



CATHEDRAL OF THE BLESSED SACRAMENT

Stewards of God's Gifts

March 3, 2024 | Third Sunday of Lent

MASS SCHEDULE

SUNDAY | DOMINGO

8:00 am	English
10:00 am	English*
12:00 pm	Español*
2:00 pm	Chinese*
4:00 pm	English
6:00 pm	Español

**Livestream available.*

Monday—Friday
Lunes—Viernes

12:10 pm

ADORATION

ADORACIÓN

Wednesday & Thursday

Miercoles y Jueves

1:00 pm - 4:00 pm

RECONCILIATION

RECONCILIACIÓN

Monday—Friday

Lunes—Viernes

11:30 am—12:00 pm

Saturday | Sabado

4:00 pm—5:00 pm

CATHEDRAL HOURS

Monday—Friday

10:00 am—4:00 pm

OFFICE HOURS

Monday—Friday

9:00 am— noon & 1 pm—4 pm



3^{ER} DOMINGO DE LA CUARESMA

Jesús le dijo: "Si conocieras el don de Dios y quién es el que te pide de beber, tú le pedirías a él, y él te daría agua viva". - Jn 4, 10

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1019 11th Street, Sacramento, CA 95814

916-444-3071 | www.CathedralSacramento.org

Connect with us!



Events and Information

MARCH 9 EVENTS

Father O'Reilly and our Stewardship Ministry asks for prayers for peace and vibrancy at our **PARISH RETREAT** from 8am—4pm. This event is at capacity.

If you did not sign up for the Retreat, consider going to the **DIOCESAN EUCHARISTIC CONGRESS** from 2-6pm at Our Lady of Guadalupe, St. Francis, or Immaculate Conception.
More information here: <https://scd.org/celebrate>

The Diocesan Eucharistic Congress concludes with a Eucharistic Procession to the Cathedral of the Blessed Sacrament for **ADORATION AND RECONCILIATION** from 7-9pm.

EVENTOS DEL 9 DE MARZO

El Padre O'Reilly y nuestro Ministerio de Mayordomía piden oraciones por la paz y la vitalidad en nuestro **RETIRO PARROQUIAL** de 8 am a 4 pm. Este evento está lleno.

Si no se inscribió para el Retiro, considere ir al **CONGRESO EUCHARÍSTICO DIOCESANO** de 2 a 6 p.m. en Nuestra Señora de Guadalupe, San Francisco o Inmaculada Concepción.
Más información aquí: <https://scd.org/celebrate>

El Congreso Eucarístico Diocesano concluye con una Procesión Eucarística a la Catedral del Santísimo Sacramento para **ADORACIÓN Y RECONCILIACIÓN** de 7 a 9 p.m.

KEEPING THE FLAME ALIVE

Wednesdays, 7:00 PM via Zoom
Father O'Reilly leads a series on the Eucharist and the Roman Missal. Join us and deepen your understanding of the Mass!
Contact Donna: flamealive22@gmail.com



MANTENIENDO VIVA LA LLAMA

con Padre O'Reilly
Miércoles, 7:00 PM vía Zoom
Comienza una serie sobre la Eucaristía y el Misal Romano. ¡Únete a nosotros! ¡Ven a profundizar tu comprensión de la Misa!
Póngase en contacto con Donna:
flamealive22@gmail.com.

STATIONS OF THE CROSS

Every Friday during Lent
After 12:10 pm Mass in English.
At 7:00 pm in Spanish.



ESTACIONES DE LA CRUZ

Todos los viernes durante la Cuaresma
Después de las 12:10 Misa en inglés.
A las 7:00 pm horas en español.

THE HOLY ROSARY

1st and 3rd Wednesdays 6pm
St. Torbio Classroom lower level.
praytherosarywithus@yahoo.com



Fridays, 7:45 AM Capitol Park

EL SANTO ROSARIO

1er y 3er miércoles, 6:00 pm
Aula St Toribio, nivel inferior.
praytherosarywithus@yahoo.com

Viernes, 7:45 AM Parque del Capitolio

RECONCILIATION

Monday - Friday
11:30 am to 12:00 pm
Saturday 4:00 pm to 5:00 pm
Chinese - by request; see page 6



RECONCILIACIÓN

Lunes - Viernes
11:30 am to 12:00 pm
Sábado 4:00 pm to 5:00 pm
Domingo en español
11:20 am— 11:50 am
5:20 pm—5:50 pm



ADORATION

Wednesday & Thursday
1:00 pm to 4:00 pm

ADORACIÓN

Miercoles y Jueves
1:00 pm to 4:00 pm

Eventos e información

Giving Made Easy

We're grateful for all financial support to our Parish! Online giving is easier for us and for you. God bless you!



Dar es fácil

¡Estamos agradecidos por todo el apoyo financiero a nuestra parroquia! Donar en línea es más fácil para nosotros y para usted. ¡Dios lo bendiga!

