

World Day of Prayer for Vocations

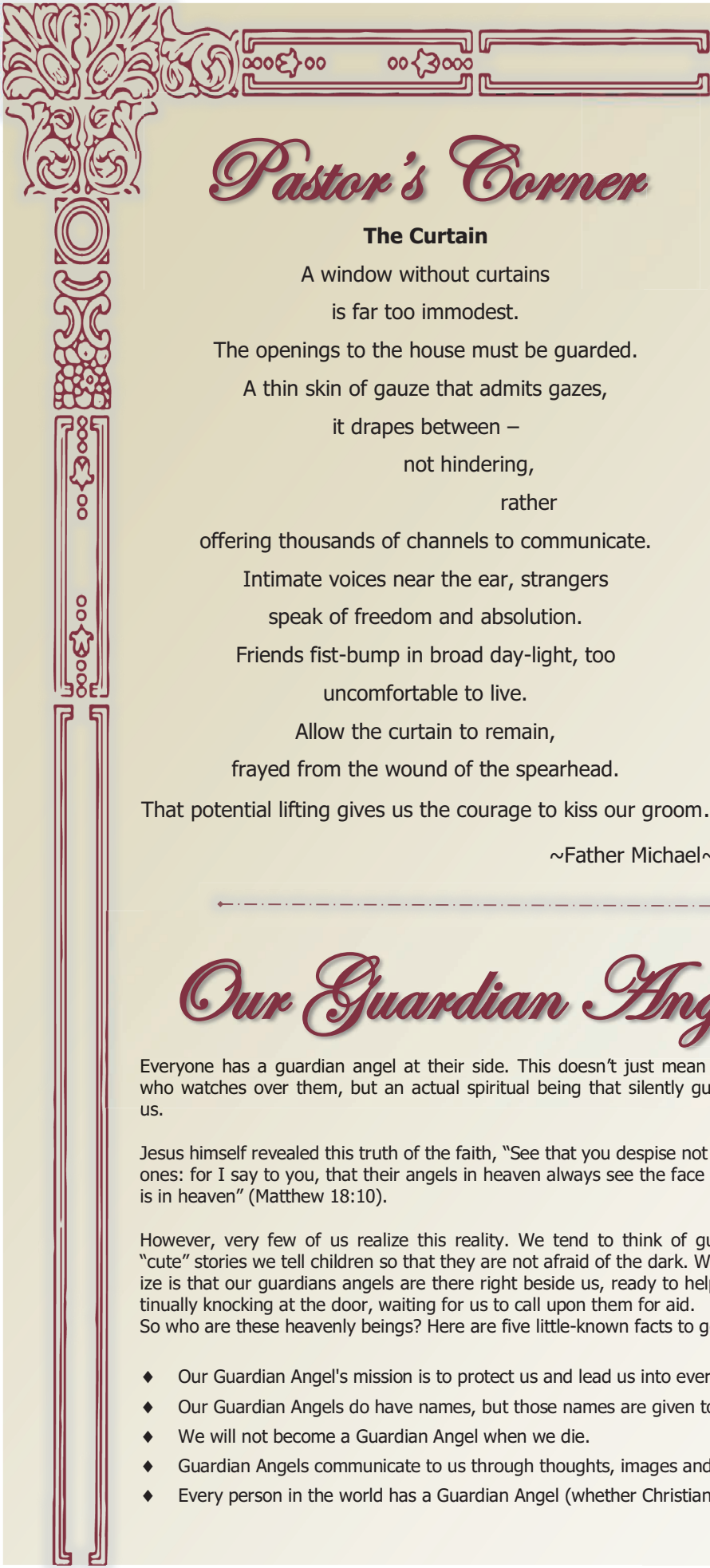


Volume 18 * Issue 16

Cathedral of the Blessed Sacrament

April 22 2018 * 4th Sunday of Easter





Pastor's Corner

The Curtain

A window without curtains
is far too immodest.

The openings to the house must be guarded.

A thin skin of gauze that admits gazes,
it drapes between –
not hindering,
rather

offering thousands of channels to communicate.

Intimate voices near the ear, strangers
speak of freedom and absolution.

Friends fist-bump in broad day-light, too
uncomfortable to live.

Allow the curtain to remain,
frayed from the wound of the spearhead.

That potential lifting gives us the courage to kiss our groom.

~Father Michael~



Unlike other holidays that celebrate events of the past, Earth Day and Arbor Day celebrate hope and inspiration for the future.

Earth Day was founded by Senator Gaylord Nelson of Wisconsin in 1970.

This effectively forced environmental protection onto the national political agenda. It had a unique political and socio-economic effect of aligning polar interests in support of a common cause. Republicans and Democrats, rich and poor, farmers, city tycoons, labor leaders all in support of what led to the creation of the Environmental Protection Agency (EPA.) and the passing of the Clean Air, Clean Water and Endangered Species Acts.

Arbor Day was celebrated as a formal holiday the first time in 1872 in Nebraska City, Nebraska, honoring the role of trees in our life, as they offer us beauty, shade, food (fruit and nuts.) Trees also improve wildlife habitat, air quality, water quality and flooding control. And on this day, we plant more trees.

Two new dogwood trees, donated by Art & Environment Ministry leader, Chris Houlemard, have been planted in front of the rectory. These will provide shade and beauty for years to come.

Our Guardian Angels

Everyone has a guardian angel at their side. This doesn't just mean a friendly person who watches over them, but an actual spiritual being that silently guides and protects us.

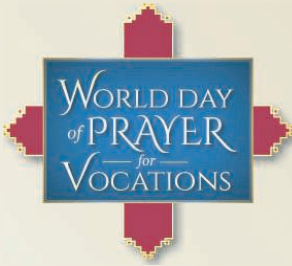
Jesus himself revealed this truth of the faith, "See that you despise not one of these little ones: for I say to you, that their angels in heaven always see the face of my Father who is in heaven" (Matthew 18:10).

