



Volume 18 * Issue 9



Cathedral of the Blessed Sacrament

March 4 2018 * 3rd Sunday in Lent

Pastor's Corner

Confessions

The line extends beyond the horizon
Spot after spot after spot
Some occupied by future me.
Look. Here you are again!
I find myself next –
Push door and enter and hear myself begin.
“In the name of...”
“It’s been two minutes...”
two millennia
My silent voice echoes through corridors of history
Shamefully shameless
Lovingly loveless
Livingly lifeless
Voice after voice
Spot after spot
Me after you after me after you
Each voice echoes sin
The door push/pulled
Click and thud and click and thud
The line, the echo, the click and
Tick
The line – tick
Echo – tick
Click tick thud.
The noon bell chimes
Echoes – “Its time”
Endless the line.
Ready or not.
I pull the door and step out.
I see you and me and you and me and
Empty lanterns and eternity.
I lock the door.
The Mass begins.

Father Michael O'Reilly

Readings

04 Sunday: Ex 20:1-17 or 20:1-3, 7-8, 12-17/Ps 19:8, 9, 10, 11 [Jn 6:68c]/1 Cor 1:22-25/Jn 2:13-25.

Scrutiny: Ex 17:3-7/Ps 95:1-2, 6-7, 8-9 [8]/Rom 5:1-2, 5-8/Jn 4:5-42 or 4:5-15, 19b-26, 39a, 40-42

05 Monday: 2 Kgs 5:1-15b/Ps 42:2, 3; 43:3, 4 [cf. 42:3]/Lk 4:24-30

06 Tuesday: Dn 3:25, 34-43/Ps 25:4-5ab, 6 and 7bc, 8-9 [6a]/Mt 18:21-35

07 Wednesday: Dt 4:1, 5-9/Ps 147:12-13, 15-16, 19-20 [12a]/Mt 5:17-19

08 Thursday: Jer 7:23-28/Ps 95:1-2, 6-7, 8-9 [8]/Lk 11:14-23

09 Friday: Hos 14:2-10/Ps 81:6c-8a, 8bc-9, 10-11ab, 14 and 17 [cf. 11 and 9a]/Mk 12:28-34

10 Saturday: Hos 6:1-6/Ps 51:3-4, 18-19, 20-21ab [cf. Hos 6:6]/Lk 18:9-14

11 Next Sunday: 2 Chr 36:14-16, 19-23/Ps 137:1-2, 3, 4-5, 6 [6ab]/Eph 2:4-10/Jn 3:14-21.

Mystagogy

What Have You Given Up For Lent?

Turn back to the Lord and do penance.

—Be renewed in heart and spirit.

So says the Responsorial in the opening liturgy of the Divine Office for Ash Wednesday. It sets the tone of the Lenten season, which is not so much about fasting and alms-giving as it is about a renewal of heart and spirit. Lent is a time of recollection, a time to reflect and take a closer look at the state of our soul and discern where we might need to amend our ways, adjust our manner of life, and renew our commitment to God. Fasting, penance, almsgiving, and personal sacrifice can facilitate the reflection and renewal we are striving after in preparation for a worthy celebration of Easter, but we cannot accomplish that renewal by simply finding a token pleasure to give up.

Fasting can challenge our gluttony and expose how often we eat, not out of necessity, but merely as a pleasure-seeking pastime that we employ to cover up our depression, which may be a symptom of our weakened spiritual life. Penance can express our godly sorrow over some mortal sin we have committed and repented of and taken to confession. Almsgiving can fly in the face of our greed and covetousness and make us more sensitive to the plight of the poor and the less fortunate. But what if these aren't the particular sins and imperfections we struggle with? Can we not tailor our Lenten sacrifices to challenge our own particular besetting sins? Certainly we can, but exactly how to we do that?

Once we recognize what our besetting sins are and what we struggle with the most, it is easy to come up with a Lenten program that challenges us in those particular areas. In that case, we ought to adopt Lenten sacrifices that specifically and intentionally challenge us to act in a manner contrary to what we are the most commonly guilty of.

