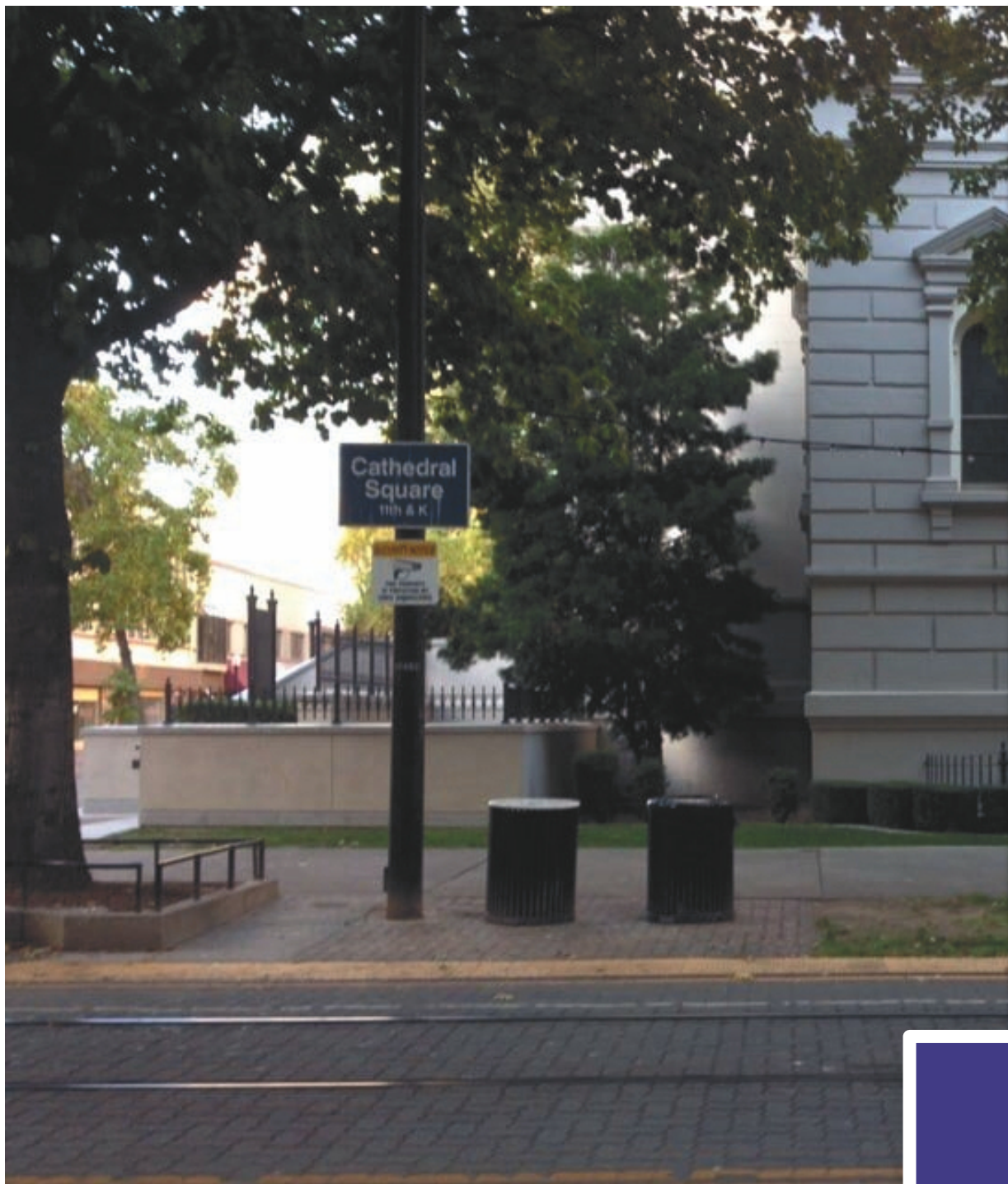


July 14 2019 - 15th Sunday in Ordinary Time



Volume 19\* Issue 28

# Cathedral of the Blessed Sacrament

1019 11th Street, Sacramento, CA 95814 \* 916-444-3071





## Pastor's Corner

**How come Jesus always seems to make living look so easy? Simply love God and your neighbor. We can try to love like that, but immediately our lists of reasons not to love God or neighbor comes to our mind: God is indifferent; He allows evil; He didn't answer my prayers; my neighbor is obnoxious; my neighbor is lazy; my neighbor is not like me; my neighbor has too much already. The lists go on and on to reason why we are very careful about how much love we dole out. Usually, another hidden list accompanies this list of reasons not to love; the list of reasons why others do not love me. I am sinful, selfish, impatient, greedy, lazy, ugly, fat, stupid, needy and on and on. Nobody loves me.**

