

September 8 2019 - 23rd Sunday in Ordinary Time



Volume 19* Issue 36

Cathedral of the Blessed Sacrament

1019 11th Street, Sacramento, CA 95814 * 916-444-3071





PASTOR'S CORNER

I remember when I first started thinking about entering the seminary and living my life as a priest. In many ways, my reason to become a priest was a selfish one; I picked a job that would require me to always keep God in mind whether I wanted to or not. This way, I would guarantee that I would grow in God's love and so make it into heaven later. I wouldn't say that I particularly understood what my life would look like; I thought maybe just a lot of praying and doing mass and stuff. At that time, I had no knowledge of Church or the Sacraments and viewed my decision to be a priest as my personal choice to be with God. Today, as a priest and pastor, I sometimes long for those innocent days when I thought it would be just all about me and God. But, this Christian life is so much bigger than all that.

As a pastor, I do have and need time for just God and me, but my life is also about building relationships with my brothers and sisters and helping them build connections with one another through the grace of Christ. In the building of this Church, our bonds strengthen the great covenant with the Father. It's beautiful work but also very complex. My desire some days is simply to retreat into my personal life with God, but of course that leaves me being very one dimensional and stunted spiritually. I must immerse myself in the Church so as to understand more clearly my call to discipleship. Christianity is much more than simply me and Jesus. My connection with other Christians is what truly brings the message of Christ to the ends of the earth. We the Church, the People of God, His bride are what allow His light to shine in fullness, not as individual sparks but as one great nation whose heart is ablaze.

Throughout my years as a priest I have encountered many people well aware that being a part of God's People, the Church, required their active participation and necessary support. Many parishioners are involved in ministries, financial support and prayerful concern for the well being of the parish. Others could be more involved. On September 13th we all have a great opportunity to build community by coming to the parish picnic. I encourage everyone to come to the grounds of St. Joseph church, Clarksburg with some food, folding chairs, and a picnic blanket and get to know the many members of the Cathedral parish. As well, on the weekend of September 22nd everyone is expected to help strengthen our unity by participating in the Ministry Fair and considering getting more involved. Participating in both the picnic and Ministry Fair requires some extra work and commitment, but our presence at these events reveals to the world that all believers are responsible for building up God's Church and revealing His light to the world.

Fr. Michael

"WHOEVER DOES NOT CARRY HIS OWN CROSS AND COME AFTER ME CANNOT BE MY DISCIPLE." (LK 14:27)

Q: As Catholics, we talk a lot about "redemptive suffering" and "carrying your cross." What does that mean practically in daily life?

A: When Jesus spoke these words, they would have sounded quite intense to his hearers. "Pick up your cross daily and follow me." At the time, Jesus hadn't yet been crucified. A cross was a Roman torture instrument. "Pick up the thing that tortures you the most," Jesus seemed to say. Unfortunately, most of us have no real shortage of these in our life. To take up the cross isn't to seek out new sufferings in our life. It's to accept the life we have.

Of course, unjust or unhealthy circumstances should be rectified when possible. But there are always circumstances that remain out of our immediate control. It could be pain management, the defiance of our teenage child, or an unhealthy work environment... but you need the paycheck to pay the bills. In difficult circumstances, it can be easier to blame, complain, or daydream our way out of it. None of these are real solutions, since none of them accept the reality of the situation at hand. Those options only add to our suffering, since they damage relationships, fixate on the problem, or set up unrealistic expectations.

“FIND OUT HOW MUCH GOD HAS GIVEN YOU AND FROM IT TAKE WHAT YOU NEED; THE REMAINDER IS NEEDED BY OTHERS.”

– Augustine

Last week, the Pastoral Parish Council invited ministry leaders to a Meet & Greet for the purpose of having the opportunity to get to know each other and become more familiar with the different ministries we have at the cathedral. Each leader introduced themselves and filled out a questionnaire formed by the council. Council members shared information about the MyParish app (text 88202 to sign up), the Parish Picnic on September 13 (see page 4), and the upcoming Ministry Fair on September 21 and 22, in Mercy Hall on the lower level.

An important part of a parish is its ministries. They mostly help us to serve God and others, but they also help create a community that supports every individual in their journey of faith. Participating in a ministry in your parish serves others, connects you to your fellow parishioners, and helps you discover the gifts with which you have been so greatly blessed.