I heard a young lady describe her struggle with vanity and an over-emphasis on how she looks. She was always looking at her body in the wall-sized mirror in her room, scrutinizing every little imperfection in her physical appearance, which made her struggle with her

failure to measure up to the impossible standards of fashion magazines. She was always starving herself in order to look like the models she saw in the touched up photos that, despite being a naturally attractive young lady, made her always feel ugly and in need of greater weight loss. In discussing her Lenten sacrifices with a discerning priest, he counseled her not to fast at all during Lent because that would only play to her vanity and advance her toward anorexia.

She decided that her Lenten program should take on a different character: She determined not to starve herself during Lent, but instead eat three reasonable meals a day and even snack in between occasionally. For her, that was a more rigorous form of "fasting" than going without food, because it would force her to deal with her vanity and her obsession with her weight. What she chose to "give up" for Lent was looking in the mirror; she would cover the mirror in her room and not look at herself nor scrutinize anything about her body for the duration of Lent. By choosing this Lenten program, she captured the very essence of Lent: striving after spiritual renewal by making sacrifices and offering penance that form new habits in us and set a new tone for our manner of life *after* Easter Sunday. While not following the traditional fasting and penances we normally associate with Lent, her particular Lenten program was specifically tailored to help her answer the universal call to,

Turn back to the Lord and do penance.

—Be renewed in heart and spirit.

Next Sunday we will reach the midpoint of Lent (*Laetare* Sunday, the 4th Sunday of Lent). Even though many of us have already embarked on a Lenten program, we still have time — and are quite free — to makes adjustments that sharpen our focus during this blessed time of year, especially as our Lenten observance begins to expose areas of our life that need more specific attention. For that reason, even now we can adjust our Lenten program, offering the prayer given in the Liturgy of the Hours for Friday of the first week of Lent:

"Lord, may our observance of Lent help to renew us and prepare us to celebrate the death and resurrection of Christ, who lives and reigns with you and the Holy Spirit, one God, for ever and ever".

~John-David Black~

Photo and Cover Photo: Titi Kila



Cover Photo: Bishop Myron Cotta inscribes the names of candidates and catechumens into the Book of the Elect at the Rite of Elections that took place the first week of Lent. During this Period of Purification, catechumens participate in several rites, called Scrutinies, on the third, fourth, and fifth Sundays of Lent, at the 9:00 am Mass, in preparation for baptizing and confirmation at the Easter Vigil on March 31st.

Also, with the support of their parents, the CCD students recently experienced

their first confessions at a gathering in Mercy Hall. Each was given a personally crafted "sheep" to mark this very important occasion.

These are special moments in faith formation for the adults and children. Please keep them all in your prayers as they move forward in their spiritual journey.

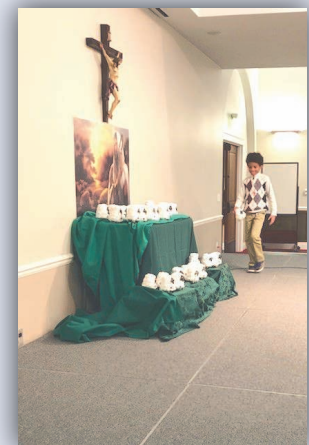


Photo: Angela Thomas



13th Annual Easter Raffle

Help support the Cathedral's Faith Formation Program by buying tickets for \$1 each. You could win wonderful prizes, like:

- An Apple Watch
- A Weekend Stay in Lake Tahoe
- Girl's Bicycle (4-5 years of age)
- Boy's and Girl's Bicycles
- A Wall Plaque of Jesus
- One of several Gift Baskets



Tickets available in the Faith Formation office or in the vestibule after Masses. Drawing to be held on Divine Mercy Sunday April 8, 2018.

Collar Cup – 2018 Essay Contest! The Office of Priestly & Religious Vocations invites all students K-12 to participate in the 2018 Vocations Essay Contest (500 word limit). Essay Prompt: "Tell us how your relationship with a priest, sister, seminarian or deacon has enriched your life as a Catholic". We will have two grand prize winners! All entries are due by Sunday, April 15, 2018. For more information, please contact our office at (916) 733-0258 or by email at msmith@scd.org.

