

Volume 18 * Issue 7



Cathedral of the Blessed Sacrament

February 18 2018 * 1st Sunday in Lent



Pastor's Corner

Father Michael O'Reilly

40 days

(1) excited feet burning on desert sand (2) hunger growling to devour (3) tanning in the sun (4) fear and turn back (5) still no service (6) lips blistering and cracked (7) silence drifts by (8) weight melts and fat sizzles (9) please call the doctor (10) Lord save me (11) too weak to resist (12) sun beating and shrinking (13) last exhale (14) liquid evaporating (15) life feasting (16) this was a mistake (17) journeying at night (18) no one to carry the baggage (19) odors of the body intrude (20) memories collide (21) regretting things said (22) I never was king (23) bones sticking out (24) birds cease to have interest (25) so much time wasted (26) a life filled with unused embraces (27) offering masses (28) rest in peace (29) body in pieces (30) burdens lifted (31) crosses burnt (32) half organic, half sand (33) effortless peace (34) curious insect and broken glasses (35) teeth (36) hair (37) bones (38) dust (39) ashes.

(40) God is alive.

The surprisingly secular meaning of the word "Lent"

Philip Kosloski

Similar to the English word "Easter," the word "Lent" was originally a secular word with no particular religious associations.

The word is traced etymologically to an Old English word *lencten* (related to "lengthen," referring to the lengthening of days) that simply referred to the season of spring. It is also related to a Teutonic word with the same meaning.

The penitential season in the Church always fell during the springtime in Europe and over the centuries the word "Lent" became synonymous with the liturgical period. Additionally, for the Anglo-Saxon people it was an easier word than the official Latin title. In Latin it is called *quadragesima*, which means the "40 days" (or more literally the "40th day" before Easter). This term identifies the season with the 40-day period of preparation before the celebration of Jesus's Passion, death and resurrection.

Nevertheless, spiritual writers have pointed out how this identification is spiritually beneficial. Lent is generally seen as a time of spiritual renewal, a type of "spiritual spring," when a soul is renewed in fervor and cleansed of all impurities. Saint John Paul II summarized it well during a General Audience in his pontificate.

Here then is revealed the meaning and necessity of the Lenten season which, by its call to conversion, leads us through prayer, penance and acts of fraternal solidarity to renew or reinvigorate our friendship with Jesus in faith, to free ourselves from the deceptive promises of earthly happiness and once again to savor the harmony of the interior life in authentic love for Christ.

LENT

WEEKLY READINGS AND OBSERVANCES

18 Sunday: Gn 9:8-15/Ps 25:4-5, 6-7, 8-9 [cf. 10]/1 Pt 3:18-22/Mk 1:12-15

19 Monday: Lv 19:1-2, 11-18/Ps 19:8, 9, 10, 15 [Jn 6:63b]/Mt 25:31-46

20 Tuesday: Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19 [18b]/Mt 6:7-15

21 Wednesday: Jon 3:1-10/Ps 51:3-4, 12-13, 18-19 [19b]/Lk 11:29-32

22 Thursday: 1 Pt 5:1-4/Ps 23:1-3a, 4, 5, 6 [1]/Mt 16:13-19

23 Friday: Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8 [3]/Mt 5:20-26

24 Saturday: Dt 26:16-19/Ps 119:1-2, 4-5, 7-8 [1b]/Mt 5:43-48

25 Next Sunday: Gn 22:1-2, 9a, 10-13, 15-18/Ps 116:10, 15, 16-17, 18-19 [9]/Rom 8:31b-34/Mk 9:2-10

7 Biblical Purposes for Music by Dr. Paul Chappell

The Purpose of Worship: "And all the congregation worshipped, and the singers sang, and the trumpeters sounded: and all this continued until the burnt offering was finished" (2 Chronicles 29:28).

The Purpose of Thanks: "Sing unto the Lord with thanksgiving; sing praise upon the harp unto our God" (Psalm 147:7).

The Purpose of Rejoicing: "Make a joyful noise unto the Lord, all the earth: make a loud noise, and rejoice, and sing praise. Sing unto the Lord with the harp; with the harp, and the voice of a psalm" (Psalm 98:4-5).

