

Volume 18 \* Issue 11



# Cathedral of the Blessed Sacrament

March 18, 2018 \* 5th Sunday of Lent



# Pastor's Corner



## Hearts of stone

Let out the darkness and let in the light, take away the stone  
Let out the burdens and let in the cross, take away the stone  
Let out the stench and let in the air, take away the stone  
Let out the demons and let in the grace, take away the stone  
Let out the fear and let in the trust, take away the stone  
Let out the anger and let in the peace, take away the stone  
Let out the pride and let in the wisdom, take away the stone  
Let out the doubt and let in the faith, take away the stone  
Let out the lies and let in the truth, take away the stone  
Let out the racism and let in the communion, take away the stone  
Let out the hoarding and let in the freedom, take away the stone  
Let out the media and let in the word, take away the stone  
Let out the death and let in the life, take away the stone  
Let out yourself and let in Christ, take away the stone  
Be untied and let go!

## Readings

- 18** Sunday: (Cycle A) Ez 37:12-14/Ps 130:1-8/Rom 8:8-11/Jn 11:1-45 or 11:3-7, 17, 20-27, 33b-45
- 19** Monday: 2 Sm 7:4-5a, 12-14a, 16/Ps 89:2-3, 4-5, 27, 29 [37]/Rom 4:13, 16-18, 22/Mt 1:16, 18-21, 24a or Lk 2:41-51a
- 20** Tuesday: Nm 21:4-9/Ps 102:2-3, 16-18, 19-21 [2]/Jn 8:21-30
- 21** Wednesday: Dn 3:14-20, 91-92, 95/Dn 3: 52, 53, 54, 55, 56 [52b]/Jn 8:31-42
- 22** Thursday: Gn 17:3-9/Ps 105:4-5, 6-7, 8-9 [8a]/Jn 8:51-59
- 23** Friday: Jer 20:10-13/Ps 18:2-3a, 3bc-4, 5-6, 7 [cf. 7]/Jn 10:31-42
- 24** Saturday: Ez 37:21-28/Jer 31:10, 11-12abcd, 13 [cf. 10d]/Jn 11:45-56
- 25** Next Sunday: (Cycle B) Mk 11:1-10 or Jn 12:12-16/Is 50:4-7/Ps 22:8-9, 17-18, 19-20, 23-24 [2a]/Phil 2:6-11/Mk 14:1-15:47 or 15:1-39

Note from the Pastor: When the RCIA has their scrutinies, we always use the Cycle A readings. So that the rest of the parish walks with them, we at the Cathedral choose to use only those readings at all of the Masses on the 3rd, 4th, and 5th Sundays of Lent. When we get to Palm Sunday, we will go back to Cycle B for this year. Please continue to pray for our brothers and sisters in faith formation.



## We have no choice but to suffer ... here's how to make sure it doesn't define us

Meg Hunter-Kilmer | Aleteia.org

I've prayed before Michelangelo's Pietà. I've gasped at the majesty of the David. I've stared in wonder at Bernini's Daphne and Apollo. I've been in the Louvre and the National Gallery and the Met and the Vatican Museums.

I think the most beautiful statue in the world is in a parish church in Anchorage, Alaska.

Four years into my hobo missionary adventure, I'd visited 49 states and 20 countries. I'd seen some of the most beautiful churches in the world and admired the artwork of all the great masters.

Then I visited St. Patrick Catholic Church in Anchorage.

I'd expected to be stunned by the natural beauty of the Land of the Midnight Sun, and I hadn't been disappointed. I flew over Mount Denali, hiked a glacier, went deep sea fishing, and got too close for comfort when a mama moose and her baby were taking a walk.

And then I stopped by a suburban parish. A man who worked for the church took me into a fairly nondescript sanctuary, then through a courtyard, where we walked past a statue of the Pietà. I stopped in my tracks. I held out my hand to the man I'd just met—"I'm sorry. Just—please." I needed silence.

There before me was the traditional image of the Virgin Mary holding the corpse of her son. I'd seen it a thousand times, in churches and calendars. I even had a little plastic copy on my desk when I was a teacher. This was just like it—a youngish woman holding the nearly-naked body of a crucified man. It was Michelangelo's image, right down to the abundant folds of fabric.

And it was entirely different.

The overall feeling of Michelangelo's masterpiece is sorrow. Mary holds her son and mourns, her face downturned and veiled by the shadows cast by the natural light that originally illuminated the piece. Though her hand is held open, implying acceptance of the sword that has pierced her heart, it's held up only weakly. It's a true portrait, a beautiful image of Mary's pain.



But the bronze piece in Alaska, sculpted by American Roberto Santo, isn't an image of a mother's sorrow. Not entirely, anyway. In this piece, Our Lady of Sorrows worships.

Mary's head is tilted up toward heaven, her lips slightly apart as though breathing in the Holy Spirit. Her right hand clutches her son, but her left hand is raised in praise of the Father. There in her shattering pain, she is praising God.

