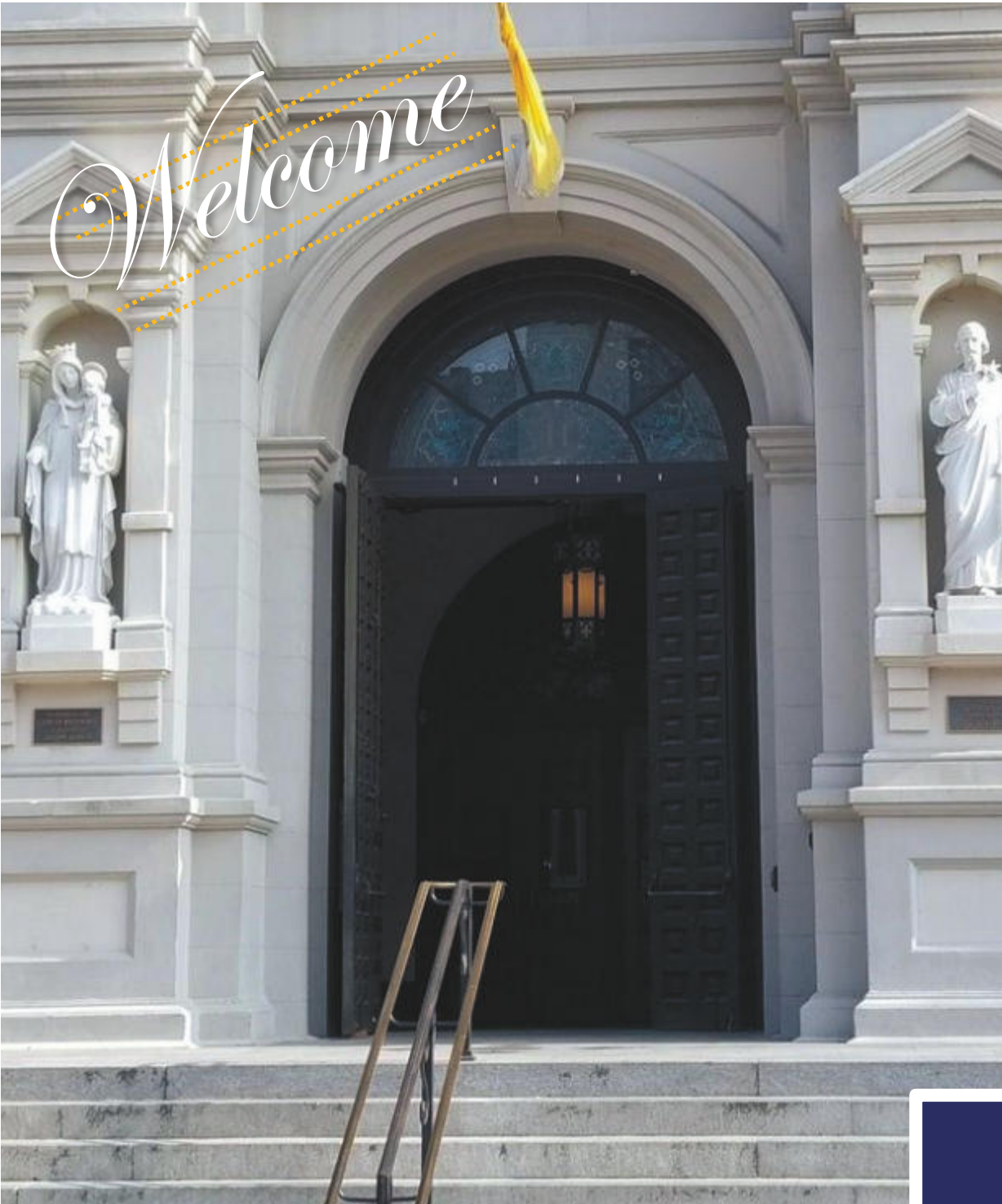


Welcome

September 15 2019 - 24th Sunday in Ordinary Time



Volume 19* Issue 37

Cathedral of the Blessed Sacrament

1019 11th Street, Sacramento, CA 95814 * 916-444-3071





Pastor's Corner

Next weekend is our **Ministry Fair weekend**. This weekend provides an opportunity to become a stronger member of the Cathedral parish and to strengthen our identity as a Catholic. This year we also have an opportunity to make a financial pledge commitment during Mass to help maintain the important ministries and expenses at the Cathedral. I remind all of us that we receive no financial assistance for the regular maintenance of the Cathedral and that the operation of our church comes solely from the weekly giving of us, the parishioners. Next week, we will be asked to make a weekly or monthly pledge that reflects our awareness of the importance of God and His church in our lives. I ask us to prayerfully consider all that God has given and to offer back a portion that reflects our gratitude and our desire to support our responsibility in building up His kingdom. Scripture traditionally has recommended 10% of our income to be returned to God for the good of the church and works of charity. For example, a \$50,000 annual income would translate to a \$5,000.00 annual offering or a weekly offering of \$92.15. I encourage all of us to prayerfully consider all the gifts God has given to us and to see how we might better use them for His glory. May God bless you always.

