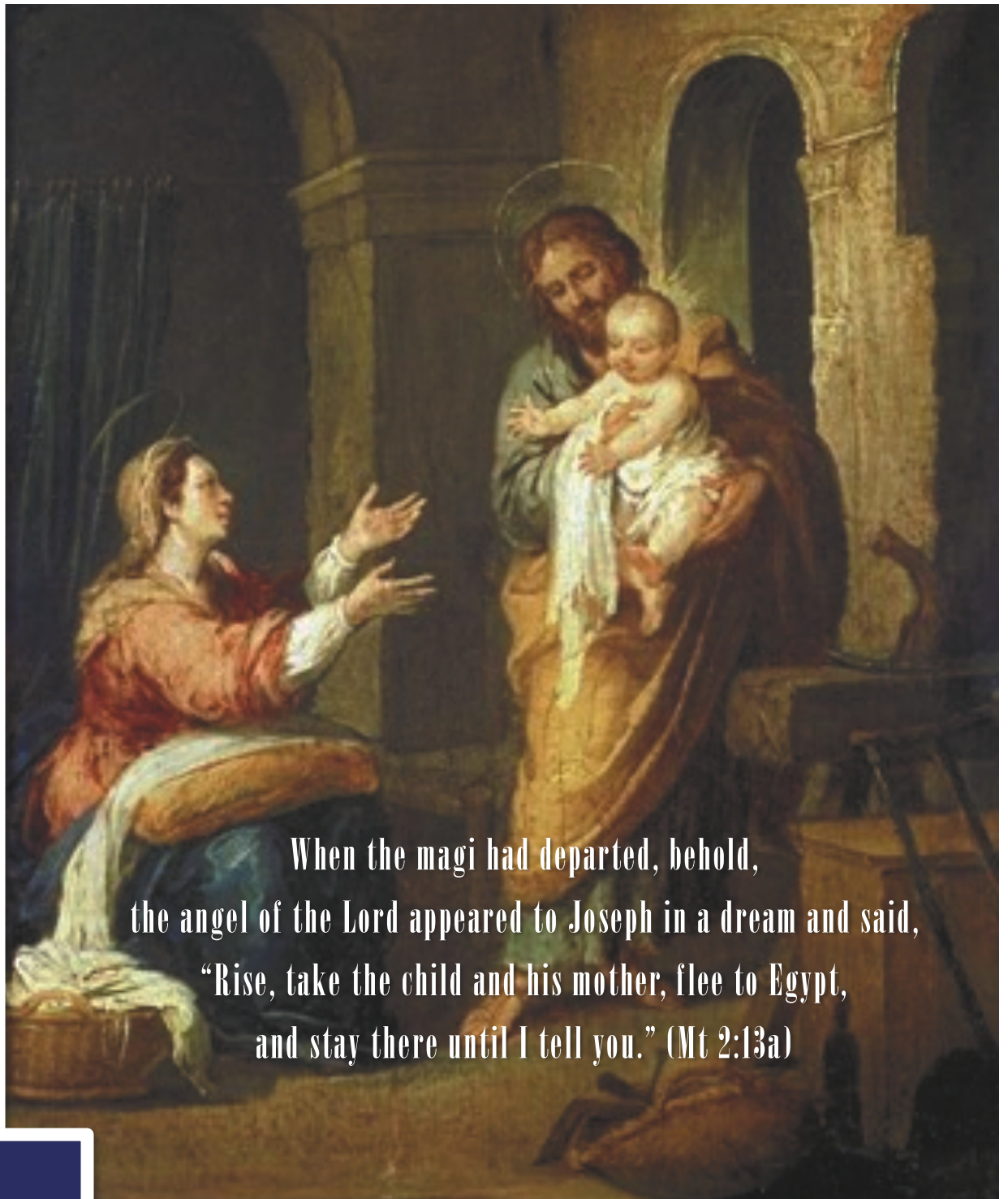


December 29 2019 - The Holy Family



When the magi had departed, behold,
the angel of the Lord appeared to Joseph in a dream and said,
“Rise, take the child and his mother, flee to Egypt,
and stay there until I tell you.” (Mt 2:13a)



Volume 19 * Issue 52

CATHEDRAL OF THE BLESSED SACRAMENT

1019 11th Street, Sacramento, CA 95814 * 916-444-3071



PASTOR'S CORNER

Make sure today to hug your wife and tell her you love her.

Make sure today to hug your husband and tell him you love him.

Make sure today to hug your son and tell him you love him.

Make sure today to hug your daughter and tell her you love her.

Make sure today to hug your father and tell him you love him.

Make sure today to hug your mother and tell her you love her.

