

3RD WEEK IN ORDINARY TIME



Cathedral of the Blessed Sacrament

January 21 2018 * Volume 18 Issue 03



PASTOR'S CORNER



"We do not want to be beginners. But let us be convinced of the fact that we will never be anything else but beginners, all our life!"

~Thomas Merton, Cistercian monk~

Thomas Merton is referring to the spiritual life, but as I grow in age and wisdom, I see that being a beginner is true in all areas of my life. It is not something I find easy to see or really believe. Deep down I still see the roots of my young adulthood in which God revealed all the hidden secrets of life to me. But it turns out, so many secrets are simply still secrets and to live a life beyond the limitations of our progress, is to live in darkness and falsehood. This is true of prayer, of parenthood, and of vocation.

This "being a beginner" was made clear to me a few years ago when I was playing the piano. I have been playing the piano since I was five but have never been formally trained. Although I thought of myself as an above average piano player, I knew enough to realize I didn't really know what I was doing. But about two years ago, I asked myself why, if I could read the music of a classical composer, I still missed so many notes. I decided to really slow down in my playing, and even play far more basic piano pieces and beginning techniques. I realized quickly that I was just a beginner. I practice quite a bit now and the better I get, the more I realize how little I know and understand. The mysteries of music spread out before me and I feel more joy in saying I'm still just a beginner.

To admit that we are "but beginners" takes honesty and humility. We live our lives trying to look like we know who we are and what we are doing. Nevertheless, an awareness strikes someday when we wonder if we have understood anything at all about raising children, preaching the Gospel, or living our lives. These can be dark moments and most likely have their roots in pride. A more graced filled response is to admit that we are just beginners. We simply must begin, no matter our age. God understands. That's why we call Him our Father.

~ Father Michael~

MYSTAGOGY

Imitatio Christi Part III

If anyone has lived long as a Catholic intent on practicing their Christian faith, they will readily admit that nobody in this life will live long without temptation and difficulty, sorrow and heartache. How then are we to live and cope with life in these troubled and uncertain times? In the *Imitation of Christ*, Thomas à Kempis wrote: "Our Lord says to His servant . . . if you do not set your heart strongly upon Me, with a ready will to suffer all things patiently for Me, you cannot long bear this struggle, or come to the reward of the blessed saints . . . Do not determine to have rest here, but to have patience, and seek true rest not on earth, but in heaven; not in man or in any creature (or "created thing"), but in God alone, where true rest is" (*Imitation*, Book III, no. 25).

It is a simple truth of our faith that one cannot find enduring peace and rest on this earth in the relationships and external circumstances we live with from day to day. Most of our lives consist of hard work, laborious tedium, annoying and disappointing circumstances, and difficult relationships that continuously disrupt our state of mind and present us with one challenge after another. Even as a practicing Catholic, one can often feel lonely, dissatisfied, bewildered, and even lost from time to time. This is so because — our genuine faith notwithstanding — we still believe that before we die our life on this earth should be meaningful, happy, and full of the best life has to offer. We believe these things because everyone around us, the culture we live in, the advertising we see constantly, and yes, even some of the homilies we hear at mass, inculcate these vain desires in us from our childhood.

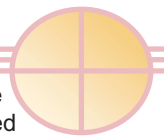
The Truth is, however, that Jesus never promised us any of these things while we live on this earth; the Sacred Tradition, the constant teaching of the Doctors of the Church, the "supernatural instinct of faith" (CCC no. 99, 785, 889), and the lives of all the Saints have confirmed that to be happy in life is not the worthy aim of the well-intentioned Catholic. We are not called to be happy (though that may happen from time to time), but to be holy, and to cooperate

with the grace of God that we may in the end be worthy of the eternal bliss of Heaven. We are called to reject the transitory consolations and benefits of this world and rejoice in the hope of eternal salvation, "though now for a season, if need be, ye are in heaviness through manifold temptations: that the trial of your faith, being much more precious than of gold that perisheth, though it be tried with fire, might be found unto praise and honor and glory at the appearing of Jesus Christ" (1st Peter 1:6-7)

We are called to "Seek those things which are above, where Christ sitteth on the right hand of God. Set your affection on things above, not on things on the earth" (Colossians 3:1-4), for things of this earth will only disappoint you. While we are not called to pursue a temporal and transitory happiness in this life, we are nonetheless forbidden to be a morose, heavy, and depressed people: from the day of Christ's resurrection to date we are in "the Day of the Lord", and the Scripture commands us, "This day is holy unto our Lord: neither be ye sorry; for the joy of the Lord is your strength" (Nehemiah 8:10); and Saint Paul commands us to "Rejoice in the Lord always: and again I say, Rejoice" (Philippians 4:4).

Jesus did in fact command us to take up our cross and follow Him, but He also said, "Peace I leave with you, my peace I give unto you: not as the world giveth give I unto you. Let not your heart be troubled, neither let it be afraid" (John 14:27); "These things have I spoken unto you that in me ye might have peace. In the world you will have tribulation: but be of good cheer; I have overcome the world" (John 16:33). In the midst of our troubled journey, we have a most consoling offer from our Blessed Lord: "Come unto me, all ye that labor and are heavy laden and I will give you rest. Take my yoke upon you and learn of me; for I am meek and lowly of heart: and ye shall find rest unto your souls. For my yoke is easy, and my burden is light" (Matthew 11:28).