Fr. Michael

The point is this: the one who sows sparingly will also reap sparingly, and the one who sows bountifully will also reap bountifully. Each of you must give as you have made up your mind, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to provide you with every blessing in abundance, so that by always having enough of everything, you may share abundantly in every good work.

= 2 Corinthians 9:6-8 =

It's more About God, Less About Ministry

In Scripture, we are often challenged to give to meet the needs of others and to invest earthly treasures in the growth of God's eternal kingdom. Not only is the act of giving important, but the attitude behind the gift is also important. The MINISTRY FAIR AND PLEDGE WEEKEND next week is an opportunity to reflect on your Christian life, and pray for guidance in ways your time, talent, and treasure can be better used to serve God.

Abandon Yourself to God

Genuine revival of ourselves comes from a personal, intimate encounter with the living God. Deliberately choose to do things that will develop and cultivate your heart:

- Take time to think, pray sincerely and ask the Lord to lead you to the new or renewed vision of how to serve Him.
- Translate that vision into a specific ministry.
- Consider your pay schedule, and establish a pattern of giving. This habit allows you to regularly remind yourself of God's faithfulness and to express gratitude to Him by giving to meet the needs of others and your church.

Seek to Serve

Be continually thinking of how we can bless and encourage each other. Do what it takes, as the Lord gives you the grace, to work toward really becoming one Body of Christ. We are not one just because we work together—it is because we genuinely care for one another.

We can best motivate ourselves and each other through:

- Love
- Grace
- Encouragement
- Approval
- Forgiveness
- Correction and challenge
- Integrity
- Prayer and fasting

The disciples stuck with Jesus for no other reason than love. And it is crucial that we understand this as we relate to one another.

God is generous, and as His children, we should reflect a family resemblance to our Father. As you joyfully steward your resources with wisdom, you can share the bounty of God's provision with people who are in need.

EVERYDAY STEWARDSHIP

St. Francis De Sales said, "Have patience with all things, but, first of all with yourself." Life has a way of knocking us down or off the path we are traveling. If it is a path that God has called us to, then it will be easier to get back to the journey, but nevertheless, it is difficult. The hardest thing to bear is that too often what we blame on life is really about our own choices or shortcomings. The refrain of many a blues singer sounds something like, "Nobody to blame but me!"

What is the Good News? God's patience is far superior to our own. We do need to follow the words above and cultivate in ourselves a greater sense of patience in all things. However, we should take great comfort in knowing that God's patience will always be there as we struggle to grow and advance in our life as a disciple.

You're trying to live a stewardship way of life but keep falling onto the side of the road? God wants you to reach Him on the road but will wait for you. You want to be holier and more committed to your faith? God will take what you give Him. The danger is when you lose your patience and stop moving toward Him. You decide that it doesn't really matter and that what you can offer God doesn't amount to anything of worth. We must never cease our journey. You and I may get fed up, but our God never will.

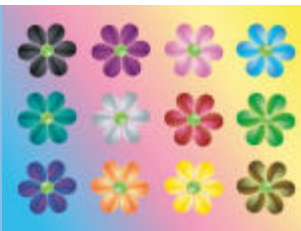
-Tracy Earl Welliver, MTS

Catechetical Sunday

The word "catechesis" means "to echo." Literally, we are to echo the good news of Jesus Christ to the world. This is not a suggestion; it is a command of our Lord. Some people are called and set apart in our communities as catechists, those formally trained and charged with passing on the Gospel to children and adults, inside and outside of our communities. On Catechetical Sunday, we acknowledge them and remind ourselves of the need for formation and growth in all of us. To be a catechist is a privileged calling, and today be sure to say "thank you" to one in your community.

However, it would be wrong on this day to only look to those bearing the NAME of catechist for an echoing of good news. ALL of us are called to echo and share the Gospel message. Parents are the first and primary catechists in a child's life. But we also are important catechists in the lives of our coworkers, our spouses, our relatives, and our friends. Some say catechesis begins in the home, and while that is true, it carries with it a parent/child connotation. But where does catechesis really begin? It begins in the HEART. This year on Catechetical Sunday, may your heart be moved to motivate you to share with others the good news of Jesus Christ.

24th Week in Ordinary Time



Prayer REQUESTS

For the Special Intentions of:

Deacon Don DeHaven
Shelby's Kids
Marlena
Lupe de la Torre
Beth L.A.
Jaja
Felixberta Bess Dagcasin
Luz and Miguel
Hugh
Cindy
Casey
Sheryl B
Gerry
Grant
Antonio Ruiz
Jazmin
Araceli
Claire Ramirez
Richie
Jeanine Pamintuan
Jacob
Isaac

For the Repose of the Soul of:

Roberto Barajas+
Daniel Delius +
Pat Regala+
Ed Regala+

Knights of Columbus and the Front Door Ministry, will be selling tamales, tacos and desserts outside in the Cathedral Plaza from 10 am to 3pm on Sunday September 15 to raise funds for the Thanksgiving baskets for the families in need. Please visit the tables.

