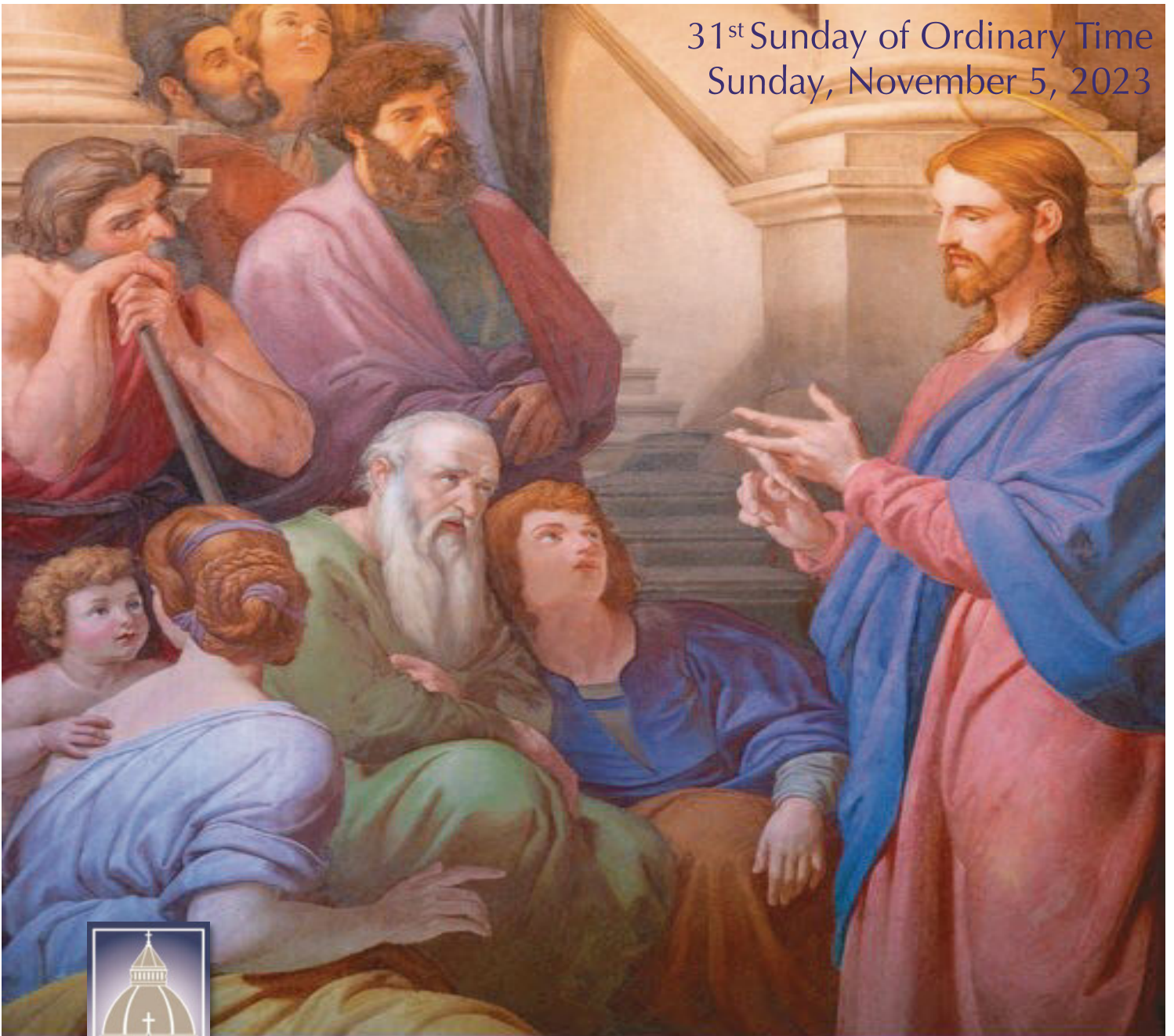


31<sup>st</sup> Sunday of Ordinary Time  
Sunday, November 5, 2023



1017 11th Street - Sacramento, CA 95814 | 916-444-3071

# CATHEDRAL OF THE BLESSED SACRAMENT

*Stewards of God's Gifts*

## MASS SCHEDULE

\* Livestream available on Sundays & Holy Days of Obligation

### Sunday | Domingo

English 8:00 am  
English 10:00 am\*  
Español 12:00 pm\*  
Chinese 2:00 pm\*  
English 4:00 pm  
Español 6:00 pm

Cathedral Hours: Monday - Friday 10-4  
Office Hours: Monday-Friday 9-12 & 1-4

Monday - Friday

Lunes - Viernes  
12:10 pm

Saturday | Sábado  
NO VIGIL MASS

## ADORATION

Wednesday & Thursday  
1:00 pm to 4:00 pm

## RECONCILIATION

Monday - Friday | Lunes - Viernes  
11:30 am to 12:00 pm

Saturday | Sábado  
4:00 pm to 5:00 pm

Connect with us!



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# Eucharistic Revival: Stewardship/Mayordomía

Page 2 | Sunday, November 5, 2023 | 31<sup>st</sup> Sunday in Ordinary Time

Stewardship Pillars



Pilares de Mayordomía



Hospitality/  
Hospitalidad



Prayer/  
Oración



Formation/  
Formación



Service/  
Servicio

## Stewardship Reflection

There is no question that Jesus had a way with words. The Word of the Lord is filled with what we are very familiar with in our society — soundbites if you will, which convey so much meaning. The last verses of today's Gospel from St. Matthew contain one of those short statements which carry so much more meaning. Jesus says, "The greatest among you must be your servant. Whoever exalts himself will be humbled; but whoever humbles himself will be exalted."

