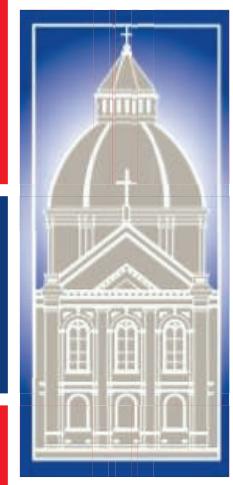


Volume 18 \* Issue 12



# Cathedral of the Blessed Sacrament

March 25 2018 \* Palm Sunday and Holy Week





# Pastor's Corner

*"Let the trumpet of salvation sound aloud our mighty King's triumph!"*

Soon we will be celebrating holy week and the Easter liturgies. This time of year brings us to the very center of our life with Christ who died and rose from the dead. There is no other event in history that compares to the greatness and love revealed to us at Easter. The Church marks these as our holiest days of the year. We are encouraged to direct our every thought and use of energy toward being a part of these days. Whether we are at home, work, or in the Cathedral, we keep our lives focused on the dying and rising Christ. In this bulletin is a schedule of all the liturgies celebrated for Holy Week this year. Please find time to worship with your parish community. May God bless you and fill you with His Hope.

Father Michael O'Reilly

## Readings

**25** Sunday: Mk 11:1-10 or Jn 12:12-16/Is 50:4-7/Ps 22:8-9, 17-18, 19-20, 23-24 [2a]/Phil 2:6-11/Mk 14:1--15:47 or 15:1-39

**26** Monday: Is 42:1-7/Ps 27:1, 2, 3, 13-14 [1a]/Jn 12:1-11

**27** Tuesday: Is 49:1-6/Ps 71:1-2, 3-4a, 5ab-6ab, 15 and 17 [cf. 15ab]/Jn 13:21-33, 36-38

**28** Wednesday: Is 50:4-9a/Ps 69:8-10, 21-22, 31 and 33-34 [14c]/Mt 26:14-25

**29** Thursday: Evening Mass of the Lord's Supper: Ex 12:1-8, 11-14/Ps 116:12-13, 15-16bc, 17-18 [cf. 1 Cor 10:16]/1 Cor 11:23-26/Jn 13:1-15

**30** Friday: Is 52:13-53:12/Ps 31:2, 6, 12-13, 15-16, 17, 25 [Lk 23:46]/Heb 4:14-16; 5:7-9/Jn 18:1--19:42

**31** Vigil: Gn 1:1--2:2 or 1:1, 26-31a/Ps 104:1-2, 5-6, 10, 12, 13-14, 24, 35 [30] or Ps 33:4-5, 6-7, 12-13, 20-22 [5b]/Gn 22:1-18 or 22:1-2, 9a, 10-13, 15-18/Ps 16:5, 8, 9-10, 11 [1]/Ex 14:15--15:1/Ex 15:1-2, 3-4, 5-6, 17-18 [1b]/Is 54:5-14/Ps 30:2, 4, 5-6, 11-12, 13 [2a]/Is 55:1-11/Is 12:2-3, 4, 5-6 [3]/Bar 3:9-15, 32-4:4/Ps 19:8, 9, 10, 11 [Jn 6:68c]/Ez 36:16-17a, 18-28/Ps 42:3, 5; 43:3, 4 [42:2] or Is 12:2-3, 4bcd, 5-6 [3] or Ps 51:12-13, 14-15, 18-19 [12a]/Rom 6:3-11/Ps 118:1-2, 16-17, 22-23/Mk 16:1-7

**01** Next Sunday: Acts 10:34a, 37-43/Ps 118:1-2, 16-17, 22-23 [24]/Col 3:1-4 or 1 Cor 5:6b-8/Jn 20:1-9 or Mk 16:1-7 or Lk 24:13-35

**Q:** Where do Palm Sunday palms come from and where should they go?

**A:** The Palm Sunday celebration has ancient origins. Beginning the liturgy "outside" the church, we symbolically reenact Christ's entry into Jerusalem. The crowds in ancient Israel waved palm branches - a symbol of royalty - to welcome Jesus. These days, obtaining palms takes a lot of planning and coordination, as hundreds of thousands of churches worldwide need them on the same day! Many in the United States order palms from Florida, California, Texas, or Central America. Many companies stress the sustainability of their production and the just wages paid to their workers.

The palms used on Palm Sunday are blessed at an earlier Mass. This means they shouldn't end up in the trash! Many people weave palms into crosses or families display them in their homes. If you do not plan on displaying your palms throughout the year, they should be burned, buried, or left at the church. In the final case, the palms are burned to provide the ashes for next year's Ash Wednesday service.



# Triduum

Holy Thursday brings the end to Lent. That night we begin the Triduum that is the center of our faith, and you are invited to make these Three Days different from all the days of the year.

Adults in the community should plan ahead so that the whole time from Thursday night until the Easter Vigil is free of social engagements, free even from unnecessary work, free of entertainment, free of meals except of the simplest nourishment. We are asked to fast during Good Friday and to continue fasting, if possible, all through Holy Saturday as best as we can, so that we come hungry and full of excitement to the Easter Vigil. We make Good Friday and Holy Saturday free for prayer and reflection and preparation and silence. The church is getting ready.