If Michelangelo's Pietà is an image of sorrow, Santo's is an image of surrender. The Virgin Mary, who said yes to the Father's will at the annunciation, yes in Bethlehem, yes while fleeing into Egypt, yes every day of her life with Christ, is again saying yes. As she watched her son suffocate under the weight of the world's sin, Mary said yes. She embraced the Father's will for her only Son, just as she had every day since his conception. And when he was taken down from the Cross and handed to her, she clung to him as any mother would and offered him to the Father as only one full of grace could.

With her face tilted up and her hand held out, Mary seems to be basking in the radiant love of the Father, though even that can't transform her agony into delight. Still, as her life is seemingly emptied of meaning, she is filled. As she holds her dead Son, she is held.

As I stood there in silence, heedless of how awkward that moment ought to have been, this is what I saw: in the moment of her greatest pain, the Blessed Mother said yes to the Father and found that she could still praise him.

I keep going back to that statue—by flying to Alaska and by scrolling through my pictures. I keep sharing the image on Instagram. I keep pulling it out to meditate on in adoration. We all of us stand in solidarity with Our Lady of Sorrows at one point or another. We watch our children die, we suffer betrayal, we agonize over diagnoses. To be a human being is to suffer.

But when we look at our Mother, we see that suffering doesn't have to destroy us. It doesn't have to define us. When we're living for the Lord, suffering is still ugly and it still hurts. But even in that anguished moment, that pain can be transformed into the joy and peace and surrender of this Alaskan Pietà. With Mary, we can say, "Yes, Father," we can choose to praise him and find a sense of the peace that comes of knowing how wildly we are loved.

**"The pain that you've been feeling, can't compare to the joy that's coming."**

**~Romans 8:18~**

# Cathedral Parish News



## CHRISM MASS

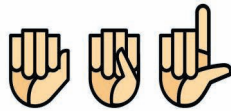
Please join Bishop Soto and the clergy of our diocese at the annual Chrism Mass to be held on Thursday, March 22, 2018 at 6:00 pm at the Cathedral. The Chrism Mass is one of our most important Diocesan celebrations where Bishop Soto will bless the Holy Oils that are used in sacramental celebrations in all the parishes of the Diocese throughout the coming year. (Cover Photo: Titi Kila)

## 7 CHURCHES PILGRIMAGE

You are invited, next Holy Saturday, on March 31, at 7:00 am to walk and pray, starting at St. Elizabeth Parish (located at 12th Street and S Street). We will visit 6 other churches and finish at the Shrine of Guadalupe around 2pm. Bishop Jaime Soto will lead the walk for almost 8 miles of sacrifice and prayer. For more information, please visit [radiosatisimosacramento.com](http://radiosatisimosacramento.com), or call 916-442-7389.

## ASL INTERPRETED MASSES

March 2018 marks a milestone for our Deaf Community in the Diocese of Sacramento. By God's grace and the help of St. Joseph, Mary our mother, St. Frances de Sales and others, we have ASL Interpreted Mass available every Sunday of the month:



- 1st\* and 3rd Sundays: 9 am Mass at St. Elizabeth, 1817 12th Street, Sacramento, CA 95814
- 2nd Sundays: 11 am Mass at Good Shepherd, 9539 Racquet Ct, Elk Grove, CA 95758
- 4th and 5th Sundays: 10:30 am Mass at Presentation, 4123 Robertson Ave, Sacramento, CA 95821

Exception: Easter Sunday, Interpreted Mass will be at the 11 am Mass at the Cathedral of the Blessed Sacrament, Sacramento. Deaf Ministry asks for your prayers as we expand services to Deaf brothers and sisters. For more information, please contact Jo Clark at [jjclark@scd.org](mailto:jjclark@scd.org).

## WAY OF THE CROSS

GOOD FRIDAY, MARCH 30<sup>TH</sup>, 2018  
DOWNTOWN SACRAMENTO

Join Catholics from all over Sacramento for a public witness of following Jesus Christ on the Way of the Cross on Good Friday, emulating His walk to Calvary. At each station, we will sing hymns, hear reflections and meditations, and Fr. Michael O'Reilly will offer the Scripture readings.

09:00 am: Procession begins at Crocker Park—3rd & N Streets  
11:15 am: Final Station in front of the Cathedral of the Blessed Sacrament

Sponsored by Communion & Liberation - [www.clonline.org](http://www.clonline.org)  
For more information contact Eric Lee at [ericaustrinlee@gmail.com](mailto:ericaustrinlee@gmail.com)

## 13<sup>th</sup> Annual Easter Raffle

Help support the Cathedral's Faith Formation Program by buying tickets for \$1 each. You could win wonderful prizes, like:

- An Apple Watch
- A Weekend Stay in Lake Tahoe
- Girl's Bicycle (4-5 years of age)
- Boy's and Girl's Bicycles
- A Wall Plaque of Jesus
- One of several Gift Baskets



Tickets available in the Faith Formation office or in the vestibule after Masses. Drawing to be held on Divine Mercy Sunday April 8, 2018.

