

December 9 2018 * 2nd Sunday of ADVENT

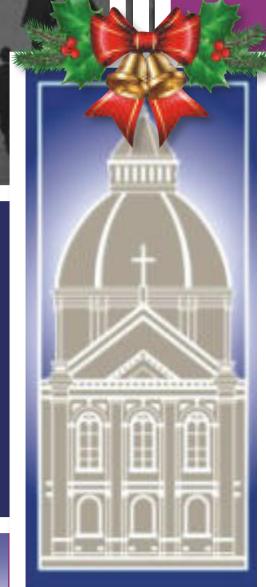


History Issue

Volume 18 * Issue 49

Cathedral of the Blessed Sacrament

1019 11th Street, Sacramento, CA 95814 * 916-444-3071



Pastor's Corner



Today is the second Sunday of Advent, and we hear from the great prophet John the Baptist in the Gospel of St. Luke. But December 9th also remembers a different John, one who lived many years after John the Baptist and thousands of miles from where John preached; St. Juan Diego. Like John the Baptist, Juan Diego lived a very simple life, caring for the needs of his family in central Mexico and learning about the newly arrived faith of Catholics. Eventually he will become the messenger of the great apparition of Our Lady of Guadalupe, being the humble servant who reveals Our Mother's love and concern to know her Son. Both of these saints have an important message given to them from the divine, but perhaps the most significant message they share with us is in the way they lived their lives. As humble servants of Christ, putting God before all else, they remind us during Advent to live simply and not strive for power and glory. Our preparations for the coming of Christ at Christmas are always about how to reveal Jesus and His glory. Have a blessed Advent.

Fr. Michael.

LESSONS ON THE LITURGY:

THRESHOLD OF HOPE

James Cavanagh, Director of Worship, Diocese of Sacramento

"To enter the house of God we must cross a threshold, which symbolizes passing from the world wounded by sin to the world of the new Life to which all men are called." [Catechism 1186].

One of the problems with modernism as an ideology and way of life is that we have almost completely lost touch with the symbolic value of things. Nowhere is this more evident than in our churches, which by and large have succumbed to modernism, at least architecturally.

Church architecture used to speak volumes in terms of symbolic language, so much so that even an ordinary, non-literate, uneducated peasant could easily "read" and understand the deepest mysteries of the Church represented in wood and stone, precious metals and colored glass, richly textured fabrics and colorful vestments and sublime music. But modernism has done away with all that, for modernism is characterized by pure utility, valuing only what's practical, useful, most efficient and cost-effective.

Take, for example, the entrance of a typical modern church. Most of us probably don't even think about walking through the doors when we go to Mass. From a practical point of view, doors are simply there to let people in and keep inclement weather and criminals out. Composed of aluminum and glass, doors of modern churches are no different than doors at Walmart or Target or Starbucks or any other commercial building. It's only a matter of time before they slide open automatically. There's no significance to them; they don't *mean* anything. They're just doors. There's no sense of symbolically passing from one world, the world of fallen man, to another world, the world of God, or as the Catechism puts it: of "passing from a world wounded by sin to the new life to which all men are called." A consequence of this capitulation to modernism is that there is no longer any distinction between the sacred and profane. Is it any wonder therefore that young people are disaffiliating from the Church in such large numbers? When the distinction between the sacred and secular disappears, when there's no real difference between the city of God and the city of

man, when transcendence has been muted and the Church is barely distinguishable from the secular culture around it, is it any wonder that people, especially young people, say, "Why bother?"



The Cathedral Monthly Tidings

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THE CUSTOM OF CHRISTMAS GIFTS

The giving of gifts at Christmas-tide should have for Christians a deeper and nobler significance than the mere observance of a time-honored practice. The remembrance of friends and kinfolk during this festal season is rooted in the spirit of good will symbolized by the Nativity. It should be, therefore, carried out in harmony with that event. Material tokens of friendship and appreciation when inspired by proper and worthy motives, express a beautiful idea. An inheritance from far-off ages of faith in which the practice originated, it should be maintained in the spirit which gave it birth. The purely spiritual character of Christmas, and attendant customs and traditions, gives to the occasion its highest and best meaning. This it is, also, that lends to the exchange of mementos of esteem and good will at this time its noblest significance. Gifts are a figurative profession of that kinship of the human race denoted by the humanity of the Divine Babe. The miracle of the first Christmas night under the Judean stars in loving testimony of the Fatherhood of God should find its reflection in a spirit of tender brotherhood among men. Thence is derived the real value of the gifts of Yuletide in the domestic circle and among friends. This fact should not be lost sight of by Christians in the distractions of a merely secular practice. It would tend to restore its older and better spirit were the Christian world to return to a simpler and less ostentatious observance of the custom.

No method of celebrating the natal day of our Divine Savior is so appropriate as the worthy reception of Holy Communion on Christmas morn. By this act we span the gulf of centuries, as it were, and stand in holy adoration with the simple shepherds about the crude crib of the Christ Child. For us the angelic choirs proclaim anew in rapturous melody the glad tidings of great joy. The meaning of Christmas is as potential and personal to each one of us individually today as it was to the shepherds of old watching their flocks in the Bethlehem hills on that eventful night.

