

SUNDAY, NOVEMBER 28, 2021

FIRST SUNDAY OF ADVENT



*“Stand up and raise your heads
because your redemption is at hand.”*

RCIA Candidates and Precatechumens
lighting candle 1 of Week 1 of Advent

1017 11th Street - Sacramento, CA 95814 | 916-444-3071



CATHEDRAL OF THE BLESSED SACRAMENT

Stewards of God's Gifts

MASS SCHEDULE

* Livestream available on Sundays & Holy Days of Obligation

Sunday | Domingo

English 8:00 am
English 10:00 am*
Español 12:00 pm*
Chinese 2:00 pm*
English 4:00 pm
Español 6:00 pm

Monday - Friday

Lunes - Viernes
12:10 pm

Saturday | Sábado

NO VIGIL MASS

ADORATION

Wednesday & Thursday
1:00 pm-4:00 pm

RECONCILIATION

Monday - Friday | Lunes - Viernes

11:30 am to 12:00 pm

Saturday | Sábado

4:00 pm to 5:00 pm

Connect with us!



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MASKS REQUIRED INDOORS

READINGS/MASS INTENTIONS

Page 2 | Sunday, November 28, 2021 | 1st Sunday of Advent

STEWARDSHIP REFLECTION

Welcome to Advent, the season to prepare with awe and wonder for the Feast of the Incarnation of Jesus — born to us as Savior and Brother. It is a season to prepare for His return at the end of time. It is also a moment to remind ourselves that our individual judgment day is coming, too, when we will be called to give an account for all that God has given to us during our lifetimes. In other words, Advent is a steward's season!

Our readings for the first week of Advent waste no time in calling our urgent attention to these themes of reflection and preparation. They seem to shout, "Wake up! Get ready!" and offer us some practical advice as we enter into this season.

The Gospel, from Luke, warns, "Beware that your hearts do not become drowsy from carousing and drunkenness and the anxieties of daily life." How easy it is to lose focus on our Lord either by too much indulgence in our lives or by too much worry about our lives. During Advent, we Christian stewards must ask ourselves some hard questions. Am I staying faithful to my prayer life? Am I using my energy and skills to serve others? Am I overly concerned about material gain? Am I relying on my "stuff" or my investments as my source of comfort or security? Am I living for the moment or for the coming of the Lord?

Get ready Christian stewards! He's coming! Let us prepare with awe and wonder.



READINGS AND OBSERVANCES

Sunday 11/28
1st Sunday of Advent

Jer 33:14-16/1 Thes 3:12—4:2/Ps 25:4-5, 8-9, 10, 14 [1b]/Lk 21:25-28, 34-36

Monday 11/29
Advent Weekday

Is 2:1-5/Ps 122:1-2, 3-4b, 4cd-5, 6-7, 8-9/Mt 8:5-1

Tuesday 11/30
St. Andrew, Apostle

Rom 10:9-18/Ps 19:8, 9, 10, 11 [10]/Mt 4:18-22

Wednesday 12/1
World AIDS Day

Is 25:6-10a/Ps 23:1-3a, 3b-4, 5, 6 [6cd]/Mt 15:29-37

Thursday 12/2
Advent Weekday

Is 26:1-6/Ps 118:1 and 8-9, 19-21, 25-27a [26a]/Mt 7:21, 24-27

Friday 12/3
St. Francis Xavier, Priest

Is 29:17-24/Ps 27:1, 4, 13-14 [1a]/Mt 9:27-31

Saturday 12/4
St. John Damascene, Priest and Doctor of the Church

Is 30:19-21, 23-26/Ps 147:1-2, 3-4, 5-6 [cf. Is 30:18d]/Mt 9:35—10:1, 5a, 6-8

Sunday 12/5
2nd Sunday of Advent

Bar 5:1-9/Ps 126:1-2, 2-3, 4-5, 6 [3]/Phil 1:4-6, 8-11/Lk 3:1-6

MASS INTENTIONS

SUNDAY, 11/28

All Souls +;
People of the Parish S.I.

MONDAY, 11/29

All Souls +

TUESDAY, 11/30

All Souls +

WEDNESDAY, 12/1

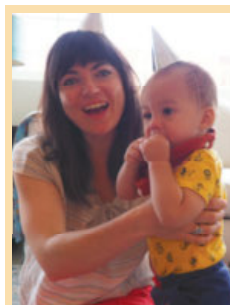
Dixie Belletto S.I.

