed out a total of four "Golden Roses." These roses have been given to various Marian shrines, such as those associated with Our Lady of Fatima and Our Lady of Guadalupe. The rose is highly symbolic in nature and has direct ties to the Fourth Sunday of Lent.

According to Fr. William J. Barry in his book, *The Sacramentals of the Holy Catholic Church*, the gift was originally blessed on *Laetare Sunday*, the Fourth Sunday of Lent, when the Church briefly anticipates the joy of Easter by wearing rose colored vestments and encourages the congregation to "Rejoice!"

The blessing reflects this joy and calls down God's blessing on those who will receive them.

say no—again no compulsive need to agree, just an act of loving faith to do the will of God as she understood it at that moment. Of course, that understanding would grow as the years progressed, and would involve many more acts of loving faith; some almost beyond comprehension.

In a homily excerpt used in the *Office of Readings* for December 20, Saint Bernard of Clairvaux captures the gist of this event very well and speaks of it so tenderly:

"You have heard, O Virgin, that you will conceive and bear a son; you have heard that it will not be by man but by the Holy Spirit. The angel awaits an answer; it is time for him to return to God who sent him. We too are waiting, O Lady, for your word of compassion; the sentence of condemnation weighs heavily upon us.

"The price of our salvation is offered to you. We shall be set free at once if you consent. In the eternal Word of God we all came to be, and behold, we die. In your brief response we are to be remade in order to be recalled to life. . . .

"Answer quickly, O Virgin. Reply in haste to the angel, or rather through the angel to the Lord. Answer with a word, receive the Word of God. Speak your own word, conceive the divine Word. Breathe a passing word, embrace the eternal Word.

"Why do you delay, why are you afraid? Believe, give praise, and receive. Let humility be bold, let modesty be confident. This is no time for virginal simplicity to forget prudence. In this matter alone, O prudent Virgin, do not fear to be presumptuous. Though modest silence is pleasing, dutiful speech is now more necessary. Open your heart to faith, O blessed Virgin, your lips to praise, your womb to the Creator. See, the desired of all nations is at your door, knocking to enter. If he should pass by because of your delay, in sorrow you would begin to seek him afresh, the One whom your soul loves. Arise, hasten, open. Arise in faith, hasten in devotion, open in praise and thanksgiving. Behold the handmaid of the Lord, she says, be it done to me according to your word."

In Mary's answer, "the Word became flesh and made his dwelling among us." Thank you, Mary, for making this possible. Thank you for playing this essential role in our salvation.



*O Lord, on this day, when the Church exults in Thy name and manifests her joy by this sign [the rose], confer upon us through her true and perfect joy and accepting her devotion of today; do Thou remit sin, strengthen faith, increase piety, protect her in Thy mercy, drive away all things adverse to her and make her ways safe and prosperous, so that Thy Church, as the fruit of good works, may unite in giving forth the perfume of the ointment of that flower sprung from the root of Jesse and which is the mystical flower of the field and lily of the valleys, and remain happy without end in eternal glory together with all the saints.*

[...] The last royal leader to receive it was Charlotte, Grand Duchess of Luxembourg, and since the pontificate of Pope Paul VI, each pope has given the gift as a special honor to various Marian shrines across the world, honoring the Queen of Heaven.

It is a tradition that has a long history that has changed over the centuries, but continues to be a gesture connected to the joy of the Christian life.



# LAETARE SUNDAY



When Jesus heard that they had thrown him out, he found him and said, "Do you believe in the Son of Man?" (Jn 9:35)

## FLOWERS HAVE AN IMPORTANT ROLE AT MASS

Philip Kosloski | Aleteia.org

In many Catholic churches, flowers are the most commonly used decorations in the sanctuary. They can be found surrounding the altar at Mass, or in front of statues and other prominent works of art.

While they might seem like an "afterthought," the Church actually has distinct rules and regulations regarding flowers and makes use of them for specific spiritual symbolism.

For example, the *General Instruction of the Roman Missal* explains, "**Floral decoration** should always show **moderation** and be arranged around the altar rather than on the altar table." Additionally, "During Advent the floral decoration of the altar should be marked by a moderation suited to the character of this time of year, without expressing in anticipation the full joy of the Nativity of the Lord. During Lent it is forbidden for the altar to be decorated with flowers. Exceptions, however, are Laetare Sunday (Fourth Sunday of Lent), Solemnities, and Feasts."

In this aspect flowers are meant to express **joy** and is why they are restricted during the somber seasons of Advent and Lent.

