

# CATHEDRAL OF THE BLESSED SACRAMENT

## *Stewards of God's Gifts*

# March 17, 2024 | Fifth Sunday of Lent

### MASS SCHEDULE

#### SUNDAY | DOMINGO

8:00 am	English
10:00 am	English*
12:00 pm	Español*
2:00 pm	Chinese*
4:00 pm	English
6:00 pm	Español

\*Livestream available.

**Monday—Friday**

**Lunes—Viernes**

12:10 pm

### ADORATION

### ADORACIÓN

**Wednesday & Thursday**

**Miercoles y Jueves**

1:00 pm - 4:00 pm

### RECONCILIATION

### RECONCILIACIÓN

**Monday—Friday**

**Lunes—Viernes**

11:30 am—12:00 pm

**Saturday | Sabado**

4:00 pm—5:00 pm

### CATHEDRAL HOURS

**Monday—Friday**

10:00 am—4:00 pm

### OFFICE HOURS

**Monday—Friday**

9:00 am—noon & 1 pm—4 pm



## 5° DOMINGO DE LA CUARESMA



Jesús le dijo: "Yo soy la resurrección y la vida. El que cree en mí, aunque haya muerto, vivirá". - Jn 11, 25

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# Events and Information

## The Chrism Mass,

which [the Bishop] concelebrates with Priests from various regions of the diocese and during which he consecrates the sacred Chrism and blesses the other oils, is among the principal manifestations of the fullness of the Bishop's Priesthood and is considered to be a sign of the close bond of the Priests with him.

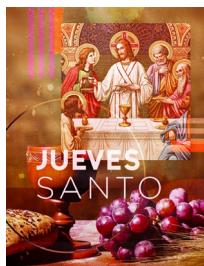
For it is with the **sacred Chrism** consecrated by the Bishop that the newly baptized are anointed and those to be confirmed are signed. It is with the **Oil of Catechumens** that catechumens are prepared and disposed for Baptism. Finally it is with the **Oil of the Sick** that those who are ill are comforted in their infirmity.

— *The Order of Blessing the Oil of Catechumens and of the Sick and of Consecrating the Chrism* (OBO), no. 1

## UPCOMING ADDITIONAL WORSHIP SCHEDULE

### Thursday, March 21

6:00 pm Chrism Mass

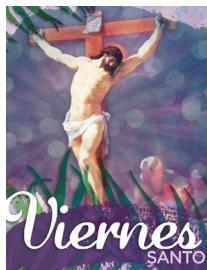


### Holy Thursday, March 28

8:00 am Liturgy of the Hours

12:10 pm Communal Penance Service

7:00 pm Mass of the Lord's Supper (*Bilingual*)



### Good Friday, March 29

8:00 am Liturgy of the Hours

12:10 pm Celebration of the Lord's Passion

2:00 pm—3:00 pm Confessions

7:00 pm Via Crucis (Stations of the Cross)

7:30 pm La Celebración de la Pasión del Señor



### Holy Saturday, March 30

8:00 am Liturgy of the Hours

3:00 pm—5:00 pm Sacrament of Reconciliation

8:30 pm Easter Vigil in the Holy Night

### Easter Sunday, March 31

Regular Sunday Mass Schedule

## KEEPING THE FLAME ALIVE

### Wednesdays, 7:00 PM via Zoom

Father O'Reilly leads a series on the Eucharist and the Roman Missal. Join us and deepen your understanding of the Mass!

Contact Donna: [flamealive22@gmail.com](mailto:flamealive22@gmail.com)

## STATIONS OF THE CROSS

### Every Friday during Lent

After 12:10 pm Mass in English.

At 7:00 pm in Spanish.

## CATHEDRAL TOURS

### Sunday at 9 am and 11 am in English and 1 pm in

**Spanish.** Docents give tours of the Cathedral interior, explaining the rich meaning of the Christian symbols and art.

**NO TOURS ON PALM OR EASTER SUNDAYS**

## MANTENIENDO VIVA LA LLAMA

### Miércoles, 7:00 PM vía Zoom

Padre O'Reilly dirige una serie sobre la Eucaristía y el Misal Romano. ¡Únase a nosotros y profundice su comprensión de la Misa! Contacto con Donna: [flamealive22@gmail.com](mailto:flamealive22@gmail.com)

## ESTACIONES DE LA CRUZ

### Todos los viernes durante la Cuaresma

Después de las 12:10 Misa en inglés.

A las 7:00 pm horas en español.

## VISITAS A LA CATEDRAL

**Domingos a las 9 am y 11 am en inglés y 1 pm en español.** Los docentes dan recorridos por el interior de la Catedral, explicando el rico significado de los símbolos y el arte cristianos. **NO HAY TOURS LOS DOMINGO DE PALMAS NI PASCUA**

# Eventos e información

## Through the Eyes of Mary

A Meditation on the Passion of Jesus  
Presented by the Faith Formation Families  
Friday, March 22  
7 PM in Church

FAMILY FAITH FORMATION  
EASTER BASKET RAFFLE  
\$1 PER TICKET

on sale after Sunday masses  
Baskets displayed in the vestibule. Prizes awarded after Palm Sunday, March 24.

FORMACIÓN EN LA FE FAMILIAR  
RIFA DE CESTA DE PASCUA  
\$1 POR BOLETO

a la venta después de las misas dominicales  
Cestas expuestas en el vestíbulo. Premios entregados después del Domingo de Ramos.



