

February 3 2019 \* 4th Week in Ordinary Time

Volume 19\* Issue 5

# Cathedral of the Blessed Sacrament

1019 11th Street, Sacramento, CA 95814 \* 916-444-3071





# Pastor's Corner

## The Net

I never did leave it  
leave it there, behind to follow.  
For years I lifted it, following some parallel path.  
At first it seemed possible, better, more sensible, hiding it in  
You are the son of the living God, but it started to slip and drag, getting stuck on great ideas.  
I mended it, a tired toupee  
that I should have just left.  
But I held on tight, a blanketful of power and possibilities.  
But no, it dragged me and hooked me  
so much drifting garbage and foolish desires and pretense of meaning and ancestry and generations  
and tradition. How can you leave it behind? The pain and loss.  
But I should have.  
And it was clearly damaged, for years, for centuries, millennia  
the odor of dead fish and Febreze.  
And though everyone could see how pitiful it clung, I clung, we clung,  
we all said this was life, eating off one another.  
So I held halfheartedly,  
dragging and pulling and hoping that He would rip it out of my hands and say  
"I told you to leave it!" ...And I coyly thought I had,  
but its weave cut deep into my flesh, into my half-heart.  
and he didn't, couldn't  
and I wouldn't  
choose to believe He would  
catch me.

Fr. Michael



# "I am God's Steward!"

Practicing stewardship in our everyday lives

## Resolution: Let the Lord's face shine upon me

By Andrea Perry

**January is coming to a close, and while 45 percent of us will make resolutions only 8 percent will be successful at achieving them, according to a survey by the Opinion Corporation. Let us resolve to create new habits and refresh our spiritual life in this new year.**

Our New Year's Day Masses rang with Blessing's from our Lord; *The Lord bless you and keep you! The Lord let his face shine upon you and be gracious to you! The Lord look upon you kindly and give you peace!*

– *Numbers 6:24-26a* – A blessing for us to be enthusiastic, to be living in God.

St. Augustine gave us advice on how to let the Lord's face shine upon us. He proposed giving alms, opening our hearts to the word of God, fasting, and rushing to Church. Think about it, at Church, the Lord's face truly shines upon us from the tabernacle, from the proclamation of Scripture, from those around us, and especially at the elevation of the Sacred Host, and Precious Blood.

At the beginning of this New Year let us take the advice of St. Augustine, letting the face of our Lord shine upon us daily, living more and more in God, living *En Theos*, living life enthusiastically. Fight the temptation to be lukewarm, do something more this year; going to an extra Mass during the week, pray the rosary every day, a holy hour with the Eucharist every week, more time with Scripture, more spiritual reading. (Fr. Ankley, New Year's Day homily, January 1, 2019)

**Go an extra day to Mass** – The Sacrifice of the Mass is the source and summit of our faith and our very lives! Find a daily Mass that fits your schedule, or attend daily Mass on your day off. Just 30 minutes of your day! <https://discovermass.com/>

**Pray the rosary** – As Catholics, we know -we do not merely believe, we know, that the rosary is the most powerful recitation we can make when we desire a miracle or some other grace from God. By reflecting on Our Most Holy Mother's experiences and the life of Jesus, we become more like the woman who bore all things for the sake of obedience to God's will. Find a new rosary for a new life of devotion to Our Holy Mother.

**Spend a holy hour with the Eucharist** – You Affect The Lives Of Every Person In The World During Your Holy Hour From the quotes of our Popes and Saints concerning Holy Hours of adoration, we can see how much importance they placed on adoration for a healthy spiritual life. The power of each Holy Hour that we make can be gleaned from these writings. These writings tell us that our Holy Hour is more powerful than anything in this world outside of Mass. Check out Our Catholic Prayer website to learn more about the value of a holy hour.

**Read Scripture** – Many people resolve to read the entire Bible each new year. Too few Christians have actually followed through with this though. What kind of reading plan is best? The one you're going to finish. If you get behind, it's okay, just pick up where you left off. Or just do five minutes for the first month of the year and pray, "Lord, make this a delight to me." Does sticking to a plan sound intimidating? Have you tried it before and failed? People can make an impossible plan possible. Grab a couple friends and commit to a plan together. Read the daily readings on myParish App or at [uscbb.org](http://uscbb.org).

**Journey with a Saint** – Use this fun Saint name generator to learn about a new Saint and include them in your journey of faith throughout the year. <http://saintsnamegenerator.com/>

As this new year gets underway, let's begin it in the faith and confidence that belongs to those who believe in Jesus Christ, as you receive God's special blessing for you:

In this new year may The Lord bless you and keep you! The Lord let his face shine upon you, and be gracious to you! The Lord look upon you kindly and give you peace! Within our heart let us hear these words every day.



For many years, Josephine Bakhita was a slave but her spirit was always free and eventually that spirit prevailed.

Born in Olgossa in the Darfur region of southern Sudan, Josephine was kidnapped at the age of 7, sold into slavery and given the name Bakhita, which means *fortunate*. She was resold several times, finally in 1883 to Callisto Legnani, Italian consul in Khartoum, Sudan.

Two years later, he took Josephine to Italy and gave her to his friend Augusto Michieli. Bakhita became babysitter to Mimmina Michieli, whom she accompanied to Venice's Institute of the Catechumens, run by the Canossian Sisters. While Mimmina was being instructed, Josephine felt drawn to the Catholic Church. She was baptized and confirmed in 1890, taking the name Josephine.

When the Michielis returned from Africa and wanted to take Mimmina and Josephine back with them, the future

saint refused to go. During the ensuing court case, the Canossian Sisters and the patriarch of Venice intervened on Josephine's behalf. The judge concluded that since slavery was illegal in Italy, she had actually been free since 1885.



