

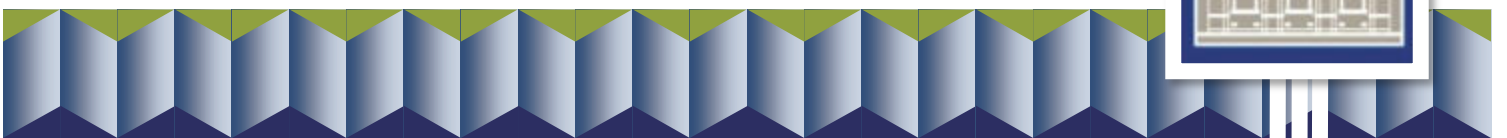
September 9 2018 \* 23rd Sunday in Ordinary Time



Volume 18 \* Issue 36

# Cathedral of the Blessed Sacrament

1019 11th Street, Sacramento, CA 95814 \* 916-444-3071



# Pastor's Corner

## Booths

Does anyone really know what to say?

Cupped hands, a branch, a cave,

Closed mouth, a harvest, a nave.

A building, a Bible, a bed

a steamy kitchen, an arid head

the valley, the hill

the crooked, the straight

Golgotha and Eden

And the shepherd's gate.

Lifted high, arms out stretched

Embrace, in haste to the farfetched.

Don't move, don't speak

Don't wander, don't seek.

Simply listen and behold the way.

## The Story of the Exaltation of the Holy Cross



Early in the fourth century, Saint Helena, mother of the Roman Emperor Constantine, went to Jerusalem in search of the holy places of Christ's life. She razed the second-century Temple of Aphrodite, which tradition held was built over the Savior's tomb, and her son built the Basilica of the Holy Sepulcher on that spot. During the excavation, workers found three crosses. Legend has it that the one on which Jesus died was identified when its touch healed a dying woman.

The cross immediately became an object of veneration. At a Good Friday celebration in Jerusalem toward the end of the fourth century, according to an eyewitness, the wood was taken out of its silver container and placed on a table together with the inscription Pilate ordered placed above Jesus' head: Then "all the people pass through one by one; all of them bow down, touching the cross and the inscription, first with their foreheads, then with their eyes; and, after kissing the cross, they move on."

To this day, the Eastern Churches, Catholic and Orthodox alike, celebrate the Exaltation of the Holy Cross on the September anniversary of the basilica's dedication. The feast entered the Western calendar in the seventh century after Emperor Heraclius recovered the cross from the Persians, who had carried it off in 614, 15 years earlier. According to the story, the emperor intended to carry the cross back into Jerusalem himself, but was unable to move forward until he took off his imperial garb and became a barefoot pilgrim.

Reflection - The cross is today the universal image of Christian belief. Countless generations of artists have turned it into a thing of beauty to be carried in procession or worn as jewelry. To the eyes of the first Christians, it had no beauty. It stood outside too many city walls, decorated only with decaying corpses, as a threat to anyone who defied Rome's authority—including Christians who refused sacrifice to Roman gods. Although believers spoke of the cross as the instrument of salvation, it seldom appeared in Christian art unless disguised as an anchor or the Chi-Rho until after Constantine's edict of toleration. (franciscanmedia.org)

**Question:** If God is good, why is there evil in the world?

**Answer:** The problem of evil is perplexing. If God is all-powerful and all-good, why doesn't He stop bad things from happening? He must either not be all-powerful, or perhaps He's not very good after all. Human beings have faced the possibility of evil since the very beginning of our existence. In granting us free will, God gives us the ability to make free choices. God does not force us into moral perfection. We are not forced to love Him or to love our neighbor. We must make the decision ourselves. This means, of course, that we have the ability to choose against love.

One small decision of selfishness, jealousy, or pride may not seem so bad. But every decision -- good or bad -- is like a stone dropped into a still pond. The ripples extend much farther than the original stone. When decisions against love begin to compound, they affect families, neighborhoods, and nations. This is all the more reason for Christians to be faithful to our baptismal call to love one another as Christ has loved us!



## FINANCE COUNCIL

**Robert Ingenito, Finance Council Chairperson**, has been a Cathedral parishioner since 1997. He and his wife Miriam were married in the Cathedral one year later, and both currently serve as lectors and Extraordinary Ministers of Holy Communion. Robert is a fiscal consultant for the California Senate Appropriations Committee, where he reviews and analyzes the fiscal impacts of legislation in the areas of taxation, labor, pensions, elections, economic development and agriculture. Previously, he served as the Chief of the Legislative and Research Division at the California Board of Equalization, one of the State's taxation agencies.

**Janet Bardales** has been a Cathedral parishioner since 1994, and currently serves as a lector and Extraordinary Minister of Holy Communion. Her husband Omar was ordained to the Permanent Diaconate on June 30, 2018, and they have been teaching the Cathedral Marriage Preparation Program since 2010. Janet is a certified bookkeeper and registered tax preparer, and has worked with her husband in his accounting practice for the past 20 years.