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This Cathedral podcast seeks to create a greater sense of community among our parishioners. Each episode features Cathedral staff member or parishioner in a casual discussion with host Christian Jensen. If you would like to participate as a guest, please contact us: 916-545-5376  
**Listen here:** <https://is.gd/talkparish>

## Mass Intentions & Observances

SUN 3/17

FOURTH SUNDAY OF LENT

8:00 AM: PEOPLE OF THE PARISH S.I.

10:00 AM: ERIC ASKELAND +

12:00 PM: VALERIANA ALFORQUE +

4:00 PM: RUDY AND GLORIA MARTINEZ +

6:00 PM: FATHER MÉMO HERNANDEZ S.I.

MON 3/18

SAINT PATRICK, MEMORIAL

12:10 PM: MANUEL PURUGGANAN +

TUES 3/19

SAINT JOSEPH, MEMORIAL

12:10 PM: KENNETH M. WALKER JR.

WED 3/20

FIFTH WEDNESDAY OF LENT

12:10 PM: CAROL AURORA CRUZ +

THU 3/21

FIFTH THURSDAY OF LENT

12:10 PM: MICHAEL AND DONNA GUTIERREZ AND FAMILY S.I.

FRI 3/22

FIFTH FRIDAY OF LENT

12:10 PM: DAMIANA TABANIAG +

S.I. = for special intention  
+ = for repose of the soul

## Mass Intentions

Please email:

[vramos@cathedralSacramento.org](mailto:vramos@cathedralSacramento.org)  
or call 916-444-3071, ext. 10

# Family Faith Formation and OCIA



## Family Faith Corner

In March our families are focusing on praying with Sacred Scripture and various forms of prayer. We wanted to share some of their vocabulary.

*"The Word of God is living and effective ...able to discern reflections and thoughts of the heart."*

~ Hebrews 5:12

## LESSON VOCABULARY for MARCH

**Inspiration:** The human authors of Scripture were guided by God through the Holy Spirit in their writing. God's Spirit was present with them when they chose the words to write and how to write them. The Holy Spirit moved within them to write the truth God wanted written for the sake of our salvation. (96)

**Psalms:** A collection of 150 prayers in Scripture that were sung by the people of Israel in praise of God.

**Lectio Divina:** Lectio Divina is an ancient form of praying with Scripture that is a slow and thoughtful encounter with the Word of God. It is Latin for "divine reading."

**Liturgy of the Hours:** Also called the Divine Office, it is the public prayer of the Church which sanctifies the whole course of the day and night. It consists of a variety of prayers, Scripture readings, most especially the Psalms, and writings of the saints. It is divided into seven "hours" or "offices," each to be prayed at specific times of the day. Bishops, priests, deacons, and religious are obligated to pray the full sequence of the hours, observing as closely as possible the true time of day. Lay persons are also encouraged to pray the Liturgy of the Hours so that it may be the prayer of the whole People of God.

Experience the Liturgy of the Hours by joining the OCIA team for Evening Prayer on Mondays, 6:30pm in Mercy Hall.

## Calendar for this Week

SAT 16 MAR	Family Faith Formation 10:00 AM, Mercy Hall/Classrooms
SUN 17 MAR	OCIA BOW / 3rd Scrutiny of Elect 8:00 AM, Church/St Francis/Hall <i>Formacion en la Fe Familiar</i> 10:00 AM, Mercy Hall Faith Formation - Chinese 12:30 PM, Jesus Room
MON 18 MAR	Evening Prayer (All Welcome) 6:30 PM, Mercy Hall OCIA for Adults 7:00 PM, Mercy Hall/Classrooms
TUE 19 MAR	Family Faith Formation 6:00 PM, Mercy Hall/Classrooms
THU 21 MAR	Adult Confirmation—Chrism Mass 6:00 PM, in Church Adult Bible Study 7:00 PM, St Pius X
Fri 22 MAR 7 PM	LIVING STATIONS Through the Mary's Eyes Presented by Cathedral Confirmation Class 2024
SAT 23 MAR	Family Faith Formation 10:00 AM, Mercy Hall

**COMING UP:**

SUN 24 MAR	PALM SUNDAY 8:00 AM Mass OCIA 2nd Year assist w/Palms
SAT 30 MAR 8 AM	EASTER VIGIL RETREAT—OCIA Begins in Church for Prayer Please pray for them.

## Preparation for Mass Sunday, 24 MAR 24

### Prepare: Palm Sunday

Mk 11:1-10 (Procession with Palms)  
Isaiah 50:4-7  
Psalm 22:8-9, 17-18, 19-20, 23-24  
Philippians 2:6-11  
Mark 14:1-15:47

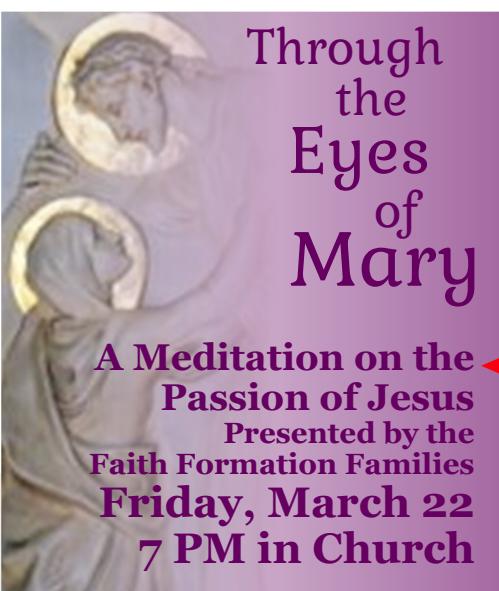
### Gospel Focus:

Next week's readings get us ready for Holy Week, a week where we walk with Jesus from His triumphant entrance into Jerusalem to the suffering of humiliation and pain on the Cross to His glorious resurrection. And in between the movements of the Lord are the movements of our own hearts. We begin the Mass with a pre-Gospel that sets the stage for Jesus' triumphant entrance into Jerusalem, to the crowds singing "Hosanna to the King!" Isaiah and the Responsorial Psalm foretell of the coming brutality and sorrow Jesus endured. The Gospel has us at the Last Supper, Jesus' betrayal and arrest, and then His condemnation. The attitude of the crowd changes from welcoming Jesus by throwing down their cloaks before him singing "Hosanna!" to now screeching loudly, "Crucify Him!" Our hearts are fickle, so easily persuaded for and then against another. Do you have the courage to stand with Jesus?

### With your Family

- ♦ Read Mark 14:1-15:47
- ♦ Try to put yourself as one of the disciples. Do you stay with Jesus? Do you run away? Do you betray him? Do you deny him?
- ♦ Let your imagination use its senses of sight, hearing, tasting, touching, and smelling. What are your senses picking up in the Gospel story? Fear? Excitement? Sorrow? Confusion?
- ♦ Pray Psalm 22 together.

Please come support our Confirmation youth and their families in their presentation of Christ's passion through Mary's perspective. Event is Free.



[is.gd/massprep2024](http://is.gd/massprep2024)

Preparacion  
de la Misa  
para familias



Family Faith Formation—OCIA—Sacraments of Initiation for Children and Adults

# Formación de fe Familiar y OCIA

## Preparación para la Misa Domingo, 24 MAR 24

### Preparar: Domingo de Ramos

Marcos 11,1-10 (Procesión con Palmas)  
Isaías 50:4-7  
Salmo 22:8-9, 17-18, 19-20, 23-24  
Filipenses 2:6-11  
Marcos 14:1-15:47

### Enfoque del evangelio:

Las lecturas de la próxima semana nos preparan para la Semana Santa, una semana en la que caminamos con Jesús desde Su entrada triunfal a Jerusalén hasta el sufrimiento de la humillación y el dolor en la Cruz y Su gloriosa resurrección. Y entre los movimientos del Señor están los movimientos de nuestro propio corazón. Comenzamos la Misa con un pre-Evangelio que prepara el escenario para la entrada triunfal de Jesús a Jerusalén, ante la multitud cantando "¡Hosanna al Rey!" Isaías y el Salmo responsorial predicen la brutalidad y el dolor venideros que soportó Jesús. El Evangelio nos sitúa en la Última Cena, la traición y el arresto de Jesús, y luego su condena. La actitud de la multitud cambia de dar la bienvenida a Jesús arrojando sus mantos ante él cantando "¡Hosanna!" hasta ahora gritar fuerte: "¡Crucifícale!" Nuestros corazones son volubles, tan fácilmente persuadidos a favor y luego en contra de otro. ¿Tienes el coraje de estar con Jesús?

### Con tu familia

- ◆ Lea Marcos 14:1-15:47
- ◆ Intenta ponerte como uno más de los discípulos. ¿Te quedas con Jesús? ¿Huyes? ¿Lo traicionas? ¿Le niegas?
- ◆ Deje que su imaginación use sus sentidos de la vista, el oído, el gusto, el tacto y el olfato. ¿Qué captan tus sentidos en la historia del Evangelio? ¿Miedo? ¿Excitación? ¿Pena? ¿Confusión?
- ◆ Oren juntos el Salmo 22.



## OCIA: Journey to Easter

### Jesus Saves Us from Death

As we continue journeying towards Easter and Sacraments, this week we celebrate the 3rd Scrutiny with the OCIA Elect at the 8AM Mass. The last two Sundays we heard of the Woman at the Well (our thirst for God, the Living Water relieved through Baptism) and the healing of blindness of a man born blind from birth (our new sight obtained through faith). This week Jesus claims He is God through raising Lazarus from the dead (our new life through Christ Jesus). By telling poor Lazarus who has been in the tomb for four days, "Lazarus, come forth!", Jesus tells us all that He is the Lord of the Dead and the Living, and is the giver of life eternal. Let us believe that Jesus came to give us new life. Do you believe his words with your life?

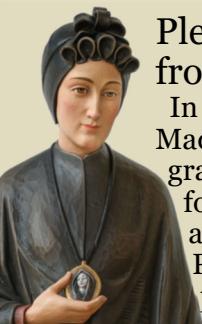
"I am the resurrection and the life; whoever believes in me, even if he dies, will live."  
~ John 11:25



Sign up for Mass preparation with engaging videos and activity sheets for children of all ages.  
[is.gd/massprep2024](https://is.gd/massprep2024)

Regístrate para la preparación de la Misa con videos atractivos para niños de todas las edades.

Let us help your family get ready for Sunday Mass.

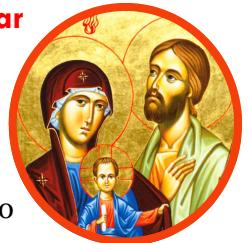


## Plenary Indulgence Granted from March 1—October 2, 2024

In honor of the 250th Anniversary of the birth of Saint Madalene of Canossa, the Apostolic Penitentiary has granted a Plenary Indulgence (with normal conditions)\* for the faithful who visit the Churches (Cathedral and Our Lady of Lourdes, Sacramento) and places of Prayer where Canossian Fathers and Sisters are present. \* [See website for further explanation.](#)

## Rincón de la Fe Familiar

En marzo nuestras familias se centrarán en orar con la Sagrada Escritura y diversas formas de oración. Queríamos compartir algo de su vocabulario.