Everyday Stewardship

Can you recite the Ten Commandments by heart? Several years ago a national US survey found more people could identify the ingredients in a Big Mac and name the children in the Brady Bunch television show than recite the Ten Commandments. Of course, being able to recite them is not nearly as important as living a life in harmony with them. However, if we simply live to not break them then we are only living out half of our discipleship.

Every commandment calls us to action beyond the simplicity of its words. We are not to kill, but we are also called to support life. We are not to steal, but we are also to share what we have freely. We are to have no other Gods before our God, but we also need to actively praise and glorify Him.

To live a moral life is to do more than follow rules and laws. It is to actively live in a way that gives witness to the Good News of Jesus Christ. This way of living is stewardship. As we focus more on the penitential message of Lent, we need to not just reflect on what we have done wrong, but equally what we have failed to do. To be given so much by a loving God and not share those things with God and His people is wrong as well. Perhaps as we reflect on these things we might find ourselves adding something to our lives that will last for many Lenten seasons to come.

--Tracy Earl Welliver, MTS

3rd SUNDAY OF LENT



The **Cathedral Choir** and **Capella Antiqua** join forces with soloists Robin Fisher, Valerie Loera, Salvatore Atti, and Daniel Yoder to provide a moving concert of one of Haydn's most famous works.

First performed in 1768, Haydn's

"Stabat Mater"

explores the depths of human emotions, from despair and grief, to lasting joy. This work contains some of the composer's most rich and deeply felt writing, with moving choruses and soaring solos. Come enjoy Haydn as he was meant to be heard, with period instruments and astounding voices, in the exquisite surroundings of the Cathedral of the Blessed Sacrament. Friday, March 16 at 7:30 pm. \$20 general, \$10 student. <http://www.capella-antiqua.org>.



SAVE THE DATE: The next **Cathedral Women's ACTS Retreat** is around the corner. This year's retreat is June 21st - 24th. We hope you will prayerfully consider attending this life changing retreat. For more information, contact actscathedral-sacto@gmail.com.

God is Calling/DEUS VOCAT

May 4-6, 2018 at Trinity Pines Catholic Retreat Center: The Office of Priestly & Religious Vocations invites young women ages 13 to 17 to a weekend that will help them grow closer to Christ and reflect on God's call for their life: Religious, Married, Consecrated Life or Single Life. Cost: \$50 (weekend includes meals). For more information, please contact us at (916) 733-0258 or by email at msmith@scd.org.

Sacramento Classic - 4th Annual Basketball Game: Priests vs. Seminarians

The Office of Priestly & Religious Vocations invites you to the upcoming Sacramento Classic Basketball Game on Tuesday, May 30, 2018 at 6:30 p.m. at Christian Brothers High School in Sacramento. Tickets: \$5 K-College Students, \$15 Adult or Group of 6 adults \$60. For more information, please contact our office at (916) 733-0258 or by email at msmith@scd.org.

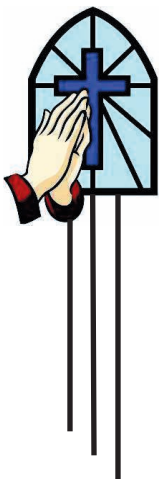
Spring forward

NEXT WEEK: March 11th at 2am, set your clocks FORWARD one hour.



