

# Bishop Frances A. Quinn

1921-2019

March 31 2019 ~ 4th Sunday in Lent

Volume 19\* Issue 13

## Cathedral of the Blessed Sacrament

1019 11th Street, Sacramento, CA 95814 \* 916-444-3071



### Laetare Sunday



## Pastor's Corner

This weekend we celebrate the 97 years of the life of Bishop Francis Quinn. Having been the oldest living bishop in the United States, he experienced many of the great achievements as well as tragedies in the Catholic Church and world. My earliest memories of Bishop Quinn were while I had already entered the seminary. Although he was bishop at the time of my confirmation, I was confirmed by Venerable Alphonse Gallegos, Auxiliary Bishop of the diocese at that time. Yet, even I, in my innocent (or rather ignorant) twenties, was well aware of the reputation of Bishop Quinn. Well known for his humility and outreach to the poor, he was an encouraging presence for my initial interest and continued path towards priestly ordination.

I can't say I was close to Bishop Quinn. I wanted to be. I admired him greatly for his wisdom and sense of humor, but I've never been a person to press myself onto the lives of others and the Spirit did not lead us to intersect often. It was always an honor to have him speak to me, but he was a popular personality who deserved his space. I've always felt, however, that he knew me far better than I knew him. He had a keen eye and incredible memory. I believe he kept an eye out for me and my whereabouts. Probably this was a gift of his that many people experienced. He had the ability to cut through the excess and reveal the core. This wisdom brought with it stability, intimacy and a sense of saintliness.

I blush to admit that when I first came to the Cathedral somebody mentioned that I reminded them of Francis Quinn. I of course, was flattered although I did my best to downplay the compliment. I will aspire to be like Bishop Quinn who himself modeled beautifully the image of the Good Shepherd. I know he is missed by many who were close to him, his friends and the community of Mercy McMahan Terrace, but for those who were aware of his concerns for people on the margins of his spheres, his death brings a quiet sadness. Yet, his 97 years praising God sounds like a pretty darn good life, and an eternity with the eternal Shepherd sounds even better. Bishop Francis Quinn, pray for us!

Fr. Michael



# “Love God, love one another.”

**Francis Anthony Quinn** was born in Los Angeles on September 11, 1921. Older brother Donnell who lives in Fairfield and Francis are the sons of Frank Quinn and Anne Chierici. Francis' father came from an Irish family and his mother from an Italian family. Francis' father Frank was a superintendent of the Scully Brothers Glove Factory but after his premature death in 1927, Anne Quinn worked for a quarter of a century as a seamstress for a shirt manufacturer to support herself and her two sons.

According to Anne, Francis was “very quiet and studious as a child.” He carried newspapers for the Napa Register and sold subscriptions to the Saturday Evening Post. Francis attended St John Parish Parochial School in Napa and then, at the age of fourteen, entered St Joseph Seminary in Mountain View to begin his studies for the priesthood for service to the Church of San Francisco.

Upon completing his theological studies at St Patrick Seminary, Menlo Park, Archbishop John Mitty ordained Francis a priest on June 15, 1946. After a couple months in parish ministry, the newly ordained Fr Quinn was sent to the Catholic University of America where he earned a Master's Degree in education. Returning to San Francisco, Fr Quinn was assigned to Serra High School in San Mateo where he taught for three years. Between 1950 and 1955, he was on the faculty of Sacred Heart High School in San Francisco. In 1955, he became associate superintendent of schools for the archdiocese, a position he held until 1962.

Fr Quinn was a talented writer and wrote a column for The Monitor beginning in February 1952 entitled The Faith in You. He later co-authored a four volume Complete Group Guidance for Catholic High Schools and was on the drafting committee for the booklet “As One Who Serves.” He also served in several other roles during that time, including secretary of the Roman Catholic Welfare Corporation and commission chairman for the Western Education Association. He was named director of Radio and TV for the archdiocese in 1962. That same year, Fr Quinn was named a monsignor by Pope John XXIII.

On April 28, 1978, Pope Paul VI named both Monsignor Francis Quinn and Monsignor Pierre Dumaine as auxiliary bishops of San Francisco. Bishop-elect Quinn was named the Titular Bishop of Numana and auxiliary bishop of San Francisco. Both Francis Quinn and Pierre Dumaine were ordained bishops on June 29, 1978 at St Mary Cathedral in San Francisco by Archbishop John R Quinn and co-consecrators Archbishop Joseph Thomas McGucken and Bishop William Joseph McDonald. At that time, Bishop Quinn described the work of bishops as that of “giving leadership and cooperating with all resources of the community bringing as many people as possible to God and to His healing, reconciliation and love.”

After only one and a half years as auxiliary, Bishop Quinn was appointed seventh Bishop of Sacramento on December 18, 1979 by Pope John Paul II, succeeding Bishop Alden J Bell who retired that same year. He was installed as Bishop of Sacramento on February 18, 1980 by San Francisco Archbishop John R Quinn in the Sacramento Memorial Auditorium.