## COLLAR CUP – 2018 ESSAY CONTEST!

The Office of Priestly & Religious Vocations invites all students K-12 to participate in the 2018 Vocations Essay Contest (500 word limit). Essay Prompt: "Tell us how your relationship with a priest, sister, seminarian or deacon has enriched your life as a Catholic". We will have two grand prize winners! All entries are due by Sunday, April 15, 2018. For more information, please contact our office at (916) 733-0258 or by email at [msmith@scd.org](mailto:msmith@scd.org).

**SAVE THE DATE:** The next **Cathedral Women's ACTS Retreat** is around the corner. This year's retreat is June 21<sup>st</sup> - 24<sup>th</sup>. We hope you will prayerfully consider attending this life changing retreat. For more information, contact [actscathedral-sacto@gmail.com](mailto:actscathedral-sacto@gmail.com).

## THE SPRING 2018 40 DAYS FOR LIFE

The prayer vigil began on February 14 in hundreds of cities around the world, including several in our Diocese. Christians will pray and offer assistance on the sidewalk, from 8am to 6pm Monday - Friday, from February 14<sup>th</sup> to March 25<sup>th</sup>. The Sacramento vigil will be held at FPA Women's Health, 2322 Butano Drive, Sacramento. Other 40 Days for Life locations within the Diocese of Sacramento include Redding, Chico, Yuba City, and Fairfield. Fr. Art Wehr, S.J. will celebrate the Sacramento 40 Days Opening Mass at 8:00 am on Monday, February 12, at St. Ignatius Parish in Sacramento. All are welcome to attend, and all priests are invited to concelebrate. Please visit [www.40daysforlife.com](http://www.40daysforlife.com) for more information.

## REGISTRATION IS OPEN / CAMP PENDOLA SUMMER 2018

Camp Pendola, the official summer camp of the Diocese of Sacramento, is now accepting registrations for the 2018 **summer** season. Camp Pendola offers a fun filled experience for children and youth under the supervision of trained college age counselors. For more information and to register, check our web site [www.pendola.org](http://www.pendola.org) or call at 916-733-0123. On April 15<sup>th</sup> our Early Bird Discount Ends.

### 5TH SUNDAY IN LENT



Date	Mass & Intentions	Activities
Saturday March 17	SAINT PATRICK'S DAY 5:00 pm / Marcelino Correa S.I.	8 pm to midnight—Nighthever
Sunday March 18	7:30 am / Souls in Purgatory 9:00 am / People of the Parish 11:00 am*/ Cornelio Rosa S.I. 1:00 pm Spanish / Ernestina Galindo S.I. 3:00 pm Chinese / 5:00 pm / Souls in Purgatory 7:00 pm Spanish / Roberto Zarate +  RCIA: Third Scrutiny at the 9am Mass  *Liturgy of the Word for Children	9:00am RCIA for Children & Teens  9:30am RCIA Breaking of the Word  11:00am CCD Spanish Classes Spanish Speaking Adult Education  2:30 pm Chinese Stations of the Cross
Monday March 19	12:10 pm / Cathedral Youth Group S.I.  5:10pm / Martin Coyle S.I.	6:30pm RCIA Evening Prayer  7:00pm RCIA Class
Tuesday March 20	12:10 pm / Souls in Purgatory  5:10 pm / Mario Bruschi Sr. S.I. Sarojini Bruschi S.I.	6:00pm Spanish Choir for the 7pm Mass  7:00pm Teen Confirmation Class
Wednesday March 21	12:10 pm / Peter Rebello +  5:10 pm / Mercado Perez Family S.I.	7:00pm Spanish Choir for the 1pm Mass  7:15pm VESPERS (Evening Prayer in the Eucharistic Chapel)  7:15pm Communion & Liberation
Thursday March 22	12:10 pm / Franciscan Friars of the Renewal S.I.  6:00 pm / CHRISM MASS Souls in Purgatory	7:00pm Bible Timeline
Friday March 23	12:10 pm / People of the Parish	12:40pm English Stations of the Cross after 12:10 Mass 7:00pm Spanish Stations of the Cross (Mercy Hall)
Saturday March 24	5:00 pm / BLESSING OF PALMS	

Offering Mass for a special intention is a long-standing tradition in the Catholic Church. Masses are offered for many reasons: for the souls in purgatory, in remembrance for someone who is deceased, or in honor of a birthday or special anniversary. If you would like to have a Mass said for someone, please contact the rectory office for help with available dates and times. A \$10.00 donation per request is appreciated.