Make sure today to hug you brother and tell him you love him.

Make sure today to hug your sister and tell her you love her.

Make sure today to hug all the members of your family and tell them you love them.

And to all those reading this, as your Father, I love you.

And to those who are not reading it, I love you, too.

Happy Feast of the Holy Family!

Fr. Michael

XOXO



A long time ago, in a galaxy far, far away..."

~Aaron Lambert | denvercatholic.org~

These words flash in blue across the screen, and the epic John Williams score echoes, almost instinctively, in the mind of any Star Wars fan. Come Dec. 20, these words will appear once more in theaters all around the world as the hugely anticipated next entry in the revered Star Wars series, *The Rise of Skywalker*, is finally released. A grueling two-year wait since 2017's *The Last Jedi* has left Star Wars fans both casual and die-hard speculating about what shocking revelations *The Rise of Skywalker* will bring with it, and soon, all will be revealed.

If you're a Star Wars fan, then you already know what to expect. However, if you've never seen a Star Wars film before and are curious about the buzz, read on to find out why you need to watch Star Wars.

Aside from being some of the most visually dazzling and epic films ever created, Star Wars is propelled by a compelling storyline rife with some of the most memorable characters in cinematic history. Even those with a passing interest in Star Wars are more than likely familiar with the names Luke Skywalker, Darth Vader, Han Solo, Princess Leia and Chewbacca. This fact alone speaks to the far-reaching impact Star Wars has made on culture.

As with any great story, Star Wars has it all: drama, love, action, epic struggles between good and evil, twists, turns and everything in between. *The Rise of Skywalker* is the long-awaited conclusion of the new "sequel trilogy" that was launched in 2015 with *The Force Awakens*. It continues the story started in the original 1970 trilogy comprised of *A New Hope*, *The Empire Strikes Back* and *The*



Return of the Jedi. The prequel trilogy, launched in 1999 with *The Phantom Menace*, follows Anakin Skywalker's path to becoming Darth Vader.

At its core, Star Wars is a story about destiny. It's about becoming who you were meant to be. Each of the characters are unwillingly cast into a battle for something greater than themselves, and it draws strong parallels to the Christian life and what it means to be human, which is likely why it's such a beloved franchise.

It's also a story about the triumph of good over evil. There's a certain element of spirituality in the Star Wars universe called the Force. This is an invisible energy which flows though and binds all living things, and only certain people are able to utilize it. Morality also plays an important role in how the Force is used; use the Force for good deeds and for the help of others, and one can be trained as a Jedi. However, use the Force for evil, and one becomes slowly corrupted by the dark side of the Force.

In the end, good always wins over evil, but victory isn't won without a battle. While the characters in Star Wars are battling for the fate of the galaxy, human persons are entrenched in a battle of their own. Christianity teaches that Jesus Christ already conquered death, and we have nothing to fear; even so, the enemy manages to creep into our lives with sin, and in our fallenness, it's a battle we must fight day in and day out.

But still, hope remains, and above all else, Star Wars is a story about hope. Without hope, the characters in Star Wars would have nothing to fight for. Hope is why we all fight the battles we do. At times, these battles are daunting, exhausting and feel nearly impossible to overcome. But it's the hope of something better and a brighter future that drives each of us to face those battles head on. In Star Wars, they do it with the aid of the Force. But Christians have something much better than that; we have the creator of the universe on our side.

Stories like the one told in Star Wars are exciting, but more than that, they're empowering. We may not live a long time ago in a galaxy far, far away, but as the films show, humanity doesn't change much, no matter the time – or galaxy – they may be living in. So, pop some popcorn, throw on Star Wars and escape from reality a little bit – you might be surprised at just how much that far, far away galaxy looks like our own.



Question:

I'd like to make some new resolutions about practicing the faith in our family during the new year. Do you have any suggestions?

Answer:

The family is the most essential space for the formation of values and character. Practicing your faith as a family can happen both internally and externally. Consistent prayer together builds habits that can last a lifetime. With younger children, praying together as a family in the evening or at dinnertime could be fairly doable most nights. In the evening, select a few common prayers such as the Our Father, Hail Mary, or Guardian Angel prayer. Ask each of your children to thank God for three things that day and include a time for children and adults alike to pray out loud for special needs in your family. This practice could be done with older children, committed to intentional efforts in the midst of increasingly busy schedules.

Look for other opportunities to practice the faith outside the home as well. Sunday Mass should already be part of your family's weekly routine. Consider setting other monthly goals as well. This could be a family service project in your city, attending the sacrament of Confession together, or hosting a hospitality night in your home. Get your children involved in the planning process. Ask them where they'd like to volunteer or who they think is having a hard time and might need a special night just for them. Rather than simply imposing new practices, your whole family can have a dynamic role understanding and integrating faith and life.