Whether you are visiting or new to the cathedral, have been coming here for years, or are contemplating becoming a new parishioner, you are WELCOME. We are all glad you are here. Please take the opportunity to find your passion for serving God and others by exploring the various ministries we have at the Ministry Fair.

Did we miss you? If you are a Ministry Leader that missed the meeting or were not contacted ahead of time, please contact Peggy at 1poakden@gmail.com.



EVERYDAY STEWARDSHIP - RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

Reach Out in Love

We are all called to be accountable to one another. As brothers and sisters in Jesus Christ, we have a responsibility to reach out in love when we see someone lost and to offer support when the need is the greatest. In that same regard, we must never stand between a loved one and him. Our goal when it comes to those we love is to lead them toward heaven and eternal life with the source of all love, Jesus Christ.

This is the "why" of our stewardship. Our generosity and our giving of very selves back to God need to bear witness to the transforming power of Jesus. It is easy to fall into the trap of loving someone so much that we place them before God. We make our human relationships the main thing and ultimately make decisions that keep our loved ones away from that which they need the most. If we truly love another, we will offer them the example of how we love God even more than them.

We live in a world where romantic and parental love are seen as the highest forms of affection. Stories are often told in books and on the screen of how nothing will keep someone from his or her beloved. Although we are called to love one another, we must never be trapped into the portrayal of love that comes from the world. We are gifts from God to one another, and like all other gifts given to us, we are accountable to God for that which He has given. If you can give a loved one back to God completely, then you are worthy of their love in the first place.

-Tracy Earl Welliver, MTS

Upper left: Father Michael talking with volunteer Lynn, who manages the Gift Shop. Left: Ministry leaders filling out their questionnaires. Above: Music Director Rex chats with Chris of our flower ministry.

23rd Week in Ordinary Time



ANNUAL VOLUNTEER & PARISH PICNIC

It's time for our annual Cathedral Picnic on FRIDAY, SEPTEMBER 13th to thank you for all you who support our Cathedral Parish community!! This year, the picnic is open to everyone at the Cathedral. Please join us for a summer evening of fellowship, food, music, and fun!!



For the Special Intentions of:

Deacon Don DeHaven
 Claire Ramirez
 Richie Delgado
 Felipa C
 Roy Weston
 Hudson Family
 Jeanine Pamintuan
 John Paul Jessica Martinez
 Margot Bogue
 Raquel Lua Ramirez
 Terry, Debbie, Taylor, Lamar, Jim
 Esther Valdez
 Savannah Avila

For the Repose of the Soul of:

Phil Lopez+
 Robert F Johnson+
 May, Lui, Lani, Mark, Mabel,
 Marilyn Eipp, Mabel +

Arrive by 5:30pm for Evening Vespers and stay for the picnic, games and good companionship! Located on the beautiful grounds of ST. JOSEPH'S CHURCH, 32890 S River Rd, Clarksburg Ca 95612.

For our potluck picnic, please bring a food item to share. If your last name begins with:

A-I: bring sliced onions/ tomatoes, salad

J-N: bring appetizer

O-Z: bring dessert

The Cathedral will provide burgers, dogs, buns, and beverages. Bring your own blankets and folding chairs.

We need volunteers to help load a truck of tables, ice, bins, garbage bins, cooking utensils, tents, etc at 3:00 pm in back parking lot. Have some free time to assist? The same people can help us set up tents and cooking stations. And for the real adventurous, 10 cooks are needed. For more info or to RSVP, email joeymartinez@gmail.com. Sponsored by your Parish Pastoral Council.

OFFERTORY REPORT - To maintain fiscal integrity, the Finance Council has set a weekly offertory goal of \$11,500.

<u>Weekend</u>	<u>Total Offering</u>	<u>Short of Goal</u>	<u>% of Goal</u>
August 3/4	\$8,987	-\$2,513	78%
August 10/11	\$7,559	-\$3,941	65%
August 17/18	\$8,511	-\$2,989	74%
August 24/25	\$7,859	-\$3,641	68%

HABITAT FOR HUMANITY INTER-FAITH BUILD - Our Parish Council is now soliciting interest from any parish member, 16 years old and older who would like to assist with the Habitat for Humanity "Build for Unity" construction of homes. This humanitarian activity is co-sponsored by the Sacramento Dioceses, Knights of Columbus Council 953, and the Cathedral's Parish Pastoral Council. Construction will begin in October through Spring. To sign up, please contact Russ Almaraz at russ.almaraz@gmail.com, and list your availability. Training and tools provided. This inter-faith build will provide homes to two deserving families in Sacramento. To learn more or RSVP, go to <https://habitatgreatersac.org/buildforunity/>

"SPREADING THE GOSPEL OF JESUS CHRIST AMONG CATHOLIC COMMUNITIES THROUGH A.C.T.S."

