

Volume 18 * Issue 15



Cathedral of the Blessed Sacrament

April 15 2018 * 3rd Sunday of Easter

pastor's corner

This past weekend I had the opportunity to host a dinner for six here at the Cathedral rectory. The dinner was an auction item as part of our Festival of Trees and Lights from last December. With the help of some of my family, I think we offered an enjoyable evening as well as delicious food for the winners of this auction item. I know I certainly enjoyed myself and thank those who were the winning bidders.

During the many topics of conversation at the dinner arose questions concerning the present situation of Cathedral House which receives the financial benefits of the Festival of Trees and Lights. Concern for our house and its everyday running has always been an important priority for our parish as we strive to meet the needs of our downtown homeless. For quite some time we have noted that the current life styles of our homeless do not mesh with the requirements that Cathedral House offers. In addition, reports from the agency that runs the house were lacking, so any real sense of our success in helping homelessness was unavailable.

Since we clearly see the needs of the men and women who are our resident homeless increasing, we realize our responsi-

bility to use our financial gifts as prudently as possible. Thus, at the end of April 2018, we will no longer be sponsoring the Cathedral House. This is a difficult decision for our parish and especially our St. Vincent de Paul Society that developed and monitored this ministry. Since the restoration, this house has been an important sign of our continued movement towards revealing something of God's Kingdom.

However, along with our important feeding programs and bill assistance for the homeless and local poor, we are already hard at work seeking better alternatives to meeting the housing and shelter needs of our homeless. Our Festival of Trees and Lights will continue to raise funds for our social service ministries and I personally encourage all of us to support our charitable works for the poor through prayer and financial giving. And although we are not a wealthy parish, all funding that was used to support Cathedral House will be directed to other avenues to assist our downtown homeless. May God continue to shed His grace and wisdom upon us as we strive to meet the needs of our brothers and sisters.

Fr. Michael

feed the hungry...

The Bible talks about feeding people a lot. Jesus' first miracle is turning water into wine at a wedding feast. He turns five loaves of bread and two fish into a meal for 5,000 people. He repeatedly shares meals with "tax collectors and sinners"—the people that the rest of society ignores or despises.

So with all this focus on food in the Bible, it's no surprise that Pope Francis came down hard on those who are not working toward feeding the hungry around the world. "The planet has enough food for all, but it seems that there is a lack of willingness to share it with everyone," he said during a homily for the general assembly of Caritas Internationalis. He continued on to say that the powerful will face God's judgment; they will have to answer for their care of the poor and the environment (or lack thereof).

There's not much that's ambiguous in the Pope's words. Feed the hungry. Care for those who have nothing. Do not forget those around the world who are suffering from lack of food and drinking water. They might live in your own city or a continent away, but you are responsible for helping them.

Jesus is also pretty direct when it comes to caring for others. Feed the hungry, he explicitly tells the disciples, for "just as you did not do it to one of the least of these, you did not do it to me." (Matthew 25:45). Over and over again, Jesus tells us through his words and actions to care about people's physical needs.

Pope Francis' exhortation couldn't come at a more crucial time. A recent Oxford University Press blog suggests that the way we pro-

duce food is harming the environment, leading to problems in water supply, soil degradation, and climate change. At the same time, the price of food is rising beyond what many people can afford to pay. After years of considering hunger a declining and solvable problem, the world is realizing that it's still a serious issue.

Both the Gospels and the Pope's sermon say that helping the hungry should be done out of love: both the love of God and love for one another. Only love is a strong enough force to overcome our self-interest and help us make the sacrifices that are necessary to stabilize the problem of hunger and make sure everyone has enough food to eat.

I keep coming back to the idea of liberation theology, which, as you might have seen on the *U.S. Catholic* website, has been in the news lately. Liberation theology has become a heretical word for many Catholics. But at its core, underneath all the history and politics and terminology, liberation theology is also about love. It's about being willing to work so that "the poor" (defined broadly) have the same opportunities and right to life that everyone else does. Like Pope Francis' command to feed the hungry, working to make this happen takes love and self-sacrifice.

Maybe, like Jesus, we need to be willing to look beyond the labels. "Liberation theology," "tax collector," "sinner"—underneath these words is a very simple idea. Be involved. Care for those who have nothing. Feed the poor. Not very ambiguous at all.

~Emily Sanna, uscatholic.org/blog5-14-15~

Cover Photo: The McHenry Family's daughter's Quinceañera sponsors take a moment for prayer before heading out to the surrounding neighborhood to pass out sandwiches and other food items to the homeless and hungry. Weekly, the Cathedral chapter of St. Vincent de Paul and the Cathedral Young Adults take alternate nights to do the same. For information on how you can help, call 916-444-3071. Photo by Titi Kila.

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Call no man "Father"?

Evangelicals often accuse Catholicism of being unbiblical or even contrary to the teaching of Scripture. Popular fodder for such criticism is Matthew 23:9 which states unequivocally that we are to "Call no man your Father on earth, for one is your Father, which is in heaven", and since we refer to priests as "Father", they conclude that Catholic faith is not biblical and therefore to be rejected. However, we address priests as "Father", not in opposition to this verse, but because of it.