THE HOLY FAMILY



When the magi had departed, behold, the angel of the Lord appeared to Joseph in a dream and said, "Rise, take the child and his mother, flee to Egypt, and stay there until I tell you." (Mt 2:13a)

Thank you all for your support of the **Cathedral Bulletin**. Our bulletin is free to the parish by the support of the many fine Sacramento businesses listed on pages 11 and 12. Please let them know how much we appreciate their support. To place an ad in the Cathedral Bulletin, contact cathedralsacramento@gmail.com.

To place an announcement in the bulletin, send submissions nine calendar days before desired publication weekend to cathedral-sacramento@gmail.com.

THE BIBLE TIMELINE: THE STORY OF SALVATION BIBLE STUDY BEGINS ON JANUARY 9, 2020

The Bible Timeline is a Catholic Bible study that can help anyone to make sense of the Bible and experience the life-changing power of God's Word. The study takes you on a journey through the entire Bible and brings you deep into each period of salvation history so that you can discover the amazing story woven throughout all of Scripture.

The study will include a series of twenty-three videos presented by Jeff Cavins. Each video will be preceded by a lively group discussion. We will meet every Thursday from 7pm to 8:30 in the lower level of the Cathedral. After 23 sessions you will receive a certificate of completion.

Attendance is free. We will also provide materials. Please join us for a life-changing journey through the Bible! See you there!

DO YOU HAVE CHILDREN AGES 2 TO 4? In the Catechesis of the Good Shepherd, the youngest children form deep, lifelong relationships with God. Visit www.youngsheep.org to learn more, and call us at 916-834-6765 to schedule a visit.



16TH WALK FOR LIFE WEST COAST •

SATURDAY, JANUARY 25, 2020 • CIVIC CENTER PLAZA •

Join thousands of fellow Catholics and Pro-lifers from all over California and beyond as we proclaim to the world the sanctity of life. Let's stand up for the littlest among us at the 16th Walk for Life West Coast in San Francisco on January 25, 2020. Reserve your seat or buy your bus ticket today. The Respect Life ministry will be outside the church after masses to give you more information or contact Veronica Avina at (916) 205-0713. For complete information about the walk, visit www.walkforlifewc.com



Catholic Viewpoint, Faith, Hope and Love, hosted by Fr. Michael Kiernan. View on Comcast 20, Consolidated 19 and AT&T 14, Times: Sun. 7:00 AM, Tues. 9:30 AM, Weds. 8:30 PM, and Thurs. 5:00 PM. All shows are also on **YouTube** and website [CatholicviewpointFHL.com!](http://CatholicviewpointFHL.com)

Download the Cathedral Parish App

Our new Cathedral of the Blessed Sacrament app is now available to download for iPhone and Android smart phones, provided by the Sacramento Diocese and MyParishApp.com. Stay connected with our parish throughout the week with instant notifications, our event calendar, as well as additional features like prayers, daily readings, helpful reminders and much more. Download our app today by texting "app" to 88202, or go to myparishapp.com, or search your phone's app store for myparish.

CATHEDRAL PARISH STEWARDSHIP

The Cathedral Parish is solely supported by weekly offertories and individual donations. It is a self-sustaining, non-profit organization and does not receive funding from any other sources, including the Sacramento Diocese or any of its parishes.

The Cathedral's weekly expenses exceed **\$20,000**. To maintain fiscal integrity, the offertory every week needs to cover more than half of the expenses. The Finance Council has set a weekly offertory goal of **\$11,500**.

Weekend	Total Offering	Percent	
Nov 30 / Dec 1	\$7,864	-\$3,636	68%
December 7/8	\$8,556	-\$2,944	74%
December 14/15	\$10,002	-\$1,498	86%

Your support is greatly appreciated and vital to maintaining the Parish and its ministries to the poor and hungry, as well as maintaining this spiritual center and historically significant landmark. Thank you for your support!

AND LET THE PEACE OF CHRIST CONTROL YOUR HEARTS, THE PEACE INTO WHICH YOU WERE ALSO CALLED IN ONE BODY. AND BE THANKFUL.