Whether you are young or old, currently active in the parish or not, please set these days aside. All of us should know that our presence for the liturgies is not just by invitation. We are all needed here. All of us need this whole community together on its greatest days.

On these Three Days, we gather a number of times. Together we hear some of the church's most beautiful prayers and scriptures and we make some of our finest music. Please look closely at the parish schedule and make plans to take part in the various liturgies and other gatherings of Holy Thursday night, Good Friday and Holy Saturday. Above all, come on Saturday night for the Vigil.

Thursday evening we enter into the Triduum together. After listening to the scriptures, we do something strange: we wash feet. Some of us go down on our knees with pitchers of water, basins and towels. Jesus gave us this image of what the church is supposed to look like, act like. The evening liturgy has no ending: whether we stay to pray awhile or leave, we are now in the quiet and peace and glory of the Triduum.

We gather quietly on Friday and listen to scripture. We pray for all the world's needs. Then there is another once-a-year event: the holy cross is held up in our midst and we come forward one by one to do it reverence with a kiss or a bow or a genuflection. We experience the ancient Eucharistic fast. We continue in fasting, prayer and vigil, in rest and quiet through Saturday. This Saturday for us is like God's rest at the end of creation. It is Christ's repose in the tomb.

Hungry now and excited, the church gathers in the darkness and lights a new fire and a great candle that will make this night bright for us. We listen to some of the most powerful scriptures in the Bible, then we pray to all our saints to stand with us as we go to the font and bless the waters. There the catechumens are baptized and anointed. These are moments when death and life meet, when we reject evil and give our promises to God. Together we go to the table and celebrate the Easter Eucharist. Easter Sunday begins and we are ready for Fifty Days of rejoicing. [Source: Supplement to the Sunday Bulletin of St. Paul Parish, Saskatoon, SK, Canada.]



St Thomas Aquinas, one of the most brilliant minds of the Church, among many other things, is well known for his, "5 Ways". These "5 Ways" are arguments that prove reasonably the existence of God. But what he is probably less known for are his, "2 Ways", or objections to the existence of God. One "way", summarized by philosopher

Peter Kreeft, "is the apparent ability of natural science to explain everything in our experience without God", the other "way" is the biggie, that being, the problem of evil. A reality we all face at one time or another in life that inspires the question, "How can a good God allow so much evil in the world?". The movie, *I am David* released in 2003, directed by Paul Feig, staring Ben Tibber (David), and Jim Caviezel (Johannes) presents to us a world through the eyes of a child that takes us on a journey that seems to be filled with nothing but evil and only the appearances of good, and in light of this world, a reminder to us that the fundamental question concerning evil needs to be dealt with.



The story begins in a Bulgarian communist concentration camp in 1952. A prison guard played by Hristo Shopov (Pontius Pilate in *The Passion of the Christ*), instructs David to head north to Denmark with a mysterious envelope. The guard arranges for David to escape and he is given precise instructions by him, one particularly important instruction impressed on David being, "trust no one!". David is 12 and has grown up in the concentration camp without his parents, he has very little knowledge of the outside world and his experiences so far in life have been at the hands of evil men. Johannes (Jim Caviezel) is a fellow prisoner who, in the midst of the evil surrounding

David, shines as the only light of goodness in David's dreadful life in the camp. Johannes, like an angel, visits David on his journey north, supporting him spiritually and emotionally.

David on his way north encounters opposition, challenges that impede his mission, but despite them all he maintains his focus, he perseveres, knowing that reaching north to Denmark, to deliver the envelope, is what he has to do. We witness him in a world where the words of Christ, "See, I am sending you out like sheep into the midst of wolves; so be wise as serpents and innocent as doves." are words that are seen in practice. David, only knowing the evil of life in the camp, knows only how to survive, trusting others and acknowledging true good are nowhere on his radar, and in a world maintained in existence by a good God, David does run into genuine help, but his unfortunate upbringing and clear instructions by the guard have him distrustful of everyone, and as the viewer, we can sympathize with David.

David's journey, in a sense, with spoilers avoided, serves as a metaphor for our journey in life back home to God. As he ventures north to Denmark, with his mysterious envelope he must protect, as we do our souls, we see him challenged, but also see him helped, as we are in life as we strive towards a closer relationship with God on our journey. *I am David* is a movie that moves us to hopefully acknowledging in a practical way, the response to the problem of evil, that being, that evil in the world is not a result of a careless God but a result of careless people who abuse the gift of free will (choice) given by a just and all loving God. And with this knowledge praying for the grace to make the right choices, as hard as they may be at times, and for the grace of perseverance, so that we may, despite the problem of evil, stay focused on our journey "north".



~Brian Perez and Reggie King, Cathedral Movie Night Ministry~

# Welcome!

# CATHEDRAL PARISH NEWS

First time visitor or regular parishioner, we're glad you're here! Below are the various events at the Cathedral in the coming weeks. Everyone is invited to these activities and we hope you'll attend.

