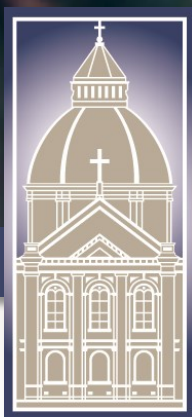


Fourth Sunday of Lent  
March 14, 2021

*Laetare Sunday*



1017 11th Street - Sacramento, CA 95814 | 916-444-3071

## CATHEDRAL OF THE BLESSED SACRAMENT

### MASS SCHEDULE

The Church is open for all services  
\* Livestream available

#### Sunday | Domingo

English 8:00 am  
English 10:00 am\*  
Español 12:00 pm\*  
Chinese 2:00 pm\*  
English 4:00 pm  
Spanish 6:00 pm

#### Monday - Friday

Lunes - Viernes  
7:30 am\* & 12:10 pm

#### Saturday | Sábado

NO VIGIL MASS

### RECONCILIATION

#### Monday - Friday | Lunes - Viernes

11:30 am to 12:00 pm

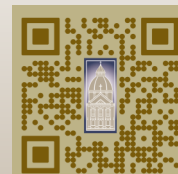
#### Saturday | Sábado

4:00 pm to 5:00 pm

Connect with us!



[cathedralsacramento.org](http://cathedralsacramento.org)

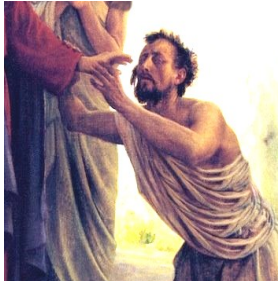


# READINGS/MASS INTENTIONS

Page 2 | Sunday, March 14, 2021 | Laetare Sunday

## COVER

Jesus Heals the Blind Man: Bible Story of Bartimaeus. Bartimaeus was a blind beggar who called out to Jesus for mercy and healing. The faith of Bartimaeus is seen in how he addresses Jesus as the Son of God.



## LENTEN SAINTS IN FOCUS



St. Patrick, the Apostle of Ireland, is called an apostle as he was the first missionary to the Irish people. Patrick was captured and enslaved for six years; he escaped, but felt called to go back to Ireland to proclaim Christ. Statues of St. Patrick can be seen at the entrance to the Cathedral of the Blessed Sacrament, as well as within the Cathedral, near the chapel of the Eucharist.

St. Joseph, spouse of the Blessed Virgin Mary and foster-father of Our Lord Jesus Christ. The Catholic Church honors him as the patron saint of the Universal Church. He is also the patron of workers, father, and a happy death. Despite his humble work and means, Joseph came from a royal lineage, from King David, the greatest king of Israel. Indeed the angel who first tells Joseph about Jesus greets him as "son of David".



## YEAR OF SAINT JOSEPH

**Inspire: Catholic Viewpoint**  
**CATHOLIC VIEWPOINT, FAITH, HOPE and LOVE** hosted by Fr. Michael Kiernan.

<https://is.gd/U9TOOO>

**Catholic Viewpoint**  
*Faith, Hope and Love*



**Let's Talk Parish!**

CATHEDRAL OF THE  
**BLESSED**  
SACRAMENT

<https://is.gd/talkparish>

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If you shop Amazon, sign up for Amazon Smile. Choose the Cathedral of the Blessed Sacrament as your non-profit of choice. For every purchase, the Cathedral receives a donation.

## READINGS AND OBSERVANCES

**Sunday 3/14**

**4th Sunday of Lent/**

**Laetare Sunday/**

**Daylight Savings Time Begins**

2 Chr 36:14-16, 19-23/Ps 137:1-2, 3, 4-5, 6 [6ab]/Eph 2:4-10/Jn 3:14-21 or 1 Sm 16:1b, 6-7, 10-13a/Ps 23:1-3a, 3b-4m 5, 6 [1]/Eph 5:8-14/Jn 9:1-41 or 9:1, 6-9, 13-17, 34-38

