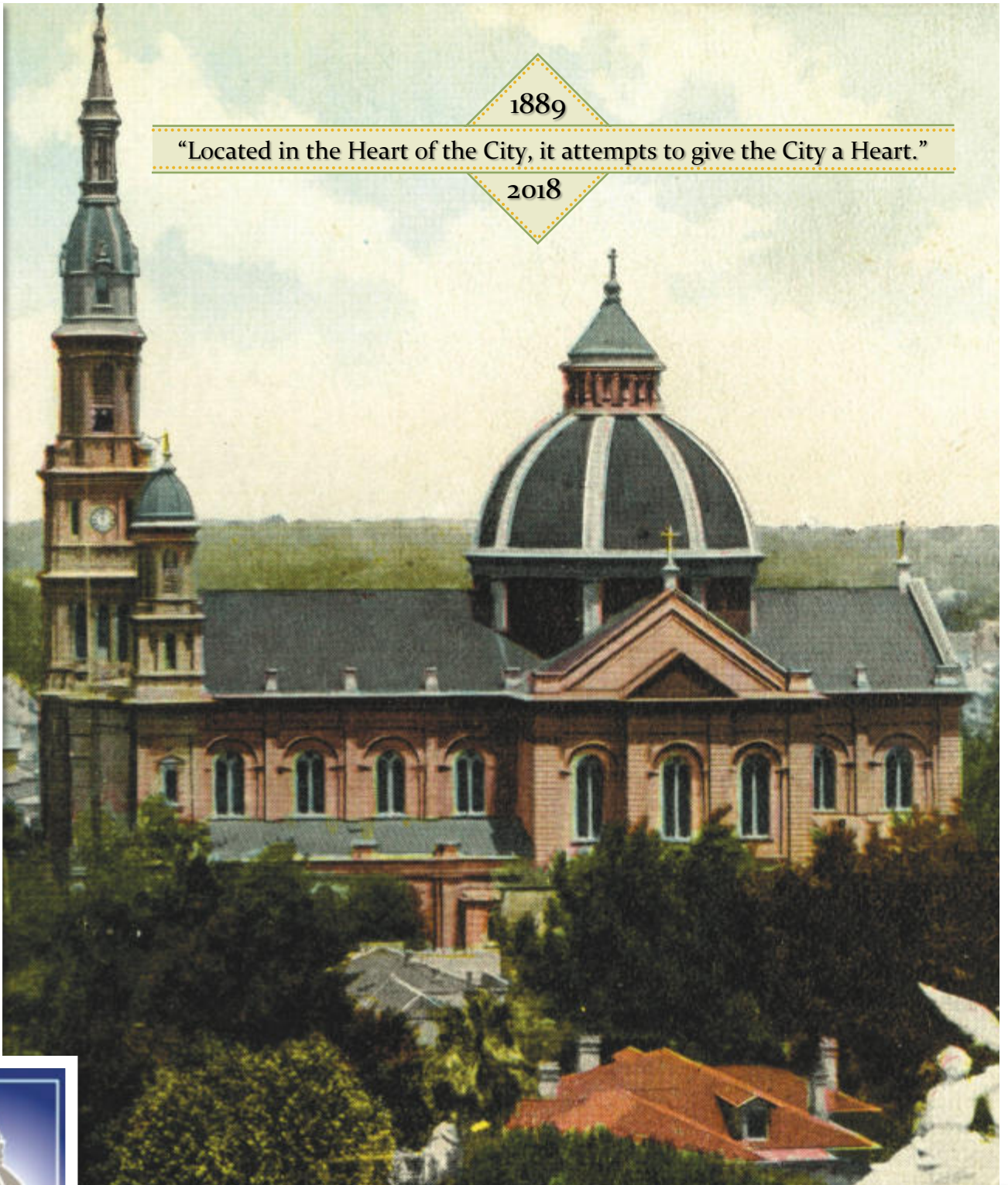


Volume 18 \* Issue 31

1889

“Located in the Heart of the City, it attempts to give the City a Heart.”

2018



## Cathedral of the Blessed Sacrament

August 5 2018 \* 18th Sunday in Ordinary Time

# PASTOR'S CORNER

Father Michael

## You and Us

You are the Maker, we are not  
we are the clay

You are the Word, we are not  
we are the mouth

You are the Listener, we are not  
we are the ear

You are the Giver, we are not  
we are the hands

You are the Light, we are not  
we are the wick

You are the Vine, we are not  
we are the branches

You are the Music, we are not  
we are the orchestra

You are the Silence, we are not  
we are the sentry

You are the Life, we are not  
we are the cells

You are the Way, we are not  
we are the dirt

You are the Shepherd, we are not  
we are your sheep

You are the Darkness, we are not  
we are the cave

You are the Bread, we are not  
we are the flour

You are the Truth, we are not

You are.

# THE AT-HOME PILGRIM

Lacy Clark Ellman | [asacredjourney.net](http://asacredjourney.net)

## A Pilgrim Immerses Herself in Culture

There is a reason why the pilgrim's journey involves going somewhere else. In order to experience transformation, the pilgrim must become vulnerable - she must expand her edges, crossing borders into new and unfamiliar territory. When the pilgrim journeys to a place beyond what she calls "home," her senses are heightened, her vulnerabilities are brought to the surface, and her perceptions are tested. In allowing these different parts of herself to come to the surface, she is able to be fully present in her journey amidst the discomfort and uncertainty, the mystery and the beauty.

As a traveler, the pilgrim is exposed to many cultures. But she will have the most valuable and transformational experiences when she is fully present with the things that might be unfamiliar, engaging with and learning from the culture in which she is traveling. It is often this very engagement with a new and unique culture that makes pilgrimage a Sacred experience.



