



Volume 18 \* Issue 33

# Cathedral of the Blessed Sacrament

August 19 2018 \* 20th Sunday in Ordinary Time





# Pastor's Corner

I can remember, in a different parish a long way from here, thinking to myself that being a pastor would be the perfect job if there just weren't any parishioners. Of course, I don't feel that way today. Still, I smile at some of the hidden truths in this comment. Perhaps it would be similar to say that I could be a much better parent if I didn't have any children getting in the way. The point is that the very thing to which we dedicate our lives, is the thing which seems to prevent us from doing our best. I could be so much better organized, more prayerful, more relaxed, more open to the spirit, and more knowledgeable if I wasn't getting distracted by people's needs all the time. Of course, the very reason I want to be better at those things is for the specific purpose of addressing people's needs.

I am aware that answering the distractions in my life is, in many ways, my vocation. It would be nice if everyone who wants to meet with me has an appointment, comes well prepared to express their concerns, thoughts, and praises in a calm and coherent presentation. I would like that somehow all emergencies fit neatly into my schedule and that there are easy solutions and adequate time to process and put into place the necessary fixes, all of which are divinely inspired. It would be nice to have more time to pray and adore Christ, and to be an image of holiness and tranquility, with my breviary in one hand and a

rosary in the other. This image reflects the ideal life of a pastor.

Instead, I find myself reacting to all the events that need my attention. Time for prayer is quickly swallowed up by the doorbell or messages unanswered. People's emergencies seem to deliberately press in when I'm at my most busy or when I've just carved out some quiet space. Any attempt at organizing seems to get lost in the pile of toys and laundry strewn all over the floor. My image of a quiet, holy sage resembles more a frenetic, wrinkled mother with a dozen children.

With all those demands on Jesus, how did He succeed in being such a remarkable Good Shepherd? It seems that Jesus was centered in the Father at every moment. His strength and gifts and wisdom flow directly from the Father. This allows Him to be present to each of His children without creating His identity through their opinions of Him. No matter if people accept or reject Him, Jesus remains the same. At the core of His life is His relationship with the Father. The core of that relationship is love. Love, in turn, is at the core of His relationship with his parishioners. Jesus loves His children. As a pastor, He does not condemn or reject. Jesus simply reveals the Father's love. He reveals His own love. Sometimes He's full of energy and humor, sometimes exhausted with crowds, sometimes alone and sad. These are all reflections of God's love for us. They seldom fit into agendas or organizational charts. They don't really allow for smooth business operations. Of course, the Church is not a business and my vocation is not a "job." In the end, running a parish, raising a family, caring for people we love, and working in the kingdom are not occupations but rather extensions of the loving, creative hand of the Father. What better life could you ask for?

Father Michael

(First published on July 30, 2017)

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## Summer Series: The At-Home Pilgrim

Lacy Clark Ellman | [asacredjourney.net](http://asacredjourney.net)

Curiosity is vital for the pilgrim on a journey. In fact, it's built into the fabric of her being. At her core, the pilgrim is a seeker, and although it might not seem like it at first, there is a difference between seeking information for knowledge - a common, one-dimensional quest - and seeking it in order to guide one's life. The difference is that the seeker who wants knowledge is on a quest to collect information, while the seeker who searches for guidance is fueled by her curiosity.

Today, curiosity is something often only associated with children (and even then it is sometimes discouraged). Many of us have forgotten how to be curious and have consequently stopped growing, for growth and transformation are fueled by curiosity. However, Jesus himself encourages curiosity in his followers in the Sermon on the Mount: "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you."

Though this verse might sometimes be interpreted as Jesus saying he will provide for our needs, interpreting it as welcoming curiosity takes its meaning far deeper and makes its possibilities seemingly endless:

Why do we ask? Because we are curious.

Why do we seek? Because we are curious.

And why do we knock? Because we want something behind that door (also, we're very polite).

Through this interpretation, Jesus is essentially saying: "Ask and you will be given answers to things you never would have known otherwise; seek and you will find me in unexpected places; knock

and you will be welcomed into a world of wonder and possibility." Asking, seeking, knocking - this is the work and the blessing of a curious pilgrim, and it is required at each stage of the journey.

**PRACTICE:** Write down your questions about life and faith, and don't attempt to answer them. Instead let them be for a while. It just means you're curious! When you are able to be curious about your deeper questions, you'll be surprised where answers, clues, or inklings appear in your daily life. Of course, maybe there's not an answer (at least in the clear-cut way that we of the prefer them), but that doesn't take away the significance of the question. Perhaps it makes the question even more valuable.

Which quests might your questions be inviting you to undertake?

