

July 28 2019 - 17th Sunday in Ordinary Time



Volume 19* Issue 30

Cathedral of the Blessed Sacrament

1019 11th Street, Sacramento, CA 95814 * 916-444-3071





Pastor's Corner

It seems that so much of living is trying to figure out what it is we're supposed to be doing. Pursuing the career, raising the kids, planning the parties, designing the home, getting the degree, working and getting up and giving time to God can make us feel as though we've been just keeping busy so that we don't notice how off track we really are. People often tell me that they are certain that they have a purpose in this world and yet are struggling with just finding a reason to live. When everything we chase after, the family, the job, the material possessions, and the desires, leave us still feeling empty, what is it we are supposed to do? Even though turning to the Church and God can give us some deeper meaning, after a period of time we can begin to wonder if this, too, is just something to distract us from the true meaning of our life.

As I get older, I see that most of our pursuits keep us at the center of our actions. Even our connection with God is meant to help us fulfill some sort of meaning in our lives. This would all make perfect sense if we weren't trying to approach life with some faith in the divine. Once we add God to the equation, we necessarily need to take ourselves out of the center and put Him there. For most believers, we keep ourselves in the center and expect God to work around our expectations. In the end, whether we believe or not, with us at the center, we are clearly left with emptiness.

Put God in the center of your life. It's obvious and we preach it all the time. It's as simple as striving to give Him the glory in all we say and do. Do not strive to please yourself or anyone else. Strive to please God and everything and everyone else will find its proper place. The real purpose of our lives, the real reason why God made us, is to simply reveal to the world His presence (as in "the kingdom is here") and His love (as in "God is love"). This is pleasing to God. There is nothing else we need to do. Just tell and show the world that you believe in the Holy Trinity, and God will take care of the rest. You might find your exterior world emptier, but your interior world will be filled. (First published 07-22-18)

Father Michael

Offertory Report

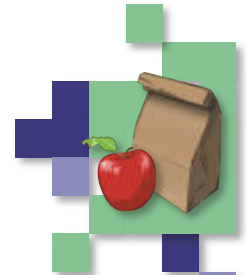
The Cathedral Parish is solely supported by weekly offertories and individual donations. It is a self-sustaining, non-profit organization and does not receive funding from any other sources, including the Sacramento Diocese or any of its parishes. The Cathedral's weekly expenses exceed **\$20,000**. To maintain fiscal integrity, the offertory every week needs to cover more than half of the expenses. The Finance Council has set a weekly offertory goal of **\$11,500**.

Weekend	Total Offering	% of Goal
June 22/23	\$8,008	69%
June 29/30	\$8,357	72%
July 06/07	\$8,237	71%
July 13/14	\$7,424	64%
July 20/21	\$8,422	73%

Your support is greatly appreciated and vital to maintaining the Parish and its ministries to the poor and hungry, as well as maintaining this spiritual center and historically significant landmark. Thank you for your generosity!

BBL CORNER:

During the summer months, when it is so extremely hot, it's important to stay hydrated. Cathedral BBL and SVdP ministries have a tub full of cold bottled water and each of our guests enjoys extra.



The BBL and SVDP ministries are holding a

"Case of Bottled Water"

drive on **Sunday, August 4th**, at all the Masses. Please bring your case of water before or after Mass and drop it off in the alley behind the rectory. Helpers are available to unload your donated water.

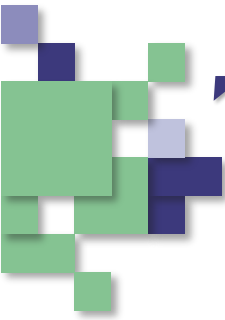


Thank you for your ongoing support of our downtown homeless!



"And if anyone gives even a cup of cold water to one of these little ones who is my disciple, truly I tell you, that person will certainly not lose their reward." ~ Matthew 10:42 ~

This is Your Parish



I took the opportunity to attend both the Pastoral Parish Council and the Finance Council meetings last week. My intention was to see first-hand what the councils of our parish were planning and discussing, so I could report back to you, the Parish.