**Monday 3/15**

**Monday of the 4th week of Lent**

Is 65:17-21/Ps 30:2 and 4, 5-6, 11-12a and 13b [2a]/Jn 4:43-54

**Tuesday 3/16**

**Tuesday of the 4th week of Lent**

Ez 47:1-9, 12/Ps 46:2-3, 5-6, 8-9 [8]/Jn 5:1-16

**Wednesday 3/17**

**St. Patrick, Bishop; St. Patrick's Day**

Is 49:8-15/Ps 145:8-9, 13cd-14, 17-18 [8a]/Jn 5:17-30

**Thursday 3/18**

**St. Cyril of Jerusalem, Bishop and Doctor of the Church**

Ex 32:7-14/Ps 106:19-20, 21-22, 23 [4a]/Jn 5:31-47

**Friday 3/19**

**St. Joseph, Spouse of the Blessed Virgin Mary**

2 Sm 7:4-5a, 12-14a, 16/Ps 89:2-3, 4-5, 27, 29 [37]/Rom 4:13, 16-18, 22/Mt 1:16, 18-21, 24a or Lk 2:41-51a

**Saturday 3/20**

**Saturday of the 4th week of Lent**

Jer 11:18-20/Ps 7:2-3, 9bc-10, 11-12 [2a]/Jn 7:40-5

**Sunday 3/21**

**5th Sunday of Lent**

Jer 31:31-34/Ps 51:3-4, 12-13, 14-15 [12a]/Heb 5:7-9/Jn 12:20-33 or Ez 37:12-14/Rom 8:8-11/Ps 130:1-2, 3-4, 5-6, 7-8 [7]/Jn 11:1-45 or 11:3-7, 17, 20-27, 33b-45

## MASS INTENTIONS

**SUNDAY, 3/14**

Godiardo Nonato + & Coleta Nonato +; Catherine Chang +; Flora Bagcal +; Alejandro Aguirre Ortiz +; Francisca Rodriguez +; People of the Parish S.I.

**MONDAY, 3/15**

Abraham Chang +; Mike Brown +

**TUESDAY, 3/16**

Jennifer Zuniga S.I. & Isabela Baraza S.I.; Rochelle Rallanka S.I.

**WEDNESDAY, 3/17**

Amor Escubio +; Willie Sonny Greene Jr +

**THURSDAY, 3/18**

Janiece Berube S.I.; Eulalia Lozada +

**FRIDAY, 3/19**

Jean Solorio S.I.; Ken & Raymonda Walker S.I.

## The Cathedral's Annual Easter Raffle

Beginning February 28, 2021, the parish will host the Cathedral's annual Easter raffle. This year the beneficiary is "Parish Operations."

Like all of us, the parish is affected by the ramifications of the COVID-19 virus. Following the March 2020, mandated closure, parish income dropped significantly. Despite implementing cost saving measures, monthly expenses exceed revenue. Consequently, the parish is currently relying on its savings, which are not inexhaustible.

Parishioners donated a dozen Easter baskets, which will be raffled separately. The raffle extends through Palm Sunday. Tickets are \$1.00 each and sold in the vestibule after Sunday Masses. Winners will be drawn after Palm Sunday Masses.

*Individuals need not be present to win.*





Laetare Sunday

4th SUNDAY of LENT

# LENT



PRAYING



FASTING



ABSTINENCE



ALMSGIVING

## Lenten Opportunities ...

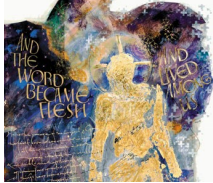
### For Children:



#### BREAKFAST WITH GOD

During the Saturdays of Lent, 8 am, Fr. Michael O'Reilly will host a 30 minute online prayer for children. Sign Up: [www.is.gd/godsbreakfast](http://www.is.gd/godsbreakfast)

### For Adults:



#### JOURNEY WITH ST. JOHN'S BIBLE

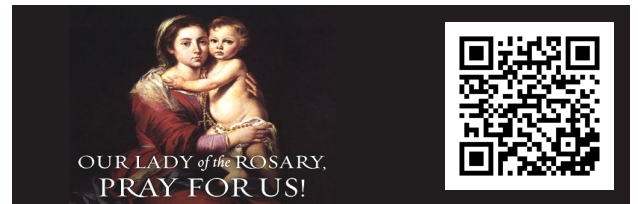
Explore the Word of God during your Thursday lunch hour through the beauty of art, Lectio Divina, and community. Hosted by Director of Music, Rex Rallanka. Sign Up: [www.is.gd/biblejourney](http://www.is.gd/biblejourney)

### For Everyone:



#### CATHEDRAL YOUNG ADULTS- LENTEN REFLECTIONS

Join CYA blog on Lenten and Sunday reflections. We are so excited to offer this resource to all in the parish. Discover: <https://is.gd/cd9Ftg>



### For Youth & Family:



#### STATIONS OF THE CROSS | VIA CRUCIS

Fridays of Lent, 7 PM

Prayed bilingually at the Cathedral, led by a different ministry group each week, with a reflection by Deacon Edgar. Livestreamed on Facebook. <https://is.gd/Kcb9u3>

DATE/FECHA	MINISTRY/MINISTERIO
03/19/21	Caballeros de Colón
03/26/21	Respect Life Ministry/ Ministerio Pro-Vida
04/02/21	Liturgy/Liturgia



#### MORE QR Codes!!!

Last week we introduced QR codes. The Cathedral has so much going on, more than can fit in our pages, so we are extending our bulletin to our website and other resources. Scan the QR with your smart phone (camera or app) this will enable you to go right to the page without typing in your browser.