**God is love, and God is limitless. So, as far as hoarding love, it makes no sense, because love is more present to us than the air we breathe. We can never use it all up and we will never run out of it no matter how much we offer to our neighbors or God. If we are afraid we are unlovable ourselves, unworthy of love, we are sadly living in the dark, oppressed by the evil one. God, who is love, cannot help but love us. Anyone who takes God seriously also must love us. The second greatest commandment from God that his disciples must follow is to love me. The second greatest commandment from God that His disciples must follow is to love you. I'm sure many more people love me and love you than we are aware. In addition, there is a whole community of saintly disciples who love us and continually support us as they eternally worship the Father without ceasing. I am so loved, you are so loved, we are so loved that we are practically drowning in it. So, tell God and your neighbor how much you really are loved by loving God and your neighbor. It really is so easy.**

**Father Michael**

# Could this be the reason God sometimes allows our wounds to stay open?

Meg Hunter-Kilmer | Aleteia.org

Forgiveness isn't optional in the Christian life. We bind ourselves to forgive each time we pray the Our Father, the one prayer Jesus taught his people. "Forgive us our trespasses," we pray, "as we forgive those who trespass against us." Most of us, if we're being honest, find such a prospect terrifying. What fate might befall me if God in his mercy chose to forgive me only as fully as I have forgiven those I hate?

Fortunately for us, forgiveness is not a feeling. Forgiveness is a choice. Forgiveness is a refusal to define another person by his sin, a prayer that God give us a merciful heart whenever we're inclined to rehearse yet again the list of another's faults.

Most of us know this, that forgiveness is a decision we may have to make over and over again for years. But it can be awfully discouraging to find that after decades of seeking to love like Jesus a certain name still elicits feelings of rage and shame and vengeance.

Perhaps that too is a product of God's mercy.

It would, of course, be far more pleasant if with the act of forgiveness came an absolute release of all negative emotions and a complete healing of all painful memories. But if God chooses not to work in that way, it must be for our good. "All things work for good for those who love God," St. Paul tells us (Rom 8:28), so certainly the inner workings of a heart surrendered to God must be a result of his grace. But what good could possibly come of feelings of anger and pain and betrayal that are dredged up again and again, sometimes for a lifetime?

The Catechism explains it this way:

It is not in our power not to feel or to forget an offense; but the heart that offers itself to the Holy Spirit turns injury into compassion and purifies the memory in transforming the hurt into intercession. (CCC 2843)

Those last few words, so easy to miss, can be life-changing if we take them to heart. Forgiveness, we're told, doesn't necessarily change our memory or our emotions. Forgiveness transforms *hurt into intercession*.

The heart that is longing to forgive may frequently find itself re-

mindful of a past injury. But rather than brood over the offense or become discouraged by the lingering anger, a Christian takes the pain and offers it as an intercession *for the offender*.

This is the miracle of forgiveness: not that it makes us feel good about past trauma or happy to spend time with a former enemy, but that it turns our suffering into prayer, a heroic act of supplication on behalf of the one who has hurt us.

What if this is the reason that God sometimes allows even minor wounds to remain open? So that we can become instruments in



“Forgiveness is a choice...”

the salvation of the ones we want to hate. So that our hearts might gradually be healed of hatred by being offered daily—hourly—as a living sacrifice for the last person in the world we want to see saved, so that if we should meet one day in glory we can rejoice.

Nothing is wasted in God's economy. The devil wants to convince us that our ugly feelings are unforgiveness, proof that we ourselves are unforgiven, unworthy of mercy, unable to be saved. What if instead of believing those lies we took those moments of bitterness and shame and anger and pain and turned them instead into intercession?

When we remember a slight or an assault or a lie or a betrayal, let's take the opportunity to pray (even if through gritted teeth): "Jesus, pour your blood over the one who hurt me. Make him a great saint. Make her a great saint. Give him a heart that longs after you. Give her joy in knowing you. And help me to forgive." In the end, this prayer that "turns injury into compassion and purifies the memory in transforming the hurt into intercession" might just make us saints, too.

## Why do Catholics confess their sins to a priest, rather than going directly to God?

Well, the quick answer is because that's the way God wants us to do it. In James 5:16, God, through Sacred Scripture, commands us to "confess our sins to one another." Notice, Scripture does not say confess your sins straight to God and only to God — it says confess your sins to one another.

In John 20, verses 21-23, "Jesus said to them, 'Peace be with you. As the Father has sent me, even so I send you.'" In Matthew 9, the Father sent Jesus with the authority on earth to forgive sins. Now,

Jesus sends out His disciples with the authority on earth to forgive sins. "And when He had said this, He breathed on them, and said to them, 'Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained.'"