The Cathedral Men's ACTS Retreat is November 14-17. Prayerfully consider attending this life changing retreat. For more information visit, SacCathedralACTS.org or contact Rick Visineau, RickVisineau@icloud.com or 916-281-4676. The ACTS retreat begins Thursday evening and ends with Sunday Mass. The ACTS retreat uses prayer, service, and teaching to meet people where they are in their spiritual journey and invites them to experience God in a personal and communal manner.



THIS WEEKEND, THERE WILL BE A SECOND COLLECTION—the Diocesan Collection for Priests Retirement. This is an opportunity for parishioners to thank our faithful and dedicated priests for their long and loving service to the Diocese. Please consider making a donation. Special envelopes are available in the church vestibule.

Note: Nightfever has been moved from September 14 to October 5

**[GOD] CANNOT
 BE FOUND IN NOISE
 AND RESTLESSNESS.
 GOD IS THE FRIEND
 OF SILENCE.**

—ST. TERESA OF CALCUTTA

Date	Mass / Intentions / Readings
Saturday September 7	5:00 pm / Col 1:21-23/Ps 54:3-4, 6 and 8 [6]/Lk 6:1-5
Sunday September 8	23rd Sunday in Ordinary Time 7:30 am / 9:00 am / Robert Jones S.I. 11:00 am / Natalie Chan S.I. 1:00 pm (Spanish) / Apolinar Lara Moreno + 3:00 pm (Chinese) 5:00 pm / Henry Joe Barajas + 7:00 pm / People of the Parish Wis 9:13-18b/Ps 90:3-4, 5-6, 12-13, 14-17 [1]/Phlm 9-10, 12-17/Lk 14:25-33
Monday September 9	St. Peter Claver, Priest 12:10 pm / Jessie Luna + 5:10 pm / Col 1:24-2:3/Ps 62:6-7, 9 [8]/Lk 6:6-11
Tuesday September 10	12:10 pm / Donald Gensler & Maria Paz Gutierrez S.I. 5:10 pm / Col 2:6-15/Ps 145:1b-2, 8-9, 10-11 [9]/Lk 6:12-19
Wednesday September 11	12:10 pm / Resendo Christy + 5:10 pm / Col 3:1-11/Ps 145:2-3, 10-11, 12-13ab [9]/Lk 6:20-26
Thursday September 12	The Most Holy Name of Mary 12:10 pm / David J. Martin + Cory Zoeller + 5:00 pm / Col 3:12-17/Ps 150:1b-2, 3-4, 5-6 [6]/Lk 6:27-38
Friday September 13	St. John Chrysostom, Bishop & Doctor of the Church 12:10 pm / 1 Tm 1:1-2, 12-14/Ps 16:1b-2a and 5, 7-8, 11 [cf. 5]/Lk 6:39-42
Saturday September 14	The Exaltation of the Holy Cross 5:00 pm / Cassandra Nicole Espiita S.I. Nm 21:4b-9/Ps 78:1bc-2, 34-35, 36-37, 38 [cf. 7b]/Phil 2:6-11/ Jn 3:13-17

MINISTRY DIRECTORY

Altarservers

Michael Ognisty, mfognisty@msn.com.

Benedictus Youth Group

Victoria Ramos, benedictusygg@gmail.com

Brown Bag Lunch Ministry

Jerri Rush, jerrirush@comcast.net

Catechesis of the Good Shepherd for ages 3+, for information, visit youngsheep.org, or call 916-910-3435

Cathedral A.C.T.S.

ActsCathedralSacto@gmail.com, saccathedralacts.org

Cathedral Men's Group

Bob Meyers, cynm1@yahoo.com

Cathedral Saint Vincent de Paul contact the rectory office

Cathedral Young Adults

Titi Kila, cathedralrya@gmail.com

Choir (English)

Rex Rallanka, Music Director, rrallanka@cathedralsacramento.org

Choir (Spanish)

Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after 7pm Mass.

Cinema Divina Movies

Reggie King, Brian Perez, thecatholicstore@gmail.com

Communion & Liberation

catechesis meets every Wednesday at 7:15pm

Docents

Jill Pease, peasejill@gmail.com

Email Prayer Chain

Lynne Amerson, cbs1017pc@yahoo.com.