**Steve Harrold** has been a Cathedral parishioner since 1985. He was born and raised in Sacramento, and is a retired prosecutor, having worked in the Sacramento County District Attorney's Office for 38 years.

**Angela Lai** has been a Cathedral parishioner since 2010, and previously served as lector and Extraordinary Minister of Holy Communion. She is a senior enforcement attorney at the Department of Managed Health Care, the only stand-alone HMO watchdog agency in the nation. In this capacity, she represents the Department in various legal proceedings before administrative tribunals, and state trial and appellate courts in cases that involve the HMO industry and the protection of consumers' health care rights. In addition to working at the DMHC, Angela is active in the legal community and community at large.

**Michael Pease** has been a Cathedral parishioner since 2005, and currently serves as a Cathedral docent. After serving in the United States Navy for five years, Michael began a career in medicine, specializing in Diagnostic Radiology. He retired in 2000.

**Gerardo Davila**...biography is still pending.

The **Parish Council** serves in an advisory capacity. They assist the pastor in serving the parish community by exploring the needs of the parish and responding appropriately. This is accomplished through prayer, listening and dialogue. Structure of the Council is formalized through bylaws with an elected Chairperson and a regular meeting schedule.

Parish Pastoral Council Guidelines were approved and promulgated by Bishop William K. Weigand on November 21, 2005.

The **Parish Finance Council** functions as a consultative body to the pastor. It consists of selected professionals to advise the pastor in these areas:

1. Preparation of the annual operating budget
2. Long-term financial planning
3. Annual parish financial report, which is submitted to the Diocesan Bishop
4. Annual & periodic financial reports to the faithful

This Council ensures that an adequate system of internal controls is in place to guide the parish in caring for and managing financial resources and temporal goods. The Parish Finance Council observes all policies and procedures outlined by the Diocese of Sacramento.

If you would like to contact members of either council, send an email to [cathedralsacramento@gmail.com](mailto:cathedralsacramento@gmail.com) and it will be forwarded to the appropriate party. They are here to serve the parish and welcome your comments and suggestions.

# Cathedral Councils

## PARISH COUNCIL

"The Parish Pastoral Council is a consultative body, pastoral in nature, because it strives to discern the movement of the Holy Spirit among God's people in the parish. A Parish Pastoral Council gives its help to the pastor in fostering pastoral activity; it investigates, under the authority of the pastor, all those things which pertain to pastoral works to ponder them, and to propose practical conclusions about them. It is essential that Council meetings occur in the context of prayer and openness to the Holy Spirit, so that at all times the common good will prevail." (Diocese of Sacramento Pastoral Council Guidelines)

**Peggy Oakden** is currently acting as Chairperson. She has been at the Cathedral for ten years, and volunteers as a Catechist and Eucharistic Minister of Holy Communion. She is also a member of the Diocesan Lay Mission Project.

**Ellis Chan** is a member of the Sacramento Chinese Catholic Community (SCCC) and is currently assisting Father Ho with RCIA. Ellis was an Immigration Officer in Hong Kong before resettling in Sacramento with his wife and two children. He is currently working at the District Attorney's Office.

**Russell Almaraz** was recently confirmed in the Church after completing RCIA. He has been an Agricultural Scientist for 30+ years and has been attending Mass at the Cathedral for four years along with his wife Chloe.

Other members of the Council are **Les Cochran, Eileen Dunn, Paty Davila, Jaime Elizaldi, Briana Gonzalez, Marcia Kilpatrick Madlock, Jose Solis, and Jeff Weiss.**

Read the Gospel and Color



**Sharing the Gospel** - Imagine what it would be like to be deaf-unable to hear music, voices or anything. In today's Gospel reading, Jesus did something amazing. Jesus healed a deaf man, so that for the first time he could hear and talk clearly. What would you listen to?

**Prayer** - Dear God, you are so amazing. Help me to use my ears and my voice to praise you.

**Mission for the Week** - Go to the library and find out how to say "Jesus loves you" in sign language. On the way home, pretend you cannot hear or speak.

## Word Search

Find and circle these words from today's Gospel:

GALILEE	TOUCH	SPIT
DEAF	FINGERS	TONGUE
TALK	EARS	AMAZED

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O D L A D H M A C D
F T O N G U E R O G
N A D W A B G I S N
H L I N L M D E A F
J K S P I T S A U I
L E O H L V I R E N
A M A Z E D K S O G
W H F B E O B T I E
E L T O U C H M L R
4 T M N G S W I E K S
    