Do not forget the orphan, the friendless and the needy in the dispensation of your Christmas bounty. Grateful appreciation of these for the unexpected remembrance, is like unto the quality of mercy which blesseth alike him that gives and him that receives.

Christmas cheer does not consist entirely of good things to eat, of feasting and merry-making. A kindly word of greeting, a sympathetic handclasp is often a more welcome tribute. Few there are who can not find among neighbors and acquaintances fit subjects for such remembrance. Sorrow and distress are never strangers. They have all seasons for their own. Especially burdensome is their presence in the gladsome Christmas season. A cheery salutation, a word of encouragement and comfort opportunely spoken may lighten the weight of grief of the afflicted wayfarer more effectually than any gift we can bestow. It costs nothing to dispense such Christmas cheer and it is often the best that we have to give no matter how ample our earthly wealth.

How much better would be the world if we carried Christmas spirit through all the year. If we were kind in act and thought, charitable and tolerant in our attitude towards others; if we were considerate to those who need consideration, and gentle with those whom gentleness would win, then indeed would there be peace on earth to men of good will, as the Angels sang on the birthnight of the Infant Savior.

It is customary for Catholics to include a substantial offering to their parish church among other acts of Christmas bounty. Grateful devotion to the new-born Savior finds its most consistent expression in practical aid extended to the Church which He founded for the furtherance of the sacred mission begun in the stable at Bethlehem.

To every reader of The Cathedral Monthly Tidings best wishes for a holy and happy Christmas.



Cathedral Kids

Read the Gospel and Color



Sharing the Gospel - Have you ever played a game where you asked for a "do-over" so you could try again? When John told his neighbors to be baptized, he wanted them to have a second chance, A "do-over." He wanted to give them a fresh, clean start with God.

Prayer - Dear God, when I find myself doing or saying things that you would not like, help me to stop and start over.

Mission for the Week - When you catch yourself being selfish, not following directions, or using hurtful words, stop. Say you're sorry, ask for forgiveness, and then try again.

Puzzle

Circle these words from today's Gospel:

BAPTIZED	JOHN	CROOKED
FORGIVEN	DESERT	SMOOTH
ISAIAH	STRAIGHT	ROUGH

C	I	F	O	R	G	I	V	E	N
R	O	U	G	H	L	O	Y	U	L
O	N	B	D	I	F	T	S	M	V
O	I	A	S	M	O	O	T	H	E
K	C	P	T	W	S	H	R	I	J
E	Y	T	O	U	M	Y	A	S	O
D	U	I	L	I	S	A	I	A	H
R	J	Z	O	C	E	T	G	K	N
O	Y	E	M	K	Y	I	H	I	W
H	A	D	E	S	E	R	T	O	U

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2nd Sunday of Advent

CELEBRATIONS FOR OUR LADY OF GUADALUPE

The Spanish Liturgy ministry invites everyone to a celebration of Our Lady of Guadalupe, on Sunday, December 9, in Mercy Hall all day. There will be a brief presentation of the apparitions of our Lady of Guadalupe during 1pm Spanish Mass, which will also feature a mariachi band. The band will also play downstairs after Mass, followed by a folk dance presentation. Food will be sold until 5pm or as long as supplies last.



On Wednesday, December 12th, join us for **Mañanitas**

a la Virgen (songs for Mary including happy birthday to wake her up) at 5:30 am, followed by a bilingual Mass at 6:00 am. A free breakfast of sweet Mexican bread and hot chocolate will be served after Mass in Mercy Hall. All are invited and encouraged to come and honor our Celestial Mother this day.

G.F. Handel's MESSIAH & Monteverdi's Magnificat
featuring Capella Antiqua and Cathedral Choir
with the Baroque Orchestra

Friday, December 14, 2018, 7:30 pm
General \$20 | Student \$10, www.capella-antiqua.org

FEAST OF THE HOLY INNOCENTS ANNUAL ROSARY PROCESSION

Friday, December 28, presided by Bishop Soto. At 6:00pm, the procession begins on the steps of the cathedral, followed by Mass at the National Shrine of Our Lady of Guadalupe, 711 T Street.

THE BIBLE TIMELINE: *Revelation & Psalms*

BIBLE STUDY, BEGINS ON JANUARY 3, 2019

This is the fifth year of this popular bible study program. The study will include a series of twenty-two video sessions presented by Jeff Cavins. Each video will be preceded by a lively group discussion. We will meet every Thursday from 7pm to 8:30 at the lower level of the Cathedral. You will receive a certificate of completion for each series of 11 sessions.

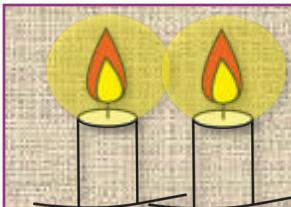
Attendance is free. We will also provide materials. Although there are some helpful online materials that are made to go with this presentation that you may purchase to supplement your learning, it is not required. Please join us for a life-changing journey through the Bible! Contact Sister Jenny at (916) 444-5364 or jenny@cathedralsacramento.org.