Bishop Quinn never moved into the Bishop's Residence on Fair Oaks Boulevard but instead invited Bishop

Bell to continue living in the house until his death in 1982. Bishop Quinn chose to move into the cathedral rectory taking a single room in the basement of the house as his quarters.

From 1980-1992, Bishop Quinn oversaw the establishment of seven new parishes, several missions, two elementary schools and the opening of Bishop Quinn High School in Redding. In that same year he called together a group of consultants to prepare for the second Diocesan Pastoral Plan.

In an interview with the Sacramento Bee, Bishop Quinn stated that some of his happiest memories as bishop of the diocese were celebrations of Christmas and Easter Masses with those incarcerated in state prisons in the diocese and celebrations in the Cathedral like Ash Wednesday, Good Friday, Christmas Midnight Mass, the annual Easter Vigil and the yearly Jazz Masses during the annual Sacramento Jazz Festival weekend in May.

No one had a more powerful influence in the Sacramento community and diocese than Bishop Quinn. He always affirmed people of all faiths, extended a welcome to them and showed them friendship and hospitality. He was admired by all because he was not just bishop of the Catholic community but was seen as the bishop of people of all faiths living in the Sacramento Valley.

Although only 72 at the time, Bishop Quinn petitioned the pope to retire and his request was granted on November 30, 1993. He wanted to pursue his dream of serving the Native Americans in the southwest while he still had the energy. He moved to Tucson, AZ and began a traveling ministry to the Tohono O'odham (Papago) and Pascua Yaqui reservations around Tucson. He lived in the RV given to him by the priests of Sacramento as a farewell retirement gift. He drove from reservation to reservation ministering to his parishioners, celebrating Sunday Mass, baptizing and confirming their children, officiating at their marriages and celebrating the funeral liturgy for their deceased loved ones. He had now returned to the mission being a parish priest once again.

Bishop Quinn at age 91, after serving the Native Americans in the Tucson diocese for a dozen years, he returned to Sacramento in 2007 at the age of 86 to begin his second retirement. He moved into Mercy McMahon Terrace across the street from Sacred Heart Parish and Mercy Hospital.



 Read the Gospel and Color



**Sharing the Gospel** - Everything you have is a gift from God -- your body, your mind, your food, your clothes -- everything! Sometimes people become proud, and they think they have earned God's gifts. Sometimes people run away from God, and they waste God's gifts. Just remember, it is never too late to run back to God. Every good gift comes from God.

**Prayer** - Dear God, help me to be truly thankful for all the gifts you have given me.

**Mission for the Week** - Name three good things God has given you. Say "thank you" to God for those gifts in a prayer.

 **Puzzle**

Complete the Picture.



**5th SUNDAY SECOND COLLECTION** - On March 31st we will have a second collection in support of St. Vincent de Paul Society and the cathedral's social services ministries. Please be generous and thank you for your support!

**STILL OPEN! THE BIBLE TIMELINE: Psalms BIBLE STUDY**

Come study the Book of Psalms with us! *Psalms: The School of Prayer* reminds us why the Psalms are at the heart of the Bible. The study will include a series of eleven videos presented by Jeff Cavins. Each video will be preceded by a lively group discussion. We will meet every Thursday from 7pm to 8:30 at the lower level of the Cathedral. After 11 sessions you will receive a certificate of completion. Attendance is free. We will also provide materials. Please join us for a life-changing journey through the Bible! Contact Sister Jenny at (916) 444-5364 or [jenny@cathedralsacramento.org](mailto:jenny@cathedralsacramento.org) to register. God bless.



**40 DAYS FOR LIFE** - You are invited to stand and peacefully pray with us during a 40-day vigil through April 14, in front of FPA Abortion Clinic at 2322 Butano Dr., Sacramento, and to help spread the word about this important community outreach. We will be a presence Monday through Friday, from 8:00 am to 6:00 pm. For more information – and especially if you'd like to volunteer to help, please contact: Liliana Balderrama at (916) 912-8256 or Veronica Avina at (916) 205-0713 or go to [40daysfor-life.com/sacramento](http://40daysfor-life.com/sacramento).

The very popular "I ♥ the Cathedral of the Blessed Sacrament" T-shirts are still available. From children's size **s** through adult size **3x**, at \$10.00 each. Get yours by emailing Susan at [susandurand@gmail.com](mailto:susandurand@gmail.com)!

4TH SUNDAY OF LENT



**CATHOLIC VIEWPOINT, FAITH, HOPE AND LOVE** – on TV channels Comcast 20, Consolidated 19 and AT&T 14 or watch all 49 episodes on **YouTube!** Fr. Michael Kiernan's guest for the week of March 31 and April 7 will be prior interviews with Bishop Francis Quinn (from May 2018). May he rest in Heavenly Peace. Times: Sun. 7:00 AM, Tues. 9:30 Am, Weds 8:30 PM, Thurs 5:00 PM

**HOLY HOUR FOR HEALING IN THE CHURCH** - The Cathedral's Holy Hour last month for healing and atonement in the church was a beautiful occasion of grace. Please join us this month as we continue to pray for the repair of the Church and the sanctification of the clergy. Our next Holy Hour will be on April 5th at 8:00 pm.