The Pastoral Parish Council is a good cross-representation of the parish; ethnically, culturally, and by age (though they are currently trying to find a Millennial that can serve). They have only been meeting once a month for about ten months, but there is an obvious comradery and ease of communication among the members. They follow parliamentary procedures and work from an agenda to keep things moving forward.

The First Friday Holy Hour for Atonement in the Church was the council's first planned activity. They are currently talking to Habitat for Humanity about their upcoming "Unity Build," which I should have more details about next month.

The council has also taken on the responsibility of planning the Annual Volunteer Appreciation Picnic, which will be held on Friday, September 13th. The council needs about 30 people to help with the picnic. If you are not already a ministry volunteer, this would be a great chance for you to get involved, meet some of the active members of the parish, and possibly find a ministry niche for yourself. If you are interested, fill out the form below, or send an email to cathedral-sacramento@gmail.com.

They are beginning plans for the annual Ministry Fair as well. They will want to hear from all the ministry leaders for ideas that will engage parishioners and help grow our ministries.

The Finance Council is faced with an even bigger challenge. They are tasked with developing a balanced and sustainable budget for the current fiscal year. Like any large organization, the Cathedral has large expenses; payroll, utilities, liturgical supplies, and maintenance of a 40,000 square foot building. Not to mention, the added desire to provide help to our brothers and sisters in need.

We are a cathedral, a "seat" for a bishop and a flagship for a diocese. That means our responsibilities go beyond a normal parish community. The Cathedral is *your* parish. We are blessed to have more, therefore more is required of us.

Why are churches always asking us for money? It sometimes feels like that's the only thing they care about. But the truth is, they *have* to care about it. And, *so do we*.

If you've been reading the weekly offertory reports in the bulletin, you have seen how we are usually 25% to 35% below the minimum we need. I'm certain some would say the Cathedral is "too big to fail." But no institution can continue operating indefinitely with a deficit. When you look at the many churches in Europe that are no longer operating as parishes, but are instead only museums, how can we assume we would never face the same fate?

We need your input. Not just financially, but in every way. The Councils need to know what concerns you. What ideas do you have? How are you able to help? What can we do for you? What would you like to see happening in your parish? Your opinion is important to the survival of your parish and your church.

There are many people here doing what they can to fulfill the needs of the parish, the Cathedral, and the community. Are you one of them? Will you be?



NOTE: The opinions expressed in the text belong solely to the author, and not necessarily to any other group or individual at the Cathedral of the Blessed Sacrament.

Your opinion matters! Give us your opinions, questions, or concerns.

I am a: Parishioner (Number of years _____) Visitor (from _____)

I am: 18—35 36—49 50+ Married Single No. of children _____

Comments:

Name (Optional): _____ Email (Optional): _____

Please give this form to an Usher or place in the offertory basket. Or, you can send an email with your opinions/questions to cathedral-sacramento@gmail.com. Thank you for your help!

17th Week in Ordinary Time

"And I tell you, ask and you will receive; seek and you will find; knock and the door will be opened to you." (Lk 11:9)

Date	Mass / Intentions / Events
Saturday July 27	5:00 pm / Mary Walker S.I.
Sunday July 28	7:30 am / Holy Souls in Purgatory 9:00 am/ Shin Ho Chang + 11:00 am/ Maria I Griffith + 1:00 pm (Spanish) / Santiago Martinez Gutierrez + 3:00 pm (Chinese) 5:00 pm / Mrs. Euofrosina + People of the Parish 7:00 pm / Camilo Martinez S.I.
Monday July 29	12:10 pm / Freddie Larue Smith S.I. 5:10 pm / Aunt Mary +
Tuesday July 30	12:10 pm / 5:10 pm /
Wednesday July 31	12:10 pm / 5:10 pm /
Thursday August 1	12:10 pm / 5:10 pm / Mary Basoo +
Friday August 2	12:10 pm / Jesus Correa Jr. S.I. 8pm - Holy Hour for Atonement
Saturday August 3	5:00 pm / Alice Walker S.I.