"La Palabra de Dios es viva y eficaz... capaz de discernir los reflejos y los pensamientos del corazón".

~ Hebreos 5:13

## VOCABULARIO DE LA LECCIÓN para MARZO

**Inspiración:** Los autores humanos de las Escrituras fueron guiados por Dios a través del Espíritu Santo en sus escritos. El Espíritu de Dios estuvo presente con ellos cuando eligieron las palabras para escribir y cómo escribirlas. El Espíritu Santo se movió dentro de ellos para escribir la verdad que Dios quería que se escribiera por nuestra salvación. (96)

**Salmos:** una colección de 150 oraciones de las Escrituras que fueron cantadas por el pueblo de Israel en alabanza a Dios.

**Lectio Divina:** Lectio Divina es una forma antigua de orar con las Escrituras que es un encuentro lento y reflexivo con la Palabra de Dios. En latín significa "lectura divina".

**Liturgia de las Horas:** También llamada Oficio Divino, es la oración pública de la Iglesia que santifica todo el transcurso del día y de la noche. Consiste en una variedad de oraciones, lecturas de las Escrituras, especialmente los Salmos, y escritos de los santos. Se divide en siete "horas" u "oficios", cada uno de los cuales debe rezarse en momentos específicos del día. Los obispos, sacerdotes, diáconos y religiosos están obligados a rezar el orden completo de las horas, observando lo más fielmente posible la verdadera hora del día. También se anima a los laicos a rezar la Liturgia de las Horas para que sea la oración de todo el Pueblo de Dios.

Experimente la Liturgia de las Horas uniéndose al equipo de OCIA para la Oración Vespertina los lunes a las 6:30 PM en Mercy Hall.

# Sacramento Chinese Catholic Community

**RECONCILIATION:** 1<sup>st</sup> Sunday of the month before mass. Please contact Kenneth Ng or Fr. Chiu in advance.

Tel: 916-583-8306

Email: [sccc.contact@gmail.com](mailto:sccc.contact@gmail.com)

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Website: [www.sacchinesecatholic.org/](http://www.sacchinesecatholic.org/)



Chinese Portal:  
Announcements/  
Sunday Readings



Fr. Abraham Chiu  
趙必成神父



A Glimpse of Spirituality 灵修一瞥116 (Matt 瑪 25:31-46)

Fr. Abraham Chiu 趙必成神父

Whenever we love each other, we are building up God's kingdom on earth and at the same time, we dwell in the joy of heavenly kingdom. How do we build this kingdom on earth? Jesus gave us a checking list, "for I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me." To sum up, this empathy flows from a heart of self-giving love. They are the "righteous" (dikaioi). This Greek adjective indicates that in God's eyes, those who serve the needy are righteous. These people, with the mercy of Jesus, discover the hidden God in the suffering millions. Today's gospel is an invitation for us to embrace a suffering humanity, just as St. Francis of Assisi and St. Mother Teresa did.

The first requirement is to have the love of Jesus inside of us. We are unable to embrace hurting people unless the love of God lives in us. This quality of love then spreads from our home to the neighbor down the street. Reaching out to the needy shows the fact that all God's children are living as a circle of brotherhood and sisterhood. It is because the same God who lives in us is living in them. In them, we love God and simultaneously, in God, we love them.

每當彼此相愛，基督徒就在地上建立天國，同時也住在天國喜樂中。如何在地上建立基督王國？耶穌給了一份清單：“因為我餓了，你們給了我吃的；我渴了，你們給了我喝的；我作客，你們收留了我；我赤身露體，你們給了我穿的；我患病，你們看顧了我；我在監裡，你們來探望了我。”總言之，這同理心源自一顆自我交付的愛心；他們都是“義人”（dikaioi），這希臘形容詞表明，天主眼中那些為有需要者服務的人，都正義。這些人在耶穌的慈悲裡面，在數以萬計的苦者中找到隱藏的天主。今天福音邀請我們擁抱受苦的人，就像亞西西的聖方濟和聖德蘭修女所做的。

首先，內心要有耶穌的愛；除非主愛住在我們心中，否則無能擁抱受傷的人。這愛從自己到家庭，然後走出去到每個角落，向有需要者伸出援手，好讓天主子女都活在兄弟姊妹的關懷中；因為，住在我們裡面的主，同樣也住在他們當中。在苦者身上，愛天主，同時，在天主身上，愛他們。

## Parish Pastoral Council

The Cathedral's Parish Pastoral Council (PPC) recently voted in a new slate of officers: Rich Zacaroli, Chair; Russ Almaraz, Vice-Chair; and Aileen Rasmussen, Secretary. Father Michael O'Reilly serves as an ex officio member. On page 10 of the bulletin, the full PPC membership is listed.

For the past three years, Joseph "Joey" Martinez served as the Chair. We are grateful for his willingness to share his talents in leading the PPC and thank him for his commitment and dedication in serving our parish community.

The PPC is a consultative body, pastoral in nature. It offers help to Father O'Reilly, our pastor, in fostering pastoral activity by discussing and/or investigating items of interest to and impact on parish life, proposing practical recommendations, and taking the lead on selected parish activities. Minutes of the meetings are archived in the parish office for review.

