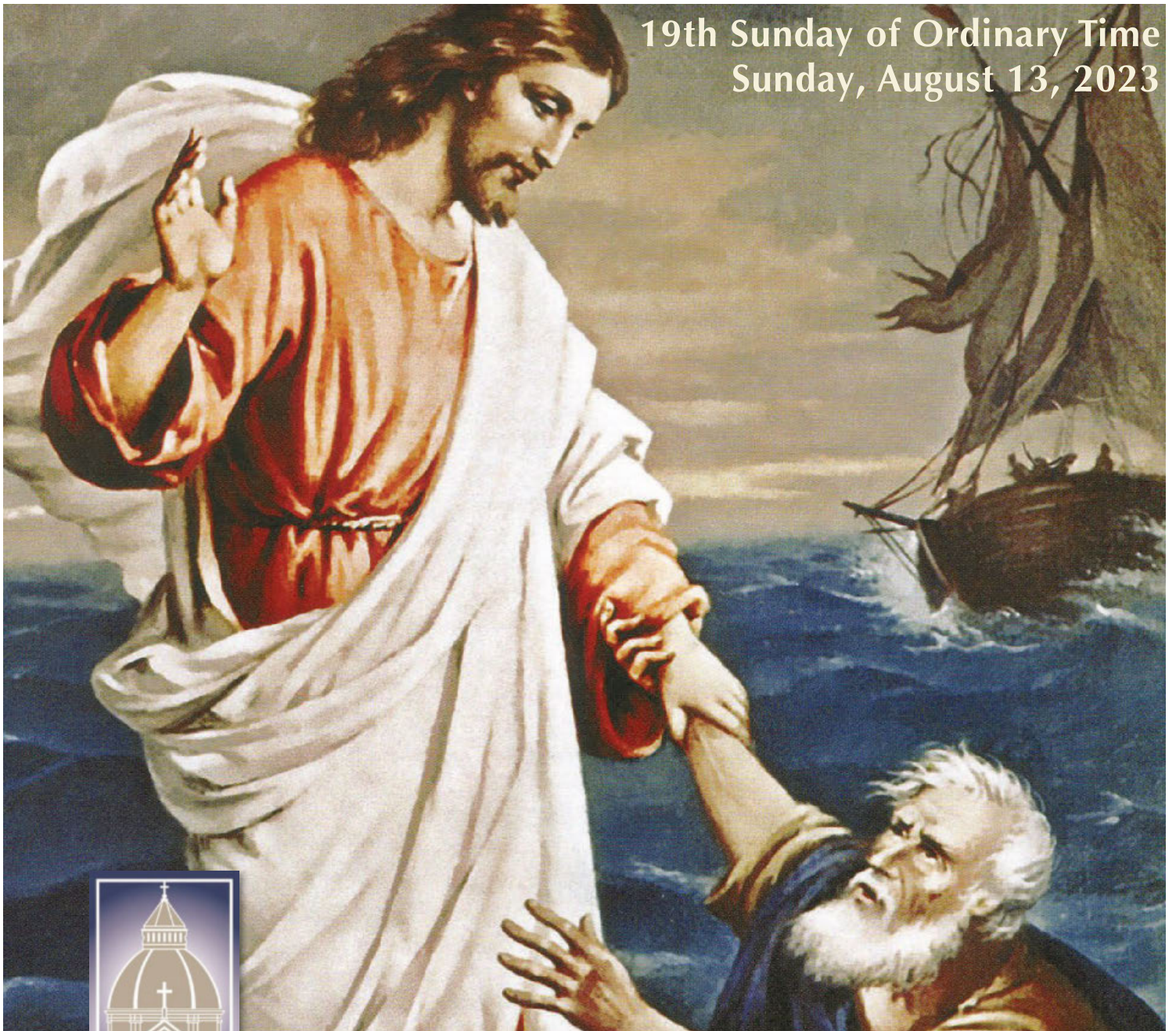


19th Sunday of Ordinary Time
Sunday, August 13, 2023



1017 11th Street - Sacramento, CA 95814 | 916-444-3071

CATHEDRAL OF THE BLESSED SACRAMENT

Stewards of God's Gifts

MASS SCHEDULE

* Livestream available on Sundays & Holy Days of Obligation

Sunday | Domingo

English 8:00 am
English 10:00 am*
Español 12:00 pm*
Chinese 2:00 pm*
English 4:00 pm
Español 6:00 pm

Cathedral Hours: Monday - Friday 10-4
Office Hours: Monday-Friday 9-12 & 1-4

Monday - Friday

Lunes - Viernes
12:10 pm

Saturday | Sábado

NO VIGIL MASS

ADORATION

Wednesday & Thursday
1:00 pm to 4:00 pm

RECONCILIATION

Monday - Friday | Lunes - Viernes

11:30 am to 12:00 pm

Saturday | Sábado

4:00 pm to 5:00 pm

Connect with us!



cathedralsacramento.org

Eucharistic Revival: Stewardship

Page 2 | Sunday, August 13, 2023 | 19th Sunday of Ordinary Time

Stewardship Pillars



Pilares de Mayordomía



Hospitality/
Hospitalidad



Prayer/
Oración



Formation/
Formación



Service/
Servicio

Stewardship Reflection

Stewardship spirituality invites us to surrender control of our lives to God in grateful recognition that all that we have is a gift from Him.

