

June 09 2019 - PENTECOST



History Issue

Volume 19\* Issue 23

# Cathedral of the Blessed Sacrament

1019 11th Street, Sacramento, CA 95814 \* 916-444-3071



## Pastor's Corner

### Pentecost prayer

Come Holy Spirit, fill the hearts of your faithful  
Fill every pumping vein and passive muscle... *Inflame Us!*  
Fill every dry bone and parched mouth... *Inflame Us!*  
Fill every hidden corner and obvious center... *Inflame Us!*  
Fill every joyous laugh and sarcastic comment... *Inflame Us!*  
Fill every genuine prayer and unwanted thought... *Inflame Us!*  
Fill every expectant cell and silent breath... *Inflame Us!*  
Fill our flowing blood and clogged arteries... *Inflame Us!*  
Fill our melodies, our pauses, and our rests... *Inflame Us!*  
Fill our guts, fill our grasps, fill our groans... *Inflame Us!*  
Fill us and Inflame us and Lead us to the end of the Earth!

Father Michael

### Why the Holy Spirit's continual presence should give us hope and joy

It's tempting to believe that the Holy Spirit only came upon the apostles at Pentecost, and that the Spirit is no longer active in the world. Yet, to believe that would be to deny the great gift Jesus promised when he said to his disciples, "I will ask the Father, and he will give you another Advocate to be with you always" (John 14:16).

As St. Josemaria Escriva explains in his homily entitled "The Great Unknown," "The solemn coming of the Holy Spirit on Pentecost was not an isolated event. There is hardly a page in the Acts of the Apostles where we fail to read about him and the action by which he guides, directs and enlivens the life and work of the early Christian community."

According to Escriva, "It is he who inspires St. Peter's preaching, who

strengthens the faith of the disciples, who confirms with his presence the calling of the Gentiles, who sends Saul and Barnabas to the distant lands where they will open new paths for the teachings of Jesus. In a word, his presence and doctrine are everywhere."

The Church confirms this in the *Catechism of the Catholic Church*, explaining how the Holy Spirit has always been present in the world and will continue to be in the world, "From the beginning to the end of time, whenever God sends his Son, he always sends his Spirit: their mission is conjoined and inseparable ... The Holy Spirit, whom Christ the head pours out on his members, builds, animates, and sanctifies the Church. She is the sacrament of the Holy Trinity's communion with men" (CCC 743,747).

This continual presence of the Holy Spirit should give us hope, knowing that God is with us, even in our weaknesses. As Escriva points out, "The Holy Spirit is present in the Church of Christ for all time, so that it may be, always and in everything, a sign raised up before all nations, announcing to all people the goodness and the love of God. In spite of our great limitations, we can look up to heaven with confidence and joy."

God did not forget about us or leave us as orphans. He continues to show his love for us through the presence of the Holy Spirit in the world today. Let us continue to open our hearts to the Holy Spirit, welcoming him and allowing him to have a greater impact on our lives.





## From the Editor

I love stained glass.

Centuries ago, most people didn't have access to education, and couldn't read or write. The tradition of painting images on glass (or relief sculptures on church facades) was created as a teaching tool for the illiterate. The images helped the stories from the bible come alive.

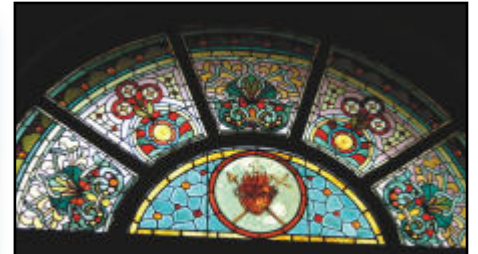
Nowadays, they still teach us, but are also an inspiring source of contemplation and meditation. The detailed expressions of the faces, the embedded symbols and watchful angels, the bright and jewel-toned colors, back-lit in sunshine, give the scenes a sense of life and movement.

Look closely at the intense and compelling expression on Jesus' face in the "Last Supper" window over the Tabernacle. His powerful gaze beckons you to think about what comes next for him – and for us. It was an image of that expression that called me to my own conversion. This is the power behind the beautiful artistry that goes into these windows.

The windows in the cathedral are among the finest created. It's impossible to miss the dramatic windows surrounding the sanctuary. But all of the windows, in the nave, in the clerestory, and over the inner and outer doors, are exceptional in manufacture and design. Consider that they remained intact after more than a hundred years of exposure to severe weather conditions without protection. As part of the restoration efforts, the windows now have clear protective glass behind them to keep them from the elements.

The skill it took to make these masterful windows is matched only by the skill it took to restore them. In my research of the cathedral's history, I found pictures taken by the restoration team. The "before" photos on this page show the decaying wood frames, cracks in the plaster, in the putty, and in the glass itself. It's hard to imagine the care and technique necessary to restore the glass back to its pristine state. It's frustrating that I haven't been able to definitively identify the companies involved, other than Dale Barden of Tudor Cottage Glass Works (see right), who restored the arched windows over the front entrance. I'm still researching and hope in the future to pay proper homage to these talented craftsmen.