In the Old Testament, the Children of Israel believed that the identity of one's father was of particular importance, for a man extends his life on this earth after death by living on in the life of his children. To die without children was the worst fate one could suffer, for it meant that when you died your name and memory would pass away from Israel. According to the Law of Moses*, if a man died without children his brother (or nearest kinsman) was required to take the widow as a second wife and through her raise up children to be called by the name of his deceased brother. This is why there are so many genealogies and family trees preserved in the Old Testament; during the intertestamental period the Jews became preoccupied with these genealogies, to the point where the over-emphasis with one's family tree was almost a form of ancestor worship. In the passage quoted above, Jesus was correcting that perspective.

Jesus taught that all fatherhood on earth comes from the Father in Heaven, as Saint Paul writes, "I bow my knees unto the Father of our Lord Jesus Christ, of whom the whole family in heaven and on earth is named (or more precisely in the original Greek, "of whom all fatherhood in heaven and earth is named"). In other words, all fatherhood, whether direct or indirect, biological or legal, implied or de facto, derives from the eternal Fatherhood of God.

For example, I have six sons; I was intimately involved with their conception, but I cannot claim that it was I or their mother who gave them life. God did that. At one time they were no more than a thought in God's mind, and He sought our cooperation in bringing them into existence by being open to life and willing to bear the responsibility of being parents. My sons can be grateful that my

wife and I cooperated with God to bring this miracle about, but they cannot attribute to me as their father the life they possess. I was merely willing to become a co-father with the eternal Father to bring them into this world and, in cooperation with the Fatherhood of God, attempt to raise them to live a Catholic life and take their place in the Kingdom of God.

Their true and only Father is in Heaven, and by the will of God I am privileged to be their *primary* father on earth, but that does not make me their father in an absolute or exclusive sense. God may bring other godly men into their lives: teachers, coaches, employers, catechists, priests, and even family friends whom the Father may employ to play a role in their education and development (motherhood may also be mentioned in this connection, but we shall look at that in a later Mystagogy article). All of these paternal relationships are linked by the Fatherhood of God, and in Matthew 23:9 Jesus is orienting the focus of Christian fatherhood toward its first and divine cause.

By the power of the Holy Spirit, the Father brought forth the eternal Son in the womb of Mary; through His Apostles, Jesus brought forth the Church, and thereafter, His ministry, His eternal Priesthood — even His divine *Fatherhood* over the Church — extends to the faithful through the sacerdotal priesthood by means of the Sacrament of Holy Orders. That is why we address the priest as "Father", we are acknowledging the Fatherhood of Christ over the Church. The Pope is "The Vicar of Christ", the Universal Pastor who cooperates with and administers the priestly Fatherhood of Christ in the Church. In communion with the Pope, the Bishop is the Vicar of Christ in the diocese, and the priest in the parish church; by the grace that comes through the Sacrament of marriage, a husband and a father is the Vicar of Christ in the home (or the "domestic church" CCC 1666, 2204, 2685; cf. Ephesians 5: 21-6:4).

All these relationships are part of an ordered hierarchy linked together by sacramental grace and the work of the Holy Spirit. To some we owe our obedience, for some we provide a nurturing and fatherly leadership, but to all this order is an ongoing revelation and expression of the Fatherhood of God.

* Deuteronomy 25:5-10, which is the background and centerpiece of the story of the marriage of Ruth and Boaz, a key part of Jesus' family tree, cf. The Book of Ruth, chapters 1-4; Matthew 22:24; Mark 12:19, and Luke 20:28

~John-David Black~



Next Sunday, April 22, marks the 48th anniversary of Earth Day, a secular celebration that many faith communities have incorporated into their annual calendars for awareness and action. This year, Catholic Climate Covenant focuses on how our overuse of single-use disposable plastics contributes to what Pope Francis calls "the throwaway culture." From contributing to land and marine pollution to increasing our use of carbon-producing fuels, our reliance on single-use plastics has a devastating impact on God's creation.

- **Refuse/say NO** to disposable plastic whenever and wherever possible. Choose items that are not packaged in plastic, and carry your own bags, containers and utensils. Say, "no straw, please."
- **Reuse** durable, non-toxic straws, utensils, to-go containers, bottles, bags, and other everyday items. Choose glass, paper, stainless steel, wood, ceramic and bamboo over plastic.

- **Reduce** your plastic footprint. Cut down on your consumption of goods that contain excessive plastic packaging and parts. If it will leave behind plastic trash, don't buy it.
- **Recycle** what you can't refuse, reduce or reuse. Pay attention to the entire life cycle of items you bring into your life, from source to manufacturing to distribution to disposal.
- **Participate** in a beach, stream, river, park, road cleanup.
- **Support** local bans on single-use plastic bags and Styrofoam.
- **Avoid microbeads:** Tiny plastic particles, called "microbeads," are a growing source of ocean plastic pollution. Microbeads are found in some face scrubs, toothpastes, and body washes, and they readily enter our oceans and waterways through our sewer systems. Avoid products containing plastic microbeads by looking for "polyethylene" and "polypropylene" on the ingredient labels of your cosmetic products.