<i>Date</i>	<i>Mass & Intentions</i>	<i>Activities</i>
Saturday March 3	5:00 pm / Peter Mizera +	10:00 am CCD Classes
Sunday March 4	7:30 am / Ricardo Pasamonte + 9:00 am / Caroline Satiago + 11:00 am*/ Domenico & Rosa S.I. (33rd Anniversary) 1:00 pm Spanish / Carmen Perez S.I. 3:00 pm Chinese / 5:00 pm / People of the Parish 7:00 pm Spanish / Eugenia Roque S.I. Alfredo Rivera S.I. RCIA: First Scrutiny at the 9am Mass *Liturgy of the Word for Children	9:00am RCIA for Children & Teens 9:30am RCIA Breaking of the Word 11:00am CCD Spanish Classes Spanish Speaking Adult Education 2:30 pm Chinese Stations of the Cross
Monday March 5	12:10 pm / Craig L. Asuncion + Robert Asuncion + 5:10pm / Souls in Purgatory	6:30pm RCIA Evening Prayer 7:00pm RCIA Class
Tuesday March 6	12:10 pm / Olivia Santiago + 5:10 pm / Colleen Ann Hazen +	6:00pm Spanish Choir for the 7pm Mass 7:00pm Teen Confirmation Class
Wednesday March 7	12:10 pm / Frank Polichio + 5:10 pm / Theresa Perez +	7:15pm VESPERS (Evening Prayer (n the Eucharistic Chapel) 7:15pm Communion & Liberation
Thursday March 8	12:10 pm / Christina Marie Deaton + Gary Michael Pehanich + 5:10 pm / Souls in Purgatory	7:00pm Bible Timeline
Friday March 9	12:10 pm / Carmen Perez S.I.	12:40pm English Stations of the Cross after 12:10 Mass 7:00pm Spanish Stations of the Cross

Offering Mass for a special intention is a long-standing tradition in the Catholic Church. Masses are offered for many reasons: for the souls in purgatory, in remembrance for someone who is deceased, or in honor of a birthday or special anniversary. If you would like to have a Mass said for someone, please contact the rectory office for help with available dates and times. A \$10.00 donation per request is appreciated.



Please remember in your prayers:

Haylee Flory & Family
Deacon Don DeHaven
Emma Valdez
Eugenia Roque
Alfredo Rivera
Adolfo Espinoza
Raymundo Guerrero
Natalia Galan
Salomon Galan
Tomasita Rodriguez
Rosa Carrillo
Felix Nunez Claver
Alvin Sul
Anyrani Gonzalez
Erin Nicole Tam

Riley Hana
Noah Anthony Hernandez
Giang Tran
Michael Jose Mejia
Luis Gutierrez, Jr.
Miles J. Flanagan
Louis Metzinger
The Brown Family
Yenecia Gutierrez
Dennis Studebaker S.I.
Lawrence Afamasanga
Vailoauta Lopa
Anastasia Main & Family
Lola Krist
Luz and Miguel
Ted Brandt & Family

*"Nothing that you have not given away
will ever be really yours."*

- C.S. Lewis -

Cathedral Kids

Read the Gospel and Color



Sharing the Gospel - Imagine coming to your church to pray. All around your church, you see people selling animals. It smells like a barn. The animals are loud. The people are shouting. You cannot even pray with all the noise and activity going on around you. That is what Jesus found in today's Gospel. It broke his heart and made Jesus angry. God's house is not supposed to be turned into a barn or a store. It should be special place where people can meet with God and talk to him. Jesus cleaned out his Father's house. He turned it back into a place of prayer.

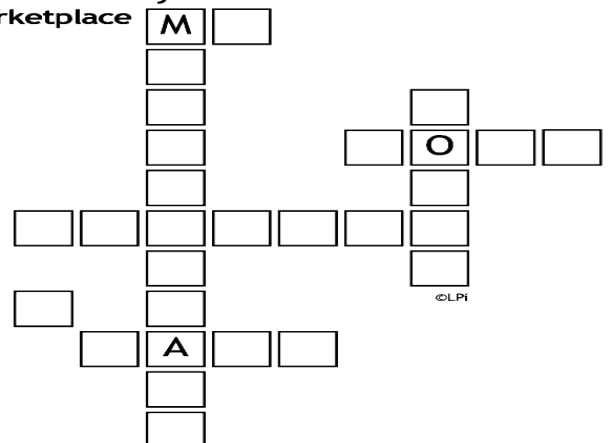
Prayer - God, my church is a place for prayer. Help me to remember that always.

Mission for the Week - Read John 2:13-25 with your family. Ask God to help you keep your church clean. Church should never be a store or a barn. It should be a special place to pray.

Puzzle

Fit this Gospel message into the empty squares:

Don't make my Father's house a marketplace



Esquina del Pastor

Confesiones

La linea se extiende mas alla del horizonte

Lugar tras lugar tras lugar

Algunos ocupados por el futuro yo.