The **RESPECT LIFE MINISTRY** is getting ready to stand up for the littlest among us at the 15th annual **WALK FOR LIFE** in San Francisco on January 26th, 2019. We are looking for sponsors to help cover the cost of the trip for the confirmation students and families in need. If you would like to help or reserve your bus tickets, please call Liliana at (916) 912-8256 or Veronica at (916) 205-0713 or stop by the Cathedral's Office.



"Christmas is a season not only of rejoicing
but of reflection."

~Winston Churchill~



**"Every valley shall be filled and every mountain and hill shall be made low.
The winding roads shall be made straight,
and the rough ways made smooth,
and all flesh shall see the salvation of God." ~Luke 3:5-6~**

Date	Mass / Intentions	Activities
Saturday December 8	10:00 am Bilingual Mass for the Immaculate Conception (HDO) 5:00 pm / Graciela Gloria Luna + Tim & Ellie Goranov S.I.	10:00 am CCD Classes
Sunday December 9	THE SECOND SUNDAY OF ADVENT Second Collection for Retirement Fund for Religious 7:30 am / Tim & Ellie Goranov S.I. 9:00 am / Emma DeMello + 11:00 am / Velda McHorney + 1:00 pm Spanish / Ernestina Martinez + Jim Michael Brelaut + 3:00 pm Chinese / 5:00 pm / Sor Maria Purisima Concepcion, O.S.C. S.I. 7:00 pm Spanish / People of the Parish	9:00 am RCIA for Children & Teens 9:00 am Mass: RCIA - Breaking of the Word 11:00 am Mass: Liturgy of the Word for Children Celebration for Our Lady of Guadalupe in Mercy Hall all day
Monday December 10	12:10 pm / Sister Antoinette Vasquez + Tim & Ellie Goranov S.I. 5:10 pm / Ramon Florez S.I. Erasmo Villa S.I.	6:30 pm RCIA: Evening Prayer 7:00 pm RCIA: Class
Tuesday December 11	12:10 pm / Marie de Noel Tu Al Loan + Tim & Ellie Goranov S.I. 5:10 pm / Rufino Lopez + Navarro Family S.I.	6:00 pm Spanish Choir Rehearsal for the 7pm Mass 7:00 pm Teen Confirmation Class 7:15 The Men's Group
Wednesday December 12	6:00 am Mass for Our Lady of Guadalupe (Las Mananitas begins at 5:30 am) 12:10 pm / Emma DeMello + 5:10 pm / Tim & Ellie Goranov S.I. Carol White +	7:00 pm St V de P monthly meeting 7:15 pm Communion & Liberation 7:15 pm English Choir Rehearsal 7:15 pm Spanish Choir Rehearsal for the 1pm Mass
Thursday December 13	12:10 pm / Carlos Palacios + 5:10 pm / Dawn Mehlhoff + Tim & Ellie Goranov S.I.	7:00 pm Baptism Class - Spanish
Friday December 14	12:10 pm / Ivan Konjevod +	7:30 pm Messiah Concert
Saturday December 15	5:00 pm / Graff Family S.I.	9:00 am Baptisms - English 10:00 am Christmas Pageant in Church for English Faith Formation followed by Christmas Party in Mercy Hall Tomorrow: Spanish Christmas Pageant

Readings & Observances

Sunday: 2nd Sunday of Advent

Bar 5:1-9/Ps 126:1-2, 2-3, 4-5, 6 [3]/Phil 1:4-6, 8-11/Lk 3:1-6

Monday: Is 35:1-10/Ps 85:9ab and 10, 11-12, 13-14 [Is 35:4f]/Lk 5:17-26

Tuesday: St. Damasus I, Pope

Is 40:1-11/Ps 96:1-2, 3 and 10ac, 11-12, 13 [Is 40:10ab]/Mt 18:12-14

Wednesday: Our Lady of Guadalupe

Zec 2:14-17 or Rv 11:19a; 12:1-6a, 10ab/Jdt 13:18bcde, 19 [15:9d]/Lk 1:26-38
or Lk 1:39-47

Thursday: St. Lucy, Virgin & Martyr

Is 41:13-20/Ps 145:1 and 9, 10-11, 12-13ab [8]/Mt 11:11-15

Friday: St. John of the Cross, Priest & Doctor of the Church

Is 48:17-19/Ps 1:1-2, 3, 4 and 6 [Jn 8:12]/Mt 11:16-19

Saturday: Sir 48:1-4, 9-11/Ps 80:2ac and 3b, 15-16, 18-19 [4]/Mt 17:9a, 10-13

Prayer Corner



Please remember in your prayers:

Charles Joseph Urrutia, Sr. + Patricia and Andrew Vargas

John Keener+ Jocey

Jaime Tangco + Sara Martinez

Lukas Flucht + Marilyn Custodio

Heriberto Concepcion Tadina+ Kinda A

Dubu+

Lucia

Benny Garces+ Roman Q Paguio,+ Damianus Aditya Christie

Snježana

Matthew Mahoney

Teddy Nguyen

MEM

Madeleine B. Vinluan

Maricela Huidor

Janine

Anna Lanzona

Alexa Novelo

Mary

Shelby Hogan

Sepehr

Gloria Sanchez

Maria

Tifini and her unborn child

Josh

ZEP Family

Cathy & Kirk Laver S.I.