When Catholics confess our sins to a priest, we are simply following the plan laid down by Jesus Christ. He forgives sins through the priest...it is God's power, but He exercises that power through the ministry of the priest. ~ John Martignoni, abridged~

# July 14 ~ 15th Week in Ordinary Time

"But a Samaritan traveler who came upon him was moved with compassion at the sight." ~Luke 10:33~

Date	Mass / Intentions / Events
<b>Saturday July 13</b>	5:00 pm / Mary Joy Dizon S.I.
<b>Sunday July 14</b>	7:30 am / 9:00 am/ People of the Parish 11:00 am/ Tom Waddock S.I. 1:00 pm (Spanish) / Asuncion Ocampo + 3:00 pm (Chinese) 5:00 pm / Dr. Robert Levine + 7:00 pm / Camilo Martinez S.I.
<b>Monday July 15</b>	12:10 pm / Dora Vasquez + 5:10 pm /
<b>Tuesday July 16</b>	12:10 pm / Daniel Walker S.I. 5:10 pm / Carmen Perez S.I.
<b>Wednesday July 17</b>	12:10 pm / 5:10 pm /
<b>Thursday July 18</b>	12:10 pm / 5:10 pm /
<b>Friday July 19</b>	12:10 pm / Gerald Eugene Bledsoe +
<b>Saturday July 20</b>	5:00 pm /



**For the Special Intentions of:**  
 Deacon Don DeHaven  
 Esther Valdez  
 Marina Speed  
 Abel  
 Mrs. Podnebesnaya  
 Carlos Corner Jr.  
 Mother Clara  
 Alexis Carlson Taylor  
 Lori and Son Michael  
 Katherine and Mother  
 Hazel  
 American Pastor  
 Rachele Sanchez  
 Rebecca Guerra  
 Diane  
 Davis J  
 Miriam and Son  
 Rodolfo Martin  
 Nathan Derek Gomez  
 Phil  
 Ruiz Family  
 Zam Families  
 Marasigan Family and all S.I.  
 Ashley Family  
 Savannah Avila

**For the Repose of the Soul of:**  
 Ernesto Sta. Maria +  
 Elvira Harrison+  
 Dr. Alfred Le-Grand Sawyer+  
 Damien+

## Readings & Observances



Sunday: 15th Sunday in Ordinary Time  
 Dt 30:10-14/Ps 69:14, 17, 30-31, 33-34, 36, 37 [cf. 33] or  
 PS 19:8, 9, 10, 11 [9a]/Col 1:15-20/Lk 10:25-37  
 Monday: St. Bonaventure, Bishop & Doctor of the Church  
 Ex 1:8-14, 22/Ps 124:1b-3, 4-6, 7-8 [8a]/Mt 10:34--11:1  
 Tuesday: Our Lady of Mount Carmel  
 Ex 2:1-15a/Ps 69:3, 14, 30-31, 33-34 [cf. 33]/Mt 11:20-24  
 Wednesday: Ex 3:1-6, 9-12/Ps 103:1b-2, 3-4, 6-7 [8a]/Mt 11:25-27  
 Thursday: St. Camillus de Lellis, Priest  
 Ex 3:13-20/Ps 105:1 and 5, 8-9, 24-25, 26-27 [8a]/Mt 11:28-30  
 Friday: Ex 11:10--12:14/Ps 116:12-13, 15 and 16bc, 17-18 [13]/Mt 12:1-8  
 Saturday: St. Apollinaris, Bishop & Martyr  
 Ex 12:37-42/Ps 136:1 and 23-24, 10-12, 13-15/Mt 12:14-21

**Cathedral Stewardship** ~ The Cathedral Parish is solely supported by weekly offertories and individual donations. It is a self-sustaining, non-profit organization and does not receive funding from any other sources, including the Sacramento Diocese or any of its parishes.

The Cathedral's weekly expenses exceed **\$20,000**. To maintain fiscal integrity, the offertory every week needs to cover more than half of the expenses. The Finance Council has set a weekly offertory goal of **\$11,500**.

Weekend	Total Offering	% of Goal
June 15/16	\$7,847.00	68%
June 22/23	\$8,008.00	69%
June 29/30	\$8,357.00	72% (2nd Collection—\$2,975.00)
July 6/7	\$8,237.00	71%

**Your support is greatly appreciated** and vital to maintaining the Parish and its ministries to the poor and hungry, as well as maintaining this spiritual center and historically significant landmark. Thank you for your generosity!

**Lay Mission Project—Apply Now for the next cohort!**

Join other Catholics who seek to deepen their understanding of the faith and participate in Jesus' mission to the world in the ordinary circumstances of daily life. Bring Scripture to life. Make the Faith relevant and life-giving for you and your family. Learn how to effectively use your gifts to influence your work, society, and your relationships for the good, and draw others to our Lord. Whether you are a young adult, middle aged, or elderly, single or married, professional, retired, or a homemaker, the Lay Mission Project offers engaging formation that's accessible to the average busy layperson. Apply at <https://www.scd.org/family-and-faith-formation/lay-mission-project>.