Go further with the Pilgrim Principles and journey with a community of fellow seekers pilgrims in the upcoming Pilgrim Principles online course offered by A Sacred Journey this fall. Learn more about the course and download your own copy of the Pilgrim Principles at [asacredjourney.net](http://asacredjourney.net) when you sign up to receive updates. (Article reprinted with permission from [asacredjourney.net](http://asacredjourney.net))



~Installment 6 of 7 in our Summer Series~



## Cinema Divina Movie Review



Every so often we hear or read stories about war heroes and their courageous efforts. Sometimes the stories are turned into a film that reveals the historical events that have shaped our modern world (i.e. "Saving Private Ryan" "Dunkirk"). And sometimes the story is forgotten, and it takes a good film to spark our

interest. Based on a true story, "The Scarlet and the Black" is one of those kinds of films. Made for television (1983) and admittedly a low-budget production this film utilizes every asset it has, and two of its biggest assets are Gregory Peck (To Kill a Mockingbird) and Christopher Plummer (Sound of Music). These two Hollywood heavyweights convey the intense rivalry you would expect between a high-level Priest at the Vatican and a high-ranking Nazi official. Two individuals extremely loyal to their respective and opposing causes engaging one another in political and spiritual warfare. The intriguing element of their conflict is that both men must exercise a great deal of restraint in executing their strategic ploys. At times the drama had me on the edge of my seat or pumping my fist in victory when our guy (I am assuming that for most of us that would be the priest) scored a decisive advantage.

Gregory Peck plays the part of real life Catholic Priest Monsignor Hugh O'Flaherty. In the film he is a man of prayer (with rosary in hand), intelligent, extremely socially adaptive, and a refreshingly forceful personality. He ingeniously devises a



system to hide and provide protection for escaping Jews as well as others all under the ever-alert eyes of German military officials. He also has the ear of Pope Pius XII. In one scene he mildly suggests to the pope a different outlook on the Vatican declared position of neutrality during WWII and it gives the Pope pause. What the Pope previews is man with a "lionheart" of courage. As a result, Monsignor Hugh O'Flaherty is credited with saving the lives of 6,500 people. Many of whom undoubtedly would have perished in Auschwitz. An extraordinary priest, an extraordinary man.

After the liberation of the allies in World War II, Monsignor O'Flaherty was honored by Italy, Canada, and Australia, given the US medal of freedom and made a commander of the British Empire.

Herbert Kappler, the Gestapo official, was sentenced to life imprisonment for war crimes. In the long years that followed in his Italian prison, he was visited by O'Flaherty. In 1959, the former head of the Gestapo in Rome was baptized into the Catholic faith at the Hand of the Irish priest.

~Reggie King~

# The Story of the Queenship of Mary

Pope Pius XII established this feast in 1954. But Mary's queenship has roots in Scripture. At the Annunciation, Gabriel announced that Mary's Son would receive the throne of David and rule forever. At the Visitation, Elizabeth calls Mary "mother of my Lord." As in all the mysteries of Mary's life, she is closely associated with Jesus: Her queenship is a share in Jesus' kingship. We can also recall that in the Old Testament the mother of the king has great influence in court.

In the fourth century Saint Ephrem called Mary "Lady" and "Queen." Later Church fathers and doctors continued to use the title. Hymns of the 11th to 13th centuries address Mary as queen: "Hail, Holy Queen," "Hail, Queen of Heaven," "Queen of Heaven." The Dominican rosary and the Franciscan crown as well as numerous invocations in Mary's litany celebrate her queenship.

The feast is a logical follow-up to the Assumption, and is now celebrated on the octave day of that feast. In his 1954 encyclical *To the Queen of Heaven*, Pius XII points out that Mary deserves the title because she is Mother of God, because she is closely associated as the New Eve with Jesus' redemptive work, because of her preeminent perfection, and because of her intercessory power.



### Reflection

As Saint Paul suggests in Romans 8:28-30, God has predestined human beings from all eternity to share the image of his Son. All the more was Mary predestined to be the mother of Jesus. As Jesus was to be king of all creation, Mary, in dependence on Jesus, was to be queen. All other titles to queenship derive from this eternal intention of God. As Jesus exercised his kingship on earth by serving his Father and his fellow human beings, so did Mary exercise her queenship. As the glorified Jesus remains with us as our king till the end of time (Matthew 28:20), so does Mary, who was assumed into heaven and crowned queen of heaven and earth. (franciscanmedia.org)

**Question:** Why do we have a feast for the Queenship of Mary?

**Answer:** For many of us, the language of kings and queens may seem like they belong to history or a medieval movie. Royalty have absolute authority over a kingdom and their subjects, a concept that is foreign to many of us today. While Jesus doesn't rule a political kingdom, we honor and recognize him as the King of Kings, Lord of Heaven and Earth. To God alone belongs absolute authority over all of existence.

We may think of queens as the spouse of the king, but there is another key relationship: the king's mother. In Biblical history, we see instances where the mother of the king is given due as a queen herself, complete with a throne! Mary's guiding influence over her Son is seen most notably in the Wedding Feast at Cana. Mary is not Queen on her own merit. She is "full of grace" and "blessed" in "all ages" because of the reign of her Son.



**EVERYDAY STEWARDSHIP**

We can easily feel obligated to attend a party, wedding, or other event that we find ourselves invited to as a guest. If we want to go, then we get dressed up and rush off with anticipation of fun and good times with friends. If we dread going, we get ourselves together slowly and arrive late, hoping that the event will not be so long and we can then get on with the rest of our day. The difference in our feelings may have to do with many aspects: the host, the attendees, the reason for celebration, or even the venue. Either way, the invitation has been given to us because someone feels that our presence would make a positive difference. Our response is entirely our own. We decide how we will answer the invitation.