TODAY  
March 14, 2021  
Day Light Savings Begins

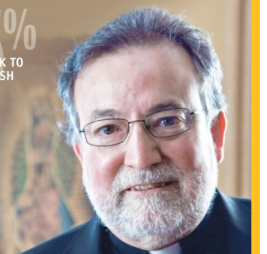
[www.scd.org/acagive](http://www.scd.org/acagive)  
Together as Catholics...

2021 ANNUAL CATHOLIC Appeal



BISHOP'S MESSAGE

25% COMES BACK TO OUR PARISH



Our gifts help people

Through the Annual Catholic Appeal, the whole Catholic community extends our hand to those who need help... Bishop Soto

# PASTOR'S CORNER

Page 4 | Sunday, March 14, 2021 | Laetare Sunday



In our reading today, we are introduced to a blind beggar who receives sight through the healing touch of Christ. As the story unfolds, we realize that people are not sure who this man is, confused as to whether he truly is the blind man or not, and not accepting his own word that he is. Having lived almost nine years downtown, I can relate to the confusion of the people. I often cannot keep track of the homeless around me who beg for help. I have an awareness of them, but I maintain a certain separation from them.

But Jesus is different. He touches the beggar, speaks to him and gives him sight and a new life. This encounter between the blind beggar and Jesus shines a light on how distant everyone else is from this man. We begin to see just how blind everyone else is. By the time the encounter ends, we become aware that without Jesus, we are all blind.

Even Jesus' disciples seem to be blind to the situation. How is it that any one of us can be so close to Jesus and yet not really see the way He wants us to? I have learned that until I can truly see the blind beggars, I cannot truly see Christ. There are many things that prevent me from seeing and touching and speaking to the homeless around me; fear, doubt, selfishness, impatience. My greatest obstacle, however, to being present with the homeless is that it isn't considered to be appropriate. We, as a people, do not acknowledge and treat as human, the homeless, the lost, the mentally disturbed, the poor. It is not normal to respond to them as equals and to speak with them, touch them, embrace them and allow them into our lives.

Jesus is different. He is fearless. He is loving. He touches and is touched. It makes others angry because his love shines a light on how lost and afraid they are. Sadly, by the end of our Gospel reading, only Jesus and the former blind man are able to see. Everyone else is blind. After 2000 years, Jesus' light is still shining on our blindness. To see, we must touch the beggars.

Fr. Michael

*You can make a difference ...*



## **Brown Bag Lunch (BBL) Ministry needs your help!**

We need volunteers and a team leader on Thursday and Friday Mornings from 7:30-9:30 am

Please consider donating shelf-stable and non-perishable food items.

Please contact Marilyn Fairgood at [marilynn\\_fairgood@att.net](mailto:marilynn_fairgood@att.net) to learn how you can help!



## *La Tu puedes hacer la diferencia...*

En nuestra lectura de hoy, se nos presenta a un mendigo ciego que recibe la vista a través del toque sanador de Cristo. A medida que se desarrolla la historia, nos damos cuenta de que la gente no está segura de quién es este hombre, confundida sobre si realmente es el ciego o no, y no aceptan su propia palabra de que es. Habiendo vivido casi nueve años en el centro de Sacramento, puedo relacionarme con la confusión de la gente. A menudo no puedo hacer un seguimiento de las personas sin hogar que me rodean y que piden ayuda. Se que ahí están, pero mantengo cierta distancia entre ellas.