In those two sentences are found the key to a stewardship way of life, which revolve around service and humility. There is no question that these are powerful words. They reveal to us all that we need to understand to be a true disciple of Christ. In his letter to the Philippians St. Paul wrote, "Though He was in the form of God, He did not count equality with God a thing to be grasped, but emptied himself, by taking the form of a servant, being born in the likeness of men. And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross." (Phil. 2:5-8).

True humility will be ultimately exalted by God. Our society teaches us to strive to reach the top, but Jesus is reminding us that we need to regard others as more important than we are. We have two choices in life perhaps, to be self-exalters, or to be God-exalted. Is there any doubt as to what we as Christians should pursue?

SAVE THE DATE: Festival of Trees



Festival of Trees  
December 2 - 3, 2023  
A BENEFIT TO HELP  
THE CATHEDRAL SQUARE  
HOMELESS PROGRAM

## Reflexión sobre la mayordomía

No hay duda de que Jesús tenía facilidad con las palabras. La Palabra del Señor está llena de lo que estamos muy familiarizados en nuestra sociedad: fragmentos de sonido, por así decirlo, que transmiten mucho significado. Los últimos versículos del Evangelio de hoy de San Mateo contienen una de esas breves afirmaciones que tienen mucho más significado. Jesús dice: "El mayor de vosotros debe ser vuestro siervo. El que se enaltece será humillado; pero el que se humille será enaltecido".

En esas dos frases se encuentra la clave de una forma de vida de mayordomía, que gira en torno al servicio y la humildad. No hay duda de que estas son palabras poderosas. Nos revelan todo lo que necesitamos entender para ser un verdadero discípulo de Cristo. En su carta a los Filipenses, San Pablo escribió: "Aunque tenía la forma de Dios, no estimó el ser igual a Dios como cosa a la que aferrarse, sino que se despojó a sí mismo, tomando forma de siervo, naciendo a semejanza de los hombres. Y hallándose en forma humana, se humilló a sí mismo, haciéndose obediente hasta la muerte, y muerte de cruz." (Filipenses 2:5-8).

La verdadera humildad será finalmente exaltada por Dios. Nuestra sociedad nos enseña a esforzarnos por llegar a la cima, pero Jesús nos recuerda que debemos considerar a los demás como más importantes que nosotros. Tal vez tengamos dos opciones en la vida, ser autoexaltados o ser exaltados por Dios. ¿Hay alguna duda en cuanto a lo que nosotros, como cristianos, debemos perseguir?

TEXT YOUR CATHEDRAL DONATION/  
ENVÍA UN MENSAJE DE TEXTO CON  
TU DONACIÓN A LA CATEDRAL

Regístrate para este servicio/  
Register for this service at:

[www.is.gd/text2give](http://www.is.gd/text2give)

Thank You!  
Gracias!



Crafts, Food, Live Music and Entertainment, Gift Baskets and  
Raffle Tickets: \$5 ea. or \$20 for five (5)  
Cash Prizes: \$500, \$250, \$150, \$100  
VOLUNTEERS NEEDED!

If you would like to volunteer, please contact Susan Moeller  
510-734-4158 or [susandurand@ymail.com](mailto:susandurand@ymail.com)

## Cathedral of the Blessed Sacrament Gift Shop

We are open on Sundays after mass. For an  
appointment, please contact Susan Moeller:  
510-734-4158.



**Photography Policy:** It is NOT permitted to take photographs or videos for personal or commercial use inside the Cathedral or on the front steps. Flash photography, the use of telescopic "selfie sticks", tripods, stands, drones, and professional equipment are strictly forbidden. For event use, please contact Cathedral staff at 916-444-3071.



## Prayer Devotions / Devociones de Oración



### THE HOLY ROSARY / EL SANTO ROSARIO

- **Fridays, 7:45 AM** Capitol Park  
For the prayer, song and fellowship.  
**Viernes, 7:45 AM** Parque del Capitolio  
Para la oración, el canto y el  
compañerismo.
- **1st & 3rd Wednesdays, 6:00 PM**  
St Toribio Classroom, lower level.  
Contact [praytherosarywithus@yahoo.com](mailto:praytherosarywithus@yahoo.com)  
**1er y 3er miércoles, 6:00 PM**  
Aula St Toribio, nivel inferior.