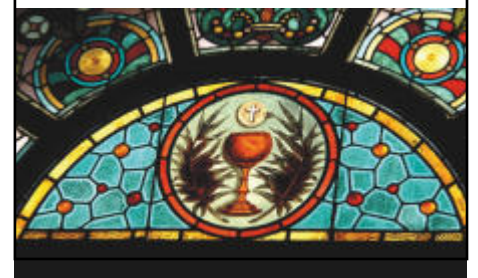
Want to see the "after"? Look up.



[...] As the project was nearing completion, the general contractor for the project ran into a problem. As the painters began restoration of the framework surrounding the windows above the three sets of main entry doors, they refused to proceed because of the delicate state of the 110 year old windows. The painters were afraid that the slightest touch might send the windows crashing onto the granite entry steps, below. Vanir Construction contacted English Tudor Cottage Glass Works at this point to evaluate the condition of the stained glass windows and to see if anything could be done.

When Dale Barden inspected the windows, she was immediately struck by the beauty of the design and the materials that were incorporated into this bit of history. The contractor had been told that the only way that the windows could be repaired would involve complete disassembly and reconstruction. This would have taken months beyond the scheduled completion date of the Cathedral. [...]

Undaunted, even when faced with the dilapidated and fragile condition of the eighteen once magnificent panels, she proceeded to make all of the necessary repairs without having to take the additional time-consuming and expensive steps of having to totally disassemble and re-create the windows. All of the defects were corrected, and the end result was that these pieces of history were back in place, on time, and once again reflecting their true colorful glory at the main entrance of the Cathedral of the Blessed Sacrament in Sacramento. (From [sacramentostainedglass.com](http://sacramentostainedglass.com))



# Cathedral Kids

 Read the Gospel and Color



**Sharing the Gospel** - The disciples must have missed spending time with Jesus after he went back to heaven. But they knew that the Holy Spirit would always be with them, helping them remember what Jesus taught them. The disciples kept learning about God and kept growing closer to him. The Holy Spirit will help you remember Jesus, too.

**Prayer** - Dear God, thank you for sending the Holy Spirit.

**Mission for the Week** - Pray to the Holy Spirit. Ask him to help you learn more about Jesus.

## Puzzle

How many spirits can you count?



4 

THE ANSWER IS FOURTEEN

# PENTECOST

## CATHEDRAL ACTS WOMEN'S RETREAT: JUNE 20-23, 2019

A parish ACTS retreat strives to achieve the directives of Vatican II and the goals of the Revised Code of Canon Law of 1983 which emphasize "community and pastoral care" within a parish. The weekend allows the retreatants to experience God's love and joy. They return to their parish with a deeper love for each other and a desire to become more involved in their parish faith community. Visit [saccathedralacts.org](http://saccathedralacts.org) for more information.

*Cinema Divina presents:*

## "LILIES OF THE FIELD"

June 28, 2019 6:00 pm in Mercy Hall  
Homer Smith (Sidney Poitier), an itinerant handyman, is driving through the Arizona desert when he meets five impoverished nuns. Stopping to fix their leaky farmhouse roof, Homer discovers that not only will the Mother Superior not pay him for the job, but she also wants him to build their chapel for free! Hesitant at first, Homer soon finds himself single-handedly raising the chapel and the financing. But although he will not receive a monetary reward, Homer knows that when his work is done, he'll leave that dusty desert town a much better place than when he found it.



**Make a resolution to daily pray for all Priests.** Without priests there can be no Eucharist and without the Eucharist no church.

Who is there to listen to those of us who have no one? To whom do we turn to when the world has turned its back on us? Day and night, Priests are called to listen at times of joy but also at times of great pain. The sick, the marginalized, the lonely and the out-cast turn to priests to be heard and it is through his priests that Christ is present among his people. Their work is largely unrecognized and their contribution to society is often overlooked. They ask for no reward beyond doing God's work. Today be a prayer friend to a priest in thanksgiving for his priesthood as you reflect and pray for him.

Like many millions of people across the globe you may already be praying the Rosary on Thursdays. Worldpriest.com is now naming each Thursday as **Rosary Thursday** and invites you to offer your Rosary on that day for the sanctification of priests.

**I want to dedicate this history issue to John Mitchell.** Mr. Mitchell was a painter at the cathedral during its construction in the late 19th century. According to an article from 1888, in the *Sacramento Daily Union*, Mr. Mitchell "fell from a scaffolding suspended from the cornice on the northwest corner, a distance of seventy-five feet, and was instantly killed." He was 53 years old, a Catholic, a native of England, and left behind a wife and four children.

The article about John Mitchell sums him up this way: "He was a temperate, industrious and frugal citizen—one whose life was a daily succession of good examples for others to profit by. And, though he moved in a humble sphere, his many shining virtues and cleanness of life were known to and appreciated by a large circle of friends and neighbors, who mourn his sad and untimely death, and whose sympathies are with his bereaved family in their affliction."

Could anything better be said of any of us?


~Lyssa Black~





"The Advocate, the Holy Spirit whom the Father will send in my name he will teach you everything and remind you of all that I told you."