**Catholic Viewpoint, Faith, Hope and Love**, hosted by Fr. Michael Kiernan – guest for the week of July 14 will be Fr. Avram Brown. You'll find all 56 previous episodes on YouTube or view on Comcast channel 20, Consol. 19 and AT&T 14. Times: Sun. 7:30 AM, Tues. 9:30 AM, Weds. 8:30 PM, and Thurs. 5:00 PM.



*Cinema Divina presents*  
**"FOR GREATER GLORY"**

In late 1920s, when the Mexican government enacts a series of anti-clerical laws, retired Gen. Gorostieta (Andy Garcia) is at first hesitant to join the Cristeros in a civil war, until he begins to see the cost of religious persecution on his countrymen. Though the

odds are against him, the general nevertheless transforms a ragtag band of rebels into a formidable fighting force.

**Friday, July 26th - Doors open at 6:00 pm, Movie starts at 7:00 pm**

**MINISTRY DIRECTORY**

**Altarservers**

Michael Ognisty, [mfognisty@msn.com](mailto:mfognisty@msn.com).

**Benedictus Youth Group**

Victoria Ramos, [benedictusy@gmail.com](mailto:benedictusy@gmail.com)

**Brown Bag Lunch Ministry**

Jerri Rush, [jerrirush@comcast.net](mailto:jerrirush@comcast.net)

**Catechesis of the Good Shepherd** for ages 3+,

for information, visit [youngsheep.org](http://youngsheep.org), or call 916-910-3435

**Cathedral A.C.T.S.** [saccathedralacts.org](http://saccathedralacts.org)

**Cathedral Men's Group**

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**Cathedral Saint Vincent de Paul** contact the rectory office

**Cathedral Young Adults**

Titi Kila, [cathedralya@gmail.com](mailto:cathedralya@gmail.com)

**Choir (English)**

Rex Rallanka, Music Director, [rrallanka@cathedralsacramento.org](mailto:rrallanka@cathedralsacramento.org)

**Choir (Spanish)**

Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after 7pm Mass.

**Cinema Divina Movies**

Reggie King, Brian Perez, [thecatholicstore@gmail.com](mailto:thecatholicstore@gmail.com)

**Communion & Liberation**

catechesis meets every Wednesday at 7:15pm

**Docents**

Jill Pease, [peasejill@gmail.com](mailto:peasejill@gmail.com)

**Email Prayer Chain**

Lynne Amerson, [cbs1017pc@yahoo.com](mailto:cbs1017pc@yahoo.com).

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**Festival of Trees and Lights**

Paula Trujillo, [trupaula@gmail.com](mailto:trupaula@gmail.com)

**Front Door Ministry**

[ministries@cathedralsacramento.org](mailto:ministries@cathedralsacramento.org)

**Greeters and Ushers**

Tom Waddock, 916-444-3071, x 36

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**Knights of Columbus**

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**Lectors**

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**Respect Life Ministry**

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**Rosary Club**

Lolita Urrutia, [lolita.urrutia@gmail.com](mailto:lolita.urrutia@gmail.com).

**Spanish Parents Group Leaders**

Leticia Hilbert, [leticia\\_hilbert@hotmail.com](mailto:leticia_hilbert@hotmail.com)

Read the Gospel and Color



**Cathedral Kids**

**Sharing the Gospel** - Jesus wants you to love your neighbors. He wants you to help your neighbors. You could help the people who live next door, or the people that go to your church. But Jesus wants you to think bigger than that. Jesus wants you to help people all around the world - no matter where they live, and no matter what they believe.

**Prayer** - "Dear God, show me how to help others around the world."

**Mission for the Week** - Ask your parents if your family could give money to help the missions in another country.



Puzzle

Find and circle these words from today's Gospel:

GARE	LEAVING	SAMARIA
ROBBERS	PRIEST	TREATED
ATTACKED	WALKED	NEIGHBOR

M N S W G O I N W F R  
A T T A C K E D O N M  
J R U L E T J C H E R  
O E B K S A M A R I A  
R A S E T C K E D G M  
I T M D A N G R A H E  
V E R P R I E S T B Y  
H D C I N G H A D O E  
T Y A E R O B B E R S  
B H R M U P A R A O F  
I L E A V I N G H E



# Esquina del Pastor

¿Cómo es que Jesús siempre parece hacer que la vida se vea tan fácil? Simplemente ama a Dios ya tu prójimo. Podemos tratar de amar de esa manera, pero de inmediato nos vienen a la mente nuestras listas de razones para no amar a Dios o al prójimo: Dios es indiferente; Él permite el mal; Él no contestó mis oraciones; mi vecino es odioso; mi vecino es perezoso mi vecino no es como yo; Mi vecino ya tiene demasiado. Las listas siguen y siguen por las razones por las que tenemos mucho cuidado con la cantidad de amor que distribuimos. Usualmente, otra lista oculta acompaña esta lista de razones para no amar; La lista de razones por las que otros no me aman. Soy pecador, egoísta, impaciente, codicioso, perezoso, feo, gordo, estúpido, necesitado y así sucesivamente. Nadie me quiere.