When the pilgrim practices being open to the differences that surround her within another culture, she is also receptive to the new things she is discovering about herself, as well as the Divine. This not only impacts the pilgrim's journey abroad - it also informs how she encounters her own culture and how she engages the differences present within herself and her experience of God when she returns home.



For the pilgrim at home, the reverse is also true: by immersing herself in her own culture, she is prepared to practice awareness and engage with new cultures when she journeys beyond her borders. The pilgrim at home practices this by being active in the culture of

her own community and by being aware of and celebrating the uniqueness it has to offer, both today and throughout history. With this intention, something beautiful happens: whether at home or abroad, the pilgrim who immerses herself in culture becomes a part of a greater story.

**PRACTICE** - Many people today live in gentrified neighborhoods and surround themselves by those who are just like them. Journey outside your bubble in order to encounter the other faces of your community by exploring a new neighborhood, taking public transportation, or learning the customs or language of a member in your community whose traditions differ from your own.

How does encountering those who are different than you expand your view and experience?

(Installment 4 of 7)

# THE BONANZA KINGS of the Comstock Lode

[Wikipedia.org](http://Wikipedia.org)

Also called the Silver Kings, the "Bonanza Kings" was a nickname given to the four men who started a stock brokerage called *Flood and O'Brien*, more commonly known as the Bonanza Firm. Bonanza is a Spanish term, meaning a rich ore body; in 1873, after gaining control of the Consolidated Virginia Mining Company, they discovered a large vertical ore body more than 1,200 feet deep which became known as the "big bonanza".

**2** In 1871, Irish-Americans John William Mackay, James Graham

Fair, James Clair Flood and William S. O'Brien, organized the Consolidated Virginia Silver Mine near Virginia City, Nevada, from a number of smaller claims on the Comstock Lode and later added the nearby California mine. Mackay and Fair had the mining knowledge and Flood and O'Brien raised the money. The purchase price of the claims, later to become fabulously a source of wealth, was about \$100,000. The original stock issue was 10,700 shares, selling for between \$4 and \$5 a share.

# BUILDING THE CATHEDRAL

## without a Fund Drive

By Eleanor Doyle, printed in the September 30, 1976 issue of the Catholic Herald

One of the intriguing mysteries in the historic annals of the Catholic Church in Sacramento is the source of funds for the building of its massive Cathedral of the Blessed Sacrament at the corner of 11<sup>th</sup> and K Streets.

Within three years after the creation of the diocese proclaimed by Pope Leo XIII in 1886, Bishop Patrick Manogue, founding prelate, turned over to his people a \$250,000 edifice, debt free. There was never a fund-raising campaign, only a token collection of monies on the day the cornerstone was laid two years earlier. However, it had quickly become an open secret throughout the area that Manogue's deeply rooted bonds of friendship with the Bonanza Kings of the famed Comstock were opening sources of revenue which turned the dream of a handsome edifice into a reality.

Bishop Manogue never denied or confirmed the rumors. This was the one act of non-communication with which some of his flock took issue during his lifetime. It was partially responsible for the lack of local monetary support, according to some residents whose forbearers lived at that time.

There are no files, no records or bills or receipts, nothing to prove or disprove the theories which circulated through Sacramento. Bishop Manogue had little time for the niceties of an orderly file system. Yet, within the Cathedral itself rest the best clues of who the people were who supported the prelate in his building endeavors: Fair, Crocker, Coolot, Dwyer, McCarthy and Kaseberg to name a few. True, their names only indicate they were donors of gloriously colored windows, yet it is possible that some of them had given more than stained glass to a bishop known for his winning personality.

Proof of his popularity rests with a little jingle that was often hummed during his days in Sacramento: "Of all the Bishops that are now in vogue, the greatest of all is Bishop Manogue." This writer grew up hearing the story of how a beloved maternal grandfather, F. Marcucci, then a very small immigrant boy from Italy, had earned his first dollars in the new world helping dig the foundation for the Cathedral. But the knowledge of such a youngster hardly extends to the realm of finance and the exact source of his daily wage.

There is still another clue to the Cathedral building funds which appears in the daily press when it was dedicated in the summer of 1889. A news account states that among the contributors and the sums donated were: Frank G. Newlands of San Francisco, \$4,000\*; A. Coolot, \$1,500; Capt. Thomas Dwyer, \$1,500; and Mr. McLaughlin, a San Jose Banker, \$1,000. The latter name, perhaps only by coincidence, appears on the bottom of the gold-plated chalice which had been given to Father Manogue during his early years in Virginia City.

There was yet another source of possible help for Cathedral funds, John W. Mackey, that almost legendary giant of the Comstock whose friendship with Manogue was constant and undiminished throughout their lifetime. But again, concrete evidence is totally lacking.

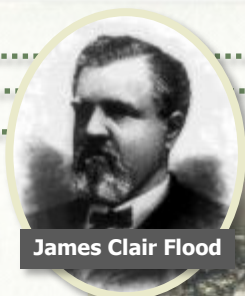
In an age when ecumenism was not au courant, Bishop Manogue's capacity to draw the affection of people of varied religious beliefs was often apparent. This was dramatically pointed out the day of the Cathedral dedication, which was then considered to have only one peer in the US, St. Patrick's in New York City. The famed Jesuit missionary priest, Father J.M.C. Bouchard, SJ, while delivering an eloquent sermon for the historic occasion, read aloud a letter from the Congregation B'Nai Israel of Sacramento, signed by L. Elkus, president. It stated the enclosed check for \$178.25 was a gift to the Cathedral's mentor, Bishop Manogue, and was to be used as an offering for the poor.