THURSDAY, 12/2

Teresa Chang +

FRIDAY, 12/3

Khanh Nguyen +



Stephanie Fry Rellanka

<https://is.gd/talkparish>

"I thought the light was so beautiful...this is the God I fell in love with."

Let's Talk Parish!
CATHEDRAL OF THE BLESSED SACRAMENT

Call Us: 916-545-5376

The Advent season is a time of preparation and penance that directs our hearts and minds to Christ's second coming and to the birth of Our Lord on Christmas.

Text Your Cathedral Donation
Regístrese para este servicio
Register for this service at:
www.is.gd/text2give

Thank You! Gracias!



Restroom Keypads

You may notice there are keypads on the restrooms in the lower level. Please ask any usher for the weekly access code.



ADVENT / ADVIENTO

Human beings cannot live without hope. Unlike the animals, we are blessed-or cursed-with the ability to think about the future and to fear our actions to shaping it. So essential is this to human life, that human beings cannot live without hope, without something to live for, without something to look forward to. To be without hope, to have nothing to live for, is to surrender to death in despair. But we can find all sorts of things to live for and we can hope for almost any-thing: for some measure of success or security or for the realization of some more or less modest ambition; for our children, that they might be saved from our mistakes and sufferings and find a better life than we have known; for a better world, throwing ourselves into politics or medicine or technology so that future generations might be better off. Not all these forms of hope are selfish; indeed, they have given dignity and purpose to the lives of countless generations. But one of the reasons why we read the Old Testament during Advent is to learn what to hope for. [CONT. PG. 4]



Los seres humanos no pueden vivir sin esperanza.

A diferencia de los animales, tenemos la bendición o maldición, de la capacidad de pensar sobre el futuro y el tener miedo a nuestras acciones para formarlo. Tan esencial es esto para la vida humana, que el ser humano no puede vivir sin esperanza, sin un motivo para vivir, sin algo que esperar. No tener esperanza, no tener nada por que vivir, es rendirse a la muerte en la desesperación. Sin embargo, podemos encontrar todo tipo de cosas para vivir y podemos esperar en casi cualquier cosa: por alguna medida de éxito o de seguridad o para la realización d alguna meta más o menos modesta, para nuestros hijos, para librarlos de nuestros errores y los sufrimientos, y encontrar una vida mejor de la que hemos tenido nosotros; por un mundo mejor, lanzarnos a la política o la medicina o la tecnología para que las generaciones futuras puedan tener una vida mejor. No todas estas formas de esperanza son egoístas y, de hecho, que le han dado dignidad y propósito a la vida de incontables generaciones. Pero una de las razones por las que leemos el Antiguo Testamento durante el Adviento es para saber qué esperar. [CONT. PG.5]

NEXT WEEKEND

Festival of Trees

December 4 - 5, 2021

**A BENEFIT TO HELP
THE CATHEDRAL SQUARE
HOMELESS PROGRAM**

Dec. 4: 10:00 am—7:00 pm

Dec. 5: 9:00 am—8:00 pm

**Crafts - Food – Live Music
and Entertainment**

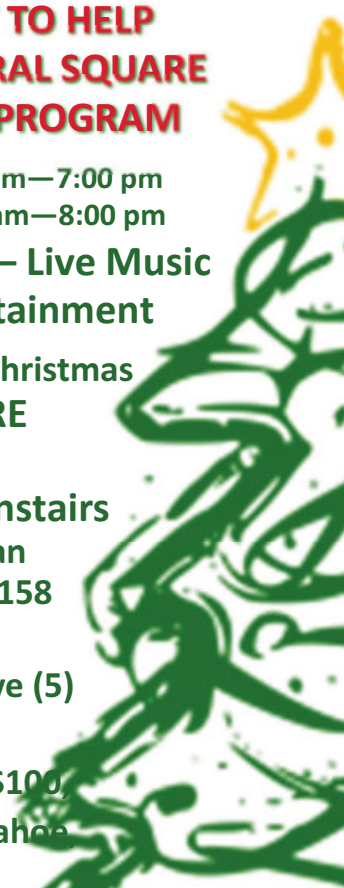
Thanksgiving and Christmas
**GIFT BASKETS ARE
AVAILABLE NOW**

**on Sundays downstairs
Please contact Susan
Moeller, 510-734-4158**

**Raffle Tickets
\$5 ea. or \$20 for five (5)**

**Cash Prizes:
\$500, \$250, \$150, \$100,**

**Weekend in Lake Tahoe
And more.**



VOLUNTEERS NEEDED! Please contact:
Paula Trujillo, trupaula@gmail.com
Susan Moeller, susandurand@ymail.com