(COL 3:15)

Date	Mass / Intentions / Readings
Saturday December 28	5:00 pm / Nicole Anne Lee S.I. & JoAnne Gamalinda S.I. 6pm Holy Innocents Procession to Our Lady of Guadalupe
Sunday December 29	The Holy Family 7:30 am / Ron Pineda + 9:00 am / Paul Baek + 11:00 am / Roberto De La Vega Jr. + 1:00 pm (Spanish) / Odila Gonzalez S.I. 3:00 pm (Chinese) 5:00 pm / People of the Parish 7:00 pm / Inocencio Meza + Sir 3:2-6, 12-14/ Ps 128:1-2, 3, 4-5 [cf. 1]/Col 3:12-21 or 3:12-17/Mt 2:13-15, 19-23
Monday December 30	12:10 pm / Dominic Han + 5:10 pm / Manuel Purugganan + 1 Jn 2:12-17/Ps 96:7-8a, 8b-9, 10 [11a]/Lk 2:36-40
Tuesday December 31	Saint Sylvester I, Pope 12:10 pm / Martina Navares + 5:00 pm Vigil Mass / Faustin Gonzales + 1 Jn 2:18-21/Ps 96:1-2, 11-12, 13 [11a]/Jn 1:1-18
Wednesday January 1	Mary, the Holy Mother of God New Year's Day; World Day of Peace 10:00 am Mass only / Patty Fox +; Salvador Morales + Nm 6:22-27/Ps 67:2-3, 5, 6, 8 [2a]/Gal 4:4-7/Lk 2:16-21
Thursday January 2	Sts. Basil the Great and Gregory Nazianzen, Bishops & Doctors of the Church 12:10 pm / Helen Sienkiewicz + 5:10 pm / 1 Jn 2:22-28/Ps 98:1, 2-3ab, 3cd-4 [3cd]/Jn 1:19-28
Friday January 3	The Most Holy Name of Jesus 12:10 pm / Deacon Don DeHaven + 1 Jn 2:29—3:6/Ps 98:1, 3cd-4, 5-6 [3cd]/Jn 1:29-34
Saturday January 4	St. Elizabeth Ann Seton, Religious; National Migration Week 5:00 pm / Joseph Lam T Than + 1 Jn 3:7-10/Ps 98:1, 7-8, 9 [3cd]/Jn 1:35-42

Don't do it! Here's a Catholic alternative to New Year's resolutions

~Katrina Fernandez | Aleteia.org~

My in-box always seems to fill with the same questions this time of year, all concerning New Year's resolutions - the promise of a new year, fresh starts, and personal betterment. Do I have advice on sticking to resolutions, what resolutions do I recommend, how many are too many resolutions?

Writers have a lot of wonderful advice on this very topic, but I am going to suggest something completely contrary to the idea of annual resolutions: Don't make any. If you don't want to fail at your resolutions, start by not creating them.

Now I am not saying you can't fail if you never try, I am alluding more to making more meaningful and lasting change. The kind of change that is deeper than "being more active" or "quitting smoking." Even deeper than taking on a plethora of spiritual challenges.

I proposed it last year and my opinion on the matter remains the same. The best resolution you can ever make is the one of a daily examen. What is a resolution, after all but a recollection of the year past with the promise to do better in the new year to come?

As Catholics we have the opportunity to start anew every time we receive the sacrament of Penance ... New Year's resolutions are just promises we make to ourselves to modify certain undesirable behaviors. The same could be said of confession; where we examine our sins, seek forgiveness, and promise to try to sin no more.

I firmly *resolve*, with the help of Thy grace, to sin no more and to avoid the near occasions of sin. – Act of Contrition

But resolutions aren't the same as sins, you may say. Resolving to get more organized or lose weight isn't a sin to confess.

Yes, but sloth and gluttony are. There is sin rooted at *all* our vices ... Catholics were resolving to do better before it was cool.

If you want to do anything new or different this year, I propose regular confession, at *least* once a month, and making daily examinations of conscious in the evening. In this way you'll make daily and monthly resolutions throughout the entire year and that regularity will help it be a little easier to start over if you mess up or fall off track. Just run to confession and start all over again; no need to wait for any balls to drop.

Happy New Year. Merry Christmas, too, for another few days. Don't be too hard or too easy on yourself. That's a pretty good resolution, right there.



Cathedral Kids

Sharing the Gospel - After King Herod found out that Jesus had been born, little Jesus was no longer safe. Herod did not want any other kings around, even baby kings like Jesus. In a dream, God warned Joseph that their little family needed to move far away from Herod. Joseph took Mary and Jesus and got out of Bethlehem as quickly and as quietly as they could.

God protected little Jesus. God wants you to be safe, too.

Prayer - Dear God, thank you for keeping Jesus safe when he was a little baby.

Mission for the Week - If you were not safe, and if you had to move away in the middle of the night, list three small things you would want to bring along.

Puzzle

Unscramble words from today's Gospel:

listed	engaged	sheep
Joseph	traveled	Savior
Mary	baby	angels

lstedi **l i s t e d**

byab _____

Jepfos _____

shepe _____

Mrya _____

Siorav _____

enagedg _____

anlsge _____

traledve _____

5



ESQUINA DEL PASTOR

Asegúrate hoy de abrazar a tu esposa y decirle que la amas.

