

Welcome!

* * *

March 10 2019 * 1st Sunday in Lent



History Edition

Volume 19* Issue 10

Cathedral of the Blessed Sacrament

1019 11th Street, Sacramento, CA 95814 * 916-444-3071





Ashes

**Particles of palms
psalms rising like incense are
sifted to seal the crown
of creation.**

**We are dust, created from nothing,
yet that which makes has been made,
that which fathers is fathered.**

**And so we are dust,
and the spittle that binds us
and the breath that excites us
caress our brows
proclaiming to the dusty universe
"I make dust divine!"**

Father Michael



Why are the Gloria and Alleluia omitted during Lent?

Philip Kosloski | Aletheia.org

The Lenten season is marked by two very distinct liturgical omissions. Neither the hymn known as the Gloria (Glory to God in the Highest) nor the Alleluia verse sung before the Gospel is permitted during the entire 40 days of Lent (with a few small exceptions).

Why is that?

First of all, the Gloria is a hymn that celebrates the coming of the Lord using words from the angels at Christ's birth. The Church during Lent returns in spirit to a time when the people of God were in exile, waiting for the Messiah to come and save them. It is a similar season of expectation as is Advent, but instead of awaiting Christ's birth from the womb of Mary, the Christian people await Christ's second "birth" from the womb of the sepulcher.

Secondly, following this same spirit of exile, the Church joins Moses and the Israelites as they wander in the desert for 40 years. It is a time of agony and purification, one where the faithful join together in saying, "How shall we sing the Lord's song in a foreign land?" (Psalm 137:4) The word "Alleluia" is rooted in a Hebrew expression that means "praise the Lord" and is thus omitted during Lent.

As a result, our focus in Lent is not in rejoicing, but in mourning our sins, looking at those things that prevent us from an authentic relationship with God. Once these are removed through prayer, fasting, and almsgiving, we are able to rejoice again at Easter, for it is not only Christ's resurrection that we celebrate, but our own rebirth in the spirit.

Similar to a woman experiencing labor pangs before birth, so the Christian people "groan inwardly as we wait for adoption as sons, the redemption of our bodies" (Romans 8:23).

Cathedral History

1940's

Surrounded by some of the most fertile land in the west, Sacramento was a diverse farming town of 106,000, including Italian, Filipino, Portuguese, and Mexican Americans. The city's biggest employers were the local cannery, the state government and the Southern Pacific Railroad. On the eve of WWII Hundreds of "Okies" — refugees from the dust bowl — still camped on the edge of town and worked the fields, orchards and vineyards of the surrounding Sacramento Valley. [...]

"It was a tremendous town," Earl Burke said. "Everybody knew each other. There was a close conglomerate of people all ethnic groups. It was just perfect. I mean, you could go out on the streets at night at 11 or 12 o'clock at night and you could walk home in the dark. Nobody would lock the doors. Nobody even thought of it. It was a nice, clean little town." [...]

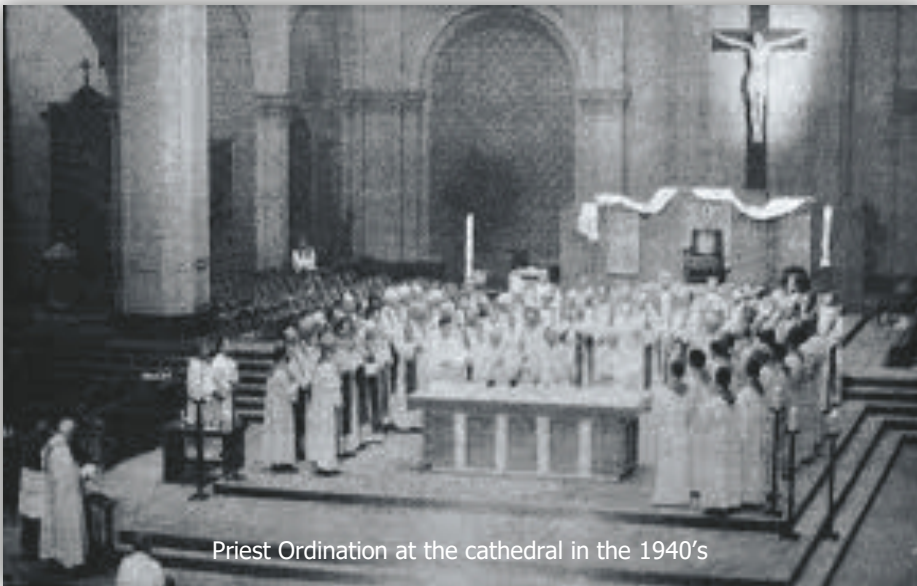
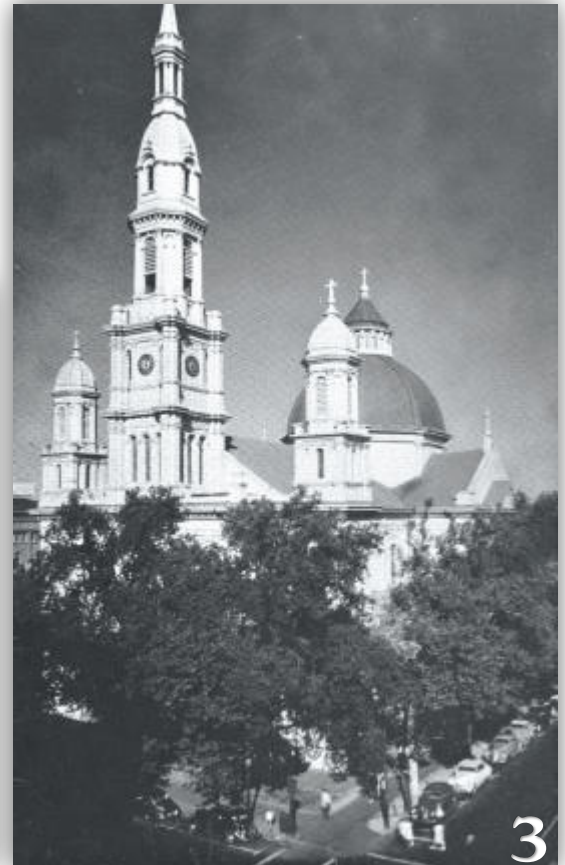
But not all Sacramento residents shared in the good times made possible by the war. In the spring of 1942, soon after President Roosevelt signed Executive Order 9066 authorizing the War Department to designate "military areas" and then exclude anyone from them whom it felt to be a danger, hand-lettered signs saying "Japs must go" went up all over town. In May, the Japanese residents of Sacramento, with one week's notice, were forced to abandon their homes, farms and businesses and were sent to inland internment camps. Ordered to bring only "what they could carry," most would spend the remainder of the war in the camps, fenced in by barbed wire and guarded by soldiers wielding loaded machine guns. [...]