**CHRISM MASS** - Please join Bishop Soto and the clergy of our diocese at the annual Chrism Mass to be held on Thursday, April 11, at 6:00 pm at the Cathedral. The Chrism Mass is one of our most important Diocesan celebrations where Bishop Soto will bless the Holy Oils that are used in sacramental celebrations in all the parishes of the Diocese throughout the coming year.



## 14<sup>th</sup> Annual Easter Raffle


Help support the Cathedral's Faith Formation Program  
Prizes: Nintendo Switch, Our Lady of Italy Plaque, One-year GYM Membership, Boy and Girl Bicycles, Assortment of Baskets, and more!  
Tickets are \$1.00 each, available in the Gift Shop or Sister Jenny's office.  
The Drawing will be held on Divine Mercy Sunday, April 28, 2019.





"Now we must celebrate and rejoice,  
because your brother was dead  
and has come to life again;  
he was lost and has been found."  
~Luke 15:32~

# Prayer Corner

Date	Mass/Intentions	Activities
<b>Saturday March 30</b>	5:00 pm / Anna Jones + , Emil Mentel +	10:00 am CCD Classes
<b>Sunday March 31</b>	<p><b>4th Sunday of Lent</b> 7:30 am / Socorro Ramos Navarro + Nestor Purugganan + 9:00 am* / Alberto Aguilar S.I. People of the Parish 11:00 am / Mike &amp; Debbie Swann S.I. Lola Krist + 1:00 pm (Spanish)/ Thomas Castellanos + Camilo Martinez S.I. 3:00 pm (Chinese) at Our Lady of Grace in West Sacramento</p> <p><b>Remembering Bishop F.A. Quinn</b> Vespers at 4:00pm Rosary at 5:00 pm Visitation from 6:00 – 7:30 pm</p> <p>5:00 pm / MASS CANCELED 7:00 pm (Spanish) / MASS CANCELED</p> <p><b>*Second Scrutiny at the 9am Mass</b></p>	<p>9:00 am RCIA for Children &amp; Teens 9:00 am Mass: RCIA - Breaking of the Word 11:00 am Mass: Liturgy of the Word for Children</p>
<b>Monday April 1</b>	12:00 pm / <b>Bishop F.A. Quinn Funeral Mass</b> (Procession begins at 11:45 am) 5:10 pm / Paul Aiello +	6:30 pm RCIA: Vespers 7:00 pm RCIA: Class
<b>Tuesday April 2</b>	12:10 pm / Dr. Gregory Randolph Barnes + 5:10 pm / Paul Aiello +	9:30 am Youth Advocacy Mass 7:00 pm Teen Confirmation Class
<b>Wednesday April 3</b>	12:10 pm / Gabriel Robert Barnes + 5:10 pm / Eugenia Roque Almaraz S.I.	7:00 pm English Choir rehearsal 7:00 pm StVdP Monthly Meeting 7:15 pm The Rosary Club 7:15 pm Communion & Liberation 7:15 pm Spanish 1pm Mass Choir Rehearsal
<b>Thursday April 4</b>	12:10 pm / Souls in Purgatory 5:10 pm / Paul Aiello +	7:00 pm Bible Timeline 7:00 pm Adult Confirmation Class
<b>Friday April 5</b>	12:10 pm / Veronica & Lucia Kim +	12:30 pm Stations of the Cross 7:00 pm Estaciones de la Cruz 8:00 pm First Friday Adoration 
<b>Saturday April 6</b>	5:00 pm / Sharon Lee +	10:00 am CCD Classes

## For the Special Intentions of:

Jessica Carlson S.I.  
Alexis Carlson S.I.  
Familia Vega Galvan  
Gloria Garcia  
Kayla  
Judy Gordon  
Galina Caraus  
Olympia Varzaru  
De Souza Family  
Gbaguidi Family  
Elie Family  
Maggie  
Barbara Eversult  
Harold Bussell  
Jill Donovan  
USAF Brig Gen (retired) Robert M.  
Leonor Perez & Jose Perez  
Michelle  
Derek Gerard Solomon  
Dennis Vest  
Deacon Don DeHaven  
Ted Freitas  
Manuel Benjamin  
Lara Murillo  
Margarita Gonzalez  
M Cintron  
Mike  
Mary  
Maria  
Gabriel Valentin  
Patricia and Andrew Vargas  
Jocey  
Sara Martinez  
Marilyn Custodio  
Kinda A  
Lucia  
Damianus Aditya Christie  
Snjezana

