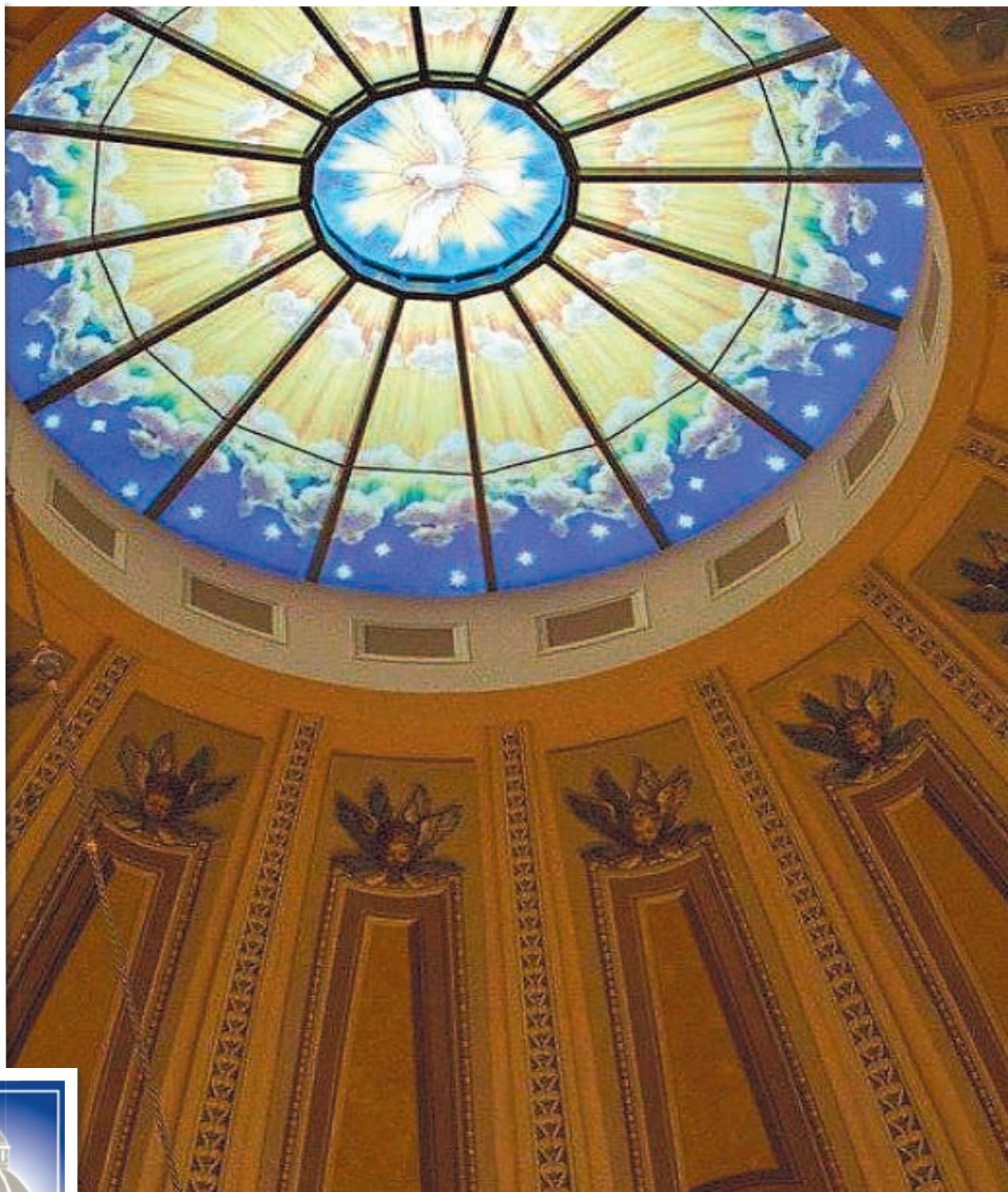


Volume 18 \* Issue 20



# Cathedral of the Blessed Sacrament

May 20 2018 \* PENTECOST



# Pastor's Corner

Pentecost

Another birth  
this time a daughter.  
Not a silent star.  
Thundering into the world  
full of grace  
demanding her inheritance.  
Daddy's little girl.  
He will always love her  
knowing someday  
when she figures it out  
she will come back.

~Father Michael~



**Q:** How do we know when we receive the Holy Spirit?

**A:** My brothers and I discovered something as we got older. There's a little bit of dad in us. Each time we catch ourselves using one of his gestures, expressions, or comments about a meal, we say, "I'm getting more like Dad!" Many laughs and good-natured kidding have come out of it. Mom loves it, and so does Dad, although I doubt he'd admit it!

When we are confirmed, we receive the gifts of the Holy Spirit. There is no radical change in us that makes us seem suddenly different. Over a period of time, we come to see that there is a little bit of the Spirit in us. We catch ourselves using the gifts, and often end up wondering where a bit of wisdom came from, or why we were so patient or we feel an intensity in our prayer. Perhaps we felt drawn to deepen our spiritual life or found courage in witnessing to our faith. That's when we know we have received the Holy Spirit. We take on his image. Yes, we grow in age, grace, and wisdom, but we also grow in our awareness and understanding of the working of God in our life. We become more godlike, realizing we're getting more and more like God. Our thoughts, words, and actions carry that quality and others, too, see it in us. You might call it holiness. But be confident! There's a little bit of him in all of us. (© LPi)

“Those whose hearts are pure are  
temples of the Holy Spirit.”  
~Saint Lucy~



“Don’t allow sadness to dwell in  
your soul, for sadness prevents the  
Holy Spirit from acting freely.”  
~Saint Padre Pio~



“Every divine action begins from  
the Father, proceeds through the  
Son, and is completed in the  
Holy Spirit.”  
~Saint Basil~



COME, HOLY SPIRIT,  
and fill my heart with Your gifts.  
Let my love be true and my charity  
be generous. Help me in all my  
needs, and grant my knowledge to  
do what is right. Advise me in my  
doubts, strengthen me in my weak-  
ness, protect me when I am tempt-  
ed and console me when I am  
afraid. Graciously hear me,  
O Holy Spirit, and pour Your  
light into my heart, mind and soul.  
Help me to live a holy life and  
grow in goodness and grace.