Extraordinary Ministers of Holy Communion

Amy McCormick, ammccormick@att.net

Festival of Trees and Lights

Paula Trujillo, trupaula@gmail.com

Front Door Ministry

ministries@cathedralsacramento.org

Greeters and Ushers

Tom Waddock, 916-444-3071, x 36

Hospitality

Celeste Gisla, jfgisla@surewest.net

Knights of Columbus

Jaime Elizaldi, jaime.elizaldi@gmail.com

Lectors

Fred Heacock, fheacock72@hotmail.com

Respect Life Ministry

Veronica Avina, veronicaavina@yahoo.com

Rosary Club

Lolita Urrutia, lolita.urrutia@gmail.com.

Spanish Parents Group Leaders

Leticia Hilbert, leticia_hilbert@hotmail.com

Where is your heart? Find your passion serving God and your parish.



The MINISTRY FAIR at the CATHEDRAL

September 21 and 22 in Mercy Hall

"We make a living by what we get. We make a life by what we give." – Winston Churchill



 Read the Gospel and Color



Cathedral Kids

Sharing the Gospel - Living God's way can be very hard for some people. Name the people in your family.

Can you love God more than you love your family? Name some of your friends. Can you love God more than you love your friends? Name your favorite books, movies or toys. Can you love God more than those things? It is OK to love your family, have good friends, and enjoy the gifts God has given you. Just remember to love God first.

Prayer - Dear God, help me to love you more than anyone or anything else.

Mission for the Week - Say a special prayer to God today. Thank him for your family, your friends, and for all the things God has given you to enjoy.



Puzzle

Find and circle these words from today's Gospel:

DISCIPLE	WIFE	SISTER
FATHER	CHILDREN	LIFE
MOTHER	BROTHER	CROSS

C R O S S U L I F E
P S D N O F Y W A N
T W I F E B U I T L
M D S A S T O W H R
O A C H I L D R E N
T I I T S H E F R I
H R P S T I N G Y O
E U L W E L D W N T
R Y E B R O T H E R
O U S I T D W N F



ESQUINA DEL PASTOR

Recuerdo cuando comencé a pensar en ingresar al seminario y vivir mi vida como sacerdote. En muchos sentidos, mi razón para ser sacerdote era egoísta; Elegí un trabajo que me exigiría tener siempre en mente a Dios, lo quisiera o no. De esta manera, garantizaría que crecería en el amor de Dios y así llegaría al cielo más tarde. No diría que entendí particularmente cómo sería mi vida; Pensé que tal vez solo orar y hacer misa y otras cosas. En ese momento, no tenía conocimiento de la Iglesia o los Sacramentos y veía mi decisión de ser sacerdote como mi elección personal de estar con Dios. Hoy, como sacerdote y pastor, a veces anho esos días inocentes en los que pensé que todo se trataría de mí y de Dios. Pero, esta vida cristiana es mucho más grande que todo eso.

Como pastor, tengo y necesito tiempo solo para Dios y para mí, pero mi vida también se trata de construir relaciones con mis hermanos y hermanas y ayudarlos a construir conexiones entre sí a través de la gracia de Cristo. En la construcción de esta Iglesia, nuestros lazos fortalecen el gran pacto con el Padre. Es un trabajo hermoso pero también muy complejo. Mi deseo algunos días es simplemente retirarme a mi vida personal con Dios, pero por supuesto eso me deja siendo unidimensional y atrofiado espiritualmente. Debo sumergirme en la Iglesia para comprender más claramente mi llamado al discipulado. El cristianismo es mucho más que simplemente Jesús y yo. Mi conexión con otros cristianos es lo que realmente lleva el mensaje de Cristo a los confines de la tierra. Nosotros, la Iglesia, el pueblo de Dios, su novia, somos los que permitimos que su luz brille en plenitud, no como chispas individuales, sino como una gran nación cuyo corazón está en llamas.