### ADORATION / ADORACIÓN

- **Wednesdays and Thursdays, 1PM—4PM**  
In the Blessed Sacrament Chapel.  
**Miércoles y jueves, 1PM—4PM**  
En la Capilla del Santísimo Sacramento



### Friday November 11, 2023

#### Veterans Day Schedule:

Confessions: 11:30 am  
Mass: 12:10 pm

Cathedral Open:  
11:30 am to 12:45 pm  
Offices Closed



### Viernes 11 de noviembre de 2023 Horario del Día de los Veteranos:

Confesiones: 11:30 am  
Misa: 12:10 pm

Catedral Abierta:  
11:30 hasta 12:45 pm  
Oficinas cerradas



**Sept 27 - Nov 5, 2023**

[www.40daysforlife.com/en/sacramento](http://www.40daysforlife.com/en/sacramento)

Questions? Contact: Robert Montes 916-733-0251

Website: <https://www.scd.org/respectlife> Email: [rmontes@scd.org](mailto:rmontes@scd.org)



### Help Cathedral FFF update Classroom Supplies

Faith Formation is updating its classroom supplies! Please go to our Amazon Wishlist, choose an item, and 1) buy online or 2) take list and shop locally. Anything you can do is greatly appreciated!  
Wish List Link: <https://is.gd/wishlistfff>



## Formation / Formación

### KEEPING THE FLAME ALIVE

with Fr. O'Reilly

#### Wednesdays, 7:00 PM via Zoom

Reading and reflecting on the Sacred Scriptures.  
Contact Donna: [flamealive22@gmail.com](mailto:flamealive22@gmail.com) for info  
and/or to be added to the Flocknote notification.

#### Miércoles, 7:00 PM vía Zoom

#### Manteniendo viva la llama con Padre O'Reilly

Leer y reflexionar sobre las Sagradas Escrituras.  
Póngase en contacto con Donna:  
[flamealive22@gmail.com](mailto:flamealive22@gmail.com) para obtene información  
y/o para agregarse a la notificación de Flocknote.

#### Cathedral Tours: Sundays following Masses: 8AM & 10AM (English) and after 12 noon Mass (Spanish)

Docents give tours of the Cathedral interior, explaining  
the rich meaning of the Christian symbols and art.

#### Visitas a la Catedral: Domingos siguientes Misas: 8AM y 10AM (inglés) y después de las 12 del mediodía Misa (español)

Los docentes dan recorridos por el interior de la  
Catedral, explicando el rico significado de los símbolos  
y el arte cristianos.

Cathedral of the Blessed Sacrament



**Retiro ACTS para hombres del  
9 al 12 de noviembre de 2023**

*This is a Spanish Speaking Retreat*

La misión del retiro de fin de semana ACTS de la  
Catedral es profundizar su relación con Jesucristo,  
renovarse espiritualmente, dar un nuevo significado a  
la vida de oración y la liturgia dominical, y construir  
amistades duraderas con los miembros de su  
comunidad.

Para obtener más información, póngase en contacto  
con:

Director de Retiros Raúl Ramírez al 916-384-8572 o  
por correo electrónico [86ramirezr@gmail.com](mailto:86ramirezr@gmail.com).

## Christmas Gift Baskets are Here

The Festival of Trees is beginning its early sales of assorted  
Christmas Gift Baskets in the lower level vestibule.

Various sizes and prices. There's something for everyone and  
you can do something to help support the needs of the poor  
around the Cathedral. You can contact Susan Moeller for an  
appointment to donate and or purchase: 510-734-4158.



# Formation: Liturgy of the Word

Page 4 | Sunday, November 5, 2023 | 31<sup>st</sup> Sunday in Ordinary Time

## READING 1

MAL 1:14B-2:2B, 8-10

A great King am I, says the LORD of hosts, and my name will be feared among the nations. And now, O priests, this commandment is for you: If you do not listen, if you do not lay it to heart, to give glory to my name, says the LORD of hosts, I will send a curse upon you and of your blessing I will make a curse. You have turned aside from the way, and have caused many to falter by your instruction; you have made void the covenant of Levi, says the LORD of hosts. I, therefore, have made you contemptible and base before all the people, since you do not keep my ways, but show partiality in your decisions. Have we not all the one father? Has not the one God created us? Why then do we break faith with one another, violating the covenant of our fathers?

## RESPONSORIAL PSALM

PSALM 131:1, 2, 3

*In you, Lord. I have found my peace*

- ◆ O LORD, my heart is not proud, nor are my eyes haughty; I busy not myself with great things, nor with things too sublime for me.
- ◆ Nay rather, I have stilled and quieted my soul like a weaned child. Like a weaned child on its mother's lap, so is my soul within me.
- ◆ O Israel, hope in the LORD, both now and forever.

## READING 2

1 THES 2:7B-9, 13

Brothers and sisters:

We were gentle among you, as a nursing mother cares for her children. With such affection for you, we were determined to share with you not only the gospel of God, but our very selves as well, so dearly beloved had you become to us. You recall, brothers and sisters, our toil and drudgery. Working night and day in order not to burden any of you, we proclaimed to you the gospel of God.

And for this reason we too give thanks to God unceasingly, that, in receiving the word of God from hearing us, you received not a human word

but, as it truly is, the word of God, which is now at work in you who believe.

## GOSPEL ACCLAMATION — ALLELUIA

MT 23:9B, 10B

*You have but one Father in heaven  
and one master, the Christ.*

## GOSPEL

MATTHEW 23:1-12

Jesus spoke to the crowds and to his disciples, saying, "The scribes and the Pharisees have taken their seat on the chair of Moses. Therefore, do and observe all things whatsoever they tell you, but do not follow their example. For they preach but they do not practice. They tie up heavy burdens hard to carry and lay them on people's shoulders, but they will not lift a finger to move them. All their works are performed to be seen. They widen their phylacteries and lengthen their tassels. They love places of honor at banquets, seats of honor in synagogues, greetings in marketplaces, and the salutation 'Rabbi.' As for you, do not be called 'Rabbi.' You have but one teacher, and you are all brothers. Call no one on earth your father; you have but one Father in heaven. Do not be called 'Master'; you have but one master, the Christ. The greatest among you must be your servant. Whoever exalts himself will be humbled; but whoever humbles himself will be exalted."