## PONTIFICAL GOOD FRIDAY COLLECTION

Pope Francis has asked our parish to support the Pontifical Good Friday Collection, which helps Christians in the Holy Land. Through the Pontifical Good Friday Collection, you stand in solidarity with the Church in the Holy Land as a witness of peace, supporting Catholics there in parishes and schools, maintaining Christian shrines and caring for refugees in the Holy Land. Please make your check payable to the name of your parish. Please be generous.

## A MESSAGE FROM SISTER JENNY & FAITH FORMATION:

Thank you Parents, Catechists, Students, and Friends for all your effort in making the baby bottle fundraiser we held last year to raise money for the underprivileged children serviced by Missionary Childhood Association and the pro-life work of the Sacramento Life Center such a great success. We gave each organization \$2,500 each. Congratulations!!



## EASTER LILIES

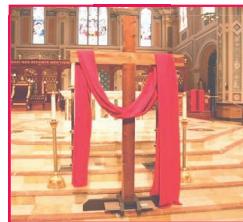
Part of celebrating our sacraments is helping with the care of our beautiful Cathedral. This includes not only making sure it is well maintained and respected, but also beautiful in its ability to reflect God's glory and sacredness. This year, we invite you to assist in our Easter environment by bringing potted lilies (any size) to Mary's Chapel in the Cathedral on **Palm Sunday**, and throughout Holy Week, or drop them by the rectory during normal business

hours. You can dedicate your flowers to a loved one by writing their name on a card included with your flowers. Or you can make a donation for flowers on [cathedralsacramento.org/giving](http://cathedralsacramento.org/giving).

## 7 CHURCHES PILGRIMAGE

You are invited, next Holy Saturday, to walk and pray the 7 Churches Pilgrimage on March 31, at 7:00 am. From St. Elizabeth Parish (located at 12th Street and S Street), you will visit 6 other churches and finish at the Shrine of Guadalupe around 2pm. For more information, please visit [radiosatismosacramento.com](http://radiosatismosacramento.com), or call 916-442-7389.

## Holy Week Schedule - March 28 to April 1



### WEDNESDAY

- 12:10 pm: Mass
- 5:10 pm: Mass
- \*\*\*\*
- 7:15 pm: TENEBRAE (Extended Evening Prayer)

### HOLY THURSDAY

- 9:00 am: Morning Prayer
- 12:10 pm: Communal Penance Service
- \*\*\*\*
- 7:00 pm: Bilingual Mass of the Lord's Supper

### GOOD FRIDAY

- 9:00 am: Morning Prayer
- 12:10 pm: Celebration of the Lord's Passion, English Stations of the Cross
- 7:00 pm: Spanish Stations of the Cross
- 7:30 pm: Spanish Liturgy

### HOLY SATURDAY

- 9:00 am: Morning Prayer
- 12:00 pm: RCIA rehearsal
- 3-5:00 pm: Confessions (Cathedral closed until 7pm)
- 8:00 pm: EASTER VIGIL

### EASTER SUNDAY

- Masses**
- English: 7:30am, 9:00am, 11:00am, 5:00 pm
- Spanish: 1:00pm, 7:00 pm
- Chinese: 3:00 pm

## 13<sup>th</sup> Annual Easter Raffle

Help support the Cathedral's Faith Formation Program by buying tickets for \$1 each. You could win wonderful prizes, like:

An Apple Watch  
A Weekend Stay in Lake Tahoe  
Girl's Bicycle (4-5 years of age)  
Boy's and Girl's Bicycles  
A Wall Plaque of Jesus  
One of several Gift Baskets



Tickets available in the Faith Formation office or in the vestibule after Masses. Drawing to be held on Divine Mercy Sunday April 8.

### HOLY THURSDAY



### WAY OF THE CROSS

Good Friday, March 30th - Downtown Sacramento  
Join Catholics from all over Sacramento for a public witness of following Jesus Christ on the Way of the Cross on Good Friday, emulating His walk to Calvary. At each station, we will sing hymns, hear reflections and meditations, and Father Michael O'Reilly will offer the Scripture readings.

9:00 am - Procession begins at Crocker Park, 3rd & N Streets  
11:15 am - Final Station in front of the Cathedral

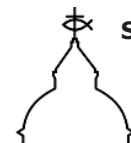
Sponsored by Communion & Liberation - [clonline.org](http://clonline.org). For more information contact Eric Lee at [ericaustinlee@gmail.com](mailto:ericaustinlee@gmail.com).