HABITAT FOR HUMANITY INTER-FAITH BUILD - Our Parish Council is now soliciting interest from any parish member, 16 years old and older who would like to assist with the Habitat for Humanity "Build for Unity" construction of homes. This humanitarian activity is co-sponsored by the Sacramento Dioceses, Knights of Columbus Council 953, and the Cathedral's Parish Pastoral Council. Construction will begin in October through Spring. To sign up, please contact Russ Almaraz at russ.almaraz@gmail.com, and list your availability. Training and tools provided. This inter-faith build will provide homes to two deserving families in Sacramento. To learn more or RSVP, go to <https://habitatgreatersac.org/buildforunity/>

CATHOLIC VIEWPOINT, FAITH, HOPE AND LOVE, hosted by Fr. Michael Kiernan. Episodes air 4 times weekly on Comcast 20, Consolidated 19 and AT&T 14. Time: Sun. 7:00 AM, Tues. 9:30 AM, Weds. 8:30 PM and Thurs. 5:00 PM. All shows are also on YouTube! Be sure to watch the week of September 15th to hear recently ordained Fr. Dean Marshall share his spiritual journey to the Priesthood.

"SPREADING THE GOSPEL OF JESUS CHRIST AMONG CATHOLIC COMMUNITIES THROUGH A.C.T.S."

The Cathedral Men's ACTS Retreat is November 14-17. Prayerfully consider attending this life changing retreat. For more information visit, SacCathedralACTS.org or contact Rick Visineau, RickVisineau@icloud.com or 916-281-4676. The ACTS retreat begins Thursday evening and ends with Sunday Mass. The ACTS retreat uses prayer, service, and teaching to meet people where they are in their spiritual journey and invites them to experience God in a personal and communal manner.



40 DAYS FOR LIFE from September 25 through November 3, 2019. You're invited to join other Christians for 40 days of prayer, vigil and fasting for an end to abortion, while we stand and peacefully pray during a 40-day vigil in front of FPA Abortion Clinic at 2322 Butano Dr., Sacramento, and to help spread the word about this important community outreach. We will be a presence Tuesday through Friday, from 8:00am to 6:00pm, and on Monday from 11:00am to 6:00pm. For more information – and especially if you'd like to volunteer to help, please contact: Susan Money at susanalive@gmail.com or 530-320-1614, Wynette Sills at 916-955-1577, or go to 40daysforlife.com/sacramento.

Father Jovito Rata will be celebrating the OPENING MASS on September 23, 2019 at 8:00am, at St. Peter – All Hallows' Parish, 5501 14th Ave., Sacramento. Rosary immediately following. Please invite your Parish Priest to come and con-celebrate the Opening Mass with Father Stanley, by calling 916-456-7206.

2019 RED MASS & ANNUAL BENCH AND BAR AWARD DINNER

Tuesday October 1, 2019 5:15 PM–9:00 PM

Bishop Jaime Soto will preside at the annual Red Mass on Tuesday, Oct. 1 at 5:15 p.m. in the Cathedral of the Blessed Sacrament in downtown Sacramento. Attorneys, judges, elected and appointed officials and all those working in the legal system or involved in the process of government in the five-county Sacramento region are invited to attend the Mass. Following the Mass, a social hour and dinner event will be held at the Sutter Club (1220 9th Street, Sacramento, 95814), where Bishop Soto will present the St. Thomas More Award to this year's honoree, Deacon Sergio Diaz. Dinner tickets are available for \$85 each at the link on this page. Please RSVP by Friday, Sept. 20. For more information, please contact Gina McAdam at 916-733-0274 or gmcadam@scd.org

The **SACRAMENTO LIFE CENTER AND MOSELEY COLLINS LAW** cordially invites you to join us for our 2019 Annual Gala on **November 2nd, 2019** at the Hyatt Regency. Please join us as we honor the Knights of Columbus for all they do for the community. For more information, call 916.451.4357 or visit us online at saclife.org.

GOD CREATES OUT OF NOTHING.
WONDERFUL YOU SAY.
YES, TO BE SURE, BUT HE DOES
WHAT IS STILL MORE WONDERFUL:
HE MAKES SAINTS OUT OF SINNERS.