Additionally, flowers serve the purpose of reminding us of **God's creation** and the beauty of his handiwork. Nikolaus Gühr in his book, *The Holy Sacrifice of the Mass*, elaborates on this spiritual meaning.

*A holy religious, the Capuchin Francis Borgia, used to say: "God has left us from Paradise three things: the stars, the flowers and the eyes of a child." In fact, flowers have in God's creation a place entirely their own; they are on the globe of the earth what the stars are in the canopy of heaven — uneffaced traces of a former world, the earthly Paradise, the least affected by the curse of sin. In the splendor of their colors, in their fragrance, they are **revelations of the beauty and goodness of God, emblems of His benevolence, images of His first, true designs** (Isa. 25, 1)*

Flowers also remind us of the **spiritual life** and the **virtues** we should acquire within our hearts.

*Flowers also symbolize those supernatural prerogatives, **graces and virtues** with which the soul should be adorned; for the saints bloom as the lily and they are in the presence of God as the odor of balsam. Flowers, by reason of their freshness and beauty which they receive from the sun and which they turn towards it, are emblems of that **innocence and holiness we derive from Christ, the Sun of Justice**, and with which we again glorify Him as the Sun of our spiritual life. — The flowers on the altar signify, moreover, that the blossoms of grace, prayer and virtue unfold in the supernatural light and in the **heavenly warmth which radiates from the sun of the Eucharistic Sacrifice.***

The next time you attend Mass and see flowers adorn the sanctuary, recall the multiple levels of symbolism and raise your heart to God as you enter into the celebration of the Eucharist.

The 2020 Catholic Relief Services collection will be taken up in parishes of The Diocese of Sacramento during liturgies on the weekend of March 21-22. The CRS collection helps six Catholic agencies provide struggling communities with relief and support, and to work for peace and reconciliation among our marginalized brothers and sisters here and around the world. Funds from this collection provide food for the hungry, support displaced refugees, and brings Christ's love and mercy to all people here and abroad. By donating to the collection, you help "Jesus in disguise."



**Saturday, March 28 from 2pm-5pm in Mercy Hall**

Snacks and prizes and fun! No experience necessary. \$15 per person. Co-ed and open to all ages who can count and roll dice! Contact [ActsSocialEvents@gmail.com](mailto:ActsSocialEvents@gmail.com) to reserve your spot. Mail your check to the Cathedral (ACTS Bunco in the memo line) or look for us after Mass in the Vestibule.



From February 26 through April 5, 2020, you're invited to join other Christians for 40 Days for Life – 40 days of prayer, vigil and fasting for an end to abortion. **You are invited to stand and peacefully pray with**

**us during a 40-day vigil** in front of FPA Abortion Clinic at 2322 Butano Dr., Sacramento, and to help spread the word about this important community outreach. We will be a presence Monday through Friday, from 8:00am to 6p.m. For more information – and especially if you'd like to volunteer to help, please contact: Liliana Balderrama (916) 912-8256 or Veronica Avina (916) 205-0713 or go to [40daysforlife.com/sacramento](http://40daysforlife.com/sacramento).

### CATHOLIC VIEWPOINT, FAITH, HOPE AND LOVE,

hosted by Fr. Michael Kiernan. View on Comcast 20, Consolidated 19 and AT&T 14, Times: Sun. 7:00 AM, Tues. 9:30 AM, Weds. 8:30 PM, and Thurs. 5:00 PM. All shows are also on **YouTube** and website **CatholicviewpointFHL.com**.


### CHRISM MASS

Thursday, April 2, 2020 at 6:00 pm - The Chrism Mass is one of the most beautiful liturgies of the Church. At this Mass the Bishop blesses the oils that will be used throughout the diocese for the coming year. Also as a vivid expression of our unity the priests of the diocese come together to renew their commitment to priestly service. The Chrism Mass is a reminder that we are priestly people, called to proclaim the gospel, inspired by the sacraments we have received. You are cordially invited to join Bishop Soto, the priests of the diocese and your Catholic brothers and sisters to celebrate the Chrism Mass, and to pray for God's continued blessings on the Church of Sacramento.