However, very few of us realize this reality. We tend to think of guardian angels as "cute" stories we tell children so that they are not afraid of the dark. What we don't realize is that our guardians angels are there right beside us, ready to help us and are continually knocking at the door, waiting for us to call upon them for aid. So who are these heavenly beings? Here are five little-known facts to get you started.

- ◆ Our Guardian Angel's mission is to protect us and lead us into everlasting life.
- ◆ Our Guardian Angels do have names, but those names are given to them by God.
- ◆ We will not become a Guardian Angel when we die.
- ◆ Guardian Angels communicate to us through thoughts, images and feelings.
- ◆ Every person in the world has a Guardian Angel (whether Christian or not).



~Philip Koslowski | Aleteia.org~



Today the Church throughout the world prays for vocations. Will you make a special effort to ask the Lord for more vocations to the priesthood and religious life?

- ◆ Pray for the priests who have ministered to you throughout your life, both living and dead.
- ◆ Keep our parish priests in your prayers throughout the week.
- ◆ Encourage your children, grandchildren, or other young people to consider a vocation as a priest or religious brother or sister. Pray a rosary for more young men and women in our diocese to respond to God's call.

2018 Synod on Youth & Vocations - This fall, hundreds of bishops will gather in Rome for a special synod on "Young People, Faith, and Vocational Discernment." their purpose is to discuss the ways that young people encounter Jesus in today's world, and to ensure the Church is helping them to discover their vocations. The synod begins in October.

Join an "Invisible Monastery" - Pledge to pray for vocations at the international website, invisiblemonastery.com. It was inspired by a call from the Vatican urging Catholics to "organize an 'invisible monastery' in which many persons, day and night, are committed to continuous prayer for priestly vocations." Visit: invisiblemonastery.com



Prayers for Vocations

Mary Most Holy, as a young woman living in obscurity you nurtured with loving care the Word of God made flesh. Please protect and accompany all young men and women, especially from our parish, who are called to a vocation to the priesthood or religious life. *Amen.*

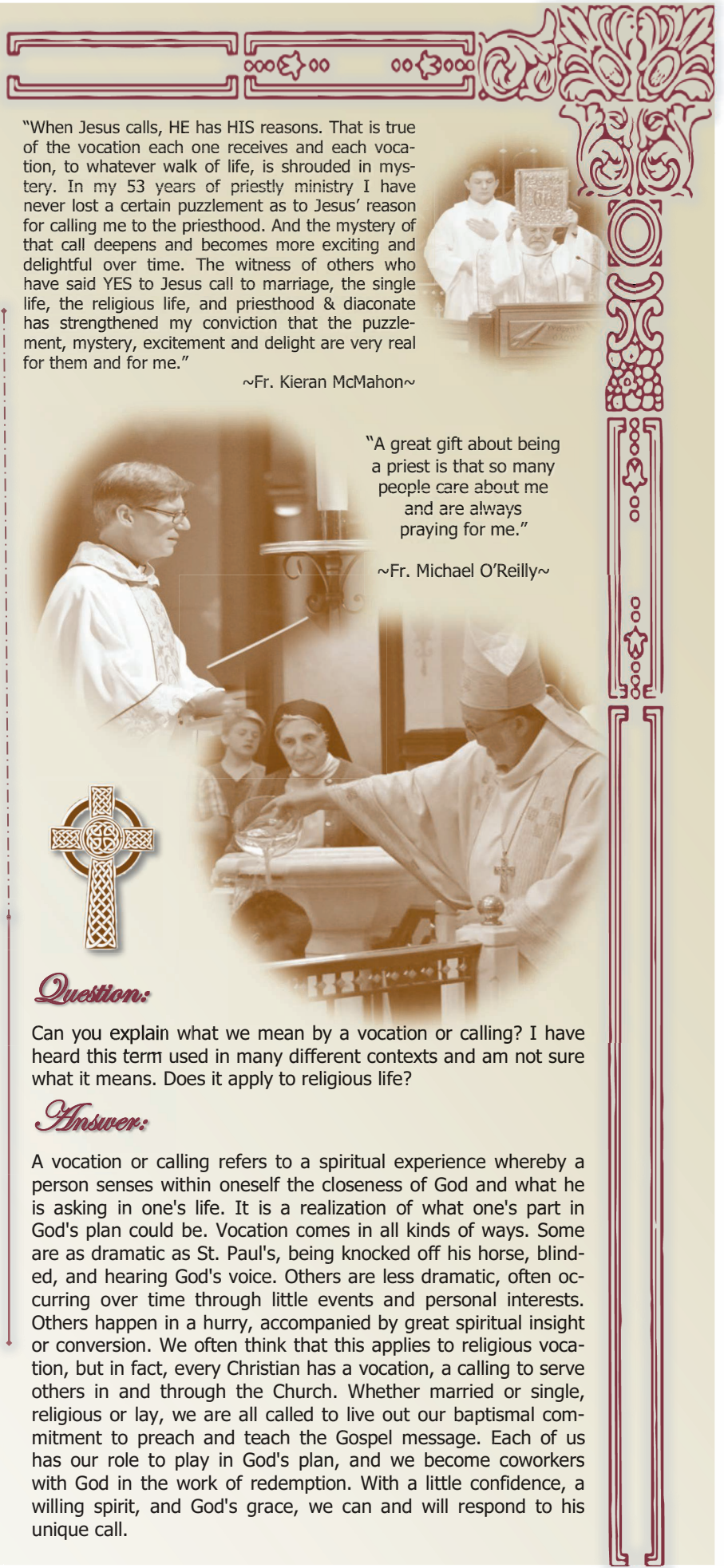
* * * * *

God our Father, You made each of us to use our gifts in the Body of Christ. We ask that You inspire young people whom You call to the priesthood and consecrated life to courageously follow Your will. Send workers into Your great harvest so that the Gospel is preached, the poor are served with love, the suffering are comforted, and Your people are strengthened by the sacraments. We ask this through Christ our Lord. *Amen.*