BAKERS NEEDED! Bake goods and bring
on December 3rd. Please contact:
Susan Moeller 510-734-4158

Domingo, 12 de diciembre Nuestra Señora de Guadalupe

5:30 am Cantando Las Mañanitas

6:00 am Misa en español

8:00 am a 3 pm Recaudación de fondos
de alimentos

12:00 Mediodía Misa español con Mariachi

Después de la Misa - Comida y Celebraciones
en Mercy Hall en honor a Nuestra Señora

6:00 pm Misa en español

Todo el día: Representación de las apariciones



Sunday, December 12 Our Lady of Guadalupe

5:30 am Singing Las Mañanitas

6:00 am Spanish Mass

8:00 am to 3 pm Food Fundraiser

12:00 noon Spanish Mass with Mariachi

After Mass in Mercy Hall – Food and
Celebrations honoring Our Lady

6:00 pm Spanish Mass

All Day: Representation of the apparitions
(REGULAR MASS TIMES REMAIN)

“To you, O Lord, I lift up my soul.”

This is the first Sunday of Advent and the beginning of our preparations for the Christmas season. I must admit that I am particularly excited to begin this new liturgical year. Not because I believe we are coming to an end of Covid and all the darkness and division it has brought; not because I believe I'm going to get a lot of nice presents for Christmas or a big Christmas bonus; and not because I have some great trips planned for this year. These different examples may all come to pass and, yes, they would be exciting, but the reason I am feeling “lifted up” has more to do with the excitement I sense is happening in the world around me. It is hard to express why I sense something great is coming, other than that I feel a worldly awareness that, after trying to always find answers in humanity and its wisdom, we are starting to seek answers somewhere else.

It's been a rough two years, and, for this generation, we are new to experiencing hardships and sacrifice. Most of us have relied of the power of man to solve all our problems. I think many people have been content believing we have all the answers, but I sense that this contentment is being challenged. I sense an enlightenment is approaching. People previously skeptical about God and religion are going to start seeking guidance from the Church. We are going to be looking for answers to questions we stopped asking years ago. We are going to view technology and money and social media as means to something great and not ends in themselves. This is the Advent to something important in which people will seek their rightful place in relationship to God and not in opposition to Him.

This is definitely a reason to be excited. I pray all of us who have struggled to love God and neighbor, not always succeeding, will share in my excitement and be ready for the chance to reveal how great God is and how great faith is. We all have walked in some darkness these past years. It is time for us to truly see our Great Light and be ready to share it! Happy Advent! Fr. Michael

“This is the Advent to something important in which people will seek their rightful place in relationship to God.”

Hope



[FROM PG. 3] The people of the Old Testament had the courage to hope for big things: that the desert would be turned into fertile land; that their scattered and divided people would eventually be gathered again; that the blind would see, the deaf hear, the lame walk; that not only their own people, but all the peoples of the earth, would be united in the blessings of everlasting peace. Clearly, their hopes were no different from ours or from any human being's: lasting peace, tranquil lives, sufficiency of food, an end to suffering, pain and misery.

Thus we hope for the same things as the Old Testament people, for their hopes are not yet realized. But we differ from them in two ways. First, the coming of Jesus in history, as a partial fulfillment of God's promises, immeasurably confirms and strengthens our hope. Secondly, we differ from the Old Testament people because Jesus has revealed to us that God is not afar off, but is already in our midst. Hence the importance in the Advent liturgy of John the Baptist and of Mary: because they recognized the new situation, they serve as models for the Church in discerning the presence of our Savior in the world.

Immaculate Conception Novena

Pray each day between November 29th and December 7th



O God, who by the Immaculate Conception of the Blessed Virgin Mary, did prepare a worthy dwelling place for Your Son, we beseech You that, as by the foreseen death of this, Your Son, You did preserve Her from all stain, so too You would permit us, purified through Her intercession, to come unto You. Through the same Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, God, world without end. Amen.

"A ti, oh Señor, levanto mi alma".

Este es el primer Domingo de Adviento y el comienzo de nuestros preparativos para la temporada navideña. Debo admitir que estoy particularmente emocionado de comenzar este nuevo año litúrgico. No porque creo que estamos llegando al final de Covid y toda la oscuridad y división que ha traído; no porque crea que voy a tener una buena presencia en Navidad o un gran bono navideño; oh no porque tenga grandes viajes planeados para este año. Estos diferentes ejemplos pueden suceder y, sí, serían emocionantes, pero la razón por la que me siento "elevado" tiene más que ver con la emoción que siento que está sucediendo en el mundo que me rodea. Es difícil expresar por qué siento que viene algo grandioso, aparte de eso, siento una conciencia mundana de que, después de tratar de encontrar siempre respuestas en la humanidad y su sabiduría, estamos comenzando a buscar respuestas en otro lugar.