```

### Is anything more important than our children's souls?

The Catechesis of the Good Shepherd is a Montessori-based approach to Christian formation, in which children as young as three form deep, life-long relationships with our Lord. Learn more at an introductory workshop in Sacramento on Saturday, October 20. For details, visit [www.youngsheep.org/workshop](http://www.youngsheep.org/workshop).



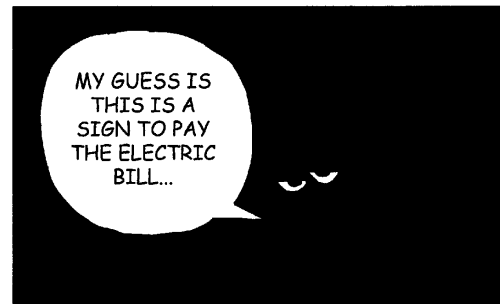
**Save the Date** - Good Shepherd Church presents a seminar by Patrick Madrid on September 28 and 29. You've heard him on Catholic radio. Now hear him in person and let his powerful Catholic witness make a difference in your life. There is a "bonus" talk for men only, on Friday, September 28, at 6:30 pm, and an all-day event for everyone on Saturday, the 29<sup>th</sup>, from 9:30 am to 3:00 pm. Registration begins at 8:30 am. Tickets are \$25.00 and include both events. Visit their website to purchase tickets at [www.gsccg.org](http://www.gsccg.org)

Spots for our 10<sup>th</sup> annual **Fired Up Confirmation Conference** are filling up quick! With 4 opportunities to get FIRED UP all over the Diocese of Sacramento, you don't want to miss out! Join us on February 9<sup>th</sup> in Red Bluff, February 10<sup>th</sup> in Vallejo, or in Sacramento on February 23 and 24. For more information and to register, please visit [confirmationconference.com](http://confirmationconference.com)! If you have any questions, please contact Lindsey West at (916) 733-0151.

**Cathedral Ministry Fair** - Our annual fair is this September 23rd, all day in Mercy Hall. Volunteers from all the ministries, including the Parish and Financial Councils, will be there to answer your questions.



**STRUGGLING WITH YOUR FINANCES?** Wishing you could get help becoming a better steward of your money? Compass Catholic Ministries is having an online **Navigating Your Finances God's Way** group starting September 23rd. It's a 9 week class that will meet once a week for about 2 hours. There is about 15 minutes of Bible study to complete each day between meetings. Space is limited so if you are interested, sign up at [compasscatholic.org](http://compasscatholic.org). If you have signed up and you are interested in joining a support group at the cathedral for this seminar, email [cathedralsacramento@gmail.com](mailto:cathedralsacramento@gmail.com). We will watch the online presentation together, followed by a short discussion and, of course, food and prayer. All are welcome!



"The Church is not a democracy and not an aristocracy... but a collegial reality."

~Cardinal Leo Suenens~

Then he looked up to heaven and groaned, and said to him,  
 "Ephphatha!"-that is, "Be opened!"  
 And immediately the man's ears were opened.

~Mark 7:34-35~



# Prayer Corner

Please remember  
in your prayers:

Deacon Don DeHaven  
 Gerald O'Reilly +  
 Frank Vercillo  
 Stephanie Pill  
 Mary Margaret Reilly  
 Asmitha and Abie Joseph  
 Alroyd and Shaista and children  
 Julian  
 Jason and Resmi  
 Nina Mordas and Mother  
 Javier Maria Alonso  
 C.Marcela Bedoya  
 Eva Hernandez  
 Diane  
 Mary Ann  
 Karla  
 Marcela P.  
 Yolanda  
 Kimberly and Partner  
 Tony Nebreda  
 Charles Bardin  
 Teresa  
 Nicanor Masadao, Sr.+  
 Suzanne Trujillo  
 Corazon Velasquez  
 Paulina  
 Dave McNett  
 Maggie Phelps  
 Amit Kumar  
 Steph Skiles  
 Maria Nguyen  
 Alfie +  
 Ernie +  
 Hashina +  
 Charles Pickering S.I.  
 Karla

Date	Mass / Intentions	Activities
Saturday September 8	5:00 pm / Robert Jones S.I. Perez Valdez Family S.I.	10:00 am CCD Classes
Sunday September 9	7:30 am / David J. Martin + Thomas Fleming + 9:00 am / Lydia Woodcheke + Kalsey Lupien + 11:00 am / Jessie Lunat Manuel Garcia Rodriguez + 1:00 pm Spanish / Rose Figueroa S.I. 3:00 pm Chinese / 5:00 pm / Jesse Mendoza + 7:00 pm Spanish / Santiago Villegas S.I. Guillermina Hernandez S.I.	9:00 am - RCIA for Children & Teens 9:00 am Mass: RCIA - Breaking of the Word 11:00 am Mass: Liturgy of the Word for Children  <b>Second Collection for Priests Retirement at all Masses</b>
