

15th Sunday of Ordinary Time

July 12, 2020

"But the seed sown on the rich soil is the one who hears the word and understands it, who indeed bears fruit and yields a hundred or sixty or thirtyfold."

Matthew 13:23

Mass Schedule:

Please note, no daily 5:10 mass at this time.

Monday - Friday:

- 12:10 PM

Saturday:

- 5:00 PM (SUNDAY VIGIL MASS)

Sunday:

- English: 7:30, 9:00, 11:00 AM
and 5:00 PM

- Espanol: 1:00 PM & 7:00 PM

- Chinese: 3:00 PM

Confessions

Monday-Friday:

- 11:30 AM to 12:00 NOON

Saturday:

- 4:00 PM to 5:00 PM



1017 11th Street - Sacramento, CA 95814 | 916-444-3071

CATHEDRAL
OF THE
BLESSED
SACRAMENT

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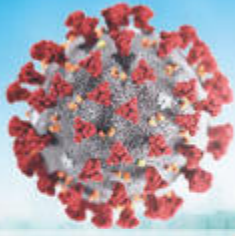


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www.cathedralsacramento.org

We have a Parish App!

Text "app" to 88202 to download!



How can we help our families cope in a COVID era?



¿Cómo podemos ayudar a nuestras familias hacer frente a COVID?

Over the past few weeks we conducted a survey among our Cathedral Faith Formation community, asking for their input in the planning of our programs for this year. We discovered through the survey and in talking to individual parents there is a need for resources to help kids cope with their emotions around the covid-19 virus. Emotions such as fear, worry, uncertainty, anger, loneliness, and boredom. We also saw a need to give resources to help families explain racism and what God asks of us to care for the good of every person. Some of our parents have asked, *“How can we help our children navigate these uncertain times?”* To start, we want to share with you the following resources that may be helpful:

Keep the Calm at Home:
<https://is.gd/calmathome>

Catholic Social Teaching & Coronavirus
<https://sfxstl.org/cst-in-coronavirus>

Talking to Children about racism:
<https://is.gd/racismkids>

Video storybook: This is Not Forever
<https://is.gd/notforever>

Over the coming weeks, we will adapt our weekly family lesson to include a video segment **“Courageous Kids”** to help kids and their families find faith in these trying times. To sign up for these, see bulletin page six. We are united with you in prayer!

Durante las últimas semanas realizamos una encuesta entre nuestra comunidad de Formación de Fe de la Catedral, pidiendo su contribución en la planificación de nuestros programas para este año. Descubrimos a través de la encuesta y al hablar con algunos padres individualmente que hay una necesidad de proveer recursos para ayudar a los niños a hacerle frente a sus emociones durante el coronavirus (covid-19). Hablamos de emociones como el miedo, la preocupación, la incertidumbre, la ira, la soledad, y el aburrimiento. También vimos la necesidad de proveer recursos para ayudar a las familias a explicar el racismo y lo que Dios nos pide al cuidar de nosotros y el prójimo. Algunos de nuestros padres También han preguntado: *“¿Cómo podemos ayudar a nuestros hijos a sortear estos tiempos inciertos?”*. Para empezar, queremos compartir con usted los siguientes recursos que pueden ser útiles:

Mantenga la Calma en Casa
<https://is.gd/calmaenelhogar>

Enseñanza social católica y coronavirus:
<https://sfxstl.org/cst-in-coronavirus>

Hablando con Niños sobre racismo:
<https://is.gd/racismoninos>

Video: Esto no es para siempre
<https://is.gd/notforever>
(haga clic en la herramienta de configuración para poner subtítulos en español)

Durante las próximas semanas, adaptaremos nuestra lección familiar semanal para incluir un segmento del video **“Niños valientes”** para ayudar a los niños y sus familias a encontrar fe en estos tiempos difíciles. Para inscribirse en estos, consulte la página seis del boletín. ¡Estamos unidos a ustedes en la oración!

WORSHIP & MEDITATION



GOSPEL MEDITATION

Encourage Deeper Understanding of Scripture

Using the best seeds doesn't always guarantee the best plants. An older Italian gentleman straight from Italy gave me these amazing tomato seeds that he claimed produced the best tomatoes ever grown. Without doubt, the fruit he shared with me was a testament to that fact. These tomatoes were amazing! I couldn't wait until the next growing season to plant these seeds and harvest my own tomatoes. The whole experiment ended up a failure. I did everything the gentleman said, but my fruit didn't even come close. What happened? At first I was perplexed, then some years later the light dawned. The problem wasn't the seeds, it was the soil!