Every Sunday, every day in fact, you and I have received an invitation to a banquet more celebratory and grander than any wedding or birthday party. The host is actually Jesus Christ himself, and he has prepared a feast that promises to satisfy. He has prepared for this event by giving all he has to give. No host has ever been more gracious. His hope is that you will be happy to attend for your presence does make a tremendous difference. Would he invite you if attending made no difference at all? Will you RSVP with a sense of joy and anticipation? If this is just another invite that obligates you and you approach the event with indifference, the host wonders if you really comprehend what he went through to make this meal possible. He also wonders if you really understand what is truly being celebrated.

--Tracy Earl Welliver, MTS

**REGISTRATION FOR CCD CLASSES GOING ON NOW!**

2018-2019 School Year: CCD Classes for K – 6th Grade will begin on Saturday, September 8, 2018, at 10:00 am. Confirmation Classes for 7th Graders and up will begin on Tuesday, September 11, 2018, at 7:00 pm.

For children over 7 years of age and teens, 7th Grade and higher, who are not baptized, and teens who did not complete their sacraments of Communion and Confirmation, classes will begin on Sunday, September 9, 2018, at 9:00 am. The registration fee for the 1st child is \$60.00 and each additional child is \$40.00. Please note that after August 31, 2018, the registration fee will increase to \$70.00 for the 1st child and \$50.00 for each additional child.

Registration packets are available through the education office, or you can register your child/ren by printing and filling out the CFF Registration and the Indemnity Form on our website, [cathedralsacramento.org](http://cathedralsacramento.org), and emailing scanned copies to [jenny@cathedralsacramento.org](mailto:jenny@cathedralsacramento.org), or mail them to the education office at 1017 11th Street, Sacramento, CA 95814. Please include a copy of your child/ren's baptismal certificate(s).



**FESTIVAL OF TREES AND LIGHTS**

The FOTL committee meeting is Tuesday, August 21st at 7 PM. This will be a working crafting night. Bring supplies such as scissors, glue, markers, etc. Questions or more information contact Susan Moeller at [susansurand@ymail.com](mailto:susansurand@ymail.com) or Paula Trujillo at [trupaula@gmail.com](mailto:trupaula@gmail.com).



**GENTLEMEN OF OUR CATHEDRAL PARISH:**

**DO YOU ENJOY SERVING GOD?**

**IF SO, HERE'S A GREAT OPPORTUNITY!**

**He's looking for a few faithful servants –**  
**MEN TO VOLUNTEER**

**Tuesdays, Wednesdays, Thursdays, OR Fridays**  
**7:30 am – 9:00 am Cathedral Mercy Hall**

**Job Description:**  
**Distribute brown bag lunches to God's children and show a caring, compassionate, and loving attitude, as our model Jesus.**  
**Volunteering for this special work will bring you rewards you never expected and open your eyes to things you'll never be able to ignore again. You do not need any special skills, just model the love of Jesus.**

**Be part of a great team. No experience necessary.**

**Apply by emailing: [JerriRush@comcast.net](mailto:JerriRush@comcast.net) or call (916) 216-9702**

= Please remember in your prayers =

Deacon Don DeHaven  
Frank Vercillo  
Stephanie Pill  
Mary Margaret Reilly  
Asmitha and Abie Joseph  
Alroyd and Shaista and children  
Julian  
Jason and Resmi  
Nina Mordas and Mother

Javier Maria Alonso  
C.Marcela Bedoya  
Eva Hernandez  
Diane  
Mary Ann  
Karla  
Marcela P.  
Yolanda  
Kimberly and Partner

Tony Nebreda  
Charles Bardin  
Teresa  
Nicanor Masadao, Sr. +  
Suzanne Trujillo  
Corazon Velasquez  
Paulina  
Dave McNett  
Maggie Phelps

Amit Kumar  
Steph Skiles  
Maria Nguyen  
Alfie +  
Ernie +  
Hashina +  
Charles Pickering S.I.  
Karla