Date	Mass & Intentions	Activities
Saturday March 24	5:00 pm / Rich Williams +	10:00 am CCD Classes
Palm Sunday March 25	7:30 am / People of the Parish 9:00 am / Father James Kolling + 11:00 am*/ Edward Grzyb + 1:00 pm Spanish / Eugenia Roque Almarez +  3:00 pm Chinese / 5:00 pm / Jennie Alfaro + 7:00 pm Spanish / Brendan Wooley S.I.  *Liturgy of the Word for Children	9:00am RCIA for Children & Teens  9:30am RCIA Breaking of the Word  11:00am CCD Spanish Classes & Spanish Speaking Adult Education  2:30 pm Chinese Stations of the Cross
Monday March 26	12:10 pm / Thomas Fleming +  5:10pm / Adele, Pia & Sonali Bruschi S.I.	6:30pm RCIA Evening Prayer  7:00pm RCIA Class
Tuesday March 27	12:10 pm / Frances Scipi + Marie McCombe + Minoru Akiyoshi +  5:10 pm / Perez Valdez Family S.I.	6:00pm Spanish Choir for the 7pm Mass  7:00pm Teen Confirmation Class
Wednesday March 28	12:10 pm / Maroi Bruschi S.I.  5:10 pm / Saul Flores +	7:15pm TENEBRAE (Evening Prayer in the Eucharistic Chapel)  7:15pm Communion & Liberation
Holy Thursday March 29	9:00 am: Morning Prayer 12:10 pm: Communal Penance Service 7:00 pm: Bilingual Mass of the Lord's Supper	
Good Friday March 30	9:00 am: Morning Prayer 12:10 pm: Celebration of the Lord's Passion, followed by English Stations of the Cross  7:00 pm: Spanish Stations of the Cross 7:30 pm: Spanish Liturgy	
Holy Saturday March 31	9:00 am: Morning Prayer 12:00 pm: RCIA rehearsal 3-5 pm: Confessions (Cathedral closed until 7pm)  8:00 pm: EASTER VIGIL MASS	

### Please Remember in Your Prayers

Deacon Don DeHaven  
Alfredo Rivera  
Michael Jose Mejia  
Luis Gutierrez, Sr  
Luis Gutierrez, Jr.  
Lola Krist  
Luz and Miguel  
Ted Brandt & Family  
Tony Vasconcelles' Mother  
Candace & Robbie Cattaneo

Shelley Lord & Family  
Joseph Sailas+  
W. Gualberto Family  
Joyce McDougal  
Sandra M.  
Rosa Urbina Herrera  
Linda Lorta  
Vicky Manning Davis  
Joanne S Hills



**SAVE THE DATE:** The next **Cathedral Women's ACTS Retreat** is around the corner. This year's retreat is June 21<sup>st</sup> - 24<sup>th</sup>. We hope you will prayerfully consider attending this life changing retreat. For more information, contact actscathedralsact@gmail.com.

"Faithless is he who says farewell when the road darkens."

~J.R.R. Tolkien~

# Cathedral Kids

## Read the Gospel and Color



**Sharing the Gospel** - Your mom tells you, "Grandma should be here any minute." You watch out your window for her little red car to come down your street. After she parks her car, you run out to meet her. You are so happy she came to visit! The people in today's Gospel were waiting for a king to come. This king would ride into Jerusalem, not in a little red car, but on a donkey. When the people saw Jesus riding on the donkey, they knew he was the king that they were waiting for. They ran out to meet him and waved palm branches in the air. They were so happy he came.

**Prayer** - God, I am so happy you sent Jesus to be my king.

**Mission for the Week** - Invite your Grandma over to visit. Ask her to read John 12:12-16 to you.

## Puzzle

Find 10 things that are different.





# Esquina del Pastor

*"Por la victoria de rey tan poderoso, que las trompetas anuncien la salvación!"*

Pronto estaremos celebrando la semana santa y las liturgias de Pascua. Esta época del año nos lleva al centro mismo de nuestra vida con Cristo que murió y resucitó de entre los muertos. No hay otro evento en la historia que se compare con la grandeza y el amor revelado a nosotros en la Pascua. La Iglesia los señala como nuestros días más sagrados del año. Nos alienta a dirigir todos nuestros pensamientos y el uso de la energía para ser parte de estos días. Ya sea que estemos en casa, en el trabajo o en la Catedral, mantenemos nuestras vidas enfocadas en el Cristo moribundo y en ascenso. En la parte posterior de esta carta hay un calendario de todas las liturgias celebradas para la Semana Santa de este año. Por favor encuentre tiempo para adorar con su comunidad parroquial. Que Dios te bendiga y te colme de Su Esperanza.

Padre Michael O'Reilly

## Las Lecturas

**25** Domingo: Mc 11, 1-10 o Jn 12, 12-16/Is 50, 4-7/Sal 22, 8-9. 17-18. 19-20. 23-24 [2]/Flp 2, 6-11/Mc 14, 1--15, 47 o 15, 1-39

**26** Lunes: Is 42, 1-7/Sal 27, 1. 2. 3. 13-14 [1]/Jn 12, 1-11

**27** Martes: Is 49, 1-6/Sal 71, 1-2. 3-4. 5-6. 15 y 17 [cfr. 15]/Jn 13, 21-33. 36-38

**28** Miércoles: Is 50, 4-9/Sal 69, 8-10. 21-22. 31 y 33-34 [14]/Mt 26, 14-25

**29** Jueves: Misa vespertina de la Cena del Señor: Ex 12, 1-8. 11-14/Sal 116, 12-13. 15-16. 17-18 [cfr. 1 Cor 10, 16]/1 Cor 11, 23-26/Jn 13, 1-15