## For the Repose of the Soul of:

Bishop Frances Quinn +  
Teodorico Tayaba +  
Gisele Mensah +  
Jimmy Jaimes +  
Patricia and Andrew Vargas +  
Jaime Tenajeros Caminos +  
Nellie Foronda Tumbaga +  
Armandina Guerrero +

## Readings & Observances

Sunday: 4th Sunday of Lent  
Jos 5:9a, 10-12/Ps 34:2-3, 4-5, 6-7 [9a]/2 Cor 5:17-21/Lk 15:1-3, 11-32

Monday: April Fools' Day  
Is 65:17-21/Ps 30:2 and 4, 5-6, 11-12a and 13b [2a]/Jn 4:43-54

Tuesday: St. Francis of Paola, Hermit  
Ez 47:1-9, 12/Ps 46:2-3, 5-6, 8-9 [8]/Jn 5:1-16

Wednesday: Is 49:8-15/Ps 145:8-9, 13cd-14, 17-18 [8a]/Jn 5:17-30

Thursday: St. Isidore, Bishop & Doctor of the Church  
Ex 32:7-14/Ps 106:19-20, 21-22, 23 [4a]/Jn 5:31-47

Friday: St. Vincent Ferrer, Priest  
Wis 2:1a, 12-22/Ps 34:17-18, 19-20, 21 and 23 [19a]/Jn 7:1-2, 10, 25-30

Saturday: Jer 11:18-20/Ps 7:2-3, 9bc-10, 11-12 [2a]/Jn 7:40-53



# Esquina del Pastor

Este fin de semana celebramos los 97 años de la vida del obispo Francis Quinn. Habiendo sido el obispo vivo más antiguo de los Estados Unidos, experimentó muchos de los grandes logros y tragedias en la Iglesia Católica y el mundo. Mis primeros recuerdos del obispo Quinn fueron cuando ya había ingresado al seminario. Aunque era obispo en el momento de mi confirmación, fui confirmado por el venerable Alphonse Gallegos, obispo auxiliar de la diócesis en ese momento. Sin embargo, incluso yo, en mis veinte años inocentes (o más bien ignorantes), era muy consciente de la reputación del obispo Quinn. Bien conocido por su humildad y alcance a los pobres, fue una presencia alentadora para mi interés inicial y un camino continuo hacia la ordenación sacerdotal.

No puedo decir que estaba cerca del obispo Quinn. Yo quería ser. Lo admiré mucho por su sabiduría y sentido del humor, pero nunca he sido una persona que me presionara en las vidas de los demás y el Espíritu no nos llevó a cruzarnos con frecuencia. Siempre fue un honor que me hablara, pero era una personalidad popular que merecía su espacio. Sin embargo, siempre sentí que me conocía mucho mejor que yo a él. Tenía un ojo agudo y una memoria increíble. Creo que se mantuvo atento a mí y a mi paradero. Probablemente este fue un regalo suyo que muchas personas experimentaron. Tenía la habilidad de cortar el exceso y revelar el núcleo. Esta sabiduría trajo consigo estabilidad, intimidad y un sentido de santidad.

Me sonrojo al admitir que cuando vine por primera vez a la catedral, alguien mencionó que les recordé a Francis Quinn. Por supuesto, me sentí halagado, aunque hice todo lo posible por restarle importancia al cumplido. Aspiraré a ser como el obispo Quinn, quien a su vez modelaba bellamente la imagen del Buen Pastor. Sé que lo extrañan muchos de los que estaban cerca de él, sus amigos y la comunidad de Mercy McMahon Terrace, pero para aquellos que eran conscientes de su preocupación por las personas al margen de sus esferas, su muerte trae una tristeza silenciosa. Sin embargo, sus 97 años alabando a Dios suena como una vida bastante buena, y una eternidad con el Pastor eterno suena aún mejor. Obispo Francis Quinn, ruega por nosotros!

Padre Michael

**5º DOMINGO SEGUNDA COLECCIÓN** - El 31 de marzo tendremos una segunda colecta para apoyar a la Sociedad de San Vicente de Paul y los ministerios de servicios sociales de la catedral. ¡Por favor sea generoso y gracias por su apoyo!



Usted está invitado a unirse a otros cristianos desde el 6 de Marzo al 14 de Abril del 2019 para participar en los **40 DÍAS POR LA VIDA** - 40 días de oración, vigilia y ayuno por el fin del aborto. Está invitado a pararse enfrente de la clínica de aborto FPA y orar pacíficamente con nosotros durante la vigilia de 40 días en el 2322 Butano Dr., Sacramento, y ayudar a pasar la voz sobre esta importante campaña por la vida. Estaremos presentes de lunes a viernes de 8:00am a 6:00pm. Para más información - y especialmente si le gustaría ayudar, por favor contacte a: Liliana Balderrama al (916) 912-8256 o Verónica Aviña al (916) 205-0713 o también en [40daysforlife.com/sacramento](http://40daysforlife.com/sacramento).