AMEN

## This is why the devil hates the Virgin Mary

Philip Koslowski | [Aleteia.org](http://Aleteia.org)

One of the surest ways of combatting the devil is by developing a close relationship with the Blessed Virgin Mary. The devil hates her and runs away from those who are close to her.

According to Italian exorcist Fr. Sante Babolin, “while I was insistently invoking the Most Holy Virgin Mary, the devil answered me: ‘I can’t stand That One (Mary) anymore and neither can I stand you anymore.’”

Furthermore, he discovered that “the strongest reactions’ of the devil during the exorcism occur ‘when references are made to her apparitions.’” Therefore, Babolin frequently invokes the Virgin Mary under her titles of “Lourdes, Fatima or Guadalupe.”

Famed exorcist Fr. Gabriele Amorth confirmed this reality in his dialogues with the devil, where the devil said to him, “I am more afraid when you say the Madonna’s name, because I am more humiliated by being beaten by a simple creature, than by Him.”

Pope Francis related similar words in a homily at St. Mary Major, “Where the Madonna is at home the devil does not enter; where there is the Mother, disturbance does not prevail, fear does not win.”

Why is the devil so afraid of the Virgin Mary, a simple girl from Nazareth?

During the Rite of Exorcism, the priest will pray, “The glorious Mother of God, the Virgin Mary, commands you; she who by her humility and from the first moment of her Immaculate Conception crushed your proud head.”

This prayer is referring to a prophecy foretold in the book of Genesis, where God said to the serpent, “I will put enmity between you and the woman, and between your offspring and hers; he will strike your head, and you will strike his heel” (Genesis 3:15). The verse can also be translated as “she will strike your head,” and has traditionally been applied to the Blessed Virgin Mary.

Her humility was so radical that it crushes the “proud head” of Satan and is the surest defense against him and his attacks. As the devil told Fr. Amorth, “She makes me angry because she is the humblest of all creatures, and because I am the proudest; because she is the purest of all creatures, and I am not; because, of all creatures, she is the most obedient to God, and I am a rebel!”

Thus, if someone wants to defeat the work of evil in their own lives and the world, one of the strongest responses is to fly to the Virgin Mary. St. Padre Pio agreed with this when he said, “Some people are so foolish that they think they can go through life without the help of the Blessed Mother. Love the Madonna and pray the Rosary, for her Rosary is the weapon against the evils of the world today. All graces given by God pass through the Blessed Mother.”



**TODAY:** Join us in celebrating the **18TH ANNIVERSARY OF ST. TORIBIO'S CANONIZATION**, May 20, 2018, at the 1:00 pm Mass, followed by a Pot Luck Picnic at East Portal Park, 1120 Rodeo Way (51<sup>st</sup> & M Streets). There will be piñatas & fun for the whole family! For more information, call Jesus & Teresita Romo, (916) 362-5950

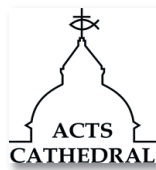


**"CATHOLIC VIEWPOINT, FAITH, HOPE AND LOVE,"** half hour interviews of guests by Fr. Michael Kiernan, airs on Comcast Channel 20, Consolidated/19 and AT&T/14, at 7:00am Sunday, 9:30am Tuesday, 8:30pm Wednesday and 5:00pm Thursday. Any comments, questions or ideas are welcome at Catholicviewpoint@gmail.com.



Also, all the shows are on YouTube. You simply type in "Catholic Viewpoint, Faith Hope and Love," in the YouTube search bar. Then click on the icon, as shown on the left here, which will give you access to all the shows in one place. Recent guests have been Bishop Quinn, Sr. Eileen Enright, RSM and Fr. Paul Mark Schwan, from the Trappist Monastery in Vina.

**BROWN BAG LUNCH MINISTRY** is looking for a few faithful servants to volunteer on Tuesdays, Wednesdays, Thursdays, OR Fridays from 7:30 am – 9:00 am, in Cathedral Mercy Hall, to distribute brown bag lunches to God's children and show a caring, compassionate, and loving attitude, as our model Jesus. Volunteering for this special work will bring you rewards you never expected and open your eyes to things you'll never be able to ignore again. You do not need any special skills, just model the love of Jesus. Be part of a great team. No experience necessary. Apply by emailing: JerriRush@comcast.net or call (916) 216-9702.



**CATHEDRAL WOMEN'S ACTS RETREAT REGISTRATION**

**When:** After the Saturday Vigil Mass, May 26<sup>th</sup> and ALL Sunday Masses, May 27<sup>th</sup>

**What:** Cathedral Women's ACTS retreat held on Thursday evening June 21st through Sunday morning June 24th. Retreat is at the beautiful Applegate Retreat Center located outside Auburn.

Cost of the retreat is \$250.00, which includes a 3-night stay, meals and transportation to and from the Cathedral.

**Why:** An ACTS retreat is designed to provide an opportunity for retreatants to enter into a new and deeper relationship with OUR LORD and fellow parishioners.

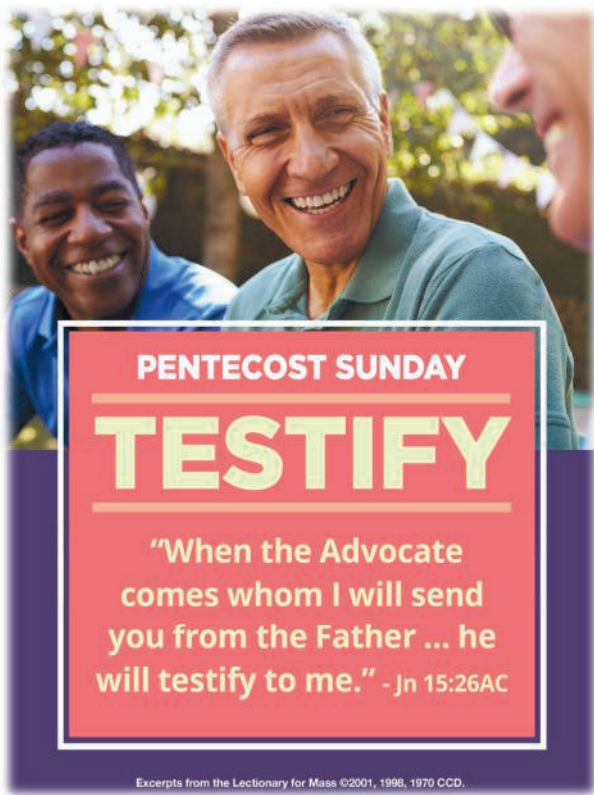
**Who:** Any woman age 19 or older.