For the Special Intentions of:

Deacon Don DeHaven
Esther Valdez
Marina Speed
Abel
Mrs. Podnebesnaya
Carlos Corner Jr.
Mother Clara
Alexis Carlson Taylor
Lori and Son Michael
Katherine and Mother
Hazel
American Pastor
Rachelle Sanchez
Rebecca Guerra
Diane
Davis J
Miriam and Son
Rodolfo Martin
Nathan Derek Gomez
Phil
Ruiz Family
Zam Families
Marasigan Family and all S.I.
Ashley Family
Savannah Avila

For the Repose of the Soul of:

Ernesto Sta. Maria +
Elvira Harrison+
Dr. Alfred Le-Grand Sawyer+
Damien+



Readings & Observances

Sunday: 17th Sunday in Ordinary Time
Gn 18:20-32/Ps 138:1-2, 2-3, 6-7, 7-8 [3a]/Col 2:12-14/Lk 11:1-13

Monday: St. Martha
Ex 32:15-24, 30-34/Ps 106:19-20, 21-22, 23 [1a]/Jn 11:19-27 or Lk 10:38-42

Tuesday: St. Peter Chrysologus, Bishop & Doctor of the Church
Ex 33:7-11; 34:5b-9, 28/Ps 103:6-7, 8-9, 10-11, 12-13 [8a]/Mt 13:36-43

Wednesday: St. Ignatius of Loyola, Priest
Ex 34:29-35/Ps 99:5, 6, 7, 9 [cf. 9c]/Mt 13:44-46

Thursday: St. Alphonsus Liguori, Bishop & Doctor of the Church
Ex 40:16-21, 34-38/Ps 84:3, 4, 5-6a and 8a, 11 [2]/Mt 13:47-53

Friday: St. Eusebius of Vercelli, Bishop; St. Peter Julian Eymard, Priest
Lv 23:1, 4-11, 15-16, 27, 34b-37/Ps 81:3-4, 5-6, 10-11ab [2a]/Mt 13:54-58

Saturday: Lv 25:1, 8-17/Ps 67:2-3, 5, 7-8 [4]/Mt 14:1-12

MINISTRY DIRECTORY

HOLY HOUR FOR ATONEMENT THIS FRIDAY, August 2

Pope Francis has said regarding the abuse crisis that "every one of the baptized should feel involved in the ecclesial and social change that we so greatly need."

In response to this exhortation, the Parish Pastoral Council invites you to join us this Friday as we continue our monthly holy hour for healing and atonement in the Church. We pray for the healing of the Church and for the victims of abuse as well as for the sanctification of the clergy and the faithful. Please make every effort to join us. The Holy Hour is this Friday, August 2nd at 8:00 pm in the Cathedral.

WORLDWIDE MARRIAGE ENCOUNTER WEEKEND

Do you know that more than 1,500,000 couples in over 92 countries have experienced a Worldwide Marriage Encounter Weekend? They found something worth passing on. The next Marriage Encounter Weekends include: Aug 23-25, 2019 in Sacramento, CA and Oct 4-6, 2019 in Reno, NV.

For more information and/or to register for a Weekend, visit our website at: <https://www.sacramentowwme.org> or contact

Terry & Janet at applications@sacramentowwme.org or 916-489-3464.

PEACEFUL CIVIL RIGHTS MARCH AROUND THE CAPITOL

Tuesday, August 13, at 10:00 am sharp, beginning in front of the cathedral. In protest of SB24, which would allow abortion clinics on California College Campuses. The first 100 people will receive a t-shirt. You are encouraged to bring your own signs. Please stay on the sidewalks.

LAY MISSION PROJECT

Join other Catholics who seek to deepen their understanding of the faith and participate in Jesus' mission to the world in the ordinary circumstances of daily life. Whether you are a young adult, middle aged, or elderly, single or married, professional, retired, or a homemaker, the Lay Mission Project offers engaging formation that's accessible to the average busy layperson. Apply at <https://www.scd.org/family-and-faith-formation/lay-mission-project>.

Altarservers

Michael Ognisty, mfognisty@msn.com.