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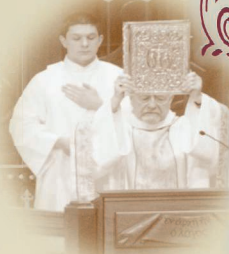
Children's "Prayer to Know My Vocation"

God, my Father, You created me with a specific purpose for my life; this is my vocation. By following Your plan, I will be happy on Earth, earn the reward of Heaven, and help others do the same. Please help me to hear, understand, and follow Your call with my whole heart, especially when it seems most difficult. Mary, Mother of God and my Mother, pray for me to know and accept God's will for my life. *Amen.*



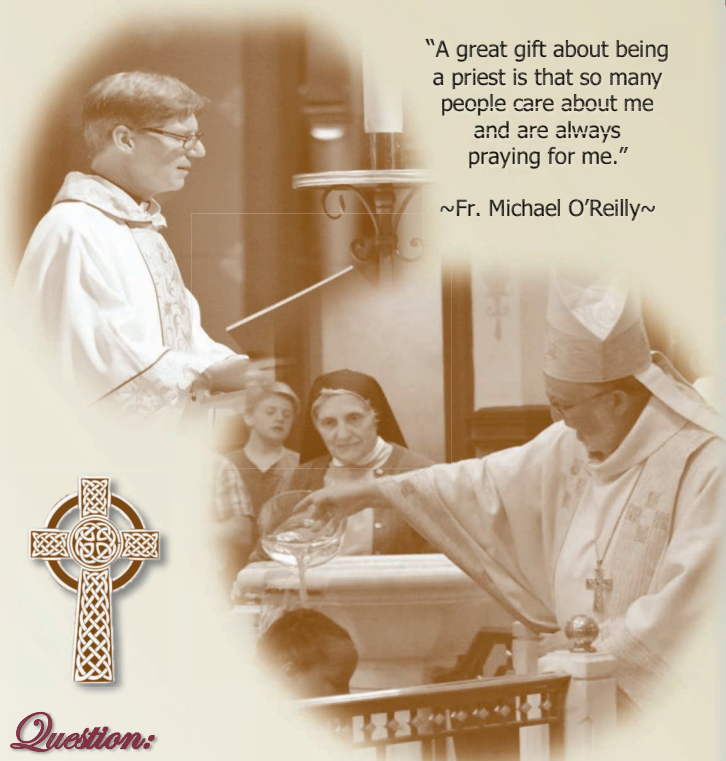
"When Jesus calls, HE has HIS reasons. That is true of the vocation each one receives and each vocation, to whatever walk of life, is shrouded in mystery. In my 53 years of priestly ministry I have never lost a certain puzzlement as to Jesus' reason for calling me to the priesthood. And the mystery of that call deepens and becomes more exciting and delightful over time. The witness of others who have said YES to Jesus call to marriage, the single life, the religious life, and priesthood & diaconate has strengthened my conviction that the puzzlement, mystery, excitement and delight are very real for them and for me."

~Fr. Kieran McMahon~



"A great gift about being a priest is that so many people care about me and are always praying for me."

~Fr. Michael O'Reilly~

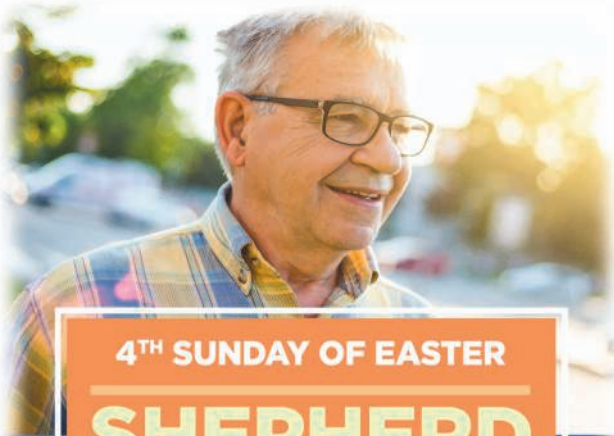


Question:

Can you explain what we mean by a vocation or calling? I have heard this term used in many different contexts and am not sure what it means. Does it apply to religious life?

Answer:

A vocation or calling refers to a spiritual experience whereby a person senses within oneself the closeness of God and what he is asking in one's life. It is a realization of what one's part in God's plan could be. Vocation comes in all kinds of ways. Some are as dramatic as St. Paul's, being knocked off his horse, blinded, and hearing God's voice. Others are less dramatic, often occurring over time through little events and personal interests. Others happen in a hurry, accompanied by great spiritual insight or conversion. We often think that this applies to religious vocation, but in fact, every Christian has a vocation, a calling to serve others in and through the Church. Whether married or single, religious or lay, we are all called to live out our baptismal commitment to preach and teach the Gospel message. Each of us has our role to play in God's plan, and we become coworkers with God in the work of redemption. With a little confidence, a willing spirit, and God's grace, we can and will respond to his unique call.



Next week, we will take up the **CATHOLIC HOME MISSIONS APPEAL**. Right now, over 40 percent of dioceses in the US are considered home missions because they are unable to fund essential pastoral work needed in their communities. Your support of this appeal helps ease the struggle of these dioceses. Please prayerfully consider how you can support this appeal. More information can be found at www.usccb.org/home-missions

4TH SUNDAY OF EASTER

SHEPHERD

"I am the good shepherd, and I know mine and mine know me." - Jn 10:14

Excerpts from the Lectorian for Mass ©2001, 1996, 1979 CCG

HELPING OUR HOMELESS COMMUNITY: Norma Humphrey, a Cathedral Lector, in order to raise funds to help the area homeless, is offering a part of her life's treasure. **James Humphrey** (1939-2008), her husband of 43 years, was an acclaimed poet, teacher, abstract artist, baseball player, and champion for victims of child abuse. Norma is offering 10 of his 19 out-of-print titles available for purchase from \$5 to \$30. The books will be available at times in front of the Cathedral after Sunday Mass, as well as in the gift shop.

