

August 18 2019 - 20th Sunday in Ordinary Time

Volume 19* Issue 33

Cathedral of the Blessed Sacrament

1019 11th Street, Sacramento, CA 95814 * 916-444-3071





Pastor's Corner

It's already late in the summer and people are gearing up for the hustle of work and school life. The ability to work and provide for the needs of yourself and your family is a great gift. God invites us to work alongside Him in caring for the people and creation so important to Him. To study and be educated is also a great gift as we develop and form our own person in the various schools we attend. Both work and school require much of our time and effort but ultimately they provide much of the foundation of our daily living, and we thank God for the gift to be able to study and work.

However, summer is a time for vacationing and relaxing. This, too, is an important part of the formation of our lives. Our minds and bodies need rest and opportunities to heal and grow. Time off from school and work is about renewing us and giving us the enthusiasm to return to our jobs and classes with greater vigor and deeper incite. If our work and school seems to loom before us as an exhausting force that steals our energy and life, it is important to take time for vacation and retreat. Some people have not had a vacation in years, and some have never even heard of the word "retreat". This lack of time away from work and school can make us feel edgy and pessimistic, tired and frustrated, short-tempered and grouchy. You owe it to yourself and everyone around you to take some time off.

Jesus himself needed to get away from his normal routine. His need to find deserted places to pray and be alone is an excellent example for us to follow. As great as vacations can be, many times we feel like we need to relax after we've been on one. One helpful solution, and a spiritual one, is to go on retreat. A retreat experience requires minimal preparation and focuses on the need to find some silence and inner connection with God. There are many opportunities for retreats including 30 day silent retreats, fully directed retreats with given themes lasting only a day or several weeks, or self-directed retreats in which you follow the Spirit's guidance as to what, where and how long your retreat will be. There are even retreat experiences you can do from home which have their obvious positive and negative qualities. The point is that you get away from the norm of work and school to re-center your life in Christ with greater appreciation of the blessings He has given you.

We at the Cathedral have different opportunities for retreats including through our lay Canossian ministry and ACTS. Our next Acts retreat for men is November 14th-17th. I strongly encourage any of our male parishioners to consider attending this retreat. As well, if you know of someone needing a retreat, please encourage him to find out more information about our ACTS retreat. Summer vacation time might be almost over, but retreats take place whenever the Spirit calls.

May God bless us these closing days of summer.

Fr. Michael



Sister, Sister...

After her many years as Director of Education here at the cathedral, Sister Jenny will be leaving us soon for Arizona. She'll be with us for just a short while longer, so you still have a chance to let her know how much her service to our parish has meant to all of us!

Sister Lisa Marie Doty will be stepping in as our new Director on September 1st. She'll have just a short time to settle in before school gets really underway.

You can learn more about Sister Lisa on her blog at nunspeak.wordpress.com.

We will greatly miss our beloved Sister Jenny, but we are left in the capable loving hands of Sister Lisa.



The 2019-2020 school year is starting soon! Register your children now. You can go to cathedralsacramento.org/Faith Formation and download the registration materials, or stop by the education office behind Mercy Hall and ask for a registration packet. Rates will go up after August 31st.

We are also in need of Catechists. Experience desired, but not necessary! Training is available. Go to cathedralsacramento.org/Faith Formation for the Catechist application, or stop by the education office.



EVERYDAY STEWARDSHIP - RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

Set the Earth on Fire

My wife can get so invested in a sporting event where one of her favorite teams is playing that she sometimes must leave the room due to the stress. That is heavy-duty investment! I remember her on the sidelines for our son's soccer games or our daughter's lacrosse games. Her emotions were intense, and she cheered loudly for her children. She never yelled at a referee because it wasn't about them. It was about wanting to see her children, or her favorite team, achieve something great. Her passion was fueled by love and her connectedness to something or someone.

When we look at our Church, we need to see greater passion. Sometimes that passion is there, but many times, we approach our discipleship as just another aspect of who we have become. It needs to be more than that. As we call ourselves Christian, we need to "put on Christ" so that a world in need sees not us, but Jesus. By being serious about our discipleship and living as transformed Everyday Stewards, we bear witness to the power of Jesus Christ.