While today's readings remind us that, of course, God is always in control of His creation and His creatures, they illustrate what amazing things can happen when we fully permit God to take charge of our lives — in other words, what can happen when we embrace the stewardship way of life.

When we take our eyes off God, we fail to see that all is gift from Him, we lose trust in Him and we do not make our lives a grateful response to Him.

Peter makes this mistake in our Gospel passage from Matthew. Jesus sends the disciples in a boat ahead of Him to the other side of the shore. Later that evening, Jesus casually strolls up to the boat, walking on the sea. He invites Peter to join Him. As Peter begins to walk on the water, he momentarily takes his eyes off Jesus to notice the strong wind surrounding them. With that, he sinks.

But what if Peter had not taken his eyes off Christ? What a grand adventure he could have had out there walking on the sea with Jesus! When we take our eyes off Christ, the many blessings He has given us, and the loving way He treats us, we sink, too.

But when we embrace the stewardship way of life, letting go of a tight hold over our money, time, and talents, our lives become a grand adventure, rooted firmly and gratefully in the God Who always cares for us.



Collection for the Church in Latin America – Today

Many people in Latin America and the Caribbean do not have access to church programs and ministries. Your generosity makes it possible to share in the life of the Church. Donate online: www.scd.org/cla

Reflexión sobre la mayordomía

La espiritualidad de mayordomía nos invita a entregar el control de nuestras vidas a Dios en reconocimiento agradecido de que todo lo que tenemos es un regalo de Él.

Si bien las lecturas de hoy nos recuerdan que, por supuesto, Dios siempre está en control de Su creación y Sus criaturas, ilustran qué cosas asombrosas pueden suceder cuando permitimos completamente que Dios se haga cargo de nuestras vidas, en otras palabras, lo que puede suceder cuando abrazamos la forma de vida de mayordomía.

Cuando quitamos nuestros ojos de Dios, no vemos que todo es un regalo de Él, perdemos la confianza en Él y no hacemos de nuestras vidas una respuesta agradecida a Él.

Pedro comete este error en nuestro pasaje del Evangelio de Mateo. Jesús envía a los discípulos en una barca delante de Él al otro lado de la orilla. Más tarde esa noche, Jesús camina casualmente hasta el bote, caminando sobre el mar. Él invita a Pedro a unirse a Él. Cuando Pedro comienza a caminar sobre el agua, momentáneamente aparta sus ojos de Jesús para notar el fuerte viento que los rodea. Con eso, se hunde.

Pero, ¿y si Pedro no hubiera quitado sus ojos de Cristo? ¡Qué gran aventura podría haber tenido caminando sobre el mar con Jesús! Cuando quitamos nuestros ojos de Cristo, las muchas bendiciones que Él nos ha dado, y la forma amorosa en que Él nos trata, también nos hundimos.

Pero cuando abrazamos la forma de vida de mayordomía, dejando ir un férreo control sobre nuestro dinero, tiempo y talentos, nuestras vidas se convierten en una gran aventura, arraigada firme y agradecida en el Dios que siempre cuida de nosotros.

Colecta para la Iglesia en América Latina – Hoy

Vuestra generosidad hace posible participar en la vida de la Iglesia. Donar en línea: www.scd.org/cla



Please visit our beautiful Gift Shop in the lower level. We are open on Sundays after mass. For an appointment

please contact Susan Moeller: 510-734-4158. We have pictures, religious items, Sacrament gifts, and prayer books in English and Spanish.



Photography Policy: It is NOT permitted to take photographs or videos for personal or commercial use inside the Cathedral or on the front steps. Flash photography, the use of telescopic "selfie sticks", tripods, stands, drones, and professional equipment are strictly forbidden. For event use, please contact Cathedral staff at 916-444-3071.



ROSARY PRAYER TIMES/ TIEMPOS DE ORACIÓN DEL ROSARIO



Fridays, 7:45 AM Capitol Park
For the prayer, song and fellowship.
Viernes, 7:45 AM Parque del Capitolio
Para la oración, el canto y el compañerismo.



NEW TIME: 1st & 3rd Wednesdays, 6:00 PM. St Toribio Classroom, lower level.
Contact praytherosarywithus@yahoo.com
NUEVO TIEMPO: 1er y 3er miércoles, 6:00 PM.
Aula St Toribio, nivel inferior.



ADORATION
Wednesdays and Thursdays, 1PM—4PM
In the Blessed Sacrament Chapel.
ADORACIÓN
Miércoles y jueves, 1PM—4PM
En la Capilla del Santísimo Sacramento

STEWARDSHIP NEWSLETTER

No Stewardship Newsletter in August. Starting with the September issue, we will be switching to bi-monthly. Look for the September/October newsletter coming the first week of September. To view previous newsletters online: www.cathedralsacramento.org/stewardship-newsletter-archive



KEEPING THE FLAME ALIVE with Fr. O'Reilly

Wednesdays, 7:00 PM via Zoom

Reading and reflecting on the Sacred Scriptures.
Contact Donna: flamealive22@gmail.com for info and/or to be added to the Flocknote notification.