Han sido dos años difíciles y, para esta generación, somos nuevos en experimentar dificultades y sacrificios. La mayoría de nosotros hemos confiado en el poder del hombre para resolver todos nuestros problemas. Creo que mucha gente se ha contentado con creer que tenemos todas las respuestas, pero siento que esta satisfacción está siendo desafiada. Siento que se acerca una iluminación. Las personas que antes eran escépticas acerca de Dios y la religión comenzarán a buscar la guía de la Iglesia. Vamos a buscar respuestas a preguntas que dejamos de hacer hace años. Vamos a ver la tecnología, el dinero y las redes sociales como medios para algo grandioso y no como fines en sí mismos. Este es el advenimiento de algo importante en el que las personas buscarán el lugar que les corresponde en relación con Dios y no en oposición a El.

Esta es definitivamente una razón para estar emocionado. Oro para que todos los que hemos luchado para amar a Dios y al prójimo, aunque no siempre tengamos éxito, compartamos nuestro entusiasmo y estemos listos para la oportunidad de revelar cuán grande es Dios y cuán grande es la fe. Todos hemos caminado en alguna oscuridad estos últimos años. ¡Es hora de que veamos verdaderamente nuestra Gran Luz y estemos listos para compartirla!

¡Feliz Adviento! Padre Michael

"Este es el Advenimiento a algo importante en el que las personas buscarán el lugar que les queda en relación con Dios."

Esperanza



[DE PG. 3] La gente del Antiguo Testamento tuvieron el coraje de esperar grandes cosas: que el desierto se convirtiera en tierra fértil, que su pueblo disperso y dividido se reunieron nuevamente, que los ciegos vuelvan a ver, los sordos oír, los cojos andar, que no sólo su propio pueblo, sino todos los pueblos de la tierra, se unieran en las bendiciones de la paz eterna. Es evidente que sus esperanzas no eran diferentes de las nuestras o de cualquier ser humano: Una paz duradera, vivir tranquilo, la suficiencia de alimentos, fin al sufrimiento, el dolor y la miseria.

Así que esperamos, lo mismo que la gente del pueblo del Antiguo Testamento, que sus esperanzas aún no se realizan. Pero nos diferenciamos de ellos de dos maneras. En primer lugar, la venida de Jesús en la historia, como un cumplimiento parcial de las promesas de Dios, infinitamente confirma y fortalece nuestra esperanza. En segundo lugar, nos diferenciamos de la gente del Antiguo Testamento, porque Jesús nos ha revelado que Dios no está lejos, sino que ya está entre nosotros. De ahí la importancia en la liturgia de Adviento de Juan el Bautista y de María: porque ellos reconocen la nueva situación, sirven como modelos para la Iglesia en el discernimiento de la presencia de nuestro Salvador en el mundo.

O most Holy Virgin, who was pleasing to the Lord and became His mother, immaculate in body and spirit, in faith and in love, look kindly on me as I implore your powerful intercession. O most Holy Mother, who by your blessed Immaculate Conception, from the first moment of your conception did crush the head of the enemy, receive our prayers as we implore you to present at the throne of God the favor we now request...

(State your intention here...)

O Mary of the Immaculate Conception, Mother of Christ, you had influence with your Divine Son while upon this earth; you have the same influence now in heaven. Pray for us and obtain for us from him the granting of my petition if it be the Divine Will.

Amen.

Advent - Week 1 Adviento - 1^o Semana



Al comenzar nuestro viaje de Adviento para marcar nuestro tiempo de espera por Jesús, incluiremos una Oración de Adviento semanal que puede usar cuando se reúna alrededor de su corona de Adviento en casa.

Esperanza

Primer Domingo de Adviento:

LECTURA

“Vienen días, dice el Señor, en que cump liré la promesa que hice a la casa de Israel y de Judá ...” (Jeremías 33:14). *“Mas velad en todo tiempo, orando para que tengáis fuerza para escapar de todas estas cosas que están por suceder, y podáis estar en pie delante del Hijo del Hombre.”* (Lucas 21:36)

Señor Dios, nos reunimos alrededor de esta corona y esperamos y nos preparamos para Tu venida una vez más a nuestras vidas. Mientras encendemos esta vela, envía tu Espíritu Santo, ya que solo puede disipar la oscuridad de nuestro pecado y llenarnos con la luz de tu Hijo, Jesús el Cristo. Bendice esta corona y nuestro vive mientras esperamos con gozosa esperanza tu venida.