Use our website to make a reoccurring or one time gift at www.CathedralSacramento.org/Donate

Utilice nuestro sitio web para hacer un regalo recurrente o único en www.CathedralSacramento.org/Donate

Scan me to text your donation



Escanéame para enviar tu donación por mensaje de texto

FORMACIÓN FAMILIAR EN LA FE RIFA DE PASCUA \$1 POR BOLETO

a la venta después de las misas dominicales
Cestas expuestas en el vestíbulo después de las misas dominicales.
Premios entregados el Domingo de Ramos



FAMILY FAITH FORMATION BASKET EASTER RAFFLE \$1 PER TICKET

on sale after Sunday masses
Baskets displayed in the vestibule after
Sunday masses. Prizes awarded on
Palm Sunday, March 24

SPECIAL COLLECTION: Next week, our parish will take up The Catholic Relief Services Collection (CRSC). Funds from this collection help provide food to the hungry, support to displaced refugees, and bring Christ's love and mercy to all people here at home and abroad. Next week, please give generously to the CRSC, **and help Jesus in disguise**. Learn more about the collection at www.usccb.org/catholicrelief.

COLECCIÓN ESPECIAL: La próxima semana, nuestra parroquia llevará a cabo la colecta para Catholic Relief Services Collection (CRSC). Los fondos recaudados en esta colecta ayudarán a proveerles alimentos a los que pasan hambre, apoyo a los refugiados desplazados y trae el amor y la misericordia de Cristo a todas las personas aquí en nuestro país y en el extranjero. La próxima semana, por favor contribuye generosamente a la colecta de CRSC y a **¡Jesus con otro rostro, ¿le ayudarás?** Aprende más acerca de la colecta en www.usccb.org/catholic-relief.

Mass Intentions & Observances

SUN 3/3

THIRD SUNDAY OF LENT

8:00 AM: CATHERINE CHANG +
10:00 AM: WILLIAM JAMES SHOREY +
12:00 PM: PEOPLE OF THE PARISH S.I.
4:00 PM: RUSSELL AND LAURA PAQUETTE +
6:00 PM: DEACON RAUL LEON +

MON 3/4

SAINT CASIMIR, MEMORIAL

12:10 PM: MATTHEW WALKER S.I.

TUES 3/5

THIRD TUESDAY OF LENT

12:10 PM: MATTHEW WALKER S.I.

WED 3/6

THIRD WEDNESDAY OF LENT

12:10 PM: JIM FINCH S.I.

THU 3/7

**STS. PERPETUA AND FELICITY,
MEMORIAL**

12:10 PM: MARY "MHER" SILVESTRE +

FRI 3/8

SAINT JOHN OF GOD, MEMORIAL

12:10 PM: NESTOR PURUGGANAN +

S.I. = for special intention
+ = for repose of the soul

Mass Intentions

Please email:

vramos@cathedralsacramento.org
or call 916-444-3071, ext. 10

At each Mass, we hear that prayers are requested for a particular person. This is referred to as a "Mass Intention", meaning the Mass is being offered for the repose of the soul of someone who has died or for the special intentions of someone who is living but requesting prayers.

Family Faith Formation and OCIA



Family Faith Corner

In March our families are continuing their life of prayer, focusing on five types of prayer and ways we pray with the Sacred Word of God.

“Glory to God in the highest and on earth peace to those on whom his favor rests.”

~ Luke 2:14

Very few things are a greater aid to prayer than reading Sacred Scripture. When read in a devout and meditative fashion, it is in itself a prayer. Vatican II document Dei Verbum tells us that Scripture is the inspired Word of God written down by human authors. The Holy Spirit, the Spirit of Truth, moved the human authors to write those things that are necessary for us to know for our salvation, and therefore the Scripture is without error—it is revelation from God, and makes God present among us. We enter into God’s presence then, when we take up the Word of God in our prayer.

•**Reading Scripture:** choose a text in the Holy Bible and find a quiet place. Read the text slowly, deliberately. Read it a second time. What does the passage tell you about Jesus? How can I apply God’s Word that I read to my own life?

•**the Psalms:** we hear a psalm every Sunday at Mass with a response. There are 150 psalms. The Catechism explains that “though a given psalm may reflect an event of the past, it still possesses truth by all people of all times and conditions. (CCC 2588). We can learn to pray by reading the Psalms.

•**Liturgy of the Hours,** also called the Divine Office, marks seven times throughout the day for prayer, with Morning and Evening prayer acting as ‘hinges’ to anchor our day with Psalms, Scripture Readings and Intercessory prayers. Priests like Fr. Michael and Fr. Memo, and Religious Sisters like Sr. Lisa Marie are dedicated to pray the hours daily. Many lay people have found them very beneficial to building the habit of prayer in their lives.

Experience the Liturgy of the Hours by joining the OCIA team for Evening Prayer on Mondays, 6:30pm in Mercy Hall.