Miércoles, 7:00 PM vía Zoom

Manteniendo viva la llama con Padre O'Reilly
Leer y reflexionar sobre las Sagradas Escrituras.
Póngase en contacto con Donna:
flamealive22@gmail.com para obtene información y/o para agregarse a la notificación de Flocknote.

Cathedral Tours: Sundays following Masses: 8AM & 10AM (English) and after 12 noon Mass (Spanish)

Docents give tours of the Cathedral interior, explaining the rich meaning of the Christian symbols and art.

Visitas a la Catedral: Domingos siguientes
Misas: 8AM y 10AM (inglés) y después de las 12 del mediodía Misa (español)
Los docentes dan recorridos por el interior de la Catedral, explicando el rico significado de los símbolos y el arte cristianos.



**TEXT YOUR CATHEDRAL
DONATION/ENVÍA UN MENSAJE
DE TEXTO CON TU DONACIÓN
A LA CATEDRAL**

Registrese para este servicio/
Register for this service at:
www.is.gd/text2give

Thank You! Gracias!



**Solemnity of the Assumption
of the Blessed Virgin Mary**
Tuesday, August 15, 2023
12:10 pm English Mass
5:10 pm English Mass
7:00 pm Spanish
(Misa en español)

Assumption Readings Reflection

In the First Reading from Revelation, a great struggle begins. The power of God prevails over the forces of the world. John sees two opposing signs in the sky. The woman represents the Church, the ideal Israel. Her closeness to God is evident in the heavenly elements associated with her: the sun, the moon, and the stars.

Continued on page 4

Thank you for participating in our Annual Parish Picnic

The Parish Pastoral Council would like to thank everyone who attended the parish picnic last Friday. It was great fun and wonderful to get together for fellowship. A special thank you to all the amazing volunteers who helped make this event a success.

See you all next year! May God bless you!

Formation: Liturgy of the Word

Page 4 | Sunday, August 13, 2023 | 19th Sunday of Ordinary Time

READING 1

1 KINGS 19:9A, 11-13A

At the mountain of God, Horeb, Elijah came to a cave where he took shelter. Then the LORD said to him, "Go outside and stand on the mountain before the LORD; the LORD will be passing by." A strong and heavy wind was rending the mountains and crushing rocks before the LORD—but the LORD was not in the wind. After the wind there was an earthquake—but the LORD was not in the earthquake. After the earthquake there was fire—but the LORD was not in the fire. After the fire there was a tiny whispering sound. When he heard this, Elijah hid his face in his cloak and went and stood at the entrance of the cave.

RESPONSORIAL PSALM

PSALMS 85:9, 10, 11-12, 13-14

*The Lord, let us see your kindness,
and grant us your salvation.*

- ◆ I will hear what God proclaims;
the LORD — for he proclaims peace.
Near indeed is his salvation to those who fear
him, glory dwelling in our land.
- ◆ Kindness and truth shall meet;
justice and peace shall kiss.
Truth shall spring out of the earth,
and justice shall look down from heaven.
- ◆ The LORD himself will give his benefits;
our land shall yield its increase.
Justice shall walk before him,
and prepare the way of his steps.

READING 2

ROMANS 9:1-5

Brothers and sisters:

I speak the truth in Christ, I do not lie; my conscience joins with the Holy Spirit in bearing me witness that I have great sorrow and constant anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are Israelites; theirs the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; theirs the patriarchs, and from them, according to the flesh, is the Christ, who is over all, God blessed forever. Amen.

GOSPEL ACCLAMATION — ALLELUIA
CF. PSALM 130:5

*I wait for the Lord:
my soul waits for his word.*

GOSPEL

MATTHEW 14:22-33

After he had fed the people, Jesus made the disciples get into a boat and precede him to the other side, while he dismissed the crowds. After doing so, he went up on the mountain by himself to pray. When it was evening he was there alone. Meanwhile the boat, already a few miles offshore, was being tossed about by the waves, for the wind was against it. During the fourth watch of the night, he came toward them walking on the sea. When the disciples saw him walking on the sea they were terrified. "It is a ghost," they said, and they cried out in fear. At once Jesus spoke to them, "Take courage, it is I; do not be afraid." Peter said to him in reply, "Lord, if it is you, command me to come to you on the water." He said, "Come." Peter got out of the boat and began to walk on the water toward Jesus. But when he saw how strong the wind was he became frightened; and, beginning to sink, he cried out, "Lord, save me!" Immediately Jesus stretched out his hand and caught Peter, and said to him, "O you of little faith, why did you doubt?" After they got into the boat, the wind died down. Those who were in the boat

Assumption Reflection Continued from page 3

Her child is Jesus, who is snatched up to God and his throne through his resurrection and ascension. The huge dragon stands for the kingdoms and empires of the world, bent on destroying the Church and its influence. Their power is formidable, but as the heavenly court announces, the victory belongs to God.