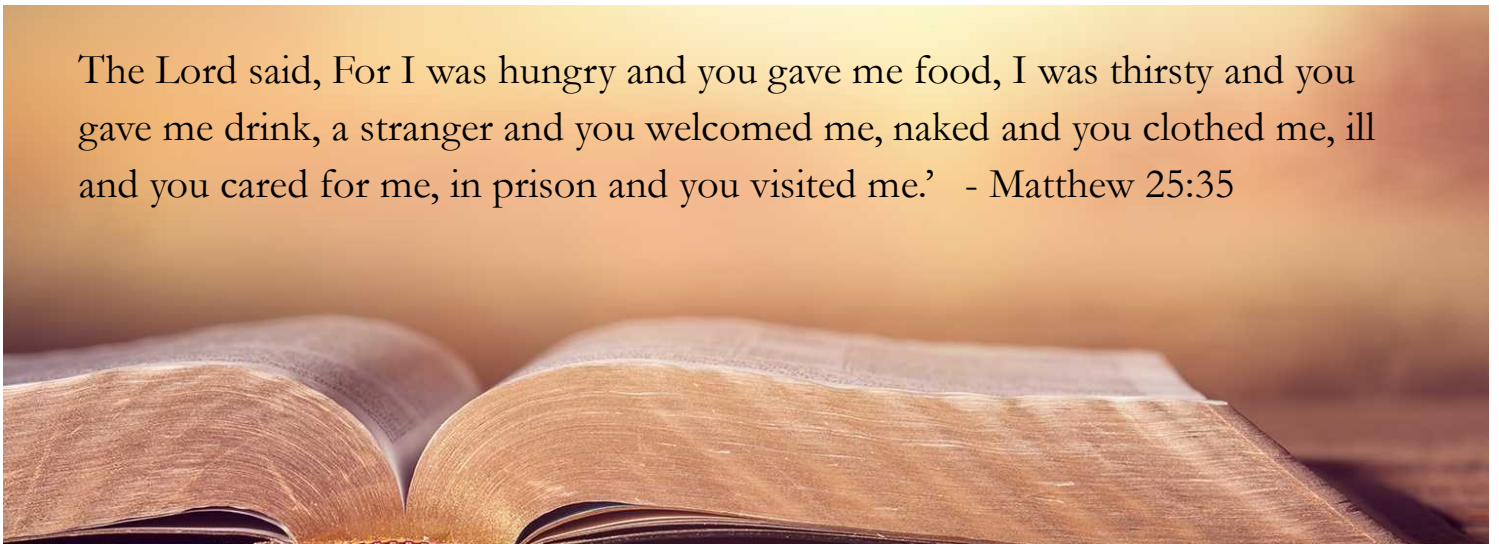
Pero Jesús es diferente. Toca al mendigo, le habla y le da vista y una nueva vida. Este encuentro entre el mendigo ciego y Jesús arroja luz sobre cuán distantes están todos los demás de este hombre. Comenzamos a ver cuán ciegos son los demás. Cuando termina el encuentro, nos damos cuenta de que sin Jesús, todos somos ciegos.

Incluso los discípulos de Jesús parecen estar ciegos a la situación. ¿Cómo es posible que cualquiera de nosotros pueda estar tan cerca de Jesús y sin embargo no ver realmente de la manera que Él quiere que lo hagamos? He aprendido que hasta que no pueda ver verdaderamente a los mendigos ciegos, no podré ver a Cristo de verdad. Hay muchas cosas que me impiden ver, tocar y hablar con las personas sin hogar que me rodean; miedo, duda, egoísmo, impaciencia. Sin embargo, mi mayor obstáculo para estar presente con las personas sin hogar es que no se considera apropiado. Nosotros, como pueblo, no reconocemos ni tratamos como humanos, a los sin hogar, a los perdidos, a los perturbados mentales, a los pobres. No es normal responderles como iguales y hablar con ellos, tocarlos, abrazarlos y dejarlos entrar en nuestra vida.

Jesús es diferente. El es intrépido. El está enamorado. Toca y se conmueve. Hace enojar a los demás porque su amor arroja luz sobre lo perdidos y asustados que están. Lamentablemente, al final de nuestra lectura del Evangelio, solo Jesús y el ex ciego pueden ver. Todos los demás son ciegos. Después de 2000 años, la luz de Jesús sigue brillando sobre nuestra ceguera. Para ver, debemos tocar a los mendigos.

Padre Miguel

The Lord said, For I was hungry and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me, naked and you clothed me, ill and you cared for me, in prison and you visited me.' - Matthew 25:35



## RCIA... a journey to Easter

Turn to me with your whole heart...

a time of purification and enlightenment

Today, we will celebrate the Second of the Scrutinies for our Elect, those who will be baptized at the Easter Vigil. The word "scrutiny" means to search. These Lenten Scrutinies are, then, rites of searching for the Elect, who hope to discover, then heal, all that is weak, defective, or sinful in their hearts, and to strengthen all that is upright, strong, and good in them through a prayer called an "exorcism," which follows the intercessions.

Last week in the Gospel proclamation, Jesus opened the heart of the Samaritan Woman at the well; this Sunday in the Cycle A readings, we hear of Jesus opening the eyes of the blind man. This too, is done gradually, just as our faith—for most of us—doesn't come to us in one moment, but over time, prayer and patience. The text from the scrutiny prayer this Sunday says:

"Lord Jesus, you are the true light that enlightens the world. Through your Spirit of truth, free those who are enslaved by the Father of Lies. Stir up the desire for good in these Elect, whom you have chose for your sacraments. Let them rejoice in your light, that they may see, and, like the man born blind whose sight you restored, let them prove to be staunch and fearless witnesses to the faith, for you are Lord for ever and ever."

Amen



This week...