Check catholicclimatecovenant.org for more ideas.



3RD SUNDAY OF EASTER
WITNESS
 "You are witnesses
 of these things."
 - Lk 24:48

Excerpts from the Lectionary for Mass ©2001, 1998, 1973 CCC

HELPING OUR HOMELESS COMMUNITY: Norma Humphrey, a Cathedral Lector, in order to raise funds to help the area homeless, is offering a part of her life's treasure. **James Humphrey** (1939-2008), her husband of 43 years, was an acclaimed poet, teacher, abstract artist, baseball player, and champion for victims of child abuse. Norma is offering 10 of his 19 out-of-print titles available for purchase from \$5 to \$30. The books will be available at times in front of the Cathedral after Sunday Mass, as well as in the gift shop.

We thank Norma for her very generous and thoughtful donation.

JOSHUA'S HOUSE is a hospice for the terminally ill homeless men and women in need of a safe place to complete their passing to the next life. This hospice will be only the sixth in the nation to exist for the homeless population. The Big Day of Giving is coming up on May 3, 2018 and Joshua's house is looking to raise \$25,000 which will be put towards furnishing for their home and equipment for their care. Those interested in helping out the underserved can visit thehc.org to get more information, view sponsors and letters of support or donate early. For inquiries please email michellemott@hcri.com. Thank you.



The **PARISH PASTORAL COUNCIL** assists the pastor in serving the parish community by exploring the needs of the parish and responding appropriately. The Cathedral of the Blessed Sacrament's Parish Pastoral Council has two seats that have termed out. If you are interested in serving on the Parish Pastoral Council please contact Fr. Michael O'Reilly at 916-444-3071 x19

EVERYDAY STEWARDSHIP - RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

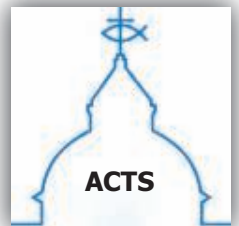
If you ask me to tell you about one of my sons, my daughter, or my wife, I could spend quite some time elaborating on them as individuals and my interactions with them throughout the years. An authentic relationship leads each party into a rich knowledge of the other. If I have little to say about someone other than some incidental information or gossip, I cannot claim to really know him or her.

Indeed, every relationship has expectations. If we do not know the needs of the other or the responses expected in living out the relationship, we easily create division and separation. I do certain things for my children because I am a parent. I respond in certain ways to my wife based upon her needs. If I am oblivious, or just don't care, the relationship will move on a path toward hurt, pain, and in some instances, permanent separation.

To know Jesus is to love Jesus. The key is you actually have to know him. Knowing him is listening to his words and keeping his commands. Just like in all relationships, we will fall short at times. However, because we know the expectations we can then make amends and continue to grow together. So if I asked you to tell me about this friend of yours named Jesus, what would you say?

-Tracy Earl Welliver, MTS

The **CATHEDRAL WOMEN'S ACTS RETREAT** is just around the corner. This year's retreat is June 21st - 24th. We hope you will prayerfully consider attending this life changing retreat. For more information, contact actscathedral-sacto@gmail.com.



**AN EVENING OF FINE MUSIC,
 FOOD AND FUN**

Saturday, April 28 at 6:00pm

A classical music concert in the church featuring teenage violin virtuoso, Ayana Jaycox, and Father Michael O'Reilly on piano. Dinner and dessert will be served in Mercy Hall: Chicken breast stuffed with spinach, mushrooms and cheese with red skin potatoes and green salad. Live music from ACTS musicians. Price \$25 in advance (\$30 at the door); \$15 for children 3-14 years old. Funds benefit Cathedral ACTS Ministry. For more information, contact: ActsCathedralSacto@gmail.com.



Please remember in your prayers:

Deacon Don DeHaven
 Delores Abella S.I.
 Jeremy Smock S.I.
 Flora Bagcal +
 Minda Swars
 Jennifer Swars
 Emily West
 Adrian John Bayan
 João Roberto da Silveira Franco
 Alfredo Rivera

Michael Jose Mejia
 Luis Gutierrez, Sr
 Luis Gutierrez, Jr.
 Lola Krist +
 Luz and Miguel
 Ted Brandt & Family
 Tony Vasconcelles' Mother
 Candace & Robbie Cattaneo
 Shelley Lord & Family
 Joseph Sailas+

W. Gualberto Family
 Joyce McDougal
 Sandra M.
 Rosa Urbina Herrera
 Linda Lorta
 Vicky Manning Davis
 Joanne S Hills
 Julianna
 Serena Ramirez
 David Smith
 Ceciley Snook





“Hope is like the sun. If you only believe in it when you see it, you’ll never make it through the night.” ~“Princess Leia”~