# THIS WEEK AT OUR PARISH

CATHEDRAL KIDS



Date	Mass / Intentions / Readings	Observances & Cathedral Events
<b>Saturday March 21</b>	5:00 pm / Sylvester Joseph + <b>Hos 6:1-6/Ps 51:3-4, 18-19, 20-21ab [cf. Hos 6:6]/Lk 18:9-14</b>	
<b>Sunday March 22</b>	7:30 am / Flora Bagcal + 9:00 am / Consueleo Parra + 11:00 am / Margarita C. Lazcano + 1:00 pm (Spanish)/ Maria del Rosario Esparza S.I. 3:00 pm (Chinese) 5:00 pm / People of the Parish 7:00 pm (Spanish)/ Maria Concepcion Salas + <b>1 Sm 16:1b, 6-7, 10-13a/Ps 23:1-3a, 3b-4, 5, 6 [1]/Eph 5:8-14/Jn 9:1-41 or 9:1, 6-9, 13-17, 34-38</b>	<b>4th Sunday in Lent 9am Second Scrutiny</b>
<b>Monday March 23</b>	12:10 pm / All Souls + 5:10 pm / Patricia Evadney Stiger + <b>Is 65:17-21/Ps 30:2 and 4, 5-6, 11-12a and 13b [2a]/Jn 4:43-54</b>	St. Turibius of Mogrovejo, Bishop
<b>Tuesday March 24</b>	12:10 pm / Elena M. Lopez + 5:10 pm / Rosario Robles Cruz + <b>Ez 47:1-9, 12/Ps 46: 2-3, 5-6, 8-9/Jn 5:1-16</b>	
<b>Wednesday March 25</b>	12:10 pm / Ed Regala + & Nita Subido + 5:10 pm / Rosario Robles Cruz + <b>Is 7:10-14; 8:10/Ps 40:7-8a, 8b-9, 10, 11 [8a and 9a]/Heb 10:4-10/Lk 1:26-38</b>	<b>The Annunciation of the Lord</b>
<b>Thursday March 26</b>	12:10 pm / Sr. Jenny S.I. 5:10 pm / Carlos S.I. <b>Ex 32:7-14/Ps 106:19-20, 21-22, 23 [4a]/Jn 5:31-47</b>	
<b>Friday March 27</b>	12:10 pm / Nena & Jose Elezar + 12:45 pm / Station of the Cross in English 7:00 pm / Estaciones de la Cruz No Benediction or Adoration during Lent <b>Wis 2:1a, 12-22/Ps 34:17-18, 19-20, 21 and 23 [19a]/Jn 7:1-2, 10, 25-30</b>	
<b>Saturday March 28</b>	5:00 pm / Carlos, Mara & Luisa S.I. <b>Jer 11:18-20/Ps 7:2-3, 9bc-10, 11-12 [2a]/Jn 7:40-53</b>	


 Read the Gospel and Color



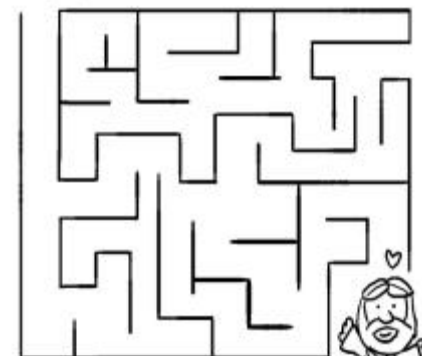
**Sharing the Gospel** - When Jesus saw the blind man, he did not just walk by. Jesus stopped. He knew he could help the man, and honor God at the same time. Showing all of God's love and power, Jesus healed the blind man's eyes. For the first time in his life, the man could see Jesus and believe in him.

**Prayer** - Jesus, thank you for helping the blind man believe in you.

**Mission for the Week** - Draw a cross and put it in a place where you can see it and think of Jesus every day.

 Puzzle

Help me to find God!



## PARISH FINANCIAL REPORT

Weekly Offertory:

February 15/16	\$7,933
February 22/23	\$9,209
February 29/March 1	
March 7/8	\$7,252
March 14/15	\$4,848

# ESQUINA DEL PASTOR

Estimados feligreses,

Mientras escribo este Rincón del Pastor, actualmente todavía estamos brindando los sacramentos y las oportunidades de adoración aquí en la Diócesis de Sacramento durante esta amenaza Covid-19. Muchos de nuestros hermanos y hermanas protestantes ya se han mudado a una versión de video en línea de sus servicios y nuestros vecinos católicos del oeste han comenzado a cancelar la adoración dominical. Agradezco al obispo Jaime Soto por suspender la obligación de asistir a misa y, al mismo tiempo, brindar la oportunidad, para quienes lo deseen, de encontrar iglesias abiertas para la oración y la adoración.