See the reflection on page 2 of Bulletin.

Steps for Personal Reflection / Prayer of Lectio Divina:

- ◆ **Choose one of the passages above.** Read through it prayerfully.
- ◆ **What is this passage saying to me personally?** Re-read it and be attentive to what words/phrases stand out.
- ◆ **Meditate on the word/phrase you chose.** How is God speaking to you through this word or phrase? Is there an invitation? Is there a call? Does a memory surface? What image comes to mind? What feelings are evoked? Take your time and allow God to speak to you in the depths of your soul. Notice that God is speaking to you personally about your life right now.
- ◆ **Respond to God** who has been speaking to you. What is your response? What is your prayer? Allow your words to come from a place deep within where the Spirit dwells.
- ◆ **Still yourself** and rest in the Lord. Words are never sufficient to express all that stirs within. Simply be present to God in the silence. Thank the Lord for the gift of prayer.

## PRIMERA LECTURA

MAL 1, 14-2, 2. 8-10

"Yo soy el rey soberano, dice el Señor de los ejércitos; mi nombre es temible entre las naciones. Ahora les voy a dar a ustedes, sacerdotes, estas advertencias: Si no me escuchan y si no se proponen de corazón dar gloria a mi nombre, yo mandaré contra ustedes la maldición".

Esto dice el Señor de los ejércitos: *"Ustedes se han apartado del camino, han hecho tropezar a muchos en la ley; han anulado la alianza que hice con la tribu sacerdotal de Leví. Por eso yo los hago despreciables y viles ante todo el pueblo, pues no han seguido mi camino y han aplicado la ley con parcialidad"*. ¿Acaso no tenemos todos un mismo Padre? ¿No nos ha creado un mismo Dios? ¿Por qué, pues, nos traicionamos entre hermanos, profanando así la alianza de nuestros padres?

## SALMO RESPONSORIAL

SALMO 130, 1.2.3

*Señor. consérvame en tu paz.*

- ◆ Señor, mi corazón no es ambicioso, ni mis ojos soberbios; grandezas que superen mis alcances no pretendo.
- ◆ Estoy, Señor, por lo contrario, tranquilo y en silencio, como niño recién amamantado en los brazos maternos.
- ◆ Que igual en el Señor esperen los hijos de Israel, ahora y siempre.

## SEGUNDA LECTURA

1 TES 2, 7-9. 13

Hermanos:

Cuando estuvimos entre ustedes, los tratamos con la misma ternura con la que una madre estrecha en su regazo a sus pequeños. Tan grande es nuestro afecto por ustedes, que hubiéramos querido entregarles, no solamente el Evangelio de Dios, sino también nuestra propia vida, porque han llegado a sernos sumamente queridos. Sin duda, hermanos, ustedes se acuerdan de nuestros esfuerzos y fatigas, pues, trabajando de día y de noche, a fin de no ser una carga para nadie, les hemos predicado el Evangelio de Dios.

Ahora damos gracias a Dios continuamente, porque al recibir ustedes la palabra que les hemos predicado, la aceptaron, no como palabra humana, sino como lo que realmente es: palabra de Dios, que sigue actuando en ustedes, los creyentes.

## ACLAMACIÓN ANTES DEL EVANGELIO

CFR MT 23, 9. 10

*Su Maestro es uno solo. Cristo. y su Padre es uno solo. el del cielo. dice el Señor.*

## EVANGELIO

MT 23, 1-12

En aquel tiempo, Jesús dijo a las multitudes y a sus discípulos: "En la cátedra de Moisés se han sentado los escribas y fariseos. Hagan, pues, todo lo que les digan, pero no imiten sus obras, porque dicen una cosa y hacen otra. Hacen fardos muy pesados y difíciles de llevar y los echan sobre las espaldas de los hombres, pero ellos ni con el dedo los quieren mover. Todo lo hacen para que los vea la gente. Ensanchan las filacterias y las franjas del manto; les agrada ocupar los primeros lugares en los banquetes y los asientos de honor en las sinagogas; les gusta que los saluden en las plazas y que la gente los llame 'maestros'. Ustedes, en cambio, no dejen que los llamen 'maestros', porque no tienen más que un Maestro y todos ustedes son hermanos. A ningún hombre sobre la tierra lo llamen 'padre', porque el Padre de ustedes es sólo el Padre celestial. No se dejen llamar 'guías', porque el 'guía' de ustedes es solamente Cristo. Que el mayor de entre ustedes sea su servidor, porque el que se enaltece será humillado y el que se humilla será enaltecido".

Ver la reflexión en la página 2 del Boletín.

Pasos para la Reflexión Personal/Lectio Divina:

- ◆ **Medita sobre la palabra/frase que elegiste.** ¿Cómo te está hablando Dios a través de esta palabra o frase? ¿Hay alguna invitación? ¿Hay una llamada? ¿Surge un recuerdo? ¿Qué imagen te viene a la mente? ¿Qué sentimientos se evocan? Tómate tu tiempo y permite que Dios te hable en lo más profundo de tu alma. Note que Dios le está hablando personalmente acerca de su vida ahora mismo.
- ◆ **Responde a Dios que te ha estado hablando.** ¿Cuál es tu respuesta? ¿Cuál es tu oración? Permite que tus palabras provengan de un lugar profundo en donde habita el Espíritu.
- ◆ **Tranquilízate y descansa en el Señor.** Las palabras nunca son suficientes para expresar todo lo que se agita en nuestro interior. Simplemente esté presente ante Dios en el silencio. Gracias al Señor por el don de la oración.