Haylee Flory & Family	Tomasita Rodriguez
Deacon Don DeHaven	Rosa Carrillo
Emma Valdez	Felix Nunez Claver
Eugenia Roque	Alvin Sul
Alfredo Rivera	Anyrani Gonzalez
Adolfo Espinoza	Erin Nicole Tam
Raymundo Guerrero	Riley Hana
Natalia Galan	Noah Anthony
Salomon Galan	Hernandez

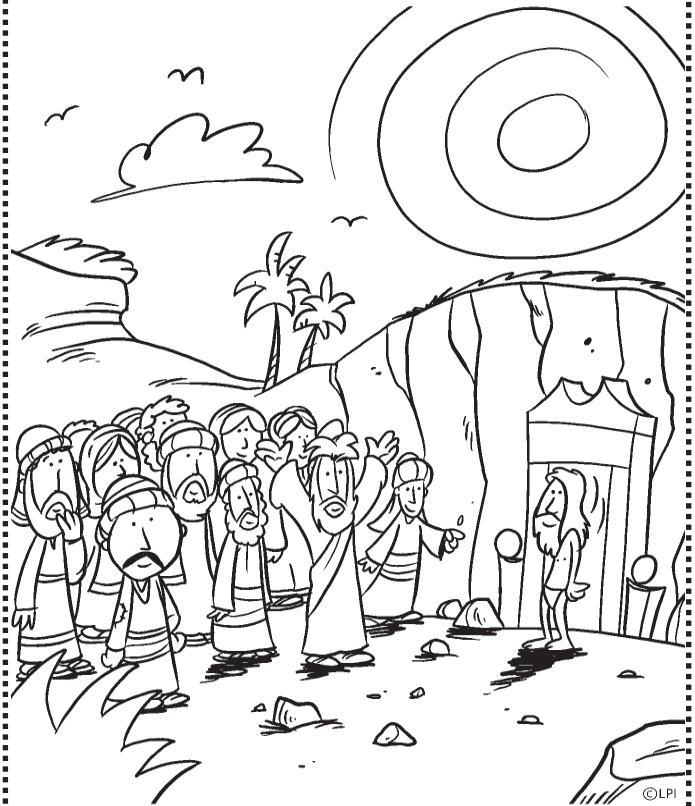
Giang Tran  
 Michael Jose Mejia  
 Luis Gutierrez, Jr.  
 Miles J. Flanagan  
 Louis Metzinger  
 The Brown Family  
 Yencia Gutierrez  
 Dennis Studebaker S.I.  
 Lawrence Afamasanga  
 Vailoauta Lopa  
 Anastasia Main & Family  
 Lola Krist  
 Luz and Miguel  
 Ted Brandt & Family

**"I believe in Christianity as I believe that the sun has risen, not only because I see it, but because by it I see everything else."**

~C.S. Lewis~

# Cathedral Kids

Read the Gospel and Color



**Sharing the Gospel** - Instead of telling people he was the Savior, Jesus showed them. By raising Lazarus from the dead, Jesus sent a message loud and clear. Jesus was the Savior they had all been waiting for. He was filled with God's love and power, and many people believed in him.

**Prayer** - Thank you for showing me that you are my Savior, Jesus.

**Mission for the Week** - Write the words, "God can do anything" on a piece of paper. Read it every morning.

## Puzzle

Find and circle these words from today's Gospel:

GOD'S SON  
SICKNESS  
RISE

LAZARUS  
MARY  
MARTHA

BELIEVES  
WEEPING  
WRAPPED

S	A	O	E	T	R	H	I	E	T	Y
T	W	R	A	P	P	E	D	H	O	N
O	E	K	R	W	Y	A	O	Y	U	T
B	E	L	I	E	V	E	S	T	S	H
H	P	T	S	A	O	M	Y	N	I	E
T	I	H	E	U	N	A	J	H	C	S
U	N	S	V	M	A	R	Y	L	K	O
O	G	K	H	E	I	T	D	W	N	U
T	P	A	Y	N	O	H	S	Y	E	A
I	S	D	L	A	Z	A	R	U	S	H
G	O	D	S	S	O	N	F	E	S	R

# Esquina del Pastor



## Corazones de piedra

Deja salir la oscuridad y deja entrar la luz, quita la piedra  
Deja salir las cargas y deja entrar la cruz, quita la piedra  
Deja salir el hedor y deja entrar el aire, quita la piedra  
Deja salir a los demonios y deja entrar la gracia, quita la piedra  
Deja salir el miedo y deja entrar la confianza, quita la piedra  
Deja salir la ira y deja entrar la paz, quita la piedra  
Deja salir el orgullo y deja entrar la sabiduría, quita la piedra  
Deja salir la duda y deja entrar la fe, quita la piedra  
Deja salir las mentiras y deja entrar la verdad, quita la piedra  
Deja salir el racismo y deja entrar la comunión, quita la piedra  
Deja salir el acaparamiento y deja entrar la libertad, quita la piedra  
Deja salir a los medios y deja entrar la palabra, quita la piedra  
Deja salir la muerte y deja entrar la vida, quita la piedra  
Déjate salir y deja entrar a Cristo, quítate la piedra  
¡Desate y déjalo ir!