~John 14:26~

Date	Mass/Intentions	Activities
<b>Saturday June 8</b>	5:00 pm / Adult Confirmations	11:30 am - 3:00 pm Annual picnic for the Chinese Community at William Land Park (Area 9)
 <b>Sunday June 9</b>	<b>Pentecost</b> 7:30 am / 9:00 am / 11:00 am* / 1:00 pm (Spanish) / 3:00 pm (Chinese) / 5:00 pm / 7:00 pm / *Youth Confirmations	9:00 am Mass: RCIA - Breaking of the Word
<b>Monday June 10</b>	12:00 pm / 5:10 pm /	6:30 pm RCIA Evening Prayer 7:00 pm RCIA Class
<b>Tuesday June 11</b>	12:10 pm / 5:10 pm /	7:00 pm Teen Confirmation Class 7:00 pm Rite of Sending Forth Confirmandi
<b>Wednesday June 12</b>	12:10 pm / 5:10 pm /	7:00 pm English Choir rehearsal 7:15 pm Communion & Liberation 7:15 pm Spanish 1pm Mass Choir Rehearsal
	Intentions not submitted	
<b>Thursday June 13</b>	12:10 pm / 5:10 pm /	7:00 pm The Bible Timeline 7:00 pm Adult Confirmation Class 7:00pm Baptism Class - Spanish
<b>Friday June 14</b>	12:10 pm /	
<b>Saturday June 15</b>	5:00 pm /	5:00pm to 8:00pm Soy libre, soy amada, soy respetada Spanish, women retreat



## PRAYER CORNER

### For the Special Intentions of:

Deacon Don DeHaven  
Jack DeWitt  
Alfred Granzella  
Jessica Carlson  
Alexis Carlson  
Familia Vega Galvan  
Gloria Garcia  
Kayla  
Judy Gordon  
Galina Caraus  
Olympia Varzaru  
De Souza Family  
Gbaguidi Family  
Elie Family  
Maggie  
Barbara Eversult  
Harold Bussell  
Jill Donovan  
USAF Brig Gen (retired) Robert M.  
Leonor Perez & Jose Perez  
Michelle

### For the Repose of the Soul of:

Damien Avoce +  
Bishop Frances Quinn +  
Teodorico Tayaba +  
Gisele Mensah +  
Jimmy Jaimes +  
Patricia and Andrew Vargas +

## READINGS & OBSERVANCES

**Vigil:** Gn 11:1-9 or Ex 19:3-8a, 16-20b or Ez 37:1-14 or Jl 3:1-5/Ps 104:1-2, 24, 35, 27-28, 29, 30 [cf. 30]/Rom 8:22-27/Jn 7:37-39.

**Sunday:** Pentecost Sunday  
Acts 2:1-11/Ps 104:1, 24, 29-30, 31, 34 [cf. 30]/1 Cor 12:3b-7, 12-13 or Rom 8:8-17/Jn 20:19-23 or Jn 14:15-16, 23b-26

**Monday:** Blessed Virgin Mary, Mother of the Church  
Gen 3:9-15 or Acts 1:12-14/Ps 87:1-2, 3 and 5, 6-7/Jn 19:25-34

**Tuesday:** St. Barnabas, Apostle  
Acts 11:21b-26; 13:1-3/Ps 98:1, 2-3ab, 3cd-4, 5-6 [cf. 2b]/Mt 5:13-16

**Wednesday:** 2 Cor 3:4-11/Ps 99:5, 6, 7, 8, 9 [cf. 9c]/Mt 5:17-19

**Thursday:** St. Anthony of Padua, Priest & Doctor of the Church  
2 Cor 3:15--4:1, 3-6/Ps 85:9ab and 10, 11-12, 13-14 [cf. 10b]/Mt 5:20-26

**Friday:** Flag Day  
2 Cor 4:7-15/Ps 116:10-11, 15-16, 17-18 [17a]/Mt 5:27-32

**Saturday:** 2 Cor 5:14-21/Ps 103:1-2, 3-4, 9-10, 11-12 [8a]/Mt 5:33-37

"Being in love with

# GOD

is never boring."

~Fr. Thomas Dubay~



# Esquina del Pastor

## Oración de pentecostés

Ven, Espíritu Santo, llena los corazones de tus fieles.

Llena cada vena y músculo pasivo ... ¡inflámanos!

Llena cada hueso seco y boca reseca ... ¡inflámanos!

Llena todos los rincones ocultos y el centro obvio ... ¡inflámanos!

Llena cada risa alegre y comentario sarcástico ... ¡inflámanos!

Llena cada oración genuina y pensamiento no deseado ... ¡inflámanos!

Llena cada célula expectante y respira silenciosamente ... ¡inflámanos!

Llena nuestra sangre y nuestras arterias obstruidas ... ¡inflámanos!

Llena nuestras melodías, nuestras pausas y nuestros descansos ... ¡inflámanos!

Padre Michael

## Por qué la presencia continua del Espíritu Santo debe darnos esperanza y alegría

Es tentador creer que el Espíritu Santo solo vino sobre los apóstoles en Pentecostés, y que el Espíritu ya no está activo en el mundo. Sin embargo, creer que sería negar el gran regalo que Jesús prometió cuando dijo a sus discípulos: "Le pediré al Padre y le dará otro abogado para que esté con usted siempre" (Juan 14:16).