## Catechist and Family Formation Catequista y Formación Familiar

### Weekly Faith Formation Calendar

<b>SAT 04 NOV</b>	10:00 AM—Family Faith Formation
<b>SUN 05 NOV</b>	10:00 AM—Formacion de Fe Familiar 11:45 AM—OCIA Families—Year 2 12:30 PM—Chinese Faith Formation 3:30 PM—Confirmation 2—Chinese
<b>MON 06 NOV</b>	6:30 PM—Vespers, Mercy Hall 7:00 PM—OCIA Adults, Mercy Hall
<b>TUE 07 NOV</b>	6:00 PM— Family Faith Formation
<b>SAT 11 NOV</b>	10:00 AM—Family Faith Formation
<b>SUN 12 NOV</b>	10:00 AM—Formacion de Fe Familiar 11:45 AM—OCIA Families—Year 1 12:30 PM—Chinese Faith Formation 3:30 PM—Confirmation 2—Chinese

## SERVICE: Thanksgiving Baskets

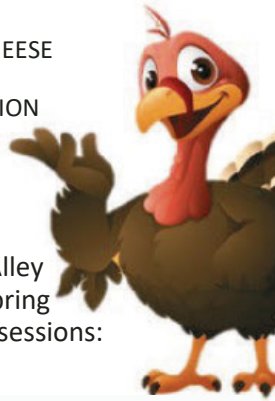
Share your God-given bounty with those families

### in need! Donations Needed:

- TURKEY or HAM
- SACK OF POTATOES
- SACK OF APPLES
- VEGETABLES
- PIES
- MACARONI AND CHEESE
- EGGS
- MONETARY DONATION
- PUMPKIN
- MILK

**Drop Off: FRIDAY, NOVEMBER 18**  
**9:00 AM—8:00 PM**

Drop off Turkeys / Groceries at the Jazz Alley entrance. **Faith Formation Families** can bring their donations to your Faith Formation sessions: SAT 11/11, SUN 11/12, and TUE 11/14.



## PRAYER: Mass Intentions

<b>Sunday 11/5</b> 31 <sup>st</sup> Sunday of Ordinary Time	All Souls +
<b>Monday 11/6</b> Monday of week 31 in Ordinary Time	All Souls +
<b>Tuesday 11/7</b> Tuesday of week 31 in Ordinary Time	All Souls +
<b>Wednesday 11/8</b> Wednesday of week 31 in Ordinary Time	All Souls +
<b>Thursday 11/9</b> Dedication of the Lateran Basilica	All Souls +
<b>Friday 11/10</b> St. Leo, the Great, Pope and Doctor	All Souls +

## Formation Kids: Kids' Corner Esquina de niños

### Should We Let Others See What We Do for God?

In today's Gospel reading, Jesus warns the people about some of their leaders. They wore special clothes and made sure that people saw them giving to the poor. They also got the best seats at gatherings. These men were only concerned about outward things and not about being holy and loving in their hearts.

Our Lord wants us to be holy on the inside- to love Him and to love everybody else with our hearts. But we don't always have to show it on the outside. Sometimes we pray together or help people when others can see us, but we should often pray and do good in ways that people won't see, too.



Still, there are some people who do wear special clothes and should get places of honour. Priests and religious sisters and brothers wear clothes that help us to know that they have special jobs. They aren't trying to get attention, but it is a sign that they have given themselves to God. We treat them with extra respect because they have dedicated their lives to God.



### More Formation: Families & Adults

**Sundays, 8:00 AM Mass, OCIA Adult Dismissal & BOW**

*Our OCIA Catechumens / Candidates will be dismissed at the 8AM Mass for Breaking Open the Word.*

**Mondays, 7:00 PM, Mercy Hall — OCIA Adult Formation**

*Seeking Faith and Sacraments for Adults.* Our on-going Monday Night OCIA for adults thinking about becoming Catholic and/or those who need to complete their Sacraments. For Info or to Register, contact

[rcia@cathedralsacramento.org](mailto:rcia@cathedralsacramento.org)

### Mass Preparation

**(NEW! Includes Mass Transit Downloads)**

*Sunday Mass Prep.* Weekly email to help your family prepare

## Prayer: Breaking Open the Word Mass Preparation for Sunday, NOV 12th

### Preparar: Semana 32 de

#### Tiempo Ordinario:

Mal 1:14b-2:2b, 8-10  
Salmo 131:1, 2, 3  
1 Tes 2:7b-9, 13  
Mt 23:1-12

### Enfoque del evangelio:

A medida que nos acercamos al final del Año Litúrgico, comenzamos a escuchar muchas imágenes sobre estar listos cuando Cristo regrese. En el Evangelio, Jesús cuenta otra parábola, esta vez sobre diez vírgenes, cinco prudentes y cinco insensatas, que esperan con sus lámparas encendidas a que llegue el novio para la fiesta. En pocas palabras, las cinco vírgenes prudentes fueron aquellas que estaban preparadas y, por lo tanto, listas para cuando llegara el novio, mientras que las insensatas fueron tomadas desprevenidas. Para nosotros es un desafío preguntarnos: “¿Estoy listo para cuando Jesús regrese? ¿O seremos como las vírgenes insensatas y nos perderemos la fiesta (el Banquete Eterno)?