## Las Lecturas

- 18** Domingo siguiente: (Ciclo A) Ez 37, 12-14/Sal 130, 1-8/Rom 8, 8-11/Jn 11, 1-45 o 11, 3-7. 17. 20-27. 33-45
- 19** Lunes: 2 Sm 7, 4-5. 12-14. 16/Sal 89, 2-3. 4-5. 27. 29 [37]/Rom 4, 13. 16-18. 22/Mt 1, 16. 18-21. 24 o Lc 2, 41-51
- 20** Martes: Nm 21, 4-9/Sal 102, 2-3. 16-18. 19-21 [2]/Jn 8, 21-30
- 21** Miércoles: Dn 3, 14-20. 91-92. 95/Dn 3, 52. 53. 54. 55. 56 [52]/Jn 8, 31-42
- 22** Jueves: Gn 17, 3-9/Sal 105, 4-5. 6-7. 8-9 [8]/Jn 8, 51-59
- 23** Viernes: Jr 20, 10-13/Sal 18, 2-3. 3-4. 5-6. 7 [cfr. 7]/Jn 10, 31-42
- 24** Sábado: Ez 37, 21-28/Jr 31, 10. 11-12. 13 [cfr. 10]/Jn 11, 45-56
- 25** Domingo siguiente: (Ciclo B) Mc 11, 1-10 o Jn 12, 12-16/Is 50, 4-7/Sal 22, 8-9. 17-18. 19-20. 23-24 [2]/Flp 2, 6-11/Mc 14, 1-15, 47 o 15, 1-39

Nota del Pastor: Cuando la clase de RICA (Rito de Iniciación Cristiana) hace sus escrutiños, siempre usamos las lecturas del Ciclo A. Para que el resto de la parroquia caminemos con ellos, nosotros aquí en la Catedral utilizamos únicamente estas lecturas para todas las Misas en el tercer, cuarto y quinto domingo de Cuaresma. Cuando lleguemos al domingo de Pascua, regresaremos al Ciclo B de este año. Por favor continúe orando por nuestros hermanos y hermanas preparándose para recibir los Sacramentos.



# Noticias del Parroquia



## ESTA CORDIALMENTE INVITADO

La Celebración Anual de la Diócesis de Sacramento Misa Crismal, Jueves 22 de Marzo de 2018 · 6:00 pm. Por favor acompañen al Obispo Soto, los padres de la diócesis, y sus hermanos y hermanas católicos mientras rezamos por las continuas bendiciones de Dios por la Iglesia de Sacramento.

a la familia, y comunidad muriendo y resucitando.

Aprendiendo a servir es que somos grandes dadores de los frutos que Dios nos ha regalado. Sin embargo, vemos que en la sociedad actual la gente se desvive por ser reconocida e importante, aunque para lograrlo lastimen a los de su alrededor. Dios desea nuestra transformación -proceso de toda la vida- ¿Cuánto tiempo toma a la oruga hacerse mariposa? ¿Cuánto tiempo tomará el aprender a servir imitando el estilo de Jesús? Pidamos, al Señor, que seamos fieles discípulos suyos, muriendo cada día por hacer el bien a los demás.

## 13º rifa anual de Pascua

Ayude a apoyar el Programa de Formación de Fe de la Catedral comprando boletos por \$ 1 cada uno. Podrías ganar maravillosos premios, como:

Un reloj de Apple

Un fin de semana en Lake Tahoe

Bicicleta para niñas (4-5 años de edad)

Bicicletas para niños y niñas

Una placa de la pared de Jesús

Una de las cestas de regalo



Entradas disponibles en la oficina de Formación de Fe o en el vestíbulo después de Misas. El sorteo se realizará el Domingo 8 de abril de 2018 en Divine Mercy.

Este sábado Santo ven a caminar y orar a **la Visita de las 7 arroyos**. Este 31 de Marzo comenzará nuestra jornada en la Parroquia de Santa Elizabeth (ubicada en la calle 12 y la "S"), Visitaremos otras 6 casas para terminar en el Santuario de Nuestra Señora de Guadalupe alrededor de las 2 de la tarde. Caminaremos con nuestro Obispo Jaime Soto por casi 8 millas de sacrificio y oración. Para más información visita [www.radiosatisimosacramento.com](http://www.radiosatisimosacramento.com) o llama al 916-442-7389.