You cannot sow seeds in any old place and in a haphazard way and expect them to be at their best. It doesn't work that way. Planting the seeds is the easiest part. Preparing the soil is the challenge. Tilling, mulching, enriching, and building up the nutrients are all required for good fruit. Then after the seeds are planted, more care is required in order to maintain that healthy, nutrient rich environment for those seeds to sprout, grow, and flourish. God happily sows the seeds of his Word. What do we do with them?

If we expect to be a passive bystander and have good fruit magically grow, we are mistaken. Bearing the good fruit of God's Word requires preparation and work. We have to cultivate the soil of our lives so that those seeds can find a proper home. This one thing alone takes a great deal of patience, time, and effort. What kind of preparation have we put into our lives so that we can be a recipient of God's seed? It takes a great deal of soul-searching and ego-checking to properly prepare. God is the ever faithful and persistent sower. If the seeds do not bear fruit the first time, God will come back time and time again, giving it another try.

If we have created a suitable bed for sowing, then once the seed is sown, we must properly maintain them. What is our maintenance plan for the seeds of God's Word? We need not only a source for water but a watering schedule. We need to weed, aerate the soil, nurture the young plants, protect them, and provide proper nutrients. What does our spiritual maintenance plan look like? If we have done all things well, imagine what the seeds of God's Word could produce in us!

Faith: Become a Catechist

"What can I give back to the Lord for the goodness He has shown me?" - Psalm 116:12



You've been given a great gift of faith. Why not share it with others and help the seeds of faith grow at the Cathedral? To know more, register for one of our catechist orientation days:

<https://is.gd/newcatechist>

Search: What Do I Believe?

You have been attending Mass and wondering if you can finish your Sacraments of Initiation or become Catholic?

Join us for an online reflection of why belief is a good thing. All are welcome to attend the exploration of Faith, beginning August 10!



1. Sign up for the Search.

cathedralsacramento.flocknote.com/SEARCH

2. You will receive a confirmation email and a calendar of sessions.

Inspire: Catholic Viewpoint

CATHOLIC VIEWPOINT, FAITH, HOPE and LOVE hosted by Fr. Michael Kiernan. View on Comcast 20, Consolidated 19 and AT&T 14, Times: Sun. 7:00 AM, Tues. 9:30 AM, Weds. 8:30 PM, and Thurs. 5:00 PM. All shows are also on YouTube and website:

CatholicviewpointFHL.com



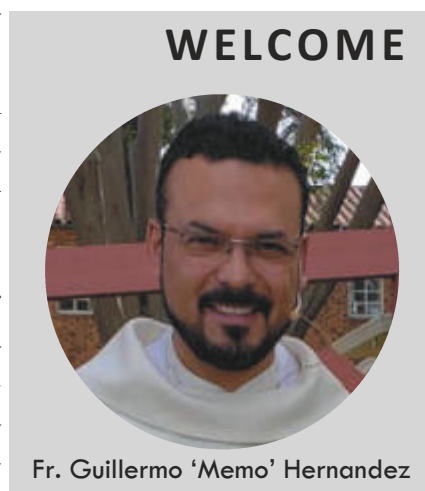
"I give praise to you, Father the Lord of Heaven and earth..." - MT 11:25

Estimados feligreses,

Parece que todos los días experimentamos nuevas recomendaciones y formas de vivir en nuestras vidas. Esto es cierto en toda nuestra sociedad, así como en nuestra iglesia. A veces tengo la sensación de que muy poco volverá a la normalidad y no puedo evitar preguntarme qué cambios futuros aún están por venir. Una cosa que sí sé es que ni a mí ni a nadie nos hará ningún bien al frustrarnos o perder el deseo de orar y confiar en Cristo. De alguna manera, creo que gran parte de nuestro extraño mundo en estos días es solo temporal y que Dios obra su gracia más claramente en tiempos difíciles.