Las muy populares camisetas "I ♥ the Cathedral of the Blessed Sacrament" todavía están disponibles. Desde tamaño de niño hasta tamaño adulto 3x, a \$ 10.00 cada uno. ¡Obtenga el suyo enviando un correo electrónico a Susan a [susandurand@gmail.com](mailto:susandurand@gmail.com)!

**SANTA HORA PARA LA SANACIÓN EN LA IGLESIA:** la Hora Santa de la Catedral el mes pasado para la curación y la expiación en la iglesia fue una hermosa ocasión de gracia. Únase a nosotros este mes mientras continuamos orando por la reparación de la Iglesia y la santificación del clero. Nuestra próxima Hora Santa será el 5 de abril a las 8:00 pm.

**MISA DE CRISMO:** únase al obispo Soto y al clero de nuestra diócesis en la misa anual de crisma que se realizará el jueves 11 de abril de 2019 a las 6 pm en la Catedral del Santísimo Sacramento. La Misa del Crisma es una de nuestras celebraciones diocesanas más importantes, donde el Obispo Soto bendecirá los Aceites Sagrados que se usan en las celebraciones sacramentales en todas las parroquias de la Diócesis durante el próximo año.



### 14a rifa anual de Pascua

Ayudar a apoyar el Programa de Formación en la Fe de la Catedral.

Premios: Nintendo Switch, placa de Nuestra Señora de Italia, Membresía GYM de un año, bicicletas para niños y niñas, Surtido de cestas, y más!

Los boletos cuestan \$ 1.00 cada uno,

disponibles en la tienda de regalos o la oficina de la hermana Jenny.

El sorteo se llevará a cabo el domingo de la Divina Misericordia, 28 de abril de 2019.

### LAS LECTURAS Y CONMEMORACIONES SEMANALES

Las lecturas de la semana del 31 de marzo de 2019

Domingo: 4o Domingo de Cuaresma

Jos 5, 9. 10-12/Sal 34, 2-3. 4-5. 6-7 [9]/2 Co 5, 17-21/  
Lc 15, 1-3. 11-32

Lunes: Is 65, 17-21/Sal 30, 2 y 4. 5-6. 11-12 y 13 [2]/Jn 4, 43-54

Martes: San Francisco de Paula, ermitaño

Ez 47, 1-9. 12/Sal 46, 2-3. 5-6. 8-9 [8]/Jn 5, 1-16

Miércoles: Is 49, 8-15/Sal 145, 8-9. 13-14. 17-18 [8]/Jn 5, 17-30

Jueves: San Isidoro, obispo y doctor de la Iglesia

Ex 32, 7-14/Sal 106, 19-20. 21-22. 23 [4]/Jn 5, 31-47

Viernes: San Vicente Ferrer, sacerdote

Sab 2, 1. 12-22/Sal 34, 17-18. 19-20. 21 y 23 [19]/

Jn 7, 1-2. 10. 25-30

Sábado: Jer 11, 18-20/Sal 7, 2-3. 9-10. 11-12 [2]/Jn 7, 40-53

### MEDITACIÓN EVANGÉLICO

"Padre, he pecado contra Dios y ante ti. Ya no merezco ser llamado hijo tuyo." (Lucas 15:21). En esta parábola se encuentra la misericordia de Dios en abundancia, sin límites, para aquel hijo arrepentido. El Evangelio nos narra: "Pero el Padre dijo a sus servidores: ¡Rápido! Traigan el mejor vestido y pónganselo. Colóquenle un anillo en el dedo y traigan calzado para sus pies. Traigan el ternero gordo y mátenlo; comamos y hagamos fiesta?". (Lucas 15:22-23). Jesús no tiene límites; recibe a todas las personas, a nadie le da con la puerta en las narices, como decimos comúnmente. El se abre totalmente al que lo busca; tal como lo hace el Padre al hijo pródigo.

El Padre es modelo de misericordia y perdón. Sabe reconciliar y después del abrazo de bienvenida llega la fiesta a lo grande para el hijo. El Papa Francisco, nos recuerda que "Jesús no describe a un padre ofendido y resentido, un padre que, por ejemplo, dice al hijo: 'me las pagaras, ¡eh!'; no, el padre lo abraza, lo espera con amor. Al contrario, la única cosa que el padre tiene en su corazón es que este hijo este ante él sano y salvo y esto lo hace feliz y hace fiesta". Y el papa agrega. "En cualquier situación de la vida, no debo olvidar que no dejaré jamás de ser hijo de Dios, ser hijo de un Padre que me ama y espera mi regreso. Incluso en las situaciones más feas de la vida, Dios me espera, Dios quiere abrazarme, Dios me espera." (11 de mayo 2016).