Josephine entered the Institute of St. Magdalene of Canossa in 1893 and made her profession three years later. In 1902, she was transferred to the city of Schio (northeast of Verona), where she assisted her religious community through cooking, sewing, embroidery, and welcoming visitors at the door. She soon became well loved by the children attending the sisters' school and the local citizens. She once said, "Be good, love the Lord, pray for those who do not know Him. What a great grace it is to know God!"

The first steps toward her beatification began in 1959. She was beatified in 1992 and canonized eight years later.

# Cathedral Kids

 Read the Gospel and Color



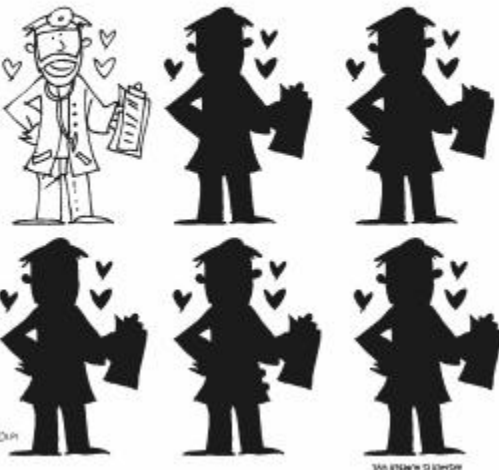
**Sharing the Gospel** - Jesus did not expect everybody to like him. Jesus chose to follow God's plan, no matter what other people said. Even though some people wanted to hurt Jesus, he always spoke the truth. He always did what was right, no matter what.

**Prayer** - Dear God, help me to keep on doing what you want, no matter what other people say.

**Mission for the Week** - Has anyone ever hurt your feelings because you love God? Pray for that person, and keep doing what is right.

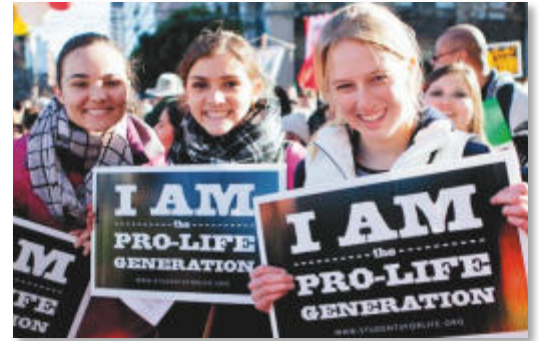
## Puzzle

Find the right shadow.



# 4th Sunday in Ordinary Time

The **Respect Life Ministry** would like to thank all of our brothers and sisters who supported our participation in the Walk for Life West Coast. Your donations and invaluable prayers help us continue to defend the dignity of human life, beginning in the womb to our natural end. God bless you all. Please continue to keep us in your prayers!



*"Before I formed you in the womb, I knew you, and before you were born, I consecrated you; I appointed you a prophet to the nations." ~Jeremiah 1: 5~*

The recently approved by-laws for the **PARISH PASTORAL COUNCIL** are available at [cathedralsacramento.org/about-us](http://cathedralsacramento.org/about-us).

The **CALIFORNIA DEPARTMENT OF PUBLIC HEALTH** (CDPH) has reported that the incidence of flu and flu-like illnesses is widespread and has reached a level requiring that we enact preventive measures to mitigate the possibility of infection at Mass. In order to protect the health and well-being of everyone, Bishop Soto has issued the following directives:

- The use of the Communion cup is suspended temporarily.
- Receive the Body of Christ in the hand (receiving on the tongue is permitted)
- Do not shake hands. Offer the sign of Peace to those around you with a simple nod, saying "peace be with you."
- Do not hold hands during the Our Father.

The obligation to attend Mass on Sunday and other Holy Days does not apply to those who are sick. If you are sick, stay home and take of yourself. Thank you for your patience and understanding during this time. And pray for those who are sick. The administration of Holy Communion in both kinds will resume as soon as the Bishop deems it safe and prudent to do so.

**CATHOLIC VIEWPOINT, FAITH, HOPE AND LOVE** – Check your TV guide for Comcast Channel 20, Consolidated 19 and AT&T 14 or find us on **YouTube!** Fr. Michael Kiernan's guests in the coming weeks are: Feb 03: Theresa Rogers, Principle of St. Francis Catholic High School. Week of Feb 10: Deacon Edgar and Leticia Hilbert! Tune in to these Faith enriching interviews on television or YouTube!

## **WORLD MARRIAGE DAY – RENEWAL OF VOWS**

On Saturday, February 9, 2019 Bishop Jaime Soto will preside at a special 11:00 am Mass at the Cathedral of the Blessed Sacrament in which married couples will receive a special blessing and have an opportunity to renew their marital commitments. An informal reception for couples and their families will follow. Special certificates will be given to couples celebrating milestone anniversaries (10, 25, 30, 35, 40, 45, 50, 50+). If you are interested in attending this free event, please register (names and anniversary year) at [www.scd.org/wmd](http://www.scd.org/wmd). For more information call the Office of Family and Faith Formation at (916) 733-0177.



## **Parish App Feature-of-the-Week**



Giving

- Access to online giving
- Quick and convenient
- Help support our parish with the tap of a button

Learn more or download our parish app at [myparishapp.com](http://myparishapp.com)

\*Available on Apple and Android Phones

Get the Cathedral Parish app today! Text "app" to 88202





[Jesus] said, "Amen, I say to you, no prophet is accepted in his own native place."