Monday September 10	12:10 pm / German Mohia S.I. Thomas Gutierrez S.I. 5:10 pm / Monica Aguilera S.I. Yolanda Soto S.I.	6:30 pm RCIA: Vespers 7:00 pm RCIA: Class
Tuesday September 11	12:10 pm / Souls in Purgatory Cory Zoeller + 5:10 pm / Maria Moreno S.I.	6:00pm Spanish Choir Rehearsal for the 7pm Mass
Wednesday September 12	12:10 pm / Rosendo Christy + Leo & Anne Purseglove + 5:10 pm / Eliana Rallanka S.I. Macedonia G. Avila +	7:15 pm Communion & Liberation 7:15 pm English Choir Rehearsal 7:15 pm Spanish Choir Rehearsal for the 1pm Mass
Thursday September 13	12:10 pm / 5:10 pm / Carmen Magana S.I.	7:00 pm Baptism Class - Spanish
Friday September 14	12:10 pm / Loreto R. Morales +	
Saturday September 15	5:00 pm / Father Kieran McMahan S.I.	10:00 am CCD Classes  8:00 pm NIGHT FEVER

## Readings & Observances

Saturday: **The Nativity of the Blessed Virgin Mary; Our Lady of Charity (Cuba)**  
 Mi 5:1-4a or Rom 8:28-30/Ps 13:6ab, 6c [Is 61:10]/Mt 1:1-16, 18-23 or 1:18-23  
 Sunday: **23rd Sunday in Ordinary Time; Grandparents Day**  
 Is 35:4-7a/Ps 146:7, 8-9, 9-10 [1b]/Jas 2:1-5/Mk 7:31-37  
 Monday: 1 Cor 5:1-8/Ps 5, 5-6, 7, 12 [9]/Lk 6:6-11  
 Tuesday: **Patriot Day**  
 1 Cor 6:1-11/Ps 149:1b-2, 3-4, 5-6a and 9b [cf. 4]/Lk 6:12-19  
 Wednesday: **The Most Holy Name of Mary**  
 1 Cor 7:25-31/Ps 45:11-12, 14-15, 16-17 [11]/Lk 6:20-26  
 Thursday: **St. John Chrysostom, Bishop & Doctor of the Church**  
 1 Cor 8:1b-7, 11-13/Ps 139:1b-3, 13-14ab, 23-24 [24b]/Lk 6:27-38  
 Friday: **The Exaltation of the Holy Cross**  
 Nm 21:4b-9/Ps 78:1-2, 34-35, 36-37, 38 [cf. 7b]/Phil 2:6-11/Jn 3:13-17  
 Saturday: **Our Lady of Sorrows**  
 1 Cor 10:14-22/Ps 116:12-13, 17-18 [17]/Jn 19:25-27 or Lk 2:33-35

"Thank you Lord that you are  
 Victorious over every trouble  
 and obstacle. Thank you that  
 you have overcome sin, and  
 death, and any evil that we may  
 face today. And because of you,  
 we too are overcomers. We too  
 can have victory, and we can  
 walk strong in your peace.  
 Amen"



# Pastor's Corner

## Cabinas

¿Alguien sabe realmente qué decir?

Manos ahuecadas, una rama, una cueva,

Boca cerrada, una cosecha, una nave.

Un edificio, una Biblia, una cama

una cocina humeante, una cabeza árida

el valle, la colina

el torcido, el recto

Gólgota y Edén

Y la puerta del pastor.

Levantado alto, brazos estirados

Abraza, de prisa a los rebuscados.

No te muevas, no hables

No deambules, no busques.

Simplemente escucha y contempla el camino

## CONSEJO DE FINANZAS

**Robert Ingenito**, Presidente del Consejo de Finanzas, ha sido feligrés de la Catedral desde 1997. Él y su esposa Miriam se casaron en la Catedral un año después, y actualmente ambos sirven como lectores y Ministros Extraordinarios de la Sagrada Comunión. Robert es un asesor fiscal del Comité de Apropiaciones del Senado de California, donde revisa y analiza los impactos fiscales de la legislación en las áreas de impuestos, trabajo, pensiones, elecciones, desarrollo económico y agricultura. Anteriormente, se desempeñó como Jefe de la División Legislativa y de Investigación de la Junta de Igualación de California, una de las agencias tributarias del Estado.

**Janet Bardales** ha sido feligresa de la Catedral desde 1994, y actualmente se desempeña como lector y ministra de la Sagrada Comunión. Su esposo Omar fue ordenado al Diaconado Permanente el 30 de junio de 2018, y han estado enseñando el Programa de Preparación Matrimonial de la Catedral desde 2010. Janet es contadora certificada y preparadora de impuestos registrada, y ha trabajado con su esposo en su práctica contable para el últimos 20 años.

**Steve Harrold** ha sido feligrés de la Catedral desde 1985. Nació y se crió en Sacramento, y es un fiscal retirado, después de haber trabajado en la Fiscalía del Condado de Sacramento durante 38 años.