A lo largo de mis años como sacerdote, me he encontrado con muchas personas conscientes de que ser parte del pueblo de Dios, la Iglesia, requería su participación activa y el apoyo necesario. Muchos feligreses están involucrados en ministerios, apoyo financiero y preocupación por el bienestar de la parroquia. Otros podrían estar más involucrados. El 13 de septiembre, todos tenemos una gran oportunidad de construir comunidad al asistir al picnic de la parroquia. Animo a todos a venir a los terrenos de la iglesia de San José, Clarksburg, con algo de comida, sillas plegables y una manta de picnic y conocer a los muchos miembros de la parroquia de la Catedral. Además, el fin de semana del 22 de septiembre se espera que todos ayuden a fortalecer nuestra unidad al participar en la Feria del Ministerio y considerar involucrarse más. Participar tanto en el picnic como en la Feria del Ministerio requiere un poco de trabajo y compromiso adicionales, pero nuestra presencia en estos eventos revela al mundo que todos los creyentes son responsables de construir la Iglesia de Dios y revelar Su luz al mundo.

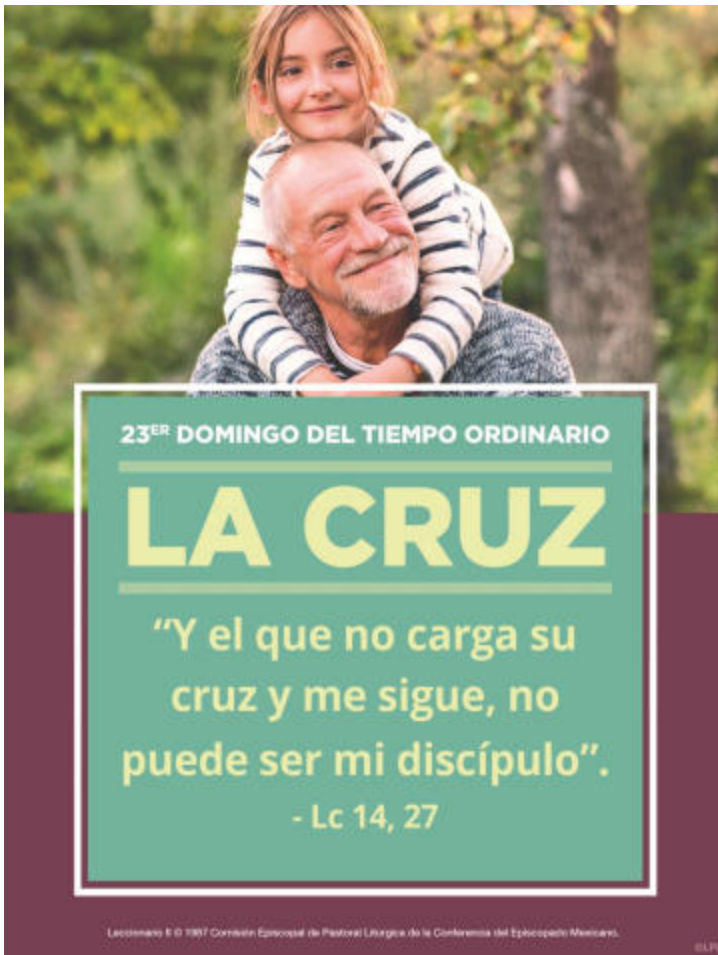
Pr. Michael

"QUIEN NO CARGUE SU PROPIA CRUZ Y VENGA DESPUÉS DE MÍ NO PUEDE SER MI DISCÍPULO".
(Lucas 14:27)

P: Como católicos, hablamos mucho sobre el "sufrimiento redentor" y "llevar su cruz". ¿Qué significa eso prácticamente en la vida diaria?

R: Cuando Jesús pronunció estas palabras, habrían sonado bastante intensas para sus oyentes. "Recoge tu cruz todos los días y sígueme". En ese momento, Jesús aún no había sido crucificado. Una cruz era un instrumento de tortura romano. "Recoge lo que más te tortura", parecía decir Jesús. Desafortunadamente, la mayoría de nosotros no tenemos escasez real de estos en nuestra vida. Tomar la cruz no es buscar nuevos sufrimientos en nuestra vida. Es aceptar la vida que tenemos.

Por supuesto, las circunstancias injustas o insalubres deben rectificarse cuando sea posible. Pero siempre hay circunstancias que quedan fuera de nuestro control inmediato. Podría ser el control del dolor, el desafío de nuestro hijo adolescente o un entorno laboral poco saludable ... pero necesita el sueldo para pagar las facturas. En circunstancias difíciles, puede ser más fácil culpar, quejarse o soñar despierto para salir de él. Ninguna de estas son soluciones reales, ya que ninguna de ellas acepta la realidad de la situación en cuestión. Esas opciones solo se suman a nuestro sufrimiento, ya que dañan las relaciones, se fijan en el



Este es el "por qué" de nuestra corresponsabilidad. Nuestra generosidad y nuestra entrega a Dios deben dar testimonio del poder transformador de Jesús. Es fácil caer en la trampa de amar a alguien tanto que lo colocamos antes que a Dios. Hacemos de nuestras relaciones humanas lo más importante y, en última instancia, tomamos decisiones que mantienen a nuestros seres queridos alejados de lo que más necesitan. Si realmente amamos a los demás, les ofreceremos el ejemplo de cómo amamos a Dios incluso más que a ellos.