~John-David Black~



Santo Niño

Dressed in traditional colors of red, gold, and black, members and guests of the Filipino-American Community celebrated Santo Niño de Cebú last weekend with a Mass concelebrated by Father Cormac Lacre, Father Nicholas Ho, Father Kieran McMahon, and Father Michael O'Reilly, followed by a procession and party in Mercy Hall.

'Santo Niño is a Roman Catholic title of the Child Jesus based on a religious relic icon in Cebu City of the Philippines. The image is venerated as miraculous by many Filipino Catholics. It is one of the oldest Christian relics in the Philippines, originally given in 1521 as a gift by explorer Ferdinand Magellan to Rajah Humabon and his wife when he landed on the island.

The statue measures approximately twelve inches tall, is made of a dark wood in baroque style and depicts the Child Jesus as a king dressed like Spanish royalty. The expressions, accessories and hand posture of Santo Niño de Cebu are similar to the Infant Jesus of Prague now located in Czech Republic. It is believed that both statues originated from the same European source, with the devotion to Santo Niño starting earlier of the two.

The image received papal recognition on 28 April 1965, when Pope Paul VI issued a papal bull for the Canonical Coronation of the statue and raised the church that houses it to a basilica status to mark the 400th anniversary of the first Christian mission and rediscovery of the statue in Cebu.

The Holy Child's image is liturgically celebrated during weekly Mass, novenas and Christian holidays. Along with the Black Nazarene statue of Jesus Christ, it is the most popular object of devotion in the Philippines. The Santo Niño image is replicated in many homes and business establishments, with different titles reinterpreted in various areas of the country. It is one of the most beloved and recognizable cultural icons in the Philippines, with the original permanently encased within bullet-proof glass in a chapel at the *Basilica Menor del Santo Niño*.' (Wikipedia.org)



"Pit Señor" is the short form of "Sangpit sa Señor," a phrase in Cebuano that means, "to call, ask, and plead to the king." Parishioners carried the banner and lead the faithful around Cathedral Square and on to Mercy Hall, where a lavish banquet and dancing were all part of the celebration.

READINGS

Sunday: Jon 3:1-5, 10/Ps
25:4-5, 6-7, 8-9 [4a]/1 Cor
7:29-31/Mk 1:14-20

21

Monday: 2 Sm 5:1-7, 10/Ps
89:20, 21-22, 25-26 [25a]/Mk
3:22-30

22

Tuesday: 2 Sm 6:12b-15, 17-
19/Ps 24:7, 8, 9, 10 [8]/Mk
3:31-35

23

Wednesday: 2 Sm 7:4-17/Ps
89:4-5, 27-28, 29-30 [29a]/Mk
4:1-20

24

Thursday: Acts 22:3-16 or
Acts 9:1-22/Ps 117:1bc, 2
[Mk 16:15]/Mk 16:15-18

25

Friday: 2 Tm 1:1-8 or Ti 1:1-
5/Ps 96:1-2a, 2b-3, 7-8a, 10
[3]/Mk 4:26-34

26

Saturday: 2 Sm 12:1-7a, 10-
17/Ps 51:12-13, 14-15, 16-17
[12a]/Mk 4:35-41

27

Next Sunday: Dt 18:15-20/Ps
95:1-2, 6-7, 7-9, [8]/1 Cor
7:32-35/Mk 1:21-28

28

CATHEDRAL PARISH NEWS

"For as the body without the spirit is dead, so faith without works is dead also."

~James 2:26~

The Cathedral has a number of ministries that are always in need of enthusiastic volunteers to help with fulfilling their mission of serving God by serving others. Work side by side with your fellow parishioners, learn new skills, and grow a closer relationship with God. Check the website at cathedralsacramento.org for more information, or contact a ministry leader listed on page 9 of the bulletin.



Retired? Or do you have an extra 2 hours, one morning a week on your hands that you could serve God by helping the least of our brethren? Perhaps God is calling you to help with the Cathedral **Brown Bag Lunch** (BBL) Ministry in its distribution of lunches to the homeless! We need your help to continue this important and rewarding work of God and ask that you take it to prayer.

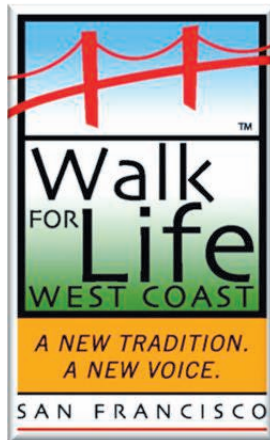
We are especially looking for MEN strong in character and stature, with a calm, peaceful demeanor to provide lunch distribution direction. God bless all who donate their time, talent or treasure to our BBL program!

Interested? Email jerrirush@comcast.net. You won't regret it!

14TH WALK FOR LIFE WEST COAST SATURDAY, JANUARY 27, 2018 CIVIC CENTER PLAZA

Join thousands of fellow Catholics and Pro-lifers from all over California and beyond as we proclaim to the world the sanctity of life. Let's stand up for the littlest among us at the 14th Walk for Life West Coast in San Francisco on January 27, 2018. Reserve your seat or buy your bus ticket today. The Respect Life ministry will be outside the church after masses to give you more information or contact Veronica Avina at (916) 205-0713.

The rally begins at 12:30pm in San Francisco's Civic Center Plaza, and the walk, down the city's Market Street, begins at 1:30pm. (approx. 2 miles). It ends at Justin Herman Plaza/Ferry Bldg. For complete information about the walk, visit www.walkforlifewc.com.