The Purpose of Consecration: "Search me, O God, and know my heart: try me, and know my thoughts" (Psalm 139:23). (Spoken in song!) "Praise ye the Lord. I will praise the Lord with my whole heart, in the assembly of the upright, and in the congregation" (Psalm 111:1).

The Purpose of Edification: "Let the word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord" (Colossians 3:16).

The Purpose of Evangelism: "And he hath put a new song in my mouth, even praise unto our God: many shall see it, and fear, and shall trust in the Lord" (Psalm 40:3).

The Purpose of Preservation of Faith: "One generation shall praise thy works to another and shall declare thy mighty acts. I will speak of the glorious honor of thy majesty, and of thy wondrous works" (Psalm 145:4-5).

Cathedral Ministry Focus



Cathedral Choir



Such an integral part of our liturgy, what would the Mass be without music?

Led by Choir Director and Organist, Rex Rallanka, the cathedral is truly blessed to have a terrific choir that delights parishioners and visitors alike. Many of the choir members have been singing at the cathedral for many years. Rex has been here since the completion of the restoration in 2005. For cantor Lola Krist, it's been over 40 years!

The choir rehearses weekly on Wednesdays, and warms up at 10:30 am, before performing at the 11am Sunday Mass. They are committed to being present for all major liturgical events, especially during the Easter and Christmas seasons. Because we are the cathedral for the Diocese of Sacramento, they are also a part of any special diocesan event, like ordinations of priests or deacons. The choir is normally on hiatus from late June to early September, though last year, they gave individuals thinking about joining the choir during the regular season, the opportunity to sing with available choir members during the summer months.

The choir is always looking for joyful voices to join in their welcoming and supportive "family" community. If you sing and have a basic knowledge of music theory, you are invited to audition. Contact Choir Director, Rex Rallanka at rrallanka@cathedralsacramento.org or at 916-444-3071, ex. 38, to get more information or schedule a meeting or audition.



© Alejandro Mora
Photography

Choir Photos by Titi Kila and Alejandro Mora



Theresa Perez, long-time member of the Cathedral Choir, passed away on January 21. She is survived by her husband of nearly 65 years, 8 children and spouses, 17 grandchildren, 6 great-grandchildren, and many extended family members. She will be dearly missed.



RCIA

RITE OF ELECTION, RITE OF SENDING

People involved in the RCIA process are either catechumens or candidates. A candidate is a baptized Christian who is preparing to become a Catholic, and catechumens are those who have never been baptized.

For catechumens and candidates, the role of Lent is a period of final preparation. This stage begins with the Rite of Election which normally occurs on the First Sunday of Lent. Catechumens and candidates are presented to the Bishop of the diocese at the cathedral. The catechumens' names are inscribed in a Book of the Elect and candidates commit to continuing conversion.

During this Period of Purification, catechumens participate in several rites during parish liturgies.

On the third, fourth and fifth Sundays of Lent are Scrutinies, during which special prayers are offered for the catechumens "to uncover, then heal all that is weak, defective or sinful in the hearts of the elect; to bring out then strengthen all that is upright, strong and good." (Rite of Christian Initiation of Adults, no. 141).

At the Easter Vigil, catechumens are baptized and confirmed; candidates are confirmed. The new Catholics complete their initiation by approaching the Lord's table for the first time to receive His Body as full members of His Body at last.

The rites of Christian initiation all occur at Sunday parish liturgies. Catechumens are being formed to be members of the Body of Christ, and it is the responsibility of the entire parish to participate in this formation through witness, support and prayer. What is happening there is not something "extra." The Church exists to bring souls to Christ. The people who stand before us during these rituals are evidence that the Church is doing its work. They are drawing closer to Christ through His Body, the Church. Their presence among us is an occasion of celebration and gratitude.