— SOREN KIERKEGAARD

Date	Mass / Intentions / Readings
Saturday September 14	<p>The Exaltation of the Holy Cross 5:00 pm / Cassandra Nicole Espitia S.I. Nm 21:4b-9/Ps 78:1bc-2, 34-35, 36-37, 38 [cf. 7b]/Phil 2:6-11/Jn 3:13-17 Note: Nightfever has been moved from September 14 to October 5</p>
Sunday September 15	<p>24th Sunday in Ordinary Time 7:30 am / Kathy & Jerry Vincent S.I. 9:00 am / People of the Cathedral Parish 11:00 am / Pat Joller S.I. 1:00 pm (Spanish) / Servando Gomez S.I. 3:00 pm (Chinese) 5:00 pm / Sister Jenny S.I. 7:00 pm / Ex 32:7-11, 13-14/Ps 51 3-4, 12-13, 17, 19 [Lk 15:18]/ 1 Tm 1:12-17/Lk 15:1-32 or 15:1-10</p> <p style="text-align: right;"><i>Catechetical Sunday</i></p>
Monday September 16	<p>Sts. Cornelius, Pope, and Cyprian, Bishop, Martyrs 12:10 pm / Msgr. Carroll + 5:10 pm / Lucretia Ringling S.I. 1 Tm 2:1-8/Ps 28:2, 7, 8-9 [6]/Lk 7:1-10</p>
Tuesday September 17	<p>St. Robert Bellarmine, Bishop & Doctor of the Church 12:10 pm / Ed Regala + 5:10 pm /Rebecca Kane S.I. 1 Tm 3:1-13/Ps 101:1b-2ab, 2cd-3ab, 5, 6 [2]/Lk 7:11-17</p>
Wednesday September 18	<p>12:10 pm / Melody Adkins S.I. 5:10 pm / 1 Tm 3:14-16/Ps 111:1-2, 3-4, 5-6 [2]/Lk 7:31-35</p>
Thursday September 19	<p>St. Januarius, Bishop & Martyr 12:10 pm / 5:10 pm / 1 Tm 4:12-16/Ps 111:7-8, 9, 10 [2]/Lk 7:36-50</p>
Friday September 20	<p>Sts. Andrew Kim Taegon, Priest, and Paul Chong Hasang, & Companions, Martyrs 12:10 pm / Gerald Eugene Bledsoe + 1 Tm 6:2c-12/Ps 49:6-7, 8-10, 17-18, 19-20/Lk 8:1-3</p>
Saturday September 21	<p>St. Matthew, Apostle & Evangelist 5:00 pm / Alexandria Carrillo + Eph 4:1-7, 11-13/Ps 19:2-3, 4-5 [5]/Mt 9:9-13</p> <p style="text-align: center;">MINISTRY FAIR TODAY AND TOMORROW</p>

MINISTRY DIRECTORY

Altarservers

Michael Ognisty, mfognisty@msn.com.

Benedictus Youth Group

Victoria Ramos, benedictusy@gmail.com

Brown Bag Lunch Ministry

Jerri Rush, jerrirush@comcast.net

Catechesis of the Good Shepherd for ages 3+, visit youngsheep.org, or call 916-910-3435

Cathedral A.C.T.S.

ActsCathedralSacto@gmail.com, saccathedralacts.org

Cathedral Men's Group

Bob Meyers, cynm1@yahoo.com

Saint Vincent de Paul contact the rectory office

Cathedral Young Adults

Titi Kila, cathedralya@gmail.com

Chinese Community

Oliver Wan sccc.contact@gmail.com

Choir (English)

Rex Rallanka, Music Director, rrallanka@cathedralsacramento.org

Choir (Spanish)

Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after 7pm Mass.

Cinema Divina Movies

Reggie King, Brian Perez, thecatholicstore@gmail.com

Communion & Liberation

catechesis meets every Wednesday at 7:15pm

Docents

Jill Pease, peasejill@gmail.com

Email Prayer Chain

Lynne Amerson, cbs1017pc@yahoo.com.

Extraordinary Ministers of Holy Communion

Amy McCormick, ammccormick@att.net

Festival of Trees and Lights

Paula Trujillo, trupaula@gmail.com

Front Door Ministry

ministries@cathedralsacramento.org

Greeters and Ushers

Tom Waddock, 916-444-3071, x 36

Hospitality

Celeste Gisla, jfgisla@surewest.net

Knights of Columbus

Jaime Elizaldi, jaime.elizaldi@gmail.com

Lectors

Fred Heacock, fheacock72@hotmail.com

Respect Life Ministry

Liliana Balderrama, michoacan8888@gmail.com

Rosary Club

Lolita Urrutia, lolita.urrutia@gmail.com.

Spanish Parents Group Leaders

Leticia Hilbert, leticia_hilbert@hotmail.com

Read the Gospel and Color



Cathedral Kids

Sharing the Gospel - Jesus was kind to people who were lonely. Jesus forgave people who were sorry for their mistakes. Jesus ate dinner with people who needed God's love. They sinned. Everybody knew it. But Jesus knew that God's love could turn their frowns into smiles. If there are kids in your class who don't have many friends, be kind to them like Jesus. When other kids make mistakes, forgive them like Jesus. You'll make Jesus smile.

Prayer - Dear God, help me to show kindness like Jesus did.