Benedictus Youth Group

Victoria Ramos, benedictusy@gmail.com

Brown Bag Lunch Ministry

Jerri Rush, jerrirush@comcast.net

Catechesis of the Good Shepherd

for ages 3+, for information, visit youngsheep.org, or call 916-910-3435

Cathedral A.C.T.S.

saccathedralacts.org

Cathedral Men's Group

Bob Meyers, cynm1@yahoo.com

Cathedral Saint Vincent de Paul

contact the rectory office

Cathedral Young Adults

Titi Kila, cathedralya@gmail.com

Choir (English)

Rex Rallanka, Music Director, rrallanka@cathedralsacramento.org

Choir (Spanish)

Jerry Vanoye in the choir annex after the 1pm Mass,

Cinema Divina Movies

or Ricardo Savala in the choir annex after 7pm Mass. Reggie King, Brian Perez, thecatholicstore@gmail.com

Communion & Liberation

catechesis meets every Wednesday at 7:15pm

Docents

Jill Pease, peasejill@gmail.com

Email Prayer Chain

Lynne Amerson, cbs1017pc@yahoo.com.

Extraordinary Ministers of Holy Communion

Amy McCormick, ammccormick@att.net

Festival of Trees and Lights

Paula Trujillo, trupaula@gmail.com

Front Door Ministry

ministries@cathedralsacramento.org

Greeters and Ushers

Tom Waddock, 916-444-3071, x 36

Hospitality

Celeste Gisla, jfgisla@surewest.net

Knights of Columbus

Jaime Elizaldi, jaimel Elizaldi@gmail.com

Lectors

Fred Heacock, fheacock72@hotmail.com

Respect Life Ministry

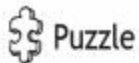
Veronica Avina, veronicaavina@yahoo.com

Rosary Club

Lolita Urrutia, lolita.urrutia@gmail.com.

Spanish Parents Group Leaders

Leticia Hilbert, leticia_hilbert@hotmail.com



Fit this Gospel message into the empty squares:

You are not ashamed to keep on asking.



Cathedral Kids

Sharing the Gospel - Do you know how to pray? All you need to do is talk to God. He is your loving Father. Tell him how you would like to make him happy. Ask him to give you the things you really need. Ask him to help you forgive other people, just like he forgives you. God loves you, so talk to him often.

Prayer - Dear God, thank you for loving me and listening to me.

Mission for the Week - Make time to pray every day this week.

Read the Gospel and Color





Esquina del Pastor

Parece que tanto de la vida está tratando de averiguar qué es lo que se supone que debemos estar haciendo. Seguir la carrera, criar a los niños, planear las fiestas, diseñar la casa, obtener el título, trabajar y levantarse y dar tiempo a Dios puede hacernos sentir como si simplemente estuviéramos ocupados para no darnos cuenta de cómo fuera de pista realmente somos. La gente a menudo me dice que está segura de que tiene un propósito en este mundo y, sin embargo, está luchando con encontrar una razón para vivir. Cuando todo lo que perseguimos, la familia, el trabajo, las posesiones materiales y los deseos, nos dejan todavía vacíos, ¿qué es lo que se supone que debemos hacer? Aunque volvemos hacia la Iglesia y Dios nos puede dar un significado más profundo, después de un período de tiempo podemos comenzar a preguntarnos si esto también es algo que nos distrae del verdadero significado de nuestra vida.

A medida que envejezco, veo que la mayoría de nuestras actividades nos mantienen en el centro de nuestras acciones. Incluso nuestra conexión con Dios está destinada a ayudarnos a cumplir algún tipo de significado en nuestras vidas. Todo esto tendría mucho sentido si no estuviéramos tratando de acercarnos a la vida con algo de fe en lo divino. Una vez que agregamos a Dios a la ecuación, necesariamente debemos sacarnos del centro y colocarlo allí. Para la mayoría de los creyentes, nos mantenemos en el centro y esperamos que Dios resuelva nuestras expectativas. Al final, creamos o no, con nosotros en el centro, quedamos claramente con el vacío.