Catechumens

Sabrina Edward
Christian Halcomb
Lucas Halcomb
Tulola Halcomb
Jonathan Irigoyen
Myron Loui
Joseph Martinez
Jesus Melendez
Giovani Ochoa
Arracelli Pastran
Heather Pentacoff
Courtney Tavaras
Randy Thomas
Carla Tumiwa

Candidates

Kelsey Boatman
Christine Boso
Dalila Castillo
Maria Catini
Monica Daikai
Paden Diaz
Lanylene Fumar
Leilani Givens-Moreno
Layllah Gould
Jonathan Guina
Ian Hart
Briyana Hernandez
Dominique Hernandez
Amari Hernandez
Bjorn Lee
John Lukas
Matea Marshall
Brianna Palacios
Jacob Skidmore
Chris Walker
Lynne Walker



Best Wishes to Bishop Myron Cotta



Bishop Cotta is preparing to take on his new appointment as Bishop of the Diocese of Stockton beginning March 15. Please keep him in your prayers and join parishioners from all over the Sacramento Diocese at a Mass of Farewell on Sunday, February 25, 2018 at 2pm at St. Clare Parish in Roseville. Mass will be followed by a reception in the Morris Center.

Bishop Jaime Soto invites all Catholics in the Diocese of Sacramento to reflect on the results of the Diocesan V Encuentro and the Preparatory Document for Synod 2018 concerning our Youth on Saturday February 24, 2018 from 8:30 am – 5:00 pm at Holy Rosary Parish Center, 575 California St., Woodland. To register contact Julia Jimenez at 916-733-0177 or jjimenez@scd.org.

40 DAYS FOR LIFE: Come and help women who may be dealing with a crisis pregnancy and help save the lives of babies! The sidewalk vigil began Wednesday, February 14th at FPA Women's Health Clinic, 2322 Butano Drive, Sacramento, Monday to Friday, from 8am to 6pm. Sign up for hours at 40daysforlife.com/sacramento. Call Susan Money at 530-320-1614 or susanalive@gmail.com.

Church bulletins are free to the parish, supported by the advertising dollars from generous local businesses. These are just some of the fine businesses that are supporting the cathedral bulletin with their ads:

Thee Upper Crust Pizza, 1200 K St Ste 10, Sacramento 916-444-0844

Family Dentistry, 2335 American River Dr Ste 300, Sacramento 916-929-0331

Law Offices of Mehlhop & Vogt, 1330 21st St Ste 102, Sacramento, 916-930-9675

Thank you for supporting all the vendors listed on the last two pages of the bulletin, who make this publication possible. If you are interested in placing an ad to grow your business while supporting the Cathedral, contact Liturgical Publications at 1-800-950-9952.

Christian Formation for the Youngest Children - The Catechesis of the Good Shepherd is a Montessori-based approach to Christian formation, through which children as young as three, or even younger, form deep, lifelong relationships with our Lord. To learn more, either as a parent and/or as a prospective catechist, contact us today to schedule a visit in February or early March, at 916-834-6765 or admin@youngsheep.org. www.youngsheep.org



Mass, Intentions & Activities

Date	Mass / Intentions	Activities
Saturday February 17	5:00 pm / 7:30 pm / Rite of Election #1	10:00am CCD classes
Sunday February 18	7:30 am / People of the Parish 9:00 am / Rite of Sending RCIA 11:00 am* / 1:00 pm Spanish / 3:00 pm / Chinese Mass - Lower Level 3:00 pm / Rite of Election #2 5:00 pm / 7:00 pm / Spanish Mass - Lower Level 7:30 pm / Rite of Election #3 *Liturgy of the Word for Children	9:00am RCIA for Children & Teens 9:30am RCIA Breaking of the Word 11:00am CCD Spanish Classes Spanish Speaking Adult Education 2:30 pm Chinese Stations of the Cross
Monday February 19	PRESIDENT'S DAY 12:10 pm / No 5:10pm Mass	6:30pm RCIA Evening Prayer 7:00pm RCIA Class
Tuesday February 20	12:10 pm / 5:10 pm /	6:00pm Spanish Choir for the 7pm Mass 7:00pm Teen Confirmation Class
Wednesday February 21	12:10 pm / 5:10 pm / <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 10px auto;">Intentions unavailable at time of publication.</div>	7:00pm First Confessions- English 7:00pm English Choir Rehearsal 7:15pm Communion & Liberation 7:15pm The Rosary Club
Thursday February 22	12:10 pm / 5:10 pm /	7:00pm Bible Timeline
Friday February 23	12:10 pm /	12:40pm English Stations of the Cross after 12:10 Mass 7:00pm Spanish Stations of the Cross

Offering Mass for a special intention is a long-standing tradition in the Catholic Church. Masses are offered for many reasons: for the souls in purgatory, in remembrance for someone who is deceased, or in honor of a birthday or special anniversary. If you would like to have a Mass said for someone, please contact the rectory office for help with available dates and times. A \$10.00 donation per request is appreciated.