**How:** Applications are accepted on a first come-first served basis. A \$125.00 non-refundable deposit is due with the ACTS application at sign-up. Also bring emergency contact information with phone and email information. Plus, phone and email information for additional family or close friends.

We hope you will prayerfully consider attending this life changing retreat.

If unavailable on this weekend, but you'd like to attend the retreat, please contact the retreat Director, Susanna Romo at (916) 568-9088 or Jerri Rush at (916) 216-9702.

--Tracy Earl Welliver, MTS



**EVERYDAY STEWARDSHIP**

On this Pentecost Sunday, if you come to Mass at my parish you will see a sea of red all around. The choir, the lectors, the extraordinary ministers of Holy Communion, the people in the pews, and of course the celebrant and our deacon, will all be wearing red. We are one of those parishes that strive to reflect the color of the liturgy in our dress. It can be a sight to see.

What we put on our bodies serves only as a reminder of what is really important during these liturgical celebrations. At Pentecost, it was the Spirit of God that filled those in the first Christian community. We wear red to call to mind that very Spirit, often depicted as a fire or flame. However, if we just use red as a reminder of the power of the Spirit without letting it change us, then our actions become merely sentimental.

We are filled with the Holy Spirit through the sacraments of the Church. God touches us and enters into us in a profound way, just like in that upper room at Pentecost. That first powerful movement of the Spirit led to a Church that grew and flourished and remains alive today. What is the movement of the Spirit within calling you to do today? Do we allow God to move us and do great things through us? Red is a bold color to wear at any time. But our actions should be even bolder.

*Please remember in your prayers...*

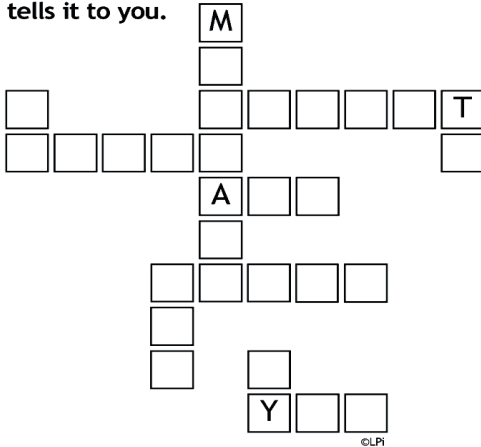
Deacon Don DeHaven	Beverly Rogers	Flora Bagcal	Luis Gutierrez, Jr.
Karla	Linda Dixon	Minda Swars	Lola Krist +
Briceida Lopez	Joel & Cesar	Jennifer Swars	Luz and Miguel
Rick and Anna Carpineta	Mariana Gonzalez	Emily West	Ted Brandt & Family
Jo	Jessie LaRay	Adrian John Bayan	Tony Vasconcelles' Mother
Sonia	Sophia LaRay	João Roberto da Silveira Franco	Candace & Robbie Cattaneo
A Gerard	Elizabeth	Alfredo Rivera	Shelley Lord & Family
Tiler	Delores Abella S.I.	Michael Jose Mejia	Joseph Sailas+
Faye	Jeremy Smock S.I.	Luis Gutierrez, Sr	W. Gualberto Family



### Puzzle

Fit this Gospel message into the empty squares:

**The Spirit takes my message and tells it to you.**



**Sharing the Gospel** - One day one of your best friends may move away, and you won't see him every day. You can still stay close to your friend by talking on the phone, writing letters, or sending e-mail messages. Jesus knew he would be leaving. He would not see his friends every day. Jesus promised to send his Spirit to them. When they were confused, the Spirit would show them the truth. When they missed him, Jesus would send them messages by the Holy Spirit. Through the Spirit, Jesus could always stay close to his friends.

**Prayer** - God, thank you for sending your Spirit so I can stay close to Jesus, too.

**Mission for the Week** - Before you sit down to read a Bible story, ask God to send his Spirit to help you. When you listen carefully to God's word, the Spirit can send you a special message from Jesus!



Read the Gospel and Color



Date	Mass / Intentions	Observances & Readings	Activities
<b>Saturday May 19</b>	5:00 pm / Mani Abdul + Maura(nee) Walls +	Gn 11:1-9 or Ex 19:3-8a, 16-20b or Ez 37:1-14 or Jl 3:1-5/Ps 104:1-2, 24, 35, 27-28, 29, 30 [cf. 30]/Rom 8:22-27/Jn 7:37-39	9:00am Baptisms - English 10:00am CCD Classes - Close of Program <b>5:00pm Mass/Diocese Confirmations</b>
<b>Sunday May 20</b>	7:30 am / People of the Parish 9:00 am / Souls in Purgatory 11:00 am* / Robin Fayko S.I. 1:00 pm Spanish / Maria Montejano + Rodrigo Rivera S.I. (15th Birthday) 3:00 pm Chinese 5:00 pm / Cathedral Youth Group S.I. 7:00 pm Spanish/Luis Martinez Lemus + Margarita Ceja +  <b>~ No Tours Today ~</b>	<b>PENTECOST SUNDAY</b> Acts 2:1-11/Ps 104:1, 24, 29-30, 31, 34 [cf. 30]/1 Cor 12:3b-7, 12-13 or Gal 5:16-25/Jn 20:19-23 or Jn 15:26-27; 16:12-15	9:00am Baptism Sunday <b>11:00am Mass/Cathedral Confirmations</b> 11:00am Spanish Speaking Adult Education in Mercy Hall 2:30pm Rosary recitation before the Chinese Mass  *Liturgy of the Word for Children at the 11am Mass
<b>Monday May 21</b>	12:10 pm / Rosa Godinez S.I. 5:10pm / Socorro Pacheco S.I.	<b>St. Christopher Magallanes, Priest, and Companions, Martyrs</b> Jas 3:13-18/Ps 19:8, 9, 10, 15 [9a]/Mk 9:14-29	
<b>Tuesday May 22</b>	12:10 pm / Emma & Neil Rust S.I. 5:10 pm / Consuelo Parra +	<b>St. Rita of Cascia, Religious</b> Jas 4:1-10/Ps 55:7-8, 9-10a, 10b-11a, 23 [23a]/Mk 9:30-37	6:00pm Spanish Choir Rehearsal for the 7pm Mass 7:00pm Rite of Sending Forth
<b>Wednesday May 23</b>	12:10 pm / Luis Martinez Lemus + Diana Nishiura + 5:10 pm / Pauline Marie Deleon S.I.	Jas 4:13-17/Ps 49:2-3, 6-7, 8-10, 11 [Mt 5:3]/ Mk 9:38-40	7:00pm Spanish Choir Rehearsal for the 1pm Mass 7:15pm English Choir Rehearsal 7:15pm Communion & Liberation
<b>Thursday May 24</b>	12:10 pm / Nancy McFadden + Bonnie Reiss + 5:10 pm / Souls in Purgatory	Jas 5:1-6/Ps 49:14-15ab, 15cd-16, 17-18, 19-20 [Mt 5:3]/Mk 9:41-50	7:00pm Bible Timeline
<b>Friday May 25</b>	12:10 pm / Leonor De Asis +	<b>St. Bede the Venerable, Priest &amp; Doctor of the Church; St. Gregory VII, Pope</b> Jas 5:9-12/Ps 103:1-2, 3-4, 8-9, 11-12 [8a]/ Mk 10:1-12	