Asegúrate hoy de abrazar a tu esposo y decirle que lo amas.

Asegúrese hoy de abrazar a su hijo y decirle que lo ama.

Asegúrate hoy de abrazar a tu hija y decirle que la amas.

Asegúrate hoy de abrazar a tu padre y decirle que lo amas.

Asegúrate hoy de abrazar a tu madre y decirle que la amas.

Asegúrate hoy de abrazarte hermano y decirle que lo amas.

Asegúrate hoy de abrazar a tu hermana y decirle que la amas.

Asegúrese hoy de abrazar a todos los miembros de su familia y decirles que los ama.

Y a todos los que leen esto, como su Padre, los amo.

Y para aquellos que no lo están leyendo, también los amo.

¡Feliz fiesta de la Sagrada Familia!

Fr. Michael

XOXO

Después de muerto Herodes, el ángel del Señor se le apareció en sueños a José y le dijo: "Levántate, toma al niño y a su madre y regresa a la tierra de Israel, porque ya murieron los que intentaban quitarle la vida al niño". Se levantó José, tomó al niño y a su madre y regresó a tierra de Israel. — Mt 2, 19-21

Las lecturas de la semana del 29 de diciembre de 2019

Domingo: Eclo 3, 2-6. 12-14/ Sal 128, 1-2. 3. 4-5 [cfr. 1]/Col 3, 12-21 o 3, 12-17/Mt 2, 13-15. 19-23
Lunes: 1 Jn 2, 12-17/Sal 96, 7-8. 8-9. 10 [11]/Lc 2, 36-40
Martes: 1 Jn 2, 18-21/Sal 96, 1-2. 11-12. 13 [11]/Jn 1, 1-18
Miércoles: Nm 6, 22-27/Sal 67, 2-3. 5. 6. 8 [2]/Gal 4, 4-7/Lc 2, 16-21
Jueves: 1 Jn 2, 22-28/Sal 98, 1. 2-3. 3-4 [3]/Jn 1, 19-28
Viernes: 1 Jn 2, 29—3, 6/Sal 98, 1. 3-4. 5-6 [3]/Jn 1, 29-34
Sábado: 1 Jn 3, 7-10/Sal 98, 1. 7-8. 9 [3]/Jn 1, 35-42

Las conmemoraciones de la semana

Domingo: La Sagrada Familia
Lunes:
Martes: San Silvestre I, papa; Víspera de Año Nuevo
Miércoles: María, la Santa Madre de Dios; Día de Año Nuevo; Día Mundial de la Paz
Jueves: San Basilio el Magno y San Gregorio Nacianceno, obispos y doctores de la Iglesia
Viernes: Día del Santísimo Nombre de Jesús
Sábado: Santa Isabel Ana Seton, religiosa; Semana Nacional del Migrante

MEDITACIÓN EVANGÉLICO

Seguimos en Navidad y hoy la Liturgia hace hincapié en la importancia de la familia. La familia siempre ha sido vivero de esperanza y alegría por el amor de los esposos y el cuidado que deben brindar a sus hijos. La familia, es una pequeña comunidad que inicia en la oración y vocación cristiana. Es desde ahí que la semilla nace para el sacerdocio, la vida religiosa, matrimonio y los hombres y mujeres laicos comprometidos que sirven a la Iglesia y en la sociedad. Los consejos que se dan en las lecturas de hoy son luz que debe iluminar el hogar y debemos practicarlos durante el año. El libro de Sirácide dice así: "El Señor honra al padre en los hijos y respalda la autoridad de la madre sobre la prole." San Pablo lo resume de la siguiente manera: "Que en sus corazones reine la paz de Cristo, esa paz a la que han sido llamados, como miembros de un solo cuerpo." En el Evangelio se ve el cómo actúa José y María para proteger a su hijo: "Levántate, toma al niño y a su madre, y huye a Egipto."

Consejos del Papa Francisco para la familia: "A los recién casados les doy siempre este consejo: 'Reñid lo que queráis. Si vuelan los platos, dejadlos. Pero nunca acabéis el día sin hacer las paces. ¡Nunca!' "Para hacer las paces no hace falta llamar a Naciones Unidas, que venga a casa a hacer la paz. Basta un gesto pequeño, una caricia: 'Bueno, adiós, hasta mañana'. Y mañana se comienza de nuevo". ¿Qué te anima de estos consejos? ¿Qué harás por tu familia actualmente?