~Luke 4:24~

Date	Mass/Intentions	Activities
Saturday February 2	<b>The Presentation of the Lord World Consecration Day</b> 5:00 pm / Arturo Ramos + Consuelo Parra + <b>Rite of Acceptance &amp; Welcoming</b>	Brown Bag Lunch Collection Weekend 9:00 am Scouting Awards 10:00 am CCD Classes
Sunday February 3	<b>Feast of St. Blaise</b> 7:30 am / Damiana Tabaniag + 9:00 am / Moises Rana + Carolyn Tiernan S.I. 11:00 am / Ricardo Ordorica + Arturo Ramos + 1:00 pm (Spanish) / 3:00 pm (Chinese) 5:00 pm / People of the Parish 7:00 pm (Spanish)	Brown Bag Lunch Collection Weekend 9:00 am RCIA for Children & Teens 9:00 am Mass: RCIA - Breaking of the Word 11:00 am Mass: Liturgy of the Word for Children
Monday February 4	12:10 pm / Arturo Ramos + 5:10 pm /	6:30 pm RCIA: Vespers 7:00 pm RCIA: Class
Tuesday February 5	<b>Chinese New Year</b> 12:10 pm / Arturo Ramos + Stephen Kim S.I. 5:10 pm / Winifred Owens +	6:00 pm Spanish Choir Rehearsal for the 7pm Mass 7:00 pm Teen Confirmation Class 7:00 pm Respect Life Monthly Meeting
Wednesday February 6	12:10 pm / Hirtzel Family + 5:10 pm /	7:00 pm StVdeP Monthly Meeting 7:00 pm English Choir Rehearsal 7:15 pm Communion & Liberation 7:15 pm Spanish Choir Rehearsal for the 1pm Mass 7:15 pm The Rosary Club
Thursday February 7	12:10 pm / Roberto De La Vega Jr. + 5:10 pm /	7:00 Bible Timeline
Friday February 8	12:10 pm / Carolina Farias + Cesar R. Fortuno+	
Saturday February 9	5:00 pm / <b>World Day of the Sick Mass</b>	10:00 am CCD Classes 11:00 am Mass & Reception for <b>World Marriage Day</b>

## Readings & Observances

Sunday: 4th Sunday in Ordinary Time

Jer 1:4-5, 17-19/Ps 71:1-2, 3-4, 5-6, 15-17 [cf. 15ab]/1 Cor 12:31-13:13 or  
13:4-13/Lk 4:21-30

Monday: Heb 11:32-40/Ps 31:20, 21, 23, 24 [25]/Mk 5:1-20

Tuesday: St. Agatha, Virgin & Martyr

Heb 12:1-4/Ps 22:26b-27, 28 and 30, 31-32 [cf. 27b]/Mk 5:21-43

Wednesday: St. Paul Miki & Companions, Martyrs

Heb 12:4-7, 11-15/Ps 103:1-2, 13-14, 17-18a [cf. 17]/Mk 6:1-6

Thursday: Heb 12:18-19, 21-24/Ps 48:2-3ab, 3cd-4, 9, 10-11 [cf. 10]/Mk 6:7-13

Friday: St. Josephine Bakhita, Virgin; St. Jerome Emiliani

Heb 13:1-8/Ps 27:1, 3, 5, 8b-9abc [1a]/Mk 6:14-29

Saturday: Heb 13:15-17, 20-21/Ps 23:1-3a, 3b-4, 5, 6 [1]/Mk 6:30-34

## Prayer Corner

### For the Special Intentions of:

Ted Freitas  
Manuel Benjamin  
Lara Murillo  
Margarita Gonzalez  
M Cintron  
Mike  
Mary  
Maria  
Gabriel Valentin  
Patricia and Andrew Vargas  
Jocey  
Sara Martinez  
Marilyn Custodio  
Kinda A  
Lucia  
Damianus Aditya Christie  
Snjezana  
Matthew Mahoney  
Teddy Nguyen  
MEM  
Madeleine B. Vinluan  
Maricela Huidor  
Janine  
Anna Lanzona  
Alexa Novelo  
Mary  
Shelby Hogan  
Sepehr  
Gloria Sanchez  
Maria  
Tifini and her unborn child

### For the Repose of the Soul of:

Patricia and Andrew Vargas+  
Jaime Tenajeros Caminos+  
Nellie Foronda Tumbaga+  
Armandina Guerrero+  
Charles Urrutia +  
John Keener+  
Jaime Tangco +  
Lukas Flucht +  
Heriberto Concepcion Tadina+  
Dubu+  
Benny Garces+  
Roman Q Paguio+  
Shelby Hogan +



# Esquina del Pastor

## La red



Nunca lo dejé

Déjalo ahí, detrás para seguir.

Durante años lo levanté, siguiendo algún camino paralelo.

Al principio parecía posible, mejor, más sensato, ocultándolo en

Tú eres el hijo del Dios viviente, pero comenzó a resbalar y arrastrarse, quedando atrapado  
en grandes ideas.

Lo reparé, un cansado toupee.

que debería haber dejado justo.

Pero me aferré fuerte, una manta llena de poder y posibilidades.

Pero no, me arrastró y me enganchó.

tanta basura a la deriva y deseos tontos y pretensión de significado y ascendencia y generaciones  
y la tradición ¿Cómo puedes dejarlo atrás? El dolor y la pérdida.

Pero debería haberlo hecho.

Y fue claramente dañado, durante años, durante siglos, milenios.

El olor a pescado muerto y Febreze.

Y aunque todos pudieron ver lo lamentable que se aferraba, me aferré, nos aferramos,

Todos dijimos que esto era vida, comiéndose unos a otros.

Así que sostuve a medias,

arrastrando y tirando y esperando que Él lo arrancara de mis manos y dijera

"¡Te dije que lo dejaras!" ... Y pensé tímidamente que lo tenía,

pero su tejido cortado profundamente en mi carne, en mi medio corazón.