As a western city, Sacramento's focus was largely on the war in the Pacific, and the planes its air bases housed and serviced were largely directed to the Pacific Theater. When Hitler's Germany surrendered in May 1945, there were few celebrations. But when Japan finally surrendered in August 1945, Sacramento joined the nation in a jubilant celebration of the end of the war. Sailors blocked traffic, bombers from the nearby air bases buzzed the city in celebration.

Sacramento's wartime transformation from small town state capital to big city would prove permanent. State government grew, too. So did the military bases on Sacramento's outskirts as WWII was eventually supplanted by the Cold War. (pbs.org)



The lower level of the cathedral was the Thomas Aquinas Library, which became a much needed social center for service men and women far from home, with regularly scheduled entertainment and social gatherings, often announced in "Wing Tips," a publication for the military.



Priest Ordination at the cathedral in the 1940's



Read the Gospel and Color



Sharing the Gospel - When you give food and clothes to charity, don't be a show-off. When you pray, find a quiet place to talk to God alone. When you skip meals to pray, do it privately. God will see you giving. God will hear your prayers. When you do good things quietly, God will reward you.

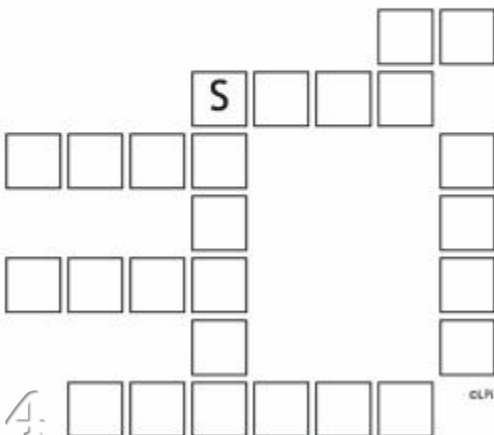
Prayer - God, help me to do good things quietly, instead of showing off.

Mission for the Week - As a family, decide to skip a meal. Instead of eating, use that time to pray together and give the money you would have spent on food to help the poor. Remember, don't tell anyone so God can reward you.

Puzzle

Fit this Gospel message into the empty squares:

Your Father sees what is done in secret.



1st Sunday in Lent

40 DAYS FOR LIFE - From March 6 through April 14, 2019, you're invited to join other Christians for 40 days of prayer, vigils, and fasting for an end to abortion.



You are also invited to stand and peacefully pray with us during a 40-day vigil in front of FPA Abortion Clinic at 2322 Butano Dr., Sacramento, and to help spread the word about this important community outreach. We will be a presence Monday through Friday, from 8:00 am to 6:00 pm. For more information – and especially if you'd like to volunteer to help, please contact: Liliana Balderrama at (916) 912-8256 or Veronica Avina at (916) 205-0713 or go to 40daysforlife.com/sacramento.