## MEDITACIÓN EVANGÉLICO

"Quisiéramos ver a Jesús". (Juan 12:20). En el Evangelio de Juan ver significa mucho más que ver físicamente, significa tener una experiencia personal, entrar directamente en el corazón de quien se ve. Viendo detenidamente y con cuidado especial, significa el poder creer y palpar con todos los sentidos de lo que se ve y de esta manera sucesivamente se da testimonio. Aquellos griegos querían ver a Jesús, deseaban, entender el misterio tan grande que había en él. Jesús, les da gusto dejándose ver. Pero, les confunde, al revelarles el misterio profundo de su misión. Y les dice. "En verdad les digo: Si el grano de trigo no cae en tierra y muere, queda solo; pero si muere, da mucho fruto." (Juan 12:24-25).

El reto de este Evangelio es el servicio y de cómo al ver las necesidades que nos rodean respondemos. Así se pierde la vida ayudando a los demás en la vida de todos los días.

Todo sea para ganar la vida eterna! El discipulado implica imitar a Jesús. No se admiten quejas, la vida se da

## VIVIR LA LITURGIA - INSPIRACIÓN DE LA SEMANA

Todos tememos perder lo que conocemos. Tenemos la muerte. Cuando algo amenaza nuestras seguridades y nuestro conocimiento, la ansiedad de la incertidumbre nos puede llevar al miedo y a la desesperanza. Se nos puede hacer difícil creer que nueva vida llega ante la muerte. Esto es la base de lo que significa tener esperanza. No hay callejones sin salida ni fines finales con Dios. A través de su pasión y muerte, Jesús abre la posibilidad para nueva vida y comienzos nuevos para todos. "Ciertamente les aseguro que, ni el tramo de trigo no cae en tierra y muere, se quedó solo. Pero, si muere, produce mucho fruto." Se acaba nuestra cuaresma, el misterio de la pasión y muerte de Cristo nos enseña lecciones valiosas para esta vida y la que sigue.

## LA CORRESPONSABILIDAD DIARIA

Durante la temporada de cuaresma, uno puede observar ciertas prácticas de sacrificio y abnegación como ofrendas a Dios y como buen entrenamiento espiritual para la vida. Pero esto no debe ser verdad solamente durante la cuaresma. De hecho, siempre debemos de trabajar para entregarnos completamente a la voluntad de Dios. Jesús nos enseñó que a menos de que un grano de trigo caiga la tierra y muera, no puede dar fruto. Permanecerá igual y no llevará a ningún tipo de crecimiento. Nosotros somos los granos de trigo que necesitan morir para que vivamos de nuevo. Sin embargo, muchos de nosotros somos iguales a cuando comenzó la cuaresma pasada y la antepasada. No hemos tomado pasos adelante hacia una fe más madura que hace posible que seamos transformados. La rendición no es fácil, pero necesitamos ver nuestra observación de la cuaresma como manera de seguir adelante. Ningún atleta levanta las mismas pesas para siempre. Debemos trabajar siempre para movernos hacia la santidad. Este es el compromiso de un discípulo verdadero. Dios nos llama a orar hoy más que ayer. El nos llama a dar más hoy que ayer. Nos llama a amar más hoy que ayer. No moverse no es opción. Nuestro Dios nos llama a crecer como discípulos para el beneficio de nuestras almas y la salud del Cuerpo de Cristo. Que esta cuaresma sea un tiempo de moverse hacia adelante y que nos acerquemos más a Dios que nos llama a dejar todo y seguirlo.

"The Cathedral is for everyone." ~Bishop Patrick Manogue, 1886~



## Cathedral of the Blessed Sacrament

1017 11th Street, Sacramento, CA 95814  
916-444-3071, Fax 916-443-2749, [blessed@cathedralsacramento.org](mailto:blessed@cathedralsacramento.org)  
Rectory Office Hours — Monday to Friday, 9:00 am to 5:00 pm



### PASTORAL AND ADMINISTRATIVE STAFF

**Father Michael O'Reilly, Rector**

**Father Kieran McMahon, Priest in Residence**

**Father Nicholas Ho, Chinese Mass**

Deacon John Gisla, Office Manager

Deacon Don DeHaven

Deacon Edgar Hilbert

Sister Jenny Aldeghi, Director of Education

Michael Ognisty, Sacristan

Rex Rallanka, Director of Music

Tom Waddock, Cathedral Manager

Carmen Perez, Secretary

Katie McAllister, Bookkeeper

Tit Kila, Wedding Coordinator

Lyssa Black, Webmaster/Bulletin Editor

### RELIGIOUS EDUCATION PROGRAM

The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A for teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program. For information on all of these programs, contact Sister Jenny and her staff at [jenny@cathedralsacramento.org](mailto:jenny@cathedralsacramento.org), or 916-444-5364

**Liturgy of the Word for Children**, ages 5 to 10 years old, every Sunday at the 11:00 am Mass. This program provides children with age appropriate explanations of the Sunday readings and gives parents with young children an opportunity to focus on the Scripture readings and the homily without distractions. Children return to their families before the Offertory. For more information, contact the education office or Dorothy Corgiat at [dlcorgiat@yahoo.com](mailto:dlcorgiat@yahoo.com).