Mission for the Week - When you go outside to play at school, look for someone who is alone. Offer to be a friend and play together.

Puzzle

Help the boy get to his dog.





Esquina del Pastor

El próximo fin de semana es nuestra Feria de Ministerios. Este fin de semana nos provee una oportunidad de convertirnos en miembros más comprometidos de la parroquia de la Catedral y fortalecer nuestra imagen de católicos. Este año también tenemos la oportunidad de hacer una promesa financiera durante Misa para ayudar a mantener los importantes ministerios y gastos de la Catedral. Les recuerdo que no recibimos ninguna asistencia financiera para el mantenimiento regular de la Catedral y que la operación de la iglesia sale únicamente de la contribución semanal de nosotros, los parroquianos. La próxima semana, se nos pedirá hacer una promesa de ofrenda semanal o mensual que refleje nuestra conciencia de la importancia que Dios y Su Iglesia tienen en nuestras vidas. Pido que consideremos en oración todo lo que Dios nos ha dado y ofrezcamos una porción que refleje nuestra gratitud y nuestro deseo de apoyar responsablemente la edificación del Reino de Dios. La Escritura tradicionalmente recomienda 10% del ingreso ser devuelto a Dios para el bien de la Iglesia y los trabajos de caridad. Por ejemplo, un ingreso anual de \$50,000.00 dólares se traduciría en \$5000.00 dólares anuales de ofertorio o una ofrenda semanal de \$92.15. Yo les ruego que consideren en oración todos los bienes que Dios nos ha dado y ver como podemos usarlos mejor para Su gloria. Que Dios los bendiga siempre.

Pr. Michael

El punto es este: el que siembra con moderación también cosechará con moderación, y el que siembra generosamente también cosechará generosamente. Cada uno de ustedes debe dar como lo ha decidido, no de mala gana o bajo compulsión, porque Dios ama a un dador alegre. Y Dios puede proporcionarle todas las bendiciones en abundancia, de modo que al tener siempre suficiente de todo, pueda compartir abundantemente en cada buen trabajo.

= 2 Corintios 9: 6-8 =



Usted está invitado a unirse a otros cristianos desde el 25 de Septiembre al 3 de Noviembre del 2019 para participar en los 40 Días por la Vida - 40 días de oración, vigilia y ayuno por el fin del aborto. Está invitado a pararse enfrente de la clínica de aborto FPA y orar pacíficamente con nosotros durante la vigilia de 40 días en el 2322 Butano Dr., Sacramento,

y ayudar a pasar la voz sobre esta importante campaña por la vida. Estaremos presentes de martes a viernes de 8:00am a 6:00pm y los lunes de 11am a 6:00 pm. Para más información - y especialmente si le gustaría ayudar, por favor contacte a: Paty Davila al 916-502-4854 o por email Paty_d@att.net o también en 40daysforlife.com/sacramento.

El Padre Jovito Rata estará celebrando una MISA DE APERTURA:
Cuando: 23 de Septiembre, 2019 (Lunes)

Hora: Misa a las 8:00am. (Habrá un rosario después de la misa)

Donde: St. Peter – All Hallows' Parish, 5501 14th Ave., Sacramento

Por favor invite al párroco de su iglesia a con-celebrar la misa de apertura con el Padre Stanley. Pueden llamar al 916-481-7441

LAS LECTURAS Y CONMEMORACIONES SEMANALES

Las lecturas de la semana del 15 de septiembre de 2019

Domingo: 24o Domingo del Tiempo Ordinario;

Domingo Catequético

Ex 32, 7-11. 13-14/Sal 51 3-4. 12-13. 17. 19 [Lc 15, 18]/1 Tim 1, 12-17/Lc 15, 1-32 o 15, 1-10

Lunes: San Cornelio, papa, y San Cipriano, obispo, mártires

1 Tim 2, 1-8/Sal 28, 2. 7. 8-9 [6]/Lc 7, 1-10

Martes: San Roberto Belarmino, obispo y doctor de la Iglesia

1 Tim 3, 1-13/Sal 101, 1-2. 2-3. 5. 6 [2]/Lc 7, 11-17

Miércoles: 1 Tim 3, 14-16/Sal 111, 1-2. 3-4. 5-6 [2]/Lc 7, 31-35

Jueves: San Genaro, obispo y mártir

1 Tim 4, 12-16/Sal 111, 7-8. 9. 10 [2]/Lc 7, 36-50

Viernes: San Andrés Kim Taegon, sacerdote, y San Paul Chong Hasang y compañeros, mártires