Paul, in the First Letter to the Corinthians, teaches that Jesus' resurrection is the cause of resurrection for all who persevere in faith. Today's feast helps us realize that Mary already enjoys her share in Jesus' resurrection.

In the Gospel of Luke, Mary and Elizabeth experience the joy and the power of God's promise. Mary's prayer of praise, the Magnificat, describes God as merciful and kind to the oppressed. It is a preview of the words and actions of her Son's ministry. The same patterns of reversal that Mary describes here will also be spoken by Jesus in the Beatitudes and parables. There again, the hungry and the outcast are blessed, while the proud and rich who thought themselves blessed are rebuked.

It is Mary's great feast, her Passover. In 1950, Pope Pius XII declared (what Catholics had long believed) that God raised her body after her death. On this feast of the Assumption, we rejoice that this broken world will be made new again. The barren, the poor, the unloved, and even the dead will be raised to glory. We remember Mary's song of praise that the Lord has lifted up the lowly, and filled the hungry with good things.

PRIMERA LECTURA

1 REYES 19, 9A. 11-13A

Al llegar al monte de Dios, el Horeb, el profeta Elías entró en una cueva y permaneció allí. El Señor le dijo: "Sal de la cueva y quédate en el monte para ver al Señor, porque el Señor va a pasar".

Así lo hizo Elías y, al acercarse el Señor, vino primero un viento huracanado, que partía las montañas y resquebrajaba las rocas; pero el Señor no estaba en el viento. Se produjo después un terremoto; pero el Señor no estaba en el terremoto. Luego vino un fuego; pero el Señor no estaba en el fuego. Después del fuego se escuchó el murmullo de una brisa suave. Al oírlo, Elías se cubrió el rostro con el manto y salió a la entrada de la cueva.

SALMO RESPONSORIAL

SALMO 84, 9AB-10. 11-12. 13-14

Muéstranos, Señor, tu misericordia.

- ◆ Escucharé las palabras del Señor, palabras de paz para su pueblo santo. Está ya cerca nuestra salvación y la gloria del Señor habitará en la tierra.
- ◆ La misericordia y la verdad se encontraron, la justicia y la paz se besaron, la fidelidad brotó en la tierra y la justicia vino del cielo.
- ◆ Cuando el Señor nos muestre su bondad, nuestra tierra producirá su fruto. La justicia le abrirá camino al Señor e irá siguiendo sus pisadas.

SEGUNDA LECTURA

ROMANOS 9, 1-5

Hermanos: Les hablo con toda verdad en Cristo; no miento. Mi conciencia me atestigua, con la luz del Espíritu Santo, que tengo una infinita tristeza, y un dolor incesante tortura mi corazón.

Hasta aceptaría verme separado de Cristo, si esto fuera para bien de mis hermanos, los de mi raza y de mi sangre, los israelitas, a quienes pertenecen la adopción filial, la gloria, la alianza, la ley, el culto y las promesas. Ellos son descendientes de los patriarcas; y de su raza, según la carne, nació Cristo, el cual está por encima de todo y es Dios bendito por los siglos de los siglos. Amén.

ACLAMACIÓN ANTES DEL EVANGELIO

SALMO 129, 5

*Confío en el Señor.
Mi alma espera y confía en su palabra.*

EVANGELIO

MATEO 14, 22-33

En aquel tiempo, inmediatamente después de la multiplicación de los panes, Jesús hizo que sus discípulos subieran a la barca y se dirigieran a la otra orilla, mientras él despedía a la gente. Después de despedirla, subió al monte a solas para orar. Llegada la noche, estaba él solo allí.

Entretanto, la barca iba ya muy lejos de la costa, y las olas la sacudían, porque el viento era contrario. A la madrugada, Jesús fue hacia ellos, caminando sobre el agua. Los discípulos, al verlo andar sobre el agua, se espantaron, y decían: "¡Es un fantasma!" Y daban gritos de terror. Pero Jesús les dijo enseguida: "Tranquilícense y no teman. Soy yo".

Entonces le dijo Pedro: "Señor, si eres tú, mándame ir a ti caminando sobre el agua". Jesús le contestó: "Ven". Pedro bajó de la barca y comenzó a caminar sobre el agua hacia Jesús; pero al sentir la fuerza del viento, le entró miedo, comenzó a hundirse y gritó: "¡Sálvame, Señor!" Inmediatamente Jesús le tendió la mano, lo sostuvo y le dijo: "Hombre de poca fe, ¿por qué dudaste?"

Reflexión de lecturas de asunción

En la primera lectura del Apocalipsis, comienza una gran lucha. El poder de Dios prevalece sobre las fuerzas del mundo. Juan ve dos señales opuestas en el cielo. La mujer representa a la Iglesia, el Israel ideal. Su cercanía a Dios es evidente en los elementos celestiales asociados con ella: el sol, la luna y las estrellas. Su hijo es Jesús, que es arrebatado a Dios y su trono a través de su resurrección y ascensión. El enorme dragón representa los reinos e imperios del mundo, empeñados en destruir la Iglesia y su influencia. Su poder es formidable, pero como anuncia la corte celestial, la victoria pertenece a Dios.