Calendar for this Week

SAT 2 MAR Family Faith Formation
10:00 AM, Mercy Hall/Classrooms

SUN 3 MAR OCIA Breaking Open Word
8:00 AM, Church/St Francis/Hall
Formacion en la Fe Familiar
10:00 AM, Mercy Hall

OCIA Families—Year 1
No Lesson

Faith Formation - Chinese
12:30 PM, Jesus Room

MON 4 MAR Evening Prayer (All Welcome)
6:30 PM, Mercy Hall

OCIA for Adults
7:00 PM, Mercy Hall/Classrooms

TUE 5 MAR Family Faith Formation
6:00 PM, Mercy Hall/Classrooms

THU 7 MAR Adult Confirmation Class
7:00 PM, St Toribio

Adult Bible Study
7:00 PM, St Pius X

SAT 9 MAR NO Family Faith Formation
PARISH RETREAT

COMING UP:

SUN 10 MAR FIRED UP Youth Conference
9:00 AM, Christian Brothers HS

Fri 22 MAR 7 PM LIVING STATIONS
Through the Mary’s Eyes
Presented by Cathedral
Confirmation Class 2024

Preparation for Mass Sunday, 10 MAR 24

Prepare:
4th Sunday of Lent

1 Samuel 16:1b, 6-7, 10-13a

Psalm 23: 1-3a, 3b-4, 5, 6

Ephesians 5:8-14

John 9:1-41

Gospel Focus:

Who has ever heard of one born blind receiving their sight? Our Gospel next Sunday* narrates such an encounter between Jesus and a blind man who is made to see through Jesus. We begin to notice that the attitude of the Pharisees has one goal in mind: to find a reason to arrest Jesus. They are so blinded with hatred for Jesus that they fail to see an enormous miracle. Have you ever been like the Pharisees? Have you missed a moment of grace because you were so preoccupied with a project, a game, an app on your phone, or your prejudice to not see the good around you?

With your Family

- ◆ Read John 9:1-41
- ◆ If you were born blind and Jesus came and healed you, what would you do? Do you feel it would change you?
- ◆ Think of a time you were so mad or jealous of someone that you could not see anything good in them. What can you learn from the Pharisees about your attitude? Ask God to help you.
- ◆ *Pray Psalm 23 together.*

Through
the
Eyes
of
Mary

A Meditation on the
Passion of Jesus
Presented by the
Faith Formation Families
Friday, March 22
7 PM

Come
Holy Spirit!

FIRED
UP

10 MAR
2024

Pray for our Confirmation youth as they get ready for the Conference with Bishop Soto. Let us ask the Holy Spirit to open their hearts, that they may be the hands and feet of Jesus.

Family Faith Formation—OCIA—Sacraments of Initiation for Children and Adults

Formación de fe Familiar y OICA

Preparación para la Misa Domingo, 10 MAR 24

Preparar: 4to Domingo de Cuaresma

1 Samuel 16:1b, 6-7, 10-13a
Salmo 23: 1-3a, 3b-4, 5, 6
Efesios 5:8-14
Juan 9:1-41

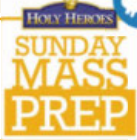
Enfoque del evangelio:

¿Quién ha oído alguna vez que un ciego de nacimiento haya recuperado la vista? Nuestro Evangelio del próximo domingo* narra tal encuentro entre Jesús y un ciego a quien se le hace ver a través de Jesús. Empezamos a notar que la actitud de los fariseos tiene un objetivo en mente: encontrar un motivo para arrestar a Jesús. Están tan cegados por el odio hacia Jesús que no logran ver un milagro enorme. ¿Alguna vez has sido como los fariseos? ¿Te has perdido un momento de gracia porque estabas tan preocupado con un proyecto, un juego, una aplicación en tu teléfono o tus prejuicios que no veías lo bueno que te rodea?

Con tu familia

- ◆ Lea Juan 9:1-41
- ◆ Si nacieras ciego y Jesús viniera y te sanara, ¿qué harías?
¿Sientes que te cambiaría?
- ◆ Piensa en una ocasión en la que estuviste tan enojado o celoso de alguien que no pudiste ver nada bueno en él. ¿Qué puedes aprender de los fariseos acerca de tu actitud? Pídele a Dios que te ayude.
- ◆ Oren juntos el Salmo 23.

Preparación
de la Misa
para familias



Sign up for Mass preparation with
engaging videos and activity sheets
for children of all ages.

is.gd/massprep2024

Regístrese para la
preparación de la Misa con
videos atractivos para
niños de todas las edades.

Let us help your family
get ready for Sunday
Mass.

OCIA: Journey to Easter
Purification & Enlightenment

Let Jesus Reveal your Darkest
Self with His Truth and Light.