### LA CORRESPONSABILIDAD DIARIA

Entonces, ¿nunca has sido tan serio acerca de una forma de vida de corresponsabilidad? No es que hayas sido codicioso o poco amoroso hacia los demás. Tú das de ti mismo cuando determinas que hay una necesidad real. Sin embargo, no has trabajado intencionalmente para entregar todo lo que eres, todo lo que tienes y todo lo que haces a tu Dios. Es difícil porque cuando te comparas con los demás, pareces bastante bueno. No eres un hijo pródigo que necesita volver a Dios porque has vivido una vida llena de pecado y egoísmo.

No obstante, ahí está el problema. Fácilmente podemos sentir que no somos tan malos, entonces ¿para qué cambiar algo? Podemos adormecernos en la creencia de que probablemente llegaremos al cielo, por lo tanto, ¿para qué hacer más? La seguridad de la salvación es otro tema, pero básicamente podemos ver nuestra vida como una serie de transacciones con Dios.

Sin embargo, no debemos determinar nuestras acciones basadas en lo que obtengamos. Las acciones de un ser querido se deben al amor por la persona amada. Jesús dio su vida por amor a nosotros. Él nos ha mostrado cómo luce la entrega total. Él no necesita nuestra rendición, pero la quiere porque eso es lo que hacen los enamorados. En esta Cuaresma, tal vez nuestra oración no debería ser simplemente ser mejores corresponsables, sino amarlo más. Entonces nuestra motivación no se basará en lo que deberíamos hacer, sino en lo que estamos impulsados a hacer por amor.

-Tracy Earl Welliver, MTS





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# Cathedral of the Blessed Sacrament

1017 11th Street, Sacramento, CA 95814

916-444-3071, Fax 916-443-2749, [cathedralsacramento.org](http://cathedralsacramento.org)

Rectory Office Hours — Monday to Friday, 9:00 am to 12:00 pm, 1:00 pm to 5:00 pm



## PASTORAL AND ADMINISTRATIVE STAFF

Father Michael O'Reilly, Rector  
 Father Kieran McMahon, Priest in Residence  
 Father Nicholas Ho, Chinese Mass  
 Deacon John Gisla, Office Manager  
 Deacon Don DeHaven  
 Deacon Edgar Hilbert  
 Deacon Omar Bardales  
 Sister Jenny Aldegghi, Director of Education  
 Michael Ognisty, Sacristan  
 Rex Rallanka, Director of Music  
 Tom Waddock, Cathedral Manager  
 Carmen Perez, Secretary  
 Katie McAllister, Bookkeeper  
 Titi Kila, Wedding Coordinator  
 Lyssa Black, Webmaster/Bulletin Editor

## PARISH PASTORAL COUNCIL

Peggy Oakden, Chairperson  
 Eileen Dunn                      Russell Almaraz  
 Jaime Elizaldi                  Jose Solis  
 Jeff Weiss                          Paty Davila  
 Ellis Chan                         Esteban Arellano  
 Thulie Fletcher                 Joey Martinez

## FINANCE COUNCIL

Robert Ingenito, Chairperson      Michael Pease  
 Janet Bardales                         Gerardo Davila  
 Steve Harrold                            Angela Lai

## MASSES

Monday to Friday                      12:10 pm  
 Monday to Thursday                 5:10 pm  
 Saturday Vigil                         5:00 pm  
 Sunday                                      7:30 am  
    9:00 am  
    11:00 am  
    1:00 pm en Español  
    3:00 pm Chinese  
    5:00 pm  
    7:00 pm en Español  
 State Holidays                         12:10 pm only

## SACRAMENT OF CONFESSION

Monday to Friday                      11:30 am to 12:00 pm  
 Saturday                                  4:00 pm to 4:45 pm  
 Domingo en Español                  12:30 pm a 12:45 pm  
    6:30 pm a 7:00 pm

## EUCCHARISTIC ADORATION

When attendants are available:  
 Wednesday                              12:45 pm to 4:45 pm  
 Thursday                                 12:45 pm to 4:45 pm  
 Friday                                        12:45 pm to 3:45 pm

## ANOINTING OF THE SICK - By appointment

**BAPTISMS** (Registration is required)  
 English - 3rd Saturday of the month, 9:00am  
 Español - 4º Sábado del mes, 9:00am

**BAPTISM CLASSES** (No registration required)  
 English - 1st Thursday of the month, 7:00pm  
 Español - 2do jueves del mes, 7:00pm

## TOURS

Tours are free and are led by trained Docents after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours in Spanish are held the 1st & 3rd Sundays of the month after the 1pm Mass. Tours begin at the Baptismal Font. Contact 916-444-3071 to arrange free private group tours.