AN EVENING OF FINE MUSIC, FOOD AND FUN
Saturday, April 28, after the 5pm Mass

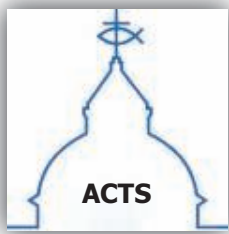
A classical music concert in the church featuring teenage violin virtuoso, Ayana Jaycox, and Father Michael O'Reilly on piano. Dinner and dessert will be served in Mercy Hall: Chicken breast stuffed with spinach, mushrooms and cheese with red skin potatoes and green salad. Live music from ACTS musicians. Price \$20 per Individual; \$50 for family (2 adults and children 15 and under) 10% discount for buying 5 or more individual tickets. Tickets on sale after weekend masses. Funds benefit Cathedral ACTS Ministry. contact: ActsCathedralSacto@gmail.com

JOSHUA'S HOUSE is a hospice for the terminally ill homeless men and women in need of a safe place to complete their passing to the next life. This hospice will be only the sixth in the nation to exist for the homeless population. The Big Day of Giving is coming up on May 3, 2018 and Joshua's house is looking to raise \$25,000 which will be put towards furnishing for their home and equipment for their care. Those interested in helping out the underserved can visit thehcri.org to get more information, view sponsors and letters of support or donate early. For inquiries please email michellemott@hcri.com. Thank you.



"A TASTE FOR LIFE" Join fellow pro-life advocates for an evening of hors d'oeuvres, music, wine, beer, and fellowship on May 18 at 5:30 pm, at the Sacramento Life Center, 2316 Bell Executive Lane, Sacramento, sponsored by Sacramento Catholics@Work. Suggested donation: \$25. Advance registration required. For reservations, visit saccatholicsatwork.org.

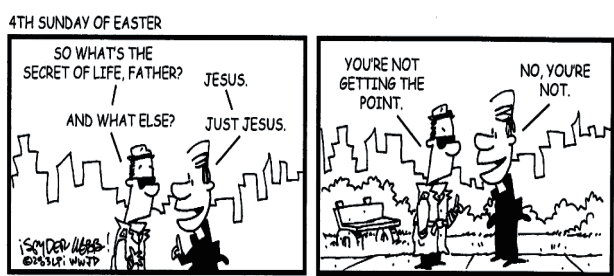
The **CATHEDRAL WOMEN'S ACTS RETREAT** is just around the corner. This year's retreat is June 21st - 24th. We hope you will prayerfully consider attending this life changing retreat. Brochures and Applications will be available at the ACTS table after April 15th & 22nd Masses. For more information, contact Retreat Director, Susanna Romo, at (916) 955-8137. We look forward to you joining us!



The **PARISH PASTORAL COUNCIL** assists the pastor in serving the parish community by exploring the needs of the parish and responding appropriately. The Cathedral of the Blessed Sacrament's Parish Pastoral Council has two seats that have termed out. If you are interested in serving on the Parish Pastoral Council please contact Fr. Michael O'Reilly at 916-444-3071 x19

Please remember in your prayers:

Deacon Don DeHaven	Lola Krist +
Delores Abella S.I.	Luz and Miguel
Jeremy Smock S.I.	Ted Brandt & Family
Mariana Gonzalez	Tony Vasconcelles' Mother
Jessie LaRay	Candace & Robbie Cattaneo
Sophia LaRay	Shelley Lord & Family
Elizabeth	Joseph Sailas+
Delores Abella S.I.	W. Gualberto Family
Jeremy Smock S.I.	Joyce McDougal
Flora Bagcal +	Sandra M.
Minda Swars	Rosa Urbina Herrera
Jennifer Swars	Linda Lorta
Emily West	Vicky Manning Davis
Adrian John Bayan	Joanne S Hills
João Roberto da	Julianna
Silveira Franco	Serena Ramirez
Alfredo Rivera	David Smith
Michael Jose Mejia	Ceciley Snook
Luis Gutierrez, Sr	
Luis Gutierrez, Jr.	



PARKING is available in the City Hall parking lot on 11th St. between I Street and J Street, and in the Capitol parking lot on 10th Street between K Street and L Street, for a flat rate of \$5.00. Parking coupons to cover the entire cost are available after Masses from ushers, and at classes, like CCD and Baptism.

The parking structure on the north side of the Cathedral is privately owned and not affiliated with the Cathedral in any way. The cost to park there is \$10.00 and is not reimbursed by the Cathedral.

Date	Mass / Intentions	Observances & Readings	Activities
Saturday April 21	5:00 pm / Nancy McFadden +	Acts 9:31-42/Ps 116:12-13, 14-15, 16-17 [12]/ Jn 6:60-69	10:00am CCD Classes
Sunday April 22	7:30 am / David J. Martin + 9:00 am / Souls in Purgatory Teresa Chavez S.I. 11:00 am* / Demetria Jacinto + 1:00 pm Spanish / Lucia Zamora S.I. Sr. Antonio Rodriguez + 3:00 pm Chinese 5:00 pm / People of the Parish 7:00 pm Spanish/ Rodolfo Esparza + Amalia Martinez Mondragon + *Liturgy of the Word for Children	4th Sunday of Easter EARTH DAY World Day of Prayer for Vocations Acts 4:8-12/Ps 118:1, 8-9, 21-23, 26, 28, 29 [22]/1 Jn 3:1-2/Jn 10:11-18	11:00am CCD Spanish Classes Spanish Speaking Adult Education
Monday April 23	12:10 pm / Gerald Eugene Bledsoe + 5:10pm / Chloe Reynoso +	St. George, Martyr St. Adalbert, Bishop & Martyr Acts 11:1-18/Ps 42:2-3; 43:3, 4 [cf. 3a]/Jn 10:1-10	6:30pm RCIA Evening Prayer 7:00pm RCIA Class
Tuesday April 24	12:10 pm / Alexis Mesaros S.I. 5:10 pm / Souls in Purgatory	St. Fidelis of Sigmaringen, Priest & Martyr Acts 11:19-26/Ps 87:1b-3, 4-5, 6-7 [117:1a]/Jn 10:22-30	6:00pm Spanish Choir Rehearsal for the 7pm Mass 7:00pm Teen Confirmation Class
Wednesday April 25	12:10 pm / Donald Purseglove + 5:10 pm / Rod Fluet S.I.	St. Mark, Evangelist Administrative Professionals Day 1 Pt 5:5b-14/Ps 89:2-3, 6-7, 16-17 [2]/Mk 16:15-20	7:00pm Spanish Choir Rehearsal for the 1pm Mass 7:15pm English Choir Rehearsal 7:15pm Communion & Liberation
Thursday April 26	12:10 pm / Thomas Fleming + 5:10 pm / Mrs. Aileen Ringling +	Acts 13:13-25/Ps 89:2-3, 21-22, 25 and 27 [2]/ Jn 13:16-20	7:00pm Bible Timeline
Friday April 27	12:10 pm / Guillermo Mercado +	Arbor Day Acts 13:26-33/Ps 2:6-7, 8-9, 10-11ab [7bc]/Jn 14:1-6	