**Angela Lai** ha sido feligresa de la Catedral desde 2010, y anteriormente se desempeñó como Lectora y Ministra Extraordinaria de la Sagrada Comunión. Ella es una abogada ejecutiva sénior en el Departamento de Atención Médica Administrada, la única agencia independiente de vigilancia HMO en la nación. En esta capacidad, ella representa al Departamento en varios procedimientos legales ante tribunales administrativos, y juzgados de apelación y en tribunales estatales en casos que involucran a la industria HMO y la protección de los derechos de atención médica de los consumidores. Además de trabajar en el DMHC, Angela es activa en la comunidad legal y en la comunidad en general.

**Michael Pease** ha sido feligrés de la Catedral desde 2005, y actualmente se desempeña como docente de la Catedral. Después de servir en la Marina de los Estados Unidos durante cinco años, Michael comenzó una carrera en medicina, especializándose en Radiología Diagnóstica. Se retiró en 2000.

**Gerardo Dávila** ... la biografía aún está pendiente.

## CONSEJO PARROQUIAL

**Peggy Oakden** actualmente se desempeña como Presidenta. Ella ha estado en la Catedral por diez años, y es voluntaria como Catequista y Ministra Eucarística. Ella también es miembro del Proyecto Diocesano de Misión Laica.

**Ellis Chan** es miembro de la Comunidad Católica China de Sacramento (SCCC) y actualmente está ayudando al Padre Ho con RICA. Ellis era un oficial de inmigración en Hong Kong antes de reasentarse en Sacramento con su esposa y dos hijos. Actualmente está trabajando en la Oficina del Fiscal del Distrito.

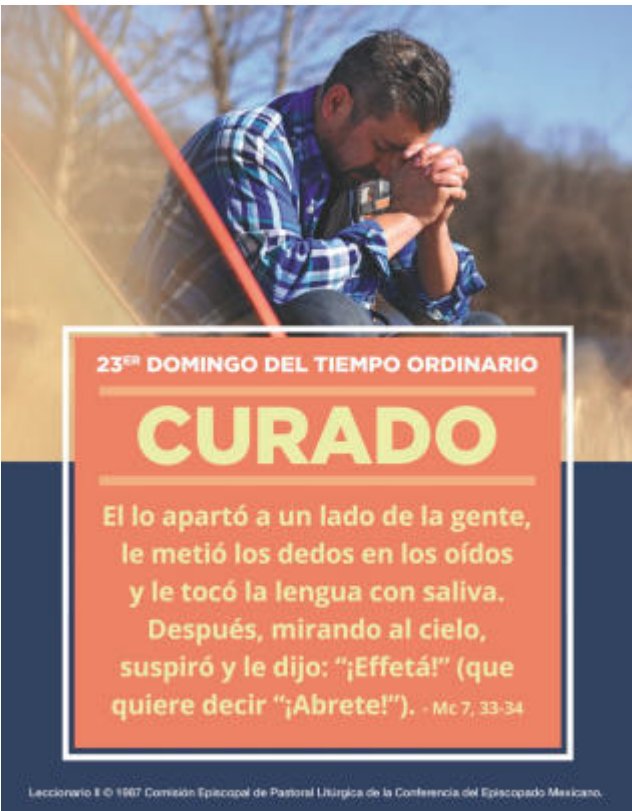
**Russell Almaraz** fue confirmado recientemente en la Iglesia después de completar RICA. Ha sido científico agrícola por más de 30 años y ha asistido a misa en la catedral durante cuatro años junto con su esposa Chloe.

Otros miembros del Consejo son **Les Cochran, Eileen Dunn, Paty Dávila, Jaime Elizaldi, Briana González, Marcia Kilpatrick Madlock, José Solís y Jeff Weiss.**

VIVE EL

REINO, Y TE

LLEGARÁ



## LA CORRESPONSABILIDAD DIARIA

Me encanta ver las repeticiones de los partidos deportivos. A veces veo algo tan extraordinario que les digo a los demás que tienen que verlo para creerlo. Estos momentos verdaderamente puede dejar a uno pasmado.

Yo me pregunto cuánta gente en tiempos bíblicos vio a Jesús hacer un milagro y le dijeron los demás que tenían que verlo para creerlo. Por supuesto, nosotros creemos en las historias de sus milagros y nunca las hemos visto en persona. ¿Sí las creemos verdaderamente?

No hay un programa de televisión que demuestra repeticiones de los milagros de Jesús. Sin embargo, sí hay milagros de todos los días para que la gente lo vea. Muchos de esos milagros se tratan de las personas que permiten que Dios trabaje dentro de ellos. La gente espera a ser curada o a que le den de comer. Quizás no habrá una repetición para estos milagros tampoco, pero la gente de quedara cautivadas por el poder de Dios. Jesús dijo que uno podía lograr estos si tenía fe. Benditos sean los que han creído y que no han visto. Es más, benditos sean los que hacen cosas grandes con Dios para que los demás vean.

--Tracy Earl Welliver, MTS



## LAS LECTURAS Y CONMEMORACIONES SEMANALES

### Las lecturas de la semana del 9 de septiembre de 2018

Domingo: **23er Domingo del Tiempo Ordinario; Día de los Abuelos (EE.UU.)**

Is 35, 4-7/Sal 146, 7. 8-9. 9-10 [1]/Sant 2, 1-5/Mc 7, 31-37

Lunes: 1 Cor 5, 1-8/Sal 5. 5-6. 7. 12 [9]/Lc 6, 6-11

Martes: **Día del Patriota**

1 Cor 6, 1-11/Sal 149, 1-2. 3-4. 5-6 y 9 [cfr. 4]/Lc 6, 12-19

Miércoles: **Santo Nombre de María**

1 Cor 7, 25-31/Sal 45, 11-12. 14-15. 16-17 [11]/Lc 6, 20-26

Jueves: **San Juan Crisóstomo, obispo y doctor de la Iglesia**

1 Cor 8, 1-7. 11-13/Sal 139, 1-3. 13-14. 23-24 [24]/Lc 6, 27-38

Viernes: **La Exaltación de la Santa Cruz**

Nm 21, 4-9/Sal 78, 1-2. 34-35. 36-37. 38 [cfr. 7]/Flp 2, 6-11/  
Jn 3, 13-17

Sábado: **Nuestra Señora de los Dolores**

1 Cor 10, 14-22/Sal 116, 12-13. 17-18 [17]/Jn 19, 25-27 o  
Lc 2, 33-35

## VERSO DEL EVANGELIO DE DOMINGO

Le llevaron entonces a un hombre sordo y tartamudo, y le suplicaban que le impusiera las manos. El lo apartó a un lado de la gente, le metió los dedos en los oídos y le tocó la lengua con saliva. Después, mirando al cielo, suspiró y le dijo: "¡Effetá!" (que quiere decir "¡Abrete!"). - Mc 7, 32-34