Date	Mass / Intentions	Observances & Readings	Activities
<b>Saturday August 18</b>	5:00 pm / St. Padre Pio Thanksgiving Mass Tim & Ellie Goranov S.I.	Ez 18:1-10, 13b, 30-32/Ps 51:12-13, 14-15, 18-19 [12a]/Mt 19:13-15	
<b>Sunday August 19</b>	7:30 am / Souls in Purgatory 9:00 am*/Tim & Ellie Goranov S.I. 11:00 am**/ Donald Purseglove + Brenda Adams S.I. 1:00 pm Spanish/Maria Teresa Alarcon+ Ricardo & Dora Perez S.I. 3:00 pm Chinese / 5:00 pm/Elenabeth Nicolas S.I. Healing touch of California S.I. 7:00 pm Spanish / People of the Parish	<b>20th Sunday in Ordinary Time</b> Prv 9:1-6/Ps 34:2-3, 10-11, 12-13, 14-15 [9a]/ Eph 5:15-20/Jn 6:51-58	<b>11:00 am Handicapable Mass</b> <b>Baptism Sunday</b>  *RCIA - Breaking of the Word at the 9am Mass ** No Liturgy of the Word for Children in August
<b>Monday August 20</b>	12:10 pm /Alejandro Perez Valdez S.I. 5:10 pm / Tim & Ellie Goranov S.I.	<b>St. Bernard, Abbot &amp; Doctor of the Church</b> Ez 24:15-24/Dt 32:18-19, 20, 21 [cf. 18a]/Mt 19:16-22	6:30 pm RCIA: Vespers 7:00 pm RCIA: Class
<b>Tuesday August 21</b>	12:10 pm / Souls in Purgatory 5:10 pm /O'Reilly Family S.I.	<b>St. Pius X, Pope</b> Ez 28:1-10/Dt 32:26-27ab, 27cd-28, 30, 35cd-36ab [39c]/Mt 19:23-30	6:00 pm Spanish Choir Rehearsal for the 7pm Mass 7:00 pm FOTL Committee Meeting
<b>Wednesday August 22</b>	12:10 pm / Sabino Torres S.I. Servendo Gomez S.I. 5:10 pm /Allen Padilla Jr. S.I.	<b>The Queenship of the Blessed Virgin Mary</b> Ez 34:1-11/Ps 23:1-3a, 3b-4, 5, 6 [1]/Mt 20:1-16	7:00 pm Spanish Choir Rehearsal for the 1pm Mass 7:15 pm Communion & Liberation
<b>Thursday August 23</b>	12:10 pm / Eduardo Banta + 5:10 pm /Souls in Purgatory	<b>St. Rose of Lima, Virgin</b> Ez 36:23-28/Ps 51:12-13, 14-15, 18-19 [Ez 36:25]/Mt 22:1-14	
<b>Friday August 24</b>	12:10 pm / Charles & Genevieve Fagan +	<b>St. Bartholomew, Apostle</b> Rv 21:9b-14/Ps 145:10-11, 12-13, 17-18 [12]/ Jn 1:45-51	Today is National Burger Day, National Waffle Day, and National Peach Pie Day. Who's hungry?



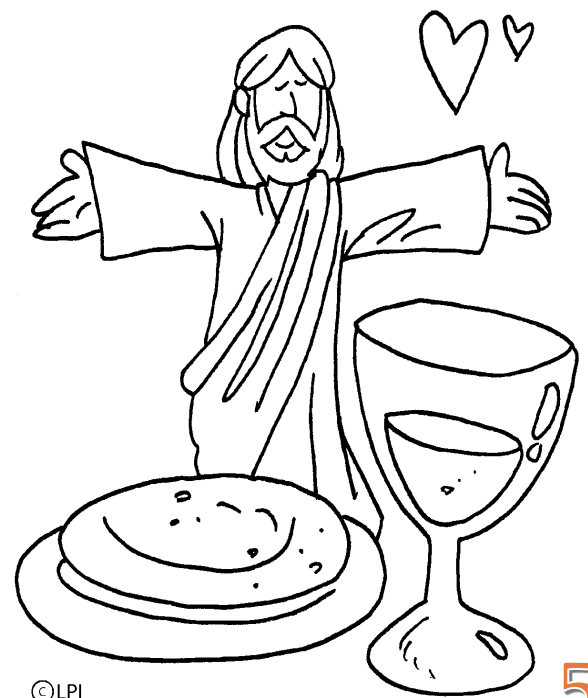
## Cathedral Kids

**Sharing the Gospel** - Would you like to live forever? Jesus would like you to. God sent Jesus so that one day we could live with him forever in heaven. Remember how the Israelites waited every morning for manna? Do you remember they got so hungry they cried? Well, Jesus wants us to wake up every morning, excited to meet him and talk to him. When we read God's word, and when we pray every day, he wants to come inside our hearts. He wants to be the one to fill every one of our needs.

**Prayer** - Dear God, help me to keep coming back for more of Jesus every single day. Amen.

**Mission for the Week** - Ask your parents if you can have a snack of grape juice and bread today. Talk about how the Israelites came to get manna every morning. How can you as a family make Jesus a part of your day, every day?

 Read the Gospel and Color



## Word Unscramble

Unscramble words from today's Gospel reading:

bread	world	life
heaven	eat	true
people	drink	food

edrba	<u>  b  r  e  a  d  </u>
lfei	___
wldor	___
ppleeo	___
dnkri	___
fodo	___
hevena	___
tuer	___
eta	___



# Esquina del Pastor

Puedo recordar, en una parroquia diferente muy distante de aquí, pensar que ser pastor sería el trabajo perfecto, si no hubiera ningún parroquiano. Por supuesto, no pienso así hoy en día. Sin embargo, el pensar en las verdades escondidas de este comentario me hace sonreír. Quizás sería lo mismo decir que uno sería un mejor padre si no hubiera hijos estorbando. El punto es que la cosa a la que dedicamos nuestras vidas, es precisamente lo que parece prevenir que hagamos nuestro mejor trabajo. Podría ser mucho más organizado, más devoto, más relajado, más abierto al influjo del Espíritu, y más culto, si no me distrajeran las necesidades de las personas todo el tiempo. Por supuesto, la razón por la que quisiera ser mejor en estas cosas es para poder asistir a las personas en sus necesidades.