### Con tu familia

- ◆ Lea Mateo 25:1-13.
- ◆ Haga que los niños imaginen que ellos son los que esperan al Novio (Jesús).
- ◆ Dígalos que el aceite de sus lámparas representa su oración.
- ◆ ¿Cuánto aceite / oración tienen en sus lámparas?
- ◆ Pregúntales: “¿Qué impide que sus lámparas (alma) estén llenas de aceite (oración)?
- ◆ ¿Qué pueden hacer para mantener sus lámparas llenas?
- ◆ Reza el Salmo 63.

### Prepare: 32nd Week of Ordinary Time

Wis 6:12-16  
Ps 63:2, 3-4, 5-6, 7-8  
1 Thes 4:13-18  
Mt 25:1-13

### Gospel Focus:

As we move toward the end of the Liturgical Year, we start to hear a lot of imagery about being ready when Christ comes again. In the Gospel, Jesus tells another parable, this time about ten virgins—five wise, and five foolish—who are waiting with their lamps lit for the bridegroom to arrive for the feast. In a nutshell, the five wise virgins were those who were prepared and thus, ready for whenever the bridegroom arrived, whereas the foolish were caught unprepared. For us, it is a challenge to ask ourselves, “Am I ready for when Jesus comes back? Or, will we be like the foolish virgins and miss the party (the Eternal Banquet)?

### With your Family

- ◆ Read Matthew 25:1-13.
- ◆ Have the children imagine they were the ones waiting for the Bridegroom (Jesus).
- ◆ Tell them that the oil in their lamps represents their prayer.
- ◆ How much oil / prayer do they have in their lamps?
- ◆ Ask them, “What gets in the way of their lamps (soul) being full of oil (prayer)?
- ◆ What can they do to keep their lamps full?
- ◆ Pray Psalm 63.

### November—Week 1

Every month, our families of faith are introduced to a Catholic practice that can be integrated at home.

Cada mes, a nuestras familias de fe se les presenta una práctica católica que se puede integrar en el hogar.



## YOUR Catholic Home Tu Hogar Católico

### The Jesus Prayer (Parent’s guide page 58).

There are times when we can get lost in the words of a long and complicated prayer. When this happens, simplicity can be the most direct way we can open our hearts to God. Merely saying the name of Jesus in a loving way is a prayer. An ancient prayer going back to the sixth century, and now known as the Jesus Prayer, is a single short sentence that captures this simplicity and is everything we need to say in a prayer. The words are: **“Jesus, Son of God, have mercy on me, a sinner.”** We can say this short sentence at any time and in any place. We can say it when we are facing struggle and temptation, and are looking for God’s guidance in our lives. When repeated often, we can lovingly hold Jesus’ name in our hearts.

### La Oración de Jesús (Guía para padres: Página 58)

Hay momentos en los que podemos perdernos en las palabras de una oración larga y complicada. Cuando esto sucede, la simplicidad puede ser la forma más directa en que podemos abrir nuestros corazones a Dios. Simplemente decir el nombre de Jesús de una manera amorosa es una oración. Una oración antigua que se remonta al siglo VI, y ahora conocida como La oración de Jesús, es una oración corta que captura esta simplicidad y es todo lo que necesitamos decir en una oración. Las palabras son: **“Jesús, Hijo de Dios, ten piedad de mí, pecador”**. Podemos decir esta breve oración en cualquier momento y en cualquier lugar. Podemos decirlo cuando enfrentamos lucha y tentación, y buscamos la guía de Dios en nuestras vidas. Cuando se repite con frecuencia, podemos mantener amorosamente el nombre de Jesús en nuestros corazones.

Help Faith Formation update its classroom technology. Order an Advent Wreath Kit; A great way for your family to prepare for Christmas!



\$20.00 / Kit (Kits arrive 11/26)

#### Advent Wreath Kit Includes:

- \*Advent Candles
- \*Advent Wreath Candle Holder
- \*Daily Advent Prayers
- \*Advent Calendar
- \*Decorative Ribbons



### Upcoming Youth & Young Adults Events / Opportunities



#### CATECHETICAL FOUNDATIONS

Catechist Basic Certification Program  
Also good for Adult formation  
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# Sacramento Chinese Catholic Community

Page 8 | Sunday, November 5, 2023 | 31<sup>st</sup> Sunday in Ordinary Time

**RECONCILIATION:** 1<sup>st</sup> Sunday of the month before mass. Please contact John Wong or Fr. Chiu in advance.

**Tel: 916-583-8306**

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**Chinese Portal:  
Announcements/  
Sunday Readings**



**Fr. Abraham Chiu**  
趙必成神父



## A Glimpse of Spirituality 靈修一瞥96 (Luke 12:1-7)

Why some Christians are afraid to witness God's existence? They might even feel shy while saying grace before meals in the restaurants. What should Christians be shy while Jesus was publicly hanged on the cross for us?