Please Remember in your Prayers:

Carlos Palacios Family	Felix Nunez Claver	The Brown Family
Haylee Flory & Family	Alvin Sul	Yenecia Gutierrez
Alma Mosquera	Anyrani Gonzalez	Dennis Studebaker S.I.
Luis Romo	Erin Nicole Tam	Lawrence Afamasanga
Deacon Don DeHaven	Riley Hana	Vailoauta Lopa
Emma Valdez	Lee McClure	Guy Cook
Eugenia Roque	Noah Anthony Hernandez	Andrea
Alfredo Rivera	Giang Tran	Anastasia Main & Family
Adolfo Espinoza	Joel and Cesar	Lola Krist
Raymundo Guerrero	Miguel and Family	
Natalia Galan	Michael Jose Mejia	
Salomon Galan	Luis Gutierrez, Jr.	
Tomasita Rodriguez	Luis Gutierrez, Sr.	
Rosa Carrillo	Cynthia Belarma	
	Stephen and Julie	
	Miles J. Flanagan	
	Louis Metzinger	

Cathedral Kids

 Read the Gospel and Color



Sharing the Gospel - In today's Gospel, Jesus spent forty days in the desert. Jesus stayed close to God, and he followed God's directions every day of his life. When Satan came to test Jesus he was ready. Jesus passed every test beautifully. He said "No" to temptation. When you write spelling words over and over, it is easier to remember them. If you are learning a new language, it helps to make flash cards to practice with. Once you memorize all your words, taking the test is pretty easy. The more you read the Bible and do what God asks in his word, the easier it will be for you to pass Satan's tests, too.

Prayer - God, help me to stay close to you so that I am ready for my tests.

Mission for the Week - Memorize Proverbs 1:3, "You will learn what is right and honest and fair." Practice writing it and saying it every day, until you know this verse by heart.

Puzzle

Find and circle these words from today's Gospel:

SPIRIT
JESUS
DESERT

FORTY
SATAN
TESTED

ANIMALS
ANGELS
BELIEVE

E S Y T U O I G U F E
R A N I M A L S J O R
I T G S Y N O E A R I
S A L O F G D N S T N
T N E T A E S J I Y O
E M S B E L I E V E S
S U O J T S R S O S U
T S P I R I T U P A T
E L A D L U N S E D Y
D E S E R T M I R O N
O T I M Y B A L Y T A



Esquina del Pastor

Padre Michael O'Reilly

40 días

(1) pies emocionados ardiéndose en la arena del desierto (2) hambre gruñendo para devorar (3) bronceándose bajo el sol (4) temor y volviendo atrás (5) no servicio aún (6) labios ardidos y partidos (7) el silencio pasa (8) el peso se derrite y la grasa se frie (9) por favor llama al médico (10) Señor salvame (11) muy debil para resistir (12) sol latiendo y encogiéndose (13) último suspiro (14) liquido evaporándose (15) vida celebrando (16) esto fue un error (18) viaje nocturno (18) nadie para cargar el equipaje (19) olores del cuerpo invaden (20) recuerdos chocan (21) arrepintiéndose de cosas dichas (22) nunca fui rey (23) huesos saliendo (24) pajaros dejan de tener interés (25) tanto tiempo desperdiciado (26) una vida llena de abrazos no usados (27) ofreciendo misas (28) descanse en paz (29) cuerpo en pedazos (30) cargas levantadas (31) cruces quemadas (32) mitad organico mitad arena (33) paz sin esfuerzo (34) insecto curioso y lentes rotos (35) dientes (36) cabello (37) huesos (38) polvo (39) cenizas.

(40) Dios esta vivo.