ROMAN CATHOLIC  
**DIocese OF SACRAMENTO**  
DIÓCESIS CATÓLICA ROMANA DE SACRAMENTO

The Most Reverend **Jaime Soto**, D.D, M.S.W  
Bishop of Sacramento

View the Sacramento Bishop's Corner, which is sent via the Catholic Legislative Network to all subscribers in the Diocese of Sacramento who sign up at [www.scd.org/joincln](http://www.scd.org/joincln)

2110 Broadway, Sacramento, CA 95818  
Office Hours: 8:30am - 4:30 pm  
Phone 916-733-0100, Fax 916-733-0195

[scd.org](http://scd.org)

### SCHEDULE OF MASSES

Monday to Friday	12:10 pm
Monday to Thursday	5:10 pm
Saturday Vigil	5:00 pm
Sunday	7:30 am
	9:00 am
	11:00 am
	1:00 pm en Español
	3:00 pm Chinese
	5:00 pm
	7:00 pm en Español
State Holidays	12:10 pm only

### SACRAMENT OF CONFESSION

Monday to Friday	11:30 am to 12:00 pm
Saturday	4:00 pm to 4:45 pm
Domingo en Español	12:30 pm a 12:45 pm
	6:30 pm a 7:00 pm

### EUCCHARISTIC ADORATION

**When attendants are available:**

Wednesday	12:45 pm to 4:45 pm
Thursday	12:45 pm to 4:45 pm
Friday	12:45 pm to 3:45 pm

**ANOINTING OF THE SICK** - By appointment

**BAPTISMS** (Registration is required)

English - 3rd Saturday of the month, 9:00am  
Español - 4º Sábado del mes, 9:00am

### BAPTISM CLASSES

English - 1st Thursday of the month, 7:00pm  
Español - 2do jueves del mes, 7:00pm

### TOURS

Tours are free and are led by trained Docents after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours in Spanish are held the 1st & 3rd Sundays of the month after the 1pm Mass. Tours begin at the Baptismal Font. Contact the rectory office at 916-444-3071 to arrange free private group tours.

### GIFT SHOP on the Lower Level

Sundays 9:00 am to 3:00 pm

[cathedralsacramento.org](http://cathedralsacramento.org)





## JOIN A CATHEDRAL MINISTRY

**Altarservers** contact Michael Ognisty at [mfognisty@msn.com](mailto:mfognisty@msn.com).

**Benedictus Youth Group** contact Victoria Ramos at 916-444-3071, or [benedictusy@gmail.com](mailto:benedictusy@gmail.com).

**Brown Bag Lunch Program** — If you would like to donate lunches, go to [cathedralsacramento.org/ministries](http://cathedralsacramento.org/ministries) for information, or to volunteer, please contact Jerri at [jerrirush@comcast.com](mailto:jerrirush@comcast.com).

**Catechesis of the Good Shepherd** for ages 3+, for information, visit [www.youngsheep.org](http://www.youngsheep.org), or call 916-910-3435.

**Cathedral ACTS Missions** contact [actscathedralsacto@gmail.com](mailto:actscathedralsacto@gmail.com) for more information. 2018 Retreats are Women's Retreat June 21-24 (Cathedral of the Blessed Sacrament), Women's Retreat August 16-19 (St. Rose of Lima, Roseville), Men's Retreat November 15-18 (Cathedral of the Blessed Sacrament).

**Cathedral House Program** - Administered by volunteers of the St. Vincent de Paul Society. Contact the rectory office for more information.

**Cathedral Men's Group** meets the 2nd Tuesday of every month at 7:15 pm, Lower Level. Contact Bob Meyers at [cym1@yahoo.com](mailto:cym1@yahoo.com).

**Cathedral Young Adults** contact Titi Kila at [cathedralya@gmail.com](mailto:cathedralya@gmail.com).

**Choir (English)** contact Rex Rallanka, Music Director at [rrallanka@cathedralsacramento.org](mailto:rrallanka@cathedralsacramento.org) or 916-444-3071, x 38.

**Choir (Spanish)** contact Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after the 7pm Mass.

**Communion & Liberation** catechesis meets every Wednesday at 7:15pm in the Cathedral Lower Level.

**Email Prayer Chain** submit your email address, and you will be notified when prayers are needed by those who have made a special request, contact Lynne Amerson at [cbs1017pc@yahoo.com](mailto:cbs1017pc@yahoo.com).

**Extraordinary Ministers of Holy Communion** contact Amy McCormick at [ammccormick@att.net](mailto:ammccormick@att.net), or 916-801-3967.

**Front Door Ministry** contact [ministries@cathedralsacramento.org](mailto:ministries@cathedralsacramento.org) for information about volunteering or donations.