**30** Viernes: Is 52, 13--3, 12/Sal 31, 2. 6. 12-13. 15-16. 17. 25 [Lc 23, 46]/Heb 4, 14-16; 5, 7-9/Jn 18, 1-19, 42

**31** Sábado: Vigilia: Gn 1, 1--2, 2 o 1, 1. 26-31/Sal 104, 1-2. 5-6. 10. 12. 13-14. 24. 35 [30] o Sal 33, 4-5. 6-7. 12-13. 20-22 [5]/Gn 22, 1-18 o 22, 1-2. 9. 10-13. 15-18/Sal 16, 5. 8. 9-10. 11 [1]/Ex 14, 15-15, 1/Ex 15, 1-2. 3-4. 5-6. 17-18 [1]/Is 54, 5-14/Sal 30, 2. 4. 5-6. 11-12. 13 [2]/Is 55, 1-11/Is 12, 2-3. 4. 5-6 [3]/Bar 3, 9-15. 32--4, 4/Sal 19, 8. 9. 10. 11 [Jn 6, 68]/Ez 36, 16-17. 18-28/Sal 42, 3. 5; 43, 3. 4 [42, 2] o Is 12, 2-3. 4. 5-6 [3] o Sal 51, 12-13. 14-15. 18-19 [12]/Rom 6, 3-11/Sal 118, 1-2. 16-17. 22 -23/Mc 16, 1-7

**01** Domingo siguiente: Hch 10, 34. 37-43/Sal 118, 1-2. 16-17. 22-23 [24]/Col 3, 1-4 o 1 Cor 5, 6-8/Jn 20, 1-9 o Mc 16, 1-7 o Lc 24, 13-35

**P:** ¿De dónde vienen las palmeras de Domingo de Ramos y a dónde deberían ir?

**R:** La celebración del Domingo de Ramos tiene orígenes antiguos. Comenzando la liturgia "fuera" de la iglesia, simbólicamente recreamos la entrada de Cristo en Jerusalén. Las multitudes en el antiguo Israel agitaban ramas de palmeras, un símbolo de la alegría, para dar la bienvenida a Jesús. En estos días, obtener palmas requiere mucha planificación y coordinación, ya que cientos de miles de iglesias en todo el mundo las necesitan en el mismo día! Muchos en los Estados Unidos piden palmeras desde Florida, California, Texas o América Central. Muchas compañías enfatizan la sostenibilidad de su producción y los salarios justos pagados a sus trabajadores.

Las palmas utilizadas en el Domingo de Ramos son bendecidas en la misa. ¡Esto significa que no deberían terminar en la basura! Muchas personas tejen palmas en cruces o las familias las exhiben en sus casas. Si no planea exhibir sus palmas durante todo el año, deben quemarlas, enterrarlas o dejarlas en la iglesia. En el caso final, las palmas se queman para proporcionar las cenizas para el servicio del miércoles de ceniza del próximo año.

# Bienvenido!

# NOTICIAS DEL PARROQUIA



Visitante por primera vez o feligrés habitual, nos alegra que esté aquí! A continuación están los diversos eventos en la Catedral en las próximas semanas. Todos están invitados a estas actividades y esperamos que asistan.

## PONTIFICAL BUEN VIERNES COLECCIÓN

El Papa Francisco ha pedido a nuestra parroquia que apoye la Colección Pontificia de Viernes Santo, que ayuda a los cristianos en Tierra Santa. A través de la Colección Pontificia de Viernes Santo, se solidariza con la Iglesia en Tierra Santa como testigo de la paz, apoyando a los católicos en las parroquias y escuelas, manteniendo santuarios cristianos y cuidando a los refugiados en Tierra Santa. Por favor haga que su cheque sea pagadero al nombre de su parroquia. Por favor se generoso.

## UN MENSAJE DE LA HERMANA JENNY Y LA FORMACIÓN DE FE:

Gracias Padres, Catequistas, Estudiantes y Amigos por todos sus esfuerzos en hacer la recaudación de fondos de biberón que celebramos el año pasado para recaudar dinero para los niños desfavorecidos atendidos por la Asociación de la Infancia Misionera y el trabajo pro vida del Centro de Vida de Sacramento tan grandioso éxito. Le dimos a cada organización \$ 2,500 cada uno.

¡Felicitaciones!!

## LIRIOS DE PASCUA

Parte de celebrar nuestros sacramentos es ayudar con el cuidado de nuestra hermosa Catedral. Esto incluye no solo asegurarse de que se mantenga y respete bien, sino también su capacidad para reflejar la gloria y la sacralidad de Dios. Este año, los invitamos a ayudar en nuestro ambiente de Pascua al traer lirios en macetas (de cualquier tamaño) a la Capilla de María en la Catedral el Domingo de Ramos, y durante la Semana Santa, o dejarlos en la rectoría durante el horario comercial. Puede dedicar sus flores a un ser querido escribiendo su nombre en una tarjeta incluida con sus flores. O puede hacer una donación de flores en [cathedralssacramento.org/giving](http://cathedralssacramento.org/giving), o usar un sobre de ofrendas con sus instrucciones.