Dentro de todos los cambios y ajustes de la vida en estos días han ocurrido algunos cambios en la vida de la Catedral. El P. McMahon había expresado su deseo de retirarse por completo a fines de junio. Esta fue una solicitud que hizo en algún momento antes de COVID-19. Esa solicitud ha sido concedida y el P. McMahon ya no está aquí residiendo en la Catedral. Nosotros, por supuesto, extrañaremos su presencia, sabiduría y buen sentido del humor. Todavía estoy trabajando para que el escriba algo en el boletín, para que todos sepan cómo le va ahora y cómo le estará yendo los próximos años. Cuando los tiempos regresen a la normalidad y estemos en un ambiente más cómodo, también organizaremos nuestra fiesta de despedida para él.

Para ayudar con el horario de misas, el obispo ha decidido colocar al P. Guillermo (Memo) como sacerdote residente aquí en la Catedral. El es una ayuda muy bienvenida, habla español con fluidez y también es muy activo en la formación de jóvenes adultos como director vocacional de la diócesis. Comenzó aquí su residencia el primero de Julio, así que por favor, cuando tengan la oportunidad denle una cordial bienvenida. Además, el ex rector de la Catedral, el P. Michael Kiernan, también está aquí en residencia en la Catedral, nos estará ayudando con la celebración de las misas. Él espera volver a verse con viejas amistades que tuvo aquí, así como conocer a los nuevos feligreses que ha habido desde que se fue. Aprecio mucho la presencia de ambos sacerdotes aquí en la Catedral.



También hay algunos cambios en el horario de misas durante este tiempo de COVID-19. A pesar de que se ha ofrecido la misa en sus horarios regulares, la asistencia ha sido muy baja debido a que las personas aún se están refugiando en sus hogares para no transmitir el virus. Debido a esto, y al trabajo adicional requerido para establecer y esterilizar la Catedral entre cada misa, he decidido suspender la misa diaria de las 5:10 pm. Además, estamos buscando hacer cambios para consolidar algunas de las misas en inglés el domingo, pero estas decisiones aún la estoy poniendo en oración. Ciertamente no quiero desalentar a nadie de venir a misa, les pido de favor sus oraciones mientras seguimos juntos en este camino difícil.

Sé que estos han sido tiempos oscuros y dolorosos para muchos, a menudo me pregunto qué más podría y debería estar haciendo la iglesia. Yo también me encuentro luchando sobre la mejor manera de ser un discípulo de Jesús y liderar la Catedral como pastor. Les pido sus oraciones para que me den fuerza y sabiduría mientras los mantengo a todos en mis oraciones. Que la paz reine en sus hogares y en sus corazones.

Padre Miguel

The PASTOR'S Corner



Dear parishioners,

It seems that every day we experience new recommendations and ways of living our lives. This is true throughout our society as well as our church. I get the feeling at times that very little will be returning to “normal” and can’t help but wonder what future changes are still in store. One thing I do know is that it will do neither me nor anyone else any good by becoming frustrated or losing the desire to pray and trust in Christ. Somehow, I believe that much of our strange world these days is only temporary and that God works His grace most clearly through difficult times.

Within all the changes and adjustments to life these days has occurred some changes in the life of the Cathedral. Fr. McMahon had expressed his desire to fully retire at the end of June. This was a request he made sometime before Covid-19. That request has been granted and Fr. McMahon is no longer in residence here at the Cathedral. We, of course, will miss his presence, wisdom, and gentle humor. I am still working on getting him to write up a little something for the bulletin so that you may all know how he is doing now and throughout the years ahead. When times become more open and comfortable, we will arrange our going away party for him, as well.

FATHERS!



Fr. Michael Kiernan

To help with the Mass schedule, the bishop has decided to place Fr. Guiermo (Memo) as a resident priest here at the Cathedral. He is a much-welcomed addition, fluent in Spanish while also being very active in young adult formation as vocation director for the diocese. He began his residency on the first of July, so please give him a strong welcome when you get a chance. In addition, the former rector of the Cathedral, Fr. Michael Kiernan, is also in residence and will be assisting with the celebration of Mass as well. He looks forward to building up old friendships here as well as meeting the new parishioners since he left. I am very appreciative of the presence of both these

priests here at the Cathedral.

There are also a few changes to the Mass schedule during this time of Covid-19. Even though Mass is being offered at its regular times, the numbers have been very low due to people still sheltering-in-place and trying to not spread the virus. Because of this low attendance and the additional work required to set up and sterilize for each mass, I have decided to suspend the regular 5:10pm daily mass. As well, we are looking to make changes to consolidate some of the English Masses on Sunday, but these decisions are still being brought to prayer. I certainly don’t want to discourage any from coming to Mass and ask for your prayers as we continue to walk this difficult path together.