Las personas involucradas en el proceso de RICA son catecúmenos o candidatos. Un candidato es un cristiano bautizado que se prepara para convertirse en católico, y los catecúmenos son aquellos que nunca han sido bautizados. Este fin de semana es el Rito de envío para RCIA. Mantenga a estas personas en sus oraciones mientras continúan sus viaje.

Catecúmenos

Sabrina Edward
Chritian Halcomb
Lucas Halcomb
Tulola Halcomb
Jonathan Irigoyen
Myron Loui
Joseph Martinez
Jesus Melendez
Giovani Ochoa
Arracelli Pastran
Heather Pentacoff
Courtney Tavaras
Randy Thomas
Carla Tumiwa

Candidatos

Kelsey Boatman
Christine Boso
Dalila Castillo
Maria Catini
Monica Daikai
Paden Diaz
Lanylene Fumar
Leilani Givens-Moreno
Layllah Gould
Jonathan Guina
Ian Hart
Briyana Hernandez
Dominique Hernandez
Amari Hernandez
Bjorn Lee
John Lukas
Matea Marshall
Brianna Palacios
Jacob Skidmore
Chris Walker
Lynne Walker



LAS LECTURAS

18 Domingo: Gn 9, 8-15/Sal 25, 4-5. 6-7. 8-9 [cfr. 10]/1 Pe 3, 18-22/Mc 1, 12-15

19 Lunes: Lv 19, 1-2. 11-18/Sal 19, 8. 9. 10. 15 [Jn 6, 63]/Mt 25, 31-46

20 Martes: Is 55, 10-11/Sal 34, 4-5. 6-7. 16-17. 18-19 [18]/Mt 6, 7-15

21 Miércoles: Jon 3, 1-10/Sal 51, 3-4. 12-13. 18-19 [19]/Lc 11, 29-32

22 Jueves: 1 Pe 5, 1-4/Sal 23, 1-3. 4. 5. 6 [1]/Mt 16, 13-19

23 Viernes: Ez 18, 21-28/Sal 130, 1-2. 3-4. 5 -7. 7-8 [3]/Mt 5, 20-26

24 Sábado: Dt 26, 16-19/Sal 119, 1-2. 4-5. 7 -8 [1]/Mt 5, 43-48

25 Domingo siguiente: Gn 22, 1-2. 9. 10-13. 15-18/Sal 116, 10. 15. 16-17. 18-19 [9]/Rom 8, 31-34/Mc 9, 2-10



MEDITACIÓN EVANGÉLICO - ALENTAR ENTENDIMIENTO MÁS PROFUNDO DE LA ESCRITURA

18 de febrero de 2018 1er Domingo de la Cuaresma

La Cuaresma es tiempo de verdad. ¿Cómo acoger la llamada a la conversión que Jesús nos dirige también en esta Cuaresma? ¿Cómo llevar a cabo un serio cambio de vida? Es necesario, ante todo, abrir el corazón a los conmovedores mensajes de la liturgia. El periodo que prepara la Pascua representa un providencial don del Señor y una preciosa posibilidad de acercarse a Él, entrando en uno mismo y poniéndose a la escucha de sus sugerencias interiores. (Mensaje del Santo Padre San Juan Pablo II para la Cuaresma 2001). El mensaje continúa diciendo. "Examinémonos con sinceridad, franqueza y sencillez. Nuestro hermano esta en el pobre, el enfermo, el marginado, el anciano. ¿Cómo va nuestra verdad, nuestro amor?"

La Cuaresma, también, nos invita al silencio, a encontrar a Dios en el camino hacia el desierto, a ver cuáles son las tentaciones que se presentan en nuestra vida diaria, y descubrir métodos del cómo vencer a las mismas. El Señor Jesús también encuentra en el desierto tentaciones, pero a la vez encontró la presencia de Dios más intensa, presencia que le da fuerza para vencer los ataques del enemigo. Por nuestra experiencia, nuestra tendencia es lidiar con cosas difíciles, e incómodas, tareas que nos retan. Con frecuencia nos vemos obligados a que nos empujen. La Cuaresma es empuje a un cambio, a sacar de nosotros lo máximo. Inténtalo, este es el tiempo de la verdad, como nos lo decía San Juan Pablo II. ¿A quién pediré que me empuje en esta Cuaresma? ¿A quién debo dar un empujón en esta Cuaresma?