## CAMINO DE LA CRUZ

Viernes Santo, 30 de marzo - Downtown Sacramento  
Únase a los católicos de todo Sacramento para un testimonio público de seguir a Jesucristo en el Vía Crucis el Viernes Santo, emulando su caminata al Calvario. En cada estación, cantaremos himnos, escucharemos reflexiones y meditaciones, y el Padre Michael O'Reilly ofrecerá las lecturas de las Escrituras.

9:00 a.m. - La procesión comienza en Crocker Park, 3rd & N Streets

11:15 a.m. - Estación final frente a la Catedral

Patrocinado por Communion & Liberation - [clonline.org](http://clonline.org). Para obtener más información, póngase en contacto con Eric Lee en [ericaustrinlee@gmail.com](mailto:ericaustrinlee@gmail.com)

## 7 IGLESIAS PEREGRINACIÓN

Usted está invitado, el próximo Sábado Santo, a caminar y rezar la Peregrinación de 7 Iglesias el 31 de marzo a las 7:00 a.m. Comenzando el viaje en St. Elizabeth Parish (ubicado en 12th Street y S Street), visitará otras 6 iglesias y terminará en el Santuario de Guadalupe alrededor de las 2pm. El Obispo Jaime Soto conducirá la caminata por casi 8 millas de sacrificio y oración. Para obtener más información, visite [radiosatisimosacramento.com](http://radiosatisimosacramento.com), o llame al 916-442-7389.



## 13º rifa anual de Pascua

Ayude a apoyar el Programa de Formación de Fe de la Catedral comprando boletos por \$ 1 cada uno. Podrás ganar maravillosos premios, como:

- Un reloj de Apple
- Un fin de semana en Lake Tahoe
- Bicicleta para niñas (4-5 años de edad)
- Bicicletas para niños y niñas
- Una placa de la pared de Jesús
- Una de las cestas de regalo



Entradas disponibles en la oficina de Formación de Fe o en el vestíbulo después de Misas. El sorteo se realizará el Domingo 8 de abril en Divine Mercy.

## MEDITACIÓN EVANGÉLICO

El Domingo de Ramos tiene doble toque de emociones en los corazones de los fieles. La Liturgia está llena de alegría por la entrada triunfal de Jesús a Jerusalén entre la multitud que lo celebra como Rey. Por otra parte, lo envuelve un ambiente de tristeza, ya que todo está orientado hacia el Calvario donde el momento trágico llegara. La Pasión, y la muerte del Señor. Como comunidad de creyentes, nos preparamos para la Semana Santa y el preámbulo es el Domingo de Ramos. Hay que tomar tiempo para preparar todos los detalles del Triduo Pascual. Nada debe hacerse en solitario, trabajar en equipo es esencial.

En la carta de San Pablo aparece de modo especial la alegría y la tristeza de la Celebración de hoy. "Por eso, Dios lo engrandeció y le dio el Nombre que esta sobre todo nombre, para que al Nombre de Jesús se doble toda rodilla en los cielos, en la tierra y entre los muertos, y todo lengua proclame que Cristo Jesús es el Señor, para gloria de Dios Padre". (Filipenses 2:9-11). ¿Qué comprendemos de este misterio? ¿Cómo contribuiremos al Señor todo el amor que nos ha dado? ¡Que el Señor aumente nuestra fe al agitar las palmas en honor a Cristo Victorioso! El Papa Francisco, nos pide reflexionar en lo siguiente. "Así, al mismo tiempo que también nosotros festejamos a nuestro Rey, pensamos en el sufrimiento que él tendrá que sufrir en esta Semana. Pensamos en las calumnias, los ultrajes, los engaños, las traiciones, el abandono, el juicio ínciso, los golpes, los azotes, la corona de espinas..., y en definitiva al vía crucis, hasta la crucifixión".

## VIVIR LA LITURGIA - INSPIRACIÓN DE LA SEMANA

Hoy en día, algunos de los temas más conmovedores están en nuestro enfoque central: el sentir alabanza y honor, el miedo, la ansiedad, la traición, la desesperación, la duda, la confianza, la esperanza, la tristeza, la separación, el sufrimiento, la muerte, la determinación y la valentía. Estos son unos de los sentimientos y realidades con los que lucha el ser humano. Jesús, Hijo de Dios, los experimenta todos. En el camino de la vida, tenemos que considerar el significado de estos sentimientos. ¿Cómo caben dentro de toda mi vida? Jesús nos demuestra claramente que hasta las cosas que nos dan miedo pierden su poder cuando descubrimos que estamos siendo guiados hacia una nueva vida. El sufrimiento es redentor. El pecado y la muerte permiten que la gracia y la vida del amor incondicional de Dios lo vence todo. Que veamos en el camino de la Cruz de Jesús el camino hacia la verdad que debemos seguir.