Date	Mass & Intentions	Observances & Readings	Activities
Saturday April 14	5:00 pm / Luis Martinez Lemus +	Acts 6:1-7/Ps 33:1-2, 4-5, 18-19 [22]/Jn 6:16-21	10:00am CCD Classes
Sunday April 15	7:30 am / Joe Barajas S.I. 9:00 am / Elizabeth Soberon + 11:00 am* / Lola Krist + Ramon Lallana + 1:00 pm Spanish / Joe Barajas S.I. Rodolfo Esparza + Sr. Antonio Rodriguez + 3:00 pm Chinese 5:00 pm / People of the Parish 7:00 pm Spanish/Luis Martinez Lemos + Amalia Martinez Mondragon + *Liturgy of the Word for Children	3rd Sunday of Easter Acts 3:13-15, 17-19/Ps 4:2, 4, 7-8, 9 [7a]/1 Jn 2:1-5a/Lk 24:35-48	11:00am CCD Spanish Classes Spanish Speaking Adult Education
Monday April 16	12:10 pm / Peter & Teresa Chang S.I. Leopoldo Deleon + 5:10pm / Souls in Purgatory +	Acts 6:8-15/Ps 119:23-24, 26-27, 29-30 [1ab]/Jn 6:22-29	6:30pm RCIA Evening Prayer 7:00pm RCIA Class
Tuesday April 17	12:10 pm / Rafael Chavez + Cleofas Perez + 5:10 pm / Lawrence Fluet +	Income Tax Day Acts 7:51-8:1a/Ps 31:3cd-4, 6 and 7b and 8a, 17 and 21ab [6a]/Jn 6:30-35	6:00pm Spanish Choir Rehearsal for the 7pm Mass 7:00pm Teen Confirmation Class
Wednesday April 18	12:10 pm / Linda & Family S.I. 5:10 pm / Thelma Fluet & Family S.I.	Acts 8:1b-8/Ps 66:1-3a, 4-5, 6-7a [1]/Jn 6:35-40	7:00pm Spanish Choir Rehearsal for the 1pm Mass 7:15pm English Choir Rehearsal 7:15pm Communion & Liberation 7:15 pm The Rosary Club
Thursday April 19	12:10 pm / Robert & John Trisler S.I. 5:10 pm / Alberto Valencia +	Acts 8:26-40/Ps 66:8-9, 16-17, 20 [1]/Jn 6:44-51	7:00pm Bible Timeline
Friday April 20	12:10 pm / Esteban Guardado S.I. Francis Monteiro +	Acts 9:1-20/Ps 117:1bc, 2 [Mk 16:15]/Jn 6:52-59	



Cathedral Kids

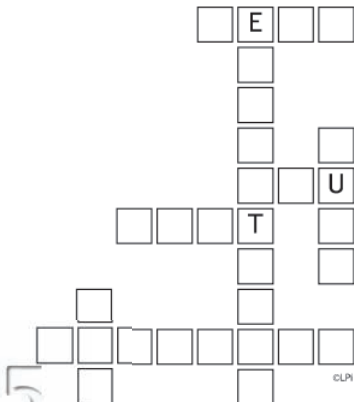


Read the Gospel and Color

Puzzle

Fit this Gospel message into the empty squares:

You must tell everything that has happened.



Sharing the Gospel - When Jesus came to his friends after Easter, they could hardly believe he was real. Jesus told his friends it was okay to touch him. Jesus had bones. He had muscles. He had scars from the cross. Jesus even ate a piece of fish to show that his stomach worked okay. Yes, they had all seen Jesus die, but God raised him to life. Moses and King David and the prophets had all written about the Savior. The Scriptures all came true through Jesus. He really is alive. If you believe in Jesus, don't keep it a secret. Tell your friends that Jesus is their savior, too.

Prayer - God, give me the words I need. I want everyone I know to follow you.

Mission for the Week - Send a letter to the missionaries your church supports. Ask them how your family can help them spread God's love with other people.



esquina del pastor

La semana pasada tuve la oportunidad de ofrecer una cena para seis aquí en la rectoría de la Catedral. La cena era un artículo de la subasta del Festival de Árboles y Luces en diciembre. Con la ayuda de algunos de mis familiares, yo creo que ofrecimos una velada agradable así como una cena deliciosa para los ganadores de la subasta. Ciertamente, yo me divertí y agradezco a las personas que ganaron la subasta.

Entre los muchos temas de conversación en la cena, salió la pregunta concerniente a la situación de la Casa de la Catedral que recibe los beneficios financieros del Festival de Árboles y Luces. La administración de nuestra casa y su funcionamiento diario han sido siempre una importante prioridad para nuestra parroquia mientras tratamos de resolver las necesidades de nuestros desamparados del centro. Por algún tiempo hemos notado que el modo de vida actual de nuestros desamparados no coinciden con los requerimientos que la Casa de la Catedral ofrece. Además, reportes de la agencia que la maneja no se recibían así que una ideal real de nuestro éxito en este servicio a los desamparados no estaba disponible.

Ya que claramente vemos las necesidades de hombres y mujeres sin hogar incrementándose, nos damos cuenta que es nuestra responsabilidad el usar nuestras donaciones financieras lo más prudentemente posible. Por lo tanto, al fines de abril 2018, no se-

guiremos auspiciando la Casa de la Catedral. Esta es una decisión muy difícil para nuestra parroquia y especialmente para nuestra Sociedad de San Vicente de Paul que desarrollo y monitorio este ministerio. Desde la restauración, esta casa ha sido un símbolo importante de nuestro continuo movimiento hacia revelar algo del Reino de Dios.