As parishioners, let us pray the new officers and continuing members are guided by the Holy Spirit as they serve as stewards of our Cathedral parish in providing thoughtful and practical solutions to our pastor.

## Consejo Pastoral Parroquial



Rich Zacaroli, Chair



Russ Almaraz, Vice-Chair



Aileen Rasmussen, Secretary

El Consejo Pastoral Parroquial (PPC) de la Catedral votó recientemente una nueva lista de funcionarios: Rich Zacaroli, presidente; Russ Almaraz, Vicepresidente; y Aileen Rasmussen, Secretaria. Padre Michael O'Reilly es miembro ex officio. En la página 10 del boletín, se enumeran todos los miembros del PPC.

Durante los últimos tres años, Joseph "Joey" Martinez se desempeñó como presidente. Estamos agradecidos por su disposición a compartir sus talentos al liderar el PPC y le agradecemos su compromiso y dedicación al servicio de nuestra comunidad parroquial.

El PPC es un órgano consultivo, de carácter pastoral. Ofrece ayuda al Padre O'Reilly, nuestro párroco, para fomentar la actividad pastoral discutiendo y/o investigando temas de interés e impacto en la vida parroquial, proponiendo recomendaciones prácticas y tomando la iniciativa en actividades parroquiales seleccionadas. Las actas de las reuniones se encuentran en la oficina parroquial para su revisión.

Como feligreses, oremos para que los nuevos funcionarios y miembros permanentes sean guiados por el Espíritu Santo mientras sirven como administradores de nuestra parroquia Catedral al brindar soluciones reflexivas y prácticas a nuestro pastor.

# Liturgy of the Word

## FIFTH SUNDAY OF LENT A

### READING 1

### EZ 37:12-14

Thus says the Lord GOD: O my people, I will open your graves and have you rise from them, and bring you back to the land of Israel. Then you shall know that I am the LORD, when I open your graves and have you rise from them, O my people! I will put my spirit in you that you may live, and I will settle you upon your land; thus you shall know that I am the LORD. I have promised, and I will do it, says the LORD.

### RESPONSORIAL PSALM PS 130:1-2, 3-4, 5-6, 7-8

#### **R. With the Lord there is mercy and fullness of redemption.**

Out of the depths I cry to you, O LORD; LORD, hear my voice! Let your ears be attentive to my voice in supplication.

#### **R. With the Lord there is mercy and fullness of redemption.**

If you, O LORD, mark iniquities, LORD, who can stand? But with you is forgiveness, that you may be revered.

#### **R. With the Lord there is mercy and fullness of redemption.**

I trust in the LORD; my soul trusts in his Word. More than sentinels wait for the dawn, let Israel wait for the LORD.

#### **R. With the Lord there is mercy and fullness of redemption.**

For with the LORD is kindness and with him is plenteous redemption; And he will redeem Israel from all their iniquities.

#### **R. With the Lord there is mercy and fullness of redemption.**

### READING 2

### ROM 8:8-11

Brothers and sisters:

Those who are in the flesh cannot please God. But you are not in the flesh; on the contrary, you are in the spirit, if only the Spirit of God dwells in you. Whoever does not have the Spirit of Christ does not belong to him. But if Christ is in you, although the body is dead because of sin, the spirit is alive because of righteousness. If the Spirit of the one who raised Jesus from the dead dwells in you, the one who raised Christ from the dead will give life to your mortal bodies also, through his Spirit dwelling in you.

### VERSE BEFORE THE GOSPEL JN 11:25A, 26

I am the resurrection and the life, says the Lord; whoever believes in me, even if he dies, will never die.

### GOSPEL

### JN 11:1-45

Now a man was ill, Lazarus from Bethany, the village of Mary and her sister Martha. Mary was the one who had anointed the Lord with perfumed oil and dried his feet with her hair; it was her brother Lazarus who was ill. So the sisters sent word to him saying, "Master, the one you love is ill." When Jesus heard this he said, "This illness is not to end in death, but is for the glory of God, that the Son of God may be glorified through it." Now Jesus loved Martha and her sister and Lazarus. So when he heard that he was ill, he remained for two days in the place where he was. Then after this he said to his disciples, "Let us go back to Judea." The disciples said to him, "Rabbi, the Jews were just trying to stone you, and you want to go back there?" Jesus answered, "Are there not twelve hours in a day? If one walks during the day, he does not stumble, because he sees the light of this

**MARCH 17, 2024**

world. But if one walks at night, he stumbles, because the light is not in him." He said this, and then told them, "Our friend Lazarus is asleep, but I am going to awaken him." So the disciples said to him, "Master, if he is asleep, he will be saved." But Jesus was talking about his death, while they thought that he meant ordinary sleep. So then Jesus said to them clearly, "Lazarus has died. And I am glad for you that I was not there, that you may believe. Let us go to him." So Thomas, called Didymus, said to his fellow disciples, "Let us also go to die with him."

When Jesus arrived, he found that Lazarus had already been in the tomb for four days. Now Bethany was near Jerusalem, only about two miles away. And many of the Jews had come to Martha and Mary to comfort them about their brother. When Martha heard that Jesus was coming, she went to meet him; but Mary sat at home. Martha said to Jesus, "Lord, if you had been here, my brother would not have died. But even now I know that whatever you ask of God, God will give you." Jesus said to her, "Your brother will rise." Martha said to him, "I know he will rise, in the resurrection on the last day." Jesus told her, "I am the resurrection and the life; whoever believes in me, even if he dies, will live, and everyone who lives and believes in me will never die. Do you believe this?" She said to him, "Yes, Lord. I have come to believe that you are the Christ, the Son of God, the one who is coming into the world."