As long as the Cathedral stands, its treasured stained-glass windows attest to the personal generosity of many known and unknown names in Sacramento. The window of the Last Supper made in Innsbruck, Austria, was a gift of Augustine Coolot, noted businessman who died in June 1933. His widow, Rebecca Coolot, a great promoter of Catholic institutions, in later life was honored with the Pro Ecclesia et Pontifice medal for her devotion to the Church. Mrs. Coolot died in July 1964.

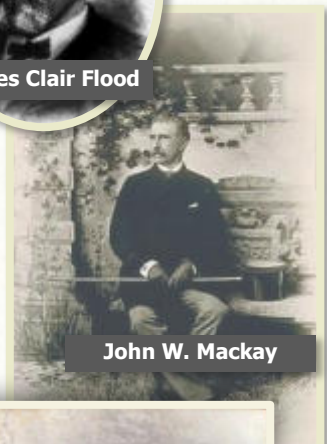
The Nativity window was donated by Mrs. Thomas Dwyer whose husband, Captain Dwyer, was a Cathedral contributor. They were the grandparents of a present day diocesan priest, Monsignor Richard C Dwyer, pastor of Rancho Cordova.

Dan McCarthy of Brighton was the donor of the Ascension window scene; Mrs. Michael Rigney, the window of the Blessed Virgin; Mrs. James Kaseberg, the Flight into Egypt; Mrs. Agnes Bermely of Woodland, St Paul Preaching to the Athenians. St. Mary's Parish in Virginia City gave the window of St. Patrick converting the Irish; the Knights of Columbus presented the Delivery of the Keys to St. Peter. The daughters of Mrs. Theresa Fair, Birdie and Tessie, donated the windows of St Augustine and Mother and the Last Communion of St. Jerome. Mrs. Crocker purchased at an art sale in Austria the six windows in the Cathedral nave which depict in miniature the Stations of the Cross.

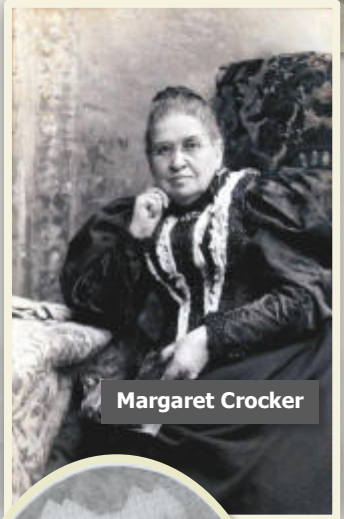
All of these people, and probably many more, may well have been direct donors to the Cathedral building fund. Some of the monies could even have come from Bishop Manogue himself, the result of prudent investment of personal funds which may have stemmed back as far as when he dug gold from the rich Mother Lode near Moore's Flat.



James Clair Flood



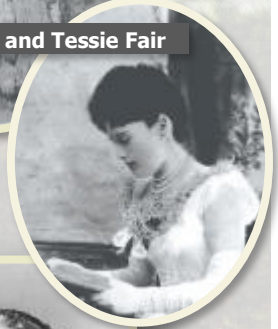
John W. Mackay



Margaret Crocker

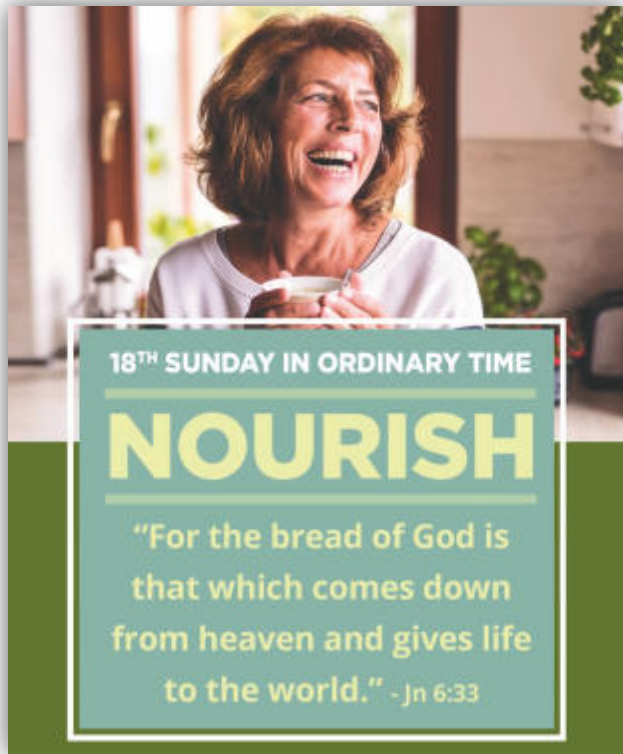


Birdie and Tessie Fair



Frank G. Newlands

\* Editor's Note: \$1,000 in 1886 is equivalent to \$25,653.48 in 2018 dollars.



**EVERYDAY STEWARDSHIP**

As human beings, we seem to have a wide array of insatiable desires. We long for more money, more time, and more stuff. We spend millions of dollars each year on remedies for our overeating. We look to our neighbors to see what they have that we want so we can keep up with them in the race toward happiness. We look for instant gratification only to find that our hunger for whatever it is remains intact.

Stewardship is the pathway to curbing all those cravings. On this journey, we let go of things that keep us tied down to this world and tied up in our sin. All that we have becomes instruments for God to use in our lives and the lives of our neighbors. When we have detached from enough in this world, we find out the truth: Nothing on earth can truly satisfy our cravings completely. Jesus Christ is the sole answer for our needs and desires.

Although the truth is right in front of us at each and every Mass in the Eucharist, we can easily spend our days in denial of that truth. It takes trust to step out in faith and give it all over to God. We are all called to let go and let God be God. Answering the call is easier said than done. However, if we can finally make that bold move, we will find ourselves completed by the One who was with us all along.

Tracy Earl Welliver, MTS

Gentlemen of our Cathedral Parish: Do you enjoy serving God?