Matthew Mahoney

Sandra Mahoney

MEM

Maricela Huidor

Alexa Novelo

Brandon M. Novelo

Anna Lanzona

Shelby Hogan

Roman Q Paguio +

Carl Hagen

Benny Garces +

Sepehr

Roman Q Paguio +

Rosa G.

Deacon Don DeHaven

Miguel, Luz, Sonia, Joel, Jose, Oscar, Betty, Noe, Waldo, Cesar, Carlos, Teresa and their families

Gerald O'Reilly +

Frank Vercillo

Stephanie Pill

Mary Margaret Reilly

Asmitha and Abie Joseph

Alroyd and Shaista and children Julian

Jason and Resmi

Nina Mordas and Mother

Javier Maria Alonso

C. Marcela Bedoya

Eva Hernandez

Diane

Esquina del Pastor



Hoy es el segundo domingo de Adviento, y escuchamos al gran profeta Juan el Bautista en el Evangelio de San Lucas. Pero el 9 de diciembre también recuerda a un Juan diferente, uno que vivió muchos años después de Juan el Bautista y miles de millas de donde Juan predicó; San Juan Diego. Al igual que Juan el Bautista, Juan Diego vivió una vida muy simple, cuidando las necesidades de su familia en el centro de México y aprendiendo acerca de la fe recién llegada de los católicos. Eventualmente se convertirá en el mensajero de la gran aparición de Nuestra Señora de Guadalupe, siendo el humilde servidor que revela el amor y la preocupación de Nuestra Madre por conocer a su Hijo. Ambos santos tienen un mensaje importante que les ha sido dado desde lo divino, pero quizás el mensaje más importante que comparten con nosotros es la forma en que vivieron sus vidas. Como humildes siervos de Cristo, poniendo a Dios por encima de todo lo demás, nos recuerdan que durante el Adviento debemos vivir simplemente y no luchar por el poder y la gloria. Nuestros preparativos para la venida de Cristo en Navidad son siempre sobre cómo revelar a Jesús y su gloria. Ten un bendito Adviento.

P. Michael

LECCIONES SOBRE LA LITURGIA:

UMBRAL DE LA ESPERANZA

James Cavanagh, Director de Culto, Diócesis de Sacramento

"Para entrar en la casa de Dios debemos cruzar un umbral, que simboliza el paso del mundo herido por el pecado al mundo de la nueva Vida a la que todos los hombres son llamados". [Catecismo 1186].

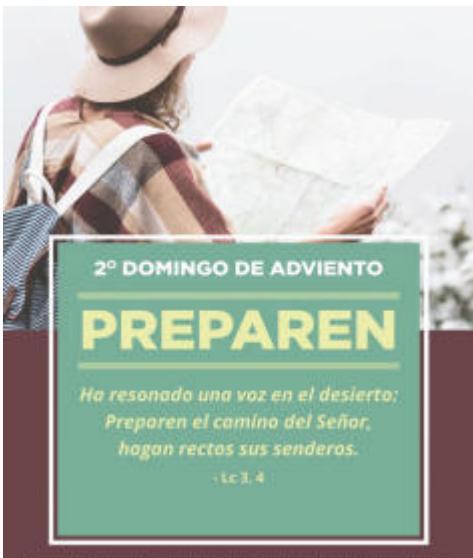
Uno de los problemas del modernismo como ideología y forma de vida es que casi hemos perdido el contacto con el valor simbólico de las cosas. En ninguna parte es esto más evidente que en nuestras iglesias, que en general han sucumbido al modernismo, al menos arquitectónicamente.

La arquitectura de la iglesia solía decir volúmenes en términos de lenguaje simbólico, tanto que incluso un campesino ordinario, sin alfabetización y sin educación podía "leer" y comprender fácilmente los misterios más profundos de la iglesia representados en madera y piedra, metales preciosos y vidrios de colores., telas ricamente texturizadas y vestimentas coloridas y música sublime.

Pero el modernismo ha eliminado todo eso, ya que el modernismo se caracteriza por la utilidad pura, valorando solo lo que es práctico, útil, más eficiente y rentable.

Tomemos, por ejemplo, la entrada de una iglesia moderna típica. Es probable que la mayoría de nosotros ni siquiera pensemos en caminar por las puertas cuando vamos a Misa. Desde un punto de vista práctico, las puertas simplemente están ahí para dejar entrar a la gente y mantener el clima inclemente y los criminales afuera. Comuestas de aluminio y vidrio, las puertas de las iglesias modernas no son diferentes a las puertas de Walmart o Target o Starbucks o cualquier otro edificio comercial. Es solo cuestión de tiempo que se abran automáticamente. No hay ningún significado para ellos; no significan nada. Solo son puertas. No hay la sensación de pasar simbólicamente de un mundo, el mundo del hombre caído, a otro mundo, el mundo de Dios, o como lo dice el Catecismo: de "pasar de un mundo herido por el pecado a la nueva vida a la que todos los hombres están llamados." Una consecuencia de esta capitulación al modernismo es que ya no hay distinción entre lo sagrado y lo profano. ¿Es de extrañar, por lo tanto, que los jóvenes se estén desvinculando de la Iglesia en un número tan grande? Cuando la distinción entre lo sagrado y lo secular desaparece, cuando no hay una diferencia real entre la ciudad de Dios y la ciudad del hombre, cuando la trascendencia se ha silenciado y la Iglesia es apenas distinguible de la cultura secular que la rodea, ¿es de extrañar que la gente, especialmente los jóvenes, dicen, "¿Por qué molestarse?"