Yo sé que responder a las distracciones de mi vida, de muchas maneras, es mi vocación. Sería bueno si cada persona que quiere verme tuviera una cita, viniera bien preparado para expresar sus pendientes, pensamientos y los comunicara de una manera coherente y calmada. Me gustaría que de algún modo todas las emergencias cupieran perfectamente en mi horario y que hubiera soluciones fáciles y tiempo adecuado para procesar y poner en su lugar los arreglos necesarios, todo divinamente inspirado. Sería bonito tener más tiempo para orar y adorar a Cristo, y ser la imagen de santidad y tranquilidad, con mi breviario en una mano y el rosario en la otra. Esta imagen refleja el ideal de la vida de un pastor.

No obstante, me encuentro reaccionando a todos los sucesos que necesitan mi atención. Tiempo para la oración se consume rápidamente con el sonar del timbre de la puerta o mensajes sin contestar. Las emergencias de las personas parecen deliberadamente presentarse cuando estoy más ocupado o cuando apenas logré encontrar un poco de tiempo de silencio. Cualquier intento de organizarme parece perderse en una pila de juguetes y ropa sucia repartida por todo el piso. Mi imagen de un pastor silencioso y santo aparenta ser más el de una frenética madre de doce.

Con todas estas exigencias, como logró Jesús el éxito en ser tan Buen Pastor? Parece que Jesús estaba centrado en el Padre todo el tiempo. Su fuerza, sus dones y su sabiduría vienen directamente del Padre. Esto le permite estar presente para cada uno de sus hijos sin crear su identidad a través de la opinión que tengan ellos de Él. No importa si la gente lo acepta o lo rechaza, Jesús permanece el mismo. En el centro de su vida está su relación con el Padre. El centro de esa relación es el amor.

El amor, a su vez, es el centro de su relación con sus feligreses. Jesús ama a sus hijos. Como pastor, Él no condena ni rechaza. Jesús simplemente revela el amor del Padre. Él revela su propio amor. A veces está lleno de energía y humor, a veces agotado con las masas, a veces sólo y triste. Estos son todos reflejos del amor del Padre por nosotros. Pocas veces caben dentro de agendas o gráficas de organización. No permiten el buen funcionamiento de operaciones de negocios. Por supuesto, la iglesia no es un negocio y mi vocación no es un trabajo. Al final, dirigiendo una parroquia, creciendo una familia, cuidando a gente que queremos, y trabajando para el reino no son ocupaciones más bien extensiones de la mano creativa y amorosa del Padre. Que mejor vida podríamos pedir?

Padre Michael

(Primera publicación el 30 de julio de 2017)

## Serie de verano: El Peregrino en la casa

Lacy Clark Ellman | [asacredjourney.net](http://asacredjourney.net)

La curiosidad es vital para el peregrino en un viaje. De hecho, está integrado en la estructura de su ser. En su esencia, el peregrino es un buscador, y aunque al principio no parezca, hay una diferencia entre buscar información para el conocimiento -una búsqueda común y unidimensional- y buscarla para guiar la vida. La diferencia es que el buscador que quiere conocimiento está en una búsqueda para recopilar información, mientras que el buscador que busca guía se alimenta de su curiosidad.

Hoy en día, la curiosidad es algo que a menudo solo se asocia con los niños (y aun así a veces se desalienta). Muchos de nosotros hemos olvidado cómo ser curiosos y, en consecuencia, hemos dejado de crecer, ya que el crecimiento y la transformación se alimentan de la curiosidad. Sin embargo, Jesús mismo alienta la curiosidad en sus seguidores en el Sermón del Monte: "Pídelo y te será dado; Busca y encontrarás; toca y la puerta se abrirá para ti".

Aunque este versículo a veces se puede interpretar como que Jesús dice que cubrirá las necesidades, interpretarlo como una curiosidad acogedora adquiere un significado mucho más profundo y hace que sus posibilidades parezcan infinitas:

¿Por qué preguntamos? Porque somos curiosos

¿Por qué buscamos? Porque somos curiosos

¿Y por qué golpeamos? Porque queremos algo detrás de esa puerta (también, somos muy amables).

6 A través de esta interpretación, Jesús esencialmente dice: "Pregunta y se te darán respuestas a cosas que de otro modo nunca hubieras sabido; busca y me encontrarás en lugares

inesperados; toca y serás bienvenido a un mundo de maravillas y posibilidades. "Pedir, buscar, golpear: este es el trabajo y la bendición de un curioso peregrino, y se requiere en cada etapa del viaje.

PRÁCTICA: Escriba sus preguntas sobre la vida y la fe, y no intente responderlas. En cambio déjalas por un tiempo. ¡Simplemente significa que eres curioso! Cuando pueda sentir curiosidad por sus preguntas más profundas, se sorprenderá de las respuestas, pistas o indicios que aparecen en su vida diaria. Por supuesto, tal vez no haya una respuesta (al menos en la forma clara en que los preferimos), pero eso no quita la importancia de la pregunta. Tal vez hace que la pregunta sea aún más valiosa.