I know these have been dark and painful times for many, often wondering what more the church could and should be doing. I, too, find myself struggling over how best to be a disciple of Jesus and lead the cathedral as it’s pastor. I ask for your prayers to give me strength and wisdom as I keep all of you in my prayers. May peace reign in your homes and in your hearts.

Fr. Michael

WEEKLY PRAYER

Readings for the week of July 12, 2020

SUN 7/12	Is 55:10-11/Ps 65:10, 11, 12-13, 14 [Lk 8:8]/Rom 8:18-23/Mt 13:1-23 or 13:1-9
MON 7/13	Is 1:10-17/Ps 50:8-9, 16bc-17, 21 and 23 [23b]/Mt 10:34—11:1
TUE 7/14	Is 7:1-9/Ps 48:2-3a, 3b-4, 5-6, 7-8 [cf. 9d]/Mt 11:20-24
WED 7/15	Is 10:5-7, 13b-16/Ps 94:5-6, 7-8, 9-10, 14-15 [14a]/Mt 11:25-27
THR 7/16	Is 26:7-9, 12, 16-19/Ps 102:13-14ab and 15, 16-18, 19-21 [20b]/Mt 11:28-30
FRI 7/17	Is 38:1-6, 21-22, 7-8/Is 38:10, 11, 12abcd, 16 [cf. 17b]/Mt 12:1-8
SAT 7/18	Mi 2:1-5/Ps 10:1-2, 3-4, 7-8, 14 [12b]/Mt 12:14-21
SUN 7/19	Wis 12:13, 16-19/Ps 86:5-6, 9-10, 15-16 [5a]/Rom 8:26-27/Mt 13:24-43 or 13:24-30

OBSERVANCES FOR THE WEEK OF JULY 12, 2020

Sunday:	15th Sunday in Ordinary Time
Monday:	St. Henry
Tuesday:	St. Kateri Tekakwitha, Virgin
Wednesday:	St. Bonaventure, Bishop and Doctor of the Church
Thursday:	Our Lady of Mount Carmel
Saturday:	St. Camillus de Lellis, Priest
Next Sunday:	16th Sunday in Ordinary Time

MASS INTENTIONS

Saturday	July 11	Carmelita Morales S.I.
Sunday	July 12	Marlene & Danny Sr. Mejia S.I., People of the Parish S.I., Emery Taylor Anub+, Roberto Gonzalez & Family S.I., Daniel Walker S.I.
Monday	July 13	John + & Rangi Giner S.I., Holy Souls in Purgatory+
Tuesday	July 14	Daniel Walker S.I., Holy Souls in Purgatory+
Wednesday	July 15	Maria Avila S.I., Holy Souls in Purgatory+
Thursday	July 16	Daniel Walker S.I., Holy Souls in Purgatory+
Friday	July 17	Holy Souls in Purgatory+
Saturday	July 18	Brandon Keaton+

PREPARATION and CELEBRATION of the SACRAMENTS



RCIA for Youth

Lessons: Student/Sponsor/Parents
JUL 19, JUL 26, AUG 2 - 9:00 AM

Retreat: Youth Elect/Sponsors
Sat AUG 8 9:00 AM to 1:30 PM

Sacraments of Initiation
Fri AUG 14 7:00 PM Mass



RCIA for Adults

Mondays - break for July
Sun Online BOW - 9:30AM

Retreat: Adult Elect/Sponsors
Sat AUG 1 9:00 AM to 1:30 PM

Sacraments of Initiation
Thu AUG 6 7:00 PM Mass



1st Communion

The Retreat (online) for the candidates of 1st Holy Communion will be in August, followed by the reception of the Sacrament of Holy Eucharist. Due to Covid-19, the candidates will be assigned to a Sunday Mass along with four to six others and their families. We are working on a Schedule and will notify families this week.



Youth Confirmation

The Retreat for 2nd Year Students for Confirmation will be online in August. This is postponed to have it closer to the time of the final prep for Confirmation! A date for the Rite of Confirmation is not yet confirmed. Thank you for your patience, and let us continue to pray for our young people.