Jesus said in Luke 12, "I have come to set the earth on fire." Those words sound pretty emotional to me! If we are to be like him, then we need to set the earth on fire. We need to be bold and proclaim the Good News without apology. By our actions of love and justice, we need to show the world that with the Body of Christ on earth, it is not business as usual. Surely our emotions about these things should trump the emotions we have about a sporting event. We need to ask ourselves what truly sets us on fire.

-Tracy Earl Welliver, MTS

SAVE THE DATE - The Ministry Fair and Pledge Weekend are September 21/22. You can set the world on fire right here at the Cathedral with a new or renewed commitment to sharing your time, talent, and treasure. Join your fellow parishioners for this very important event!

20th Week in Ordinary Time

"I have come to set the earth on fire,
and how I wish it were already blazing!" (Lk 12:49)



For the Special Intentions of:

Deacon Don DeHaven

Claire Ramirez

Richie Delgado

Felipa C

Roy Weston

Hudson Family

Jeanine Pamintuan

John Paul Jessica Martinez

Margot Bogue

Raquel Lua Ramirez

Terry, Debbie, Taylor, Lamar, Jim

Esther Valdez

Savannah Avila

For the Repose of the Soul of:

Phil Lopez+

Robert F Johnson+

May, Lui, Lani, Mark, Mabel, Marilyn Eipp,

Mabel +

CONSOLING THE HEART OF JESUS GROUP RETREAT

This is the follow-up retreat to the *33 Days to Morning Glory Retreat*. This 10-week small-group retreat delves into the simplicity and grandeur of Consoling spirituality. The retreat will meet Thursdays from 7:00 pm to 8:30 pm in Mercy Hall, from August 22 to October 24. To register, contact Sr. Jenny or Robin Root at RobinMRoot@att.net or (916) 747-5020. The cost is \$30.00 or the book & participant packet can be purchased at allheartsafire.org.

CATHOLIC VIEWPOINT, FAITH, HOPE AND LOVE, hosted by Fr. Michael Kiernan – Join Fr. for the final of three interviews with Fr. Steve Avila, Professor of History at Marquette University, delving into his specialty of Church history, airing the week of August 18.

On Comcast 20, Consolidated 19 and AT&T 14. Times: Sun. 7:00 AM, Tues. 9:30 AM, Weds. 8:30 PM, and Thurs. 5:00 PM. All shows are also on **YouTube** at Catholic Viewpoint, Faith, Hope and Love. God bless you in your faith journey!

OFFERTORY REPORT - To maintain fiscal integrity, the Finance Council has set a weekly offertory goal of **\$11,500**.

<u>Weekend</u>	<u>Total Offering</u>	<u>Short of Goal</u>	<u>% of Goal</u>
July 27/28	\$8,014	\$3,486	69%
August 3/4	\$8,987	\$2,513	78%
August 10/11	Not available		

Your support is greatly appreciated. Thank you for your generosity.

HABITAT FOR HUMANITY INTER-FAITH BUILD

Our Parish Council is now soliciting interest from any parish member, 16 years old and older who would like to assist with the Habitat for Humanity "Build for Unity" construction of homes. This humanitarian activity is co-sponsored by the Sacramento Dioceses, Knights of Columbus Council 953, and the Cathedral's Parish Pastoral Council. Construction will begin in October through Spring. If you would like to be added to the list of volunteers, please contact Russ Almaraz at russ.almaraz@gmail.com. Please list the days of the week you would most likely be able to attend the build. Training and tools will be provided by the Habitat staff. This inter-faith build will provide homes to two deserving families in Sacramento. A free 2019 Build Concert will happen on Sunday, August 18th at 3 and 6pm at the St. John Lutheran Church in Sacramento. To learn more or RSVP, go to <https://habitatgreatersac.org/buildforunity/>