# Esquina del Pastor

Pentecostés

Otro nacimiento  
esta vez una hija  
No es una estrella silenciosa.  
Entrando en el mundo  
lleno de gracia  
exigiendo su herencia.  
Niña de papá.  
Él siempre la amará  
sabiendo algún día  
cuando ella se da cuenta  
ella volverá.

~Padre Michael~



**P:** ¿Cómo sabemos cuándo recibimos el Espíritu Santo?

**R:** Mis hermanos y yo descubrimos algo a medida que crecíamos. Hay un poco de papá en nosotros. Cada vez que nos vemos usando uno de sus gestos, expresiones o comentarios sobre una comida, decimos: "¡Me estoy pareciendo más a papá!" Muchas risas y bromas bondadosas han salido de eso. A mamá le encanta, y papá también, aunque dudo que lo admitiera.

Cuando somos confirmados, recibimos los dones del Espíritu Santo. No hay un cambio radical en nosotros que nos haga parecer repentinamente diferentes. Durante un período de tiempo, llegamos a ver que hay un poco del Espíritu en nosotros. Nos damos cuenta de que usamos los regalos y, a menudo, terminamos preguntándonos de dónde vino un poco de sabiduría, o por qué fuimos tan pacientes o sentimos una intensidad en nuestra oración. Tal vez nos sentimos atraídos por profundizar nuestra vida espiritual o encontrar valor al dar testimonio de nuestra fe. Entonces es cuando sabemos que hemos recibido el Espíritu Santo. Tomamos su imagen. Sí, crecemos en edad, gracia y sabiduría, pero también crecemos en nuestra conciencia y comprensión del trabajo de Dios en nuestra vida. Nos volvemos más divinos, dándonos cuenta de que nos estamos pareciendo cada vez más a Dios. Nuestros pensamientos, palabras y acciones tienen esa calidad y otros también lo ven en nosotros. Podrías llamarlo santidad. ¡Pero ten confianza! Hay un poco de él en todos nosotros. ( © LPI)



## DOMINGO DE PENTECOSTÉS

# EL CONSOLADOR

"Cuando venga el  
Consolador, que yo  
les enviaré a ustedes  
de parte del Padre ... él  
dará testimonio de mí".

- Jn 15, 26AC

Leccionario II © 1987 Comisión Episcopal de Pastoral Litúrgica de la Conferencia del Episcopado Mexicano.

### LA CORRESPONSABILIDAD DIARIA

En este Domingo Pentecostés si vienes a misa en mi parroquia veras un río de rojo por todos lados. El coro, los lectores, los ministros extraordinarios de comunión, la gente en los bancos y claro el celebrante y el diacono estarán todos vestidos de rojo Es un espectáculo.

Lo que vestimos sirve solo como un recordatorio de lo que es importante en estas celebraciones litúrgicas. En Pentecostés, fue el espíritu de Dios que lleno a los cristianos de la primera comunidad Cristiana. Usamos rojo para recordar al Espíritu, representado como una flama o un fuego generalmente. Sin embargo si solo usamos rojo para acordarnos del poder del Espíritu sin dejar que nos cambie entonces nuestra acción será solo sentimental.

Los sacramentos de la Iglesia nos llenan del Espíritu Santo. Dios nos toca y entra en nosotros de una manera profunda, como en Pentecostés. Ese primer movimiento del Espíritu creo una Iglesia que creció y floreció, y que permanece viva hoy. ¿Qué te llama a hacer, desde tu interior el que Dios nos mueva y haga grandes cosas con nosotros? Rojo es un color fuerte que usamos en cualquier momento. Las acciones tienen que ser aún más fuertes.

--Tracy Earl Welliver, MTS

¡VEN,

ESPÍRITU

SANTO!

### LAS LECTURAS Y CONMEMORACIONES SEMANALES

de la semana del 20 de mayo de 2018

Domingo: Vigilia: Gn 11, 1-9 o Ex 19, 3-8. 16-20 o Ez 37, 1-14 o Jl 3, 1-5/ Sal 104, 1-2. 24. 35. 27-28. 29. 30 [cfr. 30]/Rom 8, 22-27/Jn 7, 37-39

Vigilia extendida: Gn 11, 1-9/Sal 33, 10-11. 12-13. 14-15/Ex 19, 3-8. 16-20/ Dn 3, 52. 53. 55. 56 o Sal 19, 8. 9. 10. 11/Ez 37, 1-14/Sal 107, 2-3. 4-5. 6-7. 8-9/