Cathedral Kids



Puzzle

Help this lamb find his way into the sheep pen with Jesus.

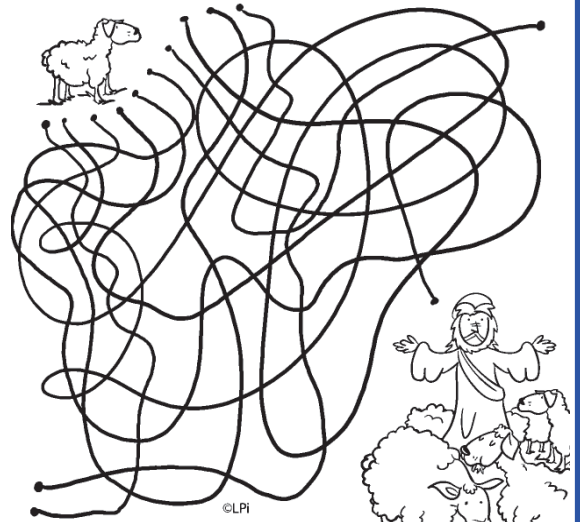
 Read the Gospel and Color



Sharing the Gospel - Without a good shepherd to lead them, sheep would get lost. Without a good shepherd to protect them, sheep would get hurt. A good shepherd would even die, just to keep his sheep safe. Jesus is your good shepherd, and you are his precious little lamb. When you get lost, Jesus comes to find you. When you are in danger, Jesus comes to comfort you. Listen to the voice of Jesus. Spend time reading the Bible every day. He wants to lead you to life with God. He wants to protect you from sin. Jesus gave up his life just to save you. Jesus is your good shepherd.

Prayer - God, help me to always follow Jesus, my good shepherd.

Mission for the Week - Learn as much as you can about Jesus, so you can follow him. Read a Bible story with your family every night before bed.



"Let no one mourn that he has fallen again and again: for forgiveness has risen from the grave!"

~ St. John Chrysostom ~

Esquina del Pastor

La cortina

Una ventana sin cortinas
es demasiado inmodesto

Las aberturas de la casa deben estar protegidas.

Una fina capa de gasa que admite miradas,
cae entre -
no obstaculizando,
más bien

ofreciendo miles de canales para comunicarse.

Voces íntimas cerca de la oreja, extraños
habla de libertad y absolución.

Los amigos "bump-fist" a plena luz del día, también
incómodo para vivir.

Permita que la cortina permanezca,
deshilachado de la herida de la punta de lanza.
Ese levantamiento potencial nos da el coraje de besar a
nuestro novio.

~Padre Michael~

Nuestros Ángeles Guardianes

Todos tienen un ángel guardián a su lado. Esto no solo significa una persona amiga que los cuida, sino un ser espiritual real que silenciosamente nos guía y protege.

Jesús mismo reveló esta verdad de la fe, "Mira que no menosprecies a uno de estos pequeños: porque te digo que sus ángeles en el cielo siempre ven el rostro de mi Padre que está en los cielos" (Mateo 18:10).

Sin embargo, muy pocos de nosotros nos damos cuenta de esta realidad. Tendemos a pensar en los ángeles guardianes como historias "tiernas" que les contamos a los niños para que no tengan miedo a la oscuridad. De lo que no nos damos cuenta es de que nuestros ángeles guardianes están ahí a nuestro lado, listos para ayudarnos y están continuamente tocando a la puerta, esperando que les pidamos ayuda.

Entonces, ¿quiénes son estos seres celestiales? Aquí hay cinco hechos poco conocidos para comenzar.

- ♦ La misión de nuestro Ángel de la Guarda es protegernos y conducirnos a la vida eterna.
- ♦ Nuestros Ángeles Guardianes tienen nombres, pero esos nombres son dados por Dios.
- ♦ No nos convertiremos en un ángel guardián cuando muramos.
- ♦ Los Ángeles Guardianes nos comunican a través de pensamientos, imágenes y sentimientos.
- ♦ Cada persona en el mundo tiene un Ángel Guardián (sea cristiano o no).

A diferencia de otras fiestas que celebran eventos del pasado, el Día de la Tierra y el Día del Árbol celebran la esperanza y la inspiración para el futuro.