## GIFT SHOP on the Lower Level

Sundays                                  9:00 am to 3:00 pm  
 Tuesdays                                10:30 am to 12:00 pm

March 31 2019 \* 4th Sunday in Lent



ROMAN CATHOLIC  
**DIOCESE OF SACRAMENTO**  
 DIÓCESIS CATÓLICA ROMANA DE SACRAMENTO

The Most Reverend **Jaime Soto, D.D, M.S.W**  
 Bishop of Sacramento

2110 Broadway, Sacramento, CA 95818  
 Office Hours: 8:30am - 4:30 pm  
 Phone 916-733-0100, Fax 916-733-0195

[scd.org](http://scd.org)

## CATHEDRAL PARISH STEWARDSHIP

Weekend	Total Offering	Percent of Goal
March 9/10	\$8,885	77%
March 16/17	\$10,055	87%
March 23/24	\$x,xxx	xx%

The Finance Council has set a weekly offertory goal of **\$11,500**.



“Give thanks to the LORD, for he is good;  
his love endures forever.”

~Psalm 118~

# April 2019



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div style="border: 1px solid black; padding: 5px; margin-bottom: 10px;">                     Weekday Mass Schedule:                      Monday to Friday - 12:10 pm                      Monday to Thursday - 5:10 pm                      (Unless otherwise indicated)                 </div>	1 6:30 pm RCIA Evening Prayer 7:00 pm RCIA Class 7:00 pm Respect Life Monthly Meeting	2 9:30 am Youth Advocacy Mass  7:00 pm Teen Confirmation Class	3 7:00 pm English Choir rehearsal 7:00 pm StVdP Monthly Meeting 7:15 pm The Rosary Club 7:15 pm Communion & Liberation 7:15 pm Spanish 1pm Mass Choir Rehearsal	4 7:00 pm The Bible Timeline  7:00 pm Adult Confirmation Class  7:00pm Baptism Class - English	5 12:30 pm Stations of the Cross 7:00 pm Estaciones de la Cruz  8:00 pm Adoration	6 5:00 pm Vigil Mass
5th Sunday in Lent 7 <b>Mass - 7:30am, 9:00am*, 11:00am, 5:00pm</b> Spanish: 1:00pm, 7:00pm Chinese: 3:00pm  Children & Teens RCIA - 9:00 am RCIA - Breaking of the Word at the 9am Mass Liturgy of the Word for Children at the 11am *Third Scrutiny at the 9am Mass	8 6:30 pm RCIA Evening Prayer 7:00 pm RCIA Class	9 7:15 pm The Men's Group  7:00 pm Teen Confirmation Class	10 7:00 pm English Choir rehearsal 7:15 pm Communion & Liberation 7:15 pm Spanish 1pm Mass Choir Rehearsal	11 6:00 pm Chrism Mass  7:00 pm The Bible Timeline 7:00 pm Adult Confirmation Class 7:00pm Baptism Class - Spanish	12 12:30 pm Stations of the Cross 7:00 pm Estaciones de la Cruz	13 5:00 pm Blessing of Palms
<b>PALM SUNDAY</b> 14 <b>Mass - 7:30am, 9:00am, 11:00am*, 5:00pm</b> Spanish: 1:00pm, 7:00pm Chinese: 3:00pm  Children & Teens RCIA - 9:00 am RCIA - Breaking of the Word at the 9am Mass Liturgy of the Word for Children at the 11am *Procession of Palms at the 11am	15 6:30 pm RCIA Evening Prayer 7:00 pm RCIA Class  Tax Day	16 No Teen Confirmation Class tonight	17 7:00 pm English Choir rehearsal 7:15 pm The Rosary Club 7:15 pm Communion & Liberation 7:15 pm Spanish 1pm Mass Choir Rehearsal  7:15 pm Tenebrae	Holy 18 Thursday  12:10 pm Communal Penance Service 7:00 pm Celebration of the Lord's Supper	Good 19 Friday 9:00 am Morning Prayer 12:10 pm Celebra- tion of the Lord's Passion followed by Stations of the Cross 7:00 pm Estaciones de la Cruz	Holy 20 Saturday 9:00 am Morning Prayer 12:00 pm RCIA Rehearsal  8:30 pm Easter Vigil
<b>EASTER</b> 21 <b>Mass - 7:30am, 9:00am, 11:00am, 5:00pm</b> Spanish: 1:00pm, 7:00pm Chinese: 3:00pm  Children & Teens RCIA - 9:00 am RCIA - Breaking of the Word at the 9am Mass	22 6:30 pm RCIA Evening Prayer 7:00 pm RCIA Class  Earth Day	23 7:00 pm Teen Confirmation Class	24 7:00 pm English Choir rehearsal 7:15 pm Communion & Liberation 7:15 pm Spanish 1pm Mass Choir Rehearsal	25 7:00 pm The Bible Timeline  7:00 pm Adult Confirmation Class	26 Arbor Day	27 5:00 pm Vigil Mass
<b>DIVINE MERCY SUNDAY</b> 28 <b>Mass - 7:30am, 9:00am, 11:00am, 5:00pm</b> Spanish: 1:00pm, 7:00pm Chinese: 3:00pm  Children & Teens RCIA - 9:00 am RCIA - Breaking of the Word at the 9am Mass Liturgy of the Word for Children at the 11am ~Easter Raffle Drawing takes place today~	29 6:30 pm RCIA Evening Prayer 7:00 pm RCIA Class	30 7:00 pm Teen Confirmation Class	Happy Easter! 			