Jl 3, 1-5/Sal 104, 1-2. 24. 35. 27-28. 29. 30 [cfr. 30]/Rom 8, 22-27/Jn 7, 37-39

Día: Hch 2, 1-11/Sal 104, 1. 24. 29-30. 31. 34 [cfr. 30]/

1 Cor 12, 3-7. 12-13 o Gal 5, 16-25/Jn 20, 19-23 o Jn 15, 26-27; 16, 12-15

Lunes: Sant 3, 13-18/Sal 19, 8. 9. 10. 15 [9]/Mc 9, 14-29

Martes: Sant 4, 1-10/Sal 55, 7-8. 9-10. 10-11. 23 [23]/Mc 9, 30-37

Miércoles: Sant 4, 13-17/Sal 49, 2-3. 6-7. 8-10. 11 [Mt 5, 3]/Mc 9, 38-40

Jueves: Sant 5, 1-6/Sal 49, 14-15. 15-16. 17-18. 19-20 [Mt 5, 3]/Mc 9, 41-50

Viernes: Sant 5, 9-12/Sal 103, 1-2. 3-4. 8-9. 11-12 [8]/Mc 10, 1-12

Sábado: Sant 5, 13-20/Sal 141, 1-2. 3 y 8 [2]/Mc 10, 13-16

### LAS CONMEMORACIONES

Domingo: Pentecostés

Lunes: San Cristóbal Magallanes y compañeros mártires

Martes: San Rita de Casia, religiosa

Viernes: San Beda el Venerable, sacerdote y doctor de la Iglesia; san Gregorio VII, papa; santa María Magdalena de Pazzi, virgen

Sábado: San Felipe Neri, sacerdote

### VIVIR LA LITURGIA - INSPIRACIÓN DE LA SEMANA

"Envía tu espíritu y renueva la faz de la tierra!" Solo sabemos que el viento existe por lo que hace. Una pequeña brisa en nuestra cara, al ver un árbol danzando, un copo de nieve moviéndose prueba la existencia de "algo" causando estos movimientos. Pero, aparte de sus efectos, no podemos ver su origen o la substancia del viento. El Espíritu Santo es el viento de Dios. Cuando la gente ve una nueva iglesia, ve gente creyendo por lo que ven: discípulos de Jesús cambiando la manera de vivir sus vidas y de la manera que ,llevar a cabo sus actividades, observan el valor y convicción de aquellos que han encontrado su fe, que trabajan por la justicia, que le dan de comer a los pobres, contemplando el poder del amor, y viendo como sanan las heridas; siendo testigos de la presencia del Espíritu Santo, dándonos a saber que existe algo mas grande que nosotros, trabajando y viviendo con nosotros. ¿Cómo vivimos como testigos del Espíritu Santo?



### RETIRO DE MUJERES DE ACTS CATEDRAL INSCRIPCIONES

**Cuando:** Despues the la Misa del Sabado 26 de mayo, y despues de todas las Misas del Domingo, 27 de mayo.

**Que:** Retiro de mujeres de ACTS que se iniciara el jueves en la noche del 21 de junio al Domingo, 24 de junio. El retiro tendra lugar en el Centro de Retiros de Applegate que esta ubicado en Auburn. El costo del retiro es \$250.00 que incluye 3 noches, con comidas y transportacion de ida y vuelta de la Catedral.

**Porque:** El retiro de ACTS es disenado para dar la oportunidad de entrear a una nueva y mas profunda relacion con Dios y con nuestra comunidad.

**Quien:** Mujeres de la edad de 19 anos o mas.

**Como:** Regstraciones seran aceptadas hasta que el cupo se llene (34 personas). Un deposito de \$125.00 (no retornable) se require con la registracion. Favor de traer numeros de telefonos y correo electronicos de miembros de su familia or amistades cercanas.

Esperamos que consideren en oracion asistir a este retiro que cambia vidas!

Si no pueden asistir a este fin de semana, pero les gustaria en otra ocasion, favor de ponerse en contacto con la Directora del Retiro, Susanna Romo (916) 955-8137 o Teresa Navarrete 916- 716-6701.



"The Cathedral is for everyone." ~Bishop Patrick Manogue, 1886~

# Cathedral of the Blessed Sacrament

1017 11th Street, Sacramento, CA 95814  
916-444-3071, Fax 916-443-2749, [cathedralsacramento.org](http://cathedralsacramento.org)  
Rectory Office Hours — Monday to Friday, 9:00 am to 5:00 pm

PENTECOST



## PASTORAL AND ADMINISTRATIVE STAFF

**Father Michael O'Reilly, Rector**  
**Father Kieran McMahon, Priest in Residence**  
**Father Nicholas Ho, Chinese Mass**  
Deacon John Gisla, Office Manager  
Deacon Don DeHaven  
Deacon Edgar Hilbert  
Sister Jenny Aldeghi, Director of Education  
Michael Ognisty, Sacristan  
Rex Rallanka, Director of Music  
Tom Waddock, Cathedral Manager  
Carmen Perez, Secretary  
Katie McAllister, Bookkeeper  
Tit Kila, Wedding Coordinator

## RELIGIOUS EDUCATION PROGRAM

The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A for teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program. For information on all of these programs, contact Sister Jenny and her staff at [jeny@cathedralsacramento.org](mailto:jeny@cathedralsacramento.org), or 916-444-5364

**Liturgy of the Word for Children**, ages 5 to 10 years old, every Sunday at the 11:00 am Mass. This program provides children with age appropriate explanations of the Sunday readings and gives parents with young children an opportunity to focus on the Scripture readings and the homily without distractions. Children return to their families before the Offertory. For more information, contact the education office or Dorothy Corgiat at [dlcorgiat@yahoo.com](mailto:dlcorgiat@yahoo.com).

## SCHEDULE OF MASSES

Monday to Friday	12:10 pm
Monday to Thursday	5:10 pm
Saturday Vigil	5:00 pm
Sunday	7:30 am
	9:00 am
	11:00 am
	1:00 pm en Español
	3:00 pm Chinese
	5:00 pm
	7:00 pm en Español
State Holidays	12:10 pm only

## SACRAMENT OF CONFESSION

Monday to Friday	11:30 am to 12:00 pm
Saturday	4:00 pm to 4:45 pm
Domingo en Español	12:30 pm a 12:45 pm
	6:30 pm a 7:00 pm

## EUCCHARISTIC ADORATION

### When attendants are available:

Wednesday	12:45 pm to 4:45 pm
Thursday	12:45 pm to 4:45 pm
Friday	12:45 pm to 3:45 pm

## ANOINTING OF THE SICK - By appointment

## BAPTISMS (Registration is required)

English - 3rd Saturday of the month, 9:00am  
Español - 4º Sábado del mes, 9:00am

## BAPTISM CLASSES

English - 1st Thursday of the month, 7:00pm  
Español - 2do jueves del mes, 7:00pm

## TOURS

Tours are free and are led by trained Docents after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours in Spanish are held the 1st & 3rd Sundays of the month after the 1pm Mass. Tours begin at the Baptismal Font. Contact 916-444-3071 to arrange free private group tours.