Mira. Estas aqui nuevamente!

Soy el siguiente -

Empujo la puerta y entro y me escucho empezar.

"En el nombre del ..."

"Han sido dos minutos..."

Dos mil

Mi voz silenciosa hace eco por los corredores de la historia

Vergonzosamente sin verguenza

Amadamente sin amor

viviendo sin vida

voz tras voz

lugar tras lugar

yo despues de ti despues de mi despues de ti.

Cada voz dice pecado

La puerta empujada/jalada

Clic y pum y clic y pum

la linea, el eco el clic y el tick

La linea- tick

El eco- tick

clic, tick y pum.

Las campanas de las doce suenan

ecos - "es tiempo"

La linea sin termino.

Listo o no.

Jalo la puerta y me salgo.

Te miro a ti y a mi y a ti y a mi y

Linternas vacias y eternidad.

Pongo cerrojo a la puerta.

Padre Michael O'Reilly

Las Lecturas

04 Domingo: Ex 20, 1-17 o 20, 1-3. 7-8. 12-17/Sal 19, 8. 9. 10. 11 [Jn 6, 68]/1 Cor 1, 22-25/Jn 2, 13-25

05 Lunes: 2 Re 5, 1-15/Sal 42, 2. 3; 43, 3. 4 [cfr. 42, 3]/Lc 4, 24-30

06 Martes: Dn 3, 25. 34-43/Sal 25, 4-5. 6 y 7. 8-9 [6]/Mt 18, 21-35

07 Miércoles: Dt 4, 1. 5-9/Sal 147, 12-13. 15-16. 19-20 [12]/Mt 5, 17-19

08 Jueves: Jr 7, 23-28/Sal 95, 1-2. 6-7. 8-9 [8]/Lc 11, 14-23

09 Viernes: Os 14, 2-10/Sal 81, 6-8. 8-9. 10-11. 14 y 17 [cfr. 11 y 9]/Mc 12, 28-34

10 Sábado: Os 6, 1-6/Sal 51, 3-4. 18-19. 20-21 [cfr. Os 6, 6]/Lc 18, 9-14

11 Domingo siguiente: 2 Cr 36, 14-16. 19-23/Sal 137, 1-2. 3. 4-5. 6 [6]/Ef 2, 4-10/Jn 3, 14-21



13º rifa anual de Pascua

Ayude a apoyar el Programa de Formación de Fe de la Catedral comprando boletos por \$ 1 cada uno. Podrías ganar maravillosos premios, como:

- Un reloj de Apple
- Un fin de semana en Lake Tahoe
- Bicicleta para niñas (4-5 años de edad)
- Bicicletas para niños y niñas
- Una placa de la pared de Jesús
- Una de las cestas de regalo



Entradas disponibles en la oficina de Formación de Fe o en el vestíbulo después de Misas. El sorteo se realizará el Domingo 8 de abril de 2018 en Divine Mercy.

VERSO DEL EVANGELIO DE DOMINGO

Y a los que vendían palomas les dijo: "Quiten todo de aquí y no conviertan en un mercado la casa de mi Padre". En ese momento, sus discípulos se acordaron de lo que estaba escrito: El celo de tu casa me devora. - Jn 2, 16-17