Readings & Observances

Sunday: 20th Sunday in Ordinary Time

Jer 38:4-6, 8-10/Ps 40:2, 3, 4, 18 [14b]/Heb 12:1-4/Lk 12:49-53

Monday: St. John Eudes, Priest

Jgs 2:11-19/Ps 106:34-35, 36-37, 39-40, 43ab and 44 [4a]/Mt 19:16-22

Tuesday: St. Bernard, Abbot & Doctor of the Church

Jgs 6:11-24a/Ps 85:9, 11-12, 13-14 [cf. 9b]/Mt 19:23-30

Wednesday: St. Pius X, Pope

Jgs 9:6-15/Ps 21:2-3, 4-5, 6-7 [2a]/Mt 20:1-16

Thursday: The Queenship of the Blessed Virgin Mary

Jgs 11:29-39a/Ps 40:5, 7-8a, 8b-9, 10 [8a and 9a]/Mt 22:1-14

Friday: St. Rose of Lima, Virgin

Ru 1:1, 3-6, 14b-16, 22/Ps 146:5-6ab, 6c-7, 8-9a, 9bc-10 [1b]/Mt 22:34-40

Saturday: St. Bartholomew, Apostle

Rv 21:9b-14/Ps 145:10-11, 12-13, 17-18 [12]/Jn 1:45-51

Hold your eyes
on God and leave the
doing to him. That is all
the doing you have to
worry about.

-St. Jane Frances
de Chantal

Date	Mass / Intentions / Events
Saturday August 17	5:00 pm / GENEVIEVE EIBERGER +
Sunday August 18	7:30 am / SOPHIA HARGRAVE S.I. 9:00 am/ 11:00 am/ TERESITA ALIG S.I. 1:00 pm (Spanish) / PEOPLE OF THE CATHEDRAL PARISH 3:00 pm (Chinese) 5:00 pm / 7:00 pm /
Monday August 19	12:10 pm / TITI S.I. 5:10 pm / DONALD PURSGLOVE +
Tuesday August 20	12:10 pm / ALEX PEREZ VALDEZ S.I. 5:10 pm / TITI S.I.
Wednesday August 21	12:10 pm / TITI S.I. 5:10 pm /
Thursday August 22	12:10 pm / TITI S.I. 5:00 pm /
Friday August 23	12:10 pm / TITI S.I.
Saturday August 24	5:00 pm / TITI S.I.

MINISTRY DIRECTORY

Altarservers

Michael Ognisty, mfognisty@msn.com.

Benedictus Youth Group

Victoria Ramos, benedictusy@gmail.com

Brown Bag Lunch Ministry

Jerri Rush, jerrirush@comcast.net

Catechesis of the Good Shepherd for ages 3+, for information, visit youngsheep.org, or call 916-910-3435

Cathedral A.C.T.S. saccathedralacts.org

Cathedral Men's Group

Bob Meyers, cynm1@yahoo.com

Cathedral Saint Vincent de Paul contact the rectory office

Cathedral Young Adults

Titi Kila, cathedralya@gmail.com

Choir (English)

Rex Rallanka, Music Director, rrallanka@cathedralsacramento.org

Choir (Spanish)

Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after 7pm Mass.

Cinema Divina Movies

Reggie King, Brian Perez, thecatholicstore@gmail.com

Communion & Liberation

catechesis meets every Wednesday at 7:15pm

Docents

Jill Pease, peasejill@gmail.com

Email Prayer Chain

Lynne Amerson, cbs1017pc@yahoo.com.

Extraordinary Ministers of Holy Communion

Amy McCormick, amcmccormick@att.net

Festival of Trees and Lights

Paula Trujillo, trupaula@gmail.com

Front Door Ministry

ministries@cathedralsacramento.org

Greeters and Ushers

Tom Waddock, 916-444-3071, x 36

Hospitality

Celeste Gisla, jfgisla@surewest.net

Knights of Columbus

Jaime Elizaldi, jaime.elizaldi@gmail.com

Lectors

Fred Heacock, fheacock72@hotmail.com

Respect Life Ministry

Veronica Avina, veronicaavina@yahoo.com

Rosary Club

Lolita Urrutia, lolita.urrutia@gmail.com.

Spanish Parents Group Leaders

Leticia Hilbert, leticia_hilbert@hotmail.com

Read the Gospel and Color



Cathedral Kids

Sharing the Gospel - When you talk about Jesus, you will probably get a strong reaction from people. Some people love Jesus with their whole heart, and their lives really show it. Other people don't want to follow Jesus, and talking about him may even make them angry. Families and friends can be torn apart by that anger. No matter what, stay close to Jesus, and he will stay close to you.

Prayer - Dear Jesus, help me to stay close to you always.