¿Qué misiones te pueden invitar a emprender tus preguntas?

Vaya más allá con los Principios de Peregrino y viaje con una comunidad de peregrinos buscadores en el próximo curso en línea Principios de Peregrino ofrecido por A Sacred Journey este otoño. Obtenga más información sobre el curso y descargue su propia copia de los Principios de peregrino en [asacredjourney.net](http://asacredjourney.net) cuando se registre para recibir actualizaciones. (Artículo reimpresso con permiso de [asacredjourney.net](http://asacredjourney.net))



~ Entrega 6 de 7 en nuestra serie de verano ~



## LAS LECTURAS Y CONMEMORACIONES SEMANALES

Las lecturas de la semana del 19 de agosto de 2018

Domingo: 20o Domingo del Tiempo Ordinario

Prov 9, 1-6/Sal 34, 2-3. 10-11. 12-13. 14-15 [9]/Ef 5, 15-20/  
Jn 6, 51-58

Lunes: San Bernardo, abad y doctor de la Iglesia

Ez 24, 15-24/Dt 32, 18-19. 20. 21 [cfr. 18]/Mt 19, 16-22

Martes: San Pío X, papa

Ez 28, 1-10/Dt 32, 26-27. 27-28. 30. 35-36 [39]/Mt 19, 23-30

Miércoles: María Reina

Ez 34, 1-11/Sal 23, 1-3. 3-4. 5. 6 [1]/Mt 20, 1-16

Jueves: Santa Rosa de Lima, virgen

Ez 36, 23-28/Sal 51, 12-13. 14-15. 18-19 [Ez 36, 25]/Mt 22, 1-14

Viernes: San Bartolomé, apóstol

Ap 21, 9-14/Sal 145, 10-11. 12-13. 17-18 [12]/Jn 1, 45-51

Sábado: San Luis; san José Calasanz, sacerdote

Ez 43, 1-7/Sal 85, 9 y 10. 11-12. 13-14 [cfr. 10]/Mt 23, 1-12

## VERSO DEL EVANGELIO DE DOMINGO

"El que come mi carne y bebe mi sangre, permanece en mí y yo en él. Como el Padre, que me ha enviado, posee la vida y yo vivo por él, así también el que me come vivirá por mí". - Jn 6, 56-57

## MEDITACIÓN EVANGÉLICO

Una hermosa e importante tradición Católica es la Adoración al Santísimo Sacramento. Este tiempo privado ante el Santísimo ayuda a responder a la pregunta de los judíos, que discutían entre sí. ¿Cómo puede este darnos a comer carne? (Juan 6:52). También, es de gran ayuda a nosotros, para experimentar una profunda apreciación de lo que es este regalo Divino de la Eucaristía. Es tan hermoso, profundizar en todo el capítulo seis de Juan, si usted puede leer y meditar en su oración se quedará maravillado de la profunda enseñanza sobre la Eucaristía. Desde la multiplicación de los panes hasta cómo el pan de vida es creer en el Hijo de Dios y el Cuerpo de Cristo. Agradecerá cómo Jesús, se ofrece como sacrificio al Padre para nuestra salvación.

"En verdad les digo que si no comen la carne del Hijo del Hombre y no beben su sangre, no tienen vida en ustedes. El que come mi carne y bebe mi sangre vive de vida eterna, y yo lo resucitaré el último día". (Juan 6:53-54). Pero, quizás se pregunta; ¿Qué es hacerse pan? ¿Por qué, si soy discípulo de Jesús debo hacerme pan para los demás? Y puede que sea bonito, pero de seguro no es fácil. Ser pan, significa ser menos egoísta y pensar en la esposa, esposo y los hijos antes que si mismo. Tus pertenencias ya no son tuyas sino compartidas con otros. También, significa estar a tiempo completo para la familia y no a pedacitos refunfuñando el tiempo para ellos. Ser triturados, amasados para ser pan es sacrificio, es servicio, es amor. ¡Ayúdanos Señor a ser pan para los demás!

## VIVIR LA LITURGIA

"Enséname la diferencia entre una hostia consagrada y una no consagrada." Estas palabras se escuchan frecuentemente de la gente que está cuestionando su fe. Quizás usted ha pensado esto mismo. Un examen físico no demostrará una verdadera diferencia entre las dos hostias. La diferencia se encuentra en la fe. De una forma, es muy simple. O creemos que Cristo resucitado está presente - alma y divinidad - o no. Los frutos de la fe son la evidencia. En la Eucaristía, Dios entra en lo más profundo de nuestro ser. Sin embargo, es nuestra decisión ignorar lo que Él hace para nosotros o vivir por ello. La Eucaristía nos transforma. Cuando los demás ven una transformación en cada uno de nosotros, ellos creerán también.