Jesus' opponents will not be able to prevent Christians from succeeding in God's mission because God will expose their evil plans and deeds: "Nothing is covered up that will not be revealed, or hidden that will not be known." The Lord "will bring to light the things now hidden in darkness and will disclose the purposes of the heart." (1 Cor 4:5), and will vindicate the faithful. Not being afraid of the opponents is due to their limited power. They can kill the body (sōma), which dies anyway; but have no power over the eternal life. Only God has authority over life. Jesus said, "But I will warn you whom to fear: fear him who, after he has killed, has power to cast into hell."

Jesus did remind us that losing God by sin is to lose ourselves also, and that is hell. As a matter of fact, God does not wish that any one should perish. God the Father has sent Christ to reveal the love of God for all. Communion with God overcomes human fear. It is because we are much more important to God than sparrows.

Five sparrows are sold for two pennies. The God who cares for a trivial bird like the sparrow also cares about our smallest problems; even the hairs on our heads are counted. While this is an encouraging assurance, it may be difficult to believe in the midst of persecution because we do not have sufficient but superficial faith in God.

God, however, knows everything that we go through. Nothing that happens to us escapes God. When we feel lonely and abandoned, cursed or persecuted; God knows and cares. Jesus concludes, "Fear not; you are of more value than many sparrows."

為什麼有些基督徒害怕見證天主的存在？他們甚至羞於在用餐前公開謝恩。耶穌為我們公開懸掛十字架上，基督徒還要害羞什麼？

耶穌的敵對者永遠無法阻止基督徒完成天主使命，因為天主將在末日揭露他們的邪惡計劃和行為：“沒有遮掩的事，將來不被揭露的；也沒有隱藏的事，將來不被知道的。”上主“要揭露暗中的隱情，且要顯露人心的計謀。”（格前4:5）與此同時為信徒伸冤。

不要懼怕敵對者，因為他們力量有限；他們可以殺死身體（sōma），身體無論如何都會死；可是敵對者卻無權掌管永生，只有天主對生命有權。耶穌說：“你們應當害怕殺了以後，有權柄把人投入地獄的那一位。”

耶穌提醒我們，因罪而失去天主，也就是失去自己，是地獄。事實上，天主絕不希望任何人喪亡。天父派遣基督來，目的是向普世人民彰顯天主的愛；與天主共融，就可以克服人的恐懼，因為對天主來說，人比麻雀貴重得多。

五隻麻雀只賣兩文銅錢；天主既然連麻雀都關注，祂一定關心人的生命，就算頭上青絲，也一一被數過。雖然這是永恆保證，但身處迫害的時候，由於信德薄弱或信仰膚淺，基督徒也可能動搖對主信靠。

然而，天主知道人所經歷的一切，發生在人生的任何事都逃不過天主眼睛。當遭遇被遺棄、詛咒或迫害時，天主知道並且關心。正如耶穌結論：“你們不要害怕！你們比許多麻雀尊貴多了。”



## ANOINTING OF THE SICK

Make an appointment by calling the parish office.

## BAPTISM for INFANTS PREPARATION

Classes located in the Cathedral.

*English:* 1st Thursday of the month at 7pm.

*Spanish:* 2nd Thursday of the month at 7pm.

## BAPTISM

Contact Deacon Omar Bardales at the Parish Office [baptism@cbssac.org](mailto:baptism@cbssac.org) or 916-444-3071 Ext. 28

Baptisms are scheduled in English at 9 AM on the first and third Saturday of each month; and in Spanish at 9 AM on the second and fourth Saturday of each month.

## CONFESSION/RECONCILIATION

Monday - Friday: 11:30 am to 12:00 pm

Saturday: 4:00 to 5:00 pm

## CONFIRMATION

The Cathedral offers programs of formation for the Sacrament of Confirmation to youth (7th grade and older) and Adults. Go to:

[www.cathedralsacramento.org/faithformation](http://www.cathedralsacramento.org/faithformation)

## HOLY EUCHARIST

Following at least two years of faith formation, and signs of readiness, Children and Teens prepare for the Sacrament of the Holy Eucharist through a series of workshops for immediate preparation for the Sacrament. Adults prepare for the Sacrament through the OCIA. Contact Sister Lisa Marie for details at [slmdoty@cbssac.org](mailto:slmdoty@cbssac.org).

## HOLY ORDERS

Priests and deacons are ordained to perform ministerial roles in the community. To learn more about the priesthood and /or deaconate, contact Fr. Mémo Hernandez at 916-733-0258.

## MARRIAGE PREPARATION

The Diocese requires all engaged couples to prepare for their union with a marriage preparation program no less than two months before the date of their wedding. Contact Deacon Omar & Janet Bardales at:

[matrimonyprep@att.net](mailto:matrimonyprep@att.net) or 916-427-9160.

## MATRIMONY

Contact Titi Kila at [tkila@cathedralsacramento.org](mailto:tkila@cathedralsacramento.org).



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Or on YouTube:

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## CATECHIST PREPARATION

Desire to help us pass on the faith to adults and children? To learn more and to complete your application go to: <https://is.gd/cathechistapplication>.