VIVIR LA LITURGIA

Las familias pueden ser desafiantes. Por mucho que puedan ser lugares de amor, crecimiento y vida, también pueden ser lugares de dolor, conflicto y desesperación. ¿Cuál ha sido tu experiencia familiar? No hay forma de evitarlo: ser humano requiere vida familiar. Tenemos que aprender a celebrar y abrazar, así como a perdonar y comprender. Se requiere virtud. San Pablo nos pide: "Pónganse, pues...la compasión tierna, la bondad, la humildad, la mansedumbre, la paciencia." Se nos pide que nos soportemos y nos perdonemos mutuamente. Estas son órdenes difíciles para cualquiera, pero no son logros imposibles. Si mantenemos nuestros ojos en Jesús y confiamos en Dios como lo hizo la Sagrada Familia, la visión de San Pablo se puede obtener. Nuestras familias pueden asumir un carácter sacramental y convertirse en lugares donde se revela el amor de Dios.

LA CORRESPONSABILIDAD DIARIA

El GPS de Dios nunca falla

Yo uso el GPS donde quiera que voy, y me sirve bien la mayor parte del tiempo. Sin embargo, a veces me lleva a un lugar que no existe. Luego están esos momentos en que estoy a punto de girar, y el hombre dentro de mi teléfono grita: "¡Señal del GPS perdida!" O "¡Cambio de ruta!" El problema es que, cuando el área no me es familiar, no tengo más opción que escuchar. Podría intentar llegar adonde voy por simple intuición o detenerme para mirar un mapa en papel, pero no confío en mi sentido de dirección. ¡Y no he comprado un mapa en papel en casi una década!

Muchas personas se mueven por la vida sin ninguna dirección. Se encuentran constantemente cambiando de ruta y preguntándose cuándo llegarán a un destino final satisfactorio. Lo que necesitan es una brújula y un compañero para el viaje. Sin embargo, no tienen idea de cómo obtener ninguno de los dos.

La oración puede servir como una brújula, y nos conecta con un compañero para el viaje. Vivir en la corresponsabilidad diaria es imposible sin la oración. Si contamos con nuestra propia voluntad y creemos que podemos ser fructíferos sin el contacto diario con lo Divino, podemos encontrarnos buscando direcciones más que avanzar hacia un destino. Dios, a través de la oración, nos ayudará a ver todo lo que tenemos como regalo. Dios, a través de la oración, nos alejará del materialismo y el egoísmo hacia la libertad y la generosidad. Incluso cuando caemos en pecado, el camino de regreso es más claro. La señal de GPS de Dios nunca se pierde en realidad.

—Tracy Earl Welliver, MTS





CATHEDRAL OF THE BLESSED SACRAMENT

1017 11th Street, Sacramento, CA 95814 ~ 916-444-3071, Fax 916-443-2749

Rectory Office Hours: Monday to Friday,
9:00 am to 12:00 pm, 1:00 pm to 5:00 pm

MASSES

Monday to Friday	12:10 pm
Monday to Thursday	5:10 pm
Saturday Vigil	5:00 pm
Sunday	7:30 am
	9:00 am
	11:00 am
	1:00 pm en Español
	3:00 pm Chinese
	5:00 pm
	7:00 pm en Español
State Holidays	12:10 pm only

SACRAMENT OF CONFESSION

Monday to Friday	11:30 am to 12:00 pm
Saturday	4:00 pm to 4:45 pm
Domingo en Español	12:30 pm a 12:45 pm
	6:30 pm a 7:00 pm

DEVOTIONS: Divine Mercy Chaplet & Rosary
Wednesday, Thursday, Friday 12:45 pm

EUCCHARISTIC ADORATION

Wednesday	12:45 pm to 5:00 pm
Thursday	12:45 pm to 5:00 pm
Friday	12:45 pm to 1:30 pm

BENEDICTION

Wednesday	5:00 pm
Thursday	5:00 pm
Friday	1:30 pm

(No Devotions, Adoration, or Benediction
on feast days and holy days)

ANOINTING OF THE SICK - By appointment
only. Call the rectory at 916-444-3071

BAPTISMS - Registration is required. Call Deacon
John at the rectory at 916-444-3071
English - 3rd Saturday of the month, 9:00am
Español - 4º Sábado del mes, 9:00am

BAPTISM CLASSES (No registration required)
English - 1st Thursday of the month, 7:00pm
Español - 2do jueves del mes, 7:00pm

ROMAN CATHOLIC DIOCESE OF SACRAMENTO DIÓCESIS CATÓLICA ROMANA DE SACRAMENTO

The Most Reverend **Jaime Soto**,
D.D., M.S.W.
Bishop of Sacramento
2110 Broadway, Sacramento, CA 95818
Phone 916-733-0100, scd.org