Sin embargo, junto con nuestros importantes programas de alimentación y asistencia de servicios para los desamparados y lo pobres del rumbo, estamos ya trabajando muy diligentemente en buscar mejor alternativas para cubrir las necesidades de casa y asilo para las personas sin hogar. Nuestro Festival de Árboles y Luces continuara recaudando fondos para los ministerios de servicio social y yo personalmente los animo a apoyar nuestros esfuerzos caritativos para los pobres con oración y donativos financieros. Y aunque no seamos una parroquia opulenta, todos los fondos que eran usados para pagar por nuestra Casa de la Catedral serán redirigidos hacia otras avenidas de asistencia para los desamparados del centro.

Que Dios nos continúe repartiendo sus gracias y sabiduría mientras nos esforzamos en ayudar a nuestros hermanos y hermanas en necesidad.

Fr. Michael

alimenta al hambriento

La Biblia habla de alimentar a la gente mucho. El primer milagro de Jesús es convertir el agua en vino en una fiesta de bodas. Convierte cinco barras de pan y dos pescados en una comida para 5,000 personas. Repetidamente comparte comidas con "recaudadores de impuestos y pecadores", las personas que el resto de la sociedad ignora o desprecia.

Entonces, con todo este enfoque en la comida en la Biblia, no es sorprendente que el Papa Francisco haya sido duro con aquellos que no están trabajando para alimentar a los hambrientos en el mundo. "El planeta tiene suficiente comida para todos, pero parece que hay una falta de voluntad de compartirlo con todos", dijo durante una homilía para la asamblea general de Caritas Internationalis. Siguió diciendo que los poderosos enfrentarán el juicio de Dios; Tendrán que responder por su cuidado de los pobres y el medio ambiente (o la falta de ellos).

No hay mucho que sea ambiguo en las palabras del Papa. Alimenta al hambriento. Cuidado para aquellos que no tienen nada. No olvides a las personas de todo el mundo que sufren de falta de comida y agua potable. Es posible que vivan en su propia ciudad o en un continente alejado, pero usted es responsable de ayudarlos.

Jesús también es bastante directo cuando se trata de cuidar a los demás. Alimenta al hambriento, explícitamente les dice a los discípulos, porque "así como no lo hiciste con uno de los más pequeños, no me lo hiciste a mí" (Mateo 25:45). Una y otra vez, Jesús nos dice a través de sus palabras y acciones que se preocupan por las necesidades físicas de las personas.

La exhortación del Papa Francisco no pudo venir en un momento más crucial. Un reciente blog de Oxford University Press sugiere que la forma en que producimos alimentos está dañando el medio ambiente, lo que

genera problemas en el suministro de agua, la degradación del suelo y el cambio climático. Al mismo tiempo, el precio de los alimentos está aumentando más allá de lo que muchas personas pueden pagar. Después de años de considerar el hambre como un problema declinante y resolutivo, el mundo se está dando cuenta de que todavía es un problema grave.

Tanto los Evangelios como el sermón del Papa dicen que ayudar al hambriento debe hacerse por amor: el amor de Dios y el amor mutuo. Solo el amor es una fuerza lo suficientemente fuerte como para superar nuestro propio interés y ayudarnos a hacer los sacrificios que son necesarios para estabilizar el problema del hambre y asegurarnos de que todos tengamos suficiente comida para comer.

Sigo volviendo a la idea de la teología de la liberación, que, como habrán visto en el sitio web católico de EE. UU., Ha estado en las noticias últimamente. La teología de la liberación se ha convertido en una palabra herética para muchos católicos. Pero en su núcleo, debajo de toda la historia, política y terminología, la teología de la liberación también tiene que ver con el amor. Se trata de estar dispuestos a trabajar para que "los pobres" (definidos ampliamente) tengan las mismas oportunidades y el mismo derecho a la vida que todos los demás. Al igual que el mandato del Papa Francisco de alimentar a los hambrientos, trabajar para que esto suceda requiere amor y sacrificio.

Tal vez, como Jesús, tenemos que estar dispuestos a mirar más allá de las etiquetas. "Teología de la liberación", "recaudador de impuestos", "pecador": debajo de estas palabras hay una idea muy simple. Estar involucrado. Cuidado para aquellos que no tienen nada. Alimenta a los pobres. No muy ambiguo en absoluto.

~Emily Sanna, uscatholic.org/blog5-14-15~

Foto de portada: Los patrocinadores de la quinceañera de la hija de la familia McHenry toman un momento para orar antes de dirigirse al vecindario para repartir sándwiches y otros alimentos a las personas sin hogar y con hambre. Semanalmente, el capítulo de la Catedral de San Vicente de Paúl y la Catedral Jóvenes Adultos toman noches alternativas para hacer lo mismo. Para obtener información sobre cómo puede ayudar, llame al 916-444-3071. Foto de Titi Kila.