Dios es amor, y Dios es ilimitado. Entonces, en lo que respecta al acaparamiento del amor, no tiene sentido, porque el amor está más presente para nosotros que el aire que respiramos. Nunca podemos usarlo todo y nunca nos quedaremos sin importar lo mucho que ofrezcamos a nuestros vecinos o a Dios. Si tememos que no nos amamos a nosotros mismos, que no somos dignos de amar, tristemente estamos viviendo en la oscuridad, oprimidos por el maligno. Dios, que es amor, no puede dejar de amarnos. Cualquiera que tome a Dios en serio también debe amarnos. El segundo gran mandamiento de Dios que sus discípulos deben seguir es amarme. El segundo gran mandamiento de Dios que sus discípulos deben seguir es amarte. Estoy seguro de que muchas más personas me aman y te aman de lo que somos conscientes. Además, hay toda una comunidad de discípulos santos que nos aman y nos apoyan continuamente mientras adoran eternamente al Padre sin cesar. Soy tan amado, tú eres tan amado, somos tan amados que prácticamente nos estamos ahogando en ello. Entonces, dile a Dios y a tu prójimo cuánto realmente eres amado amando a Dios y a tu prójimo. Realmente es tan fácil.

Padre Michael

## LAS LECTURAS Y LAS CONMEMORACIONES DE LA SEMANA DEL 14 DE JULIO DE 2019

**Domingo:** 15o Domingo del Tiempo Ordinario  
Dt 30, 10-14/Sal 69, 14. 17. 30-31. 33-34. 36. 37 [cfr. 33]  
o Sal 19, 8. 9. 10. 11 [9]/Col 1, 15-20/Lc 10, 25-37

**Lunes:** San Buenaventura, obispo y doctor de la Iglesia  
Ex 1, 8-14. 22/Sal 124, 1-3. 4-6. 7-8 [8]/Mt 10, 34--11, 1

**Martes:** Nuestra Señora del Carmen  
Ex 2, 1-15/Sal 69, 3. 14. 30-31. 33-34 [cfr. 33]/Mt 11, 20-24

**Miércoles:** Ex 3, 1-6. 9-12/Sal 103, 1-2. 3-4. 6-7 [8]/Mt 11, 25-27

**Jueves:** San Camilo de Lelis, sacerdote  
Ex 3, 13-20/Sal 105, 1 y 5. 8-9. 24-25. 26-27 [8]/Mt 11, 28-30

**Viernes:** Ex 11, 10--12, 14/Sal 116, 12-13. 15 y 16. 17-18 [13]/Mt 12, 1-8

**Sábado:** San Apolinar, obispo y mártir  
Ex 12, 37-42/Sal 136, 1 y 23-24. 10-12. 13-15/Mt 12, 14-21

### MEDITACIÓN EVANGÉLICO

Después de la misión de los 72 discípulos, Jesús sigue su camino hacia Jerusalén, catequizando a los que deseaban seguirlo. En ese transcurso del camino surgieron dos preguntas fundamentales: "Un maestro de la Ley, que quería ponerlo a prueba, se levantó y le dijo: Maestro, ¿Qué debo hacer para conseguir la vida eterna?" (Lucas 10:25). La respuesta de Jesús es dada inmediatamente con otra pregunta: ¿Qué está escrito en la Escritura? ¿Qué lees en ella? Se da la respuesta: "Amarás al Señor tu Dios con todo tu corazón, con toda tu alma, con todas tus fuerzas y con toda tu mente; y amarás a tu prójimo como a ti mismo". (Lucas 10:27). Jesús le dijo entonces, "¡Excelente respuesta! Haz eso y vivirás. La lección para el maestro de la ley y para nosotros ahora es sencilla pero complicada ya que muchas veces solo falta una cosa: practicar con el ejemplo lo que indica la Escritura.