When she had said this, she went and called her sister Mary secretly, saying, "The teacher is here and is asking for you." As soon as she heard this, she rose quickly and went to him. For Jesus had not yet come into the village, but was still where Martha had met him. So when the Jews who were with her in the house comforting her saw Mary get up quickly and go out, they followed her, presuming that she was going to the tomb to weep there. When Mary came to where Jesus was and saw him, she fell at his feet and said to him, "Lord, if you had been here, my brother would not have died." When Jesus saw her weeping and the Jews who had come with her weeping, he became perturbed and deeply troubled, and said, "Where have you laid him?" They said to him, "Sir, come and see." And Jesus wept. So the Jews said, "See how he loved him." But some of them said, "Could not the one who opened the eyes of the blind man have done something so that this man would not have died?"

So Jesus, perturbed again, came to the tomb. It was a cave, and a stone lay across it. Jesus said, "Take away the stone." Martha, the dead man's sister, said to him, "Lord, by now there will be a stench; he has been dead for four days." Jesus said to her, "Did I not tell you that if you believe you will see the glory of God?" So they took away the stone. And Jesus raised his eyes and said, "Father, I thank you for hearing me. I know that you always hear me; but because of the crowd here I have said this, that they may believe that you sent me." And when he had said this, He cried out in a loud voice, "Lazarus, come out!" The dead man came out, tied hand and foot with burial bands, and his face was wrapped in a cloth. So Jesus said to them, "Untie him and let him go."

Now many of the Jews who had come to Mary and seen what he had done began to believe in him.

# Liturgia de la Palabra

## V DOMINGO DE CUARESMA A

### PRIMERA LECTURA

**EZ 37, 12-14**

Esto dice el Señor Dios: "Pueblo mío, yo mismo abriré sus sepulcros, los haré salir de ellos y los conduciré de nuevo a la tierra de Israel.

Cuando abra sus sepulcros y los saque de ellos, pueblo mío, ustedes dirán que yo soy el Señor.

Entonces les infundiré mi espíritu y vivirán, los estableceré en su tierra y ustedes sabrán que yo, el Señor, lo dije y lo cumplí".

### SALMO RESPONSORIAL

**SALMO 129, 1-2. 3-4AB. 4C-6. 7-8**

**R. Perdónanos, Señor, y viviremos.**

Desde el abismo de mis pecados clamo a tí; Señor, escucha mi clamor; que estén atentos tus oídos a mi voz suplicante.

**R. Perdónanos, Señor, y viviremos.**

Si conservaras el recuerdo de las culpas, ¿quién habría, Señor, que se salvara? Pero de tí procede el perdón, por eso con amor te veneramos.

**R. Perdónanos, Señor, y viviremos.**

Confío en el Señor, mi alma espera y confía en su palabra; mi alma aguarda al Señor, mucho más que la aurora el centinela.

**R. Perdónanos, Señor, y viviremos.**

Como aguarda a la aurora el centinela, Aguarde Israel al Señor, porque del Señor viene la misericordia y la abundancia de la redención, y él redimirá a su pueblo de todos sus iniquidades.

**R. Perdónanos, Señor, y viviremos.**

### SEGUNDA LECTURA

**RM 8, 8-11**

Hermanos: Los que viven en forma desordenada y egoísta no pueden agradar a Dios. Pero ustedes no llevan esa clase de vida, sino una vida conforme al Espíritu, puesto que el Espíritu de Dios habita verdaderamente en ustedes.

Quien no tiene el Espíritu de Cristo, no es de Cristo. En cambio, si Cristo vive en ustedes, aunque su cuerpo siga sujeto a la muerte a causa del pecado, su espíritu vive a causa de la actividad salvadora de Dios.

Si el Espíritu del Padre, que resucitó a Jesús de entre los muertos, habita en ustedes, entonces el Padre, que resucitó a Jesús de entre los muertos, también les dará vida a sus cuerpos mortales, por obra de su Espíritu, que habita en ustedes.

### ACLAMACIÓN ANTES DEL EVANGELIO

**JN 11, 25. 26**

**R. Honor y gloria a ti, Señor Jesús.**

Yo soy la resurrección y la vida, dice el Señor; el que cree en mí no morirá para siempre.

**R. Honor y gloria a ti, Señor Jesús.**

### EVANGELIO

**JN 11, 1-45**

En aquel tiempo, se encontraba enfermo Lázaro, en Betania, el pueblo de María y de su hermana Marta. María era la que una vez ungíó al Señor con perfume y le enjugó los pies con su cabellera. El enfermo era su hermano Lázaro. Por eso las dos hermanas le mandaron decir a Jesús: "Señor, el amigo a quien tantoquieres está enfermo".

Al oír esto, Jesús dijo: "Esta enfermedad no acabará en la muerte, sino que servirá para la gloria de Dios, para que el Hijo de Dios sea glorificado por ella".

Jesús amaba a Marta, a su hermana y a Lázaro. Sin embargo, cuando se enteró de que Lázaro estaba enfermo, se detuvo dos días más en el lugar en que se hallaba. Después dijo a sus discípulos: "Vayamos otra vez a Judea". Los discípulos le

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dijeron: "Maestro, hace poco que los judíos querían apedrearte, ¿y tú vas a volver allá?" Jesús les contestó: "¿Acaso no tiene doce horas el día? El que camina de día no tropieza, porque ve la luz de este mundo; en cambio, el que camina de noche tropieza, porque le falta la luz".