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LA CORRESPONSABILIDAD DIARIA - RECONOCER A DIOS EN LOS MOMENTOS ORDINARIOS

Si me pides que te cuente acerca de uno de mis hijos, mi hija, o mi esposa, podría pasar mucho tiempo hablando de ellos como individuos y de mis interacciones con ellos a través de los años. Una relación auténtica nos lleva a todos hacia un conocimiento profundo uno del otro. Si tengo poco que decir de alguien, que no sea información accidental o chisme, no puedo decir que lo conozco bien.

Claro, en todas las relaciones hay expectativas. Si no sabemos las necesidades del otro o las respuestas esperadas de una relación, podemos fácilmente crear una división y separación. Hago ciertas cosas para mis hijos porque soy un padre. Respondo en ciertas maneras a mi esposa dependiendo de sus necesidades. Si actuó de manera inconsciente, o no me importa, la relación seguirá hacia un camino de dolor, de daños, y en algunas instancias, de separación permanente.

Conocer a Jesús es amar a Jesús, lo importante es conocerlo. Conocerlo es escuchar a sus palabras y seguir sus mandamientos. Como en todas las relaciones a veces short no alcanzamos a cumplir las expectativas. Sin embargo, como sabemos podemos compensar las expectativas y continuar creciendo juntos. Y si yo te pidiera que me contaras sobre ese amigo tuyo que se llama Jesús, qué dirías?

-Tracy Earl Welliver, MTS

VERSO DEL EVANGELIO DE DOMINGO

Entonces les abrió el entendimiento para que comprendieran las Escrituras y les dijo: "Está escrito que el Mesías tenía que padecer y había de resucitar de entre los muertos al tercer día". - Lc 24, 45-46

LAS LECTURAS Y CONMEMORACIONES SEMANALES

Las lecturas de la semana del 15 de abril de 2018
 Domingo: Hch 3, 13-15. 17-19/Sal 4, 2. 4. 7-8. 9 [7]/1 Jn 2, 1-5/Lc 24, 35-48
 Lunes: Hch 6, 8-15/Sal 119, 23-24. 26-27. 29-30 [1]/Jn 6, 22-29
 Martes: Hch 7, 51--8, 1/Sal 31, 3-4. 6 y 7 y 8. 17 y 21 [6]/Jn 6, 30-35
 Miércoles: Hch 8, 1-8/Sal 66, 1-3. 4-5. 6-7 [1]/Jn 6, 35-40
 Jueves: Hch 8, 26-40/Sal 66, 8-9. 16-17. 20 [1]/Jn 6, 44-51
 Viernes: Hch 9, 1-20/Sal 117, 1. 2 [Mc 16, 15]/Jn 6, 52-59
 Sábado: Hch 9, 31-42/Sal 116, 12-13. 14-15. 16-17 [12]/Jn 6, 60-69
 Domingo siguiente: Hch 4, 8-12/Sal 118, 1. 8-9. 21-23. 26. 28. 29 [22]/1 Jn 3, 1-2/Jn 10, 11-18

Las conmemoraciones de la semana del 15 de abril de 2018

Domingo: 3er Domingo de Pascua
 Martes: Día del Impuesto Federal sobre los Ingresos
 Sábado: San Anselmo, obispo y doctor de la Iglesia
 Domingo siguiente: 4º Domingo de Pascua; Jornada Mundial de Oración por las Vocaciones; Día de la Tierra

MEDITACIÓN EVANGÉLICO - ALENTAR ENTENDIMIENTO MÁS PROFUNDO DE LA ESCRITURA

Cada año, los tres primeros domingos del Tiempo de Pascua el Evangelio trata de las apariciones de Jesús resucitado a sus discípulos. Hoy a pesar de estar en el ciclo B que es propio de San Marcos la lectura es tomada de Lucas y es continuación del relato de Emaús. Fijémonos, en los acontecimientos y la forma evangelizadora del Señor. Saludo de paz, el susto y el miedo de los presentes es notorio, las dudas de algunos de ellos, el soplo del espíritu, la misión confiada y llevar la Buena Nueva a todos. La misión entonces y ahora es: ser testigos de su resurrección. Todos los elementos dados ayudan a entender el Misterio Pascual. Nuestra oración debe ser pedirle con fervor al Señor que nos ayude a abrir el entendimiento, para que como nos dice el Papa Francisco de verdad ser auténticos discípulos misioneros de Jesucristo. Reflexionemos, en el siguiente pasaje de la Sagrada Escritura. "Entonces les abrió la mente para que entendieran las Escrituras, les dijo: los padecimientos del Mesías y su resurrección de entre los muertos al tercer día". (Lucas 24:45). ¡Que concreto es Jesús en guiar a sus discípulos en la experiencia de su resurrección! En este pasaje busca a sus discípulos en el lugar concreto, les invita a toquen su cuerpo resucitado, come con ellos pescado asado y una porción de miel. Les pregunta el porqué se desconciertan. En el hoy de la Iglesia y como bautizado. ¿Qué te desconcierta de Jesús? ¿Comprendes el porqué de sus actitudes? El viene a nosotros en el lugar que nos encontramos, el nos toca con su perdón y nos invita a su mesa en la Eucaristía. ¡Aleluya!