Como lo explica San Josemaría Escrivá en su homilía titulada "El gran desconocido", "La solemne venida del Espíritu Santo en Pentecostés no fue un evento aislado. Apenas hay una página en los Hechos de los Apóstoles donde no podemos leer sobre él y la acción por la cual guía, dirige y anima la vida y obra de la comunidad cristiana primitiva".

Según Escrivá, "es él quien inspira la predicación de San Pedro, quien fortalece la fe de los discípulos, quien

confirma con su presencia el llamado de los gentiles, que envía a Saulo y Bernabé a las tierras lejanas donde abrirán nuevos caminos para Las enseñanzas de Jesús. En una palabra, su presencia y su doctrina están en todas partes".

La Iglesia lo confirma en el Catecismo de la Iglesia Católica, explicando cómo el Espíritu Santo siempre ha estado presente en el mundo y seguirá siéndolo en el mundo: "Desde el principio hasta el fin de los tiempos, cada vez que Dios envía a su Hijo, siempre envía su Espíritu: su misión es conjunta e inseparable ... El Espíritu Santo, a quien Cristo, la cabeza, derrama sobre sus miembros, construye, anima y santifica a la Iglesia. Ella es el sacramento de la comunión de la Santísima Trinidad con los hombres" (CCC 743,747).

Esta presencia continua del Espíritu Santo

debe darnos esperanza, sabiendo que Dios está con nosotros, incluso en nuestras debilidades. Como señala Escrivá, "El Espíritu Santo está presente en la Iglesia de Cristo en todo momento, de modo que puede ser, siempre y en todo, una señal levantada ante todas las naciones, que anuncia a todas las personas la bondad y el amor de Dios". . A pesar de nuestras grandes limitaciones, podemos admirar el cielo con confianza y alegría".

Dios no se olvidó de nosotros ni nos dejó huérfanos. Él continúa mostrando su amor por nosotros a través de la presencia del Espíritu Santo en el mundo de hoy. Continuemos abriendo nuestros corazones al Espíritu Santo, dándole la bienvenida y permitiéndole que tenga un mayor impacto en nuestras vidas.

Philip Kosloski | Aleteia.org





Lo vemos en los primeros testigos de la Iglesia primitiva; del miedo cambiaron al valor, de la incertidumbre su corazón se llenó de la paz de Cristo. El Papa Francisco nos dice lo siguiente: "El Espíritu cambia los corazones, cambia los acontecimientos, actúa como fuerte reconstituyente y orienta hacia Dios y hacia el mundo". Y agregó, "... es el "Espíritu" el que "libera los corazones cerrados por el miedo y vence las resistencias" continuó Francisco, de modo que - a quien se conforma con medias tintas - "le ofrece ímpetus de entrega". También "ensancha los corazones estrechos", "anima a servir a quien se apoltrona en la comodidad", "hace caminar al que se cree que ya ha llegado" y "hace soñar al que cae en tibieza".

¿Qué podemos cambiar de nuestra vida al recibir el Espíritu Santo? ¿Qué te ha impresionado del mensaje del Papa Francisco? ¡Ven, Espíritu Santo!

### VIVIR LA LITURGIA

Cuando nos enfrentamos a una decisión o un dilema, ¿a dónde acudimos? Cada vez que tenemos que discernir el curso de acción adecuado, el Espíritu Santo está disponible como nuestro defensor y guía. Como cristianos, no miramos a nuestro mundo en busca de dirección, sino a Dios. Los dones del Espíritu Santo se nos dan para ayudarnos a encontrar nuestro camino hacia el pensamiento y la conducta apropiados. La sabiduría, ciencia, inteligencia, consejo, fortaleza, piedad y temor de Dios son herramientas perfectas para el discernimiento. Estos dones nos permiten mantener nuestras relaciones y perspectivas en el orden correcto. Es el Espíritu Santo quien abre nuestros ojos para ver lo que de otra manera pasaríamos por alto y nuestros corazones para recibir a aquellas personas que de otra manera serían ignoradas. Pídele al Espíritu Santo que te ilumine hoy.

### LAS LECTURAS DE LA SEMANA DEL 9 DE JUNIO DE 2019

- Vigilia: Gn 11, 1-9 o Ex 19, 3-8. 16-20 o Ez 37, 1-14 o Jl 3, 1-5/Sal 104, 1-2. 24. 35. 27-28. 29. 30 [cfr. 30]/Rom 8, 22-27/ Jn 7, 37-39
- Domingo: Domingo de Pentecostés  
Hch 2, 1-11/Sal 104, 1. 24. 29-30. 31. 34 [cfr. 30]/ 1 Cor 12, 3-7. 12-13 o Rom 8, 8-17/ Jn 20, 19-23 o Jn 14, 15-16. 23-26
- Lunes: Santísima Virgen María, Madre de la Iglesia  
Gn 3, 9-15 o Hch 1, 12-14/Sal 87, 1-2. 3 y 5. 6-7/Jn 19, 25-34
- Martes: San Bernabé, apóstol  
Hch 11, 21-26. 13, 1-3/Sal 98, 1. 2-3, 3-4, 5-6 [cfr. 2]/ Mt 5:13-16
- Miércoles: 2 Co 3, 4-11/Sal 99, 5. 6. 7. 8. 9. [cfr. 9]/Mt 5, 17-19
- Jueves: San Antonio de Padua, sacerdote y doctor de la Iglesia  
2 Co 3, 15-4, 1. 3-6/Sal 85, 9 y 10. 11-12. 13-14 [cfr. 10]/ Mt 5, 20-26
- Viernes: Día de la bandera  
2 Co 4, 7-15/Sal 116, 10-11. 15-16. 17-18 [17]/Mt 5, 27-32
- Sábado: 2 Co 5, 14-21/Sal 103, 1-2. 3-4. 9-10. 11-12 [8]/Mt 5, 33-37