**Greeters and Ushers** contact Parish Manager, Tom Waddock at 916-444-3071, x 36.

**Knights of Columbus, Cathedral Chapter** contact the rectory office.

**Lectors** contact Fred Heacock at [fheacock72@hotmail.com](mailto:fheacock72@hotmail.com).

**Respect Life Ministry** contact Linda Walters, English Coordinator at 916-524-5885, or Patricia Davila, Spanish Coordinator at 916-502-4854, or email [Veronicaavina@yahoo.com](mailto:Veronicaavina@yahoo.com) for meeting times and other information.

**Rosary Club** (Rosary Beads and instructions are provided) meets every 1st & 3rd Wednesday of each month at 7:15 pm. You don't need to sign up, just show up. For more information, contact Lolita Urrutia at [lolita.urrutia@gmail.com](mailto:lolita.urrutia@gmail.com).

**Saint Vincent de Paul, Cathedral Chapter** contact the rectory office.

**Spanish Parents Group Leaders** meets every Sunday, contact Leticia Hilbert at [leticia\\_hilbert@hotmail.com](mailto:leticia_hilbert@hotmail.com).

To learn more about the ministries at the Cathedral visit our website, [cathedralsacramento.org](http://cathedralsacramento.org).



## GET MARRIED AT THE CATHEDRAL

If you would like to celebrate the Sacrament of Matrimony at the Cathedral, download the Cathedral Wedding Guidelines and Reservation Form on the cathedral website. Contact the parish office at least *six months* before your desired wedding date to arrange a meeting with Wedding Coordinator, Titi Kila, at the Cathedral Office, 916-444-3071, x13, [tkila@cathedralsacramento.org](mailto:tkila@cathedralsacramento.org).

## MARRIAGE PREPARATION

The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Janet & Omar Bardales at [matrimonyprep@att.net](mailto:matrimonyprep@att.net), or 916-427-9160, or Sister Jenny at 916-444-5364. You do not have to have your wedding at the Cathedral in order to take this class.

## QUINCEAÑERA

This is the tradition of celebrating a young girl's coming of age on her 15th birthday with a Mass, and highlights the virtues of family and social responsibility, recognizing her journey from childhood to maturity. For more information on celebrating this beautiful tradition at the Cathedral, call Titi Kila, at the Cathedral Office, 916-444-3071, x13, [tkila@cathedralsacramento.org](mailto:tkila@cathedralsacramento.org).

## CATHEDRAL PARISH REGISTRATION & UPDATE

### Actualización y registro de la parroquia de la Catedral

*You can also register online at*

*[cathedralsacramento.org](http://cathedralsacramento.org) / Visit Us / Register as a Parishioner*

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**For additional family members, please attach a separate sheet.**

Please indicate:

Por favor indique:

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*Please return by (Regrese por favor):*

1) Put into collection basket at mass (deposite en la canasta de la colecta en misa)

2) Scan to pdf file and email to: [blessed@cathedralsacramento.org](mailto:blessed@cathedralsacramento.org)  
(escanear a pdf file y envía por correo electrónico)

3) Fax to: 916-443-2749

4) Mail to (correo): 1017 11th Street, Sacramento, CA 95814





為什麼四旬期前後共有四十天？「四十」這個數字，在聖經中出現過多次，也是上主考驗、破壞、重新建造以色列子民的日子。聖經中一些與「四十」相關的事件包括：

- 四十天之久，上主以洪水消滅大地萬物，重新祝福與諾厄和他的兒子們立約。（創八8-17）
- 四十年之久，舊約子民在曠野中流徙，最後得以進入上主的「預許之地」。（戶十~二一）
- 四十天之久，厄里亞先知祈禱、守齋、經過曠野到達曷肋布山，經驗到天主的顯現。（列上十九1-14）
- 四十天之久，耶穌在曠野中守齋，戰勝魔鬼的試探，然後開始宣講天國喜訊。（瑪四1-11）

Why does Lent last forty days? This number has appeared in multiple biblical events with trials for the people of Israel. The biblical events with the number 40 include:

- God sent rain upon the earth forty days for the earth to be washed clean and made anew (Genesis 7:4)
- The people of Israel had to wander in the desert for forty years so that a new generation could inherit the Promised Land (Numbers 10:20)
- The prophet Elijah preyed, fasted, and traveled for forty days to Mount Horeb before he encountered God (1 Kings 19:1-14).
- Jesus fasted forty days and forty nights and was tempted by the devil to prepare himself for proclaiming the Gospel to others (Matthew 4:1-2).

## 來源

### Sources

<https://aleteia.org/2018/02/13/why-does-lent-last-40-days/>

<http://www.ccreadbible.org/Members/Bona/For-Bible/column/Lent/300c56db5341300d5e364f867684970764bc>

## 本週報告 (會長)

我們將會繼續在下個主日（三月二十五日）彌撒前二時半拜苦路。

### Announcement this week (President)

We will continue to have the Station of the Cross next Sunday (March 25) at 2:30 before mass



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