VIVIR LA LITURGIA - INSPIRACIÓN DE LA SEMANA

¿Por qué estas preocupado? La vida se puede llevar lo mejor de nosotros. Las ansiedades, preocupaciones, dudas, e inquietudes son algunas cosas que perturban nuestros corazones. Muchas veces nos preocupamos con cosas temporales. A veces nuestra fe nos perturba y nos preguntamos dónde puede estar Dios. Si dejamos que Jesús abra nuestras mentes para que podamos entender las escrituras y el significado de su Pasión, Muerte y Resurrección, podemos empezar a confiar en que el plan de Dios incluye algo mucho mas de lo que nos preocupa momentáneamente, Jesús puede entonces ser una luz de revelación, que nos ayuda a vivir con perspectiva y perseverancia.



"The Cathedral is for everyone." ~Bishop Patrick Manogue, 1886~



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1017 11th Street, Sacramento, CA 95814
916-444-3071, Fax 916-443-2749, blessed@cathedralsacramento.org
Rectory Office Hours — Monday to Friday, 9:00 am to 5:00 pm



PASTORAL AND ADMINISTRATIVE STAFF

Father Michael O'Reilly, Rector
Father Kieran McMahon, Priest in Residence
Father Nicholas Ho, Chinese Mass
Deacon John Gisla, Office Manager
Deacon Don DeHaven
Deacon Edgar Hilbert
Sister Jenny Aldeghi, Director of Education
Michael Ognisty, Sacristan
Rex Rallanka, Director of Music
Tom Waddock, Cathedral Manager
Carmen Perez, Secretary
Katie McAllister, Bookkeeper
Tit Kila, Wedding Coordinator
Lyssa Black, Webmaster/Bulletin Editor

RELIGIOUS EDUCATION PROGRAM

The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A for teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program. For information on all of these programs, contact Sister Jenny and her staff at jenny@cathedralsacramento.org, or 916-444-5364

Liturgy of the Word for Children, ages 5 to 10 years old, every Sunday at the 11:00 am Mass. This program provides children with age appropriate explanations of the Sunday readings and gives parents with young children an opportunity to focus on the Scripture readings and the homily without distractions. Children return to their families before the Offertory. For more information, contact the education office or Dorothy Corgiat at dlcorgiat@yahoo.com.



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The Most Reverend **Jaime Soto**, D.D., M.S.W
Bishop of Sacramento

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SCHEDULE OF MASSES

Monday to Friday	12:10 pm
Monday to Thursday	5:10 pm
Saturday Vigil	5:00 pm
Sunday	7:30 am
	9:00 am
	11:00 am
	1:00 pm en Español
	3:00 pm Chinese
	5:00 pm
	7:00 pm en Español
State Holidays	12:10 pm only

SACRAMENT OF CONFESSION

Monday to Friday	11:30 am to 12:00 pm
Saturday	4:00 pm to 4:45 pm
Domingo en Español	12:30 pm a 12:45 pm
	6:30 pm a 7:00 pm

EUCCHARISTIC ADORATION

When attendants are available:

Wednesday	12:45 pm to 4:45 pm
Thursday	12:45 pm to 4:45 pm
Friday	12:45 pm to 3:45 pm

ANOINTING OF THE SICK - By appointment

BAPTISMS (Registration is required)

English - 3rd Saturday of the month, 9:00am
Español - 4º Sábado del mes, 9:00am

BAPTISM CLASSES

English - 1st Thursday of the month, 7:00pm
Español - 2do jueves del mes, 7:00pm

TOURS

Tours are free and are led by trained Docents after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours in Spanish are held the 1st & 3rd Sundays of the month after the 1pm Mass. Tours begin at the Baptismal Font. Contact the rectory office at 916-444-3071 to arrange free private group tours.

GIFT SHOP on the Lower Level

Sundays 9:00 am to 3:00 pm

Visit us online at:
cathedralsacramento.org



JOIN A CATHEDRAL MINISTRY

Altarservers contact Michael Ognisty at mfognisty@msn.com.

Benedictus Youth Group contact Victoria Ramos at 916-444-3071, or benedictusy@gmail.com.

Brown Bag Lunch Program — If you would like to donate lunches, go to cathedralsacramento.org/ministries for information, or to volunteer, please contact Jerri at jerrirush@comcast.com.

Catechesis of the Good Shepherd for ages 3+, for information, visit www.youngsheep.org, or call 916-910-3435.

Cathedral ACTS Missions contact actscathedralsacto@gmail.com for more information. 2018 Retreats are Women's Retreat June 21-24 (Cathedral of the Blessed Sacrament), Women's Retreat August 16-19 (St. Rose of Lima, Roseville), Men's Retreat November 15-18 (Cathedral of the Blessed Sacrament).

Cathedral House Program - Administered by volunteers of the St. Vincent de Paul Society. Contact the rectory office for more information.

Cathedral Men's Group meets the 2nd Tuesday of every month at 7:15 pm, Lower Level. Contact Bob Meyers at cym1@yahoo.com.

Cathedral Young Adults contact Titi Kila at cathedralya@gmail.com.