## MEDITACIÓN EVANGÉLICO

En cada tiempo de la historia suceden acontecimientos de alegría y de susto, el profeta Isaías lo comunica a la gente de su tiempo de la siguiente manera. "Díganles a los que están asustados: Calma, no tengan miedo, ¿y continua diciendo? Entonces los ojos de los ciegos se despegarán, y los oídos de los orcos se abrirán los cojos saltarán como cabrito y la lengua de los mudos gritará de alegría". (Isaías 35:4-6). ¿Qué nos quiere decir Dios con estas palabras? ¿Qué significado pueden tener sus palabras para el momento en que vivimos? Nuestro mundo está sordo y ciego, es necesario no solo oír los ruidos que nos rodean, sino escuchar en medio de ellos lo que Dios nos pide. No solo hablar por hablar sino entender cada circunstancia y su trasfondo. Se requiere mucha atención. Saber escuchar, desde el fondo del corazón, para descubrir los signos que Dios sigue emitiendo, sus señales milagrosas en el mundo de hoy.

"Effetá, que quiere decir: ¡Abrete". (Marcos 7:34). Esta palabra es la clave para nosotros hoy. La invitación a la apertura es para todos. El dejar tocarnos por Dios es esencial, pidamos al Señor, que abra nuestros oídos y deje que su Palabra penetre en el corazón. El evangelista Marcos, quiere que comprendamos que el Reino de Dios definitivamente está entre nosotros. El Reino, se palpa en los inmigrantes, en los enfermos confinados en sus camas y en los que los cuidan, en fin en todos los que claman al cielo por justicia. Roguemos, a Dios en la Eucaristía, que nos libere de la sordera y de la ceguera crónica que padecemos. ¡Aprendamos a escuchar!

## VIVIR LA LITURGIA

Muchas veces, la palabra "curación" se asocia con algo que produce resultados dramáticos y físicos: el ciego puede ver, el inválido puede caminar y el sordo puede oír. Ser testigo a estos eventos milagrosos es infrecuente para muchos. La curación, en realidad, ocurre de una forma más ordinaria que esto. Y cada persona puede ser instrumento de esta curación para Dios. La bondad, el amor, la misericordia y la compasión pueden ayudar a todos: tratar a los demás con bondad; ser inclusivo e invitar a los pobres, los débiles y a los que les faltan poder; escuchar a las historias y el sufrimiento de los demás; ofrecer la compasión y el amor a los que nos han lastimado; evitar ser críticos de los demás y usar palabras que no lastiman. Todas estas acciones pueden cambiar y curar los corazones de nuestros hermanos. Hay tanto poder en el amor y la bondad. Este poder, ¿no indica que hay un poder más fuerte que nosotros que se mueve dentro de nosotros?





# Cathedral of the Blessed Sacrament

1017 11th Street, Sacramento, CA 95814

**916-444-3071**, Fax 916-443-2749 , [cathedralsacramento.org](http://cathedralsacramento.org)

Rectory Office Hours — Monday to Friday, 9:00 am to 12:00 pm, 1:00 pm to 5:00 pm



September 9 2018 \* 23rd Sunday in Ordinary Time

## PASTORAL AND ADMINISTRATIVE STAFF

**Father Michael O'Reilly, Rector**

**Father Kieran McMahon, Priest in Residence**

**Father Nicholas Ho, Chinese Mass**

Deacon John Gisla, Office Manager

Deacon Don DeHaven

Deacon Edgar Hilbert

Deacon Omar Bardales

Sister Jenny Aldeghe, Director of Education

Michael Ognisty, Sacristan

Rex Rallanka, Director of Music

Tom Waddock, Cathedral Manager

Carmen Perez, Secretary

Katie McAllister, Bookkeeper

Titi Kila, Wedding Coordinator

## PARISH COUNCIL

Peggy Oakden, Chairperson

Eileen Dunn                      Russell Almaraz

Jaime Elizaldi                      Jose Solis

Jeff Weiss                      Paty Davila

Ellis Chan                      Briana Gonzalez

Les Cochran                      Marcia Kilpatrick Madlock

## FINANCE COUNCIL

Robert Ingenito, Chairperson

Janet Bardales                      Gerardo Davila

Steve Harrold                      Angela Lai

Michael Pease



**ROMAN CATHOLIC**  
**DIOCESE OF SACRAMENTO**  
DIÓCESIS CATÓLICA ROMANA DE SACRAMENTO

The Most Reverend **Jaime Soto, D.D, M.S.W**  
Bishop of Sacramento

2110 Broadway, Sacramento, CA 95818

Office Hours: 8:30am - 4:30 pm

Phone 916-733-0100, Fax 916-733-0195      **scd.org**

## MASSES

Monday to Friday	12:10 pm
Monday to Thursday	5:10 pm
Saturday Vigil	5:00 pm