MEDITACIÓN EVANGÉLICO - ALENTAR ENTENDIMIENTO MÁS PROFUNDO DE LA ESCRITURA

En este tercer domingo de Cuaresma, estamos llamados a escuchar las señales que da Jesús como signo de alerta de lo que es la Pascua. Una de las señales que el Evangelio enfatiza sin lugar a duda, es que, el cuerpo de Jesús es presencia viva del nuevo templo de Dios. Por lo tanto, por medio de Cristo Dios hace una nueva creación en nosotros. ¿Cómo? Si, poniendo a Jesús como el centro de nuestra vida. Lo viejo del pecado debe ser sacado fuera. El tiempo de Cuaresma es para que destruyamos todo lo que nos atormenta y aleja de la gracia de Dios. Tal como, las estructuras de odio, envidia, celos, materialismo, arrogancia, racismo y del estatus económico y social de la sociedad actual que muchas veces nos destruye. Solamente, al sacar todo esto de nuestro corazón, el Señor podrá construir algo nuevo y mejor en nosotros. ¿Al ser templo de Jesús, que necesito limpiar de mí? ¿Qué significa para mí y mi familia, que Jesús saque a los vendedores del templo? Yo puedo y debo tener la seguridad que al identificarme como templo de Dios, la vida será más llevadera, y las luchas que tenga que soportar por la fe, lejos de alejarme de Dios me harán fuerte dándome la oportunidad de ver las señales de la presencia de Dios en lo que me rodea. Los Mandamientos, son otra señal que lejos de atarnos nos dan libertad, la esclavitud es cosa del pasado. Por último, otro elemento a considerar es que San Pablo hace hincapié en la locura de la cruz. Para los judíos escándalo. Para los griegos locura. Pero. Para nosotros los bautizados es; fuerza de Dios y sabiduría de Dios. (1 de Corintios 1:22-25).

VIVIR LA LITURGIA - INSPIRACIÓN DE LA SEMANA

¿Qué tan seriamente toma usted los Diez Mandamientos? Muchas personas de hoy actúan con un espíritu libre hacia la vida y se oponen a conformar sus pensamientos y acciones a reglas y principios establecidos. Todos necesitamos una dirección. Los que viajan mucho se dan cuenta de que un viaje es más fácil cuando tienen el equipo adecuado con dirección. Los Diez Mandamientos son las direcciones formales que Dios nos da para asistirnos en nuestras vidas. Él nos da como ejemplo a Jesús, el templo vivo. Jesús nos permite que compartamos en la relación íntima que tiene con su padre para que más rápidamente nosotros lo podamos encontrar. Las reglas y la estructura son importantes. La cuaresma nos recuerda que fuimos creados de cierta forma y que debemos vivir nuestras vidas en Dios.

LA CORRESPONSABILIDAD DIARIA - RECONOCER A DIOS EN LOS MOMENTOS ORDINARIOS

¿Usted puede recitar los Diez Mandamientos por memoria? Hace unos años, una encuesta nacional de los EEUU encontró que más personas podían identificar los ingredientes dentro de una hamburguesa de McDonald's y enumerar los hijos del programa popular The Brady Bunch que recitar los Diez Mandamientos. Por supuesto, saberse todos los Diez Mandamientos no es tan importante como vivir una vida en armonía con ellos. Sin embargo si vivimos simplemente para no romper esos mandamientos entonces solo estamos viviendo mitad de nuestro discipulado.

Cada mandamiento nos llama a acción más allá de las palabras que usa. No debemos matar, pero también nos llama a apoyar la vida. No debemos robar, pero también debemos compartir lo que tenemos con libertad. No debemos tener dioses ajenos, pero también necesitamos alabar y glorificar a Dios.

Vivir una vida moral significa más que seguir reglas y leyes. Significa vivir de tal forma que da testigo a la resurrección de Jesucristo. Esta manera de vivir es el discipulado. En lo que se enfoca más en el mensaje penitente de la cuaresma, necesita reflejar no solo en los momentos de equivocación, pero en lo que ha omitido hacer. Tener tantos regalos de Dios y no compartirlos ni con Dios ni con su gente es malo también. Quizás en lo que refleja en estas cosas, pueda darse cuenta de las cosas que puede aprender de la vida con las que cargará para siempre.

-Tracy Earl Welliver, MTS



LA PRÓXIMA SEMANA:
El 11 de marzo a las 2 am, configure sus relojes ADELANTE una hora.