Vivimos en un mundo donde los amores románticos y paternos son vistos como las formas más elevadas de afecto. A menudo, hay historias contadas en los libros y en la pantalla de cómo nada alejara a alguien de su ser amado. Aunque estamos llamados a amarnos los unos a los otros, nunca debemos atraparnos en la representación del amor que viene del mundo. Nosotros somos regalos de Dios los unos para los otros, y como todos los demás regalos que se nos son dados, somos responsables ante Dios por lo que Él nos ha dado. Si puedes devolverle a Dios un ser amado por completo, entonces desde el comienzo eres digno de su amor.

-Tracy Earl Welliver, MTS

VIVIR LA LITURGIA - INSPIRACIÓN DE LA SEMANA

Oír y escuchar son dos cosas diferentes. Incluso en nuestras relaciones humanas, las personas pueden oír lo que estamos diciendo, pero ¿están realmente escuchando? Esto también es verdad con Dios. Oímos la palabra de Dios tal como viene a nosotros a través de la Sagrada Escritura, pero ¿realmente la estamos escuchando? El escuchar requiere una buena dosis de humildad y apertura hacia el que está hablando. Requiere que liberemos un poco de nuestro espacio personal para que podamos estar disponibles y receptivos a otra persona y a Dios. El escuchar no requiere el uso de palabras. Podemos escuchar a Dios a través del arte, la creación, el desarrollo de la vida y la historia humana. Escuchar verdaderamente a Dios nos proporciona la dirección de hacia dónde debemos ir, cómo debemos vivir, lo qué debemos elegir y qué debemos evitar. El escuchar nos prepara y ancla. ¿Estas escuchando?

MEDITACIÓN EVANGÉLICO

Mas allá de todo. Así da comienzo el Evangelio de este domingo, dejarlo todo para seguir a Jesús es el costo del discipulado. No hay vuelta atrás; sería una equivocación hacerlo. Es la experiencia del SI con mayúscula. El costo es grande comparado con cualquier cosa. Este es el punto; seguir a Jesús hasta Jerusalén va más allá de cálculos humanos. Se paga un alto precio. ¡Dejarlo todo! Si, todo. Así lo explica Jesús a los que lo seguían es su tiempo histórico, y, en nuestro tiempo es también muy válida su explicación: "Si alguno quiere venir a mí y no se desprende de su padre y de su madre, de su mujer e hijos, de sus hermanos y hermanas, e incluso de su propia persona, no puede ser discípulo mío." Y agrega algo más fuerte todavía: "El que no carga con su propia cruz para seguirme luego, no puede ser discípulo mío." (Lucas 14:26-27).

Seguir a Jesús y su Reino es muy diferente a lo que se piensa y se calcula. Comprometerse al discipulado en las parroquias en las que sirven, en sus comunidades, debe ser una decisión de vida, no de momentos e ilusiones. Jesús, pide algunas cosas importantes para el seguimiento: Relación personal con Él, renuncia de uno mismo, compromiso total, e identificarse al modo de vivir de Jesús. El Papa Francisco dice: "Seguir a Jesús es exactamente esto: por amor, ir con él, detrás de Él: el mismo camino, la misma vía. Y el Espíritu del mundo será el que no tolerará y nos hará sufrir, pero un sufrimiento como el que pasó Jesús. Pidamos esta gracia: seguir a Jesús por el camino que Él nos enseñó. Esto es bello, porque nunca nos deja solos. ¡Nunca! Siempre está con nosotros. Así sea."