## GIFT SHOP on the Lower Level

Sundays 9:00 am to 3:00 pm



ROMAN CATHOLIC  
**DIocese OF SACRAMENTO**  
DIÓCESIS CATÓLICA ROMANA DE SACRAMENTO

The Most Reverend **Jaime Soto, D.D., M.S.W**  
Bishop of Sacramento

View the Sacramento Bishop's Corner, which is sent via the Catholic Legislative Network to all subscribers in the Diocese of Sacramento who sign up at [www.scd.org/joincn](http://www.scd.org/joincn)

2110 Broadway, Sacramento, CA 95818  
Office Hours: 8:30am - 4:30 pm  
Phone 916-733-0100, Fax 916-733-0195

[scd.org](http://scd.org)

## ~Bulletin Ministry~

Editor: Lyssa Black  
Advisor: Father Michael O'Reilly



### Regular Contributors

Admin: Linda Walter  
Photos: Adrian Mata, Elvie McRae, Titi Kila  
Articles: John-David Black, Philip Koslowski,  
Reggie King, Brian Perez, Leticia Hilbert  
Spanish Translations: Leticia Hilbert, Carmen Perez  
Chinese News: Kenneth Ng, Ellis Chan

Send submissions to [cathedralsacramento@gmail.com](mailto:cathedralsacramento@gmail.com)



## JOIN A CATHEDRAL MINISTRY

**Altarservers** contact Michael Ognisty at [mfognisty@msn.com](mailto:mfognisty@msn.com).

**Benedictus Youth Group** contact Victoria Ramos at 916-444-3071, or [benedictusy@gmail.com](mailto:benedictusy@gmail.com).

**Brown Bag Lunch Ministry** — If you would like to donate lunches or volunteer your time, please contact Jerri at [jerrirush@comcast.net](mailto:jerrirush@comcast.net). For further information, please visit [cathedralsacramento.org/ministries](http://cathedralsacramento.org/ministries).

**Catechesis of the Good Shepherd** for ages 3+, for information, visit [www.youngsheep.org](http://www.youngsheep.org), or call 916-910-3435.

**Cathedral ACTS Missions** contact Susanna Romo, at (916) 955-8137 for more information. 2018 Retreats are Women's Retreat June 21-24 (Cathedral of the Blessed Sacrament), Women's Retreat August 16-19 (St. Rose of Lima, Roseville), Men's Retreat November 15-18 (Cathedral of the Blessed Sacrament).

**Cathedral Men's Group** meets the 2nd Tuesday of every month at 7:15 pm, Lower Level. Contact Bob Meyers at [cynm1@yahoo.com](mailto:cynm1@yahoo.com).

**Cathedral Young Adults** contact Titi Kila at [cathedralya@gmail.com](mailto:cathedralya@gmail.com).

**Choir (English)** contact Rex Rallanka, Music Director at [rrallanka@cathedralsacramento.org](mailto:rrallanka@cathedralsacramento.org) or 916-444-3071, x 38.

**Choir (Spanish)** contact Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after the 7pm Mass.

**Communion & Liberation** catechesis meets every Wednesday at 7:15pm in the Cathedral Lower Level.

**Email Prayer Chain** submit your email address, and you will be notified when prayers are needed by those who have made a special request. Contact Lynne Amerson at [cbs1017pc@yahoo.com](mailto:cbs1017pc@yahoo.com).

**Extraordinary Ministers of Holy Communion** contact Amy McCormick at [ammccormick@att.net](mailto:ammccormick@att.net), or 916-801-3967.

**Front Door Ministry** contact [ministries@cathedralsacramento.org](mailto:ministries@cathedralsacramento.org) for information about volunteering or donations.

**Greeters and Ushers** contact Tom Waddock at 916-444-3071, x 36.

**Knights of Columbus, Cathedral Chapter** contact the rectory office.

**Lectors** contact Fred Heacock at [fheacock72@hotmail.com](mailto:fheacock72@hotmail.com).

**Respect Life Ministry** contact Linda Walters, English Coordinator at 916-524-5885, or Patricia Davila, Spanish Coordinator at 916-502-4854, or email [Veronicaavina@yahoo.com](mailto:Veronicaavina@yahoo.com) for meeting times and other information.

**Rosary Club** (Rosary Beads and instructions are provided) meets every 1st & 3rd Wednesday of each month at 7:15 pm. You don't need to sign up, just show up. For more information, contact Lolita Urrutia at [lolita.urrutia@gmail.com](mailto:lolita.urrutia@gmail.com).

**Saint Vincent de Paul, Cathedral Chapter** contact the rectory office.

**Spanish Parents Group Leaders** meets every Sunday, contact Leticia Hilbert at [leticia\\_hilbert@hotmail.com](mailto:leticia_hilbert@hotmail.com).

To learn more about the ministries at the Cathedral,  
visit our website:

[cathedralsacramento.org](http://cathedralsacramento.org)



## GET MARRIED AT THE CATHEDRAL

If you would like to celebrate the Sacrament of Matrimony at the Cathedral, download the Cathedral Wedding Guidelines and Reservation Form on the cathedral website. Contact the parish office at least *six months* before your desired wedding date to arrange a meeting with Wedding Coordinator, Titi Kila, at the Cathedral Office, 916-444-3071, x13, [tkila@cathedralsacramento.org](mailto:tkila@cathedralsacramento.org).

## MARRIAGE PREPARATION

The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Janet & Omar Bardales at [matrimonyprep@att.net](mailto:matrimonyprep@att.net), or 916-427-9160, or Sister Jenny at 916-444-5364. You do not have to have your wedding at the Cathedral in order to take this class.