Donde sea que se encuentren en estos días, algunos quizás con mucho más trabajo en sus manos y otros con mucho más tiempo libre, los animo a orar por la gente de nuestra parroquia, nuestra comunidad y el mundo. Estoy a pocos años de cumplir 60 años, pero he vivido lo suficiente como para decir que en toda mi vida, nunca he experimentado una reacción mundial como la vemos hoy. Este es realmente un momento único y, desde mi perspectiva, un tiempo surrealista. Muchos de nosotros no estamos seguros de cómo procesar y responder a los cambios rápidos y las preocupaciones que vemos a nuestro alrededor. Te animo a que encuentres tu garantía en Cristo y en su iglesia.

Por favor ora conmigo:

Señor ten piedad

Cristo ten piedad

Señor ten piedad

Santa María, Madre de Dios, ruega por nosotros.

San Miguel, ruega por nosotros

San José, ruega por nosotros

Todos los Santos Apóstoles, rueguen por nosotros.

Todos los Santos Mártires, rueguen por nosotros.

Todos los Santos Inocentes, ruega por nosotros.

Todos santos hombres y mujeres, rueguen por nosotros

Padre celestial, hoy te presentamos nuestras necesidades, preocupaciones, fallas y dudas. Ten piedad de nosotros y escucha nuestra suave súplica de ayuda y perdón. Envía tu Espíritu para lavar todo lo que nos hace impuros en cuerpo, mente y espíritu. Ayúdanos a confiar en ti y a ver que Cristo, tu hijo y nuestro salvador, es la única Vida y la única Verdad. Te lo pedimos en tu Santo Nombre. Amén.

Pr. Miguel

## LA CORRESPONSABILIDAD DIARIA

### Las 6 Características de una Corresponsabilidad Diaria para la Cuaresma – La Amabilidad

Las vacaciones pueden ser un gran momento para reabastecer de combustible el cuerpo y renovar los lazos dentro de una familia y entre amigos. No importa cuán buenas hayan sido las vacaciones, casi siempre es bueno llegar a casa cuando termina. Dormir en nuestra propia cama, bañarnos en nuestro propio baño y descansar en nuestro propio sofá son algunos de los aspectos del hogar que podemos extrañar mientras viajamos. Por eso es tan importante encontrarse con personas verdaderamente amables y hospitalarias mientras estamos fuera. Estas personas no son familiares, pero pueden proporcionarnos un vistazo del hogar. Pueden ser meseros en un restaurante, recepcionistas en un hotel o incluso conductores de Uber. Enriquecen nuestras vidas, aunque solo sea por un momento, pero ese momento puede hacer toda la diferencia.

Cuando los discípulos de Jesucristo actúan de manera amable con todos los que se encuentran, brindan un vistazo del hogar. Este hogar no está en una casa en un lugar en particular, pero es el hogar preparado para todos nosotros para la eternidad. No importa cuán cómodos podamos estar en nuestros hogares terrenales, realmente palidece en comparación con la eternidad con Dios. En ese hogar celestial, no hay oscuridad, solo luz. No hay lágrimas, solo alegría. No hay odio, solo amor.

Somos embajadores del cielo por cómo nos ofrecemos a los demás. Nuestra corresponsabilidad de la hospitalidad permite que otros vean lo que Dios nos promete. A menos que realmente demos un paso adelante y actuemos de manera amable, ¿conocerán la verdad algún día aquellos que nos encontremos? Odio cuando estoy de viaje y no encuentro gente llena de alegría y bienvenida. Al menos puedo esperar volver a casa. ¿Qué esperan aquellos en el camino hacia la próxima vida que no puedan mostrar en esta?