What is
the condition
of your Heart?



¿Cuál es la
condición de tu
Corazón?

ORDINARY
TIME

Matthew 13:1-23
15th Sunday



Cathedral Faith Formation & Education
Catedral Formación y Educación de Fe

Imdoty@cathedralsacramento.org
916-444-5634

When Jesus tells a parable, he uses earthly images to communicate something about God or heaven. In this Sunday's Gospel, Jesus is the farmer. The seed he is throwing about is the Good News - the saving message of God's love. The four conditions of the soil represent four ways we approach our relationship with God. Imagine the ground in the story is your heart:

- **the walking path:** you hear God's Word and sounds good, but it is forgotten almost immediately after you hear it, and it doesn't make its way into your heart.
- **the rocky ground:** you hear God's Word and it stays with you for a while but cannot get a firm hold on you and is quickly forgotten.
- **the thorny ground:** you hear God's Word and it grows in you, but it is too easily lost by the distractions of friends, internet, tv, concerns and worries.
- **the good soil:** you hear God's Word and your heart is ready to receive it because of your prayer which has prepared you to hear. The word of God becomes life-changing and fills you with long-lasting joy.

We need to become like a good farmer who prepares the ground for planting and treat our hearts in a similar way. We need to break up the hard ground, remove the rocks and weeds, and prepare the heart to hear God's Word. This takes prayer.

Maybe you've been desiring to grow in relationship with God and feel you just can't break through. Begin with prayer—a rosary, an act of faith, a prayer to your guardian angel or Saint Michael—and little by little you will find the Word of God finding a home in you.

Cuando Jesús cuenta una parábola, usa imágenes terrenales para comunicar algo sobre Dios o el cielo. En el Evangelio de este domingo, Jesús es el granjero. La semilla que está arrojando son las Buenas Nuevas, el mensaje salvador del amor de Dios. Las cuatro condiciones del suelo representan cuatro formas en que abordamos nuestra relación con Dios. Imagina que el fundamento de la historia es tu corazón:

- **el sendero:** escuchas la Palabra de Dios y suena bien, pero se olvida casi inmediatamente después de que la escuchas, y no llega a tu corazón.
- **el terreno rocoso:** escuchas la Palabra de Dios y se queda contigo por un tiempo pero no puede agarrarte firmemente y se olvida rápidamente.
- **el terreno espinoso:** escuchas la Palabra de Dios y crece en ti, pero la pierdes fácilmente debido a las distracciones de amigos, internet, televisión, preocupaciones.
- **la buena tierra:** escuchas la Palabra de Dios y tu corazón está listo para recibirla debido a tus oraciones que te ha preparado para escuchar. La palabra de Dios te cambia la vida y te llena de alegría duradera.

Necesitamos convertirnos en un buen agricultor que prepare el terreno para plantar y trate nuestros corazones de manera similar. Necesitamos romper el terreno duro, quitar las rocas y las malas hierbas, y preparar el corazón para escuchar la Palabra de Dios. Esto requiere oración.

Tal vez has estado deseando crecer en Tu relación con Dios y sientes que simplemente no puedes lograrlo. Comienza con una oración, un rosario, un acto de fe, una oración a Tu ángel de la guarda o San Miguel, y poco a poco descubrirás que la Palabra de Dios encuentra un hogar dentro de ti.

Fe en Casa Faith at Home

ENFOQUE DE LA SEMANA

FOCUS OF THE

Demuestre el amor que siente por su cónyuge, sus hijos, sus vecinos, y el mundo. Recuerde a sus hijos que Dios los ama y que Él les ha dado dones para servir a los demás.

Show love for your spouse, your children, your neighbors, and the world. Remind their children that they are loved by God and have been given gifts to serve others.



nuestra lección familiar
seminal con Niños Valientes



our weekly family lesson
with Courageous Kids:



En Español:

<https://is.gd/oracionfamiliar>

In English:

<https://is.gd/FamilyPrayer>

Registration for 2020-2021

Online Registration for Family Faith Formation begins July 20th. See the Cathedral website for details.

Inscripción para 2020-2021

La inscripción en línea para la formación de fe familiar comienza el 20 de julio. Vea el sitio web de la Catedral para más detalles.