3RD SUNDAY IN ORDINARY TIME



HELP NEEDED!!



Do you have musical talent and would like to share it with our parish community? Sister Jenny is looking for music ministry volunteers for the Faith Formation Program at the Cathedral. You would be needed on Saturday mornings and during special events. If you are interested, please do not hesitate to call Sister Jenny at (916) 444-5364 or email her at jenny@cathedralsacramento.org.

CHOOSE LIFE: YOUTH GATHERINGS IN OBSERVANCE OF ROE V. WADE

Middle and high school students, teachers, parents and ministers are invited to attend "Choose Life '18" on January 22 at the Cathedral, with featured guest Camille Rodriguez, of Students for Life of America. Attendees will witness a live ultrasound, as well as learn:

What does it really mean to be "pro-life" vs. "pro-choice"?

How can we talk about abortion with our family and friends?

How can we make a difference in our schools and churches?

10:00am - Noon program followed by Mass with Bishop Jaime Soto, and 6:30-8:00pm program followed by candlelight vigil with Bishop Myron Cotta. There is no cost to attend, but please RSVP to Steve Patton, Associate Director for Family & Respect Life, at 916-733-0133 or spatton@scd.org.

CHOOSE LIFE MASS - Join Bishop Soto and hundreds of Catholic school students for our annual pro-life Mass at the Cathedral on January 22nd at noon. St. Francis High School choir will be singing.

Q: In Year B, we hear primarily from the Gospel of Mark. Since each Evangelist has a unique perspective, what are the key issues that Mark addresses in his Gospel?

A: Gospels are a particular faith community's reflection on Jesus. Each Gospel's author reflected that community's faith in Jesus. Jesus' message is made relevant to the community's situation and context. Mark was the first Gospel to be written. When Matthew and Luke wrote theirs, they imitated and adapted Mark for their communities.

Mark's Gospel seems to be addressed to a faith community undergoing turmoil, rejection, and persecution--forces that threaten to overwhelm them. This provides the context around which Mark fashions the story of Jesus. He presents Jesus as the One sent by God to confront the forces of evil. That is the good news of Jesus.

Jesus' struggle with the demonic forces leads to confrontation, rejection, outright opposition, and a conspiracy to do away with him. Realizing this, Jesus is not deterred. Rather Jesus calls for total faith in God who helps us to overcome the forces of evil. Suffering and even death seem to be the consequences of this struggle. Yet, that is not the end. The one who suffers for the sake of others, the suffering servant, will be the one through whom redemption and salvation will come to all. For Mark, this is what discipleship demands and what true faith in God can and will accomplish. See if you can detect these themes as you read Mark's Gospel.





Mass Intentions Intenciones de la Misa

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Cathedral Kids

Read the Gospel and Color

Date	Mass / Intentions	Activities
Saturday January 20	5:00 pm / Joseph P. Mesich S.I	10:00 am CCD classes
Sunday January 21	7:30 am / Orlando Aguinaldo + 9:00 am / Eugene Gisla + 11:00 am / Luca Polli + 1:00 pm Spanish / Parish Intentions 3:00 pm Chinese / 5:00 pm / Purificacion Tumbaga S.I. 7:00 pm Spanish / Souls in Purgatory	9:00 am RCIA for Children and Teens 9:30 am RCIA Breaking of the Word 11:00 am Mass - Liturgy of the Word for Children
Monday January 22	Day of Prayer for the Unborn 12:10 pm / CHOOSE LIFE MASS William James Shorey + 5:10 pm / Nestor Purugganan + 8:30 pm / Candlelight Vigil	6:30 pm RCIA Evening Prayer 7:00 pm RCIA Class
Tuesday January 23	12:10 pm / Paul Rust S.I. 5:10 pm / Matthew Walker S.I.	6:00 pm Spanish Choir for the 7pm Mass
Wednesday January 24	12:10 pm / Rosario Purugganan + 5:10 pm / Scott Rush +	7:15 pm Spanish Choir for the 1pm Mass 7:15 pm Communion & Liberation
Thursday January 25	12:10 pm / Manuel Purugganan + 5:10 pm / Moises Rana +	7:00 pm English Choir Rehearsal
Friday January 26	12:10 pm / Thomas Fleming +	

Week of Prayer for Christian Unity Continues



Offering Mass for a special intention is considered to bring special graces to whom the Mass is said. Masses are offered for many reasons: for the souls in purgatory, in remembrance for someone who is deceased, or in honor of a birthday or special anniversary. If you would like to have a Mass said for someone, please contact the rectory office for help with available dates and times. A \$10 donation per Mass is appreciated.

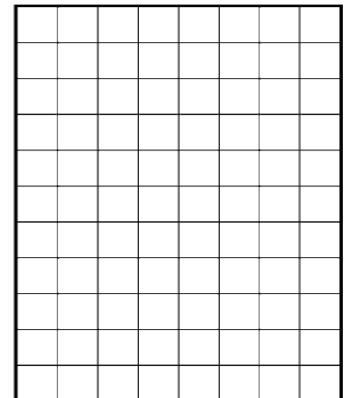
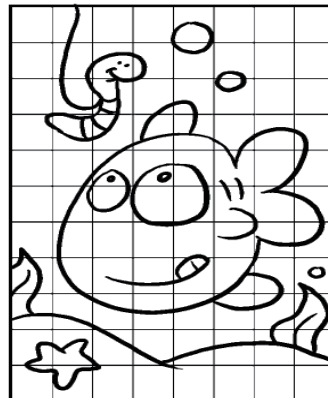
Sharing the Gospel - There's a colorful envelope addressed to you on the kitchen table. You see it's from your friend. You open it and find a party invitation inside. You parents say you can go! When Jesus invited Peter, Andrew, James and John to come along with him, they were just as excited to go. Jesus was the Savior and a good friend. They couldn't wait!