VIVIR LA LITURGIA - INSPIRACIÓN DE LA SEMANA

¡Arrepiéntanse y crean en el Evangelio! Este es el mensaje que predica Jesús después de sus cuarenta días en el desierto. Ha que se acercan los cuarenta días, se nos pide que experimentemos un desierto en nuestras vidas para que aprendamos más de Dios. Nuestras preocupaciones del mundo diario nos pueden distraer de la verdad y nos podemos absorber en el mundo y las prioridades que le pertenecen a este. La cuaresma es una oportunidad de liberarnos de la ilusión y enfocarnos en lo que es verdaderamente importante. Cuando lo hacemos, abrimos una multitud de posibilidades para nuestra relación con Dios, con los demás, con nuestro mundo y con nosotros mismos.

Nuestros mejores deseos para

Obispo Myron Cotta



El Obispo Cotta se prepara para asumir su nuevo nombramiento como Obispo de la Diócesis de Stockton a partir del 15 de marzo. Manténgalo en sus oraciones y únase a los feligreses de toda la Diócesis de Sacramento en una Misa de Despedida el domingo 25 de febrero de 2018 a las 2 p.m. en St. Clare Parish en Roseville. La misa será seguida de una recepción en el Morris Center.

LA CORRESPONSABILIDAD DIARIA - RECONOCER A DIOS EN LOS MOMENTOS ORDINARIOS

Cuando era adolescente, asistí a un retiro Católico y mi vida se transformó. No estaba perdido en mi fe, ni estaba pasando por un momento de mucho dolor, sin embargo esos tres días me llevaron al camino en que estoy hoy. Por supuesto, mis experiencias de fe antes y después de ese fin de semana también tuvieron mucho que ver con la persona que soy. Pero el poder de Dios que sentí en ese momento corto tuvo un efecto tan grande en mi vida, que fue una lente a través de la cual veía al resto del mundo, por el resto de mi vida.

A veces nos hace falta alejarnos del mundo para darnos cuenta de lo que verdaderamente importa en nuestras vidas. Cuando uno se distancia de su situación, puede ver las cosas más claramente. Cuando uno está sumergido completamente en el mundo es difícil escapar las ocupaciones y el ruido constante de la existencia moderna. Las distracciones están a todo su alrededor y hasta a veces su capacidad de atención puede ser limitada cuando considero lo que es verdad.

Esta cuaresma, haga tiempo para tomar las cosas más despacio, aléjese del ruido y descanse en los brazos de Dios. Salga al desierto y trabaje en rendir todo su ser, todo lo que tiene y todo lo que será a Jesús. Refleje en los regalos con los cuales Dios lo ha bendecido y discierne las mejores maneras en las que los puede cultivar para la gloria de Dios. En lo que comienza la temporada, sea consciente del hecho de que este tiempo nunca más lo tendrá. Quizás habrá otra cuaresma el próximo año, pero Dios lo está llamando ahora.

-Tracy Earl Welliver, MTS

"Este es el tiempo de la realización. El reino de Dios está cerca. Arrepiéntanse, y crean en el evangelio".

~Mark 1:15~

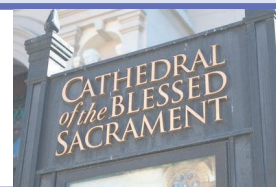


" The Cathedral is for everyone." ~Bishop Patrick Manogue, 1886~



Cathedral of the Blessed Sacrament

1017 11th Street, Sacramento, CA 95814
916-444-3071, Fax 916-443-2749 , blessed@cathedralsacramento.org
Rectory Office Hours — Monday to Friday, 9:00 am to 5:00 pm