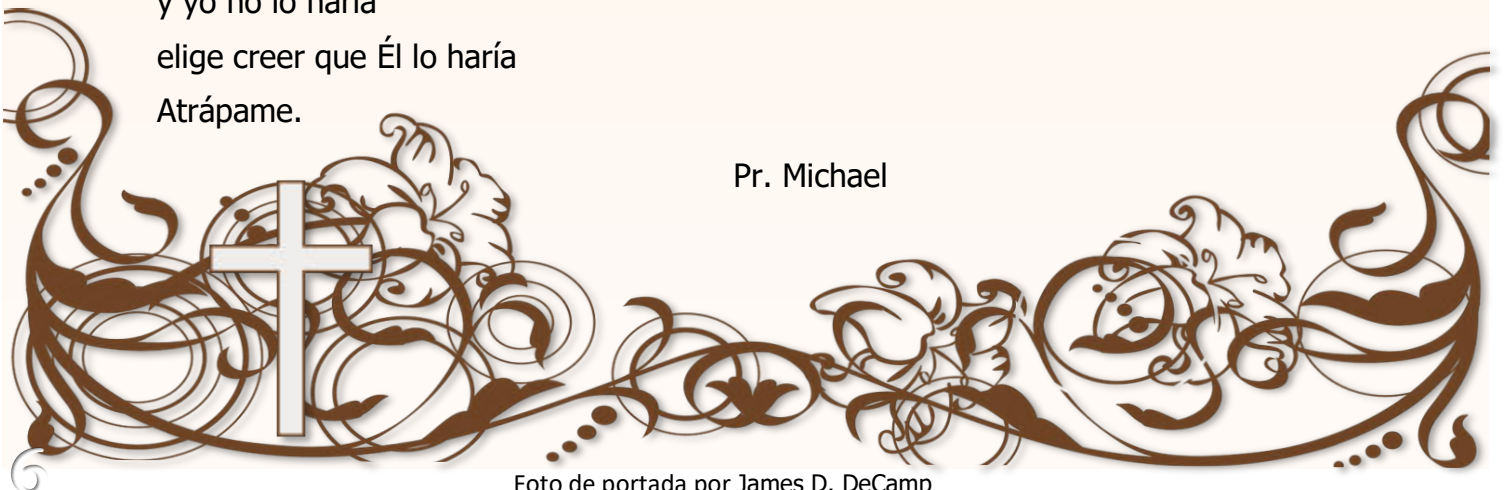
y él no lo hizo, no pudo

y yo no lo haría

elige creer que Él lo haría

Atrápame.

Pr. Michael







## LAS LECTURAS Y CONMEMORACIONES SEMANALES

Las lecturas de la semana del 3 de febrero de 2019

Domingo: 4o Domingo del tiempo ordinario

Jer 1, 4-5. 17-19/Sal 71, 1-2. 3-4. 5-6. 15-17 [cfr. 15]/  
1 Co 12, 31-13, 13 o 13, 4-13/Lc 4, 21-30

Lunes: Heb 11, 32-40/Sal 31, 20. 21. 23. 24 [25]/Mc 5, 1-20

Martes: Santa Agueda, virgen y mártir

Heb 12, 1-4/Sal 22, 26b-27. 28 y 30. 31-32 [cfr. 27b]/  
Mc 5, 21-43

Miércoles: San Pablo Miki y compañeros, mártires

Heb 12, 4-7. 11-15/Sal 103, 1-2. 13-14. 17-18 [cfr. 17]/  
Mc 6, 1-6

Jueves: Heb 12, 18-19. 21-24/Sal 48, 2-3. 3cd-4. 9. 10-11  
[cfr. 10]/Mc 6, 7-13

Viernes: Santa Josefina Bakhita, virgen; San Jerónimo Emiliani

Heb 13, 1-8/Sal 27, 1. 3. 5. 8-9 [1]/Mc 6, 14-29

Sábado: Heb 13, 15-17. 20-21/Sal 23, 1-3. 3-4. 5. 6 [1]/Mc 6,  
30-34

Domingo siguiente: Is 6, 1-2. 3-8/Sal 138, 1-2. 2-3. 4-5. 7-8 [1]/  
1 Co 15, 1-11 o 15, 3-8. 11/Lc 5, 1-11

## MEDITACIÓN EVANGÉLICO

La estancia de Jesús entre sus paisanos siempre tuvo momentos de tensión; era cuestionado por su origen y por sus hechos. La gente se decía, "Pensar que es el hijo de José". Un conocido de ellos que de algún modo les daba referencias de una formación y educación dentro de una familia. Pero, de profeta nada, él no podía, era hijo de José. Jesús les echa en cara su proceder y da una respuesta segura: "Seguramente ustedes me van a recordar el dicho: Médico, cúrate a ti mismo. Realiza también aquí, en tu patria, lo que nos cuentan que hiciste en Cafarnaúm". (Lucas 4:23).

Pero, Jesús no calla; Sigue recordándoles lo que paso en Sarepta con la viuda y Naamán el sirio. Fue rechazado por aquellos que debían haberlo recibido con los brazos abiertos. Sus paisanos, al contrario, furiosos, lo conducen a las afueras del pueblo para hacerle daño. Sin embargo, nos dice la Escritura, "¿pasó por medio de ellos y siguió su camino". (Lucas 4:30). ¿Cuál es la buena noticia de todo este acontecimiento? ¿Cuál es la enseñanza de Jesús para la sociedad actual? La Buena Noticia es que nuestro Dios no es vengativo ni justiciero, por el contrario, es un Dios de infinita misericordia. Estamos muy necesitados del amor y el perdón entre nosotros; en especial la Iglesia que actualmente sufre por los er-

ros cometidos por sus líderes. Recordemos que Dios sigue revelándose más allá de nuestros límites y nos llama a la conversión siempre. Busquemos con sinceridad al Señor; él es nuestro Salvador. Recibámoslo con un corazón abierto en esta Eucaristía dominical.