Pablo, en la Primera Carta a los Corintios, enseña que la resurrección de Jesús es la causa de la resurrección para todos los que perseveran en la fe. La fiesta de hoy nos ayuda a darnos cuenta de que María ya disfruta de su participación en la resurrección de Jesús.

En el Evangelio de Lucas, María e Isabel experimentan el gozo y el poder de la promesa de Dios. La oración de alabanza de María, el Magnificat, describe a Dios como misericordioso y bondadoso con los oprimidos. Es una vista previa de las palabras y acciones del ministerio de su Hijo. Los mismos patrones de inversión que María describe aquí también serán hablados por Jesús en las Bienaventuranzas y parábolas. Una vez más, los hambrientos y los marginados son bendecidos, mientras que los orgullosos y ricos que se creían bendecidos son reprendidos.

Es la gran fiesta de María, su Pascua. En 1950, el Papa Pío XII declaró (lo que los católicos habían creído durante mucho tiempo) que Dios resucitó su cuerpo después de su muerte. En esta fiesta de la Asunción, nos regocijamos de que este mundo roto se hará nuevo de nuevo. Los estériles, los pobres, los no amados e incluso los muertos serán resucitados a la gloria. Recordamos el canto de alabanza de María de que el Señor ha levantado a los humildes y ha llenado a los hambrientos con cosas buenas.

Upcoming Youth Events / Opportunities



10 MIN with JESUS—Daily Prayer and Spiritual food for busy teens and young adults
[En Espanol](#) [In English](#)



Real + True: An Introduction to the Catechism via Flocknote video format.
cathedralsacramento.flocknote.com/



On Fire — Six Flags, Vallejo High School Youth
 Information Meeting for Parents—August 22nd, 6PM
<https://cathedralsacramento.flocknote.com/>



JOE MELENDEZ



MAGGIE CRAIG



FR. BRANDON MACADAEG



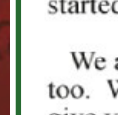
THOMAS MUGLIA



DANA CATHERINE



BENJAMIN CORTEZ



KARLA CARRILLO

ON FIRE HOUSE BAND FEATURING OCP ARTISTS

SAVE THE DATE: ALL Catechists Retreat — Saturday, August 26th at St. Joseph's in Clarksburg.



Prayer: Mass Intentions

Please pray for one another

Sunday 8/13
 19th Sunday of Ordinary Time

Anastasia Chang +;
 Alexandria Smith S.I.;
 People of the Parish S.I.;
 Sylvia Medina Morales S.I.;
 Margarita Guzman Campos +

Monday 8/14
 St. Maximilian Kolbe, Priest, Steven Miguel +
 Martyr

Tuesday 8/15
 Assumption of the Blessed Virgin Mary

Aurora Wilfredo Atienza +;
 Gina Tobalina S.I.;
 Verónica Hernández S.I.

Wednesday 8/16
 St. Stephen of Hungary

Alexandria Smith S.I.

Thursday 8/17
 Thursday of week 19 in Ordinary Time

Reggie Toran +

Friday 8/18
 Friday of week 19 in Ordinary Time

Sophia Hargrave S.I.

Formation: Kids' Corner **Esquina de niños**

Walking on Water!



In today's Gospel reading Jesus did an amazing miracle- He walked across the sea! This was a sign that He was more powerful than nature.

Peter knew that he was supposed to follow in Our Lord's footsteps, so he asked Jesus to call him to come and walk on the water too. When Jesus called him, Peter got out of the boat and started walking on the water too! But soon he noticed how windy it was and got scared. As soon as he got distracted from Jesus, he started to sink, until Jesus took him and helped him up.

We are supposed to follow in Our Lord's footsteps too. When Jesus wants you to do something, He will give you the grace you need to do it, just like He gave Peter the power to walk on the water. If you lose sight of Jesus and only think about how hard it is, you won't be able to do what God asks, just like Peter when he started to sink. If you realize that you're having a hard time doing the right thing, it's time to turn back to Jesus!



Formation: Families & Adults

Sundays, 8:00 AM Mass, OCIA Dismissal & BOW

Our OCIA Catechumens / Candidates will be dismissed at the 8AM Mass for Breaking Open the Word.

Mondays, 7:00 PM, Mercy Hall Seeking Faith and Sacraments for Adults. Our on-going Monday Night OCIA for those thinking about becoming Catholic and/or those who need to complete their Sacraments. For Info or to Register:

<https://www.cathedralsacramento.org/ocia>

Mass Preparation in Your In-Box

Sunday Mass Prep. Weekly email to help your family prepare for Sunday Mass. Each week's email prep will have reflections for children, teens and adults. All are welcome to participate.

www.cathedralsacramento.flocknote.com/sundayreadings



REAL PRESENCE,
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Vida Auténtica



Information and Registration
MINISTRYDAYS.COM
 916-733-0135 • ministrydays@scd.org



Bible Bookmark

Cut out along the dotted lines, fold and keep in Bible for reference when praying with Scripture.