## QUINCEAÑERA

This is the tradition of celebrating a young girl's coming of age on her 15th birthday with a Mass, and highlights the virtues of family and social responsibility, recognizing her journey from childhood to maturity. For more information on celebrating this beautiful tradition at the Cathedral, call Titi Kila, at the Cathedral Office, 916-444-3071, x13, [tkila@cathedralsacramento.org](mailto:tkila@cathedralsacramento.org).

## CATHEDRAL PARISH REGISTRATION & UPDATE

### Actualización y registro de la parroquia de la Catedral

You can also register online at [cathedralsacramento.org](http://cathedralsacramento.org) / Visit Us / Register as a Parishioner

Name (*Nombre*): \_\_\_\_\_

Street Address (*Domicilio*): \_\_\_\_\_

City (*Ciudad*): \_\_\_\_\_

State (*Estado*): \_\_\_\_\_ Zip (*Código postal*): \_\_\_\_\_

Phone (*teléfono*): (\_\_\_\_\_) \_\_\_\_\_

Cell Phone (*Celular*): (\_\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_

For additional family members, please attach a separate sheet.

Please indicate:

Por favor indique:

New Parishioner/Individual

Nuevo Parroquiano / Individuo

New Parishioners/Family

Nuevo Parroco / Familia

Change of Address

Cambio de Dirección

Please send Offertory Envelopes

Por favor envíe Sobres de Ofertorio

Please return by (*Regrese por favor*):

- 1) Put into collection basket at mass (deposite en la canasta de la colecta en misa)
- 2) Scan to pdf file and email to: [blessed@cathedralsacramento.org](mailto:blessed@cathedralsacramento.org) (escanear a pdf file y envía por correo electrónico)
- 3) Fax to: 916-443-2749
- 4) Mail to (correo): 1017 11th Street, Sacramento, CA 95814





## Chinese Community Column 華人團體專欄

聖母月是來自十三世紀末，教會就把五月獻給母，目的是賦予當時有關的世俗慶節，一個基督化的意義。直至十八世紀，耶穌會會士則大力推動聖母月敬禮，其後教宗碧岳十二世於「天主中保」及近代保祿六世於「論五月」的通諭中，也分別肯定這項熱心敬禮的價值。

聖母月的意義是在默想聖母身上的事蹟，能堅強我們在一切事情上信賴天主，在困難中懷有希望，在生活中見證天主的愛，如同聖母在一生中接受天主的聖化和救恩一樣。

同時效法聖母的德行，並求她為我們轉禱，能指導我們如何信從和依靠基督，活出一個基督徒的生命與見證。

The Month of Mary is from the end of the thirteenth century. The church dedicated its mother to May for the purpose of giving the relevant secular holiday at that time a Christian significance. Until the eighteenth century, the Jesuits gave great salute to the month of Our Lady. Later, Pope Pius XII and Paul VI also separately recognized the value of this zealous salute.

The significance of the month of Mary is to meditate on her deed to strengthen our trust in God in all matters, to harbor hope in difficulties, and to witness god's love in our lives, just as the Mary accepts the sanctification and salvation of God in one life. At the same time, it is to imitate the virtues of Mary while asking her to pray for us, and can guide us on how to believe and rely on Christ and live out a Christian's life as his witness.



### 本週報告 (會長)

我們將繼續在下個主日彌撒前下午兩點半開始誦唸玫瑰經。

我們的年度野餐將於6月9日星期六上午11:30至下午3點在William Land Park 第9區舉行。參加野餐的教友請在6月3日或之前向我或Gloria報名。

我們正在以售賣粽子去籌款和慶祝端午節。每個粽子的售價為5美元。有興趣訂購粽子去籌款的人請與Kenneth (我) 或Catherine訂購。截止日期是6月10日。

### Announcement this week (President)

We will continue to have Rosary Recitation at 2:30 pm next Sunday before mass.

Our Annual Picnic is going to be on Saturday, June 9 at William Land Park Area 9. For those who are coming to the picnic, please RSVP with me or Gloria by June 3.

We are having a fundraising by selling Zongzis to celebrate the Dragon Boast Festival. Each Zongzi sells for \$5. For those who are interested in ordering Zongzis for the fundraising, please order them with Kenneth (me) or Catherine. The deadline is June 10.

# Los Jarritos

455-7911 • Mexican Food

Daily 8am - 9pm • Fri & Sat till 9:30pm

2509 Broadway

LosJarritosSacramento.com



## Andy's Concrete & Tree Service

Lic# 992492  
Insured & Bonded

Andy's Cell  
916-730-1441

## ALOHA!

In-Home Caregiver

Call Caroline:  
916-919-4955

## SPREAD THE WORD

A Thriving, Vibrant Community Matters



### SUPPORT OUR ADVERTISERS

Legal help with a personal touch

- Tax Controversy
- Bankruptcy
- Probate

### Ruth A. Rowlette

A Professional Law Corporation

916-649-3355

333 University Avenue, Ste. 200  
Sacramento, CA 95825

ruth@rowletteinc.com

**AVAILABLE  
FOR A LIMITED TIME**

## ADVERTISE YOUR BUSINESS HERE

Contact **Jeff Tkachuk** to place an ad today!  
jtkachuk@4LPi.com or (800) 950-9952 x2513

## PARISHESonline

Largest online directory of Catholic Churches

### NEVER MISS A BULLETIN!

Sign up to have our weekly parish  
bulletin emailed to you at  
[www.parishesonline.com](http://www.parishesonline.com)

## AMERICAN ... ... STANDARDS

• We are authorized to install and service ALL makes and models • Visa M/C • Rebates

**Complete Install  
Starting at \$4995**

916-224-3629  
916-335-5964



Heating & Cooling

Garry Powles

Lic #845319

Se Habla Español

PROTECTING SENIORS NATIONWIDE  
MEDICAL ALERT SYSTEM

**\$29.95/MO**

PLUS  
SPECIAL  
OFFER

BILLED QUARTERLY

CALL NOW! 1.877.801.7772  
[WWW.24-7MEDALARM.COM](http://WWW.24-7MEDALARM.COM)



## Lyssa Jane Black

- Notary Public • Loan Signing Agent
- Field Inspector

lyssajaneblack@gmail.com



916-676-5129

Plan your Pre Need Services  
with the Diocese of Sacramento  
starting at less than \$99 a month.