— Tracy Earl Welliver, MTS



## LAS LECTURAS Y LAS CONMEMORACIONES DE LA SEMANA

Domingo: 4º Domingo de Cuaresma

1 Sm 16, 1. 6-7. 10-13/Sal 23, 1-3. 3-4. 5. 6 [1]/Ef 5, 8-14/ Jn 9, 1-41 o 9, 1. 6-9. 13-17. 34-38

Lunes: San Toribio de Mogrovejo, obispo

Is 65, 17-21/Sal 30, 2 y 4. 5-6. 11-12 y 13 [2]/Jn 4,43-54

Martes: Ez 47, 1-9. 12/Sal 46, 2-3. 5-6. 8-9/Jn 5, 1-16

Miércoles: La Anunciación del Señor

Is 7, 10-14; 8, 10/Sal 40, 7-8. 8-9. 10. 11 [8 y 9]/Heb 10, 4-10/Lc 1, 26-38

Jueves: Ex 32, 7-14/Sal 106, 19-20. 21-22. 23 [4]/Jn 5, 31-47

Viernes: Sab 2, 1. 12-22/Sal 34, 17-18. 19-20. 21 y 23 [19]/Jn 7, 1-2. 10. 25-30

Sábado: Jr 11, 18-20/Sal 7, 2-3. 9-10. 11-12 [2]/Jn 7, 40-53

## VIVIR LA LITURGIA

Ver es mucho más que una función de nuestros ojos. Podemos mirar algo con una visión clara, pero en realidad no lo vemos. A menudo, lo que creemos que vemos está coloreado por nuestras presuposiciones, prejuicios, suposiciones y necesidades. Juzgamos las cosas por su apariencia, pero Dios ve al corazón. La vista de Dios tiene un alcance mucho más amplio y una profundidad mucho mayor. Recibir cosas o personas basadas solo en la apariencia puede llevarnos a juicios erróneos e hirientes. Creemos que estamos viendo claramente, pero no es así. Permitir que Dios restaure nuestra vista para que realmente podamos ver es un objetivo digno para nuestro trayecto de Cuaresma. Mira hacia adentro y mira hacia afuera. ¿Que ves? Permite que Dios complete la imagen por ti. Pídele que te dé la visión de mirar el corazón de alguien. No saques conclusiones apresuradas ni presumas que sabes la verdad. Sé abierto y lo suficientemente humilde como para que puedas recibir la vista que solo Dios puede dar.

## MEDITACIÓN EVANGÉLICO

Estamos en un punto culminante de la Cuaresma. La semana pasada escuchábamos el dialogo entre Jesús y la mujer samaritana. Ahora, la Liturgia nos sitúa en el encuentro de Jesús con el ciego de nacimiento. Aquí, el Evangelio nos muestra varios niveles de conversación con diferentes personajes: El ciego, los fariseos, los judíos y los padres del hombre. Fijémonos que el centro de la conversación era sobre el poder ver. El ciego fue curado y todos se resistían a creer que veía. Estamos, ya, en el cuarto Domingo de Cuaresma y cabe que nos preguntemos lo siguiente: ¿Vemos realmente la gracia de reconciliación que nos da este tiempo? Sobre los milagros diarios que percibimos en la vida que Dios nos da, ¿los vemos?

La Cuaresma nos invita a la conversión y al encuentro con Jesús, en el cual nosotros escogemos seguir a Jesús o darle la espalda. ¿Cuál escoges? Somos hijos e hijas de la luz por el Bautismo. Dejemos, pues, que la Palabra de Dios penetre en nuestro corazón y digamos de rodillas como el ciego de nacimiento, "*creo, Señor.*" (Juan 9:38) Santa Teresa de Calcuta con la siguiente oración nos ayuda a que esparzamos el aroma de Cristo y con ello iluminemos al que nos rodea: "*Dulce Jesús, ayúdanos a esparcir tu aroma donde quiera que vayamos. Inunda nuestras almas de tu espíritu y tu vida. Posee toda nuestra existencia hasta tal punto que toda nuestra vida solo sea una emanación de la tuya. Brilla a través de nosotros, y mora en nosotros de tal manera que todas las almas que entren en contacto con nosotros puedan sentir tu presencia en nuestra alma. Haz que nos miren y ya no nos vean a nosotros, isino solamente a ti, oh Señor!*"

Amén

## HE AQUÍ POR QUÉ LOS PAPAS DAN UNA

### "ROSA DE ORO"

por Philip Kosloski

Durante el pontificado del Papa Francisco, entregó un total de cuatro "Rosas de oro". Estas rosas se han dado a varios santuarios arianos, como los asociados con Nuestra Señora de Fátima y Nuestra Señora de Guadalupe. La rosa es de naturaleza muy simbólica y tiene vínculos directos con el Cuarto Domingo de Cuaresma.



De acuerdo con el p. William J. Barry en su libro, Los sacramentales de la Santa Iglesia Católica, el regalo fue bendecido originalmente el domingo de Laetare, el cuarto domingo de Cuaresma, cuando la Iglesia anticipa brevemente la alegría de la Pascua al usar vestimentas de color rosa y alienta a la congregación a "¡Alegrarse!"

La bendición refleja esta alegría y llama a la bendición de Dios sobre aquellos que las recibirán.