As we continue journeying towards Easter and Sacraments, we celebrate the Scrutinies with the OCIA at the 8AM Mass (see page 7). This week we find Jesus at a well, waiting to encounter a Samaritan woman. He reveals to her the darkest parts of her life that need healing for her to be made whole. All of us are the Samaritan woman, with wounds and vices we intuitively know are keeping us from grace and wholeness. Jesus wants to reveal to us those very things we are ashamed of; not to shame us, but to make us new creations. Let us be like the Samaritan Woman, who, when she found new life, left her jar behind, and found acceptance and joy.

Come see a man who told me
everything I have done. Could he
possibly be the Messiah?
~ John 4:20

Rincón de la Fe Familiar

En marzo nuestras familias continúan su vida de oración, enfocándose en cinco tipos de oración y formas en que oramos con la Sagrada Palabra de Dios.



*“Gloria a Dios en las alturas y en la tierra paz
a aquellos en quienes descansa su favor”.*

~ Lucas 2:14

Pocas cosas son de mayor ayuda para la oración que la lectura de la Sagrada Escritura. Cuando se lee de manera devota y meditativa, es en sí misma una oración. El documento Dei Verbum del Vaticano II nos dice que la Escritura es la Palabra inspirada de Dios escrita por autores humanos. El Espíritu Santo, el Espíritu de Verdad, impulsó a los autores humanos a escribir aquellas cosas que es necesario que sepamos para nuestra salvación y, por lo tanto, la Escritura no tiene error: es revelación de Dios y hace que Dios esté presente entre nosotros. Entonces entramos en la presencia de Dios cuando tomamos la Palabra de Dios en nuestra oración.

- **Lectura de las Escrituras:** elige un texto de la Santa Biblia y busca un lugar tranquilo. Lea el texto lenta y deliberadamente. Léelo por segunda vez. ¿Qué te dice el pasaje sobre Jesús? ¿Cómo puedo aplicar la Palabra de Dios que leo a mi propia vida?
- **los Salmos:** escuchamos un salmo cada domingo en la Misa con una respuesta. Hay 150 salmos. El Catecismo explica que “aunque un salmo determinado pueda reflejar un acontecimiento del pasado, todavía posee verdad para todas las personas de todos los tiempos y condiciones. (CCC 2588). Podemos aprender a orar leyendo los Salmos.
- **La Liturgia de las Horas,** también llamada Oficio Divino, marca siete momentos a lo largo del día para la oración, con las oraciones de la mañana y de la tarde actuando como “bisagras” para anclar nuestro día con salmos, lecturas de las Escrituras y oraciones intercesoras. Sacerdotes como el P. Miguel y el P. Memo, y Hermanas Religiosas como Sor Lisa Marie se dedican a orar las horas diarias. Muchos laicos los han encontrado muy beneficiosos para desarrollar el hábito de la oración en sus vidas.

Experimente la Liturgia de las Horas
uniéndose al equipo de OCIA para la
Oración Vespertina los lunes a las 6:30 PM
en Mercy Hall.



Plenary Indulgence Granted from March 1—October 2, 2024

In honor of the 250th Anniversary of the birth of Saint Madalene of Canossa, the Apostolic Penitentiary has granted a Plenary Indulgence (with normal conditions)* for the faithful who visit the Churches (Cathedral and Our Lady of Lourdes, Sacramento) and places of Prayer where Canossian Fathers and Sisters are present. * **See website for further explanation.**

Sister Lisa Marie Doty, FDCC, Director of Faith Formation & OCIA | slmdoty@cbssac.org | 916-444-5364

Sacramento Chinese Catholic Community

RECONCILIATION: 1st Sunday of the month before mass. Please contact Kenneth Ng or Fr. Chiu in advance.

Tel: 916-583-8306

Email: sccc.contact@gmail.com

Facebook: [@sacchineseatholic](https://www.facebook.com/sacchineseatholic)

Instagram: <https://is.gd/SCCCinstagram>

Website: www.sacchineseatholic.org/



Chinese Portal:
Announcements/
Sunday Readings



Fr. Abraham Chiu
趙必成神父



A Glimpse of Spirituality 靈修一瞥 114 (Luke路 20:27-40) Fr. Abraham Chiu 趙必成神父

The Sadducees believed in unrestricted free will and not in divine providence. They rejected the idea of the resurrection, because it was not found in the Law. Nor did they believe in the Messiah.

Their question put Jesus in a no-win political position. If Jesus defended the resurrection, he would please the Pharisees. If he failed to do so, he would please the Sadducees. Their question was based on Deut 25:5-10 that if a man died childless, his brother had to marry the widow and begot children to carry on the line. In their hypothetical question, they asked Jesus who, in heaven, would be the husband of the woman who had been married in succession to seven of her brothers-in-law (“levires”), and had died childless.