Las lecturas de la semana del 8 de septiembre de 2019

Domingo: Sab 9, 13-18/Sal 90, 3-4. 5-6. 12-13. 14-17 [1]/Fim 9-10. 12-17/Lc 14, 25-33
 Lunes: Col 1, 24-2, 3/Sal 62, 6-7. 9 [8]/Lc 6, 6-11
 Martes: Col 2, 6-15/Sal 145, 1-2. 8-9. 10-11 [9]/Lc 6, 12-19
 Miércoles: Col 3, 1-11/Sal 145, 2-3. 10-11. 12-13 [9]/Lc 6, 20-26
 Jueves: Col 3, 12-17/Sal 150, 1-2. 3-4. 5-6 [6]/Lc 6, 27-38
 Viernes: 1 Tim 1, 1-2. 12-14/Sal 16, 1-2 y 5. 7-8. 11 [cfr. 5]/Lc 6, 39-42
 Sábado: Nm 21, 4-9/Sal 78, 1-2. 34-35. 36-37. 38 [cfr. 7]/Flp 2, 6-11/Jn 3, 13-17

Las conmemoraciones de la semana

Domingo: 23er Domingo del Tiempo Ordinario
 Lunes: San Pedro Claver Corberó, sacerdote
 Martes:
 Miércoles: Día de los Patriotas
 Jueves: El Santísimo Nombre de María
 Viernes: San Juan Crisóstomo, obispo y doctor de la Iglesia
 Sábado: La Exaltación de la Santa Cruz

LA CORRESPONSABILIDAD DIARIA - RECONOCER A DIOS EN LOS MOMENTOS ORDINARIOS

Tiende la Mano con Amor
 Todos estamos llamados a ser responsables el uno con el otro. Como hermanos y hermanas en Jesucristo, tenemos la responsabilidad de tender la mano con amor cuando vemos a alguien perdido y ofrecer nuestro apoyo cuando la necesidad es aun mayor. En ese mismo sentido, nunca debemos interponernos entre un ser amado y Él. Nuestro objetivo, cuando se trata de aquellos a quienes amamos, es guiarlos hacia el cielo y la vida eterna con la fuente de todo amor, Jesucristo.

Nothing is so strong as gentleness; nothing is so gentle as real strength. | St. Francis de Sales



Cathedral of the Blessed Sacrament

1017 11th Street, Sacramento, CA 95814

916-444-3071, Fax 916-443-2749 , cathedralsacramento.org

Rectory Office Hours — Monday to Friday, 9:00 am to 12:00 pm, 1:00 pm to 5:00 pm

MASSES

Monday to Friday	12:10 pm
Monday to Thursday	5:10 pm
Saturday Vigil	5:00 pm
Sunday	7:30 am
	9:00 am
	11:00 am
	1:00 pm en Español
	3:00 pm Chinese
	5:00 pm
	7:00 pm en Español
State Holidays	12:10 pm only

SACRAMENT OF CONFESSION

Monday to Friday	11:30 am to 12:00 pm
Saturday	4:00 pm to 4:45 pm
Domingo en Español	12:30 pm a 12:45 pm
	6:30 pm a 7:00 pm

DEVOTIONS: Divine Mercy Chaplet & Rosary
Wednesday, Thursday, Friday 12:45 pm

EUCCHARISTIC ADORATION

Wednesday	12:45 pm to 5:00 pm
Thursday	12:45 pm to 5:00 pm
Friday	12:45 pm to 1:30 pm

BENEDICTION

Wednesday	5:00 pm
Thursday	5:00 pm
Friday	1:30 pm

ANOINTING OF THE SICK - By appointment only.
Call the rectory at 916-444-3071

BAPTISMS - Registration is required. Call Deacon John at the rectory at 916-444-3071
English - 3rd Saturday of the month, 9:00am
Español - 4º Sábado del mes, 9:00am

BAPTISM CLASSES (No registration required)
English - 1st Thursday of the month, 7:00pm
Español - 2do jueves del mes, 7:00pm

PASTORAL AND ADMINISTRATIVE STAFF

Father Michael O'Reilly, Rector
 Father Kieran McMahon, Priest in Residence
 Father Nicholas Ho, Chinese Mass
 Deacon John Gisla, Office Manager
 Deacon Don DeHaven
 Deacon Edgar Hilbert
 Deacon Omar Bardales
 Sister Lisa Marie Doty, Director of Education
 Michael Ognisty, Sacristan
 Rex Rallanka, Director of Music
 Tom Waddock, Cathedral Manager
 Victoria Ramos, Secretary
 Katie McAllister, Bookkeeper
 Titi Kila, Wedding Coordinator
 Lyssa Black, Webmaster / Bulletin Editor

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TOURS

We love to share our Cathedral history! Tours are FREE, led by trained Docents, and held after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours begin at the Baptismal Font. Contact 916-444-3071 to arrange free private group tours.