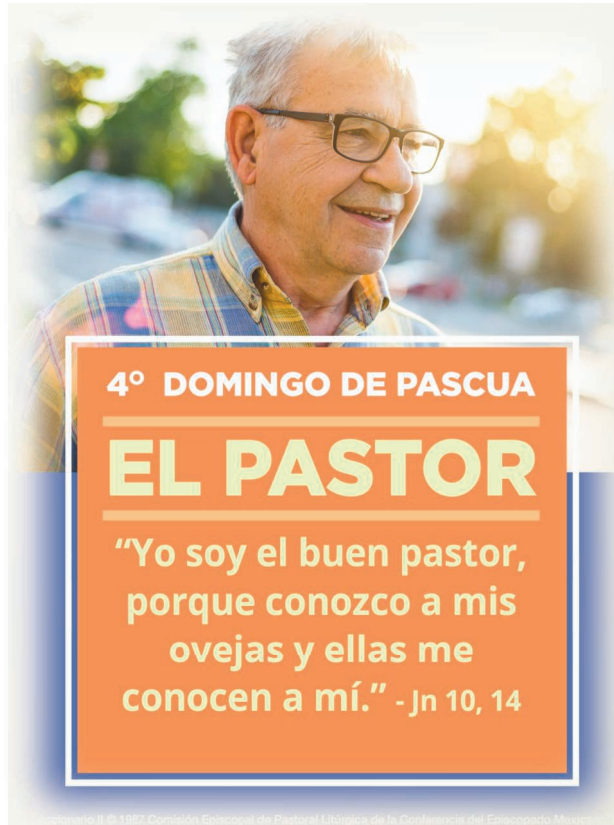


El Día de la Tierra fue fundado por el Senador Gaylord Nelson de Wisconsin en 1970. Esto efectivamente forzó la protección ambiental en la agenda política nacional. Tuvo un efecto político y socioeconómico único de alinear los intereses polares en apoyo de una causa común. Republicanos y Demócratas, ricos y pobres, granjeros, magnates de las ciudades, líderes sindicales, todo en apoyo de lo que llevó a la creación de la Agencia de Protección Ambiental (EPA) y la aprobación de las leyes de Aire Limpio, Agua Limpia y Especies en Peligro de Extinción.

Arbor Day se celebró como una fiesta formal la primera vez en 1872 en Nebraska City, Nebraska, honrando el papel de los árboles en nuestra vida, ya que nos ofrecen belleza, sombra, comida (frutas y nueces). Los árboles también mejoran el hábitat de la vida silvestre, aire calidad, calidad del agua y control de inundaciones. Y en este día, plantamos más árboles.

Dos nuevos árboles de cornejo, donados por Líder del Ministerio de Arte y Medio Ambiente, Chris Houlemard, se han plantado frente a la rectoría. Estos proporcionarán sombra y belleza en los próximos años.





4º DOMINGO DE PASCUA

EL PASTOR

“Yo soy el buen pastor,
porque conozco a mis
ovejas y ellas me
conocen a mí.” - Jn 10, 14

LA CORRESPONSABILIDAD DIARIA - RECONOCER A DIOS EN LOS MOMENTOS ORDINARIOS

Durante el tiempo de Pascua, reflexionamos en ser seguidores de la piedra que los constructores rechazaron, Jesús crucificado y resucitado. Como un pastor, nos guía con su voz que hace eco por todos los siglos y permanece verdadera y efectivamente, aún en nuestro mundo moderno. Ser su discípulo quiere decir arriesgarnos a un rechazo similar al que él vivió. El pastor no llevará a sus ovejas al peligro, pero hay peligro a nuestro alrededor.

La corresponsabilidad puede ser algo de lo que hablamos abstractamente o una manera en deseamos vivir, o una realidad imperfecta que a veces nos pone en conflicto con el mundo. Cuando disminuamos y dejemos que Jesús crezca en nosotros, atraeremos a muchos al amor y compasión que fluirán a través de nosotros. Pero algunos nos verán como tontos y pensarán que somos ridículos. Para algunos no es sabio cultivar nuestros dones dados por Dios y darnos totalmente a Él. Pensarán que somos locos, o tal vez alguna vez el ejemplo de nuestras vidas les hará cuestionar sus valores.

Si da un poco, será admirado. Si da mucho, será celebrado. Si da todo, puede ser rechazado. No todos tendrán esta reacción negativa nos verán tu ejemplo e intentarán hacer lo mismo. Se unirán a ti al seguir al pastor. Se harán un verdadero símbolo de Jesucristo al mundo. Pero su conversión de corazón empieza contigo y tu ejemplo.

~Tracy Earl Welliver, MTS~

EL CONCILIO PASTORAL PARROQUIAL ayuda al pastor a servir a la comunidad parroquial al explorar las necesidades de la parroquia y responder adecuadamente. El Consejo Pastoral Parroquial de la Catedral del Santísimo Sacramento tiene dos asientos que se han excluido. Si está interesado en servir en el Consejo Pastoral Parroquial, contáctese con el Padre. Michael O'Reilly al 916-444-3071 x19.

LAS LECTURAS DE LA SEMANA DEL 22 DE ABRIL DE 2018

Domingo: Hch 4, 8-12/Sal 118, 1. 8-9. 21-23. 26. 28. 29 [22]/1 Jn 3, 1-2/Jn 10, 11-18

Lunes: Hch 11, 1-18/Sal 42, 2-3; 43, 3. 4 [cfr. 3]/Jn 10, 1-10

Martes: Hch 11, 19-26/Sal 87, 1-3. 4-5. 6-7 [117, 1]/Jn 10, 22-30

Miércoles: 1 Pe 5, 5-14/Sal 89, 2-3. 6-7. 16-17 [2]/Mc 16, 15-20

Jueves: Hch 13, 13-25/Sal 89, 2-3. 21-22. 25 y 27 [2]/Jn 13, 16-20

Viernes: Hch 13, 26-33/Sal 2, 6-7. 8-9. 10-11 [7]/Jn 14, 1-6

Sábado: Hch 13, 44-52/Sal 98, 1. 2-3. 3-4 [3]/Jn 14, 7-14

Domingo siguiente: Hch 9, 26-31/Sal 22, 26-27. 28. 30. 31-32 [26]/1 Jn 3, 18-24/Jn 15, 1-8

LAS CONMEMORACIONES DE LA SEMANA

Domingo: 4º Domingo de Pascua; Jornada Mundial de Oración por las Vocaciones; Día de la Tierra