Day Retreat at Mercy Center, 535 Sacramento St, Auburn

March 16, 9:00am - 3:00pm, \$35 includes lunch

Do you find yourself spending too much energy on what you don't have, what you don't do, and who you're not? Spend time in reflection on cultivating a grateful heart. Reflect on the 'never enough' syndrome and begin embracing who you are as opposed to what you do. Be inspired by

Brother David Steindl-Rast's invitation to practice gratitude with a 'stop, look, and go' practice. Be open to the beauty of God's grace in the most ordinary of moments so you can be ready to experience gratitude in times of stress. Visit www.retreatreflectrenew.org/day-retreat for more information or contact Darlene Carlson at (916) 300-9848.



On March 17, the ACTS community is sponsoring a COFFEE HOUR in Mercy Hall after the 11:00 and before the 1:00 Masses. There will be free coffee and donuts!

THE BIBLE TIMELINE: Psalms BIBLE STUDY BEGINS ON MARCH 21, 2019

Come study the Book of Psalms with us! Psalms: The School of Prayer reminds us why the Psalms are at the heart of the Bible. They are prayers from God that help us learn to pray. The Holy Spirit inspired them. Israel sang them. Christ himself prayed them, as did our Blessed Mother. Their words captivate the imagination and draw us into a deeply personal encounter with God. The study will include a series of eleven videos presented



by Jeff Cavins. Each video will be preceded by a lively group discussion. We will meet every Thursday from 7pm to 8:30 at the lower level of the Cathedral. After 11 sessions you will receive a certificate of completion. Attendance is free. We will also provide materials. Please join us for a life-changing journey through the Bible! Contact Sister Jenny at (916) 444-5364 or jenny@cathedralsacramento.org to register. God bless.

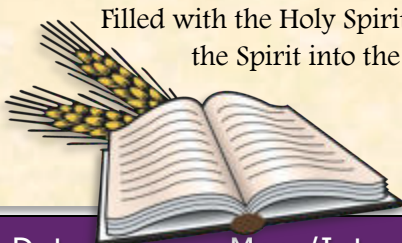
LENTEN REFLECTIONS AT THE CATHEDRAL

"Be still and know that I am God" ~ Psalm 46:10~

You are welcome to an exploration of Solitude on March 23rd, in Mercy Hall from 12:45pm to 4:45 pm, followed by a tri-lingual Mass. This spiritual event will be guided by Sister Karla Felix-Rivera of the Verbum Dei Missionary Fraternity. Discussion sessions will be led by facilitators in Spanish, Chinese, and English. A simple Lenten meal will be served at 3pm. For reservations contact: Russ Almaraz (661) 733-8882, russ.almaraz@gmail.com. Sponsored by the Cathedral's Parish Pastoral Council.

The very popular "I ♥ the Cathedral of the Blessed Sacrament" T-shirts are still available. From children's size s through adult size 3x, at \$10.00 each. Get yours by emailing Susan at susandurand@mail.com!



"You are a pilgrim in this life on a journey home." ~St. Teresa of Calcutta~



Filled with the Holy Spirit, Jesus returned from the Jordan and was led by the Spirit into the desert for forty days, to be tempted by the devil.

He ate nothing during those days, and when they were over he was hungry.

~Luke 4:1-2~

| Date | Mass/Intentions | Activities |
|-----------------------|--|--|
| Saturday March 9 | 5:00 pm / | 10:00 am CCD Classes |
| Sunday March 10 | 1st Sunday of Lent 7:30 am / Ricardo de los Reyes + 9:00 am / 11:00 am / Thomas Fleming + Alexandra Carrillo + 1:00 pm (Spanish) / Eugenia Roque Almaraz + 3:00 pm (Chinese) 5:00 pm / 7:00 pm (Spanish) / Rosalio Casares S.I. Daylight Saving Time begins | 9:00 am RCIA for Children & Teens 9:00 am Mass: RCIA - Breaking of the Word 11:00 am Mass: Liturgy of the Word for Children |
| Monday March 11 | 12:10 pm / Teresa Robles + 5:10 pm | 6:30 pm RCIA: Vespers 7:00 pm RCIA: Class |
| Tuesday March 12 | 12:10 pm / Mary Elyce Lincoln Fry + 5:10 pm / | 6:00 pm Spanish Choir Rehearsal for the 7pm Mass 7:00 pm Teen Confirmation Class 7:15 pm The Men's Group |
| Wednesday March 13 | 12:10 pm / Maria Isabel Martinez + 5:10 pm / Salvador Antonio Rivas + | 7:00 pm English Choir Rehearsal 7:15 pm Communion & Liberation 7:15 pm Spanish Choir Rehearsal for the 1pm Mass |
| Thursday March 14 | 12:10 pm / 5:10 pm / | 7:00 Bible Timeline |
| Friday March 15 | 12:10 pm / Abraham Chang + | 12:30 pm Stations of the Cross 7:00 pm Estaciones de la Cruz  |
| Saturday March 16 | 5:00 pm / Nightfever S.I. | 10:00 am CCD Classes 8:00 pm  NIGHTFEVER |