Jesus pointed out the Sadducees’ ignorance about the existence and nature of life after death with the eternal God. Jesus explained that the afterlife would not be just a non-stop replay of this life. Things will be transformed after earthly life, including normal human relations, e.g., marriage. Then Jesus told the Sadducees that those whom God considered worthy of the resurrection were immortal. Jesus said, “They are equal to angels and are sons of God, being sons of the resurrection.”

What is resurrection? The term “resurrection” (anastaseōs) denotes the end of humans in the present tense. It is simply because God is eternal. Whoever commits life in Jesus, since Jesus is the Son of God, will live eternally in Jesus. In short, it is a life always in the present, no past nor future. It is also the goal of our life. By this goal, Jesus gives us hope. The hope in our life nurtures joy. Living the life of the resurrection people means that they are not to lie buried in the tomb of sins and evil habits.

How do we proclaim the resurrected Jesus by our life, life of hope of resurrection?

撒杜塞人相信人的意志無限，世界根本沒有天意，因此拒絕復活觀念，理據是法律中沒有提及，結果自然是拒絕相信默西亞。

他們對耶穌的挑戰問題，使耶穌處於雙輪局面，如果耶穌為復活辯護，會取悅法利塞人，卻開罪撒杜塞人；如果他反對有復活，雖然讓撒杜塞人開心，可是得罪法利塞人。問題是根據申25:5-10，即一個男人死後沒有孩子，他的兄弟就必須娶這位嫂子並生兒育女，以延續兄弟家族的血統。

在這個假設問題中，問耶穌誰會是那個連續嫁給七兄弟的女人的丈夫。耶穌指出，撒杜塞人對死後生命一無所知，人死後，是與永恆天主共融一體，永生不是今生不斷的重演。當塵世生活結束，一切都被轉化，包括正常人際關係，如婚姻；然後耶穌告訴撒杜塞人，天主復活的人，不朽；他說：“因為他們相似天使，他們既是復活之子，也就是天主之子。”

什麼是復活？“復活”（anastaseōs）一詞表示人類終結永遠是現代時態。原因簡單，因為天主永恆。凡委身耶穌的人，因耶穌是天主子，就在耶穌裡永遠活著。簡言之，這是永遠活在當下的生活，沒過去，也沒將來；同時也是人生目標，因這目標，耶穌給予世界希望，人生喜樂，就在希望當中孕育成長，度復活的生活意味著不被埋葬在罪惡墳墓裡。

基督徒如何以充滿復活希望的生命來宣講復活的耶穌？

Foco de Cuaresma/Lenten Spotlight

The Lenten Scrutinies

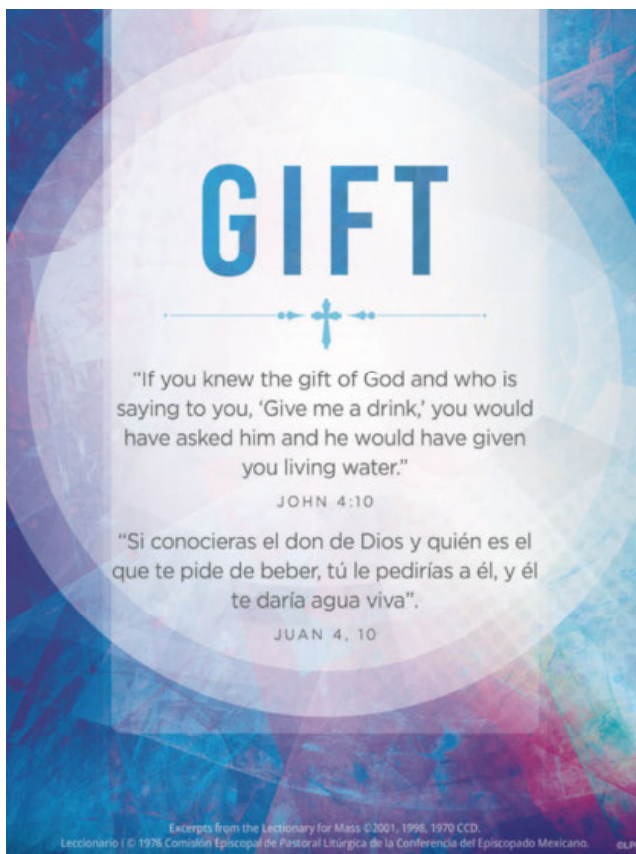
The word “scrutiny” means to search. The Lenten Scrutinies are, then, rites of searching for the Elect who are preparing for the Easter Sacraments. The scrutinies are meant to uncover, then heal, all that is weak, defective, or sinful in the hearts of the Elect; to bring out, then strengthen, all that is upright, strong, and good. For the scrutinies are celebrated in order to deliver the Elect from the power of sin and Satan, to protect them against temptation, and to give them strength in Christ who is the way, the truth, and the life.