"Learn from me, for I am meek and humble of heart..." Matthew 11:29



Sacramento Chinese Catholic Community

沙加緬度華人天主教團體

A Community that is dedicated to serve the Chinese Catholics in the Greater Sacramento Area.

 [@sacchinesecatholic](https://www.facebook.com/sacchinesecatholic)

沙加緬度華人天主教團體創立的目的是提供華人一個可以聚在一起認識及恭敬神的地方。

EVERYDAY STEWARDSHIP - RECOGNIZE GOD IN YOUR ORDINARY MOMENTS: Focus on the Good

When I was a child, my mother had a set of sculptures resembling three human heads. One head had hands over the ears, one had hands over the eyes, and one had hands over the mouth. Of course, they depicted the phrase, "Hear no evil; see no evil; speak no evil." I have seen these images repeated many times since then, usually as the monkey heads from a Japanese proverb, which would have probably seemed a little less creepy to me when I was a small child. Apparently, there is no consensus about the full meaning or certain origin of these three images nor the phrase. At the very least, it causes us to reflect on the need to avoid evil and look for the good in things.



As I have lived my life, I have come to believe there are more people who lives their lives in a contrary manner to these images. It is not that they seek evil, but it is as if they "see no good, hear no good, and speak no good." Gossiping is the way they pass the time, and they always seem to find the negative in people and situations. Being a good steward certainly means that we do not seek evil, but more than that, it means that we see the abundance of good things all around us. These gifts of God are big and little, profound and ordinary. By seeing the world in this way, we begin to change our personalities and our overall disposition. We always need to follow a new proverb: see all the good, hear all the good, and speak about the good. Amen.

- Tracy Earl Welliver, MTS

每日當責 - 在日常生活中體會天主:
專注於美好

當我還是個孩子的時候，我母親有一組類似三個人頭的雕像，一隻手摀住耳朵，一隻手摀住眼睛，一隻手摀住嘴。然後有句格言這樣描述：聽不到邪惡，看不到邪惡，不說邪惡。從那以後，這些意像常常反覆出現，通常那圖像是日本成語裡的猴子頭，當時我還很小，這意像對我來說不覺得那麼可怕。顯然，對於這三個圖像或所描述的意象，並沒有一確定的共識，但至少，它使我們反思，我們需要避免邪惡的事物，並尋求事物中的美好。



七月九日中華殉道諸聖節
Chinese Martyrs,
memorial on July 9th

在我的生活歲月中，我開始相信更多的人是過著與這意象相反的生活。我們並不是在尋求邪惡，而是似乎"看不見美好"，"聽不見美好"，和 "說不出美好"，八卦是他們打發時間的方式，並且他們似乎總在人際關係中看到負面的情緒。過著忠信生活，當然意味著我們不尋求邪惡，但更重要的是，我們可看到周圍到處都有美好的事物。上主的這些禮物有大和小，有深刻有平凡。用這樣來看世界，會開始改變我們的個性和整體性格。我們總

可以遵循一個新的格言：看到所有美好，聽到所有美好，並談論所有美好。阿們。

- Tracy Earl Welliver, MTS



SACRAMENTS and PREPARATION

The HOLY SACRIFICE OF THE MASS

Until COVID-19 restrictions are lifted, Masses are broadcast daily via livestream on our Facebook and YouTube channels. See bulletin cover for details.

RECONCILIATION/CONFESSION (Covid schedule)

Mon—Wed—Thu: 11:00 am to 12:00 pm

Friday: 11:30 am to 12:00 pm

Saturday: 4:00 to 5:00 pm

ANOINTING OF THE SICK

Make an appointment by calling the parish office.

MATRIMONY

To celebrate the Sacrament of Matrimony at the Cathedral, contact Titi Kila at tkila@cathedralsacramento.org.

CONVALIDATION of MARRIAGE

If you would like your civil marriage blessed in the Catholic Church, or if you have been together for a number of years and would like to be married in the Church, contact Deacon John at extension 11, or jgisla@cathedralsacramento.org.

No weddings until COVID-19 restrictions are lifted.

MARRIAGE PREPARATION

The Diocese requires all engaged couples to prepare for their union with a marriage preparation program no less than two months before the date of their wedding. Contact Deacon Omar & Janet Bardales at matrimonyprep@att.net or 916-427-9160.