Prayer: *Breaking Open the Word*
Mass Preparation for **Sunday, 20 Aug 23**

PREPARE

- > **Choose** one of the Bible texts for next Sunday's Mass, maybe start with the Gospel.
- > **Find** a quiet place to begin.
- > **Pray** to the Holy Spirit
- > **Follow** the Lectio Divina Steps

Lectio Divina Steps to Reading God's Word

- ◆ **Reading (lectio)** -listen to God's Word as it is read out loud. Ask: *"What does the Biblical text say"*.
- ◆ **Meditation (meditatio)** - reflect on the meaning of the text you heard. Ask: *"What is God saying to me in this text?"*
- ◆ **Prayer (oratio)** - speak with God in praise, thanksgiving, contrition and petition. Ask: *"What is my response to God in His Word?"*
- ◆ **Contemplation (contemplation)** -listen to God more quietly in the silence of the heart. Ask: *"How does the text make you feel in your relationship with God?"*
- ◆ **Action (action)** - put what you heard into action in your life. Ask: *"How will I change what I do today in response to hearing this text?"*

O God,

let all the nations
praise you

Prepare: 20th Week of OT

Isaiah 56:1, 6-7
Psalms 67:2-3, 5, 6, 8
Romans 11:13-15, 29-32
Matthew 15:21-28

Gospel Focus:

In the Gospel, Jesus gives us some insight into the life of prayer. Have you ever prayed and didn't feel God answered you? Then you know how the Canaanite woman in the Gospel feels. She cries out to Jesus to help her and he does not respond to her. The Disciples said, "...she keeps calling out ..." Jesus even seems to be refusing her request, but she does not give up. Sometimes God delays his answer to our prayer, to test our desire and our faith. Our challenge in our prayer is to keep knocking, keep asking until we receive a sign from God. We have a lot to learn from the woman in this Gospel passage.

With your Family

- *Recall a time when a request of yours was rejected. (Perhaps you asked to go to the movies or watch a TV show after your bedtime.) What did it feel like to have your request rejected? What was your response to this rejection?*
- *In the Gospel Jesus at first rejects the pleas of a woman who asks him to heal her daughter.*
- Read Matthew 15:21-28
- *How many times does Jesus reject the woman's request?*
- *In this story we about our prayer. The woman succeeds in her prayer because she remains confident that Jesus can and will help her. Let us ask God to strengthen our faith like the woman's.*



Registration is underway
La inscripción está en curso
2023-2024

The Cathedral of the Blessed Sacrament is forming whole families in the faith in its "A Family of Faith" series. This program of formation involves the whole family in weekly lessons following the four pillars of the Catechism of the Catholic Church:

- 1) the Creed (what we believe),
- 2) the Sacraments (what we celebrate),
- 3) the Commandments and Moral life
- 4) **the Our Father (what we pray - focus in 2023/24)**

We invite your family of faith to be a part of this growing community of believers. Complete an inquiry form at the below link and we will help you to enroll as either returning or new families. Sacramental preparation is integrated into our plan of family formation, so come start today!

Note: Those teens and parents needing multiple Sacraments can participate in our Family OCIA Program.

La Catedral del Santísimo Sacramento está formando familias enteras en la fe en su serie "Una familia de fe". Este programa de formación involucra a toda la familia en lecciones semanales siguiendo los cuatro pilares del Catecismo de la Iglesia Católica:

- 1) el Credo (lo que creemos),
- 2) los Sacramentos (lo que celebramos),
- 3) los Mandamientos y la vida Moral (lo que vivimos),
- 4) **el Padre Nuestro (tema en 2023/24)**

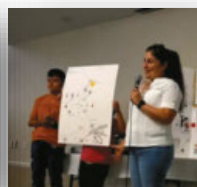
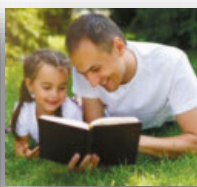
Invitamos a su familia de fe a ser parte de esta creciente comunidad de creyentes. Complete un formulario de consulta en el siguiente enlace y lo ayudaremos a inscribirse como familias que regresan o nuevas. La preparación sacramental está integrada en nuestro plan de formación familiar, ¡así que comience hoy!

Nota: Aquellos adolescentes y padres que necesitan múltiples Sacramentos pueden participar en nuestro Programa Familiar OICA.

Register for Family Faith Formation
Regístrese para la formación en la fe familiar

<https://is.gd/familyformation2024>

OR



Sacramento Chinese Catholic Community

Page 8 | Sunday, August 13, 2023 | 19th Sunday of Ordinary Time

RECONCILIATION: 1st Sunday of the month before mass. Please contact John Wong or Fr. Chiu in advance.