### MEDITACIÓN EVANGÉLICO

El Espíritu de Dios viene de la mano de la paz de Cristo y debemos recibirlo con el Corazón abierto. Antes de irse, Jesús les promete a sus discípulos que enviará al Espíritu Santo: "Y cuando venga él, el Espíritu de la Verdad, los guiará, en todos los caminos de la verdad". (Juan 16:13). Las personas tienen la experiencia que el Espíritu siempre deja huella, cambia la vida, y produce efectos. Así es que, algunos dicen: "abrí mi corazón al Espíritu Santo y cambio mi vida, ahora soy diferente. Menos egoísta, más justo con mí esposa y mis hijos". Hoy es el día que Dios regala su Espíritu al mundo, y a cada uno en particular.

### LA CORRESPONSABILIDAD DIARIA

Yo soy un aficionado a los deportes, y quizás tú también lo eres. No sigo todos los deportes, pero los que sigo, usualmente involucran un equipo. Hay algo acerca de un equipo de personas que se unen para lograr el objetivo de la victoria que es cautivador. Un equipo es tan bueno como la suma de todos sus jugadores. Si tienes todo el talento adecuado en las posiciones correctas, pueden suceder grandes cosas. Lo que es difícil de ver para un fanático es un equipo que tenga un gran talento pero que no logre sus objetivos porque algunos jugadores eligen no dar todo al equipo. El egoísmo, la apatía o la inmadurez evitan que algunos den completamente de sí mismos. Las esperanzas y los sueños de un equipo y una base de fans se desvanecen a pesar de que tenían todo lo que necesitaban para ser los mejores.

Una parroquia se parece mucho a un equipo. Aquellos en una comunidad parroquial trabajan juntos para lograr metas que finalmente llevan a otros a Cristo. Nos unimos para dar de nosotros mismos para avanzar en la misión de la parroquia. Cuando todos estamos comprometidos a dar en plenitud nuestros dones y talentos, cumpliendo nuestra posición en el Cuerpo de Cristo, nuestras esperanzas y sueños de transformar el mundo que nos rodea pueden convertirse en realidad.

Sin embargo, cuando nos mantenemos al margen, dañamos a nuestro equipo. Cuando nos detenemos y decidimos no dar de nosotros mismos, disminuimos lo que es realmente posible para nuestra comunidad parroquial. Yo creo que Dios siempre proporciona a nuestras parroquias lo que necesitan para ser fructíferas y vibrantes. Sus dones para nosotros existen en los demás. Si crees que tu parroquia podría ser mucho más, quizás esta semana deberías llamar a tu pastor u otro líder pastoral y decir: "¡Déjame Entrar!"

-Tracy Earl Welliver, MTS





## CATHEDRAL MINISTRIES

### Altarservers

**Benedictus Youth Group**  
**Brown Bag Lunch Ministry**  
**Bulletin / Website**  
**Catechesis of the Good Shepherd**

Michael Ognisty, mfognisty@msn.com.  
 Victoria Ramos, benedictusy@gmail.com  
 Jerri Rush, jerrirush@comcast.net  
 Lyssa Black, cathedralsacramento@gmail.com  
 for ages 3+, for information, visit  
 youngsheep.org, or call 916-910-3435

### Cathedral A.C.T.S.

**Cathedral Men's Group**  
**Cathedral Saint Vincent de Paul**  
**Cathedral Young Adults**  
**Choir (English)**

saccathedralacts.org  
 Bob Meyers, cynm1@yahoo.com  
 contact the rectory office  
 Titi Kila, cathedralya@gmail.com  
 Rex Rallanka, Music Director,  
 rrallanka@cathedralsacramento.org

### Choir (Spanish)

**Cinema Divina Movies**  
**Communion & Liberation**

Jerry Vanoye in the choir annex after the 1pm Mass,  
 or Ricardo Savala in the choir annex after 7pm Mass.  
 Reggie King, Brian Perez, thecatholicstore@gmail.com  
 catechesis meets every Wednesday at 7:15pm in the  
 Cathedral Lower Level.

### Docents

**Email Prayer Chain**  
**Extraordinary Ministers of Holy Communion**

Jill Pease, peasejill@gmail.com  
 Lynne Amerson, cbs1017pc@yahoo.com.

### Festival of Trees and Lights

**Front Door Ministry**  
**Greeters and Ushers**  
**Hospitality**  
**Knights of Columbus**  
**Lectors**

Amy McCormick, ammcormick@att.net  
 Paula Trujillo, trupaula@gmail.com  
 ministries@cathedralsacramento.org  
 Tom Waddock, 916-444-3071, x 36  
 Celeste Gisla, jfgisla@surewest.net

**Respect Life Ministry**  
**Rosary Club**

Jaime Elizaldi, jaime.elizaldi@gmail.com  
 Fred Heacock, fheacock72@hotmail.com  
 Veronica Avina, veronicaavina@yahoo.com  
 Lolita Urrutia, lolita.urrutia@gmail.com.