INFANT BAPTISM PREPARATION

No registration is required. Classes are held:

- 1st Thursday of the Month, 7 pm (English)
- 2do Jueves del mes, 7 pm (Espanol)

QUINCEANERA

While not a Sacrament, a Quinceanera celebrates a young lady's coming of age (approx. 15th birthday) with Mass, stressing the virtues of family and social responsibility. For more information contact Titi Kila at tkila@cathedralsacramento.org.

BAPTISM

Registration is required to schedule a baptism of children (6 years of age or younger). Contact Deacon John at the Parish Office. Baptisms are scheduled: 3rd Saturday of each month, 9 am (English), and 4to Sabado del mes, 9 am (Espanol)

For anyone six years or older, contact Sr. Lisa Marie.

HOLY EUCHARIST

Children prepare for the Sacrament of the Holy Eucharist over a two year period. Teens and Adults prepare for the Sacrament through the RCIA. Contact Sister Lisa Marie for details.

CONFIRMATION

The diocese admits young people in eighth grade or older for the Sacrament of Confirmation. If you are a teen or adult, contact Sister Lisa Marie to register.

HOLY ORDERS

Priests and deacons are ordained to perform ministerial roles in the community. To know more about the priesthood and /or deaconate, contact Fr. Hernandez at 916-733-0258.

FAITH FORMATION AND EDUCATION

English Classes—Saturdays, 10 am

Spanish Classes—Sundays, 11 am

The Cathedral offers weekly religious education classes for pre-K through Eighth grade, sacramental preparation for children, teens and adults, in both English and Spanish groups.

Rite of Christian Initiation for Adults/Children(RCIA)

Adults: Mondays, 7 pm

Children and Teens: Sundays, 9 am

RCIA is for those wanting to explore the Catholic faith in a community of prayer, scripture and lessons. For more information, Sister Lisa Marie at 916-444-5364, or Imdoty@cathedralsacramento.org.



MINISTRIES and CONTACTS

Father Michael O'Reilly, Pastor / Rector

SACRED LITURGY

Altarservers: Michael Ognisty, mfognisty@msn.com

Choir (English)

Rex Rallanka, Music Director, rrallanka@cathedralsacramento.org

Choir (Spanish)

Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after 7pm Mass

Extraordinary Ministers of Holy Communion

Amy McCormick, ammccormick@att.net

Greeters and Ushers

Tom Waddock, 916-444-3071, x 36

Lectors

Fred Heacock, fheacock72@hotmail.com

SOCIAL and COMMUNITY SERVICE

Brown Bag Lunch Ministry

Marilynn Fairgood, Marilynn_Fairgood@att.net

Docents

Jill Pease, peasejill@gmail.com

Festival of Trees and Lights

Paula Trujillo, trupaula@gmail.com

Front Door Ministry

ministries@cathedralsacramento.org

Hospitality

Celeste Gisla, jfgisla@surewest.net

Respect Life Ministry

Liliana Balderrama, michoacan8888@gmail.com

Saint Vincent de Paul contact the rectory office

FORMATION AND CATECHESIS

Catechesis of the Good Shepherd for ages 3+, visit youngsheep.org, or call 916-910-3435

Faith Formation and Education / Catechists

Sr Lisa Marie Doty, lmdoty@cathedralsacramento.org

Formacion y Educacion de Fe Catequistas/Spanish at cathedralfaithformationsac@gmail.com

Rite of Christian Initiation for Adults and Children

Sr Lisa Marie Doty, RCIA@cathedralsacramento.org

PRAYER and COMMUNITY GROUPS

Benedictus Youth Group: Titi Kila, benedictusy@gmail.com

Cathedral A.C.T.S.

ActsCathedralSacto@gmail.com, saccathedralacts.org

Cathedral Young Adults

Victor Amador, cathedralrya@gmail.com

Chinese Community

Oliver Wan sccc.contact@gmail.com

Cinema Divina Movies

Reggie King, thecatholicstore@gmail.com

Email Prayer Chain

Lynne Amerson, cbs1017pc@yahoo.com.

Knights of Columbus

Jaime Elizaldi, jaime.elizaldi@gmail.com

Rosary Club

Lolita Urrutia, lolita.urrutia@gmail.com

Spanish Parents Group Leaders

Leticia Hilbert, leticia_hilbert@hotmail.com

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Rex Rallanka
Director of Music

Fr. Nicholas Ho
Chinese Mass

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