Choir (English) contact Rex Rallanka, Music Director at rrallanka@cathedralsacramento.org or 916-444-3071, x 38.

Choir (Spanish) contact Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after the 7pm Mass.

Communion & Liberation catechesis meets every Wednesday at 7:15pm in the Cathedral Lower Level.

Email Prayer Chain submit your email address, and you will be notified when prayers are needed by those who have made a special request, contact Lynne Amerson at cbs1017pc@yahoo.com.

Extraordinary Ministers of Holy Communion contact Amy McCormick at ammccormick@att.net, or 916-801-3967.

Front Door Ministry contact ministries@cathedralsacramento.org for information about volunteering or donations.

Greeters and Ushers contact Parish Manager, Tom Waddock at 916-444-3071, x 36.

Knights of Columbus, Cathedral Chapter contact the rectory office.

Lectors contact Fred Heacock at fheacock72@hotmail.com.

Respect Life Ministry contact Linda Walters, English Coordinator at 916-524-5885, or Patricia Davila, Spanish Coordinator at 916-502-4854, or email Veronicaavina@yahoo.com for meeting times and other information.

Rosary Club (Rosary Beads and instructions are provided) meets every 1st & 3rd Wednesday of each month at 7:15 pm. You don't need to sign up, just show up. For more information, contact Lolita Urrutia at lolita.urrutia@gmail.com.

Saint Vincent de Paul, Cathedral Chapter contact the rectory office.

Spanish Parents Group Leaders meets every Sunday, contact Leticia Hilbert at leticia_hilbert@hotmail.com.

To learn more about the ministries at the Cathedral visit our website, cathedralsacramento.org.



GET MARRIED AT THE CATHEDRAL

If you would like to celebrate the Sacrament of Matrimony at the Cathedral, download the Cathedral Wedding Guidelines and Reservation Form on the cathedral website. Contact the parish office at least *six months* before your desired wedding date to arrange a meeting with Wedding Coordinator, Titi Kila, at the Cathedral Office, 916-444-3071, x13, tkila@cathedralsacramento.org.

MARRIAGE PREPARATION

The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Janet & Omar Bardales at matrimonyprep@att.net, or 916-427-9160, or Sister Jenny at 916-444-5364. You do not have to have your wedding at the Cathedral in order to take this class.

QUINCEAÑERA

This is the tradition of celebrating a young girl's coming of age on her 15th birthday with a Mass, and highlights the virtues of family and social responsibility, recognizing her journey from childhood to maturity. For more information on celebrating this beautiful tradition at the Cathedral, call Titi Kila, at the Cathedral Office, 916-444-3071, x13, tkila@cathedralsacramento.org.

CATHEDRAL PARISH REGISTRATION & UPDATE

Actualización y registro de la parroquia de la Cathedral

*You can also register online at
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For additional family members, please attach a separate sheet.

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- Fax to: 916-443-2749
- Mail to (correo): 1017 11th Street, Sacramento, CA 95814





尋找信仰和愛

何光榮神父

上周的福音讓我們想像到瑪利亞暗淡的悲傷。她看著主耶穌受到折磨，目睹了他的被釘十字架，並發現他的墓室是空的。她是多麼的愛他愛到獨自去墳墓，不像其他人那樣害怕。她的信仰是奇妙的。即使在悲傷和困惑中，瑪利亞也來到了墳墓。當我們需要主但沒有感覺到他的存在時，我們的生活中是否會遇到類似的時刻？瑪利亞的信仰教導我們 - 如果我們尋找信仰和愛，我們就會找到主。在遇到復活的耶穌時，瑪利亞的信仰將她的悲傷轉化成喜樂。在這個復活期，讓我們記住，我們應為主所應許的無窮的愛與力量而歡喜快樂。耶穌真的復活了！亞肋路亞，亞肋路亞，亞肋路亞！

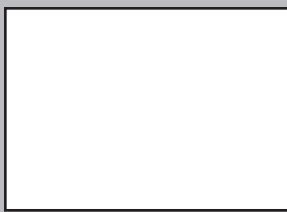


SEEK WITH LOVE AND FAITH! by Fr. Nicholas Ho

As we hear last week's Gospel proclaimed, let us imagine Mary's blinding grief. She watched her Master tortured, witnessed his crucifixion and found his tomb empty. How great must she loved Him to go to the tomb alone, unafraid when all the others were? Her faith is a wondrous thing. Even in grief and bewilderment, Mary came to the tomb. Do we not encounter similar moments in our life, when we need God but do not feel His presence? Mary's faith teaches us - that we will find God if we seek with love and faith. Mary's faith transforms her grief to Joy when she meets the Risen Jesus. This Easter, let us remember that we are here to rejoice in a promise fulfilled by the tremendous Love and Power of God. Jesus is indeed risen! Alleluia, Alleluia, Alleluia!



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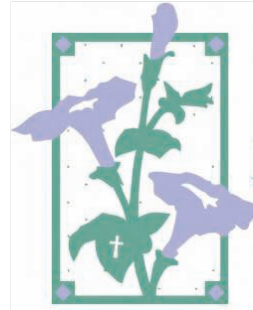


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