**IF SO, HERE'S A GREAT OPPORTUNITY!**

He's looking for a few faithful servants – Men to volunteer on Tuesdays, from 7:30 am – 9:00 am, Cathedral Mercy Hall, to help distribute brown bag lunches to God's children and show a caring, compassionate, and loving attitude, as our model Jesus.

Volunteering for this special work will bring you rewards you never expected and open your eyes to things you'll never be able to ignore again. You do not need any special skills, just model the love of Jesus. No experience necessary. Be part of a great team! Apply by emailing: JerriRush@comcast.net or call 916-216-9702.

**HAVE YOUR MARRIAGE BLESSED IN THE CHURCH** - If you would like to have your civil marriage blessed in the Catholic Church, please call or email Deacon John at the Cathedral Office to explore this possibility: 444-3071 Ext. 11; jgisla@cathedralsacramento.org. This can often be done in a small, private ceremony called a Convalidation, without any cost or fee. If you have been together for a number of years and would like to be married in the Church, this can also often be done in a small, private ceremony without any cost.

**UNBOUND: FREEDOM IN CHRIST CONFERENCE**

**St. John the Baptist Parish, Folsom**

**August 10th & 11th, 2018**

Bishop Jaime Soto is launching a new deliverance / inner healing prayer ministry in our diocese. UNBOUND is a ministry of freedom and inner healing that helps to release the power of the gospel into our lives. We all have areas in our lives where we don't experience freedom. These can be wounds from our past, patterns of habitual sin, addictions, negative thoughts, resentments, and other forms of spiritual difficulty. Jesus came to set us free by breaking the power of evil and revealing the love of God. This conference will equip you to cooperate with God as He sets you free.

This conference will equip you to cooperate with God as He sets you free. For more information and to register please call Maria Liranzo at 916-733-0242.

18TH SUNDAY IN ORDINARY TIME



**CATHOLIC CLIMATE COVENANT:** In June, the month of the third anniversary of the release of *Laudato Si'*, the CCC gathered signatures and commitments for the Catholic Climate Declaration. As of July, they announced that over 700 Catholic institutions, including the Diocese of Sacramento, had signed on to say that "Catholics Are Still In" on the Paris Agreement. That number continues to grow. You can read the press release of the launch of the Declaration and check to see who has signed it at [www.catholicclimatecovenant.org](http://www.catholicclimatecovenant.org). They will continue to welcome signatures until the start of the Global Climate Action Summit on Wednesday, Sep 12, 2018 through Friday, Sep 14, 2018 in San Francisco.

= Please remember in your prayers =

Deacon Don DeHaven  
Asmitha and Abie Joseph  
Alroyd and Shaista and children  
Julian  
Jason and Resmi  
Nina Mordas and Mother  
Javier Maria Alonso  
C.Marcela Bedoya  
Eva Hernandez

Diane  
Mary Ann  
Karla  
Marcela P.  
Yolanda  
Kimberly and Partner  
Tony Nebreda  
Charles Bardin  
Teresa

Nicanor Masadao, Sr. +  
Suzanne Trujillo  
Corazon Velasquez  
Paulina  
Dave McNett  
Maggie Phelps  
Amit Kumar  
Steph Skiles  
Maria Nguyen  
Alfie +

Ernie +  
Hashina +  
Charles Pickering S.I.  
Karla  
Briceida Lopez  
Rick and Anna Carpineta  
Jo  
Sonia  
A Gerard  
Tiler



**Sharing the Gospel** - Just one day earlier, Jesus multiplied five loaves of bread and two fish to feed over five thousand people. In today's Gospel, some of those people came looking for Jesus, hoping to get another free lunch. They didn't understand that Jesus wants all people to believe in him. Through faith in Jesus, you can live forever. In heaven you will never be hungry or thirsty again.

**Prayer** - God, fill me up with love for Jesus.

**Mission for the Week** - If you believe in Jesus, you can look forward to heaven one day. Read Revelation 21:3-7 with your family. Heaven will be wonderful!

**Empty Squares**  
Fit this Gospel message into the empty squares:  
This is my Son, and I love him.

**Puzzle**  
Unscramble words from today's Gospel:

FOOD	MANNA	LIFE
THIRSTY	FAITH	HUNGRY
MIRACLE	BREAD	COMES

fodo      f o o d

mrical      \_\_\_\_\_

mnana      \_\_\_\_\_

berad      \_\_\_\_\_

lfie      \_\_\_\_\_

cmose      \_\_\_\_\_

hnurgy      \_\_\_\_\_

fatih      \_\_\_\_\_

thritys      \_\_\_\_\_



**Sharing the Gospel** - Previews give us a quick peek at a movie, in hopes that we will want to see more. In today's Gospel, we celebrate Jesus' Transfiguration. That's when God gave Peter, James and John a preview of the risen Jesus, the Jesus they would see again one day. Jesus glowed brightly. Moses and Elijah came to talk with Jesus. Then a great cloud covered everyone, and God said Jesus was his Son. Jesus was the Savior that God's people had been waiting for.