Prayer - Jesus, I thank you for inviting me to spend time with you.

Mission for the Week - Jesus wants you to come to his home in heaven. Make a party invitation from Jesus to you. Use this invitation as a bookmark in your Bible.

Puzzle

Copy the picture square by square.



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|------------------------|------------------------|--------------------------|
| Carlos Palacios Family | Rosa Carrillo | Luis Gutierrez, Sr. |
| Haylee Flory & Family | Felix Nunez Claver | Cynthia Belarma |
| Alma Mosquera | Alvin Sul | Stephen and Julie |
| Luis Romo | Anyrani Gonzalez | Miles Jedlinsky Flanagan |
| Deacon Don DeHaven | Erin Nicole Tam | Louis Metzinger |
| Emma Valdez | Riley Hana | The Brown Family |
| Eugenia Roque | Lee McClure | Yenecia Gutierrez |
| Alfredo Rivera | Noah Anthony Hernandez | Dennis Studebaker S.I. |
| Adolfo Espinoza | Giang Tran | Lawrence Afamasanga |
| Raymundo Guerrero | Joel and Cesar | Vailoauta Lopa |
| Natalia Galan | Miguel and Family | Guy Cook |
| Salomon Galan | Michael Jose Mejia | Andrea |
| Tomasita Rodriguez | Luis Gutierrez, Jr. | Anastasia Main & Family |

God has not been trying an experiment on my faith or love in order to find out their quality. He knew it already. It was I who didn't."
~C.S. Lewis~

LAS LECTURAS

Domingo: Jon 3, 1-5. 10/Sal 25, 4-5. 6-7. 8-9 [4]/1 Cor 7, 29-31/ Mc 1, 14-20

21

Lunes: 2 Sm 5, 1-7. 10/Sal 89, 20. 21-22. 25-26 [25]/ Mc 3, 22-30

22

Martes: 2 Sm 6, 12-15. 17-19/Sal 24, 7. 8. 9. 10 [8]/Mc 3, 31-35

23

Miércoles: 2 Sm 7, 4-17/Sal 89, 4-5. 27-28. 29-30 [29]/Mc 4, 1-20

24

Jueves: Hch 22, 3-16 o Hch 9, 1-22/Sal 117, 1. 2 [Mc 16, 15]/Mc 16, 15-18

25

Viernes: 2 Tim 1, 1-8 o Tit 1, 1-5/Sal 96, 1-2. 2-3. 7-8. 10 [3]/Mc 4, 26-34

26

Sábado: 2 Sm 12, 1-7. 10-17/Sal 51, 12-13. 14-15. 16-17 [12]/Mc 4, 35-41

27

Domingo siguiente: Dt 18, 15-20/Sal 95, 1-2. 6-7. 7-9. [8]/1 Cor 7, 32-35/Mc 1, 21-28

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ESQUINA DEL PASTOR



"No queremos ser principiantes. Pero, convensemonos del hecho de que nunca seremos otra cosa que principiantes, toda nuestra vida!"

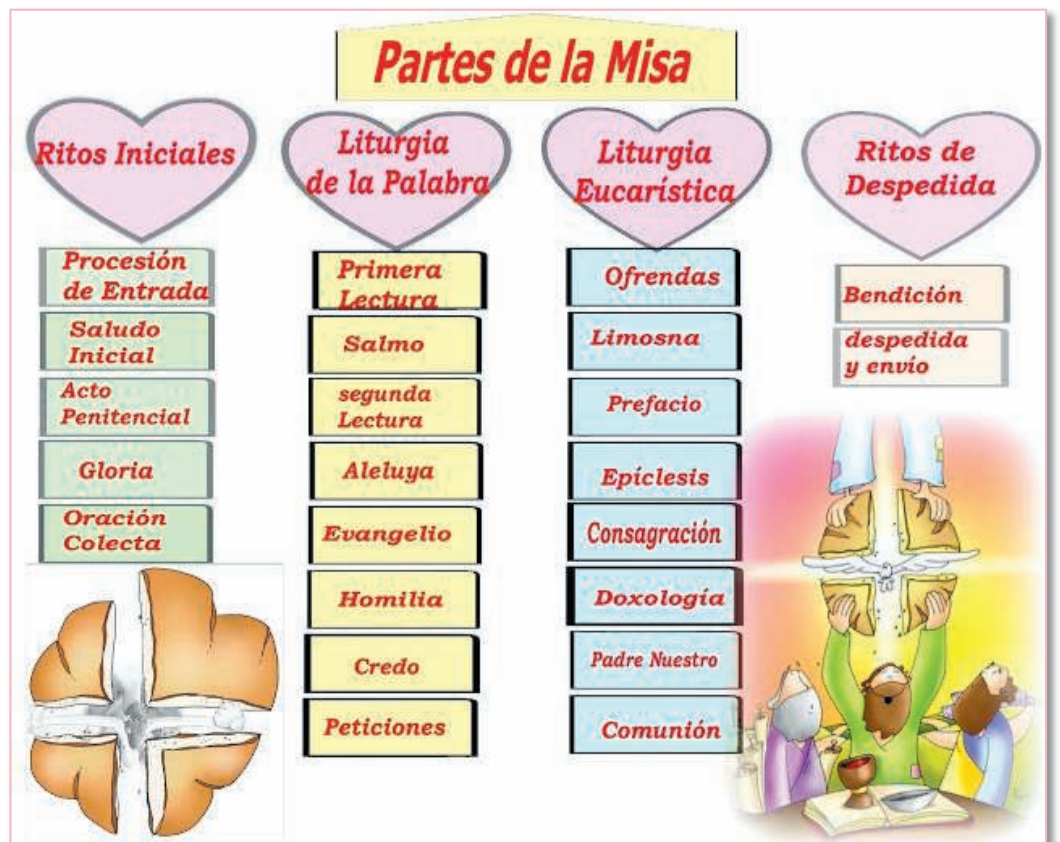
~Thomas Merton, monje Cisterciano~

Thomas Merton se está refiriendo a la vida espiritual, pero a medida que crezco en edad y sabiduría, veo que ser un principiante es cierto en todas las áreas de mi vida. No es algo que me parezca fácil de ver o realmente creer. En el fondo aún veo las raíces de mi juventud en la que Dios me reveló todos los secretos ocultos de la vida. Pero resulta que muchos secretos simplemente son secretos y vivir una vida más allá de las limitaciones de nuestro progreso es vivir en la oscuridad y la falsedad. Esto es cierto para la oración, la paternidad y la vocación.

Entendi esto de "ser un principiante" hace unos años cuando estaba tocando el piano. He estado tocando el piano desde que tenía cinco años, pero nunca he sido entrenado formalmente. Aunque me consideraba un pianista superior al promedio, sabía lo suficiente como para darme cuenta de que realmente no sabía lo que estaba haciendo. Pero hace unos dos años, me pregunté por qué, si podía leer la música de un compositor clásico, aún se me escapaban varias notas. Decidí tocar más despacio e incluso tocar piezas de piano y técnicas mucho más básicas. Me di cuenta rápidamente de que solo era un principiante. Practico mucho más ahora y cuanto mejor lo hago, más me doy cuenta de lo poco que sé y entiendo. Los misterios de la música se revelaron ante mí y me da mas alegría decir que todavía soy sólo un principiante.

Admitir que somos "sólo principiantes" requiere honestidad y humildad. Vivimos nuestras vidas tratando de aparentar que sabemos quiénes somos y qué estamos haciendo. Sin embargo, un día llega el momento en que nos preguntamos si hemos entendido algo acerca de como criar a los hijos, predicar el Evangelio o vivir nuestras vidas. Estos pueden ser momentos oscuros y muy probablemente tienen sus raíces en el orgullo. Una respuesta más llena de gracia es admitir que solo somos principiantes. Simplemente debemos comenzar, sin importar nuestra edad. Dios entiende. Es por eso que Lo llamamos nuestro Padre.

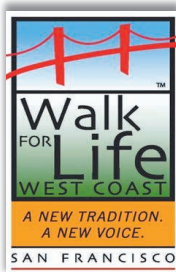
Padre Michael



NOTICIAS PARROQUIALES

14ª CAMINATA POR LA VIDA COSTA OESTE, SÁBADO, 27 DE ENERO, 2018, PLAZA DEL CENTRO CÍVICO

Únase a miles de católicos y pro-vidas de todo California y más allá para proclamar al mundo la santidad de la vida. Luchemos por los más pequeños entre nosotros en la 14ª Caminata por La Vida de la Costa Oeste el 27 de Enero del 2018. Reserve su asiento o compre ya su boleto de autobús. El ministerio de Respeto a la Vida estará afuera de las misas para darles más información o contacte a Patricia Davila al (916) 502-4854.



La manifestación da inicio a las 12:30pm en la Plaza del Centro Cívico, y la caminata por la calle Market inicia a la 1:30pm (2 millas aprox). Finaliza en Justin Herman Plaza/Ferry Building. Para obtener información completa sobre la caminata, visite www.walkforlifewc.com

ESCOJA LA VIDA: REUNIONES DE LA JUVENTUD EN LA OBSERVANCIA DE ROE V. WADE

Estudiantes de la escuela intermedia y preparatoria, maestros, padres y ministros son invitados a asistir a la "elección de la vida '18" el 22 de enero en la Catedral, con la huésped invitado Camille Rodriguez, de los estudiantes para la vida de América. Los asistentes asistirán a una ecografía en vivo, así como aprender:

¿Qué significa realmente ser "pro-vida" vs. "Pro-Choice"?

¿Cómo podemos hablar sobre el aborto con nuestra familia y amigos?

¿Cómo podemos hacer una diferencia en nuestras escuelas e iglesias?

10:00 a.m. - Programa al mediodía seguido de una misa con el obispo Jaime Soto, y del programa de 6:30-8:00 p.m. seguido de una vigilia a la luz de las velas con el obispo Myron Cotta. No hay costo para asistir, pero por favor confirme su asistencia a Steve Patton, Director Asociado de Family & Respect Life, al 916-733-0133 o spatton@scd.org.

ELIJA LA MISA DE VIDA: únase al Obispo Soto y a cientos de estudiantes de escuelas católicas para nuestra Misa Pro Vida anual en la Catedral el 22 de enero al mediodía. El coro de St. Francis High School cantará.

VIVIR LA LITURGIA - INSPIRACIÓN DE LA SEMANA

Jesús proclama hoy el Evangelio de Dios: "Se ha cumplido el tiempo y el Reino de Dios ya está cerca. Arrepíentanse y crean en el Evangelio". Jesús nos desafía para que aceptemos un cambio de corazón, para que comencemos a creer y pensar de forma diferente. El Evangelio nos pide que nos olvidemos de nosotros mismos, y que nos ocupemos de nuestros hermanos y hermanas, especialmente de los que se encuentran desconsolados y con necesidad, y también con nuestro ambiente. Estamos llamados a ser siervos de todo lo que Dios ha creado. Esto significa que somos llamados a trabajar para Dios, que cuidemos y protejamos todo lo que Dios ha creado.

MEDITACIÓN EVANGÉLICO - ALENTAR ENTENDIMIENTO MÁS PROFUNDO DE LA ESCRITURA

21 de enero de 2018 3er Domingo del Tiempo Ordinario

En este domingo damos comienzo a las lecturas del Evangelio de Marcos. Recordemos que celebramos el Ciclo B, y recorreremos el itinerario de Jesús de acuerdo a Marcos de la siguiente manera. El Evangelio se compone de un prólogo (Mc 1, 1-13). Éste describe la preparación del ministerio de Jesús. En los siguientes capítulos escucharemos sobre la predicación del Bautista, bautismo de Jesús y las tentaciones en el desierto, además de la revelación de Jesús como Mesías por medio de sus palabras y milagros. Después se narra el camino de Jesús a Jerusalén, la Pasión, muerte y Resurrección. Recordemos que el Evangelio de Marcos solo tiene 16 capítulos.

La misión de Jesús fue proclamar la Buena Nueva de Dios: "Se ha cumplido el tiempo y el Reino de Dios ya está cerca. Arrepíentanse y crean en el Evangelio" (Mc 1, 15). Este mensaje recuerda lo que se les pedía a los de Nínive y ahora a nosotros, el llamado al arrepentimiento, a la conversión radical. Llamado a vivir diferente, cambiar la conducta y las malas obras. Es un sentido de urgencia, no se debe de perder el tiempo en tanta tontería. Entrar en cambio radical no es fácil, se requiere de valentía continua --el Reino tiene exigencias. ¿Qué necesito de cambiar, de arrepentirme, en orden de seguir a Jesús más fielmente? El Reino está listo en los pobres, en los inmigrantes, en los sin voz y, claro, en la familia y amigos. Para entrar al Reino hay una condición y es sencilla: ser persona de paz haciéndola vida en los demás. Mantra para la semana: ¡santificado sea tu Reino, Señor!

LA CORRESPONSABILIDAD DIARIA - RECONOCER A DIOS EN LOS MOMENTOS ORDINARIOS

Uso un GPS cuando voy a los sitios y me sirve la mayoría de las veces. Sin embargo, a veces me dirige a un lugar que no existe. Entonces hay momentos en los que estoy a punto de volver y el teléfono dice: "El GPS ha perdido la señal", "Reconfigurando". El problema es cuando el área no me es familiar; no me cabe otra que escuchar. Podría intentar llegar a donde voy, simplemente por intuición o parándome a comprobar un mapa, pero no confío en mi sentido de orientación y no he comprado un mapa en años.

Mucha gente va por la vida sin dirección. Se encuentran continuamente reorientándose y preguntándose cuándo llegarán al destino final. Lo que necesitan es una brújula y un compañero para el viaje, pero no tienen idea de cómo llegar.

La oración puede servir como una brújula que nos conecta a un compañero de camino. Es imposible vivir el servicio sin oración. Si contamos con nuestra voluntad y creemos que podemos dar fruto sin el contacto diario con lo divino, puede ser que estemos buscando direcciones en vez de dirigirnos al destino. Dios a través de la oración nos ayudará a ver todo como un don. Dios a través de la oración nos guiará del materialismo y egoísmo a la libertad y generosidad. Incluso cuando pecamos, el camino es más claro. La señal del GPS de Dios nunca se pierde.

~Tracy Earl Welliver, MTS~

Caminaba Jesús por la orilla del lago de Galilea, cuando vio a Simón y a su hermano, Andrés, echando las redes en el lago, pues eran pescadores. Jesús les dijo: "Siganme y haré de ustedes pescadores de hombres". - Mc 1, 16-17





" The Cathedral is for everyone." ~Bishop Patrick Manogue, 1886~

Cathedral of the Blessed Sacrament

1017 11th Street, Sacramento, CA 95814
916-444-3071, Fax 916-443-2749 , blessed@cathedralsacramento.org
Rectory Office Hours — Monday to Friday, 9:00 am to 5:00 pm



PASTORAL AND ADMINISTRATIVE STAFF

- Father Michael O'Reilly, Rector**
- Father Kieran McMahon, Priest in Residence**
- Father Nicholas Ho, Chinese Mass**
- Deacon John Gisla, Office Manager
- Deacon Don DeHaven
- Deacon Edgar Hilbert
- Sister Jenny Aldeghi, Director of Education
- Michael Ognisty, Sacristan
- Rex Rallanka, Director of Music
- Tom Waddock, Cathedral Manager
- Carmen Perez, Secretary
- Katie McAllister, Bookkeeper
- Tit Kila, Wedding Coordinator
- Lyssa Black, Webmaster/Bulletin Editor

RELIGIOUS EDUCATION PROGRAM

The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A for teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program. For information on all of these programs, contact Sister Jenny and her staff at jenny@cathedralsacramento.org, or 916-444-5364

Liturgy of the Word for Children, ages 5 to 10 years old, every Sunday at the 11:00 am Mass. This program provides children with age appropriate explanations of the Sunday readings and gives parents with young children an opportunity to focus on the Scripture readings and the homily without distractions. Children return to their families before the Offertory. For more information, contact the education office or Dorothy Corgiat at dlcorgiat@yahoo.com.

SCHEDULE OF MASSES

Monday to Friday	12:10 pm
Monday to Thursday	5:10 pm
Saturday Vigil	5:00 pm
Sunday	7:30 am
	9:00 am
	11:00 am
	1:00 pm en Español
	3:00 pm Chinese
	5:00 pm
	7:00 pm en Español
State Holidays	12:10 pm only

SACRAMENT OF CONFESSION

Monday to Friday	11:30 am to 12:00 pm
Saturday	4:00 pm to 4:45 pm
Domingo en Español	12:30 pm a 12:45 pm
	6:30 pm a 7:00 pm

EUCCHARISTIC ADORATION

When attendants are available:

Wednesday	12:45 pm to 4:45 pm
Thursday	12:45 pm to 4:45 pm
Friday	12:45 pm to 3:45 pm

ANOINTING OF THE SICK - By appointment

BAPTISMS (Registration is required)

English - 3rd Saturday of the month, 9:00am
Español - 4º Sábado del mes, 9:00am

BAPTISM CLASSES

English - 1st Thursday of the month, 7:00pm
Español - 2do jueves del mes, 7:00pm

TOURS

Tours are free and are led by trained Docents after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours in Spanish are held the 1st & 3rd Sundays of the month after the 1pm Mass. Tours begin at the Baptismal Font. Contact the rectory office at 916-444-3071 to arrange free private group tours.

GIFT SHOP on the Lower Level

Sundays 9:00 am to 3:00 pm
Mondays 10:30 am to 12:00pm



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JOIN A CATHEDRAL MINISTRY

Altarservers contact Michael Ognisty at mfognisty@msn.com.

Benedictus Youth Group contact Victoria Ramos at 916-444-3071, or benedictusyg@gmail.com.

Brown Bag Lunch Program — If you would like to donate lunches, go to cathedralsacramento.org/ministries for information, or to volunteer, please contact Jerri at jerrirush@comcast.com.

Catechesis of the Good Shephard information, visit www.youngsheep.org, or call 916-910-3435.

Cathedral ACTS Missions contact actscathedralsacto@gmail.com for more information. 2018 Retreats are Men's Retreat February 1-4 (St. Rose of Lima, Roseville), Women's Retreat June 21-24 (Cathedral of the Blessed Sacrament), Women's Retreat August 16-19 (St. Rose of Lima, Roseville), Men's Retreat November 15-18 (Cathedral of the Blessed Sacrament).

Cathedral House Program - Administered by volunteers of the St. Vincent de Paul Society.

Cathedral Men's Group meets the 2nd Tuesday of every month at 7:15 pm, Lower Level. Contact Bob Meyers at cym1@yahoo.com.

Cathedral Young Adults contact Titi Kila at cathedralya@gmail.com.

Choir (English) contact Rex Rallanka, Music Director at rrallanka@cathedralsacramento.org or 916-444-3071, x 38.

Choir (Spanish) contact Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after the 7pm Mass.

Communion & Liberation catechesis meets every Wednesday at 7:15pm in the Cathedral Lower Level.

Email Prayer Chain submit your email address, and you will be notified when prayers are needed by those who have made a special request, contact Joan Jedlinsky at cbsprayer3@yahoo.com.

Extraordinary Ministers of Holy Communion contact Amy McCormick at ammccormick@att.net, or 916-801-3967.

Front Door Ministry contact ministries@cathedralsacramento.org for information about volunteering or donations.

Greeters and Ushers contact Parish Manager, Tom Waddock at 916-444-3071, x 36.

Knights of Columbus, Cathedral Chapter contact the rectory office.

Lectors contact Fred Heacock at fheacock72@hotmail.com.

Respect Life Ministry contact Linda Walters, English Coordinator at 916-524-5885, or Patricia Davila, Spanish Coordinator at 916-502-4854, or email Veronicaavina@yahoo.com for meeting times and other information.

Rosary Club (Rosary Beads and instructions are provided) meets every 1st & 3rd Wednesday of each month at 7:15 pm. You don't need to sign up, just show up. For more information, contact Lolita Urrutia at loli.urrutia@gmail.com.

Saint Vincent de Paul, Cathedral Chapter contact the rectory office.

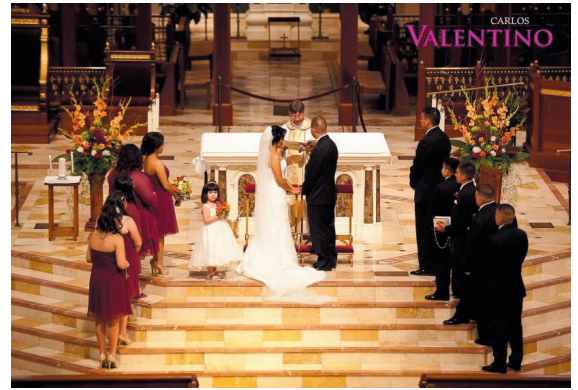
Spanish Parents Group Leaders meets every Sunday, contact Leticia Hilbert at leticia_hilbert@hotmail.com.

To learn more about the ministries at the Cathedral visit our website, cathedralsacramento.org.

Get Married at the Cathedral

In choosing to come to the Catholic Church for the celebration of your wedding, you have made a choice to begin and to live your marriage in a Christian manner; to see your wedding as more than just a wonderful social event, but as something which draws its deeper meaning from our Christian faith.

If you would like to celebrate the Sacrament of Matrimony at the Cathedral, download the Cathedral Wedding Guidelines and Reservation Form on the cathedral website. Contact the parish office at least *six months* before your desired wedding date to arrange a meeting with Wedding Coordinator, Titi Kila, at the Cathedral Office, 916-444-3071, x13, tkila@cathedralsacramento.org.



Marriage Preparation

The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Janet & Omar Bardales at matrimonyprep@att.net, or 916-427-9160, or Sister Jenny at 916-444-5364. You do not have to have your wedding at the Cathedral in order to take this class.



Quinceañera

This is the tradition of celebrating a young girl's coming of age on her 15th birthday with a Mass, and highlights the virtues of family and social responsibility, recognizing her journey from childhood to maturity. For more information on celebrating this beautiful tradition at the Cathedral, call Titi Kila, at the Cathedral Office, 916-444-3071, x13, tkila@cathedralsacramento.org.



牧者的話

敬禮聖人

教會在整個禮儀年都會敬奉不同聖人，而藉此教會宣揚主基督得勝的恩典。教會感謝天主施予給教友的恩惠，賜給基督聖體。而聖人亦得到主的恩賜在福音中生活，成為信、望、愛三德的典範，他們確實是在不同時間和地點帶領我們跟隨主基督的好榜樣。本週我們紀念以下聖人：

1月23日 - 聖味增爵是西班牙的執事，他專注於助祭職務而和主教一起被捕。最後由於他不願拜奉其他神而被折磨致死。

1月24日 - 聖方濟各沙雷氏，雖然他考取了教會法和民事法的博士，但他不參與民事職業而選擇加入修道生活，被稱為日內雅主教。他崇尚簡樸生活。

1月25日 - 聖保祿宗徒歸化(宗徒慶日) 保祿歸化是早期教會的轉列點，他跟隨耶穌而成為民族的信仰導師。

1月26日 - 聖弟茂德與聖弟鐸。他們為聖保祿的門徒，前者為厄弗所的主教而後者是克里特島的主教。

Priest's Corner

Veneration of Saints.

The Church venerates saints throughout the Liturgical Year. In the veneration of Saints, the Church proclaims the victorious grace of Jesus Christ. The Church thanks God for the grace bestowed in the members of the Church, the Body of Christ. With the grace of God, saints lived the Good News and became examples and models of Faith, Hope and Love. They are concrete examples for us to follow Christ in our own time and place. This week we celebrate the following saints :

January 23 - St. Vincent who was a deacon of Spain. He excelled in his diaconate duties and was arrested with his bishop. He was tortured and killed because he refused to worship pagan gods.

January 24 - St. Francis de Sales. Francis earned doctorates in Canon and Civil law but he rejected a civil career. He entered religious life and was named bishop of Geneva. He lived a life of austerity and simplicity.

January 25 - Conversion of St. Paul. Paul's conversion was a turning point in the history of the early Church. Paul became a follower of Christ and a great teacher of the nations.

January 26 - St. Timothy and St. Titus. These were 2 disciples of St. Paul. Timothy was bishop of Ephesus and Titus, bishop of Crete.

預留時間：

友誼午餐服務街友 2018年1月27日(星期六) 上午11時至下午2時

新春祭祖彌撒及晚宴 2018年2月4日(星期日)下午3時至8時

Save the date:

Friendship Lunch for the Homeless,
2018.1.27 (Sat) 11 am - 2 pm
Chinese New Year Mass and Tribute to the Ancestors
as well as Dinner 2018.2.4 (Sun) 3 - 8 pm



團體每月的事務會議

Monthly Business Meeting of the Community 1.14.2018

CATHEDRAL PARISH REGISTRATION & UPDATE Actualización y registro de la parroquia de la Catedral

You can also register online at
cathedralsacramento.org / Visit Us / Register as a Parishioner

Please indicate:
New Parishioner/Individual
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Email: _____

Please return by (Regrese por favor):

- 1) Put into collection basket at mass (deposite en la canasta de la colecta en misa)
- 2) Scan to pdf file and email to: blessed@cathedralsacramento.org (escanear a pdf file y envía por correo electrónico)
- 3) Fax to: 916-443-2749
- 4) Mail to (correo): 1017 11th Street, Sacramento, CA 95814



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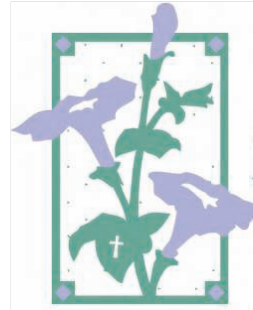


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