Mission for the Week - Be very loving when you tell others about Jesus.

Puzzle

Unscramble words from today's Gospel:

soul	humble	Mighty
spirit	servant	great
Savior	blessed	holy

sulo	<u>s o u l</u>
Mythig	_____
srevatn	_____
hylo	_____
stirip	_____
belssde	_____
Soivar	_____
hmuleb	_____
gerta	_____



Esquina del Pastor

Ya es tarde en el verano y la gente se está preparando para el ajetreo del trabajo y la vida escolar. La capacidad de trabajar y satisfacer las necesidades de usted y su familia es un gran regalo. Dios nos invita a trabajar junto a Él en el cuidado de las personas y la creación tan importantes para él. Estudiar y ser educado también es un gran regalo a medida que desarrollamos y formamos nuestra propia persona en las diversas escuelas a las que asistimos. Tanto el trabajo como la escuela requieren gran parte de nuestro tiempo y esfuerzo, pero en última instancia proporcionan gran parte de la base de nuestra vida diaria, y agradecemos a Dios por el don de poder estudiar y trabajar.

Sin embargo, el verano es un momento para vacacionar y relajarse. Esto también es una parte importante de la formación de nuestras vidas. Nuestras mentes y cuerpos necesitan descanso y oportunidades para sanar y crecer. El tiempo libre de la escuela y el trabajo se trata de renovarnos y darnos el entusiasmo de volver a nuestros trabajos y clases con mayor vigor e incitación más profunda. Si nuestro trabajo y nuestra escuela parecen surgir ante nosotros como una fuerza agotadora que roba nuestra energía y nuestra vida, es importante tomarse un tiempo para vacaciones y retiro. Algunas personas no han tenido vacaciones en años, y algunas nunca han oído hablar de la palabra "retiro". Esta falta de tiempo fuera del trabajo y la escuela puede hacernos sentir nerviosos y pesimistas, cansados y frustrados, de mal genio y malhumorados. Te debes a ti mismo y a todos los que te rodean tomarse un tiempo libre.

Jesús mismo necesitaba alejarse de su rutina normal. Su necesidad de encontrar lugares desiertos para rezar y estar solo es un excelente ejemplo para nosotros. Por grandiosas que sean las vacaciones, muchas veces sentimos que necesitamos relajarnos después de haber estado en una. Una solución útil, y una solución espiritual, es ir a un retiro. Una experiencia de retiro requiere una preparación mínima y se centra en la necesidad de encontrar algo de silencio y conexión interna con Dios. Hay muchas oportunidades para retiros que incluyen retiros silenciosos de 30 días, retiros totalmente dirigidos con temas específicos que duran solo un día o varias semanas, o retiros autodirigidos en los que sigues la guía del Espíritu sobre qué, dónde y cuánto tiempo durará tu retiro. . Incluso hay experiencias de retiro que puedes hacer desde casa que tienen sus obvias cualidades positivas y negativas. El punto es que te alejas de la norma del trabajo y la escuela para volver a centrar tu vida en Cristo con un mayor aprecio por las bendiciones que Él te ha dado.

Nosotros en la Catedral tenemos diferentes oportunidades para retiros, incluso a través de nuestro ministerio laico canosiano y ACTS. Nuestro próximo retiro de Hechos para hombres es del 14 al 17 de noviembre. Recomiendo encarecidamente a cualquiera de nuestros feligreses varones que consideren asistir a este retiro. Además, si conoce a alguien que necesita un retiro, aliéntelo para que obtenga más información sobre nuestro retiro de ACTS. El tiempo de vacaciones de verano puede estar a punto de terminar, pero los retiros tienen lugar cada vez que el Espíritu llama.

Que Dios nos bendiga estos últimos días de verano.

Pr. Michael



Hermana, Hermana...

Después de muchos años como Directora de Educación aquí en la catedral, la Hermana Jenny nos dejará pronto para Arizona. Ella estará con nosotros por un corto tiempo más, ¡así que todavía tienes la oportunidad de hacerle saber cuánto ha significado su servicio a nuestra parroquia para todos nosotros!

La hermana Lisa Marie Doty se presentará como nuestra nueva directora el 1 de septiembre. Tendrá poco tiempo para instalarse antes de que la escuela comience realmente.