CELEBRACIONES PARA NUESTRA SEÑORA DE GUADALUPE

El ministerio de liturgia en español invita a todos a una celebración de Nuestra Señora de Guadalupe, el domingo 9 de diciembre, en el Mercy Hall todo el día. Habrá una breve presentación de las apariciones de Nuestra Señora de Guadalupe durante la misa en español a la 1pm, que también contará con una banda de mariachi. La banda también tocará en la planta baja después de la misa, seguida de una presentación de danza folclórica. Los alimentos se venderán hasta las 5 pm o hasta que se agoten los suministros.

El miércoles 12 de diciembre, únase a nosotros para **Mañanitas a la Virgen** (canciones para María que incluyen un feliz cumpleaños para despertarla) a las 5:30 am, seguido de una misa bilingüe a las 6:00 am. Después de la misa en Mercy Hall se servirá un desayuno gratuito con pan dulce mexicano y chocolate caliente. Todos están invitados y son alentados a venir y honrar a nuestra Madre Celestial este día.

PROCESIÓN DEL ROSARIO ANUAL DE LA SANTA INOCENTES

Viernes, 28 de diciembre, presidido por el obispo Soto. A las 6:00 pm, la procesión comienza en los escalones de la catedral, seguida de una misa en el Santuario Nacional de Nuestra Señora de Guadalupe, 711 T Street.

LAS LECTURAS Y CONMEMORACIONES SEMANALES

La semana del 9 de diciembre de 2018

Domingo: 2º Domingo de Adviento

Bar 5, 1-9/Sal 126, 1-2. 2-3. 4-5. 6 [3]/Flp1, 4-6. 8-11/Lc3, 1-6

Lunes: Is 35, 1-10/Sal 85, 9 y 10. 11-12. 13-14 [Is 35, 4f]/Lc5, 17-26

Martes: San Dámaso I, papa

Is 40, 1-11/Sal 96, 1-2. 3 y 10. 11-12. 13 [Is 40, 10]/Mt 18, 12-14

Miércoles: Nuestra Señora de Guadalupe

Zac 2, 14-17 o Ap 11, 19; 12, 1-6. 10/Jdt 13, 18. 19 [15, 9]/Lc1, 26-38 o Lc1, 39-47

Jueves: Santa Lucía, virgen y mártir

Is 41, 13-20/Sal 145, 1 y 9. 10-11. 12-13 [8]/Mt 11, 11-15

Viernes: San Juan de la Cruz, sacerdote y doctor de la Iglesia

Is 48, 17-19/Sal 1, 1-2. 3. 4 y 6 [Jn 8, 12]/Mt 11, 16-19

Sábado: Eccl 48, 1-4. 9-11/Sal 80, 2 y 3. 15-16. 18-19 [4]/Mt 17, 10-13

MEDITACIÓN EVANGÉLICO - Adviento es vivir en la esperanza y en la escucha, siempre viendo hacia el futuro estando seguros de que Dios nunca abandona a su pueblo. Camine con Él y lo orientará hasta que sea libre y goce de esa libertad comprometiéndose con la justicia y el temor de Dios. Volver a Dios, dejar el pecado estar abiertos a sus sorpresas. Dejarse seducir por la bondad del recién nacido que viene. En nuestro tiempo difícilmente, percibimos experiencias de bondad de encuentro con el otro porque nos ha faltado el don de escuchar.

Este es el tiempo de detenernos, de levantar la cabeza, de enderezar lo torcido tal como san Juan bautista lo grita en el desierto. "Preparen el camino del Señor, enderecen sus senderos. Las quebradas serán llenadas y los montes y los cerros allanados. Lo torcido será enderezado, y serán suavizadas las asperezas de los caminos. Todo mortal entonces verá la salvación de Dios" (Lucas 3:4-6). Es decir que tenemos que tener la apertura de ver esa salvación de Dios en los inmigrantes, los refugiados, las familias separadas y tanta situación de incertidumbre en que se vive. Existe mucho por hacer, por enderezar, por aplinar y por cultivar. Fijémonos en San Juan Bautista que nos invita a dejar lo viejo y aceptar lo nuevo. Todo esto puede suceder si el ser humano se hace presente en Jesús. No nos hagamos los sordos. El Evangelio de hoy nos grita y nos reta a ver que la salvación llega por la escucha? ¿A quién escuchas tú? ¿Qué atención le pones al escuchar un consejo? Estamos conectados siempre con el celular en la mano. Pero, aun así, se vive en la sordera y la lejanía de escucha entre las personas. Solo la línea de Dios no está ocupada. ¡Escúchalo!