Tel: 916-583-8306

Email: sccc.contact@gmail.com

Facebook: @sacchinesecatholic

Instagram: <https://is.gd/SCCCinstagram>

Website: www.sacchinesecatholic.org/



Chinese Portal:
Announcements/



Fr. Abraham Chiu
趙必成神父



A Glimpse of Spirituality 靈修一瞥84 (Matt 瑪25:31-46)

Where is Jesus' throne? On the cross! The citizens of God's kingdom need to obey one major law: "you love one another; even as I have loved you, that you also love one another." (John 13:34) Jesus' love is merciful, forgiving, and unconditional as he revealed in his passion and death. Whenever we love each other, we are building up the kingdom of God on earth and at the same time, we dwell in the joy of heavenly kingdom. How do we build this kingdom on earth?

This God's kingdom, surely, is sometimes hidden because the merciful God is among the suffering millions in order to be with them. We should seek God hiding behind the faces of suffering people, not in the palace or five-star hotel as Jesus was born in a manger, not a gold-plated bed. Thus, the suffering Jesus invites us to embrace a suffering humanity.

We cannot embrace hurting people unless the love of God lives in us. This love is then amplified when Christians begin to feel that the suffering ones are my brothers and sisters, not Mr. or Ms. ABC. The love of God living inside of us begins to reach out to all kinds of people precisely because the same God who lives in me is living in them. In God, we are a family, a circle of brotherhood and sisterhood. In them, we love God and simultaneously, in God, we love them.

Jesus reminds us to get ready to answer "yes" to his six questions based on our acts of charity: "I was hungry, thirsty, homeless, naked, sick, and imprisoned; did you help me?" We are actually taking care of Jesus who lives behind the faces of them. Those who are merciful to the needy; are the blessed ones of God the Father as Jesus said, "Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world." The passive verb "blessed" (eulogēmenoi) here refers to being appointed to eternal salvation by the father. In short, doing good to the least will be admitted to God's kingdom because they do it all to the suffering Jesus.

A holy person does not only focus on eating fish instead of meat; rather, all the sacraments and prayers in the church are meant to make us truly merciful toward the needy, i.e. the suffering Jesus.

耶穌寶座在哪兒？十字架上！

天國公民需要遵守一項主要法律：“你們該彼此相愛；如同我愛了你們，你們也該照樣彼此相愛。”（若13:34）耶穌的愛是無條件的慈悲和寬恕，正如他在受難和死亡中所揭示的。每當基督徒彼此相愛，就在地上建立天國，同時也活在天國喜樂中。

如何在地上建立天國？

天國，有時是隱藏的，因為慈悲天主活在受苦的人當中，好能與他們同在。因此，尋找耶穌，不但在宮殿或五星級酒店，更在苦者生命，因為耶穌降生馬槽，非龍床。受苦耶穌邀請信徒擁抱受苦的人。

除非天主的愛活在基督徒裡面，否則他們無能擁抱受傷的人。當基督徒開始感覺受苦的人正是自己兄弟姐妹，而不是路人甲乙丙丁時，天主的愛就在他們當中，是天國。通過基督徒的愛德，在他們心中的天主慈悲大愛，才有機會接觸苦者，正是因為住在基督徒裡面的天主，也同時住在苦者生命。在天主內，彼此一家人，一個兄弟姐妹情誼的圓圈，當中無非彼此；結果，在苦者，我們愛天主，同時，在天主，我們愛苦者。

耶穌提醒教會，要準備好根據慈悲大愛來回答他的六大問題：“我餓了、渴了、作客、赤身露體、患病以及囚在監裡，你們幫過我嗎？”實際上，當照顧苦者時，正在照顧生活在他們裡面的耶穌。

憐憫有需要的人，是蒙天父祝福的，如耶穌說：“我父所祝福的，你們來吧！承受自創世以來，給你們預備了的國度吧！”被動動詞“祝福”（eulogēmenoi）指的是被天父所賜的永恆救恩。簡言之，對最小的兄弟姐妹行善，將被接入天國，因為所作一切，是為受苦的耶穌。

聖人，不光是專注吃素不吃肉，而是慈悲；其實，教會所有聖事和祈禱，都是為了讓基督徒真正慈悲對待苦者，即受苦的耶穌。

ANOINTING OF THE SICK

Make an appointment by calling the parish office.

BAPTISM for INFANTS PREPARATION

Classes located in the Cathedral.

English: 1st Thursday of the month at 7pm.

Spanish: 2nd Thursday of the month at 7pm.

BAPTISM

Contact Deacon Omar Bardales at the Parish Office

baptism@cbssac.org or 916-444-3071 Ext. 28

Baptisms are scheduled in English at 9 AM on the first and third Saturday of each month; and in Spanish at 9 AM on the second and fourth Saturday of each month.

CONFESSION/RECONCILIATION

Monday—Friday: 11:30 am to 12:00 pm

Saturday: 4:00 to 5:00 pm

CONFIRMATION

The Cathedral offers programs of formation for the Sacrament of Confirmation to youth (7th grade and older) and Adults. Go to:

www.cathedralsacramento.org/faithformation

HOLY EUCHARIST

Following at least two years of faith formation, and signs of readiness, Children and Teens prepare for the Sacrament of the Holy Eucharist through a series of workshops for immediate preparation for the Sacrament. Adults prepare for the Sacrament through the OCIA. Contact Sister Lisa Marie for details at slmdoty@cbssac.org.