Puede obtener más información sobre la hermana Lisa en su blog en nunspeak.wordpress.com.

Extrañaremos mucho a nuestra amada Hermana Jenny, pero quedamos en las manos amorosas capaces de la Hermana Lisa.



¡El año escolar 2019-2020 comienza pronto! Registre a sus hijos ahora. Puede ir a cathedralsacramento.org/Faith Formation y descargar los materiales de registro, o pasar por la oficina de educación detrás de Mercy Hall y solicitar un paquete de registro. Las tarifas subirán después del 31 de agosto.

También necesitamos catequistas. ¡Experiencia deseada, pero no necesaria! El entrenamiento está disponible. Vaya a [cathedralsacramento / Faith](http://cathedralsacramento.org/Faith) Formation para la aplicación Catechist, o pase por la oficina de educación.



A CORRESPONSABILIDAD DIARIA - RECONOCER A DIOS EN LOS MOMENTOS ORDINARIOS

Incendia la Tierra

Mi esposa puede adentrarse tanto en un evento deportivo en el que juega uno de sus equipos favoritos que a veces debe abandonar la sala debido al estrés. ¡Eso es una involucración intensa! La recuerdo en las líneas laterales en los juegos de fútbol de nuestro hijo o los juegos de lacrosse de nuestra hija. Sus emociones eran intensas, y ella animaba fuertemente a sus hijos. Ella nunca le gritó a un árbitro porque no se trataba de ellos. Se trataba de querer ver a sus hijos, o a su equipo favorito, lograr algo grandioso. Su pasión era alimentada por el amor y su conexión con algo o alguien.

Cuando miramos a nuestra Iglesia, necesitamos ver una mayor pasión. A veces esa pasión está ahí, pero muchas veces, nos acercamos a nuestro discipulado como un aspecto más de en quien nos hemos convertido. Necesita ser más que eso. Como nos llamamos a nosotros mismos cristianos, debemos "ponernos a Cristo" para que un mundo en necesidad no nos vea a nosotros, sino a Jesús. Tomando en serio nuestro discipulado y viviendo como Corresponsables Diarios transformados, damos testimonio del poder de Jesucristo.

Jesús dijo en Lucas 12: "He venido a traer fuego a la tierra". ¡Esas palabras me suenan muy emotivas! Si vamos a ser como Él, entonces necesitamos incendiar la tierra. Necesitamos ser audaces y proclamar la Buena Nueva sin disculpas. Por nuestras acciones de amor y justicia, debemos mostrar al mundo que, con el Cuerpo de Cristo en la tierra, no es un asunto habitual. Sin duda, nuestras emociones sobre estas cosas deberían superar las emociones que tenemos sobre un evento deportivo. Necesitamos preguntarnos a nosotros mismos qué es lo que realmente nos prende fuego.

-Tracy Earl Welliver, MTS

GUARDE LA FECHA - La Feria del Ministerio y el Fin de Semana de Promesa son del 21 al 22 de septiembre Puedes incendiar el mundo aquí mismo en la Catedral con un compromiso nuevo o renovado de compartir tu tiempo, talento y tesoro. ¡Únase a sus compañeros feligreses para este evento tan importante!

Come Visit. Come Worship. Come Home.

TOURS

We love to share our Cathedral history! Tours are FREE, led by trained Docents, and held after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours begin at the Baptismal Font. Contact 916-444-3071 to arrange free private group tours.

Los tours en español se llevan a cabo el 1er y 3er domingo del mes después de la misa de 1pm.

#3 of 146 things to do in Sacramento



Visit our **GIFT SHOP** downstairs

Sundays 9:00 am to 3:00 pm
Tuesdays 10:30 am to 12:00 pm

RELIGIOUS EDUCATION PROGRAMS

The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A., for adults, teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program.

If you've been coming to Mass for a while, but are not Catholic, or were baptized Catholic but never completed your faith formation classes, we invite you to look deeper into the Catholic faith. Come meet some faithful Catholics who love the Lord and would consider it a privilege to get to know you. We invite you to learn what Catholics believe in an open and welcoming environment. The **Rite of Christian Initiation of Adults (RCIA)** sessions meet every Monday Evening at 7 PM in the lower level of the Cathedral. Feel free to come any Monday evening. For more information on all of our faith formation programs, please call **916-444-5364** or email Sister Jenny Aldeghi FDCC, Director of Religious Education, jenny@cathedralsacramento.org



For the LORD will take delight in you ...