Date	Mass / Intentions	Observances & Readings	Activities
<b>Saturday August 4</b>	5:00 pm /	<b>St. John Vianney, Priest</b> Jer 26:11-16, 24/Ps 69:15-16, 30-31, 33-34 [14c]/Mt 14:1-12	
<b>Sunday August 5</b>	7:30 am / 9:00 am */ 11:00 am** / 1:00 pm Spanish / 3:00 pm Chinese 5:00 pm / 7:00 pm Spanish /	<b>18th Sunday in Ordinary Time</b> Ex 16:2-4, 12-15/Ps 78:3-4, 23-24, 25, 54 [24b]/Eph 4:17, 20-24/Jn 6:24-35	*RCIA - Breaking of the Word at the 9am Mass  **No Liturgy of the Word for Children in August
<b>Monday August 6</b>	12:10 pm / 5:10 pm /	<b>The Transfiguration of the Lord</b> Dn 7:9-10, 13-14/Ps 97:1-2, 5-6, 9 [1a, 9a]/2 Pt 1:16-19/Mk 9:2-10	6:30 pm RCIA: Vespers 7:00 pm RCIA: Class 7:00 pm Pro-Vida Meeting - Spanish
<b>Tuesday August 7</b>	12:10 pm / 5:10 pm /	<b>St. Sixtus II, Pope, and Companions, Martyrs; St. Cajetan, Priest</b> Jer 30:1-2, 12-15, 18-22/Ps 102:16-18, 19-21, 29 and 22-23 [17]/Mt 14:22-36 or 15:1-2, 10-14	6:00pm Spanish Choir Rehearsal for the 7pm Mass
<b>Wednesday August 8</b>	12:10 pm / 5:10 pm /	<b>St. Dominic, Priest</b> Jer 31:1-7/Jer 31:10, 11-12ab, 13 [cf. 10d]/Mt 15:21-28	7:00 pm Spanish Choir Rehearsal for the 1pm Mass 7:15 pm "33 Days to Morning Glory" Retreat Meeting 7:15 pm Communion & Liberation
<b>Thursday August 9</b>	12:10 pm / 5:10 pm /	<b>St. Teresa Benedicta of the Cross, Virgin &amp; Martyr</b> Jer 31:31-34/Ps 51:12-13, 14-15, 18-19 [12a]/Mt 16:13-23	7:00 pm Baptism Class - Spanish
<b>Friday August 10</b>	12:10 pm /	<b>St. Lawrence, Deacon &amp; Martyr</b> 2 Cor 9:6-10/Ps 112:1-2, 5-6, 7-8, 9 [5]/Jn 12:24-26	

# ESQUINA DEL PASTOR

Padre Michael

## Tú y Nosotros

Tú eres el Creador, no somos  
somos la arcilla

Tú eres la Palabra, no somos  
somos la boca

Usted es el oyente, no somos  
somos el oído

Tú eres el Dador, no somos  
somos las manos

Tú eres la Luz, no somos  
somos la mecha

Tú eres la vid, no somos  
somos las ramas

Tú eres la Música, no somos  
somos la orquesta

Tú eres el Silencio, no somos  
somos el centinela

Tú eres la Vida, no somos  
somos las celdas

Tú eres el Camino, no somos  
somos la suciedad

Tú eres el Pastor, no somos  
somos tus ovejas

Tú eres la Oscuridad, no somos  
somos la cueva

Tú eres el pan, no somos  
somos la harina

Tú eres la Verdad, no somos  
Usted está.

# EL PEREGRINO EN LA CASA

Lacy Clark Ellman | [asacredjourney.net](http://asacredjourney.net)

Un peregrino se sumerge en la cultura

Hay una razón por la cual el viaje del peregrino implica ir a otro lugar. Para experimentar la transformación, el peregrino debe volverse vulnerable: debe expandir sus bordes, cruzar las fronteras hacia un territorio nuevo y desconocido. Cuando el peregrino viaja a un lugar más allá de lo que ella llama "hogar", sus sentidos se intensifican, sus vulnerabilidades salen a flote y sus percepciones se ponen a prueba. Al permitir que estas diferentes partes de sí misma salgan a la superficie, puede estar completamente presente en su viaje en medio de la incomodidad y la incertidumbre, el misterio y la belleza.



Como viajero, el peregrino está expuesto a muchas culturas. Pero ella tendrá las experiencias más valiosas y transformadoras cuando esté completamente presente con las cosas que podrían ser desconocidas, participando y aprendiendo de la cultura en la que está viajando. A menudo, este compromiso con una cultura nueva y única hace que la peregrinación sea una experiencia Sagrada.

Cuando el peregrino practica al estar abierto a las diferencias que la rodean dentro de otra cultura, también es receptiva a las cosas nuevas que está descubriendo sobre sí misma, así como sobre lo Divino. Esto no solo impacta el viaje del peregrino al extranjero, sino que también le informa cómo se encuentra con su propia cultura y cómo se involucra con las diferencias presentes en ella y su experiencia de Dios cuando regresa a casa.

Para el peregrino en casa, también sucede lo contrario: al sumergirse en su propia cultura, está preparada para practicar la conciencia y participar de nuevas culturas cuando viaja más allá de sus fronteras. El peregrino en casa practica esto al ser activo en la cultura de su

propia comunidad y al ser consciente de y celebrar la singularidad que tiene para ofrecer, tanto hoy como a lo largo de la historia. Con esta intención, sucede algo hermoso: ya sea en casa o en el extranjero, el peregrino que se sumerge en la cultura se convierte en parte de una historia más grande.

**PRÁCTICA** - Muchas personas hoy viven en barrios aburguesados y se rodean de personas que son como ellos. Viaje fuera de su burbuja para encontrarse con las otras caras de su comunidad explorando un nuevo vecindario, tomando transporte público o aprendiendo las costumbres o el idioma de un miembro de su comunidad cuyas tradiciones difieren de las suyas.

¿De qué manera el encuentro con aquellos que son diferentes a ti expande tu visión y experiencia?

El obispo Manogue nunca negó ni confirmó los rumores. Este fue el único acto de falta de comunicación con el que parte de su rebaño tuvo problemas durante su vida. Fue parcialmente responsable de la falta de apoyo monetario local, de acuerdo con algunos residentes cuyos antepasados vivían en ese momento.