1 Tim 6, 2-12/Sal 49, 6-7. 8-10. 17-18. 19-20/Lc 8, 1-3

Sábado: San Mateo, apóstol y evangelista

Ef 4, 1-7. 11-13/Sal 19, 2-3. 4-5 [5]/Mt 9, 9-13

MEDITACIÓN EVANGÉLICO

En este Evangelio, la audiencia de Jesús cambia. El domingo pasado caminaba con el un gran gentío; hoy los publicanos y los pecadores se acercaban para escucharle. Los Fariseos y los escribas, por el otro lado, lo observaban y lo criticaban entre sí. Todo su fin era ponerlo a prueba o tenderle una trampa. Jesús, por su parte, les contesta con tres parábolas: La oveja perdida, la mujer que pierde una moneda de las diez que tiene y el hijo pródigo. Jesús les dramatiza los mensajes con el amor y compasión de Dios hasta lo máximo. Cuando Dios ofrece misericordia, la respuesta es el arrepentimiento del pecador. "Yo les digo que de igual modo habrá más alegría en el cielo por un solo pecador que vuelve a Dios que por noventa y nueve justos que no tienen necesidad de convertirse." (Lucas 15:7).

Reflexionando en las parábolas de Jesús, vino a mi mente la siguiente pregunta: ¿Cómo responde ahora la Iglesia a las personas que le siguen? La Constitución Pastoral Gaudium Et Spes, (La Iglesia en el Mundo Actual) da respuesta de la siguiente forma: 1. Los gozos y las esperanzas, las tristezas y las angustias de los hombres de

nuestro tiempo, sobre todo de los pobres y de cuantos sufren, son a la vez gozos y esperanzas, tristezas y angustias de los discípulos de Cristo. Nada hay verdaderamente humano que no encuentre eco en su corazón. La comunidad cristiana está integrada por hombres que, reunidos en Cristo, son guiados por el Espíritu Santo en su peregrinar hacia el reino del Padre y han recibido la buena nueva de la salvación para comunicarla a todos. ¡La Misericordia de Dios sigue presente en su Iglesia!

VIVIR LA LITURGIA - INSPIRACIÓN DE LA SEMANA

Todos luchamos con adorar a otras cosas que no son Dios. Estas son cosas que colocamos en nuestras vidas y reverenciamos más que a Dios mismo. Podemos permitir que cosas tales como: nuestra autoimagen, el poder, el estatus, las posesiones, las seguridades e incluso ideologías tomen una parte importante de nosotros. A veces, quién es "dios" para nosotros es lo que hacemos que este "dios" sea. Nuestros dioses contruidos por nosotros mismos tienen poco propósito, aparte de aplacarnos y hacernos sentir mejor con nosotros mismos y nuestro mundo. Este no es el Dios de Abraham, Isaac y Jacob, ni el Dios a quien Jesús llamó Padre. El verdadero Dios nos desafía a salir de nuestras zonas de confort y nos empuja a descubrir nuestro potencial. Pero, lo hace con paciencia y con gran amor. Él sabe cuán caprichos podemos ser y siempre está dispuesto a darnos la bienvenida a casa.

LA CORRESPONSABILIDAD DIARIA

Paciencia en Todas las Cosas

San Francisco de Sales dijo: "Ten paciencia con todas las cosas, pero, ante todo contigo mismo." La vida tiene una manera de derribarnos o desviarnos del camino por el que viajamos. Si es un camino al que Dios nos ha llamado, entonces será más fácil regresar al viaje, pero, no obstante, es difícil. Lo más difícil de soportar es que, con demasiada frecuencia, de lo que culpamos a la vida, son en realidad nuestras propias decisiones o defectos. El estribillo de muchos cantantes de blues suena algo como: "¡Nadie a quien culpar, excepto a mí!"

¿Cuál es la Buena Nueva? La paciencia de Dios es muy superior a la nuestra. Necesitamos seguir las palabras de arriba y cultivar en nosotros mismos un mayor sentido de paciencia en todas las cosas. Sin embargo, debemos sentirnos consolados al saber que la paciencia de Dios siempre estará presente mientras luchamos por crecer y avanzar en nuestra vida como discípulos.

¿Estás tratando de vivir una forma de vida de corresponsabilidad, pero sigues cayendo a un lado del camino? Dios quiere que lo alcances en el camino, pero te esperará. ¿Quieres ser más santo y más comprometido con tu fe? Dios tomará lo que le des. El peligro es cuando pierdes la paciencia y dejas de avanzar hacia Él. Decides que realmente no importa y que lo que puedes ofrecer a Dios no tiene valor alguno. Nunca debemos cesar nuestro viaje. Tú y yo podemos estar hartos, pero nuestro Dios nunca lo estará.