## VIVIR LA LITURGIA

Nadie quiere escuchar a un profeta, especialmente cuando el profeta es alguien cercano a nosotros. Nos cuesta mucho aceptar que conocidos ordinarios puedan desarrollar el tipo y la profundidad de sabiduría que no solo puede cambiar positivamente las vidas sino también desafiarlas profundamente. Para muchas personas, Jesús era simplemente el hijo de José, a pesar de que sus palabras atrajeron su atención y los asombró. Después de que sus palabras fueron comprendidas, se enfurecieron y lo expulsaron de la ciudad. ¿Es Jesús simplemente el hijo de José para nosotros también, o es el Dios que nos conoció antes de que fuéramos formados en el vientre? Si Él es Dios, entonces debemos prestar atención a su mensaje y en consecuencia cambiar nuestras vidas.

## LA CORRESPONSABILIDAD DIARIA

Si usted siente un gran interés por algo, quizás quiera compartir sus pensamientos y sentimientos con los demás. Cuando ese algo tiene que ver con cosas como comida, arte o viajes, otros pueden mostrar interés, por lo que la conversación es agradable. Sin embargo, cuando ese algo es política o religión, ¡cuidado! La conversación puede volverse rápidamente en debate y luego en ira. Eso puede ser cualquier cosa, menos agradable.

El Evangelio no siempre conduce a la alegría cuando se presenta inicialmente. A veces, nos convence y nos hace ver el error de nuestros caminos. En otras ocasiones, parece que lo que se nos pide es demasiado difícil y nos obliga a salir de nuestra zona de confort. Cuando Jesús habló la verdad sobre el Reino de Dios, no todos aplaudieron. Esa nunca fue una razón para quedarse en silencio.

La vida de corresponsabilidad nos permite dar testimonio del Evangelio con pocas palabras. Nuestras acciones hablan muy fuerte. Sin embargo, nunca se debería dejar a nadie preguntándose por qué usted y yo elegiríamos hacer las cosas que hacemos. Qué penoso sería si usted falleciera y en su funeral comentaran cuán buena persona era, pero no tenían idea de que era cristiano. La gente necesita entender el "por qué" de lo que hacemos. La verdad es que hay una gran alegría en ser un discípulo de Jesucristo. No le robes a otros la oportunidad de conocer esa alegría por sí mismos.

-Tracy Earl Welliver, MTS

## DÍA MUNDIAL DEL MATRIMONIO-RENOVACIÓN DE VOTOS

Habrá una bendición especial para las parejas casadas y la oportunidad para renovar su compromiso matrimonial. La misa será celebrada a las 11:00 am el Sábado, 9 de Febrero del 2019 por el Obispo Jaime Soto en la Catedral del Santísimo Sacramento, ubicada en el 1017 11st. en Sacramento, CA. Después de misa habrá una recepción para las parejas y sus familias en el Salón Mercy ubicado dentro de la Catedral en donde se dará un certificado especial a las parejas que celebran un aniversario significativo (10, 25, 30, 35, 40, 45, 50, 50+). Este evento es gratis y toda pareja interesada en asistir debe llamar al Oficina de Familia y Formación en la Fe al Tel. (916) 733-0177 para registrar sus nombres y años de casados o en línea en la página [www.scd.org/wmd](http://www.scd.org/wmd)





~A Vibrant Parish and Historic Landmark Since 1889~

# Cathedral of the Blessed Sacrament

1017 11th Street, Sacramento, CA 95814

916-444-3071, Fax 916-443-2749 , [cathedralsacramento.org](http://cathedralsacramento.org)

Rectory Office Hours — Monday to Friday, 9:00 am to 12:00 pm, 1:00 pm to 5:00 pm



February 3 2019 \* 4th Week in Ordinary Time

### PASTORAL AND ADMINISTRATIVE STAFF

Father Michael O'Reilly, Rector  
 Father Kieran McMahon, Priest in Residence  
 Father Nicholas Ho, Chinese Mass  
 Deacon John Gisla, Office Manager  
 Deacon Don DeHaven  
 Deacon Edgar Hilbert  
 Deacon Omar Bardales  
 Sister Jenny Aldeghe, Director of Education  
 Michael Ognisty, Sacristan  
 Rex Rallanka, Director of Music  
 Tom Waddock, Cathedral Manager  
 Carmen Perez, Secretary  
 Katie McAllister, Bookkeeper  
 Titi Kila, Wedding Coordinator

### PARISH PASTORAL COUNCIL

Peggy Oakden, Chairperson  
 Eileen Dunn                  Russell Almaraz  
 Jaime Elizaldi                 Jose Solis  
 Jeff Weiss                         Paty Davila  
 Ellis Chan                         Breana Gonzalez  
 Les Cochran                       Esteban Arellano

### FINANCE COUNCIL

Robert Ingenito, Chairperson     Michael Pease  
 Janet Bardales                         Gerardo Davila  
 Steve Harrold                             Angela Lai

### MASSES

Monday to Friday                    12:10 pm  
 Monday to Thursday                5:10 pm  
 Saturday Vigil                        5:00 pm  
 Sunday                                    7:30 am  
     9:00 am  
     11:00 am  
     1:00 pm en Español  
     3:00 pm Chinese  
     5:00 pm  
     7:00 pm en Español  
 State Holidays                        12:10 pm only

### SACRAMENT OF CONFESSION

Monday to Friday                    11:30 am to 12:00 pm  
 Saturday                                 4:00 pm to 4:45 pm  
 Domingo en Español                 12:30 pm a 12:45 pm  
     6:30 pm a 7:00 pm

### EUCCHARISTIC ADORATION

When attendants are available:  
 Wednesday                    12:45 pm to 4:45 pm  
 Thursday                        12:45 pm to 4:45 pm  
 Friday                              12:45 pm to 3:45 pm

### ANOINTING OF THE SICK - By appointment

**BAPTISMS** (Registration is required)  
 English - 3rd Saturday of the month, 9:00am  
 Español - 4º Sábado del mes, 9:00am

### BAPTISM CLASSES (No registration required)

English - 1st Thursday of the month, 7:00pm  
 Español - 2do jueves del mes, 7:00pm

### TOURS

Tours are free and are led by trained Docents after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours in Spanish are held the 1st & 3rd Sundays of the month after the 1pm Mass. Tours begin at the Baptismal Font. Contact 916-444-3071 to arrange free private group tours.