Pon a Dios en el centro de tu vida. Es obvio y lo predicamos todo el tiempo. Es tan simple como esforzarse por darle la gloria a Él en todo lo que decimos y hacemos. No te esfuerces por complacerte ni a nadie más. Esfuércese por agradar a Dios y todo y todos los demás encontrarán el lugar adecuado. El verdadero propósito de nuestras vidas, la verdadera razón por la que Dios nos hizo, es simplemente revelar al mundo su presencia (como en "el reino está aquí") y su amor (como en "Dios es amor"). Esto es agradable a Dios. No hay nada más que necesitamos hacer. Simplemente dile y muestra al mundo que crees en la Santísima Trinidad, y Dios se encargará del resto. Puede que encuentres tu mundo exterior más vacío, pero tu mundo interior estará lleno. (Publicado por primera vez el 07-22-18)

Padre Michael

Informe de oferta

La Parroquia de la Catedral es apoyada únicamente por ofertorios semanales y donaciones individuales. Es una organización autosuficiente, sin fines de lucro y no recibe fondos de ninguna otra fuente, incluida la Diócesis de Sacramento o cualquiera de sus parroquias. Los gastos semanales de la Catedral superan los \$ 20,000. Para mantener la integridad fiscal, el ofertorio de cada semana debe cubrir más de la mitad de los gastos. El Consejo de Finanzas ha establecido una meta de ofrenda semanal de \$ 11,500.

Oferta	de fin de semana	% de goles
22/23 de junio	\$ 8,008	69%
06/07 de julio	\$ 8,237	71%
13/14 de julio	\$ 7,424	64%.
20/21 de julio	\$ 8,422	73%

Su apoyo es muy apreciado y vital para mantener a la parroquia y sus ministerios para los pobres y hambrientos, así como para mantener este centro espiritual y un hito de importancia histórica. ¡Gracias por su generosidad!

Esquina de BBL :

Durante los meses de verano, cuando hace mucho calor, es importante mantenerse hidratado. Los ministerios Cathedral BBL y SVdP tienen una bañera llena de agua embotellada fría y cada uno de nuestros huéspedes disfruta de un extra.



Los ministerios BBL y SVDP están llevando a cabo una

"Caja de agua embotellada"

Manejar el domingo 4 de agosto en todas las misas. Por favor traiga su caja de agua antes o después de la misa y déjelo en el callejón detrás de la rectoría. Los ayudantes están disponibles para descargar su agua donada.



¡Gracias por su apoyo continuo a nuestras personas sin hogar en el centro de la ciudad!



"Y si alguien le da incluso una taza de agua fría a uno de estos pequeños que es mi discípulo, de verdad le digo, esa persona ciertamente no perderá su recompensa ". ~ Mateo 10:42 ~

Esta es tu parroquia

Aproveché la oportunidad para asistir a las reuniones del Consejo Pastoral Parroquial y del Consejo de Finanzas la semana pasada. Mi intención era ver de primera mano lo que los consejos de nuestra parroquia estaban planeando y discutiendo, para poder informarles a ustedes, la Parroquia.

El Consejo Pastoral Parroquial es una buena representación cruzada de la parroquia; étnicamente, culturalmente, y por edad (aunque actualmente están tratando de encontrar un Milenio que pueda servir). Solo se han reunido una vez al mes durante aproximadamente diez meses, pero existe una evidente camaradería y facilidad de comunicación entre los miembros. Siguen los procedimientos parlamentarios y trabajan desde una agenda para que las cosas sigan avanzando.

La Primera Hora Santa del Viernes para la Expiación en la Iglesia fue la primera actividad planificada del consejo. Actualmente están hablando con Hábitat para la Humanidad sobre su próxima "Creación de Unidad", que debería tener más detalles sobre el próximo mes.

El consejo también ha asumido la responsabilidad de planificar el Picnic Anual de Reconocimiento a los Voluntarios, que se llevará a cabo el viernes 13 de septiembre. El consejo necesita unas 30 personas para ayudar con el picnic. Si aún no es voluntario en el ministerio, esta sería una gran oportunidad para que se involucre, conozca a algunos de los miembros activos de la parroquia y posiblemente encuentre un nicho de ministerio para usted. Si está interesado, complete el formulario a continuación o envíe un correo electrónico a cathedralsacramento@gmail.com.

También están empezando los planes para la Feria Anual del Ministerio. Querrán escuchar a todos los líderes de los ministerios para obtener ideas que involucren a los feligreses y ayuden a hacer crecer nuestros ministerios.