Todos responden: Amén.

Líder: Jesucristo es la Luz del mundo y la Promesa del Padre. ¡Ven, Señor Jesús!

Todos responden: ¡Ven, pronto!

MAKE THE MOST OF ADVENT

- Decorate your tree but don't turn on the lights until Jesus is born (for He is the Light of the World).
- **Family Story Night.** Make Sundays of Advent family story time, telling/reading Christmas stories that teach Christian values. Make popcorn and cuddle.
- **Secret Saints.** Exchange names of family members (keeping your chosen person a secret if you can) and become his “Secret Saint” by doing hidden good deeds for him during this special time of the year.
- Pray for all those who send you cards, and for those to whom you send them.
- Prepare your hearts by going to the Sacrament of Confession together.

APROVECHA EL ADVIENTO AL MÁXIMO

- Decora tu árbol, pero no enciendas las luces hasta que nazca Jesús
- **Noche de cuentos familiares.** Haga de los domingos de Adviento un tiempo de cuentos familiares, contando / leyendo historias navideñas que enseñan valores cristianos.
- **Santos secretos.** Intercambie nombres de miembros de la familia (manteniendo a la persona elegida en secreto si puede) y conviértase en su “Santo Secreto” haciendo buenas acciones ocultas para él durante esta época especial del año.
- Ore por todos los que le envían tarjetas y por aquellos a quienes se las envía.
- Preparen sus corazones yendo juntos al Sacramento de la Confesión.

As we begin our Advent journey to mark our time of waiting for Jesus, we will include a weekly Advent Prayer you can use when you gather around your Advent wreath at home.

First Sunday of Advent: *Hope*

READING

“The days are coming, says the Lord, when I will fulfill the promise I made to the house of Israel and Judah...” (Jeremiah 33:14). *Be vigilant and pray that you have the strength to escape the tribulations that are imminent and to stand before the Son of Man.”* (Luke 21:36)

Lord God, we gather around this wreath and wait and prepare for Your coming once again into our lives. As we light this candle, send forth Your Holy Spirit, who alone can dispel the darkness of our sin and fill us with the light of Your Son, Jesus the Christ. Bless this wreath and our lives as we wait in joyful hope for Your coming.

All respond: Amen.

Leader: Jesus Christ is the Light of the world and Promise of the Father. Come, Lord Jesus!

All respond: Come, quickly!



Seeking to become Catholic?
¿Buscando convertirte en católico?
Contact RCIA@cathedralsacramento.org

Breakfast with God Every Saturday, 8AM

Prepare for Sunday Mass with Music, Prayer and Sunday's Gospel. Prepárese para la misa dominical con música, oración y evangelio dominical.

<https://is.gd/breakfastwithGod>

Breakfast with God

**Saturday
8:00 AM**



Cathedral Faith Formation this Week Catedral Formación en la Fe esta Semana

Families in Faith Formation: This Week's Sessions



Kids corner!
Esquina de niños

Please reference the Email sent to you and follow only your assigned Group Schedule. Consulte el correo electrónico que se le envió y siga solo su Programa de grupo signado.

- | | |
|-----------------------------|---|
| SAT
NOV 27 | No Faith Formation and
No Breakfast with God

10:00AM—Faith Formation Groups—
Singing for Festival of Trees
Mercy Hall/Breakout Rooms |
| SUN
NOV 28 | 8:00am Mass—BOW RCIA (weekly)
Church/St. Francis Room

9:15am—FFF* Family RCIA Augustine
Group St. Magdalene Room

10:00AM—FFF* Grupo Guadalupe
Mercy Hall |
| MON
NOV 29 | 6:30pm—Vespers — Mercy Hall
7:00pm—RCIA
Mercy Hall/Breakout Rooms |
| TUE
NOV 30 | 6:00pm—FFF Chiara Luce & Carlo
Acutis Groups Mercy Hall |
| SAT
DEC 4 | 8:00 AM—Breakfast with God

10:00AM—Faith Formation Groups—
Singing for Festival of Trees
Mercy Hall/Breakout Rooms |
| SUN
DEC 5 | 8:00am Mass—BOW RCIA (weekly)
Church/St. Francis Room

No FFF* Family RCIA

10:00am—FFF*Grupo Guadalupe
Mercy Hall/Breakout Rooms |



Advent is Here!