If you would like to celebrate the Sacrament of Matrimony at the Cathedral, contact Wedding Coordinator, Titi Kila at tkila@cathedralsacramento.org. at least *six months* before your desired wedding date to arrange a meeting.

MARRIAGE PREPARATION - The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Janet & Omar Bardales at matri-monyprep@att.net, or 916-427-9160, or Sister Jenny at 916-444-5364. You do not have to have your wedding at the Cathedral to take this class.

CONVALIDATION - If you would like to have your civil marriage blessed in the Catholic Church, or if you have been together for a number of years and would like to be married in the Church, this can often be done in a small, private ceremony called a Convalidation, without any cost or fee. To explore this possibility, contact Deacon John 444-3071 Ext. 11; or at jgisla@cathedralsacramento.org.

Cathedral of the Blessed Sacrament

1017 11th Street, Sacramento, CA 95814

916-444-3071, Fax 916-443-2749, cathedralsacramento.org

Rectory Office Hours — Monday to Friday, 9:00 am to 12:00 pm, 1:00 pm to 5:00 pm

MASSES

Monday to Friday	12:10 pm
Monday to Thursday	5:10 pm
Saturday Vigil	5:00 pm
Sunday	7:30 am
	9:00 am
	11:00 am
	1:00 pm en Español
	3:00 pm Chinese
	5:00 pm
	7:00 pm en Español
State Holidays	12:10 pm only

SACRAMENT OF CONFESSION

Monday to Friday	11:30 am to 12:00 pm
Saturday	4:00 pm to 4:45 pm
Domingo en Español	12:30 pm a 12:45 pm
	6:30 pm a 7:00 pm

EUCCHARISTIC ADORATION

When attendants are available:

Wednesday	12:45 pm to 4:45 pm
Thursday	12:45 pm to 4:45 pm
Friday	12:45 pm to 3:45 pm

ANOINTING OF THE SICK - By appointment only.

Call the rectory at 916-444-3071

BAPTISMS (Registration is required)

English - 3rd Saturday of the month, 9:00am
Español - 4º Sábado del mes, 9:00am

BAPTISM CLASSES (No registration required)

English - 1st Thursday of the month, 7:00pm
Español - 2do jueves del mes, 7:00pm

The bulletin is funded by the advertisers on pages 11 & 12. To place *your* ad, call Jeff at 1-800-950-9952 Ext 2513 or at JTKachuk@4LPi.com. To place an announcement in the bulletin, send submissions to cathedralsacramento@gmail.com, nine calendar days before desired publication weekend.

PASTORAL AND ADMINISTRATIVE STAFF

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Father Kieran McMahon, Priest in Residence
Father Nicholas Ho, Chinese Mass
Deacon John Gisla, Office Manager
Deacon Don DeHaven
Deacon Edgar Hilbert
Deacon Omar Bardales
Sister Jenny Aldeghe, Director of Education
Michael Ognisty, Sacristan
Rex Rallanka, Director of Music
Tom Waddock, Cathedral Manager
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Katie McAllister, Bookkeeper
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Lyssa Black, Webmaster / Bulletin Editor

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DIÓCESIS CATÓLICA ROMANA DE SACRAMENTO

The Most Reverend **Jaime Soto**, D.D., M.S.W.

Bishop of Sacramento
2110 Broadway, Sacramento, CA 95818
Phone 916-733-0100, scd.org

CATHEDRAL PARISH REGISTRATION & UPDATE

Actualización y registro de la parroquia de la Catedral

You can also register online at cathedralsacramento.org/ Visit Us / Register as a Parishioner

Name (*Nombre*): _____ Cell Phone: (*Celular*): (____) _____

Street Address (*Domicilio*): _____ City (*Ciudad*): _____

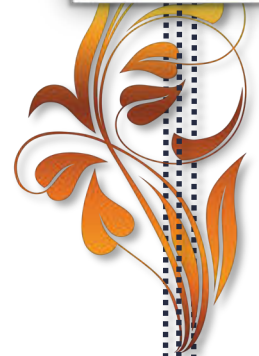
State (*Estado*): _____ Zip (*Código postal*): _____ Email: _____

For additional family members, please attach a separate sheet.