El Consejo de Finanzas se enfrenta a un desafío aún mayor. Tienen la tarea de desarrollar un presupuesto equilibrado y sostenible para el año fiscal en curso. Como cualquier organización grande, la Catedral tiene grandes gastos; nómina, servicios públicos, suministros litúrgicos y mantenimiento de un edificio de 40,000 pies cuadrados. Sin mencionar, el deseo adicional de brindar ayuda a nuestros hermanos y hermanas necesitados.

Somos una catedral, un "asiento" para un obispo y un buque insignia para una diócesis. Eso significa que nuestras responsabilidades van más allá de una comunidad parroquial normal. La catedral es tu parroquia. Estamos bendecidos de tener más, por lo tanto se requiere más de nosotros.

¿Por qué las iglesias siempre nos piden dinero? A veces parece que eso es lo único que les importa. Pero la verdad es que tienen que preocuparse por ello. Y nosotros también.

Si ha estado leyendo los informes semanales de ofrendas en el boletín, ha visto que usualmente estamos entre un 25% y un 35% por debajo del mínimo que necesitamos. Estoy seguro de que algunos dirían que la Catedral es "demasiado grande para fallar". Pero ninguna institución puede continuar operando indefinidamente con un déficit. Cuando observamos las muchas iglesias en Europa que ya no funcionan como parroquias, sino que son solo museos, ¿cómo podemos asumir que nunca enfrentaríamos la misma suerte?

Necesitamos su entrada. No solo financieramente, sino en todos los sentidos. Los Consejos necesitan saber qué les preocupa. ¿Qué ideas tienes? ¿Cómo puedes ayudar? ¿Qué podemos hacer por ti? ¿Qué te gustaría que sucediera en tu parroquia? Tu opinión es importante para la supervivencia de tu parroquia y de tu iglesia.

Hay muchas personas aquí haciendo lo que pueden para satisfacer las necesidades de la parroquia, la catedral y la comunidad. ¿Es usted uno de ellos? ¿Usted va a estar?

NOTA: Las opiniones expresadas en el texto pertenecen únicamente al autor, y no necesariamente a ningún otro grupo o individuo en la Catedral del Santísimo Sacramento.

¡Tu opinión importa! Danos tus opiniones, preguntas o inquietudes.

Soy un: Parroquiano (Número de años _____) Visitante (de _____)

Soy: 18-35 36-49 50+ Casado Solo Cuántos hijos tiene _____

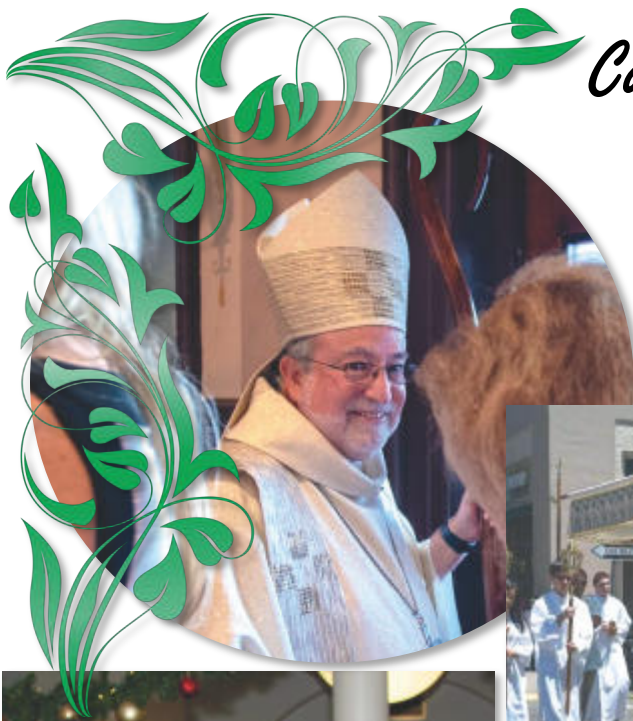
Comentarios:

Nombre: (Opcional): _____ Correo electrónico Opcional): _____

Por favor, entregue este formulario a un Usher o colóquelo en la canasta de ofrendas. O bien, puede enviar un correo electrónico con sus opiniones / preguntas a cathedral.sacramento@gmail.com.

¡Gracias por tu ayuda!

Come Visit. Come Worship. Come Home.