Today is the beginning of Advent, the time when we prepare for Christmas.



The word "advent" comes from the Latin word that means "coming". In Advent we are preparing for Jesus' coming. We look forward to Christmas, which is the celebration of His first coming and we also look forward to His second coming.



Did you know that the most important thing to have ready for Christmas is a clean soul?

During Advent you can try extra hard to be good. It is also a very good idea to go to confession before Christmas so that your soul will be good and clean when Jesus comes!



Mercy in Motion V4
Nov. 28 – Dec. 4, 2021
Mission Week
For info, please contact
Sr. Lisa Marie or Titi Kila



CATHEDRAL YOUNG ADULTS Reflections

Join CYA blog for Reflections, and discover this resource for your faith journey.

Discover: <https://is.gd/cathedralya>

December 11 (8am - 2pm) Advent Retreat

Prepare for Christmas with this guided retreat. Retreat Director: Dcn. Omar Bardales
For information or to RSVP: ammccormick@att.net

RETREAT:

"Christ is coming!"

Let us prepare the way
for the prince of Peace!



Tel: 916-583-8306

Email: sccc.contact@gmail.com

Website: www.sacchineseatholic.org/

 [@sacchineseatholic](https://www.facebook.com/sacchineseatholic)



Chinese Portal



A Glimpse of Spirituality (靈修一瞥) 2 Fr. Abraham Chiu 趙必成神父

We often judge people's value or worth by what they possess and give weight to their position in society, their educational qualifications, and their celebrity status. Jesus, however, measures us in a totally different way on the basis of our inner motives and the intentions hidden behind our actions. He evaluates us on the basis of the self-giving we make for others and on the degree of our surrender to God's holy will. The offering God wants from us is not our material possessions, but our hearts and lives. What is hardest to give is love and concern, because that gift costs us more than reaching for our wallets; that is life.

我們經常根據人們擁有的東西來判斷他們的價格或價值，並且重視他們的社會地位、學歷和知名度。但耶穌根據我們內在動機和隱藏在我們行為背後的意圖，以完全不同的方式衡量我們。他根據我們為他人的自我交付，以及我們對天主神聖旨意的順服程度來評估我們。天主要我們奉獻的，不是我們的物質財富，而是我們的心和生命。最難給予的是愛和關懷，因為，這禮物比伸手去拿錢包要花更多的，是生命。

EVERYDAY STEWARDSHIP - RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

- Preparing the Manger

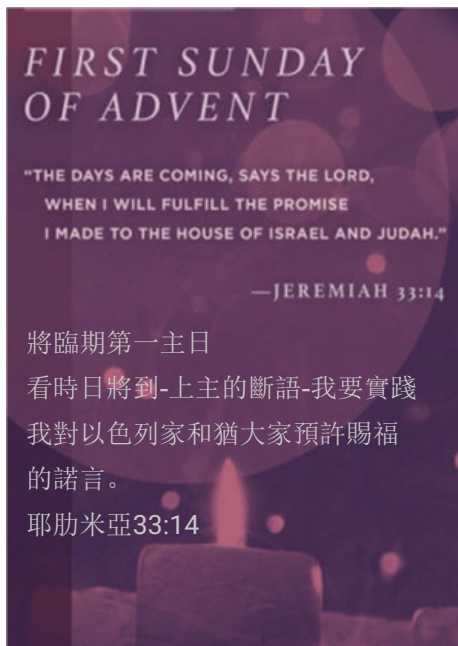
Where do you fall in the "Christmas-songs-in-November" debate — do you like them, tolerate them, or outright hate them? There's no theological problem with Christmas songs in November outside of worship, even if it's not everyone's cup of tea. But there is a problem with getting so caught up in the baggage of the season — the trimmings, the gifts, the celebrations, all of which are marvelous in their own way — that you forget to prepare the manger.

Every good Catholic knows that Lent is a penitential season. It's hard to miss that point — Lent doesn't even have any fun songs you can groove to on the radio. We are pretty good at recognizing that Lent calls us to examine ourselves. To deny ourselves. To give of ourselves. And most of all, Lent calls us to prepare, as a good steward does, for the return of our master.

It's harder for us to remember that with Advent, but Advent is just as much of an opportunity for penance, preparation, and reconciliation to God — and just as much reason, too. The very name of the season — "advent" — encourages us to focus on what is coming, not what is already here. Be on guard, the readings tell us today, "so that your hearts are not weighed down with dissipation and drunkenness and the worries of this life, and (the coming of the Lord) catch you unexpectedly, like a trap."