Oh Señor, en este día, cuando la Iglesia se regocija en Tu nombre y manifiesta su alegría por este signo [la rosa], confía en nosotros a través de su alegría verdadera y perfecta y aceptando su devoción de hoy; remes el pecado, fortaleces la fe, aumentas la piedad, la proteges en tu misericordia, alejas todas las cosas adversas a ella y haces que sus caminos sean seguros y prósperos, para que tu iglesia, como fruto de buenas obras, pueda unirse para dar el perfume de la pomada de esa flor que brotó de la raíz de Jesé y que es la flor mística del campo y lirio de los valles, y permanece feliz sin fin en la gloria eterna junto con todos los santos.

[...] El último líder real en recibirlo fue Charlotte, Gran Duquesa de Luxemburgo, y desde el pontificado del Papa Pablo VI, cada papa ha otorgado el regalo como un honor especial a varios santuarios marianos en todo el mundo, en honor a la Reina del Cielo .

Es una tradición que tiene una larga historia que ha cambiado a lo largo de los siglos, pero continúa siendo un gesto conectado con la alegría de la vida cristiana.





# CATHEDRAL OF THE BLESSED SACRAMENT

1017 11th Street, Sacramento, CA 95814 ~ 916-444-3071, Fax 916-443-2749

March 22, 2020 ~ Lent, Year A, Cycle II, Liturgical Color: Violet

### MASSES

Monday to Friday	12:10 pm
Monday to Thursday	5:10 pm
Saturday Vigil	5:00 pm
Sunday	7:30 am
	9:00 am
	11:00 am
	1:00 pm en Español
	3:00 pm Chinese
	5:00 pm
	7:00 pm en Español
State Holidays	12:10 pm only

### SACRAMENT OF CONFESSION

Monday to Friday	11:30 am to 12:00 pm
Saturday	4:00 pm to 4:45 pm
Domingo en Español	12:30 pm a 12:45 pm
	6:30 pm a 7:00 pm

**DEVOTIONS:** Divine Mercy Chaplet & Rosary  
Wednesday, Thursday, Friday 12:45 pm

### EUCCHARISTIC ADORATION

Wednesday	12:45 pm to 5:00 pm
Thursday	12:45 pm to 5:00 pm
Friday	12:45 pm to 1:30 pm

### BENEDICTION

Wednesday	5:00 pm
Thursday	5:00 pm
Friday	1:30 pm

(No Devotions, Adoration, or Benediction on feast days and holy days)

**ANOINTING OF THE SICK** - By appointment only. Call the rectory at 916-444-3071

**BAPTISMS** - Registration is required. Call Deacon John at the rectory at 916-444-3071  
English - 3rd Saturday of the month, 9:00am  
Español - 4º Sábado del mes, 9:00am

**BAPTISM CLASSES** (No registration required)  
English - 1st Thursday of the month, 7:00pm  
Español - 2do jueves del mes, 7:00pm

**RECTORY OFFICE HOURS:** Monday to Friday, 9:00 am to 12:00 pm, 1:00 pm to 5:00 pm

**VISIT OUR GIFT SHOP DOWNSTAIRS**  
Sundays 9:00 am to 3:00 pm,  
Tuesdays 10:30 am to 12:00 pm

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    Text "app" to 88202

### TOURS

We love to share our Cathedral history! Tours are FREE, led by trained Docents, and held after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours begin at the Baptismal Font. Contact 916-444-3071 to arrange free private group tours.



Los tours en español se llevan a cabo el 1er y 3er domingo del mes después de la misa de 1pm.

**RELIGIOUS EDUCATION PROGRAMS** - The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A., for adults, teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program.



If you've been coming to Mass for a while, but are not Catholic, or were baptized Catholic but never completed your faith formation classes, we invite you to look deeper into the Catholic faith. Come meet some faithful Catholics who love the Lord and would consider it a privilege to get to know you. We invite you

to learn what Catholics believe in an open and welcoming environment. The **Rite of Christian Initiation of Adults (RCIA)** sessions meet every Monday Evening at 7 PM in the lower level of the Cathedral. Feel free to come any Monday evening. For more information on all of our faith formation programs, please call **916-444-5364** or email Sister Lisa Marie Doty, Director of Religious Education, [lmdoty@cathedralsacramento.org](mailto:lmdoty@cathedralsacramento.org).

**QUINCEAÑERA** - This is the tradition of celebrating a young girl's coming of age on her 15th birthday with a Mass, and highlights the virtues of family and social responsibility. For more information on celebrating this beautiful tradition at the Cathedral, call Titi Kila, at the Cathedral Office, 916-444-3071, x13, [tkila@cathedralsacramento.org](mailto:tkila@cathedralsacramento.org).