Readings & Observances

Sunday: 1st Sunday of Lent; Daylight Saving Time Begins

Dt 26:4-10/Ps 91:1-2, 10-11, 12-13, 14-15 [cf. 15b]/Rom 10:8-13/
Lk 4:1-13

Monday: Lv 19:1-2, 11-18/Ps 19:8, 9, 10, 15 [Jn 6:63b]/Mt 25:31-46

Tuesday: Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19 [18b]/Mt 6:7-15

Wednesday: Jon 3:1-10/Ps 51:3-4, 12-13, 18-19 [19b]/Lk 11:29-32

Thursday: Est C:12, 14-16, 23-25/Ps 138:1-2ab, 2cde-3, 7c-8 [3a]/Mt 7:7-12

Friday: Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8 [3]/Mt 5:20-26

Saturday: Dt 26:16-19/Ps 119:1-2, 4-5, 7-8 [1b]/Mt 5:43-48

Prayer Corner



For the Special Intentions of:

Deacon Don DeHaven
Ted Freitas
Manuel Benjamin
Lara Murillo
Margarita Gonzalez
M Cintron
Mike
Mary
Maria
Gabriel Valentin
Patricia and Andrew Vargas
Jocey
Sara Martinez
Marilyn Custodio
Kinda A
Lucia
Damianus Aditya Christie
Snježana
Matthew Mahoney
Teddy Nguyen
MEM
Madeleine B. Vinluan
Maricela Huidor
Janine
Anna Lanzona
Alexa Novelo
Mary
Shelby Hogan
Sepehr
Gloria Sanchez

For the Repose of the Soul of:

Jimmy Jaimes +
Patricia and Andrew Vargas +
Jaime Tenajeros Caminos +
Nellie Foronda Tumbaga +
Armandina Guerrero +
Charles Urrutia +
John Keener+
Jaime Tangco +



Cenizas

Partículas de palmas

Palmas elevándose como incienso

Acendrado para sellar la corona

De la Creación

Somos polvo creado de la nada

Sin embargo lo que se hizo esta echo

El Padre es el progenitor

Y así es que somos polvo

Y la saliva que ata

Y el aliento que enardece

Acaricia el entrecejo

Proclamando al pulverulento universo

"Hago el polvo divino"

Padre Michael



Por qué son la Gloria y la Aleluya omitido durante la Cuaresma?

Philip Kosloski | Aleteia.org

La temporada de Cuaresma está marcada por dos omisiones litúrgicas muy distintas. Ni el himno conocido como la Gloria (Gloria a Dios en lo más alto) ni el verso de Aleluya cantado antes del Evangelio está permitido durante los 40 días completos de Cuaresma (con algunas pequeñas excepciones).

¿Porqué es eso?

Primero que todo, la Gloria es un himno que celebra la venida del Señor usando palabras de los ángeles en el nacimiento de Cristo. La Iglesia durante la Cuaresma regresa en espíritu a una época en que el pueblo de Dios estaba en el exilio, esperando que el Mesías viniera y los salvara. Es un período de expectativa similar al de Adviento, pero en lugar de esperar el nacimiento de Cristo desde el vientre de María, el pueblo cristiano espera el segundo "nacimiento" de Cristo desde el vientre del sepulcro.

En segundo lugar, siguiendo este mismo espíritu de exilio, la Iglesia se une a Moisés y los israelitas mientras vagan por el desierto durante 40 años. Es un momento de agonía y purificación, donde los fieles se unen para decir: "¿Cómo cantaremos la canción del Señor en una tierra extraña?" (Salmo 137: 4) La palabra "Aleluya" está arraigada en una expresión hebrea que significa "alabar al Señor" y por lo tanto se omite durante la Cuaresma.

Como resultado, nuestro enfoque en la Cuaresma no es en regocijarnos, sino en lamentar nuestros pecados, mirando aquellas cosas que nos impiden una relación auténtica con Dios. Una vez que se eliminan a través de la oración, el ayuno y la limosna, podemos regocijarnos nuevamente en la Pascua, porque no solo celebramos la resurrección de Cristo, sino nuestro propio renacimiento en el espíritu.

Al igual que una mujer que experimenta dolores de parto antes de nacer, los cristianos "gimen internamente mientras esperamos la adopción como hijos, la redención de nuestros cuerpos" (Romanos 8:23).