So let us not forget — our master's advent is upon us. And let us ask ourselves: how can we prepare the manger?

— Tracy Earl Welliver, MTS



每日當責 - 在日常生活中體會天主 - 準備好馬槽

"在十一月的聖誕歌曲"爭議中，你是處與於哪一類型的人，你喜歡它們嗎？還是容忍它們？還是完全討厭它們？即使這些歌曲不是每個人所喜歡的，但除了讚頌敬禮之外，十一月的聖誕歌曲沒有神學上的問題。但是它有這個季節性的問題包袱 - 就如裝飾品，禮物或慶祝活動，凡所有這些都自有他們的奇妙美好之處，而你忘了要準備好馬槽。

每位好的天主教徒，都知道四旬期是一個懺悔的時期，這點是不容錯過的 - 四旬期甚至也沒有一首有趣得可在電台上播放的歌曲。但我們非常懂得

四旬期召叫我們問好好審視自我，棄絕自我以及奉獻自我，最重要的，四旬期是召叫我們要做好準備，如同一位好家僕做好準備，等候主人的歸來。

在將臨期我們更不容易記住這點，將臨期也是同樣是一個對天主懺悔，準備與天主修和的機會，這個時期的名稱 - "將臨期" - 鼓勵我們專注即將來臨的，而不是已經存在的事情，保持警醒，今天的福音告訴我們，"你們應當謹慎，免得你們的心為宴飲沉醉，及人生的掛慮所累時，那意想不到的日子臨於你們。"

所以，讓我們不要忘記 - 我們的家主就將要來臨了，讓我們問問自己：我們要如何準備好馬槽？

— Tracy Earl Welliver, MTS

SACRAMENTS AND PREPARATION

Sunday, November 28, 2021 | 1st Sunday of Advent | Page 9

MASSES

The Cathedral is open for all services with Sunday and Holy Day of Obligation Masses broadcast via livestream on our Facebook and YouTube channels.

RECONCILIATION/CONFESSION

Monday—Friday: 11:30 am to 12:00 pm
Saturday: 4:00 to 5:00 pm

ANOINTING OF THE SICK

Make an appointment by calling the parish office.

MATRIMONY

No new bookings for 2021 until June 2022.
Contact Titi Kila at tkila@cathedralsacramento.org.

CONVALIDATION of MARRIAGE

If you would like your civil marriage blessed in the Catholic Church, or if you have been together for a number of years and would like to be married in the Church, contact Titi Kila at tkila@cathedralsacramento.org.

INFANT BAPTISM PREPARATION

Classes located in the Cathedral. *English*: 1st Thursday of the month at 7pm. *Spanish*: 2nd Thursday of the month at 7pm.



MARRIAGE PREPARATION

The Diocese requires all engaged couples to prepare for their union with a marriage preparation program no less than two months before the date of their wedding. Contact Deacon Omar & Janet Bardales at matrimonyprep@att.net or 916-427-9160.

CATHOLIC VIEWPOINT — With Fr. Kiernan & Guests

Shalom World TV –N.America: Tuesday at 9:30 am
<https://www.shalomworld.org/watchlive>
SacFaith TV: Sunday 7:00 am

Or view us on YouTube or our website:

www.catholicviewpointfhl.com

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BAPTISM

Contact Deacon John at the Parish Office
igisla@cathedralsacramento.org; 916-444-3071 Ext.11

Baptisms are scheduled in English at 9 AM on the first and third Saturday of each month; and in Spanish at 9 AM on the second and fourth Saturday of each month.

HOLY EUCHARIST

Following at least two years of faith formation, and signs of readiness, Children and Teens prepare for the Sacrament of the Holy Eucharist through a series of workshops for immediate preparation for the Sacrament. Adults prepare for the Sacrament through the RCIA. Contact Sister Lisa Marie for details at cathedralfaithformationsac@gmail.com

CONFIRMATION

The Cathedral offers programs of formation for the Sacrament of Confirmation to youth 7th grade and older and Adults. Please see the faith formation page of the website for information and/or to register.

HOLY ORDERS

Priests and deacons are ordained to perform ministerial roles in the community. To know more about the priesthood and /or deaconate, contact Fr. Mémo Hernandez at 916-733-0258.

FAMILY FAITH FORMATION AND EDUCATION

English and Spanish Online

The Cathedral offers weekly encounters for families to grow in faith together. This year we will study the Creed, taking a tenant each month and learn how to live it through weekly activities. Go to: www.cathedralsacramento.org/faithformation

RITE OF CHRISTIAN INITIATION FOR ADULTS/CHILDREN

(RCIA) Adults: Mondays, 7 pm

Children and Teens: Follow Family Program Online
For more information see page 6 of bulletin.