### 聖方濟各保拉 (四月二日)

主曆一四一六年，聖方濟各在那不勒斯附近保拉城誕生。方濟各年十三，在聖瑪谷方濟各修院讀書，一年後隨父母往羅馬、亞西西等地朝聖。朝聖回來，請求父母准他棄俗修道。方濟各在城外隱修了一個時期，往海濱擇一個幽僻洞窟，遠離塵囂，獨居隱修。那時他還只有十五歲。到了二十歲左右，有兩個人要跟隨他修道。附近居民給他們築了三間小室，旁邊有一座小堂，三人每日在規定的時間，到堂裡唱經祈禱。

主曆一四三六年，聖人正式創立「最小兄弟會」。十七年內，門徒人數日增，聖人著手建造修院一座，並編訂會規，供修士遵守。聖人勤操苦行，以身作則。他住在洞窟的時期，以岩石為床。修院房屋工竣，他睡在地上，或木板上，以石塊為枕。到了老年的時候，方才在地上攤一條蓆子。

方濟各勸修士致力愛德和謙德，懺悔補贖罪過。除了一般修士的三大聖願以外，最小兄弟會的會士復應矢發第四個聖願：終年守封齋，戒食肉類、蛋乳。聖人對大小齋異常重視；他鄭重指出：齋戒是克制自己的最佳方法。

御使見修士們生活太清苦，坦直批評方濟各的會規可能失之過嚴。方濟各很謙遜地解釋理由。為了證明天主賞賜心地誠樸的人能夠忍受這一切苦行，他赤手取了一堆燒紅的炭，握了一會，方才放下，皮膚一點也沒有灼傷。御使很欽佩聖人德行高超，回京奏稟教宗。一四七四年，方濟各的修會正式獲得教廷批准。

聖方濟各在法國工作了廿五年。主曆一五零七年聖枝主日，他突感不適。聖瞻禮五日，他召集會士，囑他們愛主愛人，全守會規。接著按照本會規例，赤著雙足，頭部繫一根繩，領終傅聖事。次日（耶穌受難瞻禮），聖人與世長辭，享壽九十一歲。方濟各於主曆一五一九年榮列聖品。

### St. Francis of Paola (April 2)

Francis was born at the town of Paola in 1416. When he was 13, he studied in the Matthew-Franciscan monastery, and after a year he went to Rome, Assisi and other places with his parents for pilgrimage. After the pilgrimage, he asked his parents to let him abandon the custom. Returning to Paola, he selected a secluded cave on his father's estate and there lived in solitude; but later on he found an even-more secluded cave on the sea coast. Here he remained alone for about six years, giving himself to prayer and mortification. In 1435, two companions joined him in his retreat, and to accommodate them Francis caused three cells and a chapel to be built.

By 1436, he and two followers began a movement that would become the foundation of the Hermits of Saint Francis of Assisi. The number of his disciples gradually increased, and about 1454, he built a large monastery and church. The building of this monastery was the occasion of a great outburst of enthusiasm and devotion on the part of the people towards Francis: even the nobles carried stones and joined in the work. Their devotion was increased by the many miracles which the saint wrought in answer to their prayers.

Francis persuaded the monks to be devoted to love and humility, and to repent of the redemption. In addition to the three sacred wishes of the general monks, the priests of the smallest fraternity reinstated the fourth sacred wish: to keep the fasting all year round, and to eat meat and egg milk. The saints pay great attention to the size of the fast; he solemnly points out that fasting is the best way to restrain.

The ambassadors from the Vatican saw that the monks lived too hard, and they criticized the rules and regulations of Franciscans may be too strict. Francis humbly explained the reasons. In order to prove that God's rewarding and honest people can endure all these ascetic efforts, he took a bunch of hot charcoal in his hand and held it for a while before putting it down, and the skin was not burned at all. The ambassadors was amazed by that and returned to Vatican to report to the Pope. In 1474, the training of Franciscans was officially approved by the Vatican.

Saint Francis worked in France for five years. On the Palm Sunday in 1507, he felt uncomfortable. On the 5th day of the holy week, he called in the priests and urged them to love the Lord and others and follow the rules. Then, in accordance with the regulations of this Council, the feet are bare, and the head is tied with a rope for the last rites. The next day (Passion of Christ), the saint died and died at the age of 91. He was canonized in 1519.

### 本週報告 (會長)

我們將會繼續在下個主日彌撒前二時半拜苦路。慕道班於每星期彌撒後以中文舉行。如果您認識的任何朋友或家人對天主教信仰有興趣，請邀請他參加。

### Announcement this week (President)

We will continue to have the Station of the Cross next Sunday at 2:30 before mass.

We have RCIA every week after mass in Chinese. If any friend or family member you know is interested in the Catholic faith, feel free to invite him/her to the RCIA.



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