Usted está invitado a unirse a otros cristianos desde el 6 de Marzo al 14 de Abril del 2019 para participar en los **40 DÍAS POR LA VIDA** - 40 días de oración, vigilia y ayuno por el fin del aborto. Está invitado a pararse enfrente de la clínica de aborto FPA y orar pacíficamente con nosotros durante la vigilia de 40 días en el 2322 Butano Dr., Sacramento, y ayudar a pasar la voz sobre esta importante campaña por la

vida. Estaremos presentes de lunes a viernes de 8:00am a 6:00pm. Para más información - y especialmente si le gustaría ayudar, por favor contacte a: Liliana Balderrama al (916) 912-8256 o Veronica Aviña al (916) 205-0713 o también en 40daysforlife.com/sacramento

REFLEXIONES DE LA CUENTA DE LA CATEDRAL

"Quédate quieto y sabe que yo soy Dios" ~ Salmo 46: 10 ~
Usted es bienvenido a una exploración de Solitude el 23 de marzo, en Mercy Hall de 12:45 pm a 4:45 pm, seguida de una misa trilingüe. Este evento espiritual será guiado por la hermana Karla Felix-Rivera del misionero Verbum Dei Fraternidad. Las sesiones de discusión serán dirigidas por facilitadores en español, chino e inglés. Una comida sencilla de Cuaresma se servirá a las 3pm. Para reservaciones contacte a: Russ Almaraz (661) 733-8882, russ.almaraz@gmail.com. Patrocinado por el Consejo Pastoral Parroquial de la Catedral.

Las muy populares camisetas "I ♥ the Cathedral of the Blessed Sacrament" todavía están disponibles. Desde tamaño de niño s hasta tamaño adulto 3x, a \$ 10.00 cada uno. ¡Obtén el tuyo enviando un correo electrónico a Susan a susandurand@mail.com!

LAS LECTURAS Y CONMEMORACIONES SEMANALES

La semana del 10 de marzo de 2019

Domingo: 1er Domingo de Cuaresma; Inicio del horario de verano

Dt 26, 4-10/Sal 91, 1-2. 10-11. 12-13. 14-15 [cfr. 15]/

Rom 10, 8-13/Lc 4, 1-13

Lunes: Lv 19, 1-2. 11-18/Sal 19, 8. 9. 10. 15 [Jn 6, 63]/

Mt 25, 31-46

Martes: Is 55, 10-11/Sal 34, 4-5. 6-7. 16-17. 18-19 [18]/Mt 6, 7-15

Miércoles: Jon 3, 1-10/Sal 51, 3-4. 12-13. 18-19 [19]/Lc 11, 29-32

Jueves: Est C:12, 14-16, 23-25/Ps 138:1-2ab, 2cde-3, 7c-8 [3a]/

Mt 7:7-12/Sal 138, 1-2. 2-3. 7-8 [3]/Mt 7, 7-12

Viernes: Ez 18, 21-28/Sal 130, 1-2. 3-4. 5-7. 7-8 [3]/Mt 5, 20-26

Sábado: Dt 26, 16-19/Sal 119, 1-2. 4-5. 7-8 [1]/Mt 5, 43-48



LA CORRESPONSABILIDAD DIARIA

Tomará demasiado tiempo. No alcanzo. No conozco a nadie. Estoy demasiado ocupado.

¿En cuántas excusas puedes pensar para proponer como razones por las que deberías decir no al llamado de Jesucristo? Espera. ¿No sabías a quién iban dirigidas esas respuestas? Nosotros decimos no a muchas cosas y a muchas personas, pero no le diríamos que no a Jesús. ¿De verdad?

Durante esta temporada de Cuaresma, como todas las otras temporadas, se nos pedirá que respondamos de muchas maneras diferentes. Habrá ayuno, limosna y abstinencia de ciertos alimentos. Habrá invitaciones a diversas devociones y estudios formativos. Se nos pedirá que reflexionemos sobre nuestra fe y luego profundicemos más.

El 17 de marzo, la comunidad de ACTS está patrocinando una **HORA DE CAFÉ** en Mercy Hall después de las 11:00 y antes de las 1:00 Misas. Habrá café gratis y donas!



MEDITACIÓN EVANGÉLICO

El pasado Miércoles de Ceniza iniciamos nuestro camino de preparación del 2019. Serán cuarenta días para llegar a la Pascua del Señor. Esa es nuestra meta, quiera Dios que la sepamos cumplir. "Convertirse y creer en el Evangelio"; es la invitación que Jesús nos sigue haciendo cada día de la existencia. Aparte de las lecturas de este domingo, el Catecismo de la Iglesia Católica nos enseña: "El movimiento de retorno a Dios, llamado a la conversión y arrepentimiento, implica un dolor y una aversión respecto a los pecados cometidos, y el propósito firme de no volver a pecar. La conversión, por tanto, mira al pasado y al futuro; se nutre de la esperanza en la misericordia divina." (CIC 1490). Esto, por supuesto, nos ha de llevar a la reconciliación o confesión sacramental.