Los tours en español se llevan a cabo el 1er y 3er domingo del mes después de la misa de 1pm.



RELIGIOUS EDUCATION PROGRAMS

The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A., for adults, teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program.



If you've been coming to Mass for a while, but are not Catholic, or were baptized Catholic but never completed your faith formation classes, we invite you to look deeper into the Catholic faith. Come meet some faithful Catholics who love the Lord and

would consider it a privilege to get to know you. We invite you to learn what Catholics believe in an open and welcoming environment. The **Rite of Christian Initiation of Adults (RCIA)** sessions meet every Monday Evening at 7 PM in the lower level of the Cathedral. Feel free to come any Monday evening. For more information on all of our faith formation programs, please call **916-444-5364** or email Sister Jenny Aldeghe FDCC, Director of Religious Education, jenny@cathedralsacramento.org

Visit our GIFT SHOP downstairs

Sundays 9:00 am to 3:00 pm
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Love Never Fails

If you would like to celebrate the Sacrament of Matrimony at the Cathedral, contact Wedding Coordinator, Titi Kila at tkila@cathedralsacramento.org. at least *six months* before your desired wedding date to arrange a meeting.

MARRIAGE PREPARATION - The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Janet & Omar Bardales at matrimonyprep@att.net, or 916-427-9160, or Sister Jenny at 916-444-5364. You do not have to have your wedding at the Cathedral to take this class.

CONVALIDATION - If you would like to have your civil marriage blessed in the Catholic Church, or if you have been together for a number of years and would like to be married in the Church, this can often be done in a small, private ceremony called a Convalidation, without any cost or fee. To explore this possibility, contact Deacon John 444-3071 Ext. 11; or at jglsa@cathedralsacramento.org.

Photo by amynicolephotography.com



華人團體專欄 Chinese Community Column

聖母聖誕 (九月八日)

一般聖人誕生的時候，身染原罪，到了逝世的時候，功全德備，可謂誕生於天的日期。

為了這緣故，聖教會「慶死而不慶生」。只有兩位聖人，我們慶祝他們的誕生：第一個是聖母聖誕瞻禮；第二個是聖若翰洗者瞻禮。聖若翰在母胎第六個月，才獲原罪的赦免。至於聖母，在始胎時，已無染原罪。所以在她誕生的時候，已成為受造物中最純潔而最神聖的。

我們慶祝聖母的各瞻禮，一是為了讚美天主賞賜各種殊恩異寵給聖母瑪利亞；二是為了讚美天主藉著聖母之手頒賜給人類的各項恩典；三是為了祈求大能的聖母保佑我們神形平安。

聖母聖誕瞻禮，開始於東方。第八世紀以後普及於整個教會。

聖若翰在母胎時被選為救世主的前驅；當他誕生的時候，鄰人和親戚們都來道喜。聖母於創造天地之先，已被天主預選為祂降生的母親。那麼，在她誕生的日期，我們更該如何喜悅呢！她的誕生是耶穌來臨的先聲。耶穌是人類和平的根源，所以在聖母誕生的慶典，我們當求天主賞賜我們享受和平的恩典。

The Birthday of the Blessed Virgin Mary (September 8)

When the saint is born, he has the original sin. When he is dead, he is fully prepared and can be described as the date of birth. For this reason, the Holy Church "celebrates death but not life." There are only two saints for whom we celebrate their birth: the Virgin Mary and Saint John the Baptist. In the sixth month after birth, St. John the Baptist was granted pardon from the original sin. As for the Virgin Mary, at the time of the birth, there is no sin. Therefore, when she was born, she became immaculate among god's creation.

We celebrate the birth of the Virgin Mary for three reasons: to praise the Lord for all kinds of special grace to the Virgin Mary, to praise the grace that God has given to mankind through the hand of the Virgin, and to pray for peace through blessed Virgin.

The celebration of the Virgin Mary's birth begins in the East. It was celebrated in the universal church after the eighth century.

St. John the Baptist was chosen as the savior's forerunner when he was in his mother's womb. When he was born, neighbors and relatives came to give him blessing. Before the heavens and the earth were created, the Virgin Mary was chosen by God as the mother of Jesus. So, on the date of her birth, we should be more joyful! Her birth is the sign of Jesus' coming. Jesus is the source of human peace, so at the celebration of the birth of the Virgin, we should ask God to give us the grace of peace.






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 ~ Matthew 11:15



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