The Scrutinies are celebrated on the Third, Fourth, and Fifth Sundays of Lent to correspond to the Gospel stories of the Samaritan Women at the Well, the Man Born Blind, and the Raising of Lazarus read on each of those respective Sundays. Each story is about a “passover” from dishonesty to truth, from blindness to sight, from death to life. During this period of the scrutinies, the Elect are presented with the Apostles Creed and the Lord’s Prayer, the ancient texts regarded as expressing the heart of the Church’s faith and prayer.

Los escrutinios caracals

La palabra "escrutinio" significa buscar. Los Escrutinios Cuaresmales son, pues, ritos de búsqueda de los Elegidos que se preparan para los Sacramentos Pascuales. Los escrutinios tienen como objetivo descubrir y luego sanar todo lo que es débil, defectuoso o pecaminoso en el corazón de los Elegidos; para sacar a relucir y luego fortalecer todo lo que es recto, fuerte y bueno. Porque los escrutinios se celebran para librar a los elegidos del poder del pecado y de Satanás, protegerlos de la tentación y darles fuerza en Cristo, que es el camino, la verdad y la vida.

Los Escrutinios se celebran el tercer, cuarto y quinto domingo de Cuaresma para corresponder a las historias evangélicas de la mujer samaritana en el pozo, el ciego de nacimiento y la resurrección de Lázaro leídas en cada uno de esos domingos respectivos. Cada historia trata sobre una “pascua” de la deshonestidad a la verdad, de la ceguera a la vista, de la muerte a la vida. Durante este período de escrutinios, a los elegidos se les presenta el Credo de los Apóstoles y el Padrenuestro, los textos antiguos considerados como expresión del corazón de la fe y la oración de la Iglesia.



Liturgy of the Word

THIRD SUNDAY OF LENT A

MARCH 3, 2024

READING 1

EX 17:3-7

In those days, in their thirst for water, the people grumbled against Moses, saying, "Why did you ever make us leave Egypt? Was it just to have us die here of thirst with our children and our livestock?" So Moses cried out to the LORD, "What shall I do with this people? a little more and they will stone me!" The LORD answered Moses, "Go over there in front of the people, along with some of the elders of Israel, holding in your hand, as you go, the staff with which you struck the river. I will be standing there in front of you on the rock in Horeb. Strike the rock, and the water will flow from it for the people to drink." This Moses did, in the presence of the elders of Israel. The place was called Massah and Meribah, because the Israelites quarreled there and tested the LORD, saying, "Is the LORD in our midst or not?"

RESPONSORIAL PSALM

PS 95:1-2, 6-7, 8-9

R. If today you hear his voice, harden not your hearts. Come, let us sing joyfully to the LORD; let us acclaim the Rock of our salvation. Let us come into his presence with thanksgiving; let us joyfully sing psalms to him.

R. If today you hear his voice, harden not your hearts. Come, let us bow down in worship; let us kneel before the LORD who made us. For he is our God, and we are the people he shepherds, the flock he guides.

R. If today you hear his voice, harden not your hearts. Oh, that today you would hear his voice: "Harden not your hearts as at Meribah, as in the day of Massah in the desert, Where your fathers tempted me; they tested me though they had seen my works."

R. If today you hear his voice, harden not your hearts.

READING 2

ROM 5:1-2, 5-8

Brothers and sisters:

Since we have been justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have gained access by faith to this grace in which we stand, and we boast in hope of the glory of God.

And hope does not disappoint, because the love of God has been poured out into our hearts through the Holy Spirit who has been given to us. For Christ, while we were still helpless, died at the appointed time for the ungodly. Indeed, only with difficulty does one die for a just person, though perhaps for a good person one might even find courage to die. But God proves his love for us in that while we were still sinners Christ died for us.

VERSE BEFORE THE GOSPEL CF

JN 4:42, 45

Lord, you are truly the Savior of the world; give me living water, that I may never thirst again.

GOSPEL

JN 4:5-42

Jesus came to a town of Samaria called Sychar, near the plot of land that Jacob had given to his son Joseph. Jacob's well was there. Jesus, tired from his journey, sat down there at the well. It was about noon.

A woman of Samaria came to draw water. Jesus said to her, "Give me a drink." His disciples had gone into the town to buy food. The Samaritan woman said to him, "How can you, a Jew, ask me, a Samaritan woman, for a drink?" —For Jews use