**Spanish Parents Group Leaders** Leticia Hilbert, leticia\_hilbert@hotmail.com

To learn more about the ministries at the Cathedral, visit our website:

[cathedralsacramento.org](http://cathedralsacramento.org)

### TOURS

We love to share our Cathedral history! Tours are FREE, led by trained Docents, and held after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours begin at the Baptismal Font. Contact 916-444-3071 to arrange free private group tours.

Los tours en español se llevan a cabo el 1er y 3er domingo del mes después de la misa de 1pm.

**Visit our GIFT SHOP downstairs**

Sundays - 9:00 am to 3:00 pm, Tuesdays 10:30 am to 12:00 pm

### CATHEDRAL PARISH REGISTRATION & UPDATE Actualización y registro de la parroquia de la Catedral

*You can also register online at [cathedralsacramento.org](http://cathedralsacramento.org) / Visit Us / Register as a Parishioner*

Name (*Nombre*): \_\_\_\_\_

Street Address (*Domicilio*): \_\_\_\_\_

City (*Ciudad*): \_\_\_\_\_ State (*Estado*): \_\_\_\_\_ Zip (*Código postal*): \_\_\_\_\_

Phone (*teléfono*): (\_\_\_\_) \_\_\_\_\_ Cell Phone (*Celular*): (\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_

#### **For additional family members, please attach a separate sheet.**

Please indicate:	Por favor indique:
New Parishioner/Individual	Nuevo Parroquiano / Individuo
New Parishioners/Family	Nuevo Parroco / Familia
Change of Address	Cambio de Dirección
Please send Offertory Envelopes	Por favor envíe Sobres de Ofertorio

#### **Please return by (Regrese por favor):**

- 1) Put into collection basket at mass (deposite en la canasta de la colecta en misa)
- 2) Scan to pdf file and email: [blessed@cathedralsacramento.org](mailto:blessed@cathedralsacramento.org)  
(escanear a pdf file y envía por correo electrónico)
- 3) Fax to: 916-443-2749
- 4) Mail to (correo): 1017 11th Street, Sacramento, CA 95814



### RELIGIOUS EDUCATION PROGRAMS

The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A., for adults, teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program.



If you've been coming to Mass for a while, but are not Catholic, or were baptized Catholic but never completed your faith formation classes, we invite you to look deeper into the Catholic faith. Come meet some faithful Catholics who love the Lord and would consider it a privilege to get to know you. We invite you to learn what Catholics believe in an open and welcoming environment. The **Rite of Christian Initiation of Adults (RCIA)** sessions meet every Monday Evening at 7 PM in the lower level of the Cathedral. Feel free to come any Monday evening.

For more information on all of our faith formation programs, please call **916-444-5364** or email Sister Jenny Aldeghi FDCC, Director of Religious Education, [jenny@cathedralsacramento.org](mailto:jenny@cathedralsacramento.org)

### MARRIAGE PREPARATION

The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Janet & Omar Bardales at [matrimonyprep@att.net](mailto:matrimonyprep@att.net), or 916-427-9160, or Sister Jenny at 916-444-5364. You do not have to have your wedding at the Cathedral in order to take this class.

### GET MARRIED AT THE CATHEDRAL

If you would like to celebrate the Sacrament of Matrimony at the Cathedral, download the Cathedral Wedding Guidelines and Reservation Form on the cathedral website. Contact the parish office at least *six months* before your desired wedding date to arrange a meeting with Wedding Coordinator, Titi Kila at [tkila@cathedralsacramento.org](mailto:tkila@cathedralsacramento.org).

### HAVE YOUR MARRIAGE BLESSED IN THE CHURCH

If you would like to have your civil marriage blessed in the Catholic Church, please call or email Deacon John at the Cathedral Office to explore this possibility: 444-3071 Ext. 11; [jgisla@cathedralsacramento.org](mailto:jgisla@cathedralsacramento.org). This can often be done in a small, private ceremony called a Convalidation, without any cost or fee. If you have been together for a number of years and would like to be married in the Church, this can also often be done in a small, private ceremony without any cost.

### QUINCEAÑERA

This is the tradition of celebrating a young girl's coming of age on her 15th birthday with a Mass, and highlights the virtues of family and social responsibility, recognizing her journey from childhood to maturity. For more information on celebrating this beautiful tradition at the Cathedral, call Titi Kila, at 916-444-3071, or [tkila@cathedralsacramento.org](mailto:tkila@cathedralsacramento.org).

### LITURGY OF THE WORD FOR CHILDREN

For ages 5 to 10 years old, at the 11:00 am Sunday Mass (Check calendar for dates). Children return to their families before the Offertory. For more information, contact the education office or Dorothy Corgiat at [dlcorgiat@yahoo.com](mailto:dlcorgiat@yahoo.com).