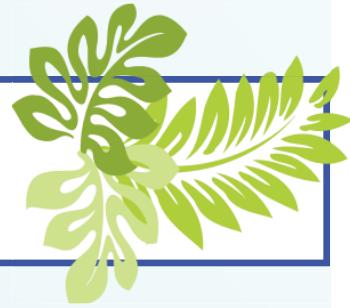
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Rector Office Hours — Monday to Friday, 9:00 am to 5:00 pm



## PASTORAL AND ADMINISTRATIVE STAFF

**Father Michael O'Reilly, Rector**

**Father Kieran McMahon, Priest in Residence**

**Father Nicholas Ho, Chinese Mass**

Deacon John Gisla, Office Manager

Deacon Don DeHaven

Deacon Edgar Hilbert

Sister Jenny Aldeghi, Director of Education

Michael Ognisty, Sacristan

Rex Rallanka, Director of Music

Tom Waddock, Cathedral Manager

Carmen Perez, Secretary

Katie McAllister, Bookkeeper

Tit Kila, Wedding Coordinator

Lyssa Black, Webmaster/Bulletin Editor

## RELIGIOUS EDUCATION PROGRAM

The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A for teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program. For information on all of these programs, contact Sister Jenny and her staff at jenny@cathedralsacramento.org, or 916-444-5364

**Liturgy of the Word for Children**, ages 5 to 10 years old, every Sunday at the 11:00 am Mass. This program provides children with age appropriate explanations of the Sunday readings and gives parents with young children an opportunity to focus on the Scripture readings and the homily without distractions. Children return to their families before the Offertory. For more information, contact the education office or Dorothy Corgiat at dlcorgiat@yahoo.com.



The Most Reverend **Jáime Soto**, D.D, M.S.W  
Bishop of Sacramento

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## SCHEDULE OF MASSES

Monday to Friday	12:10 pm
Monday to Thursday	5:10 pm
Saturday Vigil	5:00 pm
Sunday	7:30 am
	9:00 am
	11:00 am
	1:00 pm en Español
	3:00 pm Chinese
	5:00 pm
	7:00 pm en Español
State Holidays	12:10 pm only

## SACRAMENT OF CONFESSION

Monday to Friday	11:30 am to 12:00 pm
Saturday	4:00 pm to 4:45 pm
Domingo en Español	12:30 pm a 12:45 pm

6:30 pm a 7:00 pm

## EUCARISTIC ADORATION

**When attendants are available:**

Wednesday	12:45 pm to 4:45 pm
Thursday	12:45 pm to 4:45 pm
Friday	12:45 pm to 3:45 pm

## ANOINTING OF THE SICK - By appointment

## BAPTISMS (Registration is required)

English - 3rd Saturday of the month, 9:00am  
Español - 4º Sábado del mes, 9:00am

## BAPTISM CLASSES

English - 1st Thursday of the month, 7:00pm  
Español - 2do jueves del mes, 7:00pm

## TOURS

Tours are free and are led by trained Docents after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours in Spanish are held the 1st & 3rd Sundays of the month after the 1pm Mass. Tours begin at the Baptismal Font. Contact the rectory office at 916-444-3071 to arrange free private group tours.

## GIFT SHOP on the Lower Level

Sundays 9:00 am to 3:00 pm

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Jesus said to her, "I am the resurrection and the life. Those who believe in me, even though they die, will live, and everyone who lives and believes in me will never die. Do you believe this?" ~ John 11:25-26~

# APRIL 2018

Cathedral of the Blessed Sacrament ~ 1017 11th Street, Sacramento, CA 95820 ~ 916-444-3071