## LA CORRESPONSABILIDAD DIARIA

Uno se puede sentir obligado a asistir una fiesta, o una boda o cualquier otro evento. Si uno quiere ir, se viste apropiadamente y anticipa la celebración y el buen rato que pasará con amigos. Si uno no tiene ganas de ir, puede tardar en arreglarse, llegar tarde, en espera a que se acabe el evento. La diferencia en como uno se siente puede ser debido a diferentes aspectos: el anfitrión, los invitados, la razón de celebrar o quizás la ubicación del evento. De cualquier forma, la invitación se da porque alguien piensa que la presencia de una hará una buena diferencia. La respuesta que uno da es completamente de uno. Uno decide cómo toma la invitación.

Cada domingo, de hecho, usted y yo recibimos una invitación a un banquete más grande que cualquier boda o fiesta. El anfitrión es Jesucristo, y Él ha preparado una fiesta que promete satisfacer. Él se ha preparado para este evento en dar todo lo que ha podido dar. No hay otro anfitrión que compara. La esperanza de Él es que sí asistirá usted a la fiesta del Señor porque su presencia verdaderamente hace una gran diferencia. ¿Lo invitaría Jesús si asistir no haría ninguna diferencia? ¿Usted asistirá con alegría y anticipación? Si esto es solo otra invitación que lo obliga a asistir e ir a la fiesta no hace diferencia, el anfitrión se pregunta si usted entiende verdaderamente lo que Él hizo para que usted tenga esa comida. También se pregunta si usted verdaderamente entiende lo que se celebra en la fiesta.

--Tracy Earl Welliver, MTS

## PREGUNTAS DE LA SEMANA

Primera lectura - El sabio judío de los Proverbios usa imágenes domesticas para invitar a los creyentes a participar en la sabiduría divina. ¿Qué le parece interesante de obtener la sabiduría?

Segunda lectura - Pablo define la sabiduría a los Efesios como entender "la voluntad del Señor." ¿Qué entiende usted ser la voluntad del Señor?

Lectura del Evangelio - El discurso del Pan de Vida llega a su cenit cuando Jesús dice "Si no comen la carne del Hijo del hombre, y no beben su sangre, no tienen vida en ustedes." ¿Cómo es esto que dice Jesús central a nuestra creencia Católica en la Eucaristía?

"The Cathedral is for everyone." ~Bishop Patrick Manogue, 1886~



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Rectory Office Hours — Monday to Friday, 9:00 am to 5:00 pm



## PASTORAL AND ADMINISTRATIVE STAFF

**Father Michael O'Reilly, Rector**  
**Father Kieran McMahon, Priest in Residence**  
**Father Nicholas Ho, Chinese Mass**  
Deacon John Gisla, Office Manager  
Deacon Don DeHaven  
Deacon Edgar Hilbert  
Deacon Omar Bardales  
Sister Jenny Aldeghi, Director of Education  
Michael Ognisty, Sacristan  
Rex Rallanka, Director of Music  
Tom Waddock, Cathedral Manager  
Carmen Perez, Secretary  
Katie McAllister, Bookkeeper  
Titi Kila, Wedding Coordinator

## RELIGIOUS EDUCATION PROGRAM

The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A for teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program. For information on all of these programs, contact Sister Jenny and her staff at [jenny@cathedralsacramento.org](mailto:jenny@cathedralsacramento.org), or 916-444-5364

**LITURGY OF THE WORD FOR CHILDREN**, ages 5 to 10 years old, at the 11:00 am Sunday Mass (Check calendar for dates). This program provides children with age appropriate explanations of the Sunday readings and gives parents with young children an opportunity to focus on the Scripture readings and the homily without distractions. Children return to their families before the Offertory. For more information, contact the education office or Dorothy Corgiat at [dlcorgiat@yahoo.com](mailto:dlcorgiat@yahoo.com).

## MASSES

Monday to Friday	12:10 pm
Monday to Thursday	5:10 pm
Saturday Vigil	5:00 pm
Sunday	7:30 am
	9:00 am
	11:00 am
	1:00 pm en Español
	3:00 pm Chinese
	5:00 pm
	7:00 pm en Español
State Holidays	12:10 pm only

## SACRAMENT OF CONFESSION

Monday to Friday	11:30 am to 12:00 pm
Saturday	4:00 pm to 4:45 pm
Domingo en Español	12:30 pm a 12:45 pm
	6:30 pm a 7:00 pm

## EUCCHARISTIC ADORATION

### When attendants are available:

Wednesday	12:45 pm to 4:45 pm
Thursday	12:45 pm to 4:45 pm
Friday	12:45 pm to 3:45 pm

## ANOINTING OF THE SICK - By appointment

## BAPTISMS (Registration is required)

English - 3rd Saturday of the month, 9:00am  
Español - 4º Sábado del mes, 9:00am

## BAPTISM CLASSES

English - 1st Thursday of the month, 7:00pm  
Español - 2do jueves del mes, 7:00pm

## TOURS

Tours are free and are led by trained Docents after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours in Spanish are held the 1st & 3rd Sundays of the month after the 1pm Mass. Tours begin at the Baptismal Font. Contact 916-444-3071 to arrange free private group tours.