Dijo esto y luego añadió: "Lázaro, nuestro amigo, se ha dormido; pero yo voy ahora a despertarlo". Entonces le dijeron sus discípulos: "Señor, si duerme, es que va a sanar". Jesús hablaba de la muerte, pero ellos creyeron que hablaba del sueño natural. Entonces Jesús les dijo abiertamente: "Lázaro ha muerto, y me alegro por ustedes de no haber estado allí, para que crean. Ahora, vamos allá". Entonces Tomás, por sobrenombre el Gemelo, dijo a los demás discípulos: "Vayamos también nosotros, para morir con él".

Cuando llegó Jesús, Lázaro llevaba ya cuatro días en el sepulcro. Betania quedaba cerca de Jerusalén, como a unos dos kilómetros y medio, y muchos judíos habían ido a ver a Marta y a María para consolarlas por la muerte de su hermano. Apenas oyó Marta que Jesús llegaba, salió a su encuentro; pero María se quedó en casa. Le dijo Marta a Jesús: "Señor, si hubieras estado aquí, no habría muerto mi hermano. Pero aun ahora estoy segura de que Dios te concederá cuanto le pidas". Jesús le dijo: "Tu hermano resucitará". Marta respondió: "Ya sé que resucitará en la resurrección del último día". Jesús le dijo: "Yo soy la resurrección y la vida. El que cree en mí, aunque haya muerto, vivirá; y todo aquél que está vivo y cree en mí, no morirá para siempre. ¿Crees tú esto?" Ella le contestó: "Sí, Señor. Creo firmemente que tú eres el Mesías, el Hijo de Dios, el que tenía que venir al mundo".

Después de decir estas palabras, fue a buscar a su hermana María y le dijo en voz baja: "Ya vino el Maestro y te llama". Al oír esto, María se levantó en el acto y salió hacia donde estaba Jesús, porque él no había llegado aún al pueblo, sino que estaba en el lugar donde Marta lo había encontrado. Los judíos que estaban con María en la casa, consolándola, viendo que ella se levantaba y salía de prisa, pensaron que iba al sepulcro para llorar allí y la siguieron.

Cuando llegó María adonde estaba Jesús, al verlo, se echó a sus pies y le dijo: "Señor, si hubieras estado aquí, no habría muerto mi hermano". Jesús, al verla llorar y al ver llorar a los judíos que la acompañaban, se conmovió hasta lo más hondo y preguntó: "¿Dónde lo han puesto?" Le contestaron: "Ven, Señor, y lo verás". Jesús se puso a llorar y los judíos comentaban: "De veras icuánto lo amaba!" Algunos decían: "¿No podía éste, que abrió los ojos al ciego de nacimiento, hacer que Lázaro no muriera?"

Jesús, profundamente conmovido todavía, se detuvo ante el sepulcro, que era una cueva, sellada con una losa. Entonces dijo Jesús: "Quiten la losa". Pero Marta, la hermana del que había muerto, le replicó: "Señor, ya huele mal, porque lleva cuatro días". Le dijo Jesús: "¿No te he dicho que si crees, verás la gloria de Dios?" Entonces quitaron la piedra.

Jesús levantó los ojos a lo alto y dijo: "Padre, te doy gracias porque me has escuchado. Yo ya sabía que tú siempre me escuchas; pero lo he dicho a causa de esta muchedumbre que me rodea, para que crean que tú me has enviado". Luego gritó con voz potente: "¡Lázaro, sal de allí!" Y salió el muerto, atados con vendas las manos y los pies, y la cara envuelta en un sudario. Jesús les dijo: "Desátalo, para que pueda andar".

Muchos de los judíos que habían ido a casa de Marta y María, al ver lo que había hecho Jesús, creyeron en él.

# Parish Information/Información Parroquial



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Adults must accompany children. **Teclados de baños:** solicite a cualquier ujier el código de acceso semanal. Los adultos deben acompañar a los niños.

### SACRAMENTOS

para información en español ir a  
[www.CathedralSacramento.org](http://www.CathedralSacramento.org)

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[www.CathedralSacramento.org](http://www.CathedralSacramento.org)

### ANOINTING OF THE SICK

Make an appointment by calling the parish office.

### BAPTISM

Contact Deacon Omar Bardales:

[baptism@cbssac.org](mailto:baptism@cbssac.org) or 916-444-3071 Ext. 28

### CONFESSON/RECONCILIATION

See cover page.

### CONFIRMATION

[www.cathedralsacramento.org/faithformation](http://www.cathedralsacramento.org/faithformation)

### HOLY EUCHARIST

Contact Sister Lisa Marie at [slmdoty@cbssac.org](mailto:slmdoty@cbssac.org).

### HOLY ORDERS

To learn about the priesthood and/or deaconate, contact Fr. Mémo Hernandez at 916-733-0258.

### MARRIAGE PREPARATION

Contact Deacon Omar & Janet Bardales at [matrimonyprep@att.net](mailto:matrimonyprep@att.net) or 916-427-9160.