PASTORAL AND ADMINISTRATIVE STAFF

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Father Kieran McMahon, Priest in Residence
Father Nicholas Ho, Chinese Mass
Deacon John Gisla, Office Manager
Deacon Edgar Hilbert
Deacon Omar Bardales
Sister Lisa Marie Doty, Director of Education
Michael Ognisty, Sacristan
Rex Rallanka, Director of Music
Tom Waddock, Cathedral Manager
Victoria Ramos, Secretary
Katie McAllister, Bookkeeper
Titi Kila, Wedding Coordinator
Lyssa Black, Webmaster / Bulletin Editor

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CATHEDRAL PARISH REGISTRATION & UPDATE Actualización y registro de la parroquia de la Catedral

Become a member of the Cathedral family. Register online at
cathedralsacramento.org / Parishioner Registration, or fill out the
form below and put in the offertory basket or mail to the rectory
office at 1017 11th Street, Sacramento, CA 95814

Name (*Nombre*): _____

Cell Phone: (*Celular*): (____) _____

Street Address (*Domicilio*): _____

City (*Ciudad*): _____

State (*Estado*): _____ Zip (*Código postal*): _____

Email: _____

For additional family members, please attach a separate sheet.

Please indicate:	Por favor indique:
New Parishioner/Individual	Nuevo Parroquiano / Individuo
New Parishioners/Family	Nuevo Parroco / Familia
Change of Address	Cambio de Dirección
Please send Offertory Envelopes	Por favor envíe Sobres de Ofertorio

Come Visit. Come Worship. Come Home.

TOURS



We love to share our Cathedral history! Tours are FREE, led by trained Docents, and held after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours begin at the Baptismal Font. Contact 916-444-3071 to arrange free private group tours.

Los tours en español se llevan a cabo el 1er y 3er domingo del mes después de la misa de 1pm.

Visit our GIFT SHOP downstairs

Sundays 9:00 am to 3:00 pm, Tuesdays 10:30 am to 12:00 pm

RELIGIOUS EDUCATION PROGRAMS - The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A., for adults, teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program.

If you've been coming to Mass for a while, but are not Catholic, or were baptized Catholic but never completed your faith formation classes, we invite you to look deeper into the Catholic faith. Come meet some faithful Catholics who love the Lord and would consider it a privilege to get to know you. We invite you to learn what Catholics believe in an open and welcoming environment. The **Rite of Christian Initiation of Adults (RCIA)** sessions meet every Monday Evening at 7 PM in the lower level of the Cathedral. Feel free to come any Monday evening. For more information on all of our faith formation programs, please call **916-444-5364** or email Sister Lisa Marie Doty, Director of Religious Education, lmdoty@cathedralsacramento.org.



QUINCEAÑERA - This is the tradition of celebrating a young girl's coming of age on her 15th birthday with a Mass, and highlights the virtues of family and social responsibility. For more information on celebrating this beautiful tradition at the Cathedral, call Titi Kila, at the Cathedral Office, 916-444-3071, x13, tkila@cathedralsacramento.org.

MARRIAGE PREPARATION - The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Deacon Omar & Janet Bardales at matrimonyprep@att.net, or 916-427-9160. *You do not have to have your wedding at the Cathedral to take this class.*

CONVALIDATION - If you would like to have your civil marriage blessed in the Catholic Church, or if you have been together for a number of years and would like to be married in the Church, this can often be done in a small, private ceremony called a Convalidation, without any cost or fee. To explore this possibility, contact Deacon John at 444-3071 Ext. 11 or jgisla@cathedralsacramento.org.



WEDDINGS - If you would like to celebrate the Sacrament of Matrimony at the Cathedral, contact Wedding Coordinator, Titi Kila at tkila@cathedralsacramento.org at least *six months* before your desired wedding date to arrange a meeting.

Altarservers

Michael Ognisty, mfognisty@msn.com.

Benedictus Youth Group

Victoria Ramos, benedictusy@gmail.com

Brown Bag Lunch Ministry

Jerri Rush, jerrirush@comcast.net

Catechesis of the Good Shepherd for ages 3+, visit youngsheep.org, or call 916-910-3435

Cathedral A.C.T.S.

ActsCathedralSacto@gmail.com, saccathedralsacto.org

Saint Vincent de Paul contact the rectory office

Cathedral Young Adults

Titi Kila, cathedralya@gmail.com

Chinese Community

Oliver Wan sccc.contact@gmail.com

Choir (English)

Rex Rallanka, Music Director, rrallanka@cathedralsacramento.org

Choir (Spanish)

Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after 7pm Mass.