nothing in common with Samaritans.—Jesus answered and said to her, "If you knew the gift of God and who is saying to you, 'Give me a drink,' you would have asked him and he would have given you living water." The woman said to him, "Sir, you do not even have a bucket and the cistern is deep; where then can you get this living water? Are you greater than our father Jacob, who gave us this cistern and drank from it himself with his children and his flocks?" Jesus answered and said to her, "Everyone who drinks this water will be thirsty again; but whoever drinks the water I shall give will never thirst; the water I shall give will become in him a spring of water welling up to eternal life." The woman said to him, "Sir, give me this water, so that I may not be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go call your husband and come back." The woman answered and said to him, "I do not have a husband." Jesus answered her, "You are right in saying, 'I do not have a husband.' For you have had five husbands, and the one you have now is not your husband. What you have said is true." The woman said to him, "Sir, I can see that you are a prophet. Our ancestors worshiped on this mountain; but you people say that the place to worship is in Jerusalem." Jesus said to her, "Believe me, woman, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You people worship what you do not understand; we worship what we understand, because salvation is from the Jews. But the hour is coming, and is now here, when true worshipers will worship the Father in Spirit and truth; and indeed the Father seeks such people to worship him. God is Spirit, and those who worship him must worship in Spirit and truth." The woman said to him, "I know that the Messiah is coming, the one called the Christ; when he comes, he will tell us everything." Jesus said to her, "I am he, the one speaking with you."

At that moment his disciples returned, and were amazed that he was talking with a woman, but still no one said, "What are you looking for?" or "Why are you talking with her?" The woman left her water jar and went into the town and said to the people, "Come see a man who told me everything I have done. Could he possibly be the Christ?" They went out of the town and came to him. Meanwhile, the disciples urged him, "Rabbi, eat." But he said to them, "I have food to eat of which you do not know." So the disciples said to one another, "Could someone have brought him something to eat?" Jesus said to them, "My food is to do the will of the one who sent me and to finish his work. Do you not say, 'In four months the harvest will be here?' I tell you, look up and see the fields ripe for the harvest. The reaper is already receiving payment and gathering crops for eternal life, so that the sower and reaper can rejoice together. For here the saying is verified that 'One sows and another reaps.' I sent you to reap what you have not worked for; others have done the work, and you are sharing the fruits of their work." Many of the Samaritans of that town began to believe in him because of the word of the woman who testified, "He told me everything I have done." When the Samaritans came to him, they invited him to stay with them; and he stayed there two days. Many more began to believe in him because of his word, and they said to the woman, "We no longer believe because of your word; for we have heard for ourselves, and we know that this is truly the savior of the world."

TROISIÈME DOMINGO DE CUARESMA A

3 DE MARZO DE 2024

PRIMERA LECTURA

EX 17, 3-7

En aquellos días, el pueblo, torturado por la sed, fue a protestar contra Moisés, diciéndole: “¿Nos has hecho salir de Egipto para hacernos morir de sed a nosotros, a nuestros hijos y a nuestro ganado?” Moisés clamó al Señor y le dijo: “¿Qué puedo hacer con este pueblo? Sólo falta que me apedreen”. Respondió el Señor a Moisés: “Preséntate al pueblo, llevando contigo a algunos de los ancianos de Israel, toma en tu mano el cayado con que golpeaste el Nilo y vete. Yo estaré ante ti, sobre la peña, en Horeb. Golpea la peña y saldrá de ella agua para que beba el pueblo”.

Así lo hizo Moisés a la vista de los ancianos de Israel y puso por nombre a aquel lugar Masá y Meribá, por la rebelión de los hijos de Israel y porque habían tentado al Señor, diciendo: “¿Está o no está el Señor en medio de nosotros?”

SALMO RESPONSORIAL SALMO 94, 1-2. 6-7. 8-9.

R. Señor, que no seamos sordos a tu voz.

Vengan, lancemos viva al Señor, aclamemos al Dios que nos salva. Acerquémonos a él, llenos de júbilo, y démosle gracias.

R. Señor, que no seamos sordos a tu voz.

Vengan, y puestos de rodillas, adoremos y bendigamos al Señor, que nos hizo, pues él es nuestro Dios y nosotros, su pueblo; él es nuestro pastor y nosotros, sus ovejas.

R. Señor, que no seamos sordos a tu voz.

Hagámosle caso al Señor, que nos dice: “No endurezcan su corazón, como el día de la rebelión en el desierto, cuando sus padres dudaron de mí, aunque habían visto mis obras”.

R. Señor, que no seamos sordos a tu voz.

SEGUNDA LECTURA RM 5, 1-2. 5-8

Hermanos: Ya que hemos sido justificados por la fe, mantengámonos en paz con Dios, por mediación de nuestro Señor Jesucristo. Por él hemos obtenido, con la fe, la entrada al mundo de la gracia, en el cual nos encontramos; por él, podemos gloriarnos de tener la esperanza de participar en la gloria de Dios.

La esperanza no defrauda, porque Dios ha infundido su amor en nuestros corazones por medio del Espíritu Santo, que él mismo nos ha dado. En efecto, cuando todavía no teníamos fuerzas para salir del pecado, Cristo murió por los pecadores en el tiempo señalado.

Diffícilmente habrá alguien que quiera morir por un justo, aunque puede haber alguno que esté dispuesto a morir por una persona sumamente buena. Y la prueba de que Dios nos ama está en que Cristo murió por nosotros, cuando aún éramos pecadores.