## 聖巴爾納伯 (六月九日)

一個出生在塞浦路斯並命名為約瑟夫的猶太人賣掉了自己的財產，將收益交給了使徒，後者給了他巴爾納伯的名字，並與最早在耶路撒冷皈依基督教的人共同生活。他說服那裡的社區接受保祿作為門徒，被派往敘利亞的安提約基雅，調查那裡的社區，並將從那裡帶到那裡。保祿在飢荒期間將安提約基雅的捐款帶到耶路撒冷社區，並與他的堂兄馬爾谷一起回到安提阿。三人進行了塞浦路斯，培爾革和安提約基雅的傳教之旅，在那裡他們被猶太人猛烈反對，他們決定向異教徒講道。然後他們去了呂斯特辣，依科尼雍和安提約基雅，在那裡他們是第一個被稱讚的神，然後被扔石頭出城，然後回到敘利亞的安提約基雅。當一個關於遵守猶太儀式的爭執出現時，保祿和巴爾納伯去了耶路撒冷，在那裡，在一個議會，決定異教徒不必受割禮就必須接受洗禮。在他們返回安提約基雅，巴拿巴希望將馬爾谷帶到另一個他們所傳講的城市，但保祿反對，因為馬爾谷在旁非里雅拋棄了他們。保祿和巴拿巴分開了，巴爾納伯和馬爾谷一起回到了塞浦路斯。雖然人們相信他與保祿的分歧最終得到了醫治，但沒有人聽說過他。據說巴爾納伯在亞歷山大和羅馬講道，他是塞浦路斯教會的創始人，米蘭的主教（他不是），並且他在薩拉米斯大約61年就被石頭砸死了。

### St. Barnabas (June 9)

A Jew, born in Cyprus and named Joseph, he sold his property, gave the proceeds to the Apostles, who gave him the name Barnabas, and lived in common with the earliest converts to Christianity in Jerusalem. He persuaded the community there to accept Paul as a disciple, was sent to Antioch, Syria, to look into the community there, and brought Paul there from Tarsus. With Paul he brought Antioch's donation to the Jerusalem community during a famine, and returned to Antioch with John Mark, his cousin. The three went on a missionary journey to Cyprus, Perga, and Antioch in Pisidia, where they were so violently opposed by the Jews that they decided to preach to the pagans. Then they went on to Iconium and Lystra in Lycaonia, where they were first acclaimed gods and then stoned out of the city, and then returned to Antioch in Syria. When a dispute arose regarding the observance of the Jewish rites, Paul and Barnabas went to Jerusalem, where, at a council, it was decided that pagans did not have to be circumcised to be baptized. On their return to Antioch, Barnabas wanted to take John Mark on another visitation to the cities where they had preached, but Paul objected because of John Mark's desertion of them in Perga. Paul and Barnabas parted, and Barnabas returned to Cyprus with Mark; nothing further is heard of him, though it is believed his rift with Paul was ultimately healed. Tradition has Barnabas preaching in Alexandria and Rome, the founder of the Cypriote Church, the Bishop of Milan (which he was not), and has him stoned to death at Salamis about the age of 61.

### 本週報告 (會長)

六月的研經班將於六月十五日舉行。

我們將於八月十七日在上午九點開始在 Christ the King Retreat Center 進行年度避靜。每位的費用為四十元 (包括午餐)。有意參加避靜的教友，請向 Oliver 或 Gloria 報名。

### Announcement this week (President)

Next Bible Study will be on June 15.

We will have our annual retreat on August 17 at Christ the King Retreat Center starting at 9am. The fee is \$40 each person including lunch. Anyone interested can RSVP with Oliver or Gloria.







**La Esperanza**  
 (916) 455-0215 • Pan Dulce  
 5028-5044 Franklin Blvd., Sacramento



**catholicmatch<sup>®</sup>**  
 California



CatholicMatch.com/CA

Your Local Experts in All Your Real Estate Needs.  
 Ofreciendo nuestros servicios a ustedes, igualmente ofreciendo nuestra ofrenda a la iglesia De Dios.




**John Lanting** **Tomas Garcia**  
 (916) 798-3225 916-712-6391

**Realtors** www.JohnLantingHomes.com  
 DRE#01410391

**DISPONIBLE POR TIEMPO LIMITADO**

**ANUNCIE SU NEGOCIO AQUÍ**

Llame a **Jeff Tkachuk** hoy para su anuncio!  
 jtkachuk@4LPi.com or (800) 950-9952 x2513

**Sac Valley ELECTRIC INC.**  
 Commercial & Industrial Electrical Contractors

Office: (916) 922-1139  
 Fax: (916) 922-1312  
 24 Blue Sky Court, Suite A  
 Sacramento, CA 95828  
 www.sacvalleyelectric.com

**DK IRON**  
 WALT LLAMAS  
 247-8092



I MAKE GATES  
 CUSTOM IRON FENCING  
 WE DO ADA HANDRAILS TOO!  
 Contractor #1000019

**DOMCO PLUMBING, INC.**  
 24 HOUR DISPATCHED

Lic. #828505  
 Office: (916) 353-0203  
 Office: (530) 677-8832  
 PO Box 1398, Folsom, CA 95763

**Complete Plumbing Service**  
 Water Heater Specialists  
 Trenchless Pipe Replacement

**AVAILABLE FOR A LIMITED TIME**

**ADVERTISE YOUR BUSINESS HERE**

Contact **Jeff Tkachuk** to place an ad today!  
 jtkachuk@4LPi.com or (800) 950-9952 x2513

**Family Dentistry**



**Jasmine L. Dermawan, DMD**  
 2335 American River Dr.  
 Ste. 307, Sacramento, CA 95825  
 916-929-0331  
 www.drjasminedmd.com  
 \*English • Indonesian

"He who has ears to hear, let him hear"  
 ~ Matthew 11:15



We Specialize in Hearing Loop Installation

We can help to make this a reality for worshippers.  
 Allow us to install hearing loop assistive listening in your church to accommodate the hearing impaired.