-Tracy Earl Welliver, MTS





Cathedral of the Blessed Sacrament

1017 11th Street, Sacramento, CA 95814

916-444-3071, Fax 916-443-2749 , cathedralsacramento.org

Rectory Office Hours — Monday to Friday, 9:00 am to 12:00 pm, 1:00 pm to 5:00 pm

MASSES

Monday to Friday	12:10 pm
Monday to Thursday	5:10 pm
Saturday Vigil	5:00 pm
Sunday	7:30 am
	9:00 am
	11:00 am
	1:00 pm en Español
	3:00 pm Chinese
	5:00 pm
	7:00 pm en Español
State Holidays	12:10 pm only

SACRAMENT OF CONFESSION

Monday to Friday	11:30 am to 12:00 pm
Saturday	4:00 pm to 4:45 pm
Domingo en Español	12:30 pm a 12:45 pm
	6:30 pm a 7:00 pm

DEVOTIONS: Divine Mercy Chaplet & Rosary
Wednesday, Thursday, Friday 12:45 pm

EUCCHARISTIC ADORATION

Wednesday	12:45 pm to 5:00 pm
Thursday	12:45 pm to 5:00 pm
Friday	12:45 pm to 1:30 pm

BENEDICTION

Wednesday	5:00 pm
Thursday	5:00 pm
Friday	1:30 pm

(No Devotions, Adoration, or Benediction on feast days and holy days)

ANOINTING OF THE SICK - By appointment only.
Call the rectory at 916-444-3071

BAPTISMS - Registration is required. Call Deacon John at the rectory at 916-444-3071
English - 3rd Saturday of the month, 9:00am
Español - 4º Sábado del mes, 9:00am

BAPTISM CLASSES (No registration required)
English - 1st Thursday of the month, 7:00pm
Español - 2do jueves del mes, 7:00pm

PASTORAL AND ADMINISTRATIVE STAFF

Father Michael O'Reilly, Rector
 Father Kieran McMahon, Priest in Residence
 Father Nicholas Ho, Chinese Mass
 Deacon John Gisla, Office Manager
 Deacon Don DeHaven
 Deacon Edgar Hilbert
 Deacon Omar Bardales
 Sister Lisa Marie Doty, Director of Education
 Michael Ognisty, Sacristan
 Rex Rallanka, Director of Music
 Tom Waddock, Cathedral Manager
 Victoria Ramos, Secretary
 Katie McAllister, Bookkeeper
 Titi Kila, Wedding Coordinator
 Lyssa Black, Webmaster / Bulletin Editor

PARISH PASTORAL COUNCIL

Peggy Oakden, Chairperson
 Eileen Dunn Russell Almaraz
 Jose Solis Paty Davila
 Jeff Weiss Ellis Chan
 Esteban Arellano Joey Martinez
 Aileen Rasmussen Roland Bordon

FINANCE COUNCIL

Robert Ingenito, Chairperson
 Michael Pease Janet Bardales
 Gerardo Davila Steve Harrold
 Angela Lai Lyssa Black



ROMAN CATHOLIC DIOCESE OF SACRAMENTO

DIÓCESIS CATÓLICA ROMANA DE SACRAMENTO
 The Most Reverend **Jaime Soto**, D.D., M.S.W.
 Bishop of Sacramento
 2110 Broadway, Sacramento, CA 95818
 Phone 916-733-0100, scd.org

Text "app" to 88202



CATHEDRAL PARISH REGISTRATION & UPDATE

Actualización y registro de la parroquia de la Catedral

You can also register online at cathedralsacramento.org/ Visit Us / Register as a Parishioner

Name (*Nombre*): _____ Cell Phone: (*Celular*): (____) _____

Street Address (*Domicilio*): _____ City (*Ciudad*): _____

State (*Estado*): _____ Zip (*Código postal*): _____ Email: _____

For additional family members, please attach a separate sheet.

Please indicate:
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Please return by (Regrese por favor):

- 1) Put into collection basket at mass (deposite en la canasta de la colecta en misa)
- 2) Scan to pdf file and email: blessed@cathedralsacramento.org (escanear a pdf file y envía por correo electrónico)
- 3) Fax to: 916-443-2749
- 4) Mail to (correo): 1017 11th Street, Sacramento, CA 95814

Come Visit. Come Worship. Come Home.

TOURS

We love to share our Cathedral history! Tours are FREE, led by trained Docents, and held after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours begin at the Baptismal Font. Contact 916-444-3071 to arrange free private group tours.

Los tours en español se llevan a cabo el 1er y 3er domingo del mes después de la misa de 1pm.

RELIGIOUS EDUCATION PROGRAMS

The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A., for adults, teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program.



If you've been coming to Mass for a while, but are not Catholic, or were baptized Catholic but never completed your faith formation classes, we invite you to look deeper into the Catholic faith.

Come meet some faithful Catholics who love the Lord and would consider it a privilege to get to know you. We invite you to learn what Catholics believe in an open and welcoming environment. The **Rite of Christian Initiation of Adults (RCIA)** sessions meet every Monday Evening at 7 PM in the lower level of the Cathedral. Feel free to come any Monday evening. For more information on all of our faith formation programs, please call **916-444-5364** or email Sister Jenny Aldeghe FDCC, Director of Religious Education, jenny@cathedralsacramento.org



Visit our GIFT SHOP downstairs

Sundays 9:00 am to 3:00 pm

Tuesdays 10:30 am to 12:00 pm



*Enter into
Marriage
strengthened by the
Lord...*

If you would like to celebrate the **Sacrament of Matrimony** at the Cathedral, contact Wedding Coordinator, Titi Kila at tkila@cathedralsacramento.org. at least *six months* before your desired wedding date to arrange a meeting.