HOLY ORDERS

Priests and deacons are ordained to perform ministerial roles in the community. To learn more about the priesthood and /or deaconate, contact Fr. Mémo Hernandez at 916-733-0258.

MARRIAGE PREPARATION

The Diocese requires all engaged couples to prepare for their union with a marriage preparation program no less than two months before the date of their wedding. Contact Deacon Omar & Janet Bardales at matrimonyprep@att.net or 916-427-9160.

MATRIMONY

Contact Titi Kila at tkila@cathedralsacramento.org.



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CATECHIST PREPARATION

Desire to help us pass on the faith to adults and children? To learn more and to complete your application go to: <https://is.gd/cathechistapplication>.

FAMILY AND ADULT FAITH FORMATION

English and Spanish

The Cathedral offers weekly encounters for families to grow in faith together. Go to:

www.cathedralsacramento.org/faithformation

ORDER OF CHRISTIAN INITIATION FOR ADULTS/CHILDREN (OCIA) Adults:

Go to: www.cathedralsacramento.org/ocia

*Exploring
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Catholic Viewpoint
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Parish Information

Page 10 | Sunday, August 13, 2023 | 19th Sunday of Ordinary Time

SACRED LITURGY

Altar Servers

Michael Ognisty, mfognisty@msn.com

Cathedral Choir

Rex Rallanka, Director of Liturgy & Music, rrallanka@cathedralsacramento.org

Cathedral Children's Choir

Gayle Winney, Children's Choir Director, gwinney@cbssac.org

Spanish Choir (12:00 pm)

Spanish Choir (6:00 pm)

Jerry Vanoye

Ricardo Zavala

Extraordinary Ministers of Holy Communion

Amy McCormick, ammccormick@att.net

Lectors

Maggie Jones, lector@cathedralsac.org

Sacristan Ministry

Michael Ognisty, mfognisty@msn.com

Ushers

Tom Waddock, tomwaddock@yahoo.com or 916-444-3071, x 20

Welcoming Ministry

Andrea Martin-Borges, andreamartin-borges@hotmail.com

PRAYER

Adoration

Titi Kila, cbsadoration@gmail.com

Evening Rosary Group

Marlene Mejia, 916-628-6775 or Christina Callazo-Kelly,

praytherosarywithus@yahoo.com

Friday Morning Rosary Group

John Fairbanks, john@capitolmr.com

Prayer Chain

Regina Fagan, prayer.chain.sacramento@gmail.com

FAITH FORMATION AND CATECHESIS

Catechists for Family and Adult Faith Formation

Sr. Lisa Marie Doty, FDCC, slmdoty@cbssac.org

Catechists for Faith Formation Spanish

Edith Gonzalez, edi_d2@yahoo.com

Family and Adult Faith Formation

Deyanira Galvez, Galvez.dgv@gmail.com

Order of Christian Initiation for Adults (OCIA) Support Ministry

Sr. Lisa Marie Doty, FDCC, slmdoty@cbssac.org

Catechesis of the Good Shepherd

For ages 3+ David Vincent, admin@youngsheep.org; www.youngsheep.org

SOCIAL and COMMUNITY SERVICE

Brown Bag Lunch Ministry

Marilynn Fairgood, Marilyn_Fairgood@att.net

Cathedral Docents Tour Ministry

Jill Pease, peasejill@gmail.com

Festival of Trees

Please contact Fr. O'Reilly at 916-444-3071

Front Door Ministry

Deacon Edgar Hilbert, hilbertdoheva@aol.com

Gift Shop Volunteers

Susan Moeller, susandurand@gmail.com

Hospitality

Celeste Gisla, jfgisla@att.net

Office Ministry

Victoria Ramos, vramos@cathedralsacramento.org

Outreach Ministry to the Homebound

Deacon Omar Bardales, omarcpa@att.net

Media Ministry

Titi Kila, communication@cathedralsac.org

Respect Life Ministry

Liliana Balderrama, michoacan8888@gmail.com

Volunteer Corps

Tom Waddock, tomwaddock@yahoo.com or 916-444-3071, x 20

COMMUNITY GROUPS

Benedictus Youth Group

Titi Kila, benedictusy@gmail.com; Sister Lisa Marie Doty, FDCC,

slmdoty@cbssac.org

Cathedral A.C.T.S.

Diane Gonzales-Salais, dmgsalais@yahoo.com

Cathedral Filipino-American Group of Sacramento

Reynaldo (Rey) Rallanka, rallanka@att.net

Cathedral Young Adults

Victoria Ramos, cathedralya@gmail.com

Chinese Community

John Wong, jwong@live.it

Knights of Columbus

Gabriel Gutierrez, gutierrezgabriel@yahoo.com

Spanish Parents Group Leaders

Leticia Hilbert, leticia_hilbert@hotmail.com

PASTORAL AND ADMINISTRATIVE STAFF

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Fr. Abraham Chiu, *Chinese Mass*

Fr. Mémo Hernandez, *In Residence*

Fr. Michael Kiernan, *In Residence*

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