TOURS

We love to share our Cathedral history! Tours are FREE, led by trained Docents, and held after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours begin at the Baptismal Font. Contact 916-444-3071 to arrange free private group tours.

Los tours en español se llevan a cabo el 1er y 3er domingo del mes después de la misa de 1pm.



#3 of 146 things to do in Sacramento



Visit our **GIFT SHOP** downstairs

Sundays 9:00 am to 3:00 pm
Tuesdays 10:30 am to 12:00 pm

RELIGIOUS EDUCATION PROGRAMS

The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A., for adults, teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program.

If you've been coming to Mass for a while, but are not Catholic, or were baptized Catholic but never completed your faith formation classes, we invite you to look deeper into the Catholic faith. Come meet some faithful Catholics who love the Lord and would consider it a privilege to get to know you. We invite you to learn what Catholics believe in an open and welcoming environment. The **Rite of Christian Initiation of Adults (RCIA)** sessions meet every Monday Evening at 7 PM in the lower level of the Cathedral. Feel free to come any Monday evening. For more information on all of our faith formation programs, please call **916-444-5364** or email Sister Jenny Aldeghi FDCC, Director of Religious Education, jenny@cathedralsacramento.org



What God has joined together...

MARRIAGE PREPARATION - The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Janet & Omar Bardales at matrimonyprep@att.net, or 916-427-9160, or Sister Jenny at 916-444-5364. You do not have to have your wedding at the Cathedral to take this class.

GET MARRIED AT THE CATHEDRAL - If you would like to celebrate the Sacrament of Matrimony at the Cathedral, Contact Wedding Coordinator, Titi Kila at tkila@cathedralsacramento.org, at least *six months* before your desired wedding date to arrange a meeting.

If you would like to have your **civil marriage** blessed in the Catholic Church, or if you have been together for a number of years and would like to be married in the Church, this can often be done in a small, private ceremony called a **Convalidation**, without any cost or fee. To explore this possibility, contact Deacon John 444-3071 Ext. 11; or at jgilsa@cathedralsacramento.org.



Cathedral of the Blessed Sacrament

1017 11th Street, Sacramento, CA 95814

916-444-3071, Fax 916-443-2749, cathedralsacramento.org

Rectory Office Hours — Monday to Friday, 9:00 am to 12:00 pm, 1:00 pm to 5:00 pm

MASSES

Monday to Friday	12:10 pm
Monday to Thursday	5:10 pm
Saturday Vigil	5:00 pm
Sunday	7:30 am
	9:00 am
	11:00 am
	1:00 pm en Español
	3:00 pm Chinese
	5:00 pm
	7:00 pm en Español
State Holidays	12:10 pm only

SACRAMENT OF CONFESSION

Monday to Friday	11:30 am to 12:00 pm
Saturday	4:00 pm to 4:45 pm
Domingo en Español	12:30 pm a 12:45 pm
	6:30 pm a 7:00 pm

EUCCHARISTIC ADORATION

When attendants are available:

Wednesday	12:45 pm to 4:45 pm
Thursday	12:45 pm to 4:45 pm
Friday	12:45 pm to 3:45 pm

ANOINTING OF THE SICK - By appointment only.

Call the rectory at 916-444-3071

BAPTISMS (Registration is required)

English - 3rd Saturday of the month, 9:00am
Español - 4º Sábado del mes, 9:00am

BAPTISM CLASSES (No registration required)

English - 1st Thursday of the month, 7:00pm
Español - 2do jueves del mes, 7:00pm

The bulletin is funded by the advertisers on pages 11 & 12. To place *your* ad, call Jeff at 1-800-950-9952 Ext 2513 or at JTKachuk@4LPi.com. To place an announcement in the bulletin, send submissions to cathedralsacramento@gmail.com, nine calendar days before desired publication weekend.