### MATRIMONY

Contact Titi Kila [tkila@cathedralsacramento.org](mailto:tkila@cathedralsacramento.org)

### PASTORAL AND ADMINISTRATIVE STAFF

Fr. Michael O'Reilly, *Pastor/Rector*  
Fr. Abraham Chiu, *Chinese Mass*  
Fr. Mémo Hernandez  
Fr. Michael Kiernan  
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Deacon Gary Brys, *Business Manager*  
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*Director of Faith Formation & OCIA*  
Rex Rallanka,  
*Director of Liturgy & Music*  
Michael Ognisty, *Sacristan*  
Tom Waddock, *Plant Manager*  
Victoria Ramos, *Secretary*  
Katie McAllister, *Bookkeeper*  
Titi Kila, *Wedding Coordinator*

**Bulletin & Website:**  
[Communication@cathedralsac.org](mailto:Communication@cathedralsac.org)



## CATHEDRAL OF

## THE BLESSED

## SACRAMENT

1019 11th Street

Sacramento, CA

95814

916-444-3071

[CathedralSacramento.org](http://CathedralSacramento.org)



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### SACRED LITURGY

#### Altar Servers

Michael Ognisty, [mfognisty@msn.com](mailto:mfognisty@msn.com)

#### Cathedral Choir

Rex Rallanka, Director of Liturgy & Music,  
[rrallanka@cathedralsacramento.org](mailto:rrallanka@cathedralsacramento.org)

#### Saint Toribio Choir - The Youth Choir of The Cathedral

Rex Rallanka at [rrallanka@cathedralsacramento.org](mailto:rrallanka@cathedralsacramento.org) or  
Wylene Winney, [gwinney@cbssac.org](mailto:gwinney@cbssac.org)

#### Extraordinary Ministers of Holy Communion

Amy McCormick, [ammccormick@att.net](mailto:ammccormick@att.net)

#### Lectors

Maggie Jones, [lector@cathedralsac.org](mailto:lector@cathedralsac.org)

#### Sacristan Ministry

Michael Ognisty, [mfognisty@msn.com](mailto:mfognisty@msn.com)

#### Ushers

Tom Waddock, [tomwaddock@yahoo.com](mailto:tomwaddock@yahoo.com) 916-444-3071

#### Welcoming Ministry

Andrea Martin-Borges, [andreamartin-borges@hotmail.com](mailto:andreamartin-borges@hotmail.com)

### PRAYER

#### Adoration

Titi Kila, [cbsadoration@gmail.com](mailto:cbsadoration@gmail.com)

#### Evening Rosary Group

Marlene Mejia or Christina Callazo-Kelly,  
[praytherosarywithus@yahoo.com](mailto:praytherosarywithus@yahoo.com)

#### Prayer Chain

Regina Fagan, [prayer.chain.sacramento@gmail.com](mailto:prayer.chain.sacramento@gmail.com)

### FAITH FORMATION AND CATECHESIS

#### Faith Formation and Christian Initiation

Sr. Lisa Marie Doty, FDCC, [slmdoty@cbssac.org](mailto:slmdoty@cbssac.org)

#### Formacion en la Fe Familiar (FFF) en Espanol

Deyanira Galvez, [Galvez.dvg@gmail.com](mailto:Galvez.dvg@gmail.com)

#### Catechesis of the Good Shepherd

For ages 3+ David Vincent, [admin@youngsheep.org](mailto:admin@youngsheep.org);  
[www.youngsheep.org](http://www.youngsheep.org)

### SOCIAL and COMMUNITY SERVICE

#### Brown Bag Lunch Ministry

Marilynn Fairgood, [Marilynn\\_Fairgood@att.net](mailto:Marilynn_Fairgood@att.net)

#### Cathedral Docents Tour Ministry

Jill Pease, [peasejill@gmail.com](mailto:peasejill@gmail.com)

#### Festival of Trees

Susan Moeller, [susandurand@ymail.com](mailto:susandurand@ymail.com)

#### Front Door Ministry

Deacon Edgar Hilbert, [hilbertdoheva@aol.com](mailto:hilbertdoheva@aol.com)

#### Gift Shop Volunteers

Susan Moeller, [susandurand@ymail.com](mailto:susandurand@ymail.com)

#### Hospitality

Celeste Gisla, [jfgisla@att.net](mailto:jfgisla@att.net)

#### Office Ministry

Victoria Ramos, [vramos@cathedralsacramento.org](mailto:vramos@cathedralsacramento.org)

#### Outreach to the Homebound

Deacon Omar Bardales, [omarcpa@att.net](mailto:omarcpa@att.net)

#### Media and Communications Ministry

Titi Kila, [communication@cathedralsac.org](mailto:communication@cathedralsac.org)

#### Respect Life Ministry

Liliana Balderrama, [michoacan8888@gmail.com](mailto:michoacan8888@gmail.com)

#### Volunteer Corps

Tom Waddock, 916-444-3071,

### COMMUNITY GROUPS

#### Cathedral A.C.T.S.

Diane Gonzales-Salais, [dmgsalais@yahoo.com](mailto:dmgsalais@yahoo.com)

#### Cathedral Filipino-American Group of Sacramento

John Ponce, [johne.poww@gmail.com](mailto:johne.poww@gmail.com)

#### Cathedral Young Adults

Victoria Ramos, [cathedralya@gmail.com](mailto:cathedralya@gmail.com)

#### Chinese Community

Kenneth Ng, [scce.contact@gmail.com](mailto:scce.contact@gmail.com)

#### Knights of Columbus

Gabriel Gutierrez, [gutierrezgabriel@yahoo.com](mailto:gutierrezgabriel@yahoo.com)

#### Spanish Parents Group Leaders

Leticia Hilbert, [leticia\\_hilbert@hotmail.com](mailto:leticia_hilbert@hotmail.com)