### GIFT SHOP on the Lower Level

Sundays                            9:00 am to 3:00 pm  
 Tuesdays                        10:30 am to 12:00 pm

Text "app" to 88202



ROMAN CATHOLIC  
**DIOCESE OF SACRAMENTO**  
 DIÓCESIS CATÓLICA ROMANA DE SACRAMENTO

The Most Reverend **Jaime Soto**, D.D, M.S.W  
 Bishop of Sacramento

2110 Broadway, Sacramento, CA 95818  
 Office Hours: 8:30am - 4:30 pm  
 Phone 916-733-0100, Fax 916-733-0195

[scd.org](http://scd.org)

### ~Bulletin Ministry~

Editor: Lyssa Black     Publisher: Liturgical Publications  
 Advisor: Father Michael O'Reilly                         Chinese News: Kenneth Ng

Send submissions to [cathedralsacramento@gmail.com](mailto:cathedralsacramento@gmail.com) nine calendar days before publication weekend. See calendar on [cathedralsacramento.org](http://cathedralsacramento.org) for submission deadlines





## CATHEDRAL MINISTRIES

<b>Altarservers</b>	Michael Ognisty, mfognisty@msn.com.
<b>Benedictus Youth Group</b>	Victoria Ramos, benedictusy@gmail.com
<b>Brown Bag Lunch Ministry</b>	Jerri Rush, jerrirush@comcast.net
<b>Catechesis of the Good Shepherd</b>	for ages 3+, for information, visit youngsheep.org, or call 916-910-3435 saccathedralacts.org
<b>Cathedral A.C.T.S.</b>	Bob Meyers, cynm1@yahoo.com
<b>Cathedral Men's Group</b>	contact the rectory office
<b>Cathedral Saint Vincent de Paul</b>	Titi Kila, cathedralya@gmail.com
<b>Cathedral Young Adults</b>	Rex Rallanka, Music Director, rrallanka@cathedralsacramento.org
<b>Choir (English)</b>	Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after 7pm Mass.
<b>Choir (Spanish)</b>	Reggie King, Brian Perez, thecatholicstore@gmail.com
<b>Cinema Divina Movies</b>	catechesis meets every Wednesday at 7:15pm in the Cathedral Lower Level.
<b>Communion &amp; Liberation</b>	Jill Pease, peasejill@gmail.com
<b>Docents</b>	Lynne Amerson, cbs1017pc@yahoo.com.
<b>Email Prayer Chain</b>	
<b>Extraordinary Ministers of Holy Communion</b>	Amy McCormick, ammcormick@att.net
<b>Festival of Trees and Lights</b>	Paula Trujillo, trupaula@gmail.com
<b>Front Door Ministry</b>	ministries@cathedralsacramento.org
<b>Greeters and Ushers</b>	Tom Waddock, 916-444-3071, x 36
<b>Hospitality</b>	Celeste Gisla, jfgisla@surewest.net
<b>Knights of Columbus</b>	Jaime Elizaldi, jaime.elizaldi@gmail.com
<b>Lectors</b>	Fred Heacock, fheacock72@hotmail.com
<b>Respect Life Ministry</b>	Veronica Avina, veronicaavina@yahoo.com
<b>Rosary Club</b>	Lolita Urrutia, lolita.urrutia@gmail.com.
<b>Spanish Parents Group Leaders</b>	Leticia Hilbert, leticia_hilbert@hotmail.com

To learn more about the ministries at the Cathedral,  
visit our website:

[cathedralsacramento.org](http://cathedralsacramento.org)

## CATHEDRAL PARISH STEWARDSHIP

Weekend	Total Offering	Percent of Goal
January 5/6	\$8,484	73%
January 12/13	\$8,083	70%
January 19/20	\$8,541	74%
January 26/27	\$9,606	84%

The Parish's weekly expenses exceed **\$20,000**. To maintain fiscal integrity, the weekend offertory needs to cover more than half of Parish expenses. The Finance Council has set a weekly offertory goal of **\$11,500**.

## CATHEDRAL PARISH REGISTRATION & UPDATE Actualización y registro de la parroquia de la Catedral

You can also register online at [cathedralsacramento.org](http://cathedralsacramento.org)/ Visit Us / Register as a Parishioner

Name (*Nombre*): \_\_\_\_\_  
 Street Address (*Domicilio*): \_\_\_\_\_  
 City (*Ciudad*): \_\_\_\_\_ State (*Estado*): \_\_\_\_\_ Zip (*Código postal*): \_\_\_\_\_  
 Phone (*teléfono*): (\_\_\_\_) \_\_\_\_\_ Cell Phone (*Celular*): (\_\_\_\_) \_\_\_\_\_  
 Email: \_\_\_\_\_

**For additional family members, please attach a separate sheet.**  
 Please indicate: Por favor indique:  
 New Parishioner/Individual Nuevo Parroquiano / Individuo  
 New Parishioners/Family Nuevo Parroco / Familia  
 Change of Address Cambio de Dirección  
 Please send Offertory Envelopes Por favor envíe Sobres de Ofertorio

### Please return by (*Regrese por favor*):

- Put into collection basket at mass  
(deposite en la canasta de la colecta en misa)
- Scan to pdf file and email: [blessed@cathedralsacramento.org](mailto:blessed@cathedralsacramento.org)  
(escanear a pdf file y envía por correo electrónico)
- Fax to: 916-443-2749
- Mail to (correo): 1017 11th Street, Sacramento, CA 95814



## RELIGIOUS EDUCATION PROGRAMS

The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A., for adults, teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program.