## CONSTRUYENDO LA CATEDRAL sin un Fund Drive

[Wikipedia.org](http://Wikipedia.org)

Uno de los intrigantes misterios en los anales históricos de la Iglesia Católica en Sacramento es la fuente de fondos para la construcción de su enorme Catedral del Santísimo Sacramento en la esquina de las calles 11 y K.

Tres años después de la creación de la diócesis proclamada por el Papa León XIII en 1886, el obispo Patrick Manogue, prelado fundador, entregó a su pueblo un edificio de 250.000 dólares, libre de deudas. Nunca hubo una campaña de recaudación de fondos, solo una colecta simbólica de dinero el día en que se estableció la piedra angular dos años antes. Sin embargo, rápidamente se había convertido en un secreto a voces en toda la zona

que los lazos de amistad profundamente arraigados de Manogue con los Bonanza Kings del famoso Comstock estaban abriendo fuentes de ingresos que convirtieron el sueño de un hermoso edificio en una realidad.

El obispo Manogue nunca negó ni confirmó los rumores. Este fue el único acto de falta de comunicación con el que parte de su rebaño tuvo problemas durante su vida. Fue parcialmente responsable de la falta de apoyo monetario local, de acuerdo con algunos residentes cuyos antepasados vivían en ese momento.



### LA CORRESPONSABILIDAD DIARIA

Como seres humanos, parece que tenemos una variedad de deseos no saciables. Se nos antoja más dinero, más tiempo o más cosas. Uno puede gastar millones de dólares cada año en remedios debido a las exageraciones. Uno se fija en sus vecinos para ver lo que ellos tienen y uno le gana hacia la felicidad. Uno puede buscar la gratificación instantánea solo para darse cuenta que el hambre que uno sentía no se sacia.

La corresponsabilidad es el verdadero camino para saciar todos esos antojos. En este camino, uno se desprende de las cosas que lo atan al pecado. Todo lo que tiene uno se convierte en instrumento de Dios para se usen en las vidas de cada uno. Cuando uno se desprende de las cosas del mundo, uno puede encontrar la verdad. Nada en este mundo puede satisfacer los deseos verdaderamente. Jesucristo es la única respuesta para las necesidades y los deseos.

A pesar de que uno es testigo de la verdad cada domingo en la Eucaristía, puede ser fácil de negar su presencia. Toma confianza en la fe para entregarlo todo a Dios. Estamos llamados a soltarnos completamente y permitir que Dios sea Dios. Contestar el llamado es mas dicho que hecho. Sin embargo, si uno puede tomar el paso valiente, se encontrará lleno y satisfecho por Él quien estuvo a su lado en todo momento.

--Tracy Earl Welliver, MTS



### LAS LECTURAS Y CONMEMORACIONES SEMANALES

Las lecturas de la semana del 5 de agosto de 2018

Domingo: 18o Domingo del Tiempo Ordinario

Ex 16, 2-4. 12-15/Sal 78, 3-4. 23-24. 25. 54 [24]/Ef 4, 17, 20-24/ Jn 6, 24-35

Lunes: La Transfiguración del Señor

Dn 7, 9-10. 13-14/Sal 97, 1-2. 5-6. 9 [1. 9]/2 Pe 1, 16-19/Mc 9, 2-10

Martes: San Sexto II, papa, y compañeros, mártires; san Cayetano, sacerdote

Jr 30, 1-2. 12-15. 18-22/Sal 102, 16-18. 19-21. 29 y 22-23 [17]/

Mt 14, 22-36 o 15, 1-2. 10-14

Miércoles: Santo Domingo, sacerdote

Jr 31, 1-7/Jr 31, 10. 11-12. 13 [cfr. 10]/Mt 15, 21-28

Jueves: Santa Teresa Benedicta de la Cruz, virgen y mártir

Jr 31, 31-34/Sal 51, 12-13. 14-15. 18-19 [12]/Mt 16, 13-23

Viernes: San Lorenzo, diácono y mártir

2 Cor 9, 6-10/Sal 112, 1-2. 5-6. 7-8. 9 [5]/Jn 12, 24-26

Sábado: Santa Clara, virgen

Hab 1, 12-2, 4/Sal 9, 8-9. 10-11. 12-13 [11]/Mt 17, 14-20

### VERSO DEL EVANGELIO DE DOMINGO

Jesús les respondió: "Yo les aseguro: No fue Moisés quien les dio pan del cielo; es mi Padre quien les da el verdadero pan del cielo. Porque el pan de Dios es aquel que baja del cielo y da la vida al mundo". - Jn 6, 32-33

### MEDITACIÓN EVANGÉLICO

Después, de la multiplicación de los panes, lejos de comprender la maravilla de los milagros, las personas comenzaron a seguir a Jesús, pero lo asediaban con preguntas. Al grado de crear una tensión entre ellos y un mal entendimiento entre lo que la gente buscaba y lo que ofrecía Jesús. Este domingo, cabe la pregunta para reflejar interiormente. ¿Qué estoy buscando? ¿Qué le pregunto a Jesús? Las personas de su tiempo, buscaban señales milagrosas para creer en él. Le cuestionaban su obra. ¿Qué le pregunto yo? Recordemos las palabras de Jesús, su promesa del pan que nunca se acaba. "Yo soy el pan de vida. El que viene a mí nunca tendrá hambre y el que cree en mí nunca tendrá sed". Juan 6:35).

El pan, es la base de nuestro alimento en la mesa, casi nunca falta el pan, lo saboreamos. Pero, las lecturas nos dicen que hay un pan diferente: el de la relación íntima con Jesús, el Pan de la Eucaristía, como base de alimento para la jornada. Si decimos que creemos en el Cuerpo y la Sangre del Señor, afirmamos nuestro compromiso como bautizado. Pero, como las personas de este Evangelio, el entendimiento humano no siempre alcanza a comprender este misterio. Hoy, se nos pide humildad para reconocer a Jesús en la Eucaristía, conversión para seguir haciendo el bien y autenticidad para vivir los valores cristianos. Somos buscadores, como la muchedumbre de la multiplicación de los panes, Jesús, es el gran profeta, y van tras él a donde vaya. ¿Qué busco al asistir a misa cada domingo?