Sunday	7:30 am
	9:00 am
	11:00 am
	1:00 pm en Español
	3:00 pm Chinese
	5:00 pm
	7:00 pm en Español
State Holidays	12:10 pm only

## SACRAMENT OF CONFESSION

Monday to Friday	11:30 am to 12:00 pm
Saturday	4:00 pm to 4:45 pm
Domingo en Español	12:30 pm a 12:45 pm
	6:30 pm a 7:00 pm

## EUCCHARISTIC ADORATION

### When attendants are available:

Wednesday	12:45 pm to 4:45 pm
Thursday	12:45 pm to 4:45 pm
Friday	12:45 pm to 3:45 pm

## ANOINTING OF THE SICK - By appointment

## BAPTISMS (Registration is required)

English - 3rd Saturday of the month, 9:00am  
Español - 4º Sábado del mes, 9:00am

## BAPTISM CLASSES

English - 1st Thursday of the month, 7:00pm  
Español - 2do jueves del mes, 7:00pm

## TOURS

Tours are free and are led by trained Docents after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours in Spanish are held the 1st & 3rd Sundays of the month after the 1pm Mass. Tours begin at the Baptismal Font. Contact 916-444-3071 to arrange free private group tours.

## GIFT SHOP on the Lower Level

Sundays	9:00 am to 3:00 pm
Tuesdays	10:30 am to 12:00 pm

## ~Bulletin Ministry~

Editor: Lyssa Black  
Advisor: Father Michael O'Reilly  
Spanish Translations: Carmen Perez  
Chinese News: Kenneth Ng

Send submissions to [cathedralsacramento@gmail.com](mailto:cathedralsacramento@gmail.com)  
See calendar on our website for submission deadlines



## CATHEDRAL MINISTRIES

<b>Altarservers</b>	Michael Ognisty, mfognisty@msn.com.
<b>Benedictus Youth Group</b>	Victoria Ramos, benedictusy@gmail.com
<b>Brown Bag Lunch Ministry</b>	Jerri Rush, jerrirush@comcast.net
<b>Catechesis of the Good Shepherd</b>	for ages 3+, for information, visit youngsheep.org, or call 916-910-3435
<b>Cathedral ACTS</b>	saccathedralacts.org
<b>Cathedral Men's Group</b>	Bob Meyers, cynm1@yahoo.com.
<b>Cathedral Young Adults</b>	Titi Kila, cathedralya@gmail.com
<b>Choir (English)</b>	Rex Rallanka, Music Director, rrallanka@cathedralsacramento.org
<b>Choir (Spanish)</b>	Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after the 7pm Mass.
<b>Communion &amp; Liberation</b>	catechesis meets every Wednesday at 7:15pm in the Cathedral Lower Level.
<b>Email Prayer Chain</b>	Lynne Amerson, cbs1017pc@yahoo.com.
<b>Extraordinary Ministers of Holy Communion</b>	Amy McCormick, ammccormick@att.net ministries@cathedralsacramento.org
<b>Front Door Ministry</b>	Tom Waddock, 916-444-3071, x 36
<b>Greeters and Ushers</b>	Celeste Gisla, jfgisla@surewest.net
<b>Hospitality</b>	
<b>Knights of Columbus, Cathedral Chapter</b>	contact the rectory office
<b>Lectors</b>	Fred Heacock, fheacock72@hotmail.com
<b>Respect Life Ministry</b>	Veronica Avina, veronicaavina@yahoo.com
<b>Rosary Club</b>	Lolita Urrutia, lolita.urrutia@gmail.com.
<b>Saint Vincent de Paul, Cathedral Chapter</b>	contact the rectory office
<b>Spanish Parents Group Leaders</b>	Leticia Hilbert, leticia_hilbert@hotmail.com

To learn more about the ministries at the Cathedral,  
visit our website:

[cathedralsacramento.org](http://cathedralsacramento.org)

### CATHEDRAL PARISH REGISTRATION & UPDATE Actualización y registro de la parroquia de la Catedral

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Email: \_\_\_\_\_

**For additional family members, please attach a separate sheet.**

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- 3) Fax to: 916-443-2749
- 4) Mail to (correo): 1017 11th Street, Sacramento, CA 95814

## RELIGIOUS EDUCATION PROGRAMS

The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A for teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program. For information on all of these programs, contact Sister Jenny and her staff at 916-444-5364 or [jenny@cathedralsacramento.org](mailto:jenny@cathedralsacramento.org).

## MARRIAGE PREPARATION

The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Janet & Omar Bardales at [matrimonyprep@att.net](mailto:matrimonyprep@att.net), or 916-427-9160, or Sister Jenny at 916-444-5364. You do not have to have your wedding at the Cathedral in order to take this class.