Jesús fue tentado tres veces y las tres le responde al demonio basándose en la Escritura. "Si eres el Hijo de Dios, manda a esta piedra que se convierta en pan." Jesús responde: "Quería enseñarte que no solo de pan vive el hombre, sino que todo lo que sale de la boca de Dios es vida para el hombre." (Deuteronomio 8:3). "Si te arrodillas y me adoras, todo será tuyo." Jesús le replicó: "La Escritura dice: Adorarás al Señor tu Dios y a él solo servirás." (Deuteronomio 6:13). A la tercera tentación: "Si tú eres el Hijo de Dios, tírate de aquí abajo, pues dice la Escritura: 'Dios ordenara a sus ángeles que te protejan.'" Jesús le replicó: "También dice la Escritura: 'No tentarás al Señor tu Dios.'" Palabras del salmo (91:11-12). Inicia la Cuaresma meditando estos pasajes de la Sagrada Escritura---serán de gran ayuda para volver el corazón a Dios.

VIVIR LA LITURGIA

La tentación es parte de nuestras vidas. Incluso Jesús luchó con la tentación. Nuestra fe nos dice que estamos destinados a vivir nuestras vidas al servicio del reino de Dios. A pesar de eso, a menudo nos encontramos persiguiendo nuestros propios deseos en lugar de los de Dios. El Evangelio nos dice claramente que el verdadero poder se encuentra en la aceptación de la virtud: vivir vidas de no violencia, de misericordia y perdón. Sin embargo, todavía no estamos convencidos y buscamos cosas que nos lastimaran y tomamos represalias contra quienes nos hacen daño. Cuando Jesús enfrentó la tentación, encontró seguridad en quién Él era, lo que lo arraigó firmemente en su misión y le dio la determinación de confiar en Dios. Nosotros también debemos aprender a encontrar seguridad en nuestra identidad como hijo o hija de Dios, a vivir nuestra misión enraizada en esa verdad y a confiar en la presencia permanente de Dios.

Algunos argumentarán que muchas de estas cosas nos son solicitadas por otros y no por Jesús. Por supuesto, eso será otra excusa como las mencionadas anteriormente. Cada llamada que llega a nosotros viene con la tentación de tomar el camino más fácil o minimizar el valor de la solicitud.

Nos quedaremos atrapados en un ciclo interminable de excusas que no llevan a ningún lado. Eso es al menos que simplemente decidamos detener la locura y decir ¡SÍ! Esta Cuaresma, renuncia y cede. Deja que Dios tome el control mientras tú rindes todo lo que eres y tienes para Él. Ahora es el momento de volverse a Jesús. No más excusas.

-Tracy Earl Welliver, MTS



~A Vibrant Parish and Historic Landmark Since 1889~

Cathedral of the Blessed Sacrament

1017 11th Street, Sacramento, CA 95814

916-444-3071, Fax 916-443-2749, cathedralsacramento.org

Rectory Office Hours — Monday to Friday, 9:00 am to 12:00 pm, 1:00 pm to 5:00 pm



PASTORAL AND ADMINISTRATIVE STAFF

Father Michael O'Reilly, Rector
 Father Kieran McMahon, Priest in Residence
 Father Nicholas Ho, Chinese Mass
 Deacon John Gisla, Office Manager
 Deacon Don DeHaven
 Deacon Edgar Hilbert
 Deacon Omar Bardales
 Sister Jenny Aldeghe, Director of Education
 Michael Ognisty, Sacristan
 Rex Rallanka, Director of Music
 Tom Waddock, Cathedral Manager
 Carmen Perez, Secretary
 Katie McAllister, Bookkeeper
 Titi Kila, Wedding Coordinator

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 Janet Bardales Gerardo Davila
 Steve Harrold Angela Lai

MASSES

| | |
|--------------------|--------------------|
| Monday to Friday | 12:10 pm |
| Monday to Thursday | 5:10 pm |
| Saturday Vigil | 5:00 pm |
| Sunday | 7:30 am |
| | 9:00 am |
| | 11:00 am |
| | 1:00 pm en Español |
| | 3:00 pm Chinese |
| | 5:00 pm |
| | 7:00 pm en Español |
| State Holidays | 12:10 pm only |

SACRAMENT OF CONFESSION

| | |
|--------------------|----------------------|
| Monday to Friday | 11:30 am to 12:00 pm |
| Saturday | 4:00 pm to 4:45 pm |
| Domingo en Español | 12:30 pm a 12:45 pm |
| | 6:30 pm a 7:00 pm |

EUCCHARISTIC ADORATION

When attendants are available:
 Wednesday 12:45 pm to 4:45 pm
 Thursday 12:45 pm to 4:45 pm
 Friday 12:45 pm to 3:45 pm

ANOINTING OF THE SICK - By appointment

BAPTISMS (Registration is required)
 English - 3rd Saturday of the month, 9:00am
 Español - 4º Sábado del mes, 9:00am

BAPTISM CLASSES (No registration required)
 English - 1st Thursday of the month, 7:00pm
 Español - 2do jueves del mes, 7:00pm

TOURS

Tours are free and are led by trained Docents after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours in Spanish are held the 1st & 3rd Sundays of the month after the 1pm Mass. Tours begin at the Baptismal Font. Contact 916-444-3071 to arrange free private group tours.