### VIVIR LA LITURGIA - INSPIRACIÓN DE LA SEMANA

¿Qué puedo hacer yo para cumplir con el trabajo de Dios? Esta es una pregunta que cada Cristiano se debe preguntar. Esencialmente, estamos llamados a ser la luz de Cristo para los demás. Este es un llamado de compasión, perdón, lleno de paz, generoso, preocupación para los pobres y la bienvenida a los extranjeros. Estos muchas veces son contrarios a lo que el mundo valora. Cristo pide que uno simplifique su vida y que sea menos egoísta para que los demás puedan compartir en la creación de Dios. Para que se haga realidad este deseo de Cristo, uno debe ayudar. La Eucaristía, el Cuerpo y la Sangre de Cristo, que celebramos hoy, es la manera que nos nutrimos para que podamos cumplir con esta misión.

Durante los siguientes cuatro domingos, las lecturas del Evangelio vienen del discurso de Jesús del Pan de Vida. Jesús se describe como haber estado mandado de Dios como "el pan de vida." ¿Qué mensaje le da esta metáfora a usted?

"The Cathedral is for everyone." ~Bishop Patrick Manogue, 1886~



# Cathedral of the Blessed Sacrament

1017 11th Street, Sacramento, CA 95814  
916-444-3071, Fax 916-443-2749 , [cathedralsacramento.org](http://cathedralsacramento.org)  
Rectory Office Hours — Monday to Friday, 9:00 am to 5:00 pm

## PASTORAL AND ADMINISTRATIVE STAFF

**Father Michael O'Reilly, Rector**  
**Father Kieran McMahon, Priest in Residence**  
**Father Nicholas Ho, Chinese Mass**  
Deacon John Gisla, Office Manager  
Deacon Don DeHaven  
Deacon Edgar Hilbert  
Deacon Omar Bardales  
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Rex Rallanka, Director of Music  
Tom Waddock, Cathedral Manager  
Carmen Perez, Secretary  
Katie McAllister, Bookkeeper  
Titi Kila, Wedding Coordinator

## RELIGIOUS EDUCATION PROGRAM

The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A for teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program. For information on all of these programs, contact Sister Jenny and her staff at [jenny@cathedralsacramento.org](mailto:jenny@cathedralsacramento.org), or 916-444-5364

**Liturgy of the Word for Children**, ages 5 to 10 years old, at the 11:00 am Sunday Mass (Check calendar for dates). This program provides children with age appropriate explanations of the Sunday readings and gives parents with young children an opportunity to focus on the Scripture readings and the homily without distractions. Children return to their families before the Offertory. For more information, contact the education office or Dorothy Corgiat at [dlcorgiat@yahoo.com](mailto:dlcorgiat@yahoo.com).

## MASSES

Monday to Friday	12:10 pm
Monday to Thursday	5:10 pm
Saturday Vigil	5:00 pm
Sunday	7:30 am
	9:00 am
	11:00 am
	1:00 pm en Español
	3:00 pm Chinese
	5:00 pm
	7:00 pm en Español
State Holidays	12:10 pm only

## SACRAMENT OF CONFESSION

Monday to Friday	11:30 am to 12:00 pm
Saturday	4:00 pm to 4:45 pm
Domingo en Español	12:30 pm a 12:45 pm
	6:30 pm a 7:00 pm

## EUCCHARISTIC ADORATION

**When attendants are available:**

Wednesday	12:45 pm to 4:45 pm
Thursday	12:45 pm to 4:45 pm
Friday	12:45 pm to 3:45 pm

**ANOINTING OF THE SICK** - By appointment

**BAPTISMS** (Registration is required)

English - 3rd Saturday of the month, 9:00am  
Español - 4º Sábado del mes, 9:00am

## BAPTISM CLASSES

English - 1st Thursday of the month, 7:00pm  
Español - 2do jueves del mes, 7:00pm

## TOURS

Tours are free and are led by trained Docents after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours in Spanish are held the 1st & 3rd Sundays of the month after the 1pm Mass. Tours begin at the Baptismal Font. Contact 916-444-3071 to arrange free private group tours.

## GIFT SHOP on the Lower Level

Sundays 9:00 am to 3:00 pm

## ~Bulletin Ministry~

Editor: Lyssa Black  
Advisor: Father Michael O'Reilly

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See calendar on our website for submission deadlines



The Most Reverend **Jaime Soto, D.D, M.S.W**  
Bishop of Sacramento

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Phone 916-733-0100, Fax 916-733-0195 [scd.org](http://scd.org)



## JOIN A CATHEDRAL MINISTRY

**Altarservers** contact Michael Ognisty at [mfognisty@msn.com](mailto:mfognisty@msn.com).

**Benedictus Youth Group** contact Victoria Ramos at 916-444-3071, or [benedictusy@gmail.com](mailto:benedictusy@gmail.com)

**Brown Bag Lunch Ministry** — If you would like to donate lunches or volunteer your time, please contact Jerri at [jerrirush@comcast.net](mailto:jerrirush@comcast.net). For further information, please visit [cathedralsacramento.org/ministries](http://cathedralsacramento.org/ministries).