## GIFT SHOP on the Lower Level

Sundays 9:00 am to 3:00 pm

## ~Bulletin Ministry~

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Advisor: Father Michael O'Reilly

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See calendar on our website for submission deadlines



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## JOIN A CATHEDRAL MINISTRY

**Altarservers** contact Michael Ognisty at [mfognisty@msn.com](mailto:mfognisty@msn.com).

**Benedictus Youth Group** contact Victoria Ramos at 916-444-3071, or [benedictusy@gmail.com](mailto:benedictusy@gmail.com)

**Brown Bag Lunch Ministry** — If you would like to donate lunches or volunteer your time, please contact Jerri at [jerrirush@comcast.net](mailto:jerrirush@comcast.net). For further information, please visit [cathedralsacramento.org/ministries](http://cathedralsacramento.org/ministries).

**Catechesis of the Good Shepherd** for ages 3+, for information, visit [www.youngsheep.org](http://www.youngsheep.org), or call 916-910-3435

**Cathedral ACTS Missions** contact Susanna Romo, at (916) 955-8137 for more information. 2018 Retreats are Women's Retreat June 21-24 (Cathedral of the Blessed Sacrament), Women's Retreat August 16-19 (St. Rose of Lima, Roseville), Men's Retreat November 15-18 (Cathedral of the Blessed Sacrament).

**Cathedral Men's Group** meets the 2nd Tuesday of every month at 7:15 pm, Lower Level. Contact Bob Meyers at [cynm1@yahoo.com](mailto:cynm1@yahoo.com).

**Cathedral Young Adults** contact Titi Kila at [cathedralya@gmail.com](mailto:cathedralya@gmail.com)

**Choir (English)** contact Rex Rallanka, Music Director at [rrallanka@cathedralsacramento.org](mailto:rrallanka@cathedralsacramento.org) or 916-444-3071, x 38.

**Choir (Spanish)** contact Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after the 7pm Mass.

**Communion & Liberation** catechesis meets every Wednesday at 7:15pm in the Cathedral Lower Level.

**Email Prayer Chain** submit your email address, and you will be notified when prayers are needed by those who have made a special request. Contact Lynne Amerson at [cbs1017pc@yahoo.com](mailto:cbs1017pc@yahoo.com).

**Extraordinary Ministers of Holy Communion** contact Amy McCormick at [ammccormick@att.net](mailto:ammccormick@att.net), or 916-801-3967

**Front Door Ministry** contact [ministries@cathedralsacramento.org](mailto:ministries@cathedralsacramento.org) for information about volunteering or donations

**Greeters and Ushers** contact Tom Waddock at 916-444-3071, x 36

**Hospitality** contact Celeste Gisla at [jfgisla@surewest.net](mailto:jfgisla@surewest.net)

**Knights of Columbus, Cathedral Chapter** contact the rectory office

**Lectors** contact Fred Heacock at [fheacock72@hotmail.com](mailto:fheacock72@hotmail.com)

**Respect Life Ministry** contact Linda Walters, English Coordinator at 916-524-5885, or Patricia Davila, Spanish Coordinator at 916-502-4854, or email [Veronicaavina@yahoo.com](mailto:Veronicaavina@yahoo.com) for meeting times and other information.

**Rosary Club** (Rosary Beads and instructions are provided) meets every 1st & 3rd Wednesday of each month at 7:15 pm. You don't need to sign up, just show up. For more information, contact Lolita Urrutia at [lolita.urrutia@gmail.com](mailto:lolita.urrutia@gmail.com).

**Saint Vincent de Paul, Cathedral Chapter** contact the rectory office

**Spanish Parents Group Leaders** contact Leticia Hilbert at [leticia\\_hilbert@hotmail.com](mailto:leticia_hilbert@hotmail.com)

To learn more about the ministries at the Cathedral, visit our website:

[cathedralsacramento.org](http://cathedralsacramento.org)

## GET MARRIED AT THE CATHEDRAL

If you would like to celebrate the Sacrament of Matrimony at the Cathedral, download the Cathedral Wedding Guidelines and Reservation Form on the cathedral website. Contact the parish office at least *six months* before your desired wedding date to arrange a meeting with Wedding Coordinator, Titi Kila, at the Cathedral Office, 916-444-3071, x13, [titi-kila@cathedralsacramento.org](mailto:titi-kila@cathedralsacramento.org).

## MARRIAGE PREPARATION

The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Janet & Omar Bardales at [matrimonyprep@att.net](mailto:matrimonyprep@att.net), or 916-427-9160, or Sister Jenny at 916-444-5364. You do not have to have your wedding at the Cathedral in order to take this class.

## QUINCEAÑERA

This is the tradition of celebrating a young girl's coming of age on her 15th birthday with a Mass, and highlights the virtues of family and social responsibility, recognizing her journey from childhood to maturity. For more information on celebrating this beautiful tradition at the Cathedral, call Titi Kila, at the Cathedral Office, 916-444-3071, x13, [tkila@cathedralsacramento.org](mailto:tkila@cathedralsacramento.org).

## CATHEDRAL PARISH REGISTRATION & UPDATE Actualización y registro de la parroquia de la Catedral

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