If you've been coming to Mass for a while, but are not Catholic, or were baptized Catholic but never completed your faith formation classes, we invite you to look deeper into the Catholic faith. Come meet some faithful Catholics who love the Lord and would consider it a privilege to get to know you. We invite you to learn what Catholics believe in an open and welcoming environment. The **Rite of Christian Initiation of Adults (RCIA)** sessions meet every Monday Evening at 7 PM in the lower level of the Cathedral. Feel free to come any Monday evening.



For more information on all of our faith formation programs, please call **916-444-5364** or email Sister Jenny Aldeghi FDCC, Director of Religious Education, [jenny@cathedralsacramento.org](mailto:jenny@cathedralsacramento.org)

## MARRIAGE PREPARATION

The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Janet & Omar Bardales at [matrimonyprep@att.net](mailto:matrimonyprep@att.net), or 916-427-9160, or Sister Jenny at 916-444-5364. You do not have to have your wedding at the Cathedral in order to take this class.

## GET MARRIED AT THE CATHEDRAL

If you would like to celebrate the Sacrament of Matrimony at the Cathedral, download the Cathedral Wedding Guidelines and Reservation Form on the cathedral website. Contact the parish office at least *six months* before your desired wedding date to arrange a meeting with Wedding Coordinator, Titi Kila at [tkila@cathedralsacramento.org](mailto:tkila@cathedralsacramento.org).

## HAVE YOUR MARRIAGE BLESSED IN THE CHURCH

If you would like to have your civil marriage blessed in the Catholic Church, please call or email Deacon John at the Cathedral Office to explore this possibility: 444-3071 Ext. 11; [jgisla@cathedralsacramento.org](mailto:jgisla@cathedralsacramento.org). This can often be done in a small, private ceremony called a Convalidation, without any cost or fee. If you have been together for a number of years and would like to be married in the Church, this can also often be done in a small, private ceremony without any cost.

## QUINCEAÑERA

This is the tradition of celebrating a young girl's coming of age on her 15th birthday with a Mass, and highlights the virtues of family and social responsibility, recognizing her journey from childhood to maturity. For more information on celebrating this beautiful tradition at the Cathedral, call Titi Kila, at 916-444-3071, or [tkila@cathedralsacramento.org](mailto:tkila@cathedralsacramento.org).

## LITURGY OF THE WORD FOR CHILDREN

For ages 5 to 10 years old, at the 11:00 am Sunday Mass (Check calendar for dates). Children return to their families before the Offertory. For more information, contact the education office or Dorothy Corgiat at [dlcorgiat@yahoo.com](mailto:dlcorgiat@yahoo.com).



## 聖巴拉削 (二月三日)

聖巴拉削是亞美尼亞的瑟巴斯德城主教。其時教難慘烈，聖人退隱山林，與野獸為伍。被捕後，解往衙門，中途遇一婦人，因其豬被野狼啣去，正在哀哭。聖人口出一語，野狼即將豬送回。又有一小孩魚骨哽在喉部，窒息將死，聖人顯靈蹟、當場將其治癒。故後世患喉病者，多求聖人救治，即淵源於這靈蹟。總督亞格利各勞對聖人施以鞭笞、鐵鉤等苦刑，並斷絕其飲食。但是那個重獲失豬的婦人，感聖人的恩，暗中送食物給他。聖人最後被斬首致命。時約在主曆三一六年。在很多處所，本日特祝蠟燭兩支，交叉成聖安德肋十字架形，安放在信友喉部或頭上，求聖人轉禱，免患喉疾。

### St. Blaise (February 3)

St. Blaise is the bishop of Sebastian in Armenia. At that time, preaching was difficult, and the saint went to the mountains and lived with the wild animals. After being arrested, he was sent to Court. He met a woman on the way. Because her pig was taken by a wild wolf, she was crying. The saint said something, and the wolf brought the pig back. Another child has a fish bone in his throat and was about to die with suffocation. The saint showed his spirit and healed him. As a result of this miracle, those who suffer from throat disease later asked him for the treatment. The governor of Cappadocia and Lesser Armenia tortured the saint with whipping and iron hooks and not giving him any food. But the woman who recovered the lost pig with the grace of the saint secretly sent food to him. He was finally beheaded. It was 316 A.D. In many places, two candles are lit on February 3, crossed into a cross shape of St. Andrew's, placed on the throat or head of the believer, asking the saint to pray and avoid throat disease.

### 本週報告 (會長)

慕道班於每星期彌撒後以中文舉行。如果您認識的任何朋友或家人對天主教信仰有興趣，請邀請他參加。

### Announcement this week (President)

We have RCIA every week after mass in Chinese. If any friend or family member you know is interested in the Catholic faith, feel free to invite him/her to the RCIA.



**Los Jarritos**  
**455-7911 • Mexican Food**  
 Daily 8am - 9pm • Fri & Sat till 9:30pm  
 2509 Broadway  
**LosJarritosSacramento.com**



**catholicmatch<sup>®</sup>**  
 California



CatholicMatch.com/CA

UPGRADE TO A  
**VIBRANT ad**  
 Contact us for details • 800-950-9952

**DISPONIBLE POR TIEMPO LIMITADO**  
**ANUNCIE SU NEGOCIO AQUÍ**

Llame a **Jeff Tkachuk** hoy para su anuncio!  
**jtkachuk@4LPi.com** or **(800) 950-9952 x2513**

**AVAILABLE FOR A LIMITED TIME**  
**ADVERTISE YOUR BUSINESS HERE**

Contact **Jeff Tkachuk** to place an ad today!  
**jtkachuk@4LPi.com** or **(800) 950-9952 x2513**

**Sac Valley ELECTRIC INC.**  
 Commercial & Industrial Electrical Contractors  
 Office: (916) 922-1139  
 Fax: (916) 922-1312  
 24 Blue Sky Court, Suite A  
 Sacramento, CA 95828  
 www.sacvalleyelectric.com

**DK IRON**  
 WALT LLAMAS  
 247-8092



I MAKE GATES  
 CUSTOM IRON FENCING  
 WE DO ADA HANDRAILS TOO!  
Contractor #1000019

**Family Dentistry**



**Jasmine L. Dermawan, DMD**  
 2335 American River Dr.  
 Ste. 307, Sacramento, CA 95825  
**916-929-0331**  
**www.drjasminedmd.com**  
\*English • Indonesian

Your Local Experts in All Your Real Estate Needs



HERE TO SERVE YOU!