**Catechesis of the Good Shepherd** for ages 3+, for information, visit [www.youngsheep.org](http://www.youngsheep.org), or call 916-910-3435

**Cathedral ACTS Missions** contact Susanna Romo, at (916) 955-8137 for more information. 2018 Retreats are Women's Retreat June 21-24 (Cathedral of the Blessed Sacrament), Women's Retreat August 16-19 (St. Rose of Lima, Roseville), Men's Retreat November 15-18 (Cathedral of the Blessed Sacrament).

**Cathedral Men's Group** meets the 2nd Tuesday of every month at 7:15 pm, Lower Level. Contact Bob Meyers at [cymn1@yahoo.com](mailto:cymn1@yahoo.com).

**Cathedral Young Adults** contact Titi Kila at [cathedralya@gmail.com](mailto:cathedralya@gmail.com)

**Choir (English)** contact Rex Rallanka, Music Director at [rrallanka@cathedralsacramento.org](mailto:rrallanka@cathedralsacramento.org) or 916-444-3071, x 38.

**Choir (Spanish)** contact Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after the 7pm Mass.

**Communion & Liberation** catechesis meets every Wednesday at 7:15pm in the Cathedral Lower Level.

**Email Prayer Chain** submit your email address, and you will be notified when prayers are needed by those who have made a special request. Contact Lynne Amerson at [cbs1017pc@yahoo.com](mailto:cbs1017pc@yahoo.com).

**Extraordinary Ministers of Holy Communion** contact Amy McCormick at [ammccormick@att.net](mailto:ammccormick@att.net), or 916-801-3967

**Front Door Ministry** contact [ministries@cathedralsacramento.org](mailto:ministries@cathedralsacramento.org) for information about volunteering or donations

**Greeters and Ushers** contact Tom Waddock at 916-444-3071, x 36

**Hospitality** contact Celeste Gisla at [jfgisla@surewest.net](mailto:jfgisla@surewest.net)

**Knights of Columbus, Cathedral Chapter** contact the rectory office

**Lectors** contact Fred Heacock at [fheacock72@hotmail.com](mailto:fheacock72@hotmail.com)

**Respect Life Ministry** contact Linda Walters, English Coordinator at 916-524-5885, or Patricia Davila, Spanish Coordinator at 916-502-4854, or email [veronicaavina@yahoo.com](mailto:veronicaavina@yahoo.com) for meeting times and other information.

**Rosary Club** (Rosary Beads and instructions are provided) meets every 1st & 3rd Wednesday of each month at 7:15 pm. You don't need to sign up, just show up. For more information, contact Lolita Urrutia at [lolita.urrutia@gmail.com](mailto:lolita.urrutia@gmail.com).

**Saint Vincent de Paul, Cathedral Chapter** contact the rectory office

**Spanish Parents Group Leaders** contact Leticia Hilbert at [leticia\\_hilbert@hotmail.com](mailto:leticia_hilbert@hotmail.com)

To learn more about the ministries at the Cathedral, visit our website:

[cathedralsacramento.org](http://cathedralsacramento.org)

## GET MARRIED AT THE CATHEDRAL

If you would like to celebrate the Sacrament of Matrimony at the Cathedral, download the Cathedral Wedding Guidelines and Reservation Form on the cathedral website. Contact the parish office at least *six months* before your desired wedding date to arrange a meeting with Wedding Coordinator, Titi Kila, at the Cathedral Office, 916-444-3071, x13, [tkila@cathedralsacramento.org](mailto:tkila@cathedralsacramento.org).

## MARRIAGE PREPARATION

The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Janet & Omar Bardales at [matrimonyprep@att.net](mailto:matrimonyprep@att.net), or 916-427-9160, or Sister Jenny at 916-444-5364. You do not have to have your wedding at the Cathedral in order to take this class.

## QUINCEAÑERA

This is the tradition of celebrating a young girl's coming of age on her 15th birthday with a Mass, and highlights the virtues of family and social responsibility, recognizing her journey from childhood to maturity. For more information on celebrating this beautiful tradition at the Cathedral, call Titi Kila, at the Cathedral Office, 916-444-3071, x13, [tkila@cathedralsacramento.org](mailto:tkila@cathedralsacramento.org).

## CATHEDRAL PARISH REGISTRATION & UPDATE Actualización y registro de la parroquia de la Catedral

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- 3) Fax to: 916-443-2749
- 4) Mail to (correo): 1017 11th Street, Sacramento, CA 95814



天上的食糧 何光榮神父

在今天的福音中，耶穌宣稱他是天上真正的食糧，梅瑟提供的瑪納隻是一個蒼白的形象。耶穌說：「飢餓的人有福了，因為他們會得到他們的滿足。」

我們反思：

當我們承認我們貧窮和脆弱時，這是一個快樂的日子，身體虛弱，受傷，需要營養。

因為我們充滿了空虛。

在我們感到困惑時，我們受到了引導。

在我們軟弱時，我們得到了加強。

在罪惡中，我們得到了寬恕。

在飢餓中，我們得到了飽飫。

主啊，我們向你祈求永生的食糧，只有你一個人可以給我們，只有這食糧才能滿足我們所有的渴望，當我們度過這一生時，它將支撐著我們，直到我們到達應許之地的天堂。

**Bread from Heaven** by Fr. Nicholas Ho

In today's Gospel, Jesus declares that He is the true bread from heaven of which the manna provided by Moses was but a pale image. Jesus said: "Blessed are the hungry, for they shall get their fill".

We reflect:

It is a happy day then when we can admit that we are poor and vulnerable, weak and wounded and in need of nourishment.

For it is in our emptiness that we are filled.

It is in our confusions that we are guided.

It is in our weakness that we are strengthened.

It is in our sins that we are forgiven.

It is in our hunger that we are fed.

Lord, we turn to you for food which endures to eternal life, which you alone can give us, and which alone can satisfy all our hungers and our longings, and which will sustain us as we journey through this life, until we reach at last the promised land of heaven.

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