*Caring for Families in Our Community*

**St. Mary Cemetery & Funeral Center** FD2263  
6509 Fruitridge Rd., Sacramento, CA 95820  
916-452-4831



CATHOLIC FUNERAL  
& CEMETERY SERVICES  
OF THE DIOCESE OF SACRAMENTO

## LIFETIME FINANCIAL PLANNING

CYNTHIA S. MEYERS, CFP®, MBA  
CERTIFIED FINANCIAL PLANNER™



Building Better Lives

(916) 927-6487  
601 University Avenue, Suite 265  
Sacramento, CA 95825  
Fax (916) 922-0827  
cynthia@cmeyers.com  
www.cmeyers.com

1016 10<sup>th</sup> Street  
Sacramento, CA 95814  
(916) 447-2001  
[www.bloemdecor.com](http://www.bloemdecor.com)



Bloem Decor  
European Floral Design

UPGRADE TO A

## VIBRANT ad

Contact us for details • 800-950-9952

DISPONIBLE  
POR TIEMPO LIMITADO

ANUNCIE SU  
NEGOCIO AQUÍ

Llame a **Jeff Tkachuk** hoy para su anuncio!  
jtkachuk@4LPi.com or (800) 950-9952 x2513

**FREE  
AD DESIGN  
WITH PURCHASE  
OF THIS SPACE.**  
- 800-950-9952 -

## ONE STOP FURNITURE

*One Stop Shop All*

2441 Northgate Blvd, Sacramento, CA 95833 (916) 927-1847

7660 Stockton Blvd, Sacramento, CA 95823 (916) 226-2612

**Receive \$100 OFF**  
with every \$999 purchase

Cannot be combined with any other discounts, store promotions, or clearance products.

No Credit Check-Financing Available • Se Habla Español

**Pucci's PHARMACY**  
• SACRAMENTO'S MIDTOWN PRESCRIPTION CENTER •  
2821 J STREET  
SACRAMENTO, CA 95816  
[www.puccix.com](http://www.puccix.com) **LEADER?**  
(916) 442-5891 FAX (916) 442-4432

Online Shopping  
for Catholic  
Gifts of Faith  
[www.parishstore.com](http://www.parishstore.com)



For ad info. call 1-800-950-9952 • [www.4LPi.com](http://www.4LPi.com)

Cathedral of Blessed Sacrament, Sacramento, CA

B 4C 05-1145

SUNDAY BRUNCH 11 AM - 3 PM

# EXPERIENCE MEXICAN CUISINE AT IT'S BEST...



ONE BLOCK FROM THE CATHEDRAL SACRAMENTO CORNER OF 12 & K STREET

## MAYAHUEL

12TH & K STREET

DOWNTOWN | 1200 K STREET | EXPERIENCEMAYAHUEL.COM



## MERCY McMAHON TERRACE

*June's Place*

### Mercy McMahon Terrace

Independent, Assisted Living & Memory Care

A Truly One of a Kind Community  
Founded by the Sisters of Mercy  
24 Hour Nursing  
Mass offered weekly in our Chapel

**(916) 733-6510**

Call for a Tour Today!

3865 J St., Sacramento, CA 95816


RCFE 340312763

**Northgate**  
**SMOG**  
2830 Northgate Blvd. #4  
916-922-6018 northgatesmog.com

**kw SAC METRO** Call/text 52027194  
KELLERWILLIAMS, REALTY  
**Betty Jean Orozco**  
Realtor  
916.234.3010  
bettyjeanrealtor@gmail.com  
www.BettyOrozco.kw.com  
4080 Truxel Rd., Ste. 100  
Sacramento, CA 95834



**catholicmatch**  
California  
CatholicMatch.com/CA



**CELLO LESSONS**  
Music available for Weddings,  
Parties and any Ceremony  
Please call Maria Hoyos at  
**916-346-7634**  
www.oasismusicacademy.com

**Thee Upper Crust Pizza**  
13th & K Street (2 blocks away)  
**OPEN SUNDAYS!**  
**Pizza Buffet \$8.50**  
(Includes pizza, soup, salad, pasta)  
**916-444-0844**  
www.theuppercrustpizza.com




**Family Dentistry**



**Jasmine L. Dermawan, DMD**  
2335 American River Dr.  
Ste. 307, Sacramento, CA 95825  
**916-929-0331**  
www.drjasminedmd.com  
\*English • Indonesian

**ALEX ENGARDT ROOFING**  
Since 1923 LIC. #241602  
**452-7341**  
alexengardtroofing.com

**CPG**  
CLINTON, POLLEY INSURANCE BROKERS  
A Member of the Clinton Polley Group  
**DAN BERRY, COMMERCIAL INSURANCE BROKER**  
"SOLUTIONS FOR ALL OF YOUR BUSINESS INSURANCE NEEDS"  
(916) 984-5993 | DAN.BERRY@CLINTONPOLLEY.COM  
LIC #0785824



**A HOME IS MORE THAN A HOUSE**




**Phyllis Ehlert, MPA**  
Realtor CalBRE 01935709  
(916) 213-7665  
phyllis@mcmahonphillips.com

**Get on the right path!**

**McMahon Phillips Real Estate**  
CalBRE 01521625

**Compensacion del Trabajador | Workers Comp**

**MEHLHOP & VOGT**  
WORKERS' COMPENSATION ATTORNEYS  
Desde 1987

**Usted Tiene Derecho A Recibir:**

- Atencion Medica
- Compensacion Monetaria por su Accidente

**BILINGUE | BILINGUAL**  
**916-930-9675**  
injuredworkerhelp.com



**AVAILABLE FOR A LIMITED TIME**

**ADVERTISE YOUR BUSINESS HERE**

Contact **Jeff Tkachuk** to place an ad today!  
jtkachuk@4LPi.com or (800) 950-9952 x2513

**RiverSmith ENGINEERING**

**"We Fix Rivers"**

Water Resources  
Geotechnical Engineering  
Service Disabled Veteran  
Owned Small Business

www.RiverSmithEngineering.com  
**916.835.4456**  
tsmith@RiverSmithEngineering.com



For ad info. call 1-800-950-9952 • www.4lp.com

Cathedral of Blessed Sacrament, Sacramento, CA

A 4C 05-1145