- Daily Whenever** Podcast with Fr. Mike Schmitz. Go to <https://ascensionpress.com/bibleinayear>
- Weekly SUN 11:15 am** **Rosary for Life** On steps of Cathedral between 10 and 12 noon Masses, approx. 11:15pm
- Weekly MON 7:00 pm** RCIA for Adults via Zoom
- Weekly THU noon** Journey with St. John's Bible Sign Up: [www.is.gd/biblejourney](http://www.is.gd/biblejourney)
- Weekly THU 7:00 pm** **Bible Study** online. To sign-up: [www.cathedralsacramento.flocknote.com/BibleStudy2021](http://www.cathedralsacramento.flocknote.com/BibleStudy2021)
- Weekly FRI Home** Prepare for Sunday Mass w/Family Prayer Sign up: [www.is.gd/familyprayer](http://www.is.gd/familyprayer)
- Weekly FRI 7:00 pm** Stations of the Cross, In the Church. Facebook livestream.
- Weekly SAT 8:00 am** **Breakfast with God** with Fr. Michael Sign up: [www.is.gd/godsbreakfast](http://www.is.gd/godsbreakfast)
- SAT—03.13 10:00 am** 1st Reconciliation Preparation via Zoom
- SUN—03.14 6:30 pm** **Navigate—Youth Night** for Teens via Zoom: <https://zoom.us/j/5494720408>
- MON—03.15 4:00 pm** **Camp Pendola—Kids St. Patricks** Event [www.pendola.org/virtual-camp.html](http://www.pendola.org/virtual-camp.html)
- TUE 03.16 7 PM** **Youth Confirmation 2—LIVE** via zoom
- TUE 03.16 Home** **Youth Confirmation 1—take HOME** *How do I get there? The Sacraments*
- THU 03.18 7 PM** **Adult Confirmation** Preparation via Zoom
- SAT 03.20 10 am** **Family Faith Formation** Live Session



**Te invitamos a conocer mas a Jesus en nuestra CLASE DE PADRES LIDERES Domingos a las 10AM**

[facebook.com/PLDSS.Sacramento](https://facebook.com/PLDSS.Sacramento)  
o' por Zoom:  
ID: 83705755516  
Contraseña: 820612



### For Couples:



MARCH 20, 2021

8:30 AM - 3:00 PM

AT-HOME CONFERENCE EXPERIENCE

[www.is.gd/togetherinholiness](http://www.is.gd/togetherinholiness)

NAVIGATE

03.14 - 6:30pm  
Youth Night  
[www.scd.org/navigate](http://www.scd.org/navigate)

TONIGHT

Adults

BIBLE STUDY

Thursdays, 7:00pm  
[www.is.gd/bible2021](http://www.is.gd/bible2021)

KID

Saturdays 8:00am  
[www.is.gd/godsbreakfast](http://www.is.gd/godsbreakfast)

CAMP PENDOLA

March 15—4:00pm  
[www.pendola.org/virtual-camp.html](http://www.pendola.org/virtual-camp.html)

Parent Reflection:  
No Os Dejaré como  
huérfanos



THE CREED

I believe in God, the Father almighty, creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit and born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God, the Father almighty; from there He will come to judge the living and the dead...

EL CREO

Creo en Dios, Padre Todopoderoso, Creador del cielo y de la tierra. Creo en Jesucristo, su único Hijo, Nuestro Señor, que fue concebido por obra y gracia del Espíritu Santo, nació de Santa María Virgen, padeció bajo el poder de Poncio Pilato fue crucificado, muerto y sepultado, descendió a los infiernos, al tercer día resucitó de entre los muertos, subió a los cielos y está sentado a la derecha de Dios, Padre todopoderoso. Desde allí ha de venir a juzgar a vivos y muertos...

Parent Reflection:  
*I will not leave you  
as Orphans*

REFLECTION

The Holy Spirit

Who is the Holy Spirit? As we learned in October, the Holy Spirit is the Third Divine Person of the Trinity. From the beginning of Creation, the Spirit has been at work with the Father and the Son. We can see Him in the Old Testament, although He is hidden from our full understanding: the Spirit of God moved over the waters of creation; the Father breathed the Spirit of God into man and thus gave him life; the Holy Spirit spoke through the prophets in the Old Testament. The Holy Spirit is more fully revealed in the New Testament. The Holy Spirit preserved the Blessed Virgin Mary from all sin and conceived Jesus in Mary's womb. Throughout His life Jesus spoke of the Holy Spirit as a Life Giver or as a Counselor. The Risen Jesus breathed the Holy Spirit onto the Apostles as He gave them the power to forgive sin (John 20:21-23). He told the Apostles He would send the Holy Spirit to give them the fortitude they would need to spread the Gospel: "But you will receive power when the Holy Spirit comes upon you, and you will be my witnesses in Jerusalem, throughout Judea and Samaria, and to the ends of the earth" (Acts 1:8). Jesus' promise of an outpouring of the Holy Spirit was fulfilled ten days later on the Feast of Pentecost. While they were hiding in the Upper Room, the Holy Spirit was poured out on Mary and the Apostles. They were given the spiritual help boldly to proclaim Jesus as Lord. Christ's Kingdom was open to all who believed in Him, and thousands of people were baptized on that day alone.