VIVIR LA LITURGIA - Enderezar el camino de Cristo no es solamente a vocación de Juan Bautista, sino la vocación de todos los creyentes bautizados. Dios desea guiarnos con Su misericordia y justicia. Estas dos son esenciales en el reino de Dios y algunos de los regalos que traerá la llegada de Cristo. El sistema egoísta de este mundo no tiene énfasis en estos valores. Los valores diarios de esta sociedad incluyen obtener beneficios más grandes, reducir el tamaño de las compañías para reducir costos, usar a los demás como beneficios personales o corporativos, y ponerle importancia a las instituciones sobre las personas son algunos de los "valores" que nos rodean día tras día. Nuestro llamado es enderezar el camino a Cristo. ¿Cómo respondemos este llamado si vivimos en una sociedad que valora lo opuesto? Debemos aprender a discernir lo que tiene un valor verdadero y confiar que Dios nos ilumine el camino para extender Sus valores a los demás.

LA CORRESPONSABILIDAD DIARIA

Recuerdo haber ido a la escuela católica durante la primaria y cada año teníamos que hacer una corona de adviento hecha de cartulina de colores. Cortaba las llamas amarillas y se ponían cada vez que era tiempo de encender una nueva vela. Era una gran idea, pero faltaba la experiencia de ver que a una vela se le acababa su llama con cada semana que pasaba. Estoy seguro de que más de mitad de las coronas que se hicieron nunca recibieron una cuarta llama. Esto era porque para ese entonces muchos niños de la primaria ya estaban celebrando la navidad. La navidad no era un solo día, era una experiencia de vacaciones de la escuela.

Quizás usted tiene una corona de adviento en su casa o su oficina; quizás no. Pero esas llamas son insignificantes comparadas con la llama que debe estar quemando en nuestros corazones durante esta temporada. ¿De qué maneras enciende su propio corazón? ¿Cómo está preparando el camino para que Cristo entre en su vida y la vida de los de su alrededor de una manera más profunda?

El ritual de tener una corona de adviento es buena idea. Pero no piense que sus preparativos terminan ahí. Está llamado a ser una llama para los demás durante esta temporada, recordándoles por qué celebramos este tiempo. Cada persona es una vela que debe encender, y usted tiene los dones, dados por Dios, para encenderlos. Durante la navidad, es importante que Dios vea toda la luz que usted ha generado por los que Él encendió a través de usted. Ahora es el tiempo. No espere hasta que se acabe el adviento. Quizá no podrá encontrar su llama si se espera.

-- Tracy Earl Welliver, MTS



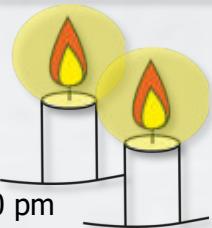
~Spiritual Center of Sacramento for 129 Years~

Cathedral of the Blessed Sacrament

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916-444-3071, Fax 916-443-2749 , cathedralsacramento.org

Rectory Office Hours — Monday to Friday, 9:00 am to 12:00 pm, 1:00 pm to 5:00 pm



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 Father Kieran McMahon, Priest in Residence
 Father Nicholas Ho, Chinese Mass
 Deacon John Gisla, Office Manager
 Deacon Don DeHaven
 Deacon Edgar Hilbert
 Deacon Omar Bardales
 Sister Jenny Aldeghi, Director of Education
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 Tom Waddock, Cathedral Manager
 Carmen Perez, Secretary
 Katie McAllister, Bookkeeper
 Titi Kila, Wedding Coordinator

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Robert Ingenito, Chairperson	
Janet Bardales	Gerardo Davila
Steve Harrold	Angela Lai
Michael Pease	

MASSES

Monday to Friday	12:10 pm
Monday to Thursday	5:10 pm
Saturday Vigil	5:00 pm
Sunday	7:30 am
	9:00 am
	11:00 am
	1:00 pm en Español
	3:00 pm Chinese
	5:00 pm
	7:00 pm en Español
State Holidays	12:10 pm only

SACRAMENT OF CONFESSION

Monday to Friday	11:30 am to 12:00 pm
Saturday	4:00 pm to 4:45 pm
Domingo en Español	12:30 pm a 12:45 pm
	6:30 pm a 7:00 pm

EUCARISTIC ADORATION

When attendants are available:

Wednesday	12:45 pm to 4:45 pm
Thursday	12:45 pm to 4:45 pm
Friday	12:45 pm to 3:45 pm

ANointing of the Sick - By appointment

BAPTISMS (Registration is required)
 English - 3rd Saturday of the month, 9:00am
 Español - 4º Sábado del mes, 9:00am

BAPTISM CLASSES (No registration required)

English - 1st Thursday of the month, 7:00pm
 Español - 2do jueves del mes, 7:00pm

TOURS

Tours are free and are led by trained Docents after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours in Spanish are held the 1st & 3rd Sundays of the month after the 1pm Mass. Tours begin at the Baptismal Font. Contact 916-444-3071 to arrange free private group tours.

GIFT SHOP on the Lower Level

Sundays	9:00 am to 3:00 pm
Tuesdays	10:30 am to 12:00 pm

~Bulletin Ministry~

Editor: Lyssa Black Publisher: Liturgical Publications
 Advisor: Father Michael O'Reilly Chinese News: Kenneth Ng

Send submissions to cathedralsacramento@gmail.com, due 9 calendar days before publication weekend. See calendar on cathedralsacramento.org for submission deadlines

CATHEDRAL MINISTRIES

Altarservers

Benedictus Youth Group

Brown Bag Lunch Ministry

Catechesis of the Good Shepherd for ages 3+, for information, visit youngsheep.org, or call 916-910-3435 saccathedralacts.org

Cathedral A.C.T.S.