PASTORAL AND ADMINISTRATIVE STAFF

Father Michael O'Reilly, Rector

Father Kieran McMahon, Priest in Residence

Father Nicholas Ho, Chinese Mass

Deacon John Gisla, Office Manager

Deacon Don DeHaven

Deacon Edgar Hilbert

Sister Jenny Aldeghi, Director of Education

Michael Ognisty, Sacristan

Rex Rallanka, Director of Music

Tom Waddock, Cathedral Manager

Carmen Perez, Secretary

Katie McAllister, Bookkeeper

Tit Kila, Wedding Coordinator

Lyssa Black, Webmaster/Bulletin Editor

RELIGIOUS EDUCATION PROGRAM

The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A for teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program. For information on all of these programs, contact Sister Jenny and her staff at jenny@cathedralsacramento.org, or 916-444-5364

Liturgy of the Word for Children, ages 5 to 10 years old, every Sunday at the 11:00 am Mass. This program provides children with age appropriate explanations of the Sunday readings and gives parents with young children an opportunity to focus on the Scripture readings and the homily without distractions. Children return to their families before the Offertory. For more information, contact the education office or Dorothy Corgiat at dlcorgiat@yahoo.com.



ROMAN CATHOLIC
DIocese OF SACRAMENTO
DIÓCESIS CATÓLICA ROMANA DE SACRAMENTO

The Most Reverend
Jaime Soto, D.D., M.S.W.
Bishop of Sacramento

The Most Reverend
Myron Cotta
Auxiliary Bishop of Sacramento

View the Sacramento Bishop's Corner, which is sent via the Catholic Legislative Network to all subscribers in the Diocese of Sacramento who sign up at www.scd.org/joincn

2110 Broadway, Sacramento, CA 95818
Office Hours: 8:30am - 4:30 pm
Phone 916-733-0100, Fax 916-733-0195

scd.org

SCHEDULE OF MASSES

Monday to Friday	12:10 pm
Monday to Thursday	5:10 pm
Saturday Vigil	5:00 pm
Sunday	7:30 am
	9:00 am
	11:00 am
	1:00 pm en Español
	3:00 pm Chinese
	5:00 pm
	7:00 pm en Español
State Holidays	12:10 pm only

SACRAMENT OF CONFESSION

Monday to Friday	11:30 am to 12:00 pm
Saturday	4:00 pm to 4:45 pm
Domingo en Español	12:30 pm a 12:45 pm
	6:30 pm a 7:00 pm

EUCCHARISTIC ADORATION

When attendants are available:

Wednesday	12:45 pm to 4:45 pm
Thursday	12:45 pm to 4:45 pm
Friday	12:45 pm to 3:45 pm

ANOINTING OF THE SICK - By appointment

BAPTISMS (Registration is required)

English - 3rd Saturday of the month, 9:00am
Español - 4º Sábado del mes, 9:00am

BAPTISM CLASSES


English - 1st Thursday of the month, 7:00pm
Español - 2do jueves del mes, 7:00pm

TOURS

Tours are free and are led by trained Docents after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours in Spanish are held the 1st & 3rd Sundays of the month after the 1pm Mass. Tours begin at the Baptismal Font. Contact the rectory office at 916-444-3071 to arrange free private group tours.

GIFT SHOP on the Lower Level

Sundays 9:00 am to 3:00 pm
Mondays 10:30 am to 12:00pm



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cathedralsacramento.org
Sign up on our website for our weekly e-newsletter.

JOIN A CATHEDRAL MINISTRY

Altarservers contact Michael Ognisty at mfognisty@msn.com.

Benedictus Youth Group contact Victoria Ramos at 916-444-3071, or benedictusy@gmail.com.

Brown Bag Lunch Program — If you would like to donate lunches, go to cathedralsacramento.org/ministries for information, or to volunteer, please contact Jerri at jerrirush@comcast.com.

Catechesis of the Good Shepherd for ages 3+, for information, visit www.youngsheep.org, or call 916-910-3435.

Cathedral ACTS Missions contact actscathedralsacto@gmail.com for more information. 2018 Retreats are Men's Retreat February 1-4 (St. Rose of Lima, Roseville), Women's Retreat June 21-24 (Cathedral of the Blessed Sacrament), Women's Retreat August 16-19 (St. Rose of Lima, Roseville), Men's Retreat November 15-18 (Cathedral of the Blessed Sacrament).

Cathedral House Program - Administered by volunteers of the St. Vincent de Paul Society.