GIFT SHOP on the Lower Level

| | |
|----------|----------------------|
| Sundays | 9:00 am to 3:00 pm |
| Tuesdays | 10:30 am to 12:00 pm |

Get the Cathedral App today! Text "app" to 88202



~Bulletin Ministry~

Editor: Lyssa Black Publisher: Liturgical Publications
 Advisor: Father Michael O'Reilly Chinese News: Kenneth Ng

Send submissions to cathedralsacramento@gmail.com nine calendar days before publication weekend. See calendar on cathedralsacramento.org for submission deadlines

March 10 2019 * 1st Sunday in Lent



ROMAN CATHOLIC
DIocese OF SACRAMENTO
 DIÓCESIS CATÓLICA ROMANA DE SACRAMENTO

The Most Reverend **Jaime Soto, D.D, M.S.W**
 Bishop of Sacramento

2110 Broadway, Sacramento, CA 95818
 Office Hours: 8:30am - 4:30 pm
 Phone 916-733-0100, Fax 916-733-0195

scd.org



CATHEDRAL MINISTRIES

| | |
|--|---|
| Altarservers | Michael Ognisty, mfognisty@msn.com. |
| Benedictus Youth Group | Victoria Ramos, benedictusy@gmail.com |
| Brown Bag Lunch Ministry | Jerri Rush, jerrirush@comcast.net |
| Catechesis of the Good Shepherd | for ages 3+, for information, visit youngsheep.org, or call 916-910-3435 saccathedralacts.org |
| Cathedral A.C.T.S. | Bob Meyers, cynm1@yahoo.com |
| Cathedral Men's Group | contact the rectory office |
| Cathedral Saint Vincent de Paul | Titi Kila, cathedralya@gmail.com |
| Cathedral Young Adults | Rex Rallanka, Music Director, rrallanka@cathedralsacramento.org |
| Choir (English) | Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after 7pm Mass. |
| Choir (Spanish) | Reggie King, Brian Perez, thecatholicstore@gmail.com |
| Cinema Divina Movies | catechesis meets every Wednesday at 7:15pm in the Cathedral Lower Level. |
| Communion & Liberation | Jill Pease, peasejill@gmail.com |
| Docents | Lynne Amerson, cbs1017pc@yahoo.com. |
| Email Prayer Chain | |
| Extraordinary Ministers of Holy Communion | Amy McCormick, ammccormick@att.net |
| Festival of Trees and Lights | Paula Trujillo, trupaula@gmail.com |
| Front Door Ministry | ministries@cathedralsacramento.org |
| Greeters and Ushers | Tom Waddock, 916-444-3071, x 36 |
| Hospitality | Celeste Gisla, jfgisla@surewest.net |
| Knights of Columbus | Jaime Elizaldi, jaime.elizaldi@gmail.com |
| Lectors | Fred Heacock, fheacock72@hotmail.com |
| Respect Life Ministry | Veronica Avina, veronicaavina@yahoo.com |
| Rosary Club | Lolita Urrutia, lolita.urrutia@gmail.com. |
| Spanish Parents Group Leaders | Leticia Hilbert, leticia_hilbert@hotmail.com |

To learn more about the ministries at the Cathedral,
visit our website:

cathedralsacramento.org

CATHEDRAL PARISH STEWARDSHIP

| Weekend | Total Offering | Percent of Goal |
|------------------------|----------------|-----------------|
| February 9/10 | \$8,943 | 78% |
| February 16/17 | \$9,553 | 83% |
| February 23/24 | \$7,843 | 68% |
| March 2/3 | \$8,370 | 72% |
| 4-week Average: | \$8,677 | 75% |

The Parish's weekly expenses exceed **\$20,000**. To maintain fiscal integrity, the weekend offertory needs to cover more than half of Parish expenses. The Finance Council has set a weekly offertory goal of **\$11,500**.

CATHEDRAL PARISH REGISTRATION & UPDATE

Actualización y registro de la parroquia de la Catedral

You can also register online at cathedralsacramento.org / Visit Us / Register as a Parishioner

Name (*Nombre*): _____
 Street Address (*Domicilio*): _____
 City (*Ciudad*): _____ State (*Estado*): _____ Zip (*Código postal*): _____
 Phone (*teléfono*): (____) _____ Cell Phone (*Celular*): (____) _____
 Email: _____

For additional family members, please attach a separate sheet.
 Please indicate: Por favor indique:
 New Parishioner/Individual Nuevo Parroquiano / Individuo
 New Parishioners/Family Nuevo Parruco / Familia
 Change of Address Cambio de Dirección
 Please send Offertory Envelopes Por favor envíe Sobres de Ofertorio

Please return by (*Regrese por favor*):

- Put into collection basket at mass
(deposite en la canasta de la colecta en misa)
- Scan to pdf file and email: blessed@cathedralsacramento.org
(escanear a pdf file y envía por correo electrónico)
- Fax to: 916-443-2749
- Mail to (correo): 1017 11th Street, Sacramento, CA 95814



RELIGIOUS EDUCATION PROGRAMS

The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A., for adults, teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program.