## FAMILY AND ADULT FAITH FORMATION

**English and Spanish**

The Cathedral offers weekly encounters for families to grow in faith together. Go to:

[www.cathedralsacramento.org/faithformation](http://www.cathedralsacramento.org/faithformation)

## ORDER OF CHRISTIAN INITIATION FOR ADULTS/CHILDREN (OCIA) Adults:

Go to: [www.cathedralsacramento.org/ocia](http://www.cathedralsacramento.org/ocia)

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# Parish Information

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## SACRED LITURGY

### Altar Servers

Michael Ognisty, mfognisty@msn.com

### Cathedral Choir

Rex Rallanka, Director of Liturgy & Music, rrallanka@cathedralsacramento.org

### Spanish Choir (12:00 pm)

Jerry Vanoye

### Spanish Choir (6:00 pm)

Ricardo Savala

### Saint Toribio Choir - The Youth Choir of The Cathedral

Rex Rallanka at rrallanka@cathedralsacramento.org or Gayle Winney, gwinney@cbssac.org

### Extraordinary Ministers of Holy Communion

Amy McCormick, ammccormick@att.net

### Lectors

Maggie Jones, lector@cathedralsac.org

### Sacristan Ministry

Michael Ognisty, mfognisty@msn.com

### Ushers

Tom Waddock, tomwaddock@yahoo.com or 916-444-3071, x 20

### Welcoming Ministry

Andrea Martin-Borges, andreamartin-borges@hotmail.com

## SOCIAL and COMMUNITY SERVICE

### Brown Bag Lunch Ministry

Marilynn Fairgood, Marilynn\_Fairgood@att.net

### Cathedral Docents Tour Ministry

Jill Pease, peasejill@gmail.com

### Festival of Trees

Susan Moeller, susandurand@gmail.com

### Front Door Ministry

Deacon Edgar Hilbert, hilbertdoheva@aol.com

### Gift Shop Volunteers

Susan Moeller, susandurand@gmail.com

### Hospitality

Celeste Gisla, jfgisla@att.net

### Office Ministry

Victoria Ramos, vramos@cathedralsacramento.org

### Outreach Ministry to the Homebound

Deacon Omar Bardales, omarcpa@att.net

### Media Ministry

Titi Kila, communication@cathedralsac.org

### Respect Life Ministry

Liliana Balderrama, michoacan8888@gmail.com

### Volunteer Corps

Tom Waddock, tomwaddock@yahoo.com or 916-444-3071, x 20

## PRAYER

### Adoration

Titi Kila, cbsadoration@gmail.com

### Evening Rosary Group

Marlene Mejia or Christina Callazo-Kelly, praytherosarywithus@yahoo.com

### Friday Morning Rosary Group

John Fairbanks, john@capitolmr.com

### Prayer Chain

Regina Fagan, prayer.chain.sacramento@gmail.com

## FAITH FORMATION AND CATECHESIS

### Catechetical Faith Formation / Sacraments for Families

Sr. Lisa Marie Doty, FDCC, slmdoty@cbssac.org

### Formacion en la Fe Familiar (FFF) en Espanol

Deyanira Galvez Galvez.dgv@gmail.com

### Catequistas para Formacion en la Fe Familiar

Manuela Castaneda luni\_6\_7@hotmail.com

### Catechists for Family and Adult Faith Formation

Sr. Lisa Marie Doty, FDCC, slmdoty@cbssac.org

### Order of Christian Initiation for Adults (OCIA) Support Ministry

Sr. Lisa Marie Doty, FDCC, slmdoty@cbssac.org

### Catechesis of the Good Shepherd

For ages 3+ David Vincent, admin@youngsheep.org; www.youngsheep.org

## COMMUNITY GROUPS

### Cathedral A.C.T.S.

Diane Gonzales-Salais, dmgsalais@yahoo.com

### Cathedral Filipino-American Group of Sacramento

John Ponce, johne.poww@gmail.com

### Cathedral Young Adults

Victoria Ramos, cathedrallya@gmail.com

### Chinese Community

John Wong, sccc.jwg@gmail.com

### Knights of Columbus

Gabriel Gutierrez, gutierrezgabriel@yahoo.com

### Spanish Parents Group Leaders

Leticia Hilbert, leticia\_hilbert@hotmail.com

## PASTORAL AND ADMINISTRATIVE STAFF

Fr. Michael O'Reilly, *Pastor/Rector*

Fr. Abraham Chiu, *Chinese Mass*

Fr. Memo Hernandez

Fr. Michael Kiernan

Deacon Omar Bardales

Deacon Gary Brys, *Business Manager*

Deacon Edgar Hilbert

Sr. Lisa Marie Doty, FDCC,

*Director of Faith Formation & OCIA*

Rex Rallanka,

*Director of Liturgy & Music*

Michael Ognisty, *Sacristan*

Tom Waddock, *Plant Manager*

Victoria Ramos, *Secretary*

Katie McAllister, *Bookkeeper*

Titi Kila, *Wedding Coordinator*

Chris Houlemard, *Bulletin, Environment,*

*Webmaster*

## PARISH PASTORAL COUNCIL

Fr. Michael O'Reilly/Joey Martinez, Chair

Russel Almaraz

Maria Rosario

Esteban Arellano

Aileen Rasmussen

Maria Balakshin

Michele Stiger

Mary Goranov

Richard Zacaroli

Andrea Martin-Borges

## FINANCE COUNCIL

Robert Ingenito, Chair

Janet Bardales

Michael Pease

Nancy Fairbanks

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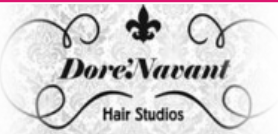


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**Stephen R. Patton**  
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