PASTORAL AND ADMINISTRATIVE STAFF

Father Michael O'Reilly, Rector
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Father Nicholas Ho, Chinese Mass
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聖女瑪爾大（七月二十八日）

聖女瑪爾大是拉匝祿和瑪達肋納的姐姐，住在伯達尼城。

聖經上三次提及瑪爾大的事。其中一段文字，是在耶穌復活拉匝祿的時候；其餘二段是耶穌到伯達尼的時候。她忙碌著招待耶穌，瑪達肋納卻坐著靜聽耶穌講道，一點不去幫忙她做事。瑪爾大對耶穌說：「主，我的妹妹丟下我一個人侍候，您不介意嗎？請您叫她來幫助我。」耶穌答道：「瑪爾大！瑪爾大！你為了許多事操心忙碌；其實，需要的只有一件，瑪利亞選擇了最好的一份，那是不能從她手裏奪去的。」

拉匝祿死了以後，耶穌到伯達尼。瑪爾大一聽說耶穌來了，就去迎接他。瑪爾大對耶穌說：「若是您在這裏，我的兄弟決不會死了。就是現在，我也知道：您無論向天主求什麼，天主必要賜給您。」耶穌對她說：「你的兄弟要復活。」瑪爾大道：「我知道在末日復活時，他必要復活。」耶穌對她說：「我就是復活，就是生命。信從我的人，即使死了，仍要活著。凡活著而信從我的，一定永遠不死。這一點，你信嗎？」瑪爾大對耶穌說：「是的，我信您是默西亞，天主子。」瑪爾大的信德多麼堅固，她所說的最後幾句話，與伯多祿宣認信仰的話，互相媲美。

相傳瑪爾大和她的妹妹瑪達肋納同往法國傳教。

St. Martha (July 28)

St. Martha is the sister of Lazarus and Mary Magdalene and lives in Bethany.

The Bible mentions the great things of Martha three times. One of the words was when Jesus resurrected Lazarus; the other two were when Jesus came to Bethany. She was busy with entertaining Jesus, but Magdalene sat down and listened to Jesus preaching, not helping her to do things. Martha said to Jesus, "Lord, my sister left me alone, don't you mind? Please ask her to help me." Jesus replied: "Martha! Martha! You are doing a lot of things."

Careful and busy; in fact, only one is needed, and Maria chose the best one, which cannot be taken from her."

After Lazarus died, Jesus went to Bethany. When Martha heard that Jesus was coming, he went to meet him. Martha said to Jesus, "If you are here, my brother will never die. Now, I also know that no matter what you ask God, God must give it to you." Jesus said to her, "Your brother is going to be resurrected." Martha said: "I know that he must be resurrected when he is resurrected in the last days." Jesus said to her, "I am the resurrection, the life. Those who believe in me, even if they die, still have to live. Anyone who believes in life and believes in me must never die. Do you believe this?" Martha said to Jesus, "Yes, I believe that you are Messiah, son of god." The faith of Martha, the last few words she said, and the words of Peter's confession of faith are comparable to each other.

It was said that Martha and her sister Magdalene went to France to preach.

本週報告（會長）

我們將於八月十七日在上午九點開始在Christ the King Retreat Center進行年度避靜。避靜的主題是「上主的居所」。每位的費用為四十元（包括午餐）。有意參加避靜的教友，請在八月三日向Oliver或Gloria報名。

我們將於八月十七日晚上七點在海港海鮮酒家（5675 Freeport Blvd Sacramento, CA 95822）會為何神父以及所有89歲或以上的教友們免費慶祝生日。費用是每位\$25（13歲至88歲），小童五歲至12歲每位\$12，五歲以下免費（89歲或以上的教友與及小童五歲或以下是免費的）。有興趣的可以與Gloria或Oliver聯絡報名，請大家於報名時候付款

Announcement this week (President)

We will have our annual retreat on August 17 at Christ the King Retreat Center starting at 9am. The theme for the retreat is "The Lord's Dwelling Places." The fee is \$40 each person including lunch. Anyone interested can RSVP with Oliver or Gloria by August 3.

We will celebrate Father Ho's birthday and the birthdays of parishioners age 89 and over during the evening of August 17 at 7pm in Hong Kong Island Seafood Restaurant (5675 Freeport Blvd, Sacramento, CA 95822) The donation ticket is \$25 per person between the ages of 13 and 88 (free for parishioners age 89 and up), \$12 for each child 5 to 12 and fee for children under 5. Please contact Gloria or Oliver to sign up and pay when signing up.



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