Please indicate: Por favor indique:
New Parishioner/Individual Nuevo Parroquiano / Individuo
New Parishioners/Family Nuevo Parroco / Familia
Change of Address Cambio de Dirección
Please send Offertory Envelopes Por favor envíe Sobres de Ofertorio

Please return by (*Regrese por favor*):

- 1) Put into collection basket at mass (deposite en la canasta de la colecta en misa)
- 2) Scan to pdf file and email: blesse@cathedralsacramento.org (escanear a pdf file y envía por correo electrónico)
- 3) Fax to: 916-443-2749
- 4) Mail to (correo): 1017 11th Street, Sacramento, CA 95814



Text "app" to 88202





圖盧茲的聖路易斯（八月十八日）

路易斯的父母是那不勒斯和西西里島的查理二世，以及匈牙利國王的女兒瑪麗。路易斯與父親一方的聖路易九世以及母親一方的匈牙利伊麗莎白有關係。路易斯顯示出對祈禱和下士的僕人的依戀的早期跡象。小時候，他常常從城堡裡取食來養活窮人。當他14歲時，路易斯和他的兩個兄弟被當作阿拉貢國王的人質，作為涉及路易斯父親的政治協議的一部分。在法庭上，路易斯受到方濟各會修士的輔導，在他的學業和精神生活中他都取得了很大的進步。像聖方濟各一樣，他對那些患有麻風病的人產生了特殊的愛。

當他還是人質時，路易斯決定放棄他的王室頭銜並成為一名神父。當他20歲時，他被允許離開阿拉貢國王的宮廷。他放棄了他的頭銜以支持他的兄弟羅伯特，並在明年被任命。不久之後，他被任命為圖盧茲的主教，但教皇同意路易斯要求成為方濟各會的第一人。

方濟會精神瀰漫在路易斯身上。路易斯一直在重複：「耶穌基督是我的全部財富；只有他一個人對我來說足夠了。」即使作為主教，他也穿著方濟各會的習慣，有時甚至會乞討。如果有必要的話，他指派一名修道士為他提供校正 - 並且修道士完成了他的工作。路易斯對圖盧茲教區的服務充滿恩寵。在任何時候他都被認為是聖人。路易斯將其收入的百分之七十五作為主教，為窮人提供食物並維持教會。每天他都會在他的餐桌上餵養二十五個窮人。路易於一三一七年被他的前任教師之一的教宗若望二十二世封聖。

SAINT LOUIS OF TOULOUSE (AUGUST 18)

Louis's parents were Charles II of Naples and Sicily, and Mary, daughter of the King of Hungary.

Louis was related to Saint Louis IX on his father's side and to Elizabeth of Hungary on his mother's side. Louis showed early signs of attachment to prayer and to the corporal works of mercy. As a child, he used to take food from the castle to feed the poor. When he was 14, Louis and two of his brothers were taken as hostages to the king of Aragon's court as part of a political deal involving Louis's father. At the court, Louis was tutored by Franciscan friars under whom he made great progress both in his studies and in the spiritual life. Like Saint Francis he developed a special love for those afflicted with leprosy.

While he was still a hostage, Louis decided to renounce his royal title and become a priest. When he was 20, he was allowed to leave the king of Aragon's court. He renounced his title in favor of his brother Robert and was ordained the next year. Very shortly after, he was appointed bishop of Toulouse, but the pope agreed to Louis's request to become a Franciscan first.

The Franciscan spirit pervaded Louis. "Jesus Christ is all my riches; he alone is sufficient for me," Louis kept repeating. Even as a bishop he wore the Franciscan habit and sometimes begged. He assigned a friar to offer him correction—in public if necessary—and the friar did his job. Louis's service to the Diocese of Toulouse was richly blessed. In no time he was considered a saint. Louis set aside 75 percent of his income as bishop to feed the poor and maintain churches. Each day he fed 25 poor people at his table. Louis was canonized in 1317 by Pope John XXII, one of his former teachers.



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 ~ Matthew 11:15



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