REFLEXIÓN

El Espíritu Santo

Como aprendimos en octubre, el Espíritu Santo es la Tercera Divina Persona de la Trinidad. Desde el principio de la creación, el Espíritu ha estado obrando con el Padre y con el Hijo. Podemos verlo en el Antiguo Testamento, aunque permanece oculto de nuestro pleno entendimiento: El Espíritu de Dios aleteaba sobre las aguas de la creación, el Padre sopló el Espíritu de Dios sobre el hombre y le dio vida, el Espíritu Santo habló por los profetas en el Antiguo Testamento. El Espíritu Santo se revela más plenamente en el Nuevo Testamento. El Espíritu Santo preservó a la Santísima Virgen María de todo pecado y concibió a Jesús en su vientre. Durante su vida, Jesús se refirió al Espíritu Santo como el dador de vida y el consolador. Jesús Resucitado sopló el Espíritu Santo sobre los Apóstoles y les dio poder para perdonar el pecado (Juan 20, 21- 23). Él le dijo a los Apóstoles que enviaría al Espíritu Santo para darles la fortaleza que necesitarían para propagar el Evangelio: "Pero recibirán la fuerza del Espíritu Santo cuando venga sobre ustedes, y serán mis testigos en Jerusalén, en toda Judea, en Samaría y hasta los extremos de la tierra" (Hechos 1, 8). La promesa de Jesús de una efusión del Espíritu Santo se llevó a plenitud diez días después, durante la fiesta de Pentecostés. Cuando estaban escondidos en el cenáculo, el Espíritu Santo se derramó sobre María y los Apóstoles. Ellos recibieron la ayuda espiritual que necesitaban para proclamar sin miedo a Jesús como el Señor. El Reino de Cristo estaba abierto para todos aquellos que creyeran en Él, y miles de personas fueron bautizadas ese día.

**Minuto rápido de la Biblia:** Lea las lecturas dominicales del cuarto domingo de Cuaresma, año A, Juan 9: 1-38. Hoy escuchamos a Jesús dar la vista al ciego. A veces podemos estar ciegos, tal vez no físicamente, pero podemos estar ciegos a las necesidades de los demás, o ciegos espiritualmente cuando Dios está tratando de acercarnos a él. Hoy, vamos a ver cómo ve Dios, y apertura al amor como Dios ama. ¿Qué parte de tu vida necesita curarse para ver y amar?



**Quick Bible Minute:** Read the Sunday readings for the 4th Sunday of Lent, year A, John 9:1-38. Today we hear Jesus' giving sight to the blind man. Sometimes we can be blind, maybe not physically, but we can be blind to the needs of others, or blind spiritually when God is trying to draw us close to him. Today, let us ask for sight to see how God sees, and an openness to love as God loves. What part of your life needs healing so to see and to love?

Tel: 916-583-8306

Email: [sccc.contact@gmail.com](mailto:sccc.contact@gmail.com)

Website: [www.sacchineseatholic.org/](http://www.sacchineseatholic.org/)

 @sacchineseatholic

夏令節約時光始於三月十四日

14 Mar. 2021 - Daylight Saving



## EVERYDAY STEWARDSHIP - RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

Awake, O Sleeper!

This morning came a little earlier than I would have liked — Daylight Savings Time always does. Sometimes that morning sunlight seems more intrusive than illuminating. You're still half-lost in sleep, and that sun is demanding of you a lot more than you're ready to give. I've said it, and I'm sure you've said it, too. "Just five more minutes." You hit the "snooze" button on your iPhone once (maybe twice? Show of hands?) and turn away from the window.

So many kings of the Old Testament were steadfast in their sleepy ways, rejecting the light their God tried to share with them. Likewise, John tells us that, though Light — Christ — was sent into the world, the world preferred darkness. Sometimes it seems, when reading through Scripture, that all throughout salvation history, God has been trying to pull back the curtains, to rouse us from our defiant slumber. And we resist Him. Time and time again, we resist Him.

Light brings a certain responsibility with it. It seems to compel productivity. Furthermore, there's no hiding in the light. Any photographer worth his salt knows how to manipulate it, highlighting the good and casting some merciful shade on the bad. As we enter into the fourth week of Lent, we're getting so close to the main event. Can we handle the light that will come on Easter morning, bursting into the tomb as the stone is rolled away? Can we keep ourselves from hitting the "snooze" button on our souls, and sit up to face the dawn of a new day?