**MARRIAGE PREPARATION** - The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Deacon Omar & Janet Bardales at [matrimonyprep@att.net](mailto:matrimonyprep@att.net), or 916-427-9160. *You do not have to have your wedding at the Cathedral to take this class.*

**CONVALIDATION** - If you would like to have your civil marriage blessed in the Catholic Church, or if you have been together for a number of years and would like to be married in the Church, this can often be done in a small, private ceremony called a Convalidation, without any cost or fee. To explore this possibility, contact Deacon John at 444-3071 Ext. 11 or [jgisla@cathedralsacramento.org](mailto:jgisla@cathedralsacramento.org).

**WEDDINGS** - If you would like to celebrate the Sacrament of Matrimony at the Cathedral, contact Wedding Coordinator, Titi Kila at [tkila@cathedralsacramento.org](mailto:tkila@cathedralsacramento.org) at least *six months* before your desired wedding date to arrange a meeting.



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Father Kieran McMahon, Priest in Residence  
Father Nicholas Ho, Chinese Mass  
Deacon John Gisla, Office Manager  
Deacon Edgar Hilbert  
Deacon Omar Bardales  
Sister Lisa Marie Doty, Director of Education  
Michael Ognisty, Sacristan  
Rex Rallanka, Director of Music  
Tom Waddock, Cathedral Manager  
Victoria Ramos, Secretary  
Katie McAllister, Bookkeeper  
Titi Kila, Wedding Coordinator  
Lyssa Black, Webmaster / Bulletin Editor

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## CATHEDRAL PARISH REGISTRATION & UPDATE Actualización y registro de la parroquia de la Catedral

Become a member of the Cathedral family. Register online at [cathedralsacramento.org](http://cathedralsacramento.org) / **Parishioner Registration**, or fill out the form below and put in the offertory basket or mail to the rectory office at 1017 11th Street, Sacramento, CA 95814

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State (*Estado*): \_\_\_\_\_ Zip (*Código postal*): \_\_\_\_\_  
Email: \_\_\_\_\_

**For additional family members, please attach a separate sheet.**

### Please indicate:

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Please send Offertory Envelopes

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## Altarservers

Michael Ognisty, [mfognisty@msn.com](mailto:mfognisty@msn.com).

## Benedictus Youth Group

Victoria Ramos, [benedictusy@gmail.com](mailto:benedictusy@gmail.com)

## Brown Bag Lunch Ministry

Marilynn Fairgood, [Marilynn\\_Fairgood@att.net](mailto:Marilynn_Fairgood@att.net)

## Catechesis of the Good Shepherd

for ages 3+, visit [youngsheep.org](http://youngsheep.org), or call 916-910-3435

## Cathedral A.C.T.S.

[ActsCathedralSacto@gmail.com](mailto:ActsCathedralSacto@gmail.com), [saccathedralacts.org](http://saccathedralacts.org)

## Saint Vincent de Paul

contact the rectory office

## Cathedral Young Adults

Titi Kila, [cathedralya@gmail.com](mailto:cathedralya@gmail.com)

## Chinese Community

Oliver Wan [sccc.contact@gmail.com](mailto:sccc.contact@gmail.com)

## Choir (English)

Rex Rallanka, Music Director,  
[rrallanka@cathedralsacramento.org](mailto:rrallanka@cathedralsacramento.org)

## Choir (Spanish)

Jerry Vanoye in the choir annex after the 1pm Mass,  
or Ricardo Savala in the choir annex after 7pm Mass.

## Cinema Divina Movies

Reggie King, [thecatholicstore@gmail.com](mailto:thecatholicstore@gmail.com)

## Communion & Liberation

catechesis meets every Wednesday at 7:15pm

## Docents

Jill Pease, [peasejill@gmail.com](mailto:peasejill@gmail.com)

## Email Prayer Chain

Lynne Amerson, [cbs1017pc@yahoo.com](mailto:cbs1017pc@yahoo.com).

## Extraordinary Ministers of Holy Communion

Amy McCormick, [ammccormick@att.net](mailto:ammccormick@att.net)

## Festival of Trees and Lights

Paula Trujillo, [trupaula@gmail.com](mailto:trupaula@gmail.com)

## Front Door Ministry

[ministries@cathedralsacramento.org](mailto:ministries@cathedralsacramento.org)

## Greeters and Ushers

Tom Waddock, 916-444-3071, x 36

## Hospitality

Celeste Gisla, [jfgisla@surewest.net](mailto:jfgisla@surewest.net)

## Knights of Columbus

Jaime Elizaldi, [jaime.elizaldi@gmail.com](mailto:jaime.elizaldi@gmail.com)