Cathedral Men's Group

Cathedral Saint Vincent de Paul contact the rectory office

Cathedral Young Adults

Choir (English)

Choir (Spanish)

Cinema Divina Movies
Communion & Liberation

Docents

Email Prayer Chain

Extraordinary Ministers of Holy Communion

Festival of Trees and Lights

Front Door Ministry

Greeters and Ushers

Hospitality

Knights of Columbus

Lectors

Respect Life Ministry

Rosary Club

Spanish Parents Group Leaders

Michael Ognisty, mfognisty@msn.com.
Victoria Ramos, benedictusyg@gmail.com

Jerri Rush, jerrirush@comcast.net
for ages 3+, for information, visit youngsheep.org, or call 916-910-3435 saccathedralacts.org

Bob Meyers, cym1@yahoo.com

contact the rectory office

Titi Kila, cathedralalya@gmail.com

Rex Rallanka, Music Director,
rrallanka@cathedralsacramento.org

Jerry Vanoye in the choir annex after the 1pm Mass,
or Ricardo Savala in the choir annex after 7pm Mass.
Reggie King, Brian Perez, thecatholicstore@gmail.com
catechesis meets every Wednesday at 7:15pm in the
Cathedral Lower Level.

Jill Pease, peasejill@gmail.com
Lynne Amerson, cbs1017pc@yahoo.com.

Amy McCormick, ammccormick@att.net

Paula Trujillo, trupaula@gmail.com
ministries@cathedralsacramento.org

Tom Waddock, 916-444-3071, x 36

Celeste Gisla, jfgisla@surewest.net

Jaime Elizaldi, jaime.elizaldi@gmail.com

Fred Heacock, fheacock72@hotmail.com

Veronica Avina, veronicaavina@yahoo.com

Lolita Urrutia, lolita.urrutia@gmail.com.

Leticia Hilbert, leticia_hilbert@hotmail.com

To learn more about the ministries at the Cathedral,
visit our website:

cathedralsacramento.org



RELIGIOUS EDUCATION PROGRAMS

The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A., for adults, teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program.



If you've been coming to Mass for a while, but are not Catholic, or were baptized Catholic but never completed your faith formation classes, we invite you to look deeper into the Catholic faith. Come meet some faithful Catholics who love the Lord and would consider it a privilege to get to know you. We invite you to learn what Catholics believe in an open and welcoming environment. The Rite of Christian Initiation of Adults (RCIA) sessions meet every Monday Evening at 7 PM in the lower level of the Cathedral. Feel free to come any Monday evening.

For more information on all of our faith formation programs, please call 916-444-5364 or email Sister Jenny Aldeghi FDCC, Director of Religious Education, jenny@cathedralsacramento.org

MARRIAGE PREPARATION

The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Janet & Omar Bardales at matrimonyprep@att.net, or 916-427-9160, or Sister Jenny at 916-444-5364. You do not have to have your wedding at the Cathedral in order to take this class.

GET MARRIED AT THE CATHEDRAL

If you would like to celebrate the Sacrament of Matrimony at the Cathedral, download the Cathedral Wedding Guidelines and Reservation Form on the cathedral website. Contact the parish office at least *six months* before your desired wedding date to arrange a meeting with Wedding Coordinator, Titi Kila, at the Cathedral Office, 916-444-3071 x13, tkila@cathedralsacramento.org.

HAVE YOUR MARRIAGE BLESSED IN THE CHURCH

If you would like to have your civil marriage blessed in the Catholic Church, please call or email Deacon John at the Cathedral Office to explore this possibility: 444-3071 Ext. 11; jgisla@cathedralsacramento.org. This can often be done in a small, private ceremony called a Convalidation, without any cost or fee. If you have been together for a number of years and would like to be married in the Church, this can also often be done in a small, private ceremony without any cost.

QUINCEAÑERA

This is the tradition of celebrating a young girl's coming of age on her 15th birthday with a Mass, and highlights the virtues of family and social responsibility, recognizing her journey from childhood to maturity. For more information on celebrating this beautiful tradition at the Cathedral, call Titi Kila, at 916-444-3071, or titikila@cathedralsacramento.org.

LITURGY OF THE WORD FOR CHILDREN

For ages 5 to 10 years old, at the 11:00 am Sunday Mass (Check calendar for dates). Children return to their families before the Offertory. For more information, contact the education office or Dorothy Corgiat at dcorgiat@yahoo.com.



CATHEDRAL PARISH REGISTRATION & UPDATE

Actualización y registro de la parroquia de la Catedral

You can also register online at cathedralsacramento.org / Visit Us / Register as a Parishioner

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City (Ciudad): _____ State (Estado) : _____ Zip (Código postal): _____

Phone (teléfono): (_____) _____ Cell Phone:(Celular): (_____) _____

Email: _____

For additional family members, please attach a separate sheet.