Lunes: San Jorge, mártir; san Adalberto, obispo y mártir

Martes: San Fidelis de Sigmaringen, sacerdote y mártir

Miércoles: San Marcos, Evangelista; día de los profesionales de administración

Viernes: Día del Árbol

Sábado: San Pedro Chanel, sacerdote y mártir; san Luis María Grignon de Montfort, sacerdote

Domingo siguiente: 5º Domingo de Pascua

MEDITACIÓN EVANGÉLICO Cuando San Ignacio de Antioquia iba a ser martirizado, se dirigió a los cristianos de Roma con las siguientes palabras. "Acuérdense en sus oraciones de la Iglesia que está en Siria, que, en mi lugar tiene a Dios por pastor. Jesucristo solo y el amor de ustedes harán función de obispo". San Ignacio de Antioquia, tenía conciencia clara de que Jesucristo - y sólo él - es el único pastor. El punto es, que, a estas alturas de la Pascua ya deberíamos tener claro a que envió el Padre A Jesús. Para que no haya duda ni se divague con respuestas ambiguas, Jesús mismo nos da la respuesta. "Yo soy el Buen Pastor. El buen pastor da la vida por sus ovejas". (Juan 10:11). El fin de la Liturgia de la Pascua, es demostrar la fidelidad de Dios a su pueblo por medio de Jesucristo.

¿Cómo demuestra Jesús su amor como Buen Pastor? ¿Dónde se encuentra su ternura para sus ovejas? El Papa Francisco, también invita con su ejemplo de Pastor a que reflexionemos en la celebración de este domingo. "Sí, porque Jesús, es el pastor bueno y la puerta de las ovejas, es un jefe cuya autoridad se expresa en el servicio, un jefe que para gobernar da la vida y no pide a los demás que la sacrifiquen. De manera que podemos fiarnos de un jefe así, Cristo, que representa una presencia amiga, fuerte y dulce y que al mismo tiempo nos protege, consuela y cura. (Radio vaticana 07/05/17). Escuchar la voz del Buen Pastor, es el reto, acudir a Él es el camino. Dejar las voces mercenarias que aniquilan y matan el espíritu es la tarea de cada cristiano. ¡El Buen Pastor sale al encuentro de su oveja en cada Eucaristía!

VIVIR LA LITURGIA - INSPIRACIÓN DE LA SEMANA

De cierta manera nos consuela saber que alguien nos cuida. Los niños pueden sentir esto fácilmente cuando están en los brazos de su madre o padre; todo está bien. Jesús es el Buen Pastor. No tenemos que averiguar todo lo complicado de la vida. Lo que necesitamos es dejar que Jesús sea el verdadero pastor de nuestras vidas; que nos guíe en la dirección correcta, que nos guíe a los mejores pastos y no nos dejara que nada nos dañe. Hay tantas cosas en esta mundo que nos pueden lastimar y podemos encontrarnos rápidamente en un camino hacia la desesperación. Al concentrarnos en Jesús y siempre acercarnos a él, podemos desarrollar los regalos y talentos que Dios nos ha dado y podemos descubrir la llave de la felicidad. Jesús me recibe con todas mis dudas y miedos, mis limitaciones y mis pecados.



" The Cathedral is for everyone." ~Bishop Patrick Manogue, 1886~



Cathedral of the Blessed Sacrament

1017 11th Street, Sacramento, CA 95814
916-444-3071, Fax 916-443-2749 , cathedralsacramento.org
Rectory Office Hours — Monday to Friday, 9:00 am to 5:00 pm



PASTORAL AND ADMINISTRATIVE STAFF

- Father Michael O'Reilly, Rector**
- Father Kieran McMahon, Priest in Residence**
- Father Nicholas Ho, Chinese Mass**
- Deacon John Gisla, Office Manager
- Deacon Don DeHaven
- Deacon Edgar Hilbert
- Sister Jenny Aldeghi, Director of Education
- Michael Ognisty, Sacristan
- Rex Rallanka, Director of Music
- Tom Waddock, Cathedral Manager
- Carmen Perez, Secretary
- Katie McAllister, Bookkeeper
- Tit Kila, Wedding Coordinator

RELIGIOUS EDUCATION PROGRAM

The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A for teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program. For information on all of these programs, contact Sister Jenny and her staff at jenny@cathedralsacramento.org, or 916-444-5364

Liturgy of the Word for Children, ages 5 to 10 years old, every Sunday at the 11:00 am Mass. This program provides children with age appropriate explanations of the Sunday readings and gives parents with young children an opportunity to focus on the Scripture readings and the homily without distractions. Children return to their families before the Offertory. For more information, contact the education office or Dorothy Corgiat at dlcorgiat@yahoo.com.



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DIocese OF SACRAMENTO
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The Most Reverend **Jaime Soto, D.D, M.S.W**
Bishop of Sacramento

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SCHEDULE OF MASSES

Monday to Friday	12:10 pm
Monday to Thursday	5:10 pm
Saturday Vigil	5:00 pm
Sunday	7:30 am
	9:00 am
	11:00 am
	1:00 pm en Español
	3:00 pm Chinese
	5:00 pm
	7:00 pm en Español
State Holidays	12:10 pm only

SACRAMENT OF CONFESSION

Monday to Friday	11:30 am to 12:00 pm
Saturday	4:00 pm to 4:45 pm
Domingo en Español	12:30 pm a 12:45 pm
	6:30 pm a 7:00 pm

EUCCHARISTIC ADORATION

When attendants are available:

Wednesday	12:45 pm to 4:45 pm
Thursday	12:45 pm to 4:45 pm
Friday	12:45 pm to 3:45 pm

ANOINTING OF THE SICK - By appointment

BAPTISMS (Registration is required)

English - 3rd Saturday of the month, 9:00am
Español - 4º Sábado del mes, 9:00am

BAPTISM CLASSES

English - 1st Thursday of the month, 7:00pm
Español - 2do jueves del mes, 7:00pm

TOURS

Tours are free and are led by trained Docents after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours in Spanish are held the 1st & 3rd Sundays of the month after the 1pm Mass. Tours begin at the Baptismal Font. Contact 916-444-3071 to arrange free private group tours.