**John Lanting** (916) 798-3225  
**Tomas Garcia** 916-712-6391

Realtors [www.JohnLantingHomes.com](http://www.JohnLantingHomes.com) DRE#01410391

**AVAILABLE FOR A LIMITED TIME**  
**ADVERTISE YOUR BUSINESS HERE**

Contact **Jeff Tkachuk** to place an ad today!  
**jtkachuk@4LPi.com** or **(800) 950-9952 x2513**

*"He who has ears to hear, let him hear"*  
 ~ Matthew 11:15



**We Specialize in Hearing Loop Installation**

We can help to make this a reality for worshippers. Allow us to install hearing loop assistive listening in your church to accommodate the hearing impaired.

Contact Us:  
 Cooper Loop Assistive Listening Devices  
**Jeff@copperloop.net • www.copperloop.net**  
 O: 530-272-2624 • C: 520-277-0275

**Ask for your Parish Discount**

Your family resource for **Pre-Need Planning and End-of-Life Services** for your funeral, cremation & cemetery needs.

Catholics caring for Catholics  
**cfcsSacramento.org**



**916-726-1232**  
**CALVARY CEMETERY & FUNERAL CENTER**  
 7101 Verner Ave., Citrus Heights

**916-452-4831**  
**ST. MARY CEMETERY & FUNERAL CENTER**  
 6509 Fruitridge Road, Sacramento

**JESUIT HIGH SCHOOL**



FORMING FUTURE LEADERS IN THE SACRAMENTO AREA SINCE 1963


**EXPLOREJESUIT.COM**

**MARY KAY**

**Phyllis Enos**  
 Sales Director  
 916-690-0063  
 iwuvmakeup@aol.com  
 www.marykay.com/penos



Celebrating Life & Family



**CONFLUENCE FINANCIAL PLANNING, LLC**

Formerly named Cynthia S. Meyers, CFP®

Cynthia S. Meyers is a Registered Representative and Investment Advisor. Representative with, and offer securities and advisory services through, Commonwealth Financial Network®, member FINRA/SIPC, a Registered Investment Advisor.

916-927-6487  
 CONFLUENCE-FP.COM

**GEORGE L. KLUMPP CHAPEL OF FLOWERS**

**If a loved one passes, call 916-443-7917... anytime day or night for immediate assistance.**

2691 Riverside Blvd, Sacramento  
**klumppsfuneralhome.com**

**ONE STOP FURNITURE**  
*One Stop Shop All*

2441 Northgate Blvd, Sacramento, CA 95833 **(916) 927-1847**  
 7660 Stockton Blvd, Sacramento, CA 95823 **(916) 226-2612**

**Receive \$100 OFF with every \$999 purchase**

Cannot be combined with any other discounts, store promotions, or clearance products.

**No Credit Check-Financing Available • Se Habla Español**



SUNDAY BRUNCH 11 AM - 3 PM

# EXPERIENCE MEXICAN CUISINE AT IT'S BEST...



ONE BLOCK FROM THE CATHEDRAL SACRAMENTO CORNER OF 12 & K STREET

## MAYAHUEL

12TH & K STREET

DOWNTOWN | 1200 K STREET | EXPERIENCEMAYAHUEL.COM



## MERCY McMAHON TERRACE

*June's Place*

### Mercy McMahon Terrace

*Independent, Assisted Living & Memory Care*

A Truly One of a Kind Community  
Founded by the Sisters of Mercy  
24 Hour Nursing  
Mass offered weekly in our Chapel

**(916) 733-6510**

Call for a Tour Today!

3865 J St., Sacramento, CA 95816

RCFE 340312763

### JVM LANDSCAPE CONSTRUCTION, INC.

"DELIVERING THE ULTIMATE OUTDOOR EXPERIENCE"

DROUGHT TOLERANT LANDSCAPES  
IRRIGATION INSTALLATION  
SOD • SYNTHETIC TURF  
PATIOS & DECKS • PAVERS  
STAMPED CONCRETE • FENCING  
LIGHTING SYSTEMS  
PLANT & TREE INSTALLATION  
DEMOLITION • AND MORE!



916-549-8895

WWW.JVMLANDSCAPES.COM



CSLB# 984835

**Call Betty 916-719-8572**  
3029 El Camino Ave, Sacramento 95821

**We Deliver to Downtown & Midtown**  
1900 S Street • 916-399-4580

2830 Northgate Blvd. #4  
916-922-6018 northgatesmog.com

## A HOME IS MORE THAN A HOUSE



**Phyllis Ehlert, MPA**

Realtor CalBRE 01935709  
(916) 213-7665

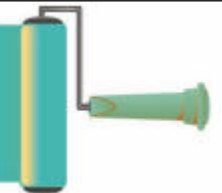
phyllis@mcmahonphillips.com



CalBRE 01521625

*Get on the right path!*

## SUPPORT THE ADVERTISERS THAT SUPPORT OUR COMMUNITY



# TIRED OF PAYING RENT?

**We Can Help You Sell or Buy Your New Home.**

**LO ASESORAMOS EN ESPAÑOL**

**Call Me or Text Me 510-385-8094**

Javier@JLamerican.com

DRE # 01894284



For ad info. call 1-800-950-9952 • www.4lpi.com

Cathedral of Blessed Sacrament, Sacramento, CA

A 4C 05-1145