Please indicate: Por favor indique:

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Change of Address Cambio de Dirección

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Please return by (Regresé por favor):

1) Put into collection basket at mass
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2) Scan to pdf file and email: blessed@cathedralsacramento.org
(escanear a pdf file y envíe por correo electrónico)

3) Fax to: 916-443-2749

4) Mail to (correo): 1017 11th Street, Sacramento, CA 95814



聖母無原罪始胎 (十二月八日)

主曆一八五四年十二月八日，教宗庇護九世頒布欽定聖母始孕無玷信道的通諭，用他不能錯誤的宗座神權，隆重宣佈：至聖童貞瑪利亞在她始孕的第一瞬息，因著全能天主的殊異的恩寵，仗賴著人類救主耶穌基督的功勳，免染原罪的諸般玷污：這道理是天主所啟示的，為此一總教友應當堅信。那就是說：童貞聖母瑪利亞從她在母胎受孕的最初一剎那起，靈魂上已有了天主的寵愛。

開始慶祝聖母無原罪始胎瞻禮的時期，在東方是第八世紀，在西方是九世紀。聖安瑟爾莫和其他本篤會士、鄧斯各脫和其他方濟各會會士都一致強調人類中惟有聖母獨得這個特恩。主曆一七〇八年，教宗格肋孟十一世通令普世教會，慶祝聖母無原罪始胎瞻禮。庇護九世於一八五四年將這端教義定為信德道理。

四年後，至聖童貞瑪利亞，似乎願意親自用奇特的事蹟，來證實這端信德道理。在法國比肋奈山麓的一個小鎮，在露德的山洞中，童貞聖母顯現給一個女孩（聖女伯爾納德）。這女孩誠懇地詢問她的名字，她舉目向天，微笑著回答說：「我是始孕無玷者（摘自教宗庇護第十二世於聖母年的通諭）」。

The Immaculate Conception of the Blessed Virgin Mary (December 8)

On December 8, 1854, Pope Pius IX, with the support of the overwhelming majority of Roman Catholic bishops, promulgated the papal bull *Ineffabilis Deus* (Latin for "Ineffable God"): "We declare, pronounce and define that the doctrine which holds that the Blessed Virgin Mary, at the first instant of her conception, by a singular privilege and grace of the Omnipotent God, in virtue of the merits of Jesus Christ, the Savior of mankind, was preserved immaculate from all stain of original sin, has been revealed by God, and therefore should firmly and constantly be believed by all the faithful."

The Immaculate Conception of the Blessed Virgin Mary was celebrated in the East starting in the Eighth Century and the West starting in the Ninth Century. St. Anselmo and other Benedictines, Duns Scotus and other Franciscans have unanimously emphasized that the only the Virgin receive the unique grace among humans. In 1708, Pope Clemens XI ordered the universal church to celebrate the feast of the Immaculate Conception. Pope Pius IX established this doctrine as the faith of Christianity in 1858.

Four years later, Virgin Mary seems to be willing to personally use miracles to prove this truth. In a cave near Lourdes, a small town in France, Mary appears to a girl (Bernadette Soubirous). The girl sincerely asked her name, and Mary raised her eyes to the sky, smiled and replied: "I am the Immaculate Conception."

本週報告（會長）

慕道班於每星期彌撒後以中文舉行。如果您認識的任何朋友或家人對天主教信仰有興趣，請邀請他參加。

我們將於12月22日星期六進行聖誕頌歌，並於12月9日開始每個星期五晚上7點在Sara/Catherina的家裡練習(地址是7827 River Village Drive , Sacramento, CA 95831)。

我們將於12月23日星期日六點在大教堂樓下的Mercy Hall舉行聖誕節Potluck晚餐。這個晚餐是免費的。參加的教友請跟我，Gloria或Ida報名。您也可以帶上您喜歡分享的食物或飲料。如果您帶食物或飲料，請通知Gloria你帶什麼。

Announcement this week (President)

We have RCIA every week after mass in Chinese. If any friend or family member you know is interested in the Catholic faith, feel free to invite him/her to the RCIA.

We are having Christmas Caroling on Saturday, December 22, and the practices are on every Friday Night at 7pm in Sara/Catherina's House (7827 River Village Drive, Sacramento, CA 95831) starting December 9.

We are having the Christmas Potluck Dinner at Mercy Hall downstairs of the Cathedral on Sunday, December 23. No donation ticket is necessary. Please RSVP with Ken, Gloria or Ida. You can also bring any food or drink you would like to share. If you do, please let Gloria know what you are bringing.

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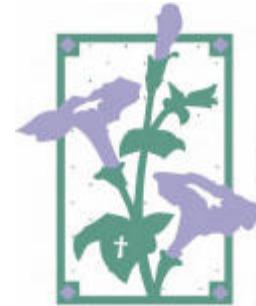
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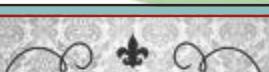
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A poster for Shen Yun 2019. It features a woman in a traditional Chinese costume with flowing sleeves, set against a background of a city skyline at sunset. The text "神韻晚會 2019 SHEN YUN 5,000 YEARS OF CIVILIZATION REBORN" is prominently displayed.

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