— Tracy Earl Welliver, MTS



## 4<sup>TH</sup> SUNDAY OF LENT

For everyone who does wicked things hates the light and does not come toward the light, so that his works might not be exposed. But whoever lives the truth comes to the light, so that his works may be clearly seen as done in God. - Jn 3:20-21

### 四旬期第四主日 (4th Sunday of Lent)

的確，凡作惡的，都憎惡光明，也不來就光明，怕自己的行為彰顯出來；然而履行真理的，卻來就光明，為顯示出他的行為是在天主內完成的。若 3:20-21

### 每日當責- 在日常生活中體會天主 - 醒來吧，沉睡者！

夏令節約時光總是如此- 今天早上的時間總比我想像的還早一點。有時後，早晨的陽光似乎比照明燈，更具滲透性。你還在半睡半醒，而陽光卻已經嚴苛的要求你放棄睡眠了。

"再等五分鐘"，我會這樣說，我確定你也會這樣說過。你按了一次智慧手機的鬧鐘按鈕，(也許兩次，有的舉手?) 然後轉身離開窗口的光線。

多少聖經舊約裡的國王，用他們自己睏倦的方式牢牢的站著，拒絕上主試圖分享給他們的亮光。同樣的，若望福音告訴我們，藉著光- 基督- 進入世界，但世界卻偏愛黑暗。

有時在閱讀聖經時，在歷經整個救恩史中，上主似乎試圖拉開窗簾，喚醒我們離開沉睡的挑戰。而我們抗拒祂，一次又一次的抗拒祂。

光帶來了它必定的義務，光的迫使產生了些動力，也因著光再沒有可藏身之處了。任何攝影師都知道光的價值，知道如何操縱它，展現優點，並在缺點上仁慈的蒙上些陰影。當我們進入四旬期的第四週時，我們已將進入四旬期的主要事項，我們能夠掌握住復活節早上，石頭滾開時突然射入墳墓的光嗎？我們的靈魂是否可以停止，前去按掉鬧鈴按鈕的手，而坐起來去面對新的一天呢？

— Tracy Earl Welliver, MTS



## MASSES

Until COVID-19 restrictions are lifted, Masses are broadcast daily via livestream on our Facebook and YouTube channels. See bulletin cover for details.

## RECONCILIATION/CONFESSION

Mon—Friday: 11:30 am to 12:00 pm

Saturday: 4:00 to 5:00 pm

## ANOINTING OF THE SICK

Make an appointment by calling the parish office.

## MATRIMONY

No new bookings for 2021. Contact Titi Kila at [tkila@cathedralsacramento.org](mailto:tkila@cathedralsacramento.org).

## CONVALIDATION of MARRIAGE

If you would like your civil marriage blessed in the Catholic Church, or if you have been together for a number of years and would like to be married in the Church, contact Deacon John at extension 11, or [jgisla@cathedralsacramento.org](mailto:jgisla@cathedralsacramento.org). No formal weddings until COVID-19 restrictions are lifted.

## BAPTISM

Contact Deacon John at the Parish Office ([jgisla@cathedralsacramento.org](mailto:jgisla@cathedralsacramento.org); 916-444-3071 Ext. 11).

Baptisms are scheduled in English at 9 AM on the first and third Saturday of each month; and in Spanish at 9 AM on the second and fourth Saturday of each month.

## HOLY EUCHARIST

Following at least two years of faith formation, and signs of readiness, Children and Teens prepare for the Sacrament of the Holy Eucharist through a series of workshops for immediate preparation for the Sacrament. Adults prepare for the Sacrament through the RCIA. Contact Sister Lisa Marie for details.

## CONFIRMATION

The Cathedral offers programs of formation for the Sacrament of Confirmation to youth 7th grade and older and Adults. Please see the faith formation page of the website for information and/or to register.

## HOLY ORDERS

Priests and deacons are ordained to perform ministerial roles in the community. To know more about the priesthood and /or diaconate, contact Fr. Mémo Hernandez at 916-733-0258.



## MARRIAGE PREPARATION

The Diocese requires all engaged couples to prepare for their union with a marriage preparation program no less than two months before the date of their wedding. Contact Deacon Omar & Janet Bardales at [matrimonyprep@att.net](mailto:matrimonyprep@att.net) or 916-427-9160.

## INFANT BAPTISM PREPARATION

A baptism class is not required during the pandemic.

## CATECHIST PREPARATION

Desire to help us pass on the faith to adults and children? Complete your application today at: <https://is.gd/cathedralvolunteer>

## FAMILY FAITH FORMATION AND EDUCATION English and Spanish Online

The Cathedral offers weekly encounters for families to grow in faith together. This year we will study the Creed, taking a tenant each month and learn how to live it through weekly activities. Go to: [www.cathedralsacramento.org/faithformation](http://www.cathedralsacramento.org/faithformation)

## Rite of Christian Initiation for Adults/Children (RCIA) Adults: Mondays, 7 pm Children and Teens: Follow Family Program Online

RCIA is for those wanting to explore the Catholic faith in a community of prayer, scripture and weekly lessons. We also help prepare for their full initiation into the life of the Church through the Sacraments. For more information, Sister Lisa Marie Doty, FDCC at 916-444-5364, or [lmdoty@cathedralsacramento.org](mailto:lmdoty@cathedralsacramento.org).