If you've been coming to Mass for a while, but are not Catholic, or were baptized Catholic but never completed your faith formation classes, we invite you to look deeper into the Catholic faith. Come meet some faithful Catholics who love the Lord and would consider it a privilege to get to know you. We invite you to learn what Catholics believe in an open and welcoming environment. The **Rite of Christian Initiation of Adults (RCIA)** sessions meet every Monday Evening at 7 PM in the lower level of the Cathedral. Feel free to come any Monday evening.



For more information on all of our faith formation programs, please call **916-444-5364** or email Sister Jenny Aldeghi FDCC, Director of Religious Education, jenny@cathedralsacramento.org

MARRIAGE PREPARATION

The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Janet & Omar Bardales at matrimonyprep@att.net, or 916-427-9160, or Sister Jenny at 916-444-5364. You do not have to have your wedding at the Cathedral in order to take this class.

GET MARRIED AT THE CATHEDRAL

If you would like to celebrate the Sacrament of Matrimony at the Cathedral, download the Cathedral Wedding Guidelines and Reservation Form on the cathedral website. Contact the parish office at least *six months* before your desired wedding date to arrange a meeting with Wedding Coordinator, Titi Kila at tkila@cathedralsacramento.org.

HAVE YOUR MARRIAGE BLESSED IN THE CHURCH

If you would like to have your civil marriage blessed in the Catholic Church, please call or email Deacon John at the Cathedral Office to explore this possibility: 444-3071 Ext. 11; jgisla@cathedralsacramento.org. This can often be done in a small, private ceremony called a Convalidation, without any cost or fee. If you have been together for a number of years and would like to be married in the Church, this can also often be done in a small, private ceremony without any cost.

QUINCEAÑERA

This is the tradition of celebrating a young girl's coming of age on her 15th birthday with a Mass, and highlights the virtues of family and social responsibility, recognizing her journey from childhood to maturity. For more information on celebrating this beautiful tradition at the Cathedral, call Titi Kila, at 916-444-3071, or tkila@cathedralsacramento.org.

LITURGY OF THE WORD FOR CHILDREN

For ages 5 to 10 years old, at the 11:00 am Sunday Mass (Check calendar for dates). Children return to their families before the Offertory. For more information, contact the education office or Dorothy Corgiat at dlcorgiat@yahoo.com.



我們的團體於二月二十四日在West Sacramento的Our Lady of Grace 的學校舉行了為慶祝何神父當了神父40週年的彌撒和晚宴。

Our community celebrated Fr. Ho's 40th Sacerdotal Anniversary on February 24 at Our Lady of Grace School in West Sacramento with mass and dinner.



本週報告 (會長)

慕道班於每星期彌撒後以中文舉行。如果您認識的任何朋友或家人對天主教信仰有興趣，請邀請他參加。

三月的查經班將於三月十六日上午十時在Martin Luther King Jr. 的圖書館(7340 24th St. Bypass Sacramento, CA 95822) 舉行。

大聖堂四旬期靜思 (由堂區牧民議會主辦)

歡迎各位跟我們一起靜修 “你們要停手！應承認我是天主。”(詠46:11)

地點：聖體大聖堂地庫大堂 (請由廚房側門進入)

時間：3月23日(星期六) 下午1:00 - 4:45

靈修活動由 Karla 修女帶領，期後小組分享

10 以華語(徐執事)，西班牙語及英語進行，並

在下午 3:00有簡單餐飲。最後在下午5:00以三語彌撒作結束。

報名請聯絡陳紹強 (916) 272-9093 或 ellischansk@hotmail.com

Announcement this week (President)

We will continue to have the Station of the Cross next Sunday at 2:30 before mass.

We will have the bible study on March 16, 2018 Saturday 10:00 AM to 12:00 AM at Martin Luther King Jr. Library (7340 24th St. Bypass Sacramento, CA 95822)

Lenten Reflections at the Cathedral

Sponsored by the Cathedral's Parish Pastoral Council.

You are welcome to join us in an exploration of Solitude.

Psalm 46:10, "Be still and know that I am God".

Where: The Cathedral of the Blessed Sacrament, in Mercy Hall, entrance on the north side in the alley.

When: Saturday, March 23, doors open at 12:45 pm and concludes at 4:45 pm.

This spiritual event will be guided by Sister Karla Felix-Rivera of the Verbum Dei Missionary Fraternity. Discussion sessions will be led by facilitators in Spanish, Chinese, and English. A simple Lenten meal is included at 3pm. A Tri-lingual Mass follows the event. For reservations contact: Ellis Chan (916) 272-9093 or ellischansk@hotmail.com

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