Surge luego la segunda pregunta por la misma persona, que en su ceguera espiritual en lugar de escuchar al Maestro lo retaba y le dijo: "¿Y quién es mi prójimo?". (Lucas 10:29). Jesús entonces narra la parábola del buen samaritano que en el fondo es un aprendizaje de que para Dios no existen diferentes clases de prójimos - Prójimo, es el que está cerca de mí, cada persona humana es toda persona próxima de cualquier raza, religión y condición en la que viva. En resumen, Jesús lanza la última pregunta: "Según tu parecer, ¿Cuál de estos tres fue el prójimo del hombre que cayó en manos de los

salteadores?" La respuesta fue "El que se mostro compasivo con él." Y Jesús le dijo: "Vete y haz tú lo mismo". ¿Quién es mi prójimo en este 2019?

### VIVIR LA LITURGIA

Hemos escuchado la historia del Buen Samaritano tantas veces. ¿Alguna vez nos hemos dado cuenta de que es un enemigo y un marginado el héroe de la historia? Libre de leyes que limitan los actos de misericordia y compasión, el samaritano se convierte en el ejemplo de cómo amar a Dios amando a nuestro prójimo. Nuestras mentes saben lo que enseña nuestra fe y nuestras bocas saben qué palabras hablar. En última instancia, en lo profundo de nuestra conciencia, sabemos cómo debemos actuar. Sin embargo, a medida que nos encontramos con cada nuevo día, ¿siempre hacemos lo que estamos llamados a hacer? Nuestro prójimo vive al lado y lejos de nosotros. Están al final de la calle, sentados a nuestro lado, viviendo en México, Honduras, Ecuador, Guatemala, Polonia, Rusia, China, Corea e Irak. Nuestro prójimo se encuentra incluso en personas que quieren lastimarnos. ¿De que manera los amamos como Jesús nos lo pide? La forma en que respondamos a esta pregunta determinará cuánto amamos realmente a Dios.

\* \* \* \* \*

**La Parroquia de la Catedral** es apoyada únicamente por ofertores semanales y donaciones individuales. Es una organización autosuficiente, sin fines de lucro y no recibe fondos de ninguna otra fuente, incluida la Diócesis de Sacramento o cualquiera de sus parroquias.

Los gastos semanales de la Catedral superan los \$ 20,000. Para mantener la integridad fiscal, el ofertorio de cada semana debe cubrir más de la mitad de los gastos. El Consejo de Finanzas ha establecido una meta de ofrenda semanal de \$ 11,500.

Fecha	Oferta total	Porcentaje
15/16 de junio	\$7,847.00	68%
22/23 de junio	\$8,008.00	69%
29/30 de junio	\$8,357.00	72% (2da colección \$2,975.00)
6/7 de julio	\$8,237.00	71%

Su apoyo es muy apreciado y vital para mantener a la parroquia y sus ministerios para los pobres y hambrientos, así como para mantener este centro espiritual y un hito de importancia histórica. ¡Gracias por su generosidad!

**Invitación**  
**EL RETIRO DE LAS MUJERES**  
agosto 15<sup>th</sup> - 18<sup>th</sup>, 2019  
Presentado en oración por los feligreses de la iglesia católica St. Rose.

Se proporcionará transporte hasta y desde el centro del retiro en Applegate. Las dificultades financieras no deben ser un impedimento para que usted asista al retiro. Para más información, hable con las mujeres con las camisetas rojas de ACTS.

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916-444-3071, Fax 916-443-2749 , [cathedralsacramento.org](http://cathedralsacramento.org)

Rectory Office Hours — Monday to Friday, 9:00 am to 12:00 pm, 1:00 pm to 5:00 pm

## MASSES

Monday to Friday	12:10 pm
Monday to Thursday	5:10 pm
Saturday Vigil	5:00 pm
Sunday	7:30 am
	9:00 am
	11:00 am
	1:00 pm en Español
	3:00 pm Chinese
	5:00 pm
	7:00 pm en Español
State Holidays	12:10 pm only

## SACRAMENT OF CONFESSION

Monday to Friday	11:30 am to 12:00 pm
Saturday	4:00 pm to 4:45 pm
Domingo en Español	12:30 pm a 12:45 pm
	6:30 pm a 7:00 pm

## EUCCHARISTIC ADORATION

When attendants are available:

Wednesday	12:45 pm to 4:45 pm
Thursday	12:45 pm to 4:45 pm
Friday	12:45 pm to 3:45 pm

## ANOINTING OF THE SICK - By appointment only.

Call the rectory at 916-444-3071

## BAPTISMS (Registration is required)

English - 3rd Saturday of the month, 9:00am  
Español - 4º Sábado del mes, 9:00am

## BAPTISM CLASSES (No registration required)

English - 1st Thursday of the month, 7:00pm  
Español - 2do jueves del mes, 7:00pm

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Deacon John Gisla, Office Manager  
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Rex Rallanka, Director of Music  
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Carmen Perez, Secretary  
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Titi Kila, Wedding Coordinator  
Lyssa Black, Webmaster / Bulletin Editor

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For additional family members, please attach a separate sheet.