*Laetare Sunday—Rejoice!*

# PARISH INFORMATION

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1017 11th Street - Sacramento, CA 95814  
916-444-3071

## MINISTRIES AND CONTACTS

Fr. Michael O'Reilly, Pastor / Rector

### SACRED LITURGY

#### Altar Servers

Michael Ognisty, mfognisty@msn.com

#### Choir (English)

Rex Rallanka, Director of Music, rrallanka@cathedralsacramento.org

#### Choir (Spanish/Español)

Jerry Vanoye in the choir annex after the 1pm Mass,  
or Ricardo Savala in the choir annex after 7pm Mass

#### Extraordinary Ministers of Holy Communion

Amy McCormick, ammccormick@att.net

#### Greeters and Ushers

Tom Waddock, 916-444-3071, x 36

#### Lectors

Fred Heacock, fheacock72@hotmail.com

### SOCIAL and COMMUNITY SERVICE

#### Brown Bag Lunch Ministry

Marilynn Fairgood, Marilynn\_Fairgood@att.net

#### Docents

Jill Pease, peasejill@gmail.com

#### Festival of Trees

Paula Trujillo, trupaula@gmail.com

#### Front Door Ministry

ministries@cathedralsacramento.org

#### Hospitality

Celeste Gisla, jfgisla@att.net

#### Respect Life Ministry

Liliana Balderrama, michoacan8888@gmail.com

**Saint Vincent de Paul** contact the rectory office

### FORMATION AND CATECHESIS

#### Catechesis of the Good Shepherd

for ages 3+, visit youngsheep.org, or call 916-910-3435

#### Faith Formation and Education / Catechists

Sr. Lisa Marie Doty, FDCC, lmdoty@cathedralsacramento.org

#### Formacion y Educacion de Fe Catequistas/Spanish

Sr. Lisa Marie Doty, FDCC, cathedralfaithformationsac@gmail.com

#### Rite of Christian Initiation for Adults and Children

Sr. Lisa Marie Doty, FDCC, RCIA@cathedralsacramento.org

### PRAYER AND COMMUNITY GROUPS

#### Benedictus Youth Group

Titi Kila, benedictusy@gmail.com

#### Cathedral A.C.T.S.

actscathedralsacto@gmail.com

#### Cathedral Young Adults

Victor Amador, cathedralalya@gmail.com

#### Chinese Community

Oliver Wan sccc.contact@gmail.com

#### Cinema Divina Movies

Reggie King, thecatholicstore@gmail.com

#### Knights of Columbus

Jaime Elizaldi, jaime.elizaldi@gmail.com

#### Rosary Group

actscathedralsacto@gmail.com

#### Spanish Parents Group Leaders

Leticia Hilbert, leticia\_hilbert@hotmail.com

### PASTORAL AND ADMINISTRATIVE STAFF

Fr. Michael O'Reilly, *Pastor*

Fr. Nicholas Ho, *Chinese Mass*

Fr. Mémo Hernandez, *In Residence*

Fr. Michael Kiernan, *In Residence*

Deacon John Gisla, *Office Manager*

Deacon Edgar Hilbert

Deacon Omar Bardales

Sr. Lisa Marie Doty, FDCC

*Director of Faith Formation  
and Education*

Tom Waddock, *Cathedral Manager*

Rex Rallanka, *Director of Music*

Michael Ognisty, *Sacristan*

Victoria Ramos, *Secretary*

Katie McAllister, *Bookkeeper*

Titi Kila, *Wedding Coordinator*

Chris Houlemard

*Bulletin Editor/Webmaster*

### PARISH PASTORAL COUNCIL

Joey Martinez, Chairperson

Russel Almaraz

Esteban Arellano

Maria Balakshin

Eileen Dunn

Andrea Martin-Borges

Peggy Oakden

Maria Rosario

Aileen Rasmussen

Jose Solis

Jeff Weiss

Richard Zacaroli

### FINANCE COUNCIL

Robert Ingenito, Chairperson

Janet Bardales

Steve Harrold

Michael Pease

### CATHEDRAL PARISH REGISTRATION & UPDATE / Actualización y registro de la parroquia de la Catedral

Become a member of our dynamic Cathedral family! Register online at : <https://is.gd/cathedralnew>

or fill out the form below and put in the offertory basket or mail to the rectory office at:

1017 11th Street, Sacramento, CA 95814

NAME/NOMBRE

CELL PHONE

ADDRESS/DOMICILIO

Street

City

Zip

Please indicate/Por favor indique:

- Please send Offertory Envelopes  
Por favor envíe Sobres de Ofertorio

- New Parishioner/Individual  
Nuevo Parroquiano/Individuo
- Change of Address/Cambio de Direccion

- New Parishioner/Family  
Nuevo Parroquiano/Familia