## GET MARRIED AT THE CATHEDRAL

If you would like to celebrate the Sacrament of Matrimony at the Cathedral, download the Cathedral Wedding Guidelines and Reservation Form on the cathedral website. Contact the parish office at least *six months* before your desired wedding date to arrange a meeting with Wedding Coordinator, Titi Kila, at the Cathedral Office, 916-444-3071 x13, [tkila@cathedralsacramento.org](mailto:tkila@cathedralsacramento.org).

## HAVE YOUR MARRIAGE BLESSED IN THE CHURCH

If you would like to have your civil marriage blessed in the Catholic Church, please call or email Deacon John at the Cathedral Office to explore this possibility: 444-3071 Ext. 11; [jgisla@cathedralsacramento.org](mailto:jgisla@cathedralsacramento.org). This can often be done in a small, private ceremony called a Convalidation, without any cost or fee. If you have been together for a number of years and would like to be married in the Church, this can also often be done in a small, private ceremony without any cost.

## QUINCEAÑERA

This is the tradition of celebrating a young girl's coming of age on her 15th birthday with a Mass, and highlights the virtues of family and social responsibility, recognizing her journey from childhood to maturity. For more information on celebrating this beautiful tradition at the Cathedral, call Titi Kila, at 916-444-3071, x13, or [titikila@cathedralsacramento.org](mailto:titikila@cathedralsacramento.org).

## LITURGY OF THE WORD FOR CHILDREN

For ages 5 to 10 years old, at the 11:00 am Sunday Mass (Check calendar for dates), this program provides children with age appropriate explanations of the Sunday readings and gives parents with young children an opportunity to focus on the Scripture readings and the homily without distractions. Children return to their families before the Offertory. For more information, contact the education office or Dorothy Corgiat at [dlcorgiat@yahoo.com](mailto:dlcorgiat@yahoo.com).



### 聖母聖誕 (九月八日)

一般聖人誕生的時候，身染原罪，到了逝世的時候，功全德備，可謂誕生於天的日期。為了這緣故，聖教會「慶死而不慶生」。只有兩位聖人，我們慶祝他們的誕生：第一個是聖母聖誕瞻禮；第二個是聖若翰洗者瞻禮。聖若翰在母胎第六個月，才獲原罪的赦免。至於聖母，在始胎時，已無染原罪。所以在她誕生的時候，已成為受造物中最純潔而最神聖的。

我們慶祝聖母的各瞻禮，一是為了讚美天主賞賜各種殊恩異寵給聖母瑪利亞；二是為了讚美天主藉著聖母之手頒賜給人類的各項恩典；三是為了祈求大能的聖母保佑我們神形平安。

聖母聖誕瞻禮，開始於東方。第八世紀以後普及於整個教會。

聖若翰在母胎時被選為救世主的前驅；當他誕生的時候，鄰人和親戚們都來道喜。聖母於創造天地之先，已被天主預選為祂降生的母親。那麼，在她誕生的日期，我們更該如何喜悅呢！她的誕生是耶穌來臨的先聲。耶穌是人類和平的根源，所以在聖母誕生的慶典，我們當求天主賞賜我們享受和平的恩典。



#### **The Birthday of the Blessed Virgin Mary (September 8)**

When the saint is born, he has the original sin. When he is dead, he is fully prepared and can be described as the date of birth. For this reason, the Holy Church "celebrates death but not life." There are only two saints for whom we celebrate their birth: the Virgin Mary and Saint John the Baptist. In the sixth month after birth, St. John the Baptist was granted pardon from the original sin. As for the Virgin Mary, at the time of the birth, there is no sin. Therefore, when she was born, she became immaculate among god's creation.

We celebrate the birth of the Virgin Mary for three reasons: to praise the Lord for all kinds of special grace to the Virgin Mary, to praise the grace that God has given to mankind through the hand of the Virgin, and to pray for peace through blessed Virgin.

The celebration of the Virgin Mary's birth begins in the East. It was celebrated in the universal church after the eighth century.

St. John the Baptist was chosen as the savior's forerunner when he was in his mother's womb. When he was born, neighbors and relatives came to give him blessing. Before the heavens and the earth were created, the Virgin Mary was chosen by God as the mother of Jesus. So, on the date of her birth, we should be more joyful! Her birth is the sign of Jesus' coming. Jesus is the source of human peace, so at the celebration of the birth of the Virgin, we should ask God to give us the grace of peace.

#### **本週報告 (會長)**

慕道班將於每星期彌撒後以中文舉行。如果您認識的任何朋友或家人對天主教信仰有興趣，請邀請他參加。

#### **Announcement this week (President)**

We will have the RCIA every week after mass in Chinese. If any friend or family member you know is interested in the Catholic faith, feel free to invite him/her to the RCIA.



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