Cathedral Men's Group meets the 2nd Tuesday of every month at 7:15 pm, Lower Level. Contact Bob Meyers at cynm1@yahoo.com.

Cathedral Young Adults contact Titi Kila at cathedralya@gmail.com.

Choir (English) contact Rex Rallanka, Music Director at rrallanka@cathedralsacramento.org or 916-444-3071, x 38.

Choir (Spanish) contact Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after the 7pm Mass.

Communion & Liberation catechesis meets every Wednesday at 7:15pm in the Cathedral Lower Level.

Email Prayer Chain submit your email address, and you will be notified when prayers are needed by those who have made a special request, contact Lyssa Black at cbsprayer7@yahoo.com.

Extraordinary Ministers of Holy Communion contact Amy McCormick at ammccormick@att.net, or 916-801-3967.

Front Door Ministry contact ministries@cathedralsacramento.org for information about volunteering or donations.

Greeters and Ushers contact Parish Manager, Tom Waddock at 916-444-3071, x 36.

Knights of Columbus, Cathedral Chapter contact the rectory office.

Lectors contact Fred Heacock at fheacock72@hotmail.com.

Respect Life Ministry contact Linda Walters, English Coordinator at 916-524-5885, or Patricia Davila, Spanish Coordinator at 916-502-4854, or email Veronicaavina@yahoo.com for meeting times and other information.

Rosary Club (Rosary Beads and instructions are provided) meets every 1st & 3rd Wednesday of each month at 7:15 pm. You don't need to sign up, just show up. For more information, contact Lolita Urrutia at lolita.urrutia@gmail.com.

Saint Vincent de Paul, Cathedral Chapter contact the rectory office.

Spanish Parents Group Leaders meets every Sunday, contact Leticia Hilbert at leticia_hilbert@hotmail.com.

To learn more about the ministries at the Cathedral visit our website, cathedralsacramento.org.

CATHEDRAL PARISH REGISTRATION & UPDATE

Actualización y registro de la parroquia de la Catedral

You can also register online at cathedralsacramento.org / Visit Us / Register as a Parishioner

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For additional family members, please attach a separate sheet.

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- Put into collection basket at mass (deposite en la canasta de la colecta en misa)
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- Fax to: 916-443-2749
- Mail to (correo): 1017 11th Street, Sacramento, CA 95814



GET MARRIED AT THE CATHEDRAL

If you would like to celebrate the Sacrament of Matrimony at the Cathedral, download the Cathedral Wedding Guidelines and Reservation Form on the cathedral website. Contact the parish office at least *six months* before your desired wedding date to arrange a meeting with Wedding Coordinator, Titi Kila, at the Cathedral Office, 916-444-3071, x13, tkila@cathedralsacramento.org.

MARRIAGE PREPARATION

The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Janet & Omar Bardales at matrimonyprep@att.net, or 916-427-9160, or Sister Jenny at 916-444-5364. You do not have to have your wedding at the Cathedral in order to take this class.

QUINCEAÑERA

This is the tradition of celebrating a young girl's coming of age on her 15th birthday with a Mass, and highlights the virtues of family and social responsibility, recognizing her journey from childhood to maturity. For more information on celebrating this beautiful tradition at the Cathedral, call Titi Kila, at the Cathedral Office, 916-444-3071, x13, tkila@cathedralsacramento.org.



牧者的話

當我們進入四旬期，請與耶穌一起背負十字架

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Priest's Corner

As we begin Lent - Take up the cross with Jesus.

Why do you fear to take up the cross when through it you can win a kingdom? In the cross is salvation, in the cross is life, in the cross is strength of mind, in the cross is joy of spirit, in the cross is perfect holiness. Take up the cross, therefore, and follow Jesus, and you shall enter eternal life. He opened the way before you in carrying his cross and upon it he died for you.

If you die with him, you shall also live with him, and if you share his sufferings you shall also share his glory.

本週報告 (會長)

我們將會繼續在四旬期間每個主日彌撒前二點半有拜苦路。請大家準時參與。

Announcement this week (President)

We will continue to have the Station of the Cross at 2:30 pm every Sunday before mass during the Lent season.

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