MARRIAGE PREPARATION - The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Janet & Omar Bardales at matrimonyprep@att.net, or 916-427-9160, or Sister Jenny at 916-444-5364. You do not have to have your wedding at the Cathedral to take this class.

CONVALIDATION - If you would like to have your civil marriage blessed in the Catholic Church, or if you have been together for a number of years and would like to be married in the Church, this can often be done in a small, private ceremony called a Convalidation, without any cost or fee. To explore this possibility, contact Deacon John 444-3071 Ext. 11; or at jgjsla@cathedralsacramento.org.



聖母七苦 (九月十五日)

聖教會除了在苦難週瞻禮六那一天，復在九月十五日舉行聖母七苦瞻禮。

苦難週瞻禮六的聖母七苦瞻禮，是十五世紀開始的。主曆一七二七年起，聖教會通令各地普遍舉行該瞻禮。

撒未德會（即聖母忠僕會）對聖母的苦難，很早就有特別的敬禮。一六六八年起，該會獲准於每年九月第三主日舉行特別瞻禮，紀念聖母七苦。主曆一八一七年起，教宗庇護七世通令普世聖教會舉行這個瞻禮。茲將聖母七苦的內容，概述如下：

（一）聖母第一項痛苦——西默盎的預言。那時在耶路撒冷，有一個人名叫西默盎，這人正義虔誠……他對瑪利亞說：「……有一把利劍將要刺透你的心。」

（二）聖母第二項痛苦——埃及避難。天使在夢中對若瑟說：「起來，帶著嬰孩和祂的母親逃往埃及去，住在那裏，直到我通知你的時候。」

（三）聖母第三項痛苦——嬰孩耶穌失蹤三日。祂的母親向祂說：「孩子，為什麼你這樣待我們？看你的父親和我一直憂苦地在找你。」

（四）聖母第四項痛苦——耶穌背負苦架，向刑場進發。「耶穌背了十字架向前走，有一大羣人和婦女，跟著祂。婦女們為祂搥胸痛哭。」

（五）聖母第五項痛苦——耶穌被釘苦架。「他們到了那名叫髑髏的地方，就在那裡把耶穌釘在十字架上。祂的母親……站在耶穌的十字架旁。」

（六）聖母第六項痛苦——耶穌聖屍由苦架卸下。「阿黎瑪特雅人若瑟……

要求領取耶穌的遺體。耶穌的遺體由十字架卸下後，祂的母親接抱在懷中。」

（七）聖母第七項痛苦——耶穌聖屍埋葬。「痛苦之母呀，當若瑟把耶穌用細麻布包裹，安放在墳墓裡的時候，你的心多麼痛苦呀！」

The Seven Sorrows of the Blessed Virgin Mary (September 15)

In addition to the Holy Saturday, the Holy Church commemorates the seven sorrows of the Virgin.

The Seven Sorrows of the Blessed Virgin was commemorated on Holy Saturdays since the fifteenth century. Since A.D. 1727, the Holy Church has ordered all parishes to have the solemnity.

The Sosteneus, which is the predecessor of the Servite Order, already had a special salute for the suffering of the Virgin centuries ago. Since 1668, the order has the permission to hold a special ceremony on the third Sunday of September each year to commemorate the Seven Sorrows of the Virgin. Since A.D. 1817, Pope Pius VII has ordered the Universal Church to hold this ceremony. The contents of the seven bitterness of the Virgin are summarized as follows:

First Sorrow of the Virgin—Simeon's prophecy. At that time in Jerusalem, there was a man named Simeon, who was just and sincere.... He said to Mary, "...a sword will pierce your heart."

Second Sorrow of the Virgin—Taking Refuge in Egypt. The angel said to Joseph in his dream: "Get up, take the baby and his mother to flee to Egypt and live there until I talk to you again."

Third Sorrow of the Virgin—Baby Jesus missing three days. His mother said to him, "Child, why are you treating us like this? See your father and I have been looking for you with sorrow."

Fourth Sorrow of the Virgin—Jesus bears the pain and walks to the execution site."Jesus carried the cross and walked forward. There was a large group of people and women who followed him. The women cried by beating their chest."

Fifth Sorrow of the Virgin—Jesus was crucified. "They went to the place where they were called Golgotha, and they crucified Jesus there. His mother... stood by the cross of Jesus."

Sixth Sorrow of the Virgin—The body of Jesus was removed from the cross. "Joseph of Arimathea... asks for the body of Jesus. After the body of Jesus was removed by the cross, His mother was in his arms."


Seventh Sorrow of the Virgin—Jesus' sacred burial."Mother of sorrow, when Joseph wrapped Jesus in linen and placed it in the grave, how painful your heart is!"



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 ~ Matthew 11:15



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