"The Cathedral is for everyone." ~Bishop Patrick Manogue, 1886~



Cathedral of the Blessed Sacrament

1017 11th Street, Sacramento, CA 95814
916-444-3071, Fax 916-443-2749, blessed@cathedralsacramento.org
Rectory Office Hours — Monday to Friday, 9:00 am to 5:00 pm



PASTORAL AND ADMINISTRATIVE STAFF

Father Michael O'Reilly, Rector

Father Kieran McMahon, Priest in Residence

Father Nicholas Ho, Chinese Mass

Deacon John Gisla, Office Manager

Deacon Don DeHaven

Deacon Edgar Hilbert

Sister Jenny Aldeghi, Director of Education

Michael Ognisty, Sacristan

Rex Rallanka, Director of Music

Tom Waddock, Cathedral Manager

Carmen Perez, Secretary

Katie McAllister, Bookkeeper

Tit Kila, Wedding Coordinator

Lyssa Black, Webmaster/Bulletin Editor

RELIGIOUS EDUCATION PROGRAM

The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A. for teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program. For information on all of these programs, contact Sister Jenny and her staff at jenny@cathedralsacramento.org, or 916-444-5364

Liturgy of the Word for Children, ages 5 to 10 years old, every Sunday at the 11:00 am Mass. This program provides children with age appropriate explanations of the Sunday readings and gives parents with young children an opportunity to focus on the Scripture readings and the homily without distractions. Children return to their families before the Offertory. For more information, contact the education office or Dorothy Corgiat at dlcorgiat@yahoo.com.



ROMAN CATHOLIC
DIocese OF SACRAMENTO
DIÓCESIS CATÓLICA ROMANA DE SACRAMENTO

The Most Reverend
Jaime Soto, D.D., M.S.W.
Bishop of Sacramento

The Most Reverend
Myron Cotta
Auxiliary Bishop of Sacramento

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2110 Broadway, Sacramento, CA 95818
Office Hours: 8:30am - 4:30 pm
Phone 916-733-0100, Fax 916-733-0195

scd.org

SCHEDULE OF MASSES

Monday to Friday	12:10 pm
Monday to Thursday	5:10 pm
Saturday Vigil	5:00 pm
Sunday	7:30 am
	9:00 am
	11:00 am
	1:00 pm en Español
	3:00 pm Chinese
	5:00 pm
	7:00 pm en Español
State Holidays	12:10 pm only

SACRAMENT OF CONFESSION

Monday to Friday	11:30 am to 12:00 pm
Saturday	4:00 pm to 4:45 pm
Domingo en Español	12:30 pm a 12:45 pm
	6:30 pm a 7:00 pm

EUCCHARISTIC ADORATION

When attendants are available:

Wednesday	12:45 pm to 4:45 pm
Thursday	12:45 pm to 4:45 pm
Friday	12:45 pm to 3:45 pm

ANOINTING OF THE SICK - By appointment

BAPTISMS (Registration is required)

English - 3rd Saturday of the month, 9:00am
Español - 4º Sábado del mes, 9:00am

BAPTISM CLASSES

English - 1st Thursday of the month, 7:00pm
Español - 2do jueves del mes, 7:00pm

TOURS

Tours are free and are led by trained Docents after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours in Spanish are held the 1st & 3rd Sundays of the month after the 1pm Mass. Tours begin at the Baptismal Font. Contact the rectory office at 916-444-3071 to arrange free private group tours.

GIFT SHOP on the Lower Level

Sundays 9:00 am to 3:00 pm
Mondays 10:30 am to 12:00pm

cathedralsacramento.org



JOIN A CATHEDRAL MINISTRY

Altarservers contact Michael Ognisty at mfognisty@msn.com.

Benedictus Youth Group contact Victoria Ramos at 916-444-3071, or benedictusy@gmail.com.

Brown Bag Lunch Program — If you would like to donate lunches, go to cathedralsacramento.org/ministries for information, or to volunteer, please contact Jerri at jerrirush@comcast.com.

Catechesis of the Good Shepherd for ages 3+, for information, visit www.youngsheep.org, or call 916-910-3435.

Cathedral ACTS Missions contact actscathedralsacto@gmail.com for more information. 2018 Retreats are Women's Retreat June 21-24 (Cathedral of the Blessed Sacrament), Women's Retreat August 16-19 (St. Rose of Lima, Roseville), Men's Retreat November 15-18 (Cathedral of the Blessed Sacrament).

Cathedral House Program - Administered by volunteers of the St. Vincent de Paul Society. Contact the rectory office for more information.