Contact Us:  
 Cooper Loop Assistive Listening Devices  
 Jeff@copperloop.net • www.copperloop.net  
 O: 530-272-2624 • C: 520-277-0275

**Ask for your Parish Discount**

Your family resource for **Pre-Need Planning and End-of-Life Services** for your funeral, cremation & cemetery needs.

Catholics caring for Catholics  
 cfcsSacramento.org



**916-726-1232**  
 CALVARY CEMETERY & FUNERAL CENTER  
 7101 Verner Ave., Citrus Heights

**916-452-4831**  
 ST. MARY CEMETERY & FUNERAL CENTER  
 6509 Fruitridge Road, Sacramento

**JESUIT HIGH SCHOOL**



FORMING FUTURE LEADERS IN THE SACRAMENTO AREA SINCE 1963


**EXPLOREJESUIT.COM**

**MARY KAY**

**Phyllis Enos**  
 Sales Director  
 916-690-0063  
 iwuvmakeup@aol.com  
 www.marykay.com/penos



Celebrating Life & Family



Formerly named Cynthia S. Meyers, CFP®

Cynthia S. Meyers is a Registered Representative and Investment Advisor. Representative with, and offer securities and advisory services through Commonwealth Financial Network®, member FINRA/SIPC, a Registered Investment Advisor

916-927-6487  
 CONFLUENCE-FP.COM

**GEORGE L. KLUMPP CHAPEL OF FLOWERS**



Serving the Sacramento community since 1921

Newly Renovated

(916) 443-7917  
 2691 Riverside Blvd, Sacramento  
 klumppsfuneralhome.com

**WE'RE HIRING AD SALES EXECUTIVES**



- Full Time Position with Benefits
- Sales Experience Preferred
- Paid Training
- Overnight Travel Required
- Expense Reimbursement

CONTACT US AT  
 careers@4LPi.com • www.4LPi.com/careers



SUNDAY BRUNCH 11 AM - 3 PM

# EXPERIENCE MEXICAN CUISINE AT IT'S BEST...



ONE BLOCK FROM THE CATHEDRAL SACRAMENTO CORNER OF 12 & K STREET

## MAYAHUEL

12TH & K STREET

DOWNTOWN | 1200 K STREET | EXPERIENCEMAYAHUEL.COM



## MERCY McMAHON TERRACE

*June's Place*

**Mercy McMahon Terrace**

*Independent, Assisted Living & Memory Care*

A Truly One of a Kind Community  
Founded by the Sisters of Mercy  
24 Hour Nursing  
Mass offered weekly in our Chapel

**(916) 733-6510**

Call for a Tour Today!

3865 J St., Sacramento, CA 95816

[www.mercymcmahonterrace.org](http://www.mercymcmahonterrace.org)

RCFE 340312763

**JVM LANDSCAPE CONSTRUCTION, INC.**

“DELIVERING THE ULTIMATE OUTDOOR EXPERIENCE”

- RESIDENTIAL AND COMMERCIAL LANDSCAPE LIGHTING
- ARCHITECTURAL LIGHTING
- WATER FEATURE LIGHTING
- BISTRO LIGHTS
- PUTTING GREEN INSTALLATIONS W/LIGHTING



CONTACT US FOR A FREE LIGHTING CONSULTATION AND DEMO!

916-803-2002  
[WWW.JVMLANDSCAPES.COM](http://WWW.JVMLANDSCAPES.COM)



CSLB# 984835

**20% of your bill is Donated**  
to support the  
**Cathedral of the Blessed Sacrament**

**Sacramento's Cafe & Brew**

**925 3<sup>RD</sup> Street, Sacramento, CA**  
[cafeandbrew.com](http://cafeandbrew.com)

**Breakfast - Lunch - Dinner**

**Dore Navant**  
Hair Studios

Call Betty 916-719-8572  
3029 El Camino Ave, Sacramento 95821

**MOUNTAIN MIKES**

We Deliver to Downtown & Midtown  
1900 S Street • 916-399-4580

**Northgate SMOG**

2830 Northgate Blvd. #4  
916-922-6018 [northgatesmog.com](http://northgatesmog.com)

**AVAILABLE FOR A LIMITED TIME** ADVERTISE YOUR BUSINESS HERE

Contact **Jeff Tkachuk** to place an ad today!  
[jtkachuk@4LPi.com](mailto:jtkachuk@4LPi.com) or (800) 950-9952 x2513

**TIRED OF PAYING RENT?**  
**We Can Help You Sell or Buy Your New Home.**

**LO ASESORAMOS EN ESPAÑOL**  
**Call Me or Text Me 510-385-8094**

Javier@JLAmerican.com DRE # 01894284