ACLAMACIÓN ANTES DEL EVANGELIO CF JN 4, 42. 15

R. Honor y gloria a ti, Señor Jesús.

Señor, tú eres el Salvador del mundo. Dame de tu agua viva para que no vuelva a tener sed.

R. Honor y gloria a ti, Señor Jesús.

EVANGELIO

JN 4, 5-42

En aquel tiempo, llegó Jesús a un pueblo de Samaria, llamado Sicar, cerca del campo que dio Jacob a su hijo José. Ahí estaba el pozo de Jacob. Jesús, que venía cansado del camino, se sentó sin más en el brocal del pozo. Era cerca del mediodía.

Entonces llegó una mujer de Samaria a sacar agua y Jesús le dijo: “Dame de beber”. (Sus discípulos habían ido al pueblo a comprar comida). La samaritana le contestó: “¿Cómo es que tú,

siendo judío, me pides de beber a mí, que soy samaritana?” (Porque los judíos no tratan a los samaritanos). Jesús le dijo: “Si conocieras el don de Dios y quién es el que te pide de beber, tú le pedirías a él, y él te daría agua viva”.

La mujer le respondió: “Señor, ni siquiera tienes con qué sacar agua y el pozo es profundo, ¿cómo vas a darme agua viva? ¿Acaso eres tú más que nuestro padre Jacob, que nos dio este pozo, del que bebieron él, sus hijos y sus ganados?” Jesús le contestó: “El que bebe de esta agua vuelve a tener sed. Pero el que beba del agua que yo le daré, nunca más tendrá sed; el agua que yo le daré se convertirá dentro de él en un manantial capaz de dar la vida eterna”.

La mujer le dijo: “Señor, dame de esa agua para que no vuelva a tener sed ni tenga que venir hasta aquí a sacarla”. Él le dijo: “Ve a llamar a tu marido y vuelve”. La mujer le contestó: “No tengo marido”. Jesús le dijo: “Tienes razón en decir: ‘No tengo marido’. Has tenido cinco, y el de ahora no es tu marido. En eso has dicho la verdad”.

La mujer le dijo: “Señor, ya veo que eres profeta. Nuestros padres dieron culto en este monte y ustedes dicen que el sitio donde se debe dar culto está en Jerusalén”. Jesús le dijo: “Créeme, mujer, que se acerca la hora en que ni en este monte ni en Jerusalén adorarán al Padre. Ustedes adoran lo que no conocen; nosotros adoramos lo que conocemos. Porque la salvación viene de los judíos. Pero se acerca la hora, y ya está aquí, en que los que quieran dar culto verdadero adorarán al Padre en espíritu y en verdad, porque así es como el Padre quiere que se le dé culto. Dios es espíritu, y los que lo adoran deben hacerlo en espíritu y en verdad”.

La mujer le dijo: “Ya sé que va a venir el Mesías (es decir, Cristo). Cuando venga, él nos dará razón de todo”. Jesús le dijo: “Soy yo, el que habla contigo”.

En esto llegaron los discípulos y se sorprendieron de que estuviera conversando con una mujer; sin embargo, ninguno le dijo: ‘¿Qué le preguntas o de qué hablas con ella?’ Entonces la mujer dejó su cántaro, se fue al pueblo y comenzó a decir a la gente: “Vengan a ver a un hombre que me ha dicho todo lo que he hecho. ¿No será éste el Mesías?” Salieron del pueblo y se pusieron en camino hacia donde él estaba.

Mientras tanto, sus discípulos le insistían: “Maestro, come”. Él les dijo: “Yo tengo por comida un alimento que ustedes no conocen”. Los discípulos comentaban entre sí: “¿Le habrá traído alguien de comer?” Jesús les dijo: “Mi alimento es hacer la voluntad del que me envió y llevar a término su obra. ¿Acaso no dicen ustedes que todavía faltan cuatro meses para la siega? Pues bien, yo les digo: Levanten los ojos y contemplen los campos, que ya están dorados para la siega. Ya el segador recibe su jornal y almacena frutos para la vida eterna. De este modo se alegran por igual el sembrador y el segador. Aquí se cumple el dicho: ‘Uno es el que siembra y otro el que cosecha’. Yo los envié a cosechar lo que no habían trabajado. Otros trabajaron y ustedes recogieron su fruto”.

Muchos samaritanos de aquel poblado creyeron en Jesús por el testimonio de la mujer: ‘Me dijo todo lo que he hecho’. Cuando los samaritanos llegaron a donde él estaba, le rogaban que se quedara con ellos, y se quedó allí dos días. Muchos más creyeron en él al oír su palabra. Y decían a la mujer: “Ya no creemos por lo que tú nos has contado, pues nosotros mismos lo hemos oído y sabemos que él es, de veras, el salvador del mundo”.

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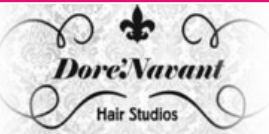


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