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#### Please return by (*Regrese por favor*):

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- 2) Scan to pdf file and email: [blessed@cathedralsacramento.org](mailto:blessed@cathedralsacramento.org) (escanear a pdf file y envía por correo electrónico)
- 3) Fax to: 916-443-2749
- 4) Mail to (correo): 1017 11th Street, Sacramento, CA 95814



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**TOURS**  
We love to share our Cathedral history! Tours are FREE, led by trained Docents, and held after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours begin at the Baptismal Font. Contact 916-444-3071 to arrange free private group tours.

Los tours en español se llevan a cabo el 1er y 3er domingo del mes después de la misa de 1pm.



## Visit our GIFT SHOP downstairs

Sundays 9:00 am to 3:00 pm  
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**RELIGIOUS EDUCATION PROGRAMS**  
The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A., for adults, teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program.

If you've been coming to Mass for a while, but are not Catholic, or were baptized Catholic but never completed your faith formation classes, we invite you to look deeper into the Catholic faith. Come meet some faithful Catholics who love the Lord and would consider it a privilege to get to know you. We invite you to learn what Catholics believe in an open and welcoming environment. The **Rite of Christian Initiation of Adults (RCIA)** sessions meet every Monday Evening at 7 PM in the lower level of the Cathedral. Feel free to come any Monday evening. For more information on all of our faith formation programs, please call **916-444-5364** or email Sister Jenny Aldeghi FDCC, Director of Religious Education, [jenny@cathedralsacramento.org](mailto:jenny@cathedralsacramento.org)

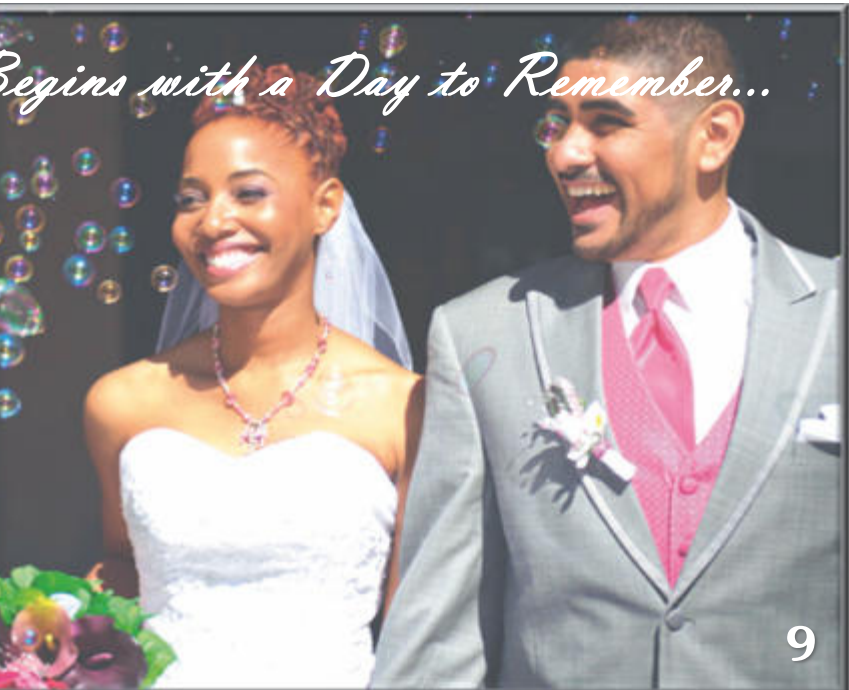


## A Lifetime Together Begins with a Day to Remember...

**MARRIAGE PREPARATION** - The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Janet & Omar Bardales at [matrimonyprep@att.net](mailto:matrimonyprep@att.net), or 916-427-9160, or Sister Jenny at 916-444-5364. You do not have to have your wedding at the Cathedral to take this class.

**GET MARRIED AT THE CATHEDRAL** - If you would like to celebrate the Sacrament of Matrimony at the Cathedral, Contact Wedding Coordinator, Titi Kila at [tkila@cathedralsacramento.org](mailto:tkila@cathedralsacramento.org), at least *six months* before your desired wedding date to arrange a meeting.

If you would like to have your **civil marriage** blessed in the Catholic Church, or if you have been together for a number of years and would like to be married in the Church, this can often be done in a small, private ceremony called a **Convalidation**, without any cost or fee. To explore this possibility, contact Deacon John 444-3071 Ext. 11; or at [jgisla@cathedralsacramento.org](mailto:jgisla@cathedralsacramento.org).