## Lectors

Fred Heacock, [fheacock72@hotmail.com](mailto:fheacock72@hotmail.com)

## RCIA Catechists

Sr Lisa Marie Doty, [RCIA@cathedralsacramento.org](mailto:RCIA@cathedralsacramento.org)

## Religious Education Catechists

Sr Lisa Marie Doty, [lmdoty@cathedralsacramento.org](mailto:lmdoty@cathedralsacramento.org)

## Religious Education Catechists/Spanish

Deyanira Galvez at [cathedralfaithformationsac@gmail.com](mailto:cathedralfaithformationsac@gmail.com)

## Respect Life Ministry

Liliana Balderrama, [michoacan8888@gmail.com](mailto:michoacan8888@gmail.com)

## Rosary Club

Lolita Urrutia, [lolita.urrutia@gmail.com](mailto:lolita.urrutia@gmail.com).

## Spanish Parents Group Leaders

Leticia Hilbert, [leticia\\_hilbert@hotmail.com](mailto:leticia_hilbert@hotmail.com)



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## Chinese Community Column 華人團體消息

每日當責 - 在日常生活中體會天主

善度四旬期生活六大特質之四 - 親切

假期可以是為身體充電，以及更新與家人和朋友之間關係的美好時光。無論假期本身有多麼美好，假期結束回到自家才總是最美好的時刻。睡在自己的床上，在自己的浴室洗澡，在自己的沙發上休息，是我們在回家的路上所想念的一些事情。這就是為什麼當我們離家在外的時候，遇到真正親切熱情好客的服務人員有如此重要。這些人不是我們的家人，但是他們卻可以提供我們那一瞬間，賓至如歸的感覺。他們可以是餐館侍應生，旅館櫃台服務員，甚至是Uber司機。他們只在那一時一刻間豐富了我們的生活，但那一瞬間可以使生活大不相同。

當耶穌的門徒以親切的方式，對待他們遇見的所有人時，他們提供了賓至如歸的一瞬間。這個家不是在特定地點的房子裡，而是天主為我們所有人準備的永恆之家。無論我們在塵世的家可能有多麼舒適，但與天主永恆的相比，它確實顯得很蒼涼。在那天堂之家裡，沒有黑暗，只有光明；沒有眼淚，只有喜樂；沒有憎恨，只有愛。

我們透過向他人奉獻自己，來成為天國的大使。我們熱情好客的聖善生活，能讓人瞥見天主對我們的允諾，但除非我們真正踏出腳步，以親切的態度處事，否則我們遇到的人會了解真理嗎？我不喜歡在旅途中沒能見到充滿喜樂和歡迎的人，但至少我可以期待回家。對於那些一路上期望著下輩子的人，你為何不能使他們今生有一瞬賓至如歸的感覺呢？

- Tracy Earl Welliver, MTS

\*\*Due to the COVID 19 concern. The library has decided to cancel our reservations for their meeting rooms. Therefore we will not have Bible study until further notice.

\*\*因COVID-19的疫情，社區圖書館關閉了會議室的使用，因此團體讀經班暫停至它日再行通知。

### Decree of Dispensation

I grant a dispensation to members of the Catholic Faithful sixty years of age and older as well as those suffering vulnerable health conditions from the obligation to attend Mass on Sunday. This dispensation will continue until further notice.

This dispensation is provided in cooperation with public health officials from local counties in order to protect vulnerable populations from contact with the coronavirus, also known as COVID-19.

I instruct the pastors of parishes in the Diocese to educate the faithful about this dispensation as well as other public health precautions to be observed at this time.

Please pray for those afflicted with COVID-19, their families, and all caregivers. May intercession of our Blessed Mother Mary bring us the healing mercy and grace of her Son, Jesus.

Given at the Diocesan Pastoral Center in Sacramento on this eleventh day of March, in the year of Our Lord, two thousand and twenty.

+Jaime Soto



### 豁免法令

我向六十歲以上以及身體健康狀況不佳的天主教忠實教友，提出豁免參加周日彌撒祭典。此法令將持續進行直到另行通知為止。

此法令是以配合當地政府公共衛生官員的合作，為保護弱勢族群免於接觸新冠病毒，也稱為COVID-19。

我指示教區的神職人員對信友施予此法令宣導，和在此時應該注意的相關公共衛生預防措施。

請為已感染了COVID-19的人，及他們的家人和所有照護者祈禱。願萬福瑪麗亞為我們代禱，求聖子耶穌的垂簾與醫治。

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Jaime Soto 主教

主內 三月十一日 西元二零二零年



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