CATECHIST PREPARATION

Desire to help us pass on the faith to adults and children? Complete your application today at: <https://is.gd/cathedralvolunteer>
For more information [contact Sr. Lisa Marie](mailto:lisa.marie@dioceseofsacramento.org)

PARISH INFORMATION

Page 10 | Sunday, November 28, 2021 | 1st Sunday of Advent

MINISTRIES AND CONTACTS

SACRED LITURGY

Altar Servers

Michael Ognisty, mfognisty@msn.com

Cathedral Choir

Rex Rallanka, Director of Music, rrallanka@cathedralsacramento.org

Spanish Choir (12:00 pm) Spanish Choir (6:00 pm)

Jerry Vanoye Ricardo Zavala

Extraordinary Ministers of Holy Communion

Amy McCormick, amcmccormick@att.net

Greeters

Ruben Arocan, rubano_italiano@yahoo.com

Lectors

Maggie Jones, lector@cathedralsac.org

Ushers

Tom Waddock, tomwaddock@yahoo.com or 916-444-3071, x 36

PRAYER

Adoration

Titi Kila, cbsadoration@gmail.com

Evening Rosary Group

Eileen Dunn, dunneileen@hotmail.com

Friday Morning Rosary Group

John Fairbanks, john@capitolmr.com

Prayer Chain

Regina Fagan, prayer.chain.sacramento@gmail.com

Sunday Mass Rosary Group

Charlie Rush, chasjerrush@yahoo.com

FAITH FORMATION AND CATECHESIS

Catechists for Religious Education Ministry

Sr. Lisa Marie Doty, FDCC, cathedralfaithformationsac@gmail.com

Catechists for Religious Education Ministry/Spanish

Deyanira Galvez, Galvez.dgv@gmail.com

Rite of Christian Initiation for Adults (RCIA) Support Ministry

Sr. Lisa Marie Doty, FDCC, RCIA@cathedralsacramento.org

Catechesis of the Good Shepherd

For ages 3+ David Vincent, admin@youngsheep.org; www.youngsheep.org

SOCIAL and COMMUNITY SERVICE

Brown Bag Lunch Ministry

Marilynn Fairgood, Marilyn_Fairgood@att.net

Cathedral Docents Tour Ministry

Jill Pease, peasejill@gmail.com

Festival of Trees

Paula Trujillo, trupaula@gmail.com

Front Door Ministry

Deacon Hilbert, hilbertdoheva@aol.com

Gift Shop Volunteers

Susan Moeller, susandurand@ymail.com

Hospitality

Celeste Gisla, jfgisla@att.net

Office Ministry

Deacon John Gisla, jgisla@cathedralsacramento.org

Outreach to the Homebound

Deacon Omar Bardales, omarcpa@att.net

Media Ministry

Titi Kila, communication@cathedralsac.org

Respect Life Ministry

Liliana Balderrama, michoacan8888@gmail.com

Volunteer Corps

Tom Waddock, tomwaddock@yahoo.com or 916-444-3071, x 36

COMMUNITY GROUPS

Benedictus Youth Group

Titi Kila, benedictusyg@gmail.com

Cathedral A.C.T.S.

John Fairbanks, actscathedralsacto@gmail.com

Cathedral Young Adults

Victoria Ramos, cathedralrya@gmail.com

Chinese Community

Oliver Wan sccc.contact@gmail.com

Knights of Columbus

Jaime Elizaldi, jaime.elizaldi@gmail.com

Spanish Parents Group Leaders

Leticia Hilbert, leticia_hilbert@hotmail.com

PASTORAL AND ADMINISTRATIVE STAFF

Fr. Michael O'Reilly, *Pastor/Rector*

Fr. Abraham Chiu, *Chinese Mass*

Fr. Memo Hernandez, *In Residence*

Fr. Michael Kiernan, *In Residence*

Deacon John Gisla, *Office Manager*

Deacon Edgar Hilbert

Deacon Omar Bardales

Sr. Lisa Marie Doty, FDCC

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Rex Rallanka, *Director of Music*

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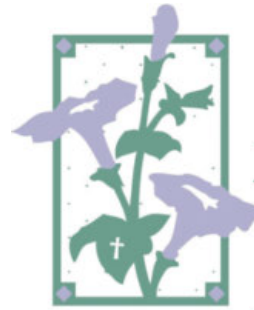


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