### 聖加彌祿彌理 (七月十四日)

加彌祿彌理原籍義國那不勒斯，生於主曆一五五零年。他身體魁梧，長六呎六吋。十三歲時，母親去世。十七歲起，隨父親在威尼斯軍隊服務。加彌祿沉迷賭博，屢戰屢負。最後，連身上佩帶的武器都輸掉。到了這樣山窮水盡的時候，加彌祿猛然驚醒，痛改前非。這是他生命的轉捩點。他滿面流淚，跪在地上，在廿五歲時求上主寬恕已往的罪。

那時候，醫院工作人員缺乏，加彌祿深知真正為病人服務的人，必須懷有超性的志向，愛德的精神，決定著手物色有此種愛德精神的工作人員。加彌祿接受他的神師聖斐理伯內利的勸告，在三十二歲的時候，開始攻讀拉丁文，準備領受鐸品。祝聖為神父後，退出雅各伯醫院，籌劃組織一個團體，名曰「護病會」。加彌祿和他的同志，每天到醫院侍候病人。他們侍候病人時，完全本於愛德的精神，將病人視為基督，熱心照顧他們，給他們施行聖事，準備善終。加彌祿的事業一天比一天發達。加彌祿將基督博愛的精神，灌輸入醫務工作。為了改善醫學技術和訓練護士，又組織了醫生聯合會。此外，他又採用仁慈與博愛標記的「紅十字」，作為護病會士佩帶的徽章，為後世國際紅十字會的先聲。

加彌祿一身都是病，他去世前不久，全身殘廢，不能起立。他於主曆一六一四年七月十四日逝世，享壽六十四歲。加彌祿於主曆一七四六年榮列聖品。他由教宗良十三世立為病人的主保，復由教宗庇護十一世立為護士和醫務機關的主保。

### St. Camillus De Lellis (July 14)

Camillus De Lellis was born in 1550 at Naples. He has a burly body with a length of six feet and six inches. At the age of thirteen, her mother died. At the age of seventeen, he served with his father in the Venetian army. He indulged in gambling and repeated defeats. Finally, even the weapons worn on the body were lost. He became so desperate that he suddenly woke up and changed his mind. This is the turning point of his life. He shed tears and squatted on the ground, asking the Lord to forgive the sins of the past when he was twenty-five years old.

At that time, the staff of the hospital was lacking. Camillus De Lellis knew that the people who really served the patients must have super-ambient ambitions, the spirit of love, and decided to find a staff member with such a moral spirit. He accepted the advice of St. Philip Neri, and

began to study Latin after the age of thirty-two, ready to receive the counterfeit. After he was a priest, he left the Jacobs Hospital and planned to organize a group called the "Health Care Society." He and his comrades go to the hospital every day to serve patients. When they waited for the sick, they regarded the patient as Christ in the spirit of love, cared for them with enthusiasm, and carried out sacraments for them to prepare for the end. His work kept expanding. He puts the spirit of Christian love into the medical work. In order to improve medical technology and train nurses, a doctors' federation was organized. In addition, he used the "Red Cross" marked by kindness and fraternity as the badge worn by the nursing staff, and was the first voice of the later International Red Cross.

Camillus De Lellis was sick all the time. Shortly before his death, he was completely disabled and could not stand up. He died on July 14, 1614, and he was 64 years old. He was canonized in 1746. He was established by Pope Benedict XIII as the patron saint of the patient, and he was established by the Pope Pius XI as the patron saint of the nurses and medical institutions.

### 本週報告 (會長)

我們將於八月十七日在上午九點開始在Christ the King Retreat Center進行年度避靜。避靜的主題是「上主的居所」。每位的費用為四十元 (包括午餐)。有意參加避靜的教友，請在八月三日向Oliver或Gloria報名。

我們將於八月十七日晚上七點在海港海鮮酒家(5675 Freeport Blvd Sacramento, CA 95822) 會為何神父以及所有89歲或以上的教友們免費慶祝生日。費用是每位\$25 (13歲至88歲)，小童五歲至12歲每位\$12，五歲以下免費 (89歲或以上的教友與及小童五歲或以下是免費的)。有興趣的可以與Gloria或Oliver聯絡報名，請大家於報名時候付款

### Announcement this week (President)

We will have our annual retreat on August 17 at Christ the King Retreat Center starting at 9am. The theme for the retreat is "The Lord's Dwelling Places." The fee is \$40 each person including lunch. Anyone interested can RSVP with Oliver or Gloria by August 3.

We will celebrate Father Ho's birthday and the birthdays of parishioners age 89 and over during the evening of August 17 at 7pm in Hong Kong Island Seafood Restaurant (5675 Freeport Blvd, Sacramento, CA 95822) The donation ticket is \$25 per person between the ages of 13 and 88 (free for parishioners age 89 and up), \$12 for each child 5 to 12 and fee for children under 5. Please contact Gloria or Oliver to sign up and pay when signing up.



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