Cathedral Men's Group meets the 2nd Tuesday of every month at 7:15 pm, Lower Level. Contact Bob Meyers at cym1@yahoo.com.

Cathedral Young Adults contact Titi Kila at cathedralya@gmail.com.

Choir (English) contact Rex Rallanka, Music Director at rrallanka@cathedralsacramento.org or 916-444-3071, x 38.

Choir (Spanish) contact Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after the 7pm Mass.

Communion & Liberation catechesis meets every Wednesday at 7:15pm in the Cathedral Lower Level.

Email Prayer Chain submit your email address, and you will be notified when prayers are needed by those who have made a special request, contact Lynne Amerson at cbs1017pc@yahoo.com.

Extraordinary Ministers of Holy Communion contact Amy McCormick at ammccormick@att.net, or 916-801-3967.

Front Door Ministry contact ministries@cathedralsacramento.org for information about volunteering or donations.

Greeters and Ushers contact Parish Manager, Tom Waddock at 916-444-3071, x 36.

Knights of Columbus, Cathedral Chapter contact the rectory office.

Lectors contact Fred Heacock at fheacock72@hotmail.com.

Respect Life Ministry contact Linda Walters, English Coordinator at 916-524-5885, or Patricia Davila, Spanish Coordinator at 916-502-4854, or email Veronicaavina@yahoo.com for meeting times and other information.

Rosary Club (Rosary Beads and instructions are provided) meets every 1st & 3rd Wednesday of each month at 7:15 pm. You don't need to sign up, just show up. For more information, contact Lolita Urrutia at lolita.urrutia@gmail.com.

Saint Vincent de Paul, Cathedral Chapter contact the rectory office.

Spanish Parents Group Leaders meets every Sunday, contact Leticia Hilbert at leticia_hilbert@hotmail.com.

To learn more about the ministries at the Cathedral visit our website, cathedralsacramento.org.



GET MARRIED AT THE CATHEDRAL

If you would like to celebrate the Sacrament of Matrimony at the Cathedral, download the Cathedral Wedding Guidelines and Reservation Form on the cathedral website. Contact the parish office at least *six months* before your desired wedding date to arrange a meeting with Wedding Coordinator, Titi Kila, at the Cathedral Office, 916-444-3071, x13, tkila@cathedralsacramento.org.

MARRIAGE PREPARATION

The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Janet & Omar Bardales at matrimonyprep@att.net, or 916-427-9160, or Sister Jenny at 916-444-5364. You do not have to have your wedding at the Cathedral in order to take this class.

QUINCEAÑERA

This is the tradition of celebrating a young girl's coming of age on her 15th birthday with a Mass, and highlights the virtues of family and social responsibility, recognizing her journey from childhood to maturity. For more information on celebrating this beautiful tradition at the Cathedral, call Titi Kila, at the Cathedral Office, 916-444-3071, x13, tkila@cathedralsacramento.org.

CATHEDRAL PARISH REGISTRATION & UPDATE

Actualización y registro de la parroquia de la Cathedral

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cathedralsacramento.org / Visit Us / Register as a Parishioner

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For additional family members, please attach a separate sheet.

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2) Scan to pdf file and email to: blessed@cathedralsacramento.org
(escanear a pdf file y envía por correo electrónico)

3) Fax to: 916-443-2749

4) Mail to (correo): 1017 11th Street, Sacramento, CA 95814





Omar 和我們一起為四旬期作準備 2.17.2018
Preparation for Lent with Omar 2.17.2018



何神父在星加坡渡歲

Fr. Ho celebrates the Chinese New Year in Singapore



本週報告 (會長)

在四旬期間，我們將在每個主日彌撒前二時半拜苦路。

Announcement this week (President)

We will have Station of the Cross every Sunday at 2:30 before mass during the Lent Season.

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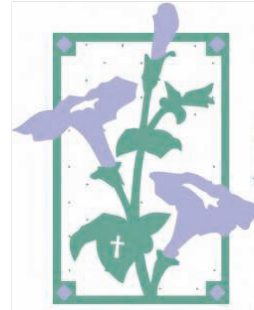


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