Cinema Divina Movies

Reggie King, thecatholicstore@gmail.com

Communion & Liberation

catechesis meets every Wednesday at 7:15pm

Docents

Jill Pease, peasejill@gmail.com

Email Prayer Chain

Lynne Amerson, cbs1017pc@yahoo.com.

Extraordinary Ministers of Holy Communion

Amy McCormick, ammccormick@att.net

Festival of Trees and Lights

Paula Trujillo, trupaula@gmail.com

Front Door Ministry

ministries@cathedralsacramento.org

Greeters and Ushers

Tom Waddock, 916-444-3071, x 36

Hospitality

Celeste Gisla, jfgisla@surewest.net

Knights of Columbus

Jaime Elizaldi, jaime.elizaldi@gmail.com

Lectors

Fred Heacock, fheacock72@hotmail.com

RCIA Catechists

Sr Lisa Marie Doty, RCIA@cathedralsacramento.org

Religious Education Catechists

Sr Lisa Marie Doty, lmdoty@cathedralsacramento.org

Religious Education Catechists/Spanish

Deyanira Galvez at cathedralfaithformationsac@gmail.com

Respect Life Ministry

Liliana Balderrama, michoacan8888@gmail.com

Rosary Club

Lolita Urrutia, lolita.urrutia@gmail.com.

Spanish Parents Group Leaders

Leticia Hilbert, leticia_hilbert@hotmail.com



每日當責 -

在日常生活中體會天主 - 上主的導航永不失誤

無論我去哪裡我都使用導航系統(GPS), 通常都很管用。然而, GPS有時候會引我去一個不存在的地方; 還有些時候, 當我正轉彎, GPS卻發出沒有訊號! 或是重新導航的聲音。問題是, 當我在一個不熟悉的地方, 我別無選擇只能聽它的。我也可以試著用簡單的直覺, 或路邊停車翻開地圖, 去抵達目的地。但是我不相信自己的方向感, 紙本地圖我也快要有十年沒買了!

許多人在沒有任何方向的情況下走過人生歲月, 他們發現自己不斷地改變路線, 並且渴望知道何時會到達自己滿意的最終目的地, 他們需要的是指南針和人生旅伴。可是他們不知道要如何獲得這兩者。祈禱可以成為生活的指南針, 也引領我們找到人生的旅伴。沒有祈禱, 不可能活出忠信的生活。如果我們只靠自己的意志, 相信自己在日常生活不與天主聖神接觸, 就能活出豐富的生活, 我們會發現自己在尋找方向上多於邁向目的地。經由祈禱, 天主將幫助我們看到我們一切所有, 這都是聖寵。經由祈禱, 天主將帶領我們遠離物質主義和私慾, 走向自由與慷慨。即便我們墮落到罪惡當中, 回頭的路也總是更加清楚。上主的導航真正永不失誤!

- Tracy Earl Welliver, MTS

EVERYDAY STEWARDSHIP - RECOGNIZE GOD IN YOUR ORDINARY MOMENTS - God's GPS Never Fails

I use GPS wherever I go, and it serves me well most of the time. However, sometimes it leads me to a place that does not exist. Then there are those times when I am about to turn, and the man inside my phone shouts out, "GPS signal lost!" or "Rerouting!" The problem is, when the area is unfamiliar to me, I have no choice but to listen. I could try to get where I am going by simple intuition or by pulling over to look at a paper map, but I don't trust my sense of direction. And I haven't bought a paper map in close to a decade! Many people move through life without any direction. They find themselves constantly rerouting and wondering when they will ever get to a satisfying final destination. What they need is a compass and a companion for the journey. Yet they have no idea how to get either. Prayer can serve as a compass, and it connects us to a companion for the journey. Stewardship living is impossible without prayer. If we count on our own will and believe we can become fruitful without daily contact with the Divine, we can find ourselves looking for directions more than moving toward a destination. God, through prayer, will help us see all we have as a gift. God, through prayer, will lead us away from materialism and selfishness and toward freedom and generosity. Even when we fall to sin, the path back is clearer. God's GPS signal is never really lost.

— Tracy Earl Welliver, MTS

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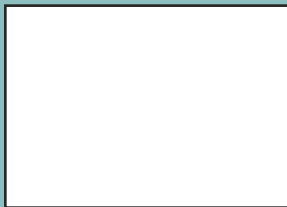
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 ~ Matthew 11:15



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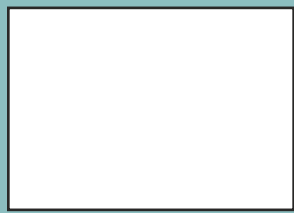
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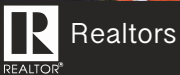
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