GIFT SHOP on the Lower Level

Sundays 9:00 am to 3:00 pm

~Bulletin Ministry~

Editor: Lyssa Black
Advisor: Father Michael O'Reilly

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Chinese News: Kenneth Ng, Ellis Chan

Send submissions to cathedralsacramento@gmail.com



JOIN A CATHEDRAL MINISTRY

Altarservers contact Michael Ognisty at mfognisty@msn.com.

Benedictus Youth Group contact Victoria Ramos at 916-444-3071, or benedictusy@gmail.com.

Brown Bag Lunch Ministry — If you would like to donate lunches or volunteer your time, please contact Jerri at jerrirush@comcast.net. For further information, please visit cathedralsacramento.org/ministries.

Catechesis of the Good Shepherd for ages 3+, for information, visit www.youngsheep.org, or call 916-910-3435.

Cathedral ACTS Missions contact Susanna Romo, at (916) 955-8137 for more information. 2018 Retreats are Women's Retreat June 21-24 (Cathedral of the Blessed Sacrament), Women's Retreat August 16-19 (St. Rose of Lima, Roseville), Men's Retreat November 15-18 (Cathedral of the Blessed Sacrament).

Cathedral Men's Group meets the 2nd Tuesday of every month at 7:15 pm, Lower Level. Contact Bob Meyers at cynm1@yahoo.com.

Cathedral Young Adults contact Titi Kila at cathedralya@gmail.com.

Choir (English) contact Rex Rallanka, Music Director at rrallanka@cathedralsacramento.org or 916-444-3071, x 38.

Choir (Spanish) contact Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after the 7pm Mass.

Communion & Liberation catechesis meets every Wednesday at 7:15pm in the Cathedral Lower Level.

Email Prayer Chain submit your email address, and you will be notified when prayers are needed by those who have made a special request. Contact Lynne Amerson at cbs1017pc@yahoo.com.

Extraordinary Ministers of Holy Communion contact Amy McCormick at ammccormick@att.net, or 916-801-3967.

Front Door Ministry contact ministries@cathedralsacramento.org for information about volunteering or donations.

Greeters and Ushers contact Tom Waddock at 916-444-3071, x 36.

Knights of Columbus, Cathedral Chapter contact the rectory office.

Lectors contact Fred Heacock at fheacock72@hotmail.com.

Respect Life Ministry contact Linda Walters, English Coordinator at 916-524-5885, or Patricia Davila, Spanish Coordinator at 916-502-4854, or email Veronicaavina@yahoo.com for meeting times and other information.

Rosary Club (Rosary Beads and instructions are provided) meets every 1st & 3rd Wednesday of each month at 7:15 pm. You don't need to sign up, just show up. For more information, contact Lolita Urrutia at lolita.urrutia@gmail.com.

Saint Vincent de Paul, Cathedral Chapter contact the rectory office.

Spanish Parents Group Leaders meets every Sunday, contact Leticia Hilbert at leticia_hilbert@hotmail.com.

To learn more about the ministries at the Cathedral, visit our website:

cathedralsacramento.org



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(escanear a pdf file y envía por correo electrónico)

3) Fax to: 916-443-2749

4) Mail to (correo): 1017 11th Street, Sacramento, CA 95814



GET MARRIED AT THE CATHEDRAL

If you would like to celebrate the Sacrament of Matrimony at the Cathedral, download the Cathedral Wedding Guidelines and Reservation Form on the cathedral website. Contact the parish office at least *six months* before your desired wedding date to arrange a meeting with Wedding Coordinator, Titi Kila, at the Cathedral Office, 916-444-3071, x13, tkila@cathedralsacramento.org.

MARRIAGE PREPARATION

The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Janet & Omar Bardales at matrimonyprep@att.net, or 916-427-9160, or Sister Jenny at 916-444-5364. You do not have to have your wedding at the Cathedral in order to take this class.

QUINCEAÑERA

This is the tradition of celebrating a young girl's coming of age on her 15th birthday with a Mass, and highlights the virtues of family and social responsibility, recognizing her journey from childhood to maturity. For more information on celebrating this beautiful tradition at the Cathedral, call Titi Kila, at the Cathedral Office, 916-444-3071, x13, tkila@cathedralsacramento.org.



善牧主日

何光榮神父



在今個主日—復活期第四主日，福音將耶穌描述為一個善牧。

耶穌說：「我是善牧，並且為羊捨掉我的性命。」

這個主日通常被稱為善牧主日，教會在這一天特別為司鐸和神職而祈禱。

今天，我們教會的最大需求之一就是神職：司鐸、執事、修士和傳教士。

事實上，我們需要為更多的司鐸和神職祈禱，但所有天主教的平信徒也必須記住他們是主的牧羊人。

每個受個洗的天主教徒都應該分享、見證、教導、培育和互相聖化，使天主的國可以繼續擴展。

Good Shepherd Sunday

by Fr. Nicholas Ho

On this Sunday, 4th Sunday of Easter, the Gospel presents Jesus as the Good Shepherd. Jesus says, "I am the Good Shepherd. A Good Shepherd lays down his life for his sheep." This Sunday is often called the Good Shepherd Sunday and the Church dedicates this day as a World Day of Prayer for Priestly and Religious Vocations.

Today, one of the greatest needs of our Church is Vocations: priestly, diaconal, religious and missionary.

Indeed, we need to pray for more priestly and religious vocations but all ordinary Catholics must also remember that they are to be ministers of God.

Every baptized Catholic is called to share, witness, teach, nourish and sanctify one another so that God's Kingdom may continue to grow and expand.



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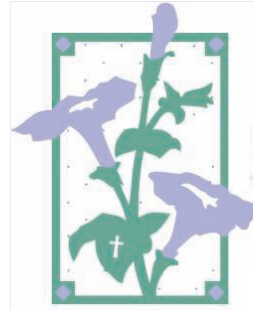


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