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>EASTER SUNDAY 1</b>	2	3	4	5	6	7
<b>The Octave of Easter</b>						
<b>Mass</b> 7:30am, 9:00am, 11:00am*, 5:00pm Spanish: 1:00pm, 7:00pm, Chinese: 3:00pm  *Liturgy of the Word for Children at Mass <b>~No Tours Today~</b>	RCIA: Evening Prayer 6:30 pm, Class 7:00pm	Spanish 7pm Mass Choir Rehearsal 6:00pm  Teen Confirmation Class 7:00 pm	The Rosary Club 7:15pm English Choir rehearsal 7:00 pm Communion & Liberation 7:15 pm Spanish 1pm Mass Choir Rehearsal 7:15pm	Bible Timeline 7:00pm		<b>BBLP Weekend</b> CCD Classes 10:00 am
<b>DIVINE MERCY SUNDAY 8</b>  <b>Second Sunday of Easter</b> <b>BBLP Weekend</b>  <b>Mass</b> 7:30am, 9:00am, 11:00am*, 5:00pm Spanish: 1:00pm, 7:00pm, Chinese: 3:00pm  *Liturgy of the Word for Children at Mass  9:00am RCIA for Children & Teens 11:00am CCD Spanish Classes & Spanish Speaking Adult Education	<b>9</b>  <b>The Annunciation of the Lord</b>  RCIA: Evening Prayer 6:30 pm, Class 7:00pm	<b>10</b>  The Men's Group 7:15 pm  Spanish 7pm Mass Choir Rehearsal 6:00pm  Teen Confirmation Class 7:00 pm	<b>11</b>  English Choir rehearsal 7:00 pm Communion & Liberation 7:15 pm Spanish 1pm Mass Choir Rehearsal 7:15pm	<b>12</b>  Bible Timeline 7:00pm	<b>13</b>	<b>14</b>  CCD Classes 10:00 am
 <b>15</b>  <b>Third Sunday of Easter</b>  <b>Mass</b> 7:30am, 9:00am, 11:00am*, 5:00pm Spanish: 1:00pm, 7:00pm, Chinese: 3:00pm  *Liturgy of the Word for Children at Mass  9:00am RCIA for Children & Teens 11:00am CCD Spanish Classes & Spanish Speaking Adult Education	<b>16</b>  RCIA: Evening Prayer 6:30 pm, Class 7:00pm	<b>17</b>  <b>TAX DAY</b>  Spanish 7pm Mass Choir Rehearsal 6:00pm  Teen Confirmation Class 7:00 pm	<b>18</b>  The Rosary Club 7:15pm  English Choir rehearsal 7:00 pm Communion & Liberation 7:15 pm Spanish 1pm Mass Choir Rehearsal 7:15pm	<b>19</b>  Bible Timeline 7:00pm	<b>20</b>	<b>21</b>  CCD Classes 10:00 am
<b>Earth Day</b>  <b>Fourth Sunday of Easter</b>  <b>Mass</b> 7:30am, 9:00am, 11:00am*, 5:00pm Spanish: 1:00pm, 7:00pm, Chinese: 3:00pm  *Liturgy of the Word for Children at Mass  9:00am RCIA for Children & Teens 11:00am CCD Spanish Classes & Spanish Speaking Adult Education	<b>22</b>  <b>World Day of Prayer for Vocations</b>  RCIA: Evening Prayer 6:30 pm, Class 7:00pm	<b>23</b>  <b>24</b>  Spanish 7pm Mass Choir Rehearsal 6:00pm  Teen Confirmation Class 7:00 pm	<b>25</b>  English Choir rehearsal 7:00 pm Communion & Liberation 7:15 pm Spanish 1pm Mass Choir Rehearsal 7:15pm	<b>26</b>  Bible Timeline 7:00pm	<b>27</b>  CCD Classes 10:00 am  ACTS Dinner & Concert Fundraiser 6:00 pm	<b>28</b>  
<b>Fifth Sunday of Easter</b>  <b>Mass</b> 7:30am, 9:00am, 11:00am*, 5:00pm Spanish: 1:00pm, 7:00pm, Chinese: 3:00pm  *Liturgy of the Word for Children at Mass  9:00am RCIA for Children & Teens 11:00am CCD Spanish Classes & Spanish Speaking Adult Education	<b>29</b>	<b>30</b>	<b>Weekday Mass Schedule:</b> Monday to Friday 12:10 pm Monday to Thursday 5:10 pm Unless otherwise indicated			



# Chinese Community News

## 華人團體消息



苦難:

我們大多數人寧願避免痛苦和苦難。沒有一個心智健全的人會去尋找痛苦。然而，沒有痛苦和苦難的生活並不是生活。無論如何，生活中毫無疑問地會有某種形式的痛苦和苦難。雖然這不是要避免受苦，但我們應該如何作為基督徒應對生活中的許多挑戰？

聖枝主日的讀經給了我們關於耶穌基督的答案。

以人類的形式和面對著拒絕和屈辱的情緒痛苦，耶穌告訴我們走過痛苦和苦難的方式，從而對天父有著堅定不移的信心。耶穌透過人生並承受痛苦和苦難，使我們也可以在生活的挑戰中變得更加勇敢。作為耶穌的門徒，讓我們以信仰走過痛苦的旅程，並相信耶穌會與我們同行，並且賜給我們恩寵來承受我們所有的艱辛。

Sufferings:

Most of us would prefer to avoid sufferings and pain. No one with a sound mind will go looking for sufferings. Yet, life without pain and sufferings is not life. No matter what, there will no doubt be some form of pain and sufferings in life. While it is not about avoiding sufferings, how should we as Christians respond to life's many challenges?

The Palm Sunday readings give us the answer in Jesus Christ.

Taking up human form and including the emotional anguish of facing rejections and humiliation, Jesus shows us the way to walk through pain and suffering, with great unwavering faith in God our Father. Jesus walk through life and taking the full pain and suffering so that we too may find courage to walk through our own challenges in life. As disciples of Jesus, let us walk through our journey of pain with Faith and trust that Jesus will walk with us and also give us the grace to bear all our hardships.



為什麼我們在苦路中祈禱？來自教宗方濟各的八個原因：

它們使我們把信任放在主內  
它們把我們帶入耶穌苦難的故事  
它們提醒我們耶穌因我們而受苦  
它們使我們採取行動去顯示耶穌的愛  
它們幫助我們做出認同基督的決定  
它們揭示主怎樣對回應世界的邪惡  
它們帶給我們主對我們的愛的確定性  
它們在從十字架走到復活的道路中指導我們

Why pray the Stations of the Cross? 8 reasons from Pope Francis:  
They allow us to place our trust in god  
They put us into the story  
They remind us that Jesus suffers with us  
They compel us to action to show the love of Jesus  
They helps us make a decision for Christ  
They reveal god's response to evil in the world  
They give us the certainty of god's love for us  
They guide us from the cross to the resurrection

來源

Sources

<https://focusoncampus.org/content/why-pray